## UNT League for Professional Women

## 2005 - 2007 Officers:

President: Cassandra Berry Vice-President: Darlene Callahan Secretary: Marjorie Donzello Treasurer: Donna Asher

### Board Members 2005 - 2006:

Barbara Bradford, At-Large Cristy Crutsinger, At-Large Michelle Hale, Staff Council Paula King, At-Large Mary Pastorius, Women's Center Cinnamon Sheffield, Women's Athletics Sandi Spencer, Women's Studies Vicki Goodwin, Faculty Senate

### LPW Committees:

Membership:Paula King, chairPrograms:Darlene Callahan, chairBylaws:Barbara Bradford, Sandi Spencer, co-chairsScholarship:Cinnamon Sheffield, chairFundraising:Cassandra Berry, Mary Pastorius, co-chairsNominating:Cassandra Berry, Mary Pastorius, co-chairs

## Upcoming Events:

### An Evening With Dr. Maya Angelou

Poet, Author, Educator, and Activist September 14, 2006 7:00 p.m., UNT Coliseum, Denton, Texas Ticket Info: Union Information Center, Level 3 (940) 565-3805 -or- (817) 267-3731 x3805 Event Info: (940) 565-2456 -or- www.unt.edu/edo

# UNIVERSITY OF NORTH\*TEXAS<sup>TM</sup> League for Professional Women



"Changing the Face of Leadership, One Woman at a Time" by Dana Tiger

# "Life of Balance" Tuesday, April 18, 2006

www.unt.edu/lpw

# **League for Professional Women**

## Tuesday, April 18, 2006 12:00 p.m. - 1:30 p.m. University Union Silver Eagle Suite C

### AGENDA

#### 12:00- Lunch- Silver Eagle Suite C

Caribbean Jerk Barbeque Chicken Buffet Spicy marinated and grilled Chicken Breast, served with an authentic Jerk barbeque sauce Coconut Rice with Red Beans and Fried Plantain Chips Mixed Green Salad Seasonal Vegetables Assorted fresh-baked Breads Chef's selection of Cakes and Cobblers Coffee, Tea, and Water

--All vegetables and dressings are vegan prepared--

#### 12:15- Business Meeting

#### 12:25- Welcome and Introduction of Speaker Darlene Callahan, LPW Vice-President

#### 12:30- "Life of Balance"

Ms. Kathy Peel, Founder and President, Family Manager Inc. 1:15- Door Prizes and Announcements

#### 1:20- Book Signing

## **Speaker Bio**

#### Ms. Kathy Peel

Kathy Peel is called "America's Family Manager" by journalists and millions of readers.

In her engaging and entertaining style, she delivers sage advice and smart solutions on how to:

- Create a low-stress home and work environment
- Balance an overly-busy schedule
- Raise responsible, respectful children
- Build a strong family team and work team
- Conquer clutter and get organized
- Discover your given potential

She is founder and president of Family Manager, Inc., a company committed to providing helpful resources to strengthen busy families and enhance the home. She has written 18 books, which have sold over 2 million copies, including *The Family Manager Saves the Day, The Family Manager Takes Charge, Family for Life, Be Your Best, The Family Manager's Everyday Survival Guide,* and *Discover Your Destiny.* Kathy is a popular speaker at conferences, corporate events, and churches. She has served as contributing editor to *Family Circle* magazine for over 12 years and also writes for other magazines. She is frequently interviewed as an expert on women's health and stress issues, home and family management, life balance and time management, and parenting.

Kathy has appeared on hundreds of television and radio programs, including *Oprah* (repeat guest), *Good Morning America, Today, The Early Show, Life & Style,* CNN, MSNBC, HGTV, The Discovery Channel, The Fine Living Network, and Focus on the Family, and has been featured in hundreds of newspapers and magazines, including Reader's Digest, Ladies Home Journal, *Redbook, Women's Day, Parenting, Parents, Working Mother, InStyle, Child, Entrepreneur, Business Week,* and *Today's Christian Woman.* She is listed in Who's Who in Media.

She serves as AOL's Family and Kids Coach and has served as spokesperson for quality products and services, including Kid Cuisine, Maytag, GlaxoSmithKline, General Mills, Tropicana, Dell Computers, Clorox, Hallmark, Day Runner, Siemens, Jergens, Holiday Inn and many others.

Kathy has been married for 34 years and is the mother of three adult sons. She travels from Dallas.