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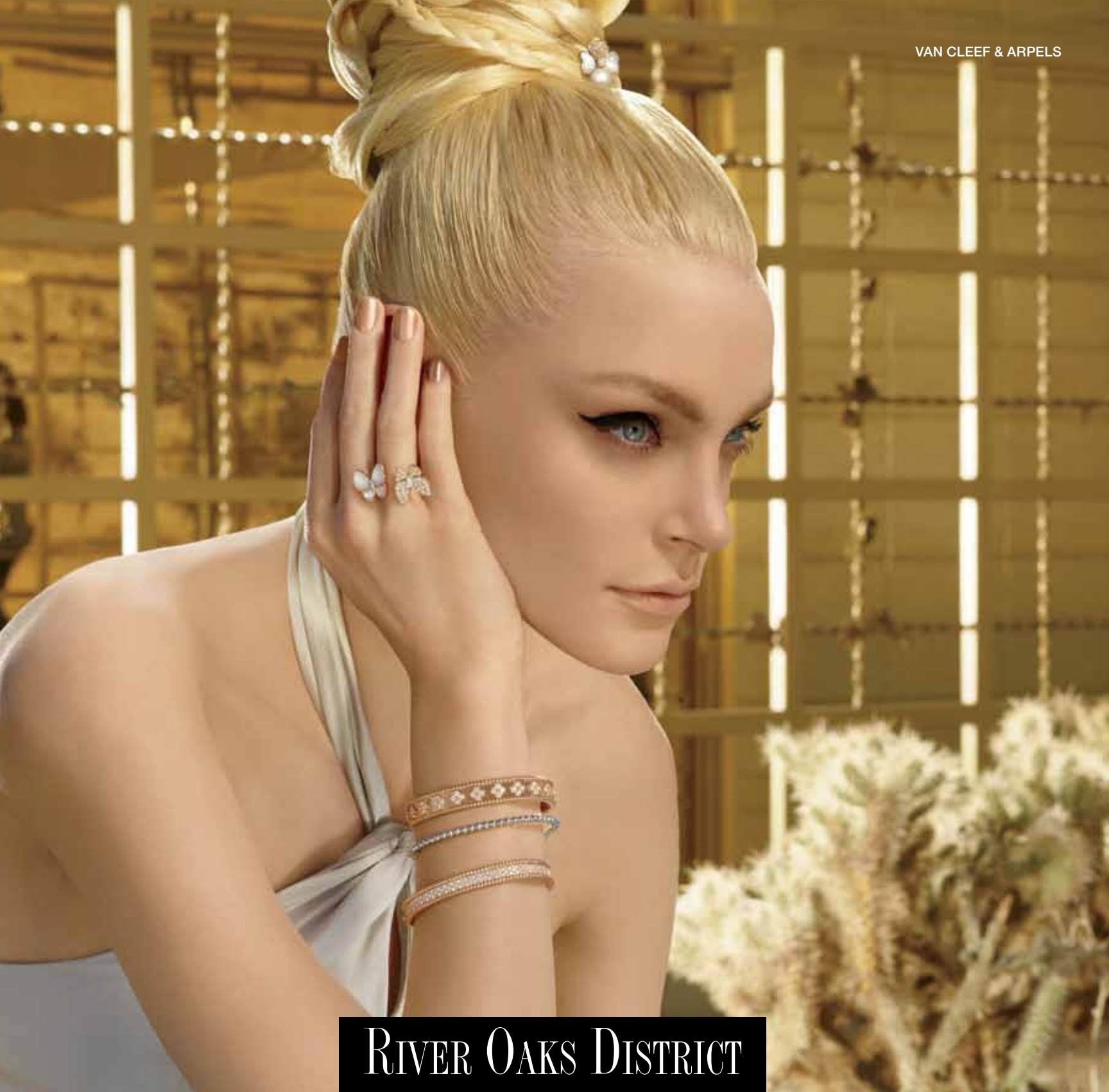
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A photograph of a formal event space. In the foreground, a table is covered with a black and white damask patterned tablecloth. A large, ornate vase filled with pink roses sits on the table. In the background, a large, multi-tiered chandelier hangs from the ceiling, casting a warm glow. The room is decorated with blue and white lighting, and other tables are visible in the distance.

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Sometime in the year 2025, the United States will face a shortage of between 46,000 – 90,000 physicians, according to a 2015 study conducted for the Association of American Medical Colleges. This shortage poses risks to patients and is increasingly burdensome to doctors who are simultaneously challenged with more time spent documenting care within electronic health records and the increasing need to extend their normal patient load.

Yes, Americans visit doctors often. In fact, the Centers for Disease Control and Prevention updated numbers in 2014 to show the percentage of adults who had contact with a health care professional to be 82.1 percent, while the number of children in contact with a health care professional was slightly higher at 92.8 percent. All counted, the number of visits to physician offices, hospital outpatient and emergency departments grew to 1.2 billion.

As a result, hospitals and medical groups are struggling to maintain their doctor-patient ratios in order to provide their same benchmark level of healthcare services. For those providers who find themselves in such a shortage, San Antonio-based General Healthcare Group has been able to fill the gaps by providing physician staff where it is needed. Unlike many other companies in the same industry, General Healthcare Group not only maintains adequate staffing levels for ERs and clinics, it specializes in analysis, logistics, and the implementation of strategies that the company designs, for each of its clients, to reduce costs and unnecessary delays with a focus on patient flow and satisfaction, risk management, and overall patient outcome in order to maximize reimbursement for hospitals and clinics.

ER administrators are turning to healthcare companies like General Healthcare Group more and more for help. “We are seeing an increase in clinic and emergency room visits not only in the U.S. but in other countries as well. In England for example, visits to hospital emergency departments have increased by twenty percent since 2007. Many patients there attend ERs because they are unable to access primary care services. This problem seems to resonate across the globe as



# HEALTHCARE: PATIENT LOADS GROWING AT A BREAKNECK PACE

many Americans site the same problem as the reason they are given to using the ER as a place for primary care,” explained Michele Walsh, President of General Healthcare Group.

For Americans, this may be due, in part to the Affordable Care Act (ACA). While the need for more chronic and preventative care treatment from primary care physicians has increased, the reliance on emergency physicians for care has also risen under the ACA. According to a May 4, 2015 report from a recent physician poll conducted by the American College of Emergency Physicians, emergency visits are increasing and they have been on an upward trend, notably since the Affordable Care Act took place. Although the number of urgent care centers, retail clinics and telephone triage lines have blossomed, the reliance on emergency care remains strong and has either increased or remained steady. This is contrary to what policy makers had hoped – that Medicaid patients would be driven away from ERs and into a primary care setting. The reality is just the opposite, placing an overwhelming burden on hospitals here in the US. Companies like General Healthcare Group have become a lifeline to hospitals and clinics, aiding administrators, who oftentimes find physician gaps more common than in years past.

Walsh stated, “During a recent meeting, we [at General Healthcare Group] convened to discuss population- based analytical data of patients from the U.S. and other countries for the last three years. After comparing the numbers across several indices we unanimously arrived at several conclusions. One of those being that our worldwide population is growing as well as aging to a greater extent than ever

before.” Walsh continued, “This variable weighs heavily on the upward trend of emergency room visits. All things considered, the number of emergency room visits will continue to surge upward. This means that we will be aggressively recruiting physicians and technicians for the foreseeable future. We will need to be ready to fill in the gaps.”

When asked how General Healthcare Group differed from other companies who aid hospitals in the same way, Walsh stated, “Here at General Healthcare Group, it is not about simply turning over physicians to satisfy shifts. Our physicians and technicians are trained to provide the highest level of healthcare to patients while making efficiency paramount. Excellent healthcare service and efficiency do not have to be asynchronous. When you achieve both, everyone wins... the patients, the hospital, and the physician who is rounding. Increasing efficiency and productivity increases revenue and that allows hospitals and clinics to deliver on their mission to provide the best healthcare for their patients and to reimburse physicians competitively. When working with hospitals and clinics, large and small, we execute a plan that will put the patient first as well as achieve increased efficiency and productivity by applying principles such as economies of scale, and on-target earnings, increasing physician reimbursement when benchmarking performance against patient satisfaction and time and method criteria. With that said, the number one reason our group stands apart from others is our employees. Our family circle of physicians and technicians are the best and brightest who come to work each day because they love what they do and are eager to deliver on the General Healthcare Group commitment.”



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**Carol Mani Johnston**

Senior Vice President—Wealth Management  
Senior Portfolio Manager  
210-805-1075  
carol.manijohnston@ubs.com

**Ralph E. Lehr Jr.**

Senior Wealth Strategy Associate  
210-805-1067  
ralph.lehr@ubs.com

**Carl M. Pavlich**

Senior Registered Client Service Associate  
210-805-1080  
carl.pavlich@ubs.com

**Jamie L. Wallace**

Registered Client Service Associate  
210-805-1029  
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# TSD MARCH • APRIL 2016

## 104. C'EST SI BON

Ah, Paris. Ah, couture. When they meet, it's a long, amorous affair of epic proportions in the City of Love. The light meets the dark and the gown becomes the focus of the evening's magic. Here, exquisitely talented European fashion photographer Cathleen Naundorf shares her career highlights in this exclusive portfolio.

**Photography by Cathleen Naundorf**

## 116. URBANE RENEWAL

With the glow of spring fashion upon us, we look back at how today's trends and chicness have been influenced by design's fashionable forefathers. Everywhere you go, there you are as we reach back to see why today's style feels so beautifully current.

**By Megan Kyle Bennett**

**Illustrations by Megan Kyle Bennett**

## 122. SWISS RETREAT

Amongst the high and mighty Swiss Alps on Lake Geneva is a village called Montreux. Known for its beauty and an annual jazz festival, the secret Jet Set rejuvenation getaway, Clinique La Prairie is a destination that may just be your next fountain of youth-seeking adventure.

**By Lance Avery Morgan**

**Photography by Lance Avery Morgan and  
Switzerland Tourism**

"Valentino En Rose" Valentino - HC winter  
2007 - n° 59 Atelier d'artiste - cilé jandelle,  
Paris Galatin silver print - 19.12.2007  
Julia Olaynick-Nathalie Model Agency  
Photography by Cathleen Naundorf



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40. CONTRIBUTE

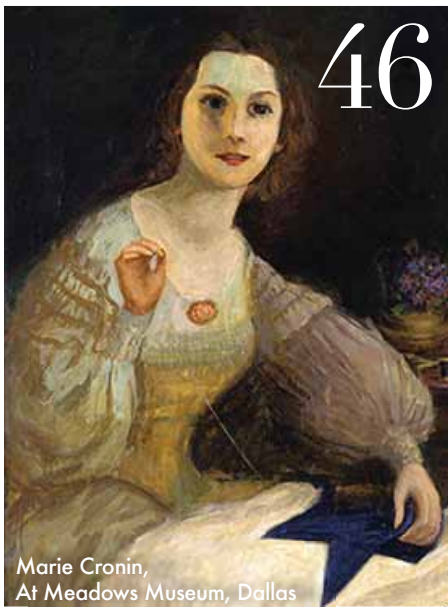
It takes a village to create this magazine and our digital media platform. Here is a look at some of the many talented dynamos who make it happen.

44. EDIT

Editor-in-Chief and Creative Director Lance Avery Morgan is ready for spring, as he offers inspiration for the season's warm weather glow, and pop cultural topics that seem to prevail this time of the year.

46. CURATE

Want more culture? It's here, there and everywhere at some of our state's finest museums in the country, according to our active arts devotee Jonathan Spindel.



Marie Cronin, At Meadows Museum, Dallas

46

50. ACQUIRE

If pink is your shade of preference, then rose quartz will charm you with its colorful array of choice product offerings this spring. In fact, our style editor Erin Busbee has selected her favorites that will look gorgeous on anyone.

52. EVOLVE

The best advice for your most dynamic spring ever? According to our Austin-based Resonance Repatterning practitioner Mary Schneider, it's all about finding balance in a new way.

54. SEEK

Around the world there are so many action-packed happenings and we want to see them all. Globe-trotting Jonathan Spindel is on the scene to select the most dazzling ones you might pursue

56. BEHAVE

Our Ms. Modern Manners Sharon Schweitzer shares her savvy etiquette insight about good behavior conundrums so that you always feel confident in your choices.

58. BEAUTIFY

Being beautiful is always evolving and we love bringing the newest and most exciting products and scents to you, all according to our beauty trend follower Kelsey Goldberg.

60. ATTUNE

How can you live more of your life with a rock star vibe? Singer-songstress Amy Edwards shares valuable tips on how your life can be in tune with your goals.

50

Bag by Bairdandbairdonline.com



62. EMERGE

Meditation expert Paige Davis is on the path to help us all manage life's demands more smoothly. Just listen and be, she recommends, while creating a sense of wellness within.

64. READ

The best tomes spring has to offer are here and ready to be adored, according to bibliophile Alison Elberger.

66. CHERISH

We love all creatures great and small, and photographer Suzanne Negley does, too, as she travels the state to find the poshest pooch owners.

68. REVIVE

Our wellness expert Andra Millian, MATCM, L.Ac., C.H. has some spring weather survival tips for how to breathe easier and better with holistically healing methods.

70. RAISE

Dr. Miranda Fernande Walichowski, our family expert, weighs in on how effective communication is key is creating a productive family environment involving all the generations.

72. DISCOVER

Dallas, dazzling as ever, is teeming with hip happenings, style and people as our style setter Cynthia Smoot reports on the best of it.

74. PROMOTE

A fresh look at the Jet Linx and Neiman Marcus-San Antonio Children's Ballet events. Plus, we'll explore opportunities with estate expert June Hayes and explore the coast's Cinnamon Shores.



Grapefruit and Honey Baked Alaska at The Theodore, Dallas

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88 HOUSTON 2016 Women of Distinction



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96. AUSTIN  
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The St. Anthony Hotel opening

**ENTRANCE**

**84. AUSTIN**

The Dell Children's Hospital gala

**86. DALLAS**

The Dallas Opera gala

**88. HOUSTON**

The Women of Distinction gala

**92. SAN ANTONIO**

The German Club  
& Cavender debutante event

**95. DALLAS**

The Taylor's Gift event

**96. AUSTIN**

The Settlement Home event

**98. HOUSTON**

The season's best luncheons

**101. SOUTH TEXAS**

The South Texas Charity Weekend event

**ARRIVAL**

**128. AUSTIN**

The Center For Child Protection gala

**132. HOUSTON**

The Bo's Place event

**136. SAN ANTONIO**

The August Heart luncheon

**140. AUSTIN**

The Rise School luncheon

**ARRANGE**

**144.** Laura Villagran-Johnson and Kevin Smothers of Austin Social Planner have canvassed the state for all the best events for you to attend.

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98 SOUTH TEXAS  
Janell Kleberg, Celia and Cornelius Dupré & Tio Kleberg



128 AUSTIN  
Jake Greene and Rebecca Rooney



140 AUSTIN  
Donna Stockton-Hicks, First Lady Cecilia Abbott and Venus Strawn



*Julian Gold*



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MARCH • APRIL 2016

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Eduardo Bravo

**ASSOCIATE PUBLISHER**  
Rossana Leeper

**EDITOR-IN-CHIEF & CREATIVE DIRECTOR**  
Lance Avery Morgan

**GRAPHIC DESIGN**  
October Custom Publishing  
Torquil Dewar, Shelley Lai, Rachel Holder

**ASSOCIATE EDITORS**  
Rob Giardinelli, Ellie Leeper, Jen Roosth, Jonathan Spindel, Shannon Miller-Turner, Rose Betty Williams

**WRITERS**  
Megan Kyle Bennett, Fred Bryant, Erin Busbee, Paige Davis, Amy Edwards, Jake Gaines, Rob Giardinelli, Kelsey Goldberg, Jason Grosgrain, Laura Villagran-Johnson, Andra Millian, Lance Avery Morgan, Suzanne Negley, Jen Roosth, Mary Schneider, Sharon Schweitzer, Kevin Smothers, Cynthia Smoot, Jonathan Spindel, Shannon Miller Turner, Miranda F. Walichowski

**PHOTOGRAPHERS**  
Megan Kyle Bennett, Kristina Bowman, Emile Browne, Kim Coffman, riscilla Dickson, Fulton Davenport, Greg Harrison, Stacey Harrell, Korey Howell, In Depth Photography, Bea Jimenez, Marie Langmore, Jeff Loftin, Mauro Luna, Jerry McClure, Dale Murphy, Cathleen Naundorf, Suzanne Negley, Cathie Parssinen, Haley Plotkin, Susan Riley, Candace Schaddelee, Tristan Siegmann, James Stacy Photography, Marc Swedner Photography, Quy Tran, Roswitha Vogler, Arnold Wells Photography, J. Wilkinson Photography, Todd White

**EDITORIAL ASSISTANTS**  
Molly Bayme, Sr. Editorial Asst.  
Alison Elberger, Kelsey Goldberg

**INTERNATIONAL AMBASSADOR**  
Epitacio Resendez

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**CUSTOMER SERVICE MANAGER/SUBSCRIPTIONS**  
Patricia Alanis

**NATIONAL AND REGIONAL ADVERTISING**  
Rossana Leeper, Associate Publisher  
[Rossanaleeper@gmail.com](mailto:Rossanaleeper@gmail.com) 210.861.3324

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Cathleen Naundorf - Dior - Philip Treacy -  
Haute Couture Summer 2012 - Photo studio  
Bastille, Paris - 20.03.2012

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**MEGAN KYLE BENNETT**

Austin-based fashion illustrator and photographer Megan Kyle Bennett is a San Antonio-born creative and Rhode Island School of Design graduate. She has worked in all things fashion over the past two decades and in this issue she reflects on fashion's past and present in *Now & Then*. Previously based in New York and Los Angeles, she finds that film, art, photography, and street style are her biggest influences. She also designs custom fashion and jewelry pieces at [Megankylebennett.com](http://Megankylebennett.com)



**LAURA VILLAGRAN-JOHNSON AND KEVIN SMOTHERS**

If there is an event or gala to attend in our region, count on Laura Villagran Johnson and Kevin Smothers to keep you in the know. As the founders of the social guide and online calendar *Austin Social Planner*, Austin's definitive online source for society events, they know where to go, when to be there and how to dial in to the particular charity behind it. The founders have a combined an events background of almost 30 years across Texas, New York and Los Angeles. Photography by Stacey Harrell.



**ERIN BUSBEE**

San Antonio style maven Erin Busbee founded her own fashion consulting company, Busbee Style, through which she offers fashion styling, personal shopping and closet organizing. This month she helms the glamorous jewelry feature. Busbee has appeared as a style expert with numerous television appearances. Busbee writes, produces, and presents style "How To" videos on her YouTube channel, [BusbeeStyleTV](http://BusbeeStyleTV), and has her own fashion and beauty blog, [BusbeeStyle.com](http://BusbeeStyle.com)

**CATHLEEN NAUNDORF**

The editorial photographer for this issue's fashion cover story *C'est Si Bon* is Cathleen Naundorf, who lives and works in France. In 1997 she started photographing backstage Paris fashion shows for Condé Nast. In 2005 to 2011 Naundorf worked on a series called *Un rêve de mode*, focusing on couture houses like Chanel, Dior, Gaultier, Valentino, Saab, Lacroix and Philip Treacy. Thanks to her outstanding pictures, Naundorf got the privilege to choose gowns from the couturiers' archives for her elaborate and cinematic productions for seven years. This very large work got published in *The Polaroids of Cathleen Naundorf, Prestel Edition, 2012*. Her work has been published in magazines like *Harper's Bazaar* and Condé Nast publications and her artistic photographs are represented by the Edwynn Houk Gallery (New York), Hamiltons Gallery (London), Holden Luntz Gallery (Palm Beach), and Izzy Gallery (Toronto). Photography by Tristan Siegmann.



**PAIGE DAVIS**

Paige Davis, who contributes this month with her *Emerge* column, is an entrepreneur, *Huffington Post* blogger and certified meditation teacher with the McLean Meditation Institute. She created Soul Sparks as a destination to inspire and empower anyone looking to live a more meaningful life through meditation and mindfulness programs. More on her can be found at [SoulSparks.com](http://SoulSparks.com)

**SUZANNE NEGLEY**

Suzanne Negley helms our Cherish department page about chic Texas people and their pets. After completing her B.A. in Art History and a stint in haute cuisine at Le Cordon Bleu in Paris, Negley worked as a styling assistant for Net-a-Porter.com and an accessories assistant for *Vogue* magazine in New York. She eventually and happily followed the siren call back to Texas, and now lives in Austin where she works as a stylist, river enthusiast, and full-time animal lover.



**AMY EDWARDS**

Our newest contributor Amy Edwards is a rocker, podcast host, actress and writer. She first picked up a guitar five years ago, and now has two solo albums (*Ghosts and Saints*, *FORWARD*) and a new EP, *Get LIVE*, due out May 2016 with her band Amy & The Hi-Fis. She channels all she's learned on this journey into [RYmagazine.com](http://RYmagazine.com) and her forthcoming book, *#RockYourLife: 30 Days of New Habits to Achieve Your Dreams*. For music and more, visit [RealAmyEdwards.com](http://RealAmyEdwards.com).



**JENNIFER ROOSTH**

Associate Editor Jennifer Roosth is a Houston-based writer who never ceases to be amazed by the wonderful generous spirit of the Houston philanthropic community. "It's nice to live in a city where so many are excited about giving back," she says, "In the process, they throw some mighty fine parties."

**ROB GIARDINELLI**

Certified professional life coach and branding expert by day, social commentator by night describes Associate Editor Rob Giardinelli and his multi-tasking when covering this month's Austin and Houston social stories. What may appear seamless actually takes hours of research, interviews, and photo gathering to accurately chronicle the state's charitable event stories. Giardinelli himself is involved several charities and loves sharing how Texans so generously and passionately give back to the community they love, while weaving interesting social commentary and showcasing the many who work tirelessly to raise awareness toward important issues in the state.



**MARY SCHNEIDER**

Mary Schneider, who helms our Evolve column, has been a student of alternative healthcare modalities for over 25 years. She is an Austin-based Certified Resonance Repatterning Professional in private practice ([Repatternit.com](http://Repatternit.com)). Schneider is also an ordained minister and certified in Touch for Health, and has studied homeopathy, the Chinese 5 Element Acupuncture System, the work of Byron Katie, Fabian Maman and numerous other alternative modalities. She regularly loves speaking in the community about *How We Heal*.







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## CONTRIBUTE



### SHARON SCHWEITZER

Our Ms. Modern Manners expert Sharon Schweitzer, J.D. is an internationally recognized intercultural communication and international etiquette expert who advises and trains executives, entrepreneurs and emerging leaders in Global 2000 companies. An avid writer and popular blogger, she is the author of *Access to Asia* (Wiley). Her travels, both business and leisure, have taken her to over 60 countries on the world's seven continents. She makes her home in Austin, with her husband John and their golden retriever, Charm. Photography by Korey Howell Photography.

### CYNTHIA SMOOT

A partner at Gangway Advertising, Cynthia Smoot creates buzz for some of Dallas' hottest brands through interactive social media strategies and public relations for the firm's lifestyle clients. She is the go-to resource for what's happening and who you need to know in Dallas. Through her wildly popular lifestyle blog OhSoCynthia.com readers get the latest scoop and inside information on fashion, food, philanthropy, events, celebrity and reality TV news. Smoot describes her blog as "a love letter to the city of Dallas" and enjoys taking readers along for the ride as she experiences all that the city has to offer.



### JONATHAN SPINDEL

Jonathan Spindel is a native Austinite with a global appetite for arts and culture. When he's not searching the world for the best trends to share with our readers, he can be found at local art galleries, music venues, and coffee shops around the capital city. He's reports on all that makes us proud to be part of Texan society and is inspired by the unique individuals and organizations he engages as Associate Editor, highlighting the happenings that bring the best to, and make the most of, our great state.

### SHANNON MILLER TURNER

Our South Texas social chronicler is a native of Los Angeles who spent most of her childhood in San Antonio. Shannon Miller Turner now divides her time between the two cities and is happy to call both of them home. With a B.A. In Communications (Magna Cum Laude), writing is and always has been her passion. Involved with numerous charitable causes, Turner is also the co-founder of San Antonio's Le Brunch, a non-profit event now in its 14th year. She has been married for 20 years and is the mother of two. Photography by J. Wilkinson Co.



### MIRANDA F. WALICHOWSKI

Miranda F. Walichowski, PhD is a docent at Texas A&M University in the Department of Educational Psychology and contributes to our new parenting column debuting in this issue, *Raise*. She is also the owner and founder of MiraNous.com and through that she works with women who want to manage multiple roles as wives, mothers, and professionals, with excellence and peace. Since successful women can find themselves overly committed, tend to feel disheartened, depleted, and spirited, Dr. Walichowski helps these women gain control and prioritization in their lives and by doing so, live their heart's desire of being wholehearted, integrated, and peacefully productive in their *one* precious life.



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# A TUXEDO'S LIFE

## HERE'S THE DEAL: GROWING UP

seeing a black tie party on television or in films was much more common than it is now. You likely remember Darren Stevens having to change into a tuxedo, post-spell, on the way to a client dinner in Chicago; Samantha orchestrating it all with ease from their harvest and avocado-entrenched Morning Glory Circle. Then there were the James Bond movies where at least twenty percent of the flick was served up in black tie, or a white dinner jacket, while engaged with international spy ring derring do. Or, yes, often in *Dallas* and *Dynasty*, and their 80s imitators.

Don't get me started on the odd late night – or rainy Saturday afternoon old movies, way before they were deemed classic films, with Cooper or Gable clad in a monkey suit for supper out at Club Filigree on a Tuesday night. With a biased-cut bombshell on his arm, plus his from-college crony to clean up the spills that might ensue, the movie idol set the showcase of events that might possibly occur while tuxedo-clad and dancing the Marimba. Such as real life ought to be sometimes.

Women, and most men, agree that a man is at his most handsome in a tuxedo. How can he not be? He's trying. Beyond the slim business suit, the odd cashmere sweater and jeans, and whatever uniform supports a sport of choice, dressing for an occasion has become quite rare. Trot down a city sidewalk while tuxedoed and most passersby will guess a wedding is the destination. Or, a debutante ball if gathered with a gaggle of fellow formals.

Black tie occasions in real life? I, like the rest of us, have been to more than a few. Have tuxedo and passport, will travel. It's always ready and waiting for when the occasion calls for something a little bit finer. Oh, what the perfect tuxedo can do for a man and his confidence.

**If a tuxedo could talk, in between breaths of a French-75-meets-Eau Sauvage-garnished essence, it might have plenty to share of what it's seen and done. Especially every spring...**

- 1 handmade tuxedo purchase that replaced two that were well-worn.
- 4 debutante balls and an assortment of debut parties for girls who always look stunning in white. One was New Year's Event at the Waldorf for the International Debutante affair.
- 38 galas and counting. Two where the seating was perfect, and one where it didn't initially seem to be, but it turned out to be a life-changing experience



Kay Kendall, Rex Harrison and Angela Lansbury in *The Reluctant Debutante*, 1959



8 overnight trips where it was packed at the last minute because you just never know when an occasion will present itself

12 weddings, 2 with the same bride because things didn't go according to plan the first time

1 red carpet stroll at an awards ceremony for a good friend who was being honored

1 bar mitzvah where it was lost in a sea of celebration.

1 Bond, James Bond Halloween costume

1 presidential inauguration in Washington D.C.

2 business dinners with international execs who were ready to make a deal

6 philharmonic concerts

4 opera season opening night performances

1 guest appearance on a talk show where the nerves were running high

1 black tie annual auction at an alma mater

22 fundraisers, including one for Pediatric Cancer, and the other for the Children of Darfur, among other notable causes

1 dinner at "21" with potential business partners

1 best man speech at a college roommate's wedding

1 or more photo shoots for inclusion in this magazine

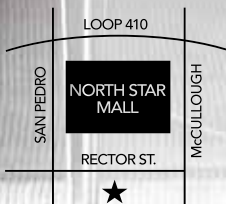
**XO Lance Avery Morgan**  
**Editor-In-Chief**  
**lance@thesocietydiaries.com**  
Photography by Megan Kyle Bennett



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# THE ARTS COME ALIVE

For lovers of theatre, art and music, spring is the season to be out and about. *Our ardent art appreciator Jonathan Spindel leads the way to the most unique experiences*

## AUSTIN



Haller Baggesen

### STEP INTO MOTHERNISM

For an immersive, avant-garde experience inspired by motherhood, music and art, visit Lise Haller Baggesen's installation, which she describes as "the intersection of feminism, science fiction, and disco." On view until May 2. At [TheContemporaryAustin.com](http://TheContemporaryAustin.com)



2015 Broadway Cast of Roundabout Theatre Company's CABARET by Joan Marcus

### COME TO THE CABARET

Join the raucous ensemble for a tantalizing night of song and dance at the infamous Kit Kat Club in this acclaimed Broadway masterpiece by the Roundabout Theatre Company. March 29 - April 3. At [BroadwayInAustin.com](http://BroadwayInAustin.com)



Carol Burnett

### COMEDY TONIGHT

Laughter and Refelction with Carol Burnett. Does it get any better than an evening with this San Antonio-born comedy legend, also a 2016 Texas Film Awards honoree? March 12. At [TheLongCenter.org](http://TheLongCenter.org)

## DALLAS/FORT WORTH



Marie Cronin

### BETWEEN PARIS AND TEXAS

An aspiring artist raised in East Texas, Marie Cronin honed her brush in Paris before returning to paint Texas statesmen and dignitaries in the style of the Belle Époque. On view until June 5. At [Meadows-MuseumDallas.org](http://Meadows-MuseumDallas.org)



Frank Stella

### IN LIVING COLOR

Frank Stella's famously minimalist paintings are colorful, dynamic, and quite impressive to behold in person. April 17 - September 18. At [TheModern.org](http://TheModern.org)



Vermeer

### MASTERS OF LIGHT

The greatest of the Dutch Masters left behind only 34 paintings, and now you can see his masterwork in Dallas. His nigh photographic brushwork is astounding. On view until August 21. At [DMA.org](http://DMA.org)

## HOUSTON



Franz X. Winterhalter

### PORTRAIT PERFECT

See the elegance and opulence of the 19th century, as captured by the most renowned portraitist of his time. Featuring selected clothing pieces by sought-after fashion designer Charles Frederick Worth. Apr 17 - Aug 14. At [MFAH.org](http://MFAH.org)



Renee Magritte

### LIFE'S BUT A DREAM

View a rare collection of pieces by the 20th century's renowned surrealists, including artifacts from the artists' own collections. On view until June 19. At [Menil.org](http://Menil.org)



MFAH Deco

### SCULPTED IN STEEL

A treat for lovers of art and autos; see over a dozen prime examples of rare cars and motorcycles from the Art Deco period, when art and elegance reigned. Until May 30. At [MFAH.org](http://MFAH.org)



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### BEAUTY IN BRONZE


The father of modern sculpture, Auguste Rodin crafted some of the most iconic sculptures ever. You'll be surprised by the nuance and intensity his pieces can convey. March 5 – May 29. At [SAMuseum.org](http://SAMuseum.org)

### CATCH THE FEVER

Experience your favorite moments from this disco classic. Saturday Night Fever has still got the moves. March 28. At [TobinCenter.org](http://TobinCenter.org)



### DRESSED TO KILL

Step into the wardrobe of the stylish seductresses and fashionable fiends of the musical stage. Real costumes are displayed next to design sketches by Broadway's iconic artists. Until June 5. At [McNay-Art.org](http://McNay-Art.org) 



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Lana Turner 1950s



**TOUCH OF TEXTURE**

These blush, velvet and linen, zebra print pillows by Dimitri are versatile, elegant and will add a welcome touch of texture to your living space. At 22" x 14" \$270. Availability and photo courtesy of Lili Alessandra

**ROSE GOLD RUSH**

Look for more and more rose gold this spring like these beautiful, gold and diamond, sunburst earrings by Frederic Sage... perfect for everyday wear. \$1,795. Availability and photo courtesy of Neiman Marcus



**PINK ESSENCE**

Stella McCartney's STELLA Fragrance contains bold, sensual, and modern notes, perfect for the spring season. \$92 at Saks Fifth Avenue and StellaMcCartney.com



# EVERYTHING'S COMING UP ROSY

The Pantone Institute has dubbed Rose quartz one of the *it* colors of the year, which means you will see this sweet shade popping up everywhere this season. Here are some trendy, rose quartz picks by our own *chic style editor Erin Busbee*

**TIME TO WEAR PINK**

The pink façade of this Michele watch makes it a standout. I also love the versatile, mixed metal band. \$1,395. Availability and photo courtesy of Saks Fifth Avenue



**WALK ON YOUR WILD SIDE**

This python, pleated "Josephine" clutch with a pink and green quartz, clasp bar is elegant and versatile by Baird & Baird. The neutral shade will work well with so many of your looks this spring. \$2,450. Availability and photo courtesy of Bairdandbairdonline.com



**JUST SLIP THIS ON**

The 90's favorite, the slip dress, is making a major comeback. Try pairing an overtly sexy slip dress, like this one by Alexander Wang, with moto boots, or sneakers to add some edge to your look. Photo courtesy of Style.com

**TREASURE TROVE**

Where to store you favorite baubles, bangles and beads this season? Here in Wolf's large Palermo jewel box. \$449. Photo and image courtesy of Saks Fifth Avenue.



**BLUSHING BRIDE**

A fashion-forward bride will consider making a statement in a blush gown instead of bright white one. I like how this romantic dress covered in pink rose by Olivi's has sleeves and a contrasting sexy, plunging neckline. \$3600. Availability and photo courtesy of The Garden Room





### GIVE IT THE COLD SHOULDER

The newest iteration of the off-shoulder trend, the exposed shoulder. Look for dresses and tops echoing this halter-neckline, ruffled piece by Alexander McQueen. \$7,765. Availability and photo courtesy of Neiman Marcus



### FLORALLY FASHION

Floral prints will continue to be on trend this spring. This lovely Carolina Herrera floral, jacquard dress will be ideal for your upcoming daytime events. \$1,990. Availability and photo courtesy of Tootsies



### PEEK-A-BOO

This "Kalamata" silk blouse by Rebecca Minkoff is the perfect piece to buy to test out the exposed shoulder trend. \$198. Availability and photo courtesy of Saks Fifth Avenue



### PLEATED PERFECTION

Carolina Herrera is just one of many designers who featured rose quartz and floral in their spring ready-to-wear collections, like in this two piece gown. Price upon request at Julian Gold.



### IN THE HAUTE SEAT

Add a touch of romance to your living space or bedroom with the velvet tufted, extra wide, "Pantages" chair by Haute House. \$1,874. Availability and photo courtesy of Neiman Marcus



### YOU'VE BEEN FRAMED

One of the trends in eyewear this spring, round frames, like these 70's-inspired golden metal frames with pink lenses by Ray Ban. \$170. Availability and photo courtesy of Neiman Marcus



### POP OF PINK

Sometimes all you need is just one piece. This throw pillow adds a subtle, but impactful pop of pink to this neutral palette. Price upon request. Availability and photo courtesy of Stowers Furniture

### LACED UP & READY TO GO

The pointed-toe pump gets a modern makeover with laces. These ballet pink "Hoops" pumps by Jimmy Choo are the perfect mix of sexy and sweet. The neutral color will keep your legs looking long. \$950. Availability and photo courtesy Tootsies





# THE NEW BALANCE

**Giving and taking is an age-old balance. When that balance is not in sync, discord can happen in any relationship. Here *Austin-based Resonance Repatterning Practitioner, Mary Schneider* shares insight on how you can create greater personal growth with more balance**

## GIVE AND TAKE

In any type of system, whether in your family or your workplace, there is always some kind of exchange. People give and take, and as long as this transaction continues the relationship is present. At work, the exchange is simple: people put their hours in and they are remunerated with a paycheck. Yet in personal relationships, the basic guidelines of exchange may not be so clear; in fact, in my practice I have observed many people are unaware of them altogether.

Generally there are two types of people in these transactions – those who give and those who take. It is a rare situation where this is in balance. Much of the time, people who give have no sense of when to stop giving. Those who take do not know when to stop taking. In either case, neither one is better than the other. Oftentimes we prefer to give more because it makes us look or feel better, but this is simply a misunderstanding.

## CREATING BALANCE

Visualize, for example, a friend who invites you for dinner. Then let us say that you show up at the appointed time and the friend never appears. Naturally we would have a concern for their safety. We attribute the missed meeting as a thoughtless oversight, so our reaction is to just let it go. However, unconditional forgiveness may be a recipe for building resentment, especially if we are unable to express our feelings. We may end up annoyed, angry or feeling passive aggressive, and it is we who must suffer those negative feelings.

Resentment is similar to anger except that where anger is fiery like a flame, resentment is like the smoke that smolders underneath, in the manner of a stealth bomber creating disharmony. Who would want to be around all that smoke? The best solution in this case is to balance the situation. To resolve it, the next time the thoughtless friend calls, you don't have to take the call. Creating personal space for yourself is a reasonable component of self-care. Otherwise, you can go ahead and set a make-up dinner date – but tell your companion that you felt hurt when you got stood up last time, yet you're nevertheless looking forward to sharing time with your friend. In any case, it's up to you to ascertain when to set a boundary and when not to; this is the key to becoming more confident and secure in the world.

Another scenario occurs where the takers are never given a chance to give. As a result, they can never achieve balance and the situation is always uncomfortable. This gets murky in intimate relationships where one of the

partners always gives and the other is forced to always take. Sometimes the giver does so in order to feel superior while the taker is forced to stay in the inferior role. What is commonly thought is that the giver is the stronger one in the relationship and the taker does not get the opportunity to experience this. This is also a recipe for resentment.

## PARTNERSHIP DYNAMICS

In a balanced situation, both people give and both take. Sometimes one feels vulnerable and sometimes the other does. Sometimes one partner yields and is guided, and sometimes the other does. When this happens, people feel safe and have a tendency to give more. As each partner gives more and takes more, the balance increases and so does the intimacy.

This is particularly helpful when we hurt one another. When we hurt our partner, we feel guilty. Again, this is an unbalanced situation.

One case study from a therapist is about a husband who had an affair and the couple was in therapy to determine how to handle the divorce. In the course of the therapy, they determined that they still loved one another and wanted to stay married. The husband had little hope of being able to make this up to his wife. And, this therapist had the best solution yet. The husband had to come home from work every day for a year, get on his knees and beg the wife's forgiveness. Although this sounds extreme, over the course of that year he made his way out of the doghouse permanently and back on the same level as his spouse.

How is balance regained? Should the one who was hurt, hurt back? Or, should the hurt one just forgive? Both of these are a recipe for resentment again. The best solution is one that is reached by two-way, honest, sincere communication. Perhaps the one who hurt does something for the other like taking them to dinner or getting them a massage. What's essential is not just the actions, but for both partners to empathize with each other and truly understand their counterpart's feelings. Whatever can make the situation better, and even the balance.

How can we make sure that our relationships are sources of joy and comfort as opposed to disharmony and inequality? Just having a basic awareness of these kinds of interactions is helpful and can lead to hope and increased intimacy. Even if we are not in the midst of a crisis, being aware of these interpersonal dynamics can keep us sailing the peaceful seas of our relationships. **S**



# EMBRACE RELAXED SOPHISTICATION



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# LUXURY IS WHERE YOU FIND IT

This spring we're looking ahead to future trends, while paying homage to our inspirations from the past. Find beauty to inspire you everywhere you look, according to our global cool hunter Jonathan Spindel



## WHAT'S IN A NAME? FOR COLLECTORS OF CHIC

memorabilia, Lionheart Autographs offers one-of-a-kind pieces by the most famous personae – such as the superstar soprano Maria Callas.

At [LionheartAutographs.com](http://LionheartAutographs.com)



## FAIRY TALES CAN COME TRUE FASHION

A FABULOUS GOWN can make a night out feel like a fantasy. Get renewed inspiration from famous designers' takes on fairy tale fashion, at The Fashion Institute of Technology in New York. On display until April 16.

At [FITNYC.edu](http://FITNYC.edu)



## COLLECTOR'S CONNECTION NOW IS YOUR CHANCE

to add an iconic modern art piece to your collection. It's not everyday you see auctions with the 20th century's biggest names in art, including Andy Warhol, Edvard Munch, and Keith Haring. March 22 in London. More information at [Sothebys.com](http://Sothebys.com)



## ART ALL AROUND YOU FROM HISTORICAL MASTERPIECES

to the work of the newest generation of artists, Art Basel Hong Kong immerses you in the world's most elite art scene. March 24-26.

At [ArtBasel.com](http://ArtBasel.com)



## STARS IN YOUR EYES

THE WORLD'S MOST ELITE timepiece exposition in Geneva just unveiled some of this season's most covetable watches, such as this stunning celestial piece by Jaeger-LeCoultre.

At [Jaeger-LeCoultre.com](http://Jaeger-LeCoultre.com)



## STYLE ON THE MOVE

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# DECORUM? DIVINE.

Choosing the best etiquette options for yourself isn't a difficult decision. *Our trusty Ms. Modern Manners Sharon Schweitzer, JD,* considers it liberating to know the options and is on the scene to enlighten your very finest behavior possible

**Dear Ms. Modern Manners,**

I have inherited several of my father's and grandfather's cufflink and studs sets, yet they only have three shirt studs in each set due to the style of that era's shirts. Any suggestions on how to make it work since now there are four studs required in a tuxedo shirt?

**Black Tied**

**Dear Fit To Be Tied,**

What a blessing to receive such an heirloom as an inheritance. First, determine if the fourth stud-hole may be covered by the cummerbund. Second, I suggest you purchase a three-stud shirt or a shirt with a placket covering the buttons, which will not require festooning. Third, you may wish to research on-line antique luxury auction sites in an effort to locate matching studs sets. Fourth, you may also wish to mix and match studs from the same era.

**Dear Ms. Modern Manners,**

This is a sticky one, especially as we see our political candidates doing it. How should I deal with a friend who makes offhanded racial, ethnic, or religious affiliation comments that are inappropriate?

**Sensitively Speaking**

**Dear Sensitive and Thoughtful,**

Since you know your friend best, consider one of the three options. Understand that another moment like this will likely occur, so prepare and have a response in mind beforehand. Identify the behavior by calmly asking open-ended questions such as: *Tell me what made you say that?* or *How did you develop that belief?* This usually stops the racist comments.

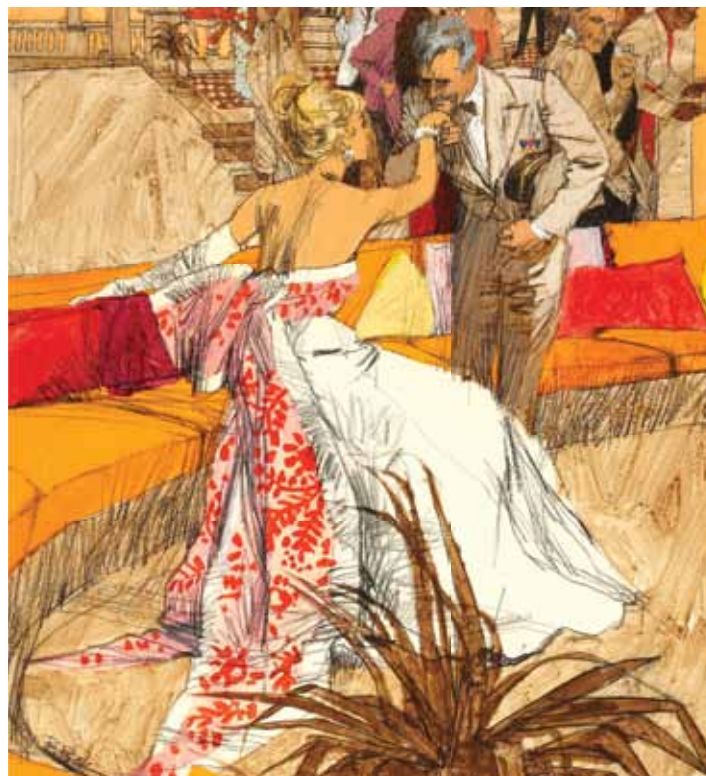
Another approach is to candidly point out the behavior by repeating the statement so the person hears exactly what they are stating *Billy-Bob, what I hear you saying is that all blondes are stupid* (or an inappropriate ethnic slur), or *TJ, you're classifying an entire race in a derogatory manner. Am I hearing you correctly?*

In a situation where you have a relationship, such as family, friend or colleague, appeal to their higher principles and ask, *Ginger, I have always thought of you as a fair-minded individual, so it stuns me to hear you make what sounds like such a racist comment.* You cannot control another person. But you can set limits by politely asking them to refrain from making inappropriate comments in your presence. Then follow through if needed. Lead by example and inspire others to do the same, as always.

**Dear Ms. Modern Manners,**

Since it's gala season, how do I decide between wearing a short or long gown? I think going short is more youthful. Thoughts?

**Gloriously Gowned**



**Dear Gowned & Dangerous,**

The invitation always provides the first clue when deciding *what to wear.* Yes, it is crucial to abide by the dress code after you've accepted the invitation. For black tie events, business occasions, galas and weddings, it is best to not tailor the dress code to suit your personal taste. Keep in mind that failing to show respect to the dress code, means you may not be invited. So read the invitation carefully, and wear a long gorgeous gown, darling.

**Dear Ms. Modern Manners,**

My dream of attending a fundraising ball in Europe has come true. What sort of gift do you recommend we give our hosts who are making a large donation to the organization, to thank them for this remarkable experience they are sharing with us?

**All Dressed Up**

**Dear Dressed To The Nines,**

Above all, I recommend that you understand your audience. As philanthropists they will expect the best of the best. As citizen ambassadors, it is your job to give appropriate and thoughtful items, Made in the U.S. gifts for the home from your favorite luxury store are always elegant. If your hosts enjoy spirits, be sure to bring a U.S. brand that they will recognize and appreciate, from a black, blue, red or gold label. **S**



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# SPRING'S AWAKENING

This is the perfect time of year to refresh and rejuvenate, right? We've found this season's ultimate beauty products so you can head into the warmth with a spring in your step, *according to our beauty aficionado Kelsey Goldberg*



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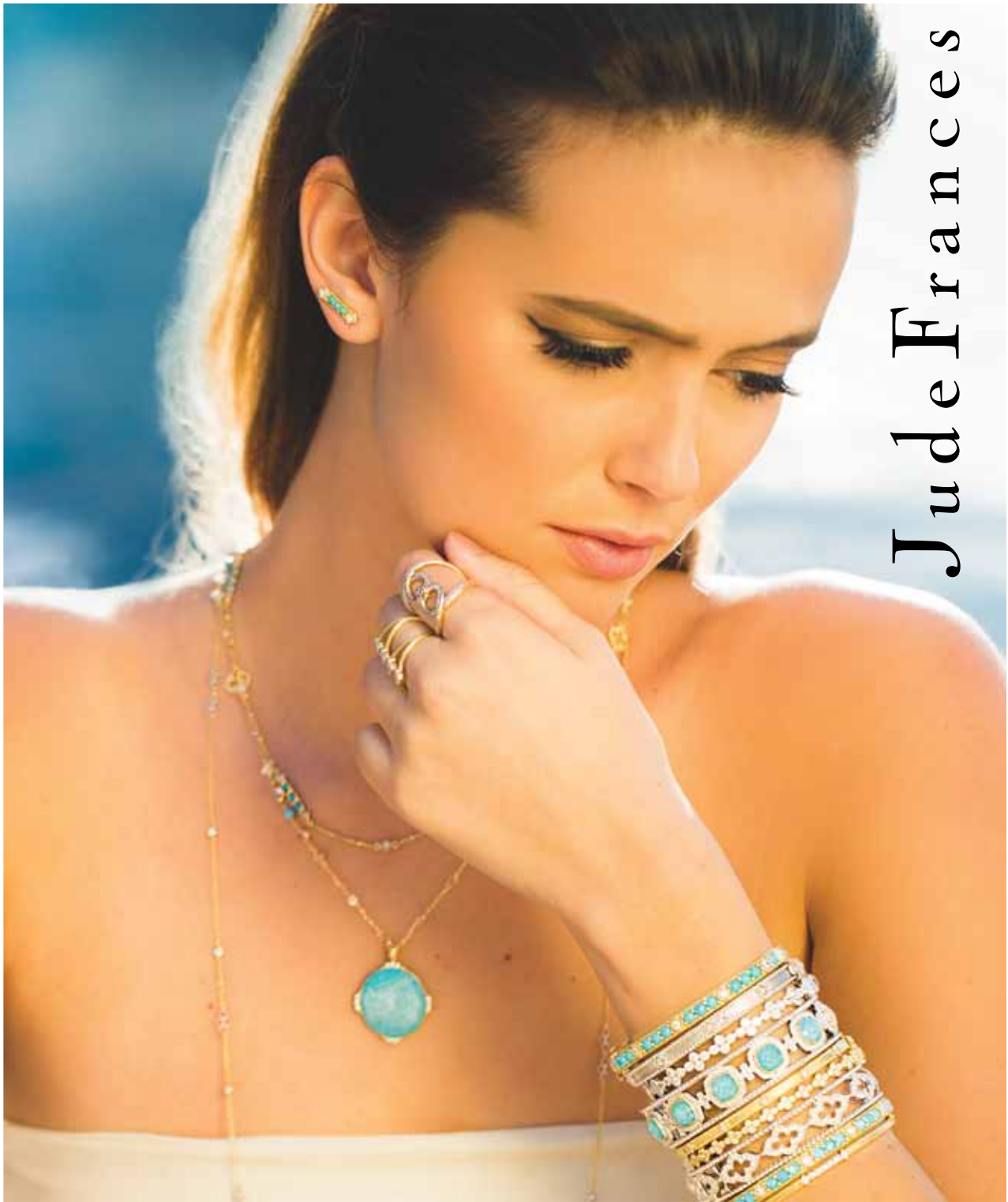
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# BE YOUR OWN ROCK STAR

Stuck singing the same old tune? That's so last season, isn't it? Now, it's all about living life as it's never been done before, the way only you can, as *Austin-based singer songwriter Amy Edwards* attests

## AH, SPRINGTIME. EVERYWHERE

we look, renewal is happening. We see the trees sprouting their small, green leaves... again. The flowers beginning to bud and blossom... like they have a million times before. The birds sing their dutiful tunes. Animals mate, just like they do every year, and the earth rotates, just as we've seen all our lives. Everything is new, and yet... it's not new at all.

Spring is busy doing the same thing it always does. We know this familiar scene, because it's a continuing cycle that's been done too many times to count. Spring isn't thinking about a new way to do anything. It's going through the motions. Nature compels the earth, and it obeys, as it moves through the familiar process.

But what about us? Are we, too, going through the motions, doing just what we've done before? Do we get stuck in a cycle of sameness, just as nature and those trees and flowers become another version of what they were before? It's easy to slip into that comfortable loop of r-starting and r-newing, but something about all that makes me feel... tired. Do we want to be another version of what we've already been? I don't even really want to wear the same dress twice. The thought of "re"-anything makes me feel like it's been done, like it's a place I've been before; a song we've all heard too many times.

As a songwriter, I recognize that there's really nothing truly new to be said. But there are always new ways to say it. I have studied songwriting over the last few years, and I've literally sat at the feet of individuals who are great at it and have hit records. I've learned that there's one thing they all have in common: you take what's been said a million other times and you say it in a new, fresh way. It's the same with screenwriting or books or anything we create. When you look the bones and the basics, the stories are tried and true. But it's how we say it — using the voice that only we have — that sheds new light and brings a uniqueness and originality to it.

Currently, I'm working on a new song. It's a drinking song. *Oh, Amy! That's not even close to "new"! That's been done to death!* Yes, I know. You're right. Can I even call it "new"? And if I wanted to write a love song, or a song about heartbreak, haven't those, too, been done until we'd think the subject is beyond tired? And yet "new, original" songs come out every



The Dum Dum Girls, Barcelona Spain

day, and my bet is that we'll never tire of hearing the way Adele thinks of novel ways to say she's in love, or the opposite. Because she knows, and I know, that each of us holds our own context: a freshness, a unique *je ne sais quoi*; we hold a creation that is our own, and no one else's.

Spring is about just that: freshness. As spring does what it does, and we do what we do in the motions of daily life, we strive for freshness. Freshness is what keeps us vibrant. Freshness, and hearing or seeing something in a brand-new way, even when it's an age-old story, makes life feel new and can open our eyes to a different perspective, open our hearts and minds in an unfamiliar way.

And isn't that the goal? A new version of ourselves? Whether it's our bodies, our thoughts, our hearts, or our careers, the thought of becoming stale and stagnant is never the desired outcome. But rather, just like the songwriter, we come up with a new version, and a new composition, a purpose and approach that only we can devise and discover and share. Any time is a time we can start fresh. "Re"-anything isn't where it's at. As we think about being a new version, and singing a new song, make it just that: NEW. Not a rehash of what was, not a recycled version of the old, not a flower that blooms the same way every time. Sure, it's all been done before. But not like this. Not like our fresh, rocking way that we can



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# ATTITUDE FOR GRATITUDE

Looking for tips for integrating gratitude in your everyday as we dive into spring? *Paige Davis, our Austin-based meditation expert, reveals her top go-to insight on the benefits being in the moment to create more gratitude*

## SPRING INTO AWARENESS

As springtime makes its mark, so does a season representative of new beginnings, new life, and infinite moments of things for which to be grateful. Whether it's the warmth of more sunshine, the reckonings of new buzzworthy SXSW energy and spring galas, or even the respite of spring break with friends and family, the invitation of gratitude is always around us, but sometimes we can't always see it.

Like meditation, gratitude can best be experienced when we really become aware and practice it – ideally on a daily basis. I like to think of gratitude as a muscle, and when we take moments to acknowledge and express it, we strengthen its presence in our lives.

According to the latest research on gratitude, by Dr Robert Emmons, a researcher and psychologist at U.C. Davis, “grateful people really are different than those who aren't so grateful. Grateful people tend to be less stressed, place less importance on material goods, are less likely to judge others, and are more satisfied with life and have more vitality and optimism.”

Gratitude is nothing new, and as more people tap into the many benefits, the expressions of gratitude are becoming more widespread. More and more people are choosing to express their gratitude on social media. This can be a great way to share and inspire others. However, while any expression of gratitude is beneficial it is important to take pause when expressing gratitude so it is not just about an outward exhibition but also an inward and authentic reflection and appreciation. The truth is, when practiced from a place of authenticity, gratitude can actually be a very powerful tool to being more present and tapping into heart-centered awareness where we are able to experience peace of mind, greater intuition, and more harmonious relationships.



## BENEFITS ABOUND

But like with any practice, it requires a gentle willingness and commitment to really experience the benefits of being more aware, loving, and kind to ourselves and others. Here are just a few tips to cultivate gratitude in our everyday.

1. Morning: Wake up and say thank you. Try to let the first thought in the morning be about gratitude and literally thinking silently or saying out loud “thank you.” It doesn't have to be about anything specific (but it can be), but by just opening your day with this sentiment, you invite gratitude in for the rest of the day.

2. Mid-Day: Practice random acts of kindness. This can be something simple like letting someone in during traffic or the popular act of buying a cup of coffee for the next person in line. Or, putting a post it note on your loved one or co-worker's space letting them know they are loved or valued. Sure you can do the grander gestures, but just check in to make sure you are coming from a simple place of giving and not looking for recognition (seeking validation is a good sign that our good ole' ego is at work).

3. Evening: Keep a gratitude log. This is a great evening activity to either keep on your phone or simply write down 3 things you are grateful for in your day. I like to think of one

thing I am grateful for about a loved one, one thing about someone I may be experiencing a challenging time with, and one thing for myself.

4. Bonus: Practice a lovingkindness meditation. Practicing lovingkindness can be a powerful practice that not only makes us feel good, but can also help us see the bigger picture and increase our social connectedness. It is a simple practice where you repeat a series of loving phrases. Enjoy an 8 minute guided lovingkindness meditation at <http://soulsparks.com/lovingkindness> **S**



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# SHELF-ASSURED

Looking for the perfect addition to your coffee table? We invite you to peruse our pick of tomes for inspiration in your home as our bibliophile Alison Elberger recommends the latest style books for spring



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**DIOR BY AVEDON** BY JUSTINE PIDARDIE AND OLIVIER SAILLARD, FORWARD BY JACQUELINE DE RIBES Capture the iconic spirit of Dior with Richard Avedon's photographs of Dior fashions and portraits, including the glamor and grace of fashion from the 1940s through the 70s. \$175. At Rizzoliusa.com

**MARTYN LAWRENCE BULLARD: DESIGN AND DECORATION** BY MARTYN LAWRENCE BULLARD, FORWARD BY TOMMY HILFIGER Explore Martyn Lawrence Bullard's most recent collection of homes, all inspired by his attention to history, his world travels, and his affinity for the vintage and antique arts. \$50. At Rizzoliusa.com

**THE FOUR ELEMENTS OF DESIGN: INTERIORS INSPIRED BY EARTH, WATER, AIR AND FIRE** BY VICENTE WOLF, FORWARD BY MARGARET RUSSELL Peek into the design world of Vicente Wolf, who uniquely bases his design on the classical elements – earth, water, air and fire. \$50. At Rizzoliusa.com

**IT'S THE LITTLE THINGS: CREATING BIG MOMENTS IN YOUR HOME THROUGH THE STYLISH SMALL STUFF** BY SUSANNA SALK Be inspired to design sophisticated interiors through Susanna Salk's look into the intricate details that make up a room full of style and personality. \$45. At Rizzoliusa.com

**KANDINSKY** BY PHILIP SEARS Experience the chronological evolution of a leading art figure of the 20th century with Wassily Kandinsky's art through his own documents, writings and works. \$85. At Thamesandhudsonusa.com

**A LIFE IN FASHION** BY BENJAMIN WILD, FOREWORD BY TIM WALKER Fashion historian Benjamin Wild gives us an inside look at Cecil Beaton's infamous style, which has influenced designers such as Giles Deacon and Dries Van Noten. \$50. At Thamesandhudsonusa.com

**ART DECO COLLECTIBLES** BY RODNEY CAPSTICK Experience the world of Art Deco style in this collection of the various objects, which were not only high fashion, but also a part of daily life in the 1920s and 1930s. \$55. At Thamesandhudsonusa.com

**THE GENTLEMAN'S FARM: AMERICAN HUNT COUNTRY HOUSES** BY LAURIE OSSMAN AND DEBRA A.MCCLANE, PHOTOGRAPHED BY WALTER SMALLING Experience elegant country homes featuring the classical architecture and traditional styles true to the ideals of the gentleman's farm. \$55. At Rizzoliusa.com

**DESIGNING LIFE'S CELEBRATIONS** BY DEJUAN STROUD, FOREWORD BY JON BON JOVI AND DORTHEA BON JOVI Dive into the art of the tabletop with DeJuan Stroud's guide to entertaining with spectacular floral arrangements for the grandest occasions. \$50. At Rizzoliusa.com

**BONNIE CASHIN: CHIC IS WHERE YOU FIND IT** BY STEPHANIE LAKE, FOREWORD BY JONATHAN ADLER Celebrate the revolutionary thinking of artist and designer Bonnie Cashin, who changed the world of fashion by designing for the woman "on the go" with a timeless essence and elegance. \$75. At Rizzoliusa.com



**PAST PERFECT: RICHARD SHAPIRO HOUSES AND GARDENS**

BY RICHARD SHAPIRO AND MAYER RUS, EDITED BY MALLERY ROBERTS MORGAN, PHOTOGRAPHED BY JASON SCHMIDT Take inspiration from Richard Shapiro's two cultivated homes, which are refined examples of European charm and antiquity. \$55. At Rizzoliusa.com

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BY TOTO BERGAMO ROSSI, FOREWORD BY DIANE VON FURSTENBERG AND PETER MARINO, PHOTOGRAPHED BY JEAN-FRANCIS JAUSSAUD, INTRODUCTION BY JAMES IVOY Dive into the beauty of Venetian interiors in this exclusive volume of classical Old World interior design, featuring private properties only to be seen in this book. \$60. At Rizzoliusa.com

**JULIA REED'S SOUTH: SPIRITED ENTERTAINING AND HIGH-STYLE FUN ALL YEAR LONG**

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BY JEAN PIGOZZI Dive into water of Johnny Pigozzi's iconic swimming pool in Antibes, France with more than 100 unpublished photos from the 1950s to today of Pigozzi's pool parties featuring celebrities such as Mick Jagger and Elizabeth Taylor. \$35. At Rizzoliusa.com

**COUTURE CONFESSIONS: FASHION LEGENDS IN THEIR OWN WORDS**

BY PAMELA GOLBIN, ILLUSTRATED BY YANN LEGENDRE Pamela Golbin takes the words of late fashion legends like Chanel, Dior and Saint Laurent and creates an interview experience for the fashion lover to converse with these inspiring designers. \$40. At Rizzoliusa.com

**100 DESIGNS FOR A MODERN WORLD: KRAVIS DESIGN CENTER**

BY GEORGE R. KRAVIS, INTRODUCTION BY PENNY SPARKE Peek into the collections of the most influential modern industrial design with this informative guide and inspiring book to add to your collection. \$40. At Rizzoliusa.com

**THE WORLD OF CHARLES AND RAY EAMES**

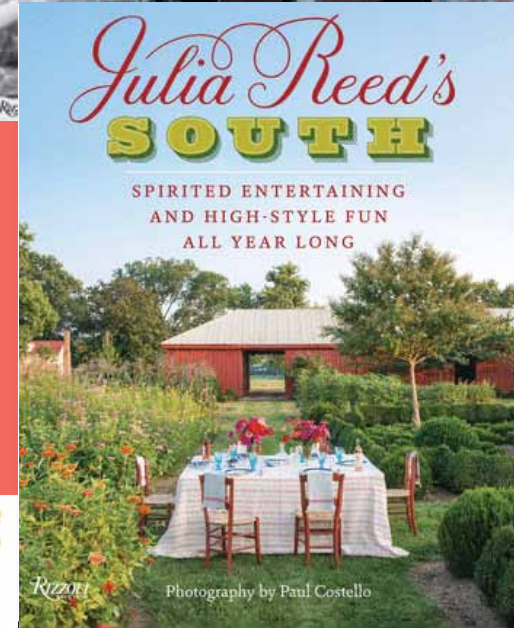
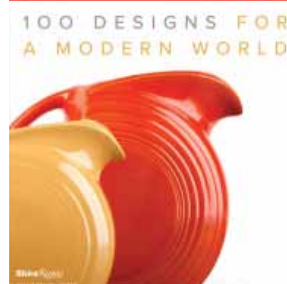
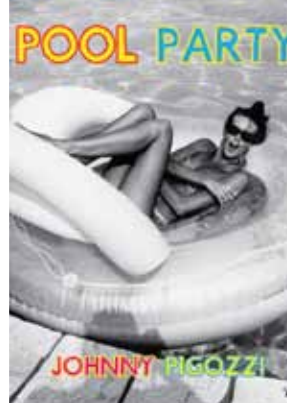
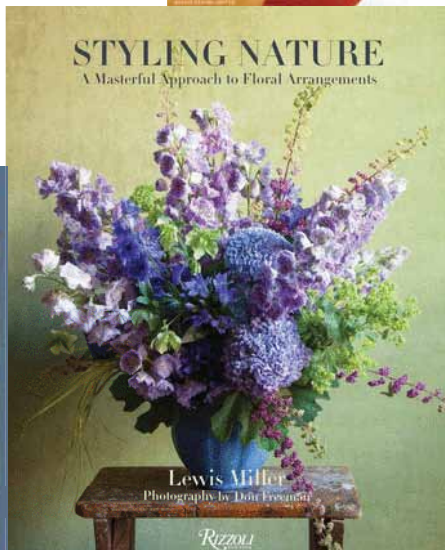
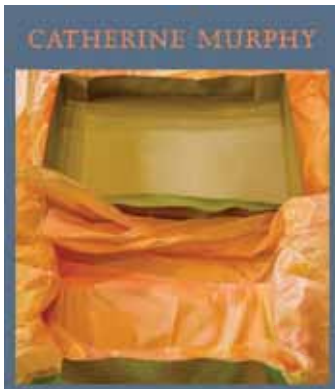
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BY JOHN YAO Enjoy Murphy's style of representing and her well-known precifirst monograph including 100 paintings and drawings. Rizzoliusa.com 





# A DOG'S LIFE

We love our pets and *our perpetual pet lover* Suzanne Negley found and photographed some of our favorite pooch owners to learn about the personalities of their four legged friends



Catriona Morrison & Polly, Nina and Ella, San Antonio

**CATRIONA MORRISON & POLLY, NINA AND ELLA, SAN ANTONIO**

**What is you and your pup's love story?** I have varied love stories with each of them, but I found Nina at a little shop in Madrid on Calle de Goya. According to her puppy passport, her full name is Nina de la Funteblanca.

**What's your favorite Texas past-time and activity together?** Texas pastime and Netflix and chili.

**CASSIE MILAM & MOLLIE, HOUSTON**

**If your dog was a historical/fictional figure reincarnated, who would she have been?**

Mollie is a woman of many layers. She's a little Elizabeth Bennet, a little Elaine from Seinfeld, and a little Judge Judy...the best of all of them, of course.

**Does your dog have any funny quirks?**

She snores like a freight train, both while awake and asleep. Like, human decibels, easily. My husband "surprise!" crate-trained her while I was on a work trip. **S**



Leigh Joseph and Emma, Houston

**LEIGH JOSEPH & EMMA, HOUSTON**

**If Emma had a voice, what would it sound like?**

It would be most like Gloria from *Modern Family*.

**Does she have any irrational fears?**

It would likely be windshield wipers. Peaceful road trips can take a turn if it starts to rain on the way home.



Cassie Milam and Mollie, Houston

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# IT'S IN THE AIR

To nip allergies in the bud, our wellness expert *Andra Millian MATCM, L.Ac., C.H.* weighs in to share her insight on creating solutions for greater health this season with holistic therapy and food treatment remedies

**LET'S FACE IT: FOR ALLERGY SUFFERERS DURING THE** season of rebirth, putting a spring in your steps can feel elusive. Here are some new ways to reframe an old problem from the ancient doctors of China and some new tips on what to do about it from the 21<sup>st</sup> century pioneers of 'Functional Wellness' care.

## ANCIENT CHINESE SECRETS

In ancient Chinese Medicine, unseen airborne pathogens, such as pollen, molds and animal dander were dramatically named 'Wind Evil'. An illness like an allergy, cold, or flu seemed to blow in like an invisible wind, yet its effects were deeply felt. This is the ancient beginning of what we now know as germs, viruses, and bacteria that attack the body from the outside and cannot be seen with the naked eye. The ancients noticed that in any group of people exposed to such wind evils, only a percentage developed symptoms of illness. These ancient doctors were beginning to notice and define what we now know so much more about; the immune system. The human body's ability to defend itself against diseases entirely, recover quickly and stay strong afterward from further attack was named 'the Defensive Qi' by these ancients.

People whose 'Defensive Qi' was weak allowed the 'Wind Evils' to penetrate resulting in hay fever, colds and flu. Conversely, people who cultivated 'Righteous Qi' had strong defensive capabilities to recover quickly and completely from disease or not to get sick at all when others around them went down for the count. In these days before antibiotics or other ways of treating severe diseases, helping strengthen the body's natural defenses against going downhill fast was of utmost importance to the survival of these ancient communities. So, they developed natural treatments that when used alone or integrated with modern medicine are very effective, and side effect free.

## EAT FOR YOUR AILMENT

Most of us know to eat our greens. To strengthen the Lungs, Ancient Chinese Dietary Therapy recommends eating plenty of foods that are Spicy and acrid-tasting (think spice without the heat) like radishes, scallions, onions, garlic, and jicama. Add lots of spicy mint to your beverages. (Nowadays we know that these foods are rich in antioxidants.) Next, eat to reduce mucus and inflammation. Functional Medicine, -21st century 'wellness' therapy now recognizes that inflammation is largely caused by dietary sugar and things that turn into sugar while ancient Chinese Medicine similarly notice that sugar creates 'dampness' or mucus in the body. Furthermore, Chinese Dietary Therapy advises that in Spring it is important to eat foods that are seasonal and lightly cooked: like steaming, blanching or sautéing to help you battle the 'wind evils.' Also, enjoy salads made from 'new growth' like sprouts of all kinds and seasonal berries which are rich in antioxidants. Unlike in winter, we don't need to eat as many 'building' foods like grains or dried beans in Spring. So you can put away your crockpot for now and break out your sauté pan.



It is advisable to start including an antioxidant supplement in your allergy season regimen as soon as you can. Antioxidants help defend the body from the stress it endures from repeated allergy attacks. Also, treat your belly to good probiotics, which are especially important for keeping the beneficial bacteria in your gut happy. Healthy gut bacteria are essential for a balanced and strong immune system and so easy to add to your routine. This is especially important if you've used antibiotics to ward off allergy and sinus problems in the past season because antibiotics kill bad as well as good bacteria so, I encourage you to replant and replace! And yes, some good organic yogurt does help but it's sometimes not enough if damage to your gut flora has been done.

Here are some favorite supplements that are staples in my clinic: Metagenics' PhytoMulti is a daily vitamin that is extra rich in antioxidants. The Ultimate Antiox Full Spectrum by Designs for Health is also one I particularly find helpful in my practice during allergy season. Metagenics also makes a probiotic with extra immune enhancing properties called Ultra-Flora Spectrum. You get the entire good gut flora with an extra kick start to your immune defense during allergy season.

Always check with your personal health care provider to make sure these suggestions are a good fit for you. Of course, I have to mention the wonderful benefits of acupuncture and massage. Both of these modalities work wonders in different and complementary ways to soothe your nervous system down when it's under attack by seasonal allergens. In this season of new beginnings, I encourage you to try as many of these ancient and new tips to help you beat those 'windy evils' into submission; to strengthen you, arm and and free you to get outside, sit in some wildflowers and share in this lighthearted season. **S**






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# WHAT WILL BE YOUR LEGACY?

Just what are the dynamic of leaving your legacy? According to *our dynamic parenting and relationship expert, Dr. Miranda Fernande Walichowski*, clear communication, action, and timing are tantamount

**THE RAPID CHANGES ENABLED BY TECHNOLOGY** pose a fathomless divide between valuing innovation and valuing preservation. This is most evident with Generation Y (children born between 1981 and 2000) and Generation Z (children born after 2001). Generation Y has never known a world without computers. As babies and toddlers, Generation Z is more attracted to their parents' iPhones and iPads than to baby rattles. Both of those generations have been conditioned to tolerate things while waiting for the 2.0 and 3.0 and

10.0 versions to be released. As parents how do we inculcate the value of preservation of worthwhile things in a generation that seeks constant change?

On a visceral level, as parents, we think that we want to be remembered beyond our lifetimes. The words of Marcus Aurelius unveil what we truly desire: "In the end, what would you gain from everlasting remembrance? Absolutely nothing. So what is left worth

living for? This alone: justice in thought, goodness in action, speech that cannot deceive and a disposition glad of whatever comes, welcoming it as necessary, as familiar, as flowing from the same source and fountain as yourself.” And how true that is for most of us.

### HAVING A FAMILY GATHERING

What we desire is to leave the essence of ourselves behind and not just a fleeting memories of who we were. What we desire is to live a life well-lived that continues to make the world a better place, after we are gone. We desire to leave a legacy. I am not sure what fosters the creation, the preservation, and the transmission of a legacy more than regular family meetings. These are the benefits of regularly-held family meetings:

1. Creating opportunities for immediate and deep communication and connection
2. Fostering cohesiveness and a sense of solidarity
3. Allowing you to confer your faith, culture, principles, values, and traditions
4. Giving your children an expansive understanding of life, as they benefit from the wisdom and experiences that have shaped you
5. Enabling you to parent with intentionality instead of by default
6. Creating a vinculum in which problems can be solved and difficult topics can be discussed
7. Engendering memories that will be cherished by your children

### GOALS FOR SUCCESS

Are you ready to invest in family meetings? Here are some ideas for delivering the family meeting. First, let go of expectations and the desire for immediate results. The illusion of what a family meeting should look like will thwart one’s best efforts. Do not expect your children to begin grappling with and unraveling philosophical problems, for hours. Do not entertain a perfect vision of a family reading and discussing the manifestations of Alexis de Tocqueville’s Democracy in America. Your five-year-old might not be ready for that!

Instead, see the journey of the family meeting as the goal, as the desired outcome. In this case, let go of being results-driven at least initially. When your children do not have buy-in on the family meeting, they will not be fully engaged. When you have children who vary in ages, these meetings will require deliberate planning, so that they are easier to manage.

Family meetings can be held weekly. The practice of holding family meetings can start with 15-minute meetings and increase from there. The structure and logistics of a good family meeting are unique to your family. Consider whether you should include food during the

meeting. For some families that is the how they create immediate buy-in. Location matters. Are your children more focused when sitting at a table? Alternatively, do they prefer to meet in a more relaxed space? A little forethought can make for a better meeting.

The discussions and activities that you and your children incorporate to the family meeting are dependent on the uniqueness of your family. However, I suggest that you create a flexible structure to the family meeting. Children do best when there is an element of predictability.

The following are a few suggestions for your family meetings:

- Sync Calendars - If nothing else, this is a golden practice. This practice reduces stress during the week. This practice allows everyone to see how the week will unfold given everyone’s commitments.
- Gratitude Share - The research in positive psychology indicates that the simple act of practicing gratitude increases the emotional well-being and the happiness of individuals.
- Set Goals - It is important for children to learn how to set short-term and long-term. As parents, you can facilitate that process. Moreover, you can also provide reminders and provide accountability towards those goals.
- Didactic Parenting - Be instructive about what matters most to you: your faith, your principles, your values. This is not a carte blanche to deliver a 1-hour exegesis. It is true that our children learn much from our examples. However, an element of deliberate instruction is needed. Please remember that these topics are best delivered in sound-bites that invite discussion.
- Learn Together - The possibilities for this are endless. I would encourage you to allow your children input on the topics that you learn about. You can read and discuss books. You can learn about the history leading up to various current events. You can learn and use new words.
- Acknowledge and Encourage - Provide a forum to share what various members of the family are doing. As parents, we tend to focus on areas for improvement with our children. However, it is equally important to seek and acknowledge the efforts that children take to do things well.
- Problem Solve - As you establish an environment that is supportive to your children, you will find that trust, vulnerability, and cooperation

increase in the home. Eventually, the family meeting will serve as a place where difficult conversations can be had. And more importantly, you will have a structure that will engender solutions to anything that your family confronts.

You do not need to dust-off Robert’s Rules of Order. You do not need a gavel. You just need a desire to give your children your greatest gift, your legacy. Your legacy comes replete with your principles, your values, your experiences, your advice, your dreams, your faith, and your love. Only you can leave your legacy, so start creating and conferring your legacy today. **S**



The Hirschsprung family by Peder Severin Krøyer



# Dallas in Demand

In Dallas things are happening fast for the city that swirls in activity, fun, and a higher consciousness. Here our *gal-on-the-town* *Cynthia Smoot* shares the new and noteworthy



The Badlands Room at The Theodore



Glacier Park cocktail at The Theodore



Grapefruit and Honey Baked Alkaska at The Theodore


## TELL THEM TEDDY SENT YOU

The Theodore is NorthPark Center's hottest new dining destination led by James Beard Award-winning chef Tim Byres, Christopher Jeffers and Christopher Zielke (the team behind SMOKE, Chicken Scratch, The Foundry, Bar Belmont, Bolsa and Bolsa Mercado). The Theodore honors the dynamic spark that followed Teddy Roosevelt over the course of his lifetime. The restaurant is filled with hidden rooms, vintage furniture, hand painted murals, and whimsical curiosities and offers diners stylized quirkiness with of a hint nostalgia and charm. The menu primarily consists of sandwiches, pizzas and salads with daily specials. Guests can dine in the Hasty Pudding Club, sit at the bar in the Badlands or outside in the Cottonwoods and have a specialty cocktail crafted by bar manager Kyle Hilla. His signature cocktails, named after national parks - a nod to Roosevelt's conservation endeavors - are uncomplicated and approachable.

The Theodore is located on the first floor of NorthPark Center, between Macy's and Nordstrom. For more information visit [TheTheodore.com](http://TheTheodore.com)

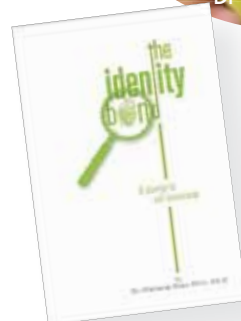
## BOND. LIFE BOND.

Dr. Melanie Ross Mills is the creator of the Life Bond Book series (*The Friendship Bond*, *The Couples Bond*, and *The Identity Bond*) and the well-received Life Bond workshops. Yet, she is not your typical therapist. She starts each session with a big bear hug and a prayer. She's also likely to be the

first to cry during your time together because she cares so much about helping you discover your life's passion and purpose. You can often also find her on as a frequent radio contributor talking about relationship issues. She says her gift is "to help people see what it takes to lift the veil that keeps us from knowing our authentic selves and/or hindering your ability to cultivate healthy relationships." And, because we think, bear hugs are the best. For more information, visit [MelanieRossMills.com](http://MelanieRossMills.com) 



Dr. Melanie Ross



## A WHOLE OTHER LEVEL

To relieve the stress of her busy life as an in-demand Realtor for Dave Perry-Miller – and a mother to two school-aged children – Melissa Rountree has always turned to exercise as an outlet for balance and better mental and physical health. She became a devotee of the Bar Method philosophy almost 5 years ago and even became a certified instructor. Tired of the uninspiring workout attire offered in the Dallas area, Rountree decided to combine her love of fashion and exercise and bring to the Dallas market what she couldn't find in stores. Level3Active launched this past year and offers shoppers an online store featuring curated collections, many exclusive to Dallas, with graphic printed leggings and fashion tops at a general price point of \$150 and under. For more information, visit [Level3Active.com](http://Level3Active.com)



Melissa Rountree







Citation Jet



Citation Jet



The Citation cockpit



Cardo Kleberg and Jason Leavelle



Mac Northington, Sarah Keith and Tom Northington

# JET, SET, GO!

Jet Linx San Antonio Celebrates With Style

By Shamon Miller Turner Photography by Greg Harrison

Where better to usher in the New Year than in the very lap of luxury? Jet Linx' Private Jet Base Partner and President Tom Northington, Vice President Eric Love and their team welcomed attendees to the The Jet Linx Holiday Hangar Party as a festive way to gather with friends and colleagues. Guests enjoyed hors d'oeuvres catered by the RK Group, cocktails, live music, fine cars and, of course, the stunning Jet Linx private jets at the center of it all. On hand to celebrate to make the night merry was Citation Jets and Barrett Jaguar.

*Welcome to Your Personal Jet Company*, is the Jet Linx philosophy of toward a client. To better serve you and your individual needs, Jet Linx focuses on a local, rather than a national, operation. By doing so, they are able to provide its clients with a local private terminal, local client service team, local planes and local pilots – all of which add up to an unparalleled level of service and value. All aboard.



PROMOTE



# CINNAMON SHORE

## The Great Beach Escape Awaits

Cinnamon Shore is a pedestrian-friendly planned beach community located on Mustang Island, Texas, nestled behind 300 feet of protective dunes. Designed in the tradition of yesterday's classic neighborhoods with all the amenities, including two large pools with poolside cafes, two fully-stocked lakes with a fishing pavilion, and a vibrant Town Center comprised of a restaurant, stage, snow cone stand, artisan village and Town Center Residences.

Cinnamon Shore is all about family, friends and creating memories to last a lifetime. "A Simpler Way of Life" is our trademark - once you visit with us you will understand why! Once completed, Cinnamon Shore will have approximately 300 homes and Town Center Residences, as well as a retail plaza boasting additional restaurants, shops and a spa.

Every year, Cinnamon Shore hosts events for guests and homeowners including our annual fundraiser, the STOMP Winter Gala and Wine festival and our Fall Festival and Tour of Homes. Our spring break and summer daily activities include yoga on the beach, kids camp, surf lessons, sand castle lessons, movie nights, s'mores night and live music in our Town Center.

There's nothing more romantic than a destination wedding, and Cinnamon Shore is the ideal locale for any bride's big day. This picture-perfect seaside village offers beautiful settings for weddings of any size, as well as accommodations for wedding parties, guests and honeymooners.

### RENTALS/LEASING:

We currently have 86 properties in our on-site rental program, ranging from 1 bedroom condominiums to 5 and 6 bedroom houses. Our luxury vacation rentals include beach homes that sleep from 6 to 20 and condos that sleep 4 to 16. Several of our rental homes have oversized wrap around porches that have views of the Gulf or overlook our fantastic lakes and pools.

You'll also find oversized walk in showers and great bunk rooms with built in bunks that will sleep all the kids. Premium design allows for open living, kitchen & dining areas with soaring ceilings and incredible interiors. We can accommodate large groups for weddings, milestone celebrations, corporate retreats and team building groups. Cinnamon Shore is the





Photography by Tim Burdick

pinnacle of accommodations, amenities and services. When you stay at one of our homes, expect luxury defined, where everything is just a phone call away. Our concierge services will provide you with whatever you need from beach chairs and umbrellas, to bicycles, fishing equipment and golf carts to get around our community. And we're just a few miles away from many local recreational sites, offering easy access to everything from world class fishing and exceptional birding, to first-rate golfing, great shopping, amazing restaurants – even an exciting nightlife, very much alive with a truly vibrant music scene!

Whether you're a group of two seeking that destination honeymoon, a family of four looking for the beach vacation of a lifetime with plenty of activities for the whole family, or a large party searching for an event location, you'll find it at Cinnamon Shore. Parts of our community are still under development.

Our busiest time frame is between Memorial Day and Labor Day – this is our “peak-season,” where we typically book up by Spring Break. During this season we require a 4 night minimum in our condominiums and a 5 night minimum in our homes. Mid-season begins in late September, and our minimum night stay is 3 nights. Off-season begins in December.

#### REAL ESTATE:

We intentionally offer home sizes and price points to fit a variety of family budgets, from 1 and 2 bedroom Town Center Residences to 3 and 4 bedroom cottage homes, and larger estate homes as well. Building a community has been our goal, and this has been accomplished as we continue to attract lovely, multi-generational families, who choose to invest with a great gathering spot at the beach!

#### RESTAURANTS:

Lisabella's Bistro & Bar , CBar Cafe at the Dune Pool , Seaside Cafe at Kiera's Pool, Lil' Cinnamon Coffee

5009 Highway 361 Port Aransas, Texas 78373  
361.210.6265

At [www.CinnamonShore.com](http://www.CinnamonShore.com)

For more information, please call 361.210.6265





# DANCE, BALLERINA, DANCE

The Children's Ballet of San Antonio Celebrates  
With Neiman Marcus

By Shannon Miller Turner Photography by Candace Schaddelee

Neiman Marcus of San Antonio set the dream-like holiday scene for the first annual Mother-Daughter Nutcracker Tea Party benefitting the new non-profit children's-only dance company, The Children's Ballet of San Antonio. At a stunning table set for 100 guests, mothers and daughters alike enjoyed tea party bites catered by the Neiman Marcus' Mariposa restaurant and served on Mackenzie Childs plates and platters.

The delight was in the details as co-hosts Daniela Serna, AnaPaula Watson and Ashley Weaver along with Neiman Marcus' Xitlalt Herrera-Salazar ensured that a fabulous time was had by all.

Ballerina buzz abounded as the girls danced from the braid bar, provided by Hot Box Salon, to the nail polish bar by emme Nail Spa. From the Neiman Marcus milk and cookies bar to the Dylan's candy shop sample bar; and from the Guerlain lip gloss bar to a portrait sitting with their mothers, the mother-daughter duos enjoyed a terrific experience with each other. The coup d'grace was given by the event's beneficiary The Children's Ballet of San Antonio, with a delightful dancers' preview that had the attendees enthralled.

The Children's Ballet of San Antonio inspires the pursuit of excellence and prepares children for productive and creative lives through dance by offering extensive training and performance opportunities for talented children from all backgrounds.



Daniela Serna, Ashley Weaver, Teri Hardin, AnaPaula Watson and Xitlalt Herrera-Salazar



Arabella Alvarado and Lisa Alvarado



Beatriz Cardenas, Lexi Cardenas and Michelle Cardenas



Charlotte Holmgreen, Alexandra Holmgreen and Kimberly Holmgreen





*Lucy Hassmann*



*Chelsea Simpson, Shelton Johnson, Juliana Flavin, Kim Johnson and Jolie Flavin*



*Ally Atwell and Camille Serot*



*Sophie Williams, Josie Williams, Tracy Williams and Olive Williams*



*Norma Hassmann, Lucy Hassmann and Susan Hassmann*



*Melanie Thomas, Kate Thomas and Lauren Thomas*



*Vanessa Bessler, Emma Hurtado and Caty Barrera*



*Sasha Azakie and Emily Aguilera*



*Lily Kelly and Christine Kelly*





*Sophie Greehey, Erin Greehey and Lily Greehey*



*Megan Gabrysch*



*Cecelia Weaver, Sophia Nelson and Isa Serna*



*Elise Cross*



*Paul Bessler and William Bessler*



*Natalia Chapa, Luz Elena Chapa and Luz Elena Chapa*



*Clayton Hixon and Ashley Hixon*



*Ali Rose Davis and Sara Davis*



# The Discerning Eye



*Large cigarette boxes make eye-catching desk accessories.*

## Eye on Style

Repurpose your heirloom silver

Sterling silver lends timeless elegance to the table, like a basic black Chanel dress or a classic Savile Row suit.

1. Have your florist create a beautiful arrangement in your silver wine cooler.
2. Fill your silver punch bowl with ice and use it to chill bottles of juice or sparkling water.
3. For a special holiday gift, fill a vintage silver dish with macarons or pralines made from your favorite recipe.

## Silver Solutions

**June Hayes, ISA AM**

Wouldn't it be fascinating to peek into all the silver closets in Texas and see what treasures await? If you'd like to know more about your silver, contact an accredited appraiser and set a "walk through" appointment for a modest fee, usually \$150 to \$300. You may be surprised by what you learn.

The appraiser will allocate the pieces into good, better, and best. Sterling silver stamped with a quality mark (.925 or "Sterling") and the maker's hallmark will have the highest value. Silver plated pieces will have the lowest metal value (or "inherent worth"), but may be desirable due to the design or provenance. Sale by auction or consignment is a good option for top-quality pieces. Items made by known craftsmen or companies will always be sought after by collectors, and rare pieces can be sold for top dollar. A skilled, qualified appraiser will guide you through this discernment process.

If you decide to keep your heirlooms, bring them out of the closet to enjoy. Do you have a whimsical wine bottle wagon or a beautiful *repoussé* cigarette box? Use the box on your desk for pencils and paper clips. Use the wagon carrier for any kind of bottles or small decorative items. Most of all, use your imagination. Silver is timeless!



*Use a wine wagon for wine, sparkling water, or African violets.*

Photography:  
Ash Bowie Photo

### Seminar: Valuing Silver

March 26th, 2-4pm  
May 7th, 2-4pm  
The Estate Sale Gallery  
RSVP required. Space is limited.  
210-280-8451 or  
june@junehayes.com



**June Hayes** is accredited by the International Society of Appraisers. She sells fine silver and other treasures at The Estate Sale Gallery at Los Patios, 2015 NE Loop 410, San Antonio.

Visit [www.junehayes.com](http://www.junehayes.com) for more information.



# SPECTATE

## SAN ANTONIO'S SHINING, LEGENDARY STAR

By Shannon Miller Turner | Photography by Greg Harrison and Dan Holman



Automobiles furnished by Late European and Elegant Antique Limousines



Brandon and Elizabeth Raney & Kim and Clyde Johnson

Luisa Casso and Sara McLornan

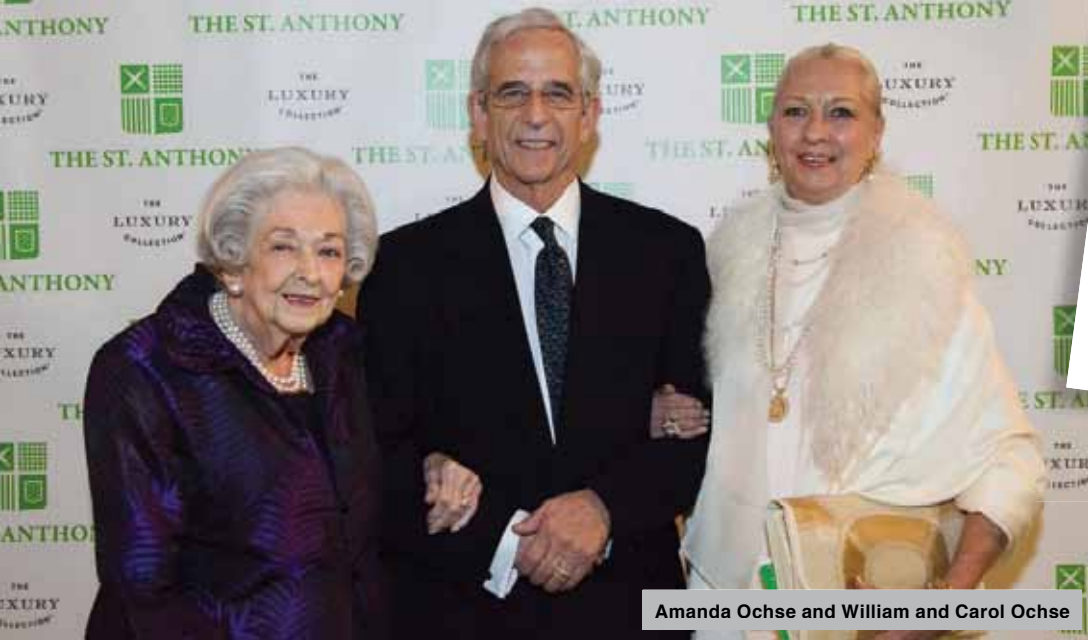
### THE SCENE:

A Texas jewel is reborn. San Antonio's iconic St. Anthony Hotel, a Luxury Collection Hotel, recently celebrated its grand re-opening with glamour, glitz and a very special shade of green; one custom-created specifically for The St. Anthony long ago by legendary interior designer, Dorothy Draper.

"The first impression a hotel has on its guest can be one of cheerfulness or gloom because color, which is so inexpensive, is what does the trick," Draper was known to say. "Not color alone, but color plus imaginative lighting and clever grouping of the furniture. You say you have an old lobby that nothing much can be done with? Oh, yes it can." That in mind, The St. Anthony is shining as brightly as it ever did as Late European and Elegant Antique Limousines gorgeous luxury cars greeted guests as they entered the hotel.

Speeches were made and toasts were cheered throughout the evening as guests marveled in the venue's elegant rejuvenation. Relying on the history of the hotel to guide its re-design, renowned design firm Forrest Perkins meticulously restored The St. Anthony to its original grandeur. The new look is timeless and historically modern with a respectful nod to the magnificent history behind the hotel known in its earlier incarnation as *The Waldorf of the Prairie*. The St. Anthony's re-design has restored the National Historic Landmark's famed glamour and opulence and has reclaimed the glory of the past for the enjoyment of the future.





Amanda Ochse and William and Carol Ochse



Debbie Gonzalez & Randy and Kay Harig



Anthony Bazzani



Karen Sinclaire and Brianna Kirk



Roland and Diana Trevino



Sherry Sanderson and Rebecca Weber

Alexa Person, Sylvia Hogue and Laurie Urbano







Janelle Kleberg, Olive Anne Kleberg and Mimi Zoch



Tammy Walden, Cheryl Greehey and Susanne Cooper



Mike and Tricia Johnson



Claire and John Alexander



Sam Kasperek and Michael Lynd



Delores and Danny Cuellar



Chris and Emilie Petty







Porpoise Point



Island Moorings



The Harbour Condos



The Sandpiper Condominium



Casitas I & II at Pamilla Beach & Golf Resort



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# DELL CHILDREN'S DREAM GALA



## SWEET DREAMS

### Dell Children's Hospital Gala's Dreamy Evening Sizzles

By Rob Giardinelli | Photography by *Indepth Photography, James Stacy Photography, Marc Swedner Photography, Arnold Wells Photography*

#### THE SCENE:

Michael and Susan Dell had a dream for a world-class medical facility in Central Texas, and twenty years later, the result was on full display at the 20th annual Dell Children's Hospital Gala at the Austin Convention Center. The DREAM Gala was the perfect theme to celebrate two decades of high level care to the children of Central Texas, and the countless lives Dell Children's Hospital has saved, helping those children to achieve dreams of their own.



Angela and Pierre Filardi



Kendra Scott & Matt Davis



Doug Manchester and Charlotte Brown



Todd and Stephanie O'Neill & Kimberly and Marcus Strenk





Carly and Clayton Christopher



Joe Warnock and Lindsay Morrison



Susan Epstein, Kristi Katz, Fallon Gordy and Krista Gregory



Blake and Jamie Chandlee & Katie Kime



Nyle and Nancy Maxwell



Chelsea and Scott Frazier



Jeff and Sylvia Thomas



Leslie Sweet, Julie Linn & Jenny and Brandon Aghamalian



Marissa Parvin and Ari Zambrano

### THE VIBE:

This dream of an evening began as guests mingled about the Convention Center foyer for a lively cocktail hour, where you could feel the aura of celebration in the air. Guests then adjourned into the venue's ballroom where guests dined on a delicious meal during a program that beautifully highlighted just how much Dell Children's Hospital has positively impacted so many lives in Central Texas. After the program and live auction concluded, the festivities continued late into the night as revelers rolled the dice at the casino vignettes and danced the night away to live music by Jimmy McNeal and the Matt Wilson Band.

### THE CAUSE:

The event, chaired by Kendra Scott and Matt Davis, raised over \$1.26 million dollars for the Dell Children's Medical Center Foundation, supporting a world-class medical center dedicated to the care of children and adolescents. It is the only dedicated freestanding pediatric facility in the region and serves a 46-county area and beyond.





# OUT OF SIGHT

"First Night" Celebration Honors New Dallas Opera Season  
By Jason Grosgrain | Photography by Kristina Bowman



Greg Haynes Johnson and Holly Reed



Tom and Laura Leppert



Tyne Daly, Joyce DiDonato and Tom Kirdahy

**THE SCENE:**  
The rain didn't dampen the spirits of the 325 guests that filled the tent at Sammons Park outside of the Winspear Opera House for First Night, a dazzling black-tie affair in celebration of The Dallas Opera's new season opening. The glittering guests mingled amongst models who wore opera-inspired designs from the First Sight Fashion Show. The anticipation of the new season could hardly be contained, for the occasion also marked the world premiere production of *Great Scott* by Jake Heggie and Terrence McNally, which provided delightful entertainment for the evening's guests.



Micki Rawlings and the Hon. Michael Rawlings



Rhonda Sargent Chambers, Allan and Lynn McBee & Rhonda and Fraser Marcus



Hon. Ruth Bader Ginsburg





Erika and Frank Winspear, Don and Ellen Winspear & Ryan Winspear and Catherine Leppert



Nicole Paiement, Brian Stauffel and Emmanuel Villaume



Berto and Alice Cortez



Robert and Virginia Dupuy and Michael Connolly



Cindy and Charlie Feld



Steve and Anee Stodghill



Delilah and Sam Boyd



Don and Carol Glendenning



Dr. Kern and Marnie Wildenthal & Kristina Lechowski and Gene Scheer



Keith and Jennifer Cerny

Independence Hall, Craig Hall and Ambassador Kathryn Walt Hall

**THE VIBE:**

The dinner kicked-off with a hilarious video, written by Ellen Winspear. The Honorable Mayor Michael S. Rawlings, Steve Stodghill, and Mark LaRoe played starring comical roles in an opening skit. Then, Ellen and Don Winspear crashed opera superstar Joyce DiDonato's dressing room so Ellen could try on gowns and channel her inner diva. The video ended with a warm thank you from all the Chairs for the support of sponsors and patrons. After dinner, guests flowed in to the Winspear Opera House for the world premiere of Great Scott starring Joyce DiDonato, a tremendous success. Following the opera, the exhilarating events continued with the after party with the cast, composer Jake Heggie, and librettist Terrence McNally. Party-goers danced to DJ Lucy Wrubel's groovin' selections and dined on themed bites throughout the evening.

**THE CAUSE:**

First Night, which celebrates the eagerly anticipated new season, was chaired by Ellen and Don Winspear with Honorary Chairs Mrs. Micki Rawlings and The Honorable Michael S. Rawlings, Dinner chairs Anne and Steve Stodghill, and presenting sponsor Deutsche Asset & Wealth Management. Attendees agreed the evening was a solid win for The Dallas Opera, which provides Dallas with outstanding operatic programming season after season.



Curt Branom, Mary McDermott Cook and Margaret McDermott



**ENTRANCE: HOUSTON**



2016 Age of Aquarius



2016 Women of Distinction

# OUT OF THIS WORLD

29th Annual Age of Aquarius Winter Ball For Crohn's & Colitis Foundation Dazzles

By *Jennifer Roosth* | Photography by *Kim Coffman, Priscilla Dickson*

## THE SCENE:

Over 600 supporters of The Crohn's & Colitis Foundation of America-South Texas Chapter (CCFA) turned out for Crohn & Colitis Foundations Winter Ball. The 2016 Women of Distinction honorees celebrated for their volunteerism and community service were Gina Bhatia, Estela Cockrell, Gina Gaston Elie, Lisa Holt-house, Mady Kades, DeeDee Marsh, Paula Mendoza, Jo Ann Petersen, Barbara Van Postman, and Lynn Walsh, while Phoebe Tudor has been named the 2016 Ambassador for the organization. High school senior Bradlee Few was recognized as the Rising Star, while Allie Doyle was named the Honored Hero of the night and shared her story as a patient.



Bruce Padilla, Don and Patti Murphy, Shelby Kibodeaux



Denise Monteleone and Elizabeth Stein



Jana Arnoldy and Susan Hansen

Charles Ward and Carolyn Farb



Barbara Van Postman





Margaret Alkek Williams and Jim Daniel



Lisa Holthouse



Estella Cockrell

### THE VIBE:

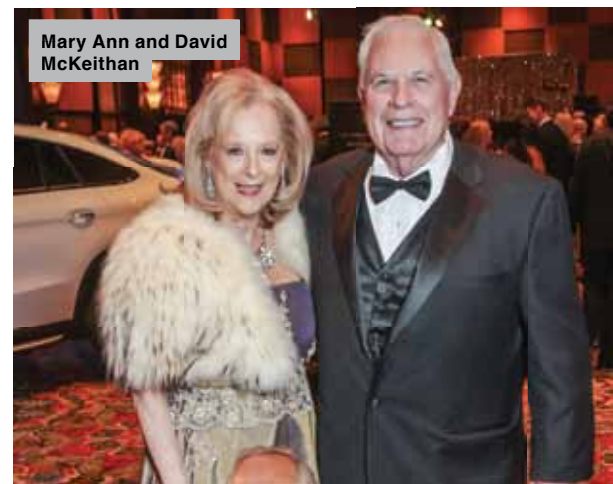
The *Age of Aquarius* theme made for an incredible journey for the evening from start to finish. Mermaids, mermen, pink and aqua floating orbs and a starlit background by Linda McIngvale and the team at A Memorable Event gave the event a fabulous vibe. After the honorees' presentation, the live auction including tickets to ABC's "Dancing with the Stars," jewels from Franco Valobra and Valobra Master Jewelers, as well as Tenenbaum & Co. Jewelry, and a 2016 Mercedes-Benz GLE450 AMG Coupe donated by Mercedes-Benz Dealers of Greater Houston. A silent auction, big board auction and wine pull served as entertainment for the guests, as well as closing out the night, the popular band Passport played to attendees listening and dancing pleasure.



David and Estella Cockrell and Gina and Devinder Bhatia



Joann Crassas and Martha Turner



Mary Ann and David McKeithan



Jim and Jo Furr



Millette and Haag Sherman



Phoebe and Bobby Tudor





Cindi and Franklin Rose



Bob and Gracie Cavnar



Andrew Bruhl, Cora Sue and Harry Mach and Michael Wert



Kelli and Martin Fein



Leisa Holland Nelson and Suzan Deison



Ernie and Stephanie Cockrell



Beth Wolff and Sofia Androgué



Mary Ann and Steve Yamin

### THE CAUSE:

The 2016 Winter Ball was chaired by Jana Arnoldy and Susan Arnoldy Hansen and raised over \$800,000 for The Crohn's & Colitis Foundation of America (CCFA), with 83 cents of every \$1 donated going directly toward research and patient and professional services. CCFA helps to improve the lives of Crohn's and ulcerative colitis patients and supports the medical community here in Houston. ABC-13 News Anchors Tom Koch and Melanie Lawson served as Emcees. This ABC-13 event was presented by Mercedes-Benz Dealers of Greater Houston.



Brad and Joanna Marks





## Texas Family Law Attorneys

**A**t Ikard Wynne, our attorneys believe there is a way to handle a family law case by taking the high road, keeping civility and respect at the forefront. We understand that divorce is a personal and emotional process, unique to each client. Families need to be restructured but they should never be destroyed. Through sophisticated negotiation or courtroom expertise our approach minimizes collateral damage, creating opportunity for success and happiness going forward. At Ikard Wynne, our attorneys have a depth of knowledge, experience and expertise that allows us to protect our clients' long-term interests, both in and outside the courtroom.

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**Ikard Wynne** LLP



# ENTRANCE: SAN ANTONIO



Stilt Walkers



Rob Cavender, CC Cavender, Stephanie Cavender, Abby Cavender and Bobby Cavender



# LIGHT BRIGHT

## The Cavender Twins Debutante Party Shines Light On Season

By Shannon Miller Turner | Photography by Susan Riley

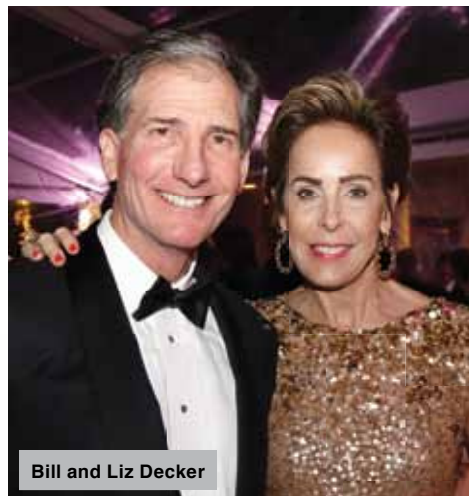
### THE SCENE:

San Antonio's historic Argyle provided the most splendid setting for a debutante's dream of a magical soirée honoring CC and Abby Cavender, hosted by their parents Bobby and Stephanie Cavender. An all-white entrance tent served to create a winter wonderland feel, as it was divinely lined with flocked holiday trees and featured sparkling flutes of champagne suspended from the ceiling by long, white ribbons.

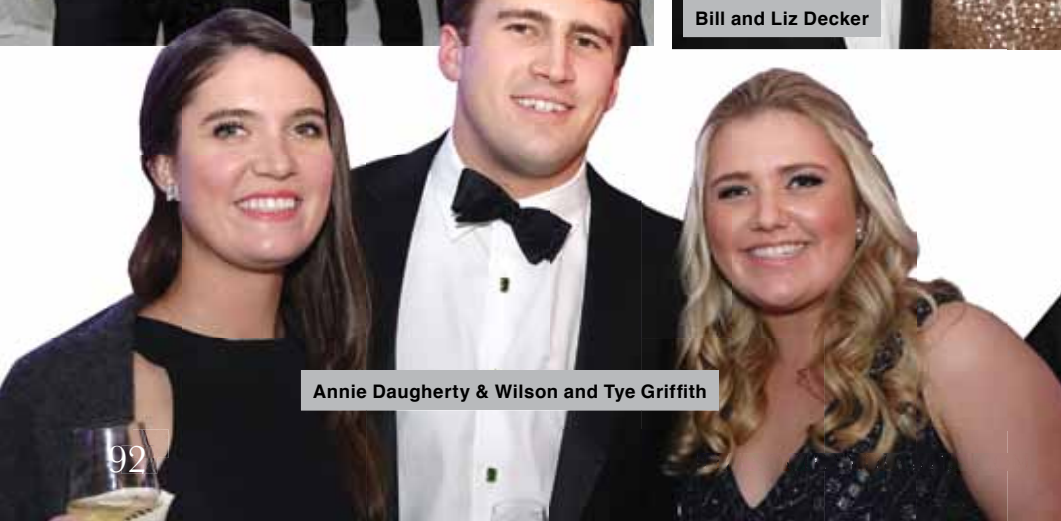
Stilt-walking servers bedecked in all-white ensembles cut the individual ribbons and presented each party goer with a glass of bubbly to celebrate the beginning of a most spectacular evening. As guests proceeded to the main tent, they found themselves surrounded by yet one more monochromatic setting --- all white though this one warmly illuminated by hundreds of candles, as envisioned by lead event planner Sara Fay Egan of Dallas party planners Jackson-Durham Events.



Clint and Jessica Worth, Rod Lewis & John and Ruth Agather



Bill and Liz Decker



Annie Daugherty & Wilson and Tye Griffith



Berry Williamson, Emma Lothrup and Julianna Newman





Chase Stockton, Maitlyn Terry, Gayle and Sam Youngblood & William Bonner



Mauricio and Denise Carranza



Joe Straus, Belinda Nixon and Julie Straus



Alice and Eric Foults



Rob Cavender and Bobby Cavender



### THE VIBE:

A majestic transformation took place as the night progressed and red became the color of the evening. The band Party on the Moon provided an incredible ambience as all the lighting turned to red and all servers changed into red hats and ties and passed out all-red flair for the latter part of the night. What did that transition entail? A second line parade, of course. With umbrellas and napkins in hand, guests made their way to the “Cav O”Brien’s” after party styled as a dueling piano bar upstairs at the Argyle for an evening that no one wanted to end.



Lowry Mays, Kathy Johnson and Peggy Mays



Phillip and Lisa Carrington & Jessica and Joe Bakke



Dunn and Lindsay Armstong, George Hinchey & Callie and JB Musselman





Reed Brunette, James Uhl and Adam McCauley



Beth Ewing and Charlie Ewing



Southy Cavender, Allyson Cavender, Betty Cavender, Elizabeth Porter, Blake Cavender and Stuart Cavender

### THE CAUSE:

Formed in 1880, the San Antonio German Club has presented its debutantes during San Antonio's social season for the past 136 years.



John and Diane De La Cruz



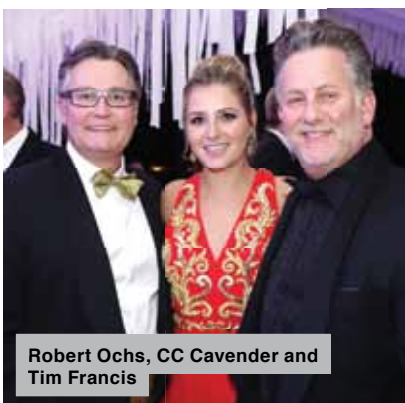
Serena Ginsburg, Perry Ginsburg & Nancy and Bob Ginsburg



Karl and Lisa Swann



Weisie Steen, Stuart Armstrong and Lyn Selig



Robert Ochs, CC Cavender and Tim Francis



Steve and Catherine Carrigan, Will Temple & Meg Carrigan



Rossana and Harry Leeper



Ed and Lisa Kopplow & Nancy and Edward Steves



Paige Anderson, Kathy and Scott Senese and Gina Senese

Leigh Fisher, Georgie Ferrell & Erin and Brandon Clementson



# GO AHEAD, OUT-LIVE YOURSELF

Funds Raised For Organ Donation by  
Taylor's Gift Foundation

By *Jonathan Spindel* | Photography by *Jerry McClure*

ENTRANCE: DALLAS



## THE SCENE:

On an evening last November, some of Dallas' most compassionate Sociables gathered in Trinity Groves to celebrate the Taylor's Gift Foundation, a nonprofit dedicated to improving the process of organ donation. This event marked the inaugural Outlive Yourself Award to recognize individuals who make an impact in their community and the lives of others.

## THE VIBE:

The crowd included a dynamic mix of local notables and celebs, including Jeff Probst, Taylor's Gift spokesman and host of the CBS reality TV show *Survivor*, who served as the event master of ceremonies. After gregarious mingling and a delightful dinner, the Outlive Yourself Award recipients were announced. Karen Cuskey, co-owner of Dallas-based The Barber Shop Marketing, was recognized for her talent of making a difference through her network and skills in media and promotions. O.H. "Bud" Frazier, M.D. was recognized for his work and research in the medical field, which has revolutionized organ donation and organ transplantation. Karen Cuskey and Dr. Frazier were honored with a heartwarming program that included a touching moment when all the guests raised tea lights, to symbolize those whose lives are touched by organ donation.

## THE CAUSE:

The event, sponsored by Legacy ER & Urgent Care, was chaired by Kate Dorff, with Jeff Probst as honorary chair. The event raised almost \$200,000 for the Taylor's Gift Foundation, which will go toward life-saving effort of increasing organ donor registrations and to financially assist families touched by organ donation.



Ryan Storch, Todd Storch, Peyton Storch and Tara Storch



Shannon Hamilton, Karen Cuskey, Tony Bridwell and Jeanan Birdwell



Karen Borta and Wendy Lambert



Kate and John Dorff



David Apple



Tara Storch, Jeff Probst and Dina Schulz



Emily and Greg Allbright



Jeff Probst and Cynthia Smoot



ENTRANCE: AUSTIN



Multi-platinum artist Jewel performs



Alexis Hall, Shannon Moody, Brittany Johansen and Lauren Portley

# JEWEL OF AN EVENING

## Musician Jewel Performs To Celebrate Settlement Home's 100th Anniversary

By Rob Giardinelli | Photography by The Settlement Home

### THE SCENE:

The Long Center in Austin was the setting celebrating a major milestone in Austin philanthropy – the 100th anniversary of The Settlement Home for Children. Hundreds of The Settlement Home's major donors, volunteers, and board members past and present were on hand to honor this incredible evening. To put this monumental feat into context, when The Settlement Home was founded in 1916, the US had not entered World War I, Woodrow Wilson was president, and the population of Texas' Capital city was a mere 33,000 residents.



Gayle and Jim Brown & Sara and Dick Rathgeber



Julia and Ross Rathgeber



Carol and Tim Crowley

Vystnavi Karri, Savannah Kumar, Danielle Smith, Jewel, Norine Enrione and Amy Enrione





Mayor Steve Adler, Sheri Gallo and Betsy Giles



Dick and Ann Morrison



Rita Kreisle and Ann McIver



Amy Butler, Leslie Timmerman and Tracey Wehmeyer



Michelle Adams, Jewel and Rev. Michael Adams



Brad Robb, Quiniesha Warren and the Warren family



Susan Parker & Dick and Gail Williams



Kay and Bill Smith, Lolla Page & Nancy Nash Harper



Jane and Don Hammond



Paula Chaney and KaLyn Laney



Mark and Caryn Gulas



Shannon De Leon, Valentina Pollard, Nichole Medina and Lauren Aseron

### THE VIBE:

The feeling of family and accomplishment was on full display as guests warmly greeted each other en route to a delicious dinner held in the venue's Kodosky Lounge. The festivities then moved to the auditorium where the program featured moving video showing just how much The Settlement Home benefits so many in Austin, Then, Mayor Steve Adler formally declared it Settlement Home Day in Austin to honor the 100th Anniversary. To perfectly honor the jewel anniversary to this great Austin institution, multi-platinum artist Jewel gave a heart-warmingly authentic performance, revealing her own struggles as a homeless child, making her the perfect person to convey the mission of The Settlement Home.

### THE CAUSE:

Proceeds raised from the event benefitted The Settlement Home for Children, which is an organization that provides children, young adults and families who are victims of abuse, neglect and severe emotional trauma with continuing care support, care and resources.





Janell and Tio Kleberg

# MEANWHILE, BACK AT THE RANCH

## South Texas Charity Weekend Hosts 23rd Successful Event

By Dr. Fred Bryant | Photography by Marie Langmore

### THE SCENE:

Once called the *Desierto de los Muertos* (*Desert of the Dead*) by the early European settlers and travelers, the heart of the brush country hosted the very lively 23rd annual South Texas Charity Weekend. By all accounts, the event proved the early settlers wrong. In fact, guests who attended enjoyed all the festivities seemed very much vital and vivacious the entire weekend.



Painting of Cornelius Dupré by Mark Kohler



Barbie and Bruce Ross



Mac and Carla Northington



Jay Kleberg, Adrian Kleberg Sabom and Chris Kleberg



James Terrell and Miryam Arosemena



Erin and Preston Hall and Ollabelle and Gary Hall





Martha and Harry Perrin



Lajuan Inglove and Otto



Cara and Russ Porter



Celia and Cornelius Dupré, Angele Dupré Butchart and Houston Dupré

### THE VIBE:

Gorgeous weather provided an enjoyable outdoor experience for all. The activities included nature tours, shooting experiences, artist's markets, and brunch on the King Ranch, as well as an exclusive Saturday evening banquet and auction at the spectacular Tio and Janell Kleberg Wildlife Research Park. Guests came from across Texas and as far away as Denver, and were hosted for two nights at nearby ranches, which is a special treat for an experienced cowhand or a city dweller.



Wilson and Martha Franklin



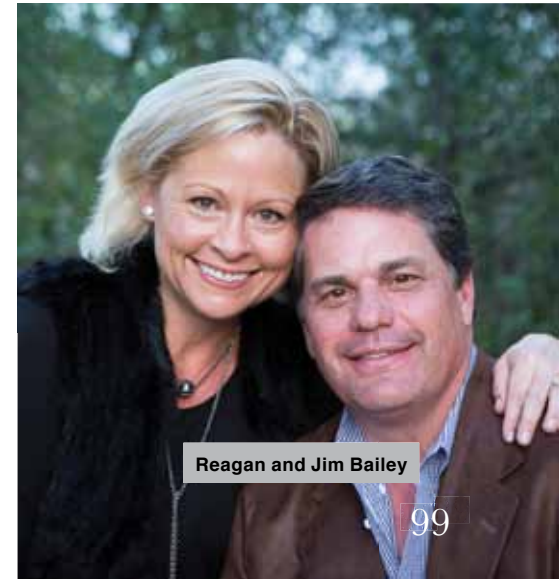
Tres Kleberg and Clint Orms



Red Steagall



Gentry and Kathryn Beech



Reagan and Jim Bailey



## THE CAUSE:

The fields of health care, ranching heritage, and wildlife conservation benefited from the generous donors who offered their time and resources for these endeavors. The charities include Christus Spohn Hospital Kleberg, HALO Flight, the King Ranch Institute for Ranch Management, and the Caesar Kleberg Wildlife Research Institute.

## THE HONOREE:

Cajun by birth, but with a deep love of Scotland, South Texas Charity Weekend honoree Cornelius Dupré enjoyed the title of 2016 South Texan of the Year. Along with the presentation of his *Texas Birth Certificate* painting at the Saturday evening banquet, two Scottish bagpipers made their grand entry, followed by an eloquent introduction by Cornelius' dear friend, Scott Cone of Houston.

Named for his grandfather who came to Opelousas, Louisiana on the "Orphan Train" from the New York Foundling Hospital at the age of three, Dupré grew up in the Southeast Louisiana countryside where his love of the outdoors developed. A camp on Bayou Courtableau provided a wonderful opportunity for the young boy, who spent plenty of time around a campfire listening to stories about Louisiana politics. After obtaining his B.S., JD, and MBA, he returned to practice law in Eunice, Louisiana. On a duck hunting trip, his friends talked him into starting his own business in the oil and gas industry. He borrowed \$5,000 from his father, and off he went. Seventeen years later, his international business was merged into what is today NOV.

After years of hunting four legged animals across North America, he "graduated" to bird hunting in South Texas through the guidance of Henry Hamman of Houston. He and his lovely wife of 26 years, Celia, a trained opera singer, share many passions including their Scottish-style home in Colorado appropriately named Invercauld. Cornelius' passion for the outdoors is something he has also shared over his lifetime with his two children, Angele and Houston. Celia and Cornelius have given to numerous charities over the years. A few of their favorite charities include the Boy Scouts of America, Spindletop Charities, a wildlife conservancy in Tanzania, and they have been terrific supporters of South Texas Charity Weekend for more than a decade.



Janell Kleberg, Celia and Cornelius Dupré and Tio Kleberg



King Kleberg, Chris Kleberg, Rob Sabom, Jay Kleberg, Chrissy Kleberg and Justin Yarborough



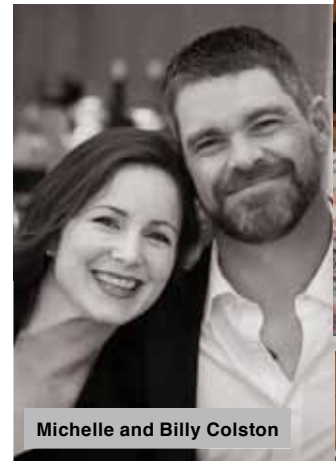
Patty Harris and Mark Kelley



Scott and Dru Cone



Teri and Tom Gimple



Michelle and Billy Colston



David Carmony and Codi Fountain



Victoria and Parker Johnson





River Oaks Country Club ballroom, RFS



Pam Gier and Hon. Annise Parker. AIDS Fnds, Hous.

# MAKING A DIFFERENCE

## Houston Gives Back With Its Stellar Luncheons

By *Jennifer Roosth* | Photography by *Kim Coffman, Fulton Davenport, Bea Jimenez, Mauro Luna, and Roswitha Vogler*

### THE SCENE:

Houston's heavy hitters have turned out for a season of highly polished events to benefit some of Houston's favorite causes. A-list crowds gathered at various fundraising events to address timely issues and concerns, including childhood obesity, substance abuse, and various medical and health issues.



Mimi Del Grande, Bob Cavnar & Alicia Smith, RFS



Gracie Cavner, Lance Gilliam, Robert Del Grande and the 2015 Honorees, RFS



Carmina Zamorano and David Peck, Pin Oak



Arvia Few and Kristen Berger, RFS



Sue and Lester Smith, PDAP





Ginger Baldwin, Bill Baldwin and Kelly Young AIDS Fudn, Hous.



Adrian Goodisman and Dr. Danielle Lutz, PDAP



Morgan Garuy and Christina Hanson, RFS



Joanna Woodcock and Katherine Woodcock, Pin Oak



Connie Zubizarreta, Haras Cup



Greggory Burk and Jennifer Colter, Pin Oak



Rania Mankarious, Tena Faust and Tama Lundquist, PDAP



Petra Martinez and Gene Reeves, Haras Cup



Alicia Smith and Michael Carroll, PDAP

**THE VIBE:**  
Houston loves to give back, and the overwhelming attendance at this year's charity luncheons demonstrated their support and encouragement of causes close to their hearts. Supporting local, as well as national and international causes, they gave not only funds but also their time and attention. Some events marked their inaugural year (PDAP), while other annual and recurring events celebrated their ongoing success, which included some landmark anniversaries. Bravo, Houston.



Donae Cangelosi Chramosta, Erika Bagwell, and Karina Barbieri, PDAP



Ashley Brand and Patricia Reed, Pin Oak



Kimberly Miller and Carolyn Tanner, RFS



## THE CAUSE:

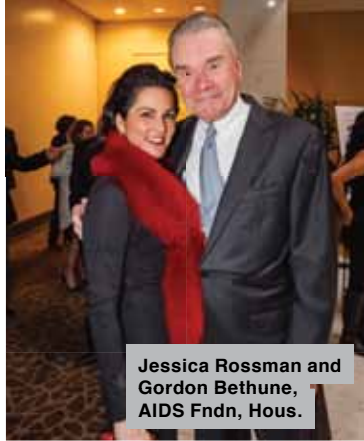
Palmer Drug Abuse Program had their inaugural luncheon, chaired by Deborah Duncan, Alicia Smith and Ali Saberioon and honorary chairs Harris County District Attorney Devon Anderson and Judge Denise Bradley. The luncheon raised \$115,000 to contribute to PDAP's mission, "to be the most effective prevention and recovery program helping young people and families avoid or recover from the devastating effects of drug and alcohol abuse." Keynote speaker was author and philanthropist Lester Smith.

AIDS Foundation Houston's event, chaired by Ernie Manouse and Bill Baldwin, hosted Houston's annual World AIDS Day Luncheon featuring actress and AIDS Activist Pam Grier, had the goal of "getting to zero" — zero new infections, zero AIDS related deaths and zero stigma. AIDS Foundation Houston awarded the Shelby Hodge Vision Award to the Houston Bar Association AIDS Outreach Committee.

Recipe for Success Foundation and founders Gracie and Bob Cavnar celebrated the organization's 10th year of leading the way in combatting childhood obesity by changing the way children understand, appreciate and eat their food and by helping the community provide healthier diets for kids. As the largest outreach of its kind in the nation, RFS reached 4,000 children every month with Seed-to-Plate education. The Annual "Blue Plate Special Café Harvest Market & Awards Luncheon" was chaired by Kirsten and John Berger and Arvia and Jason Few. The event honored founding board members Amy Anton, Glen & Honi Boudreaux, Phyllis Childress and Kim Tutcher, along with early advisor, Peg Lee, and this year's Blue Plate Chef of the Year award winner Chef Robert Del Grande, and Mayor's Award and Champion of Food Justice recipient Lance Gilliam.

The Pin Oak Charity Horse Show's PIN OAK "What to Wear to that Equestrian Affaire Luncheon and Fashion Presentation," chaired by Alexis Caruselle and Hector Villarreal featuring David Peck and LUCHO designs, raised \$42,000 for the 71st year of the Pin Oak Charity Horse Show which benefit Texas Children's Hospital, CandleLighters, and The Ronald McDonald House.

The Haras Cup Hat Derby Luncheon at Haras Hacienda featured three days of national and international riders with six levels of competition in the spectacular new, entirely enclosed Haras Hacienda arena. The events attracted 4,500 people raising \$200,000 to benefit Kids' Meals. Carmina Zamorano and her husband Rafael Chavez organized and chaired the weekend's festivities.



Jessica Rossman and Gordon Bethune, AIDS Fndn, Hous.



Deborah Duncan and Lester Smith, PDAP



Michael Kemper and Ernie Manouse, AIDS Fndn, Hous.



Judy Nichols at Haras Cup



Jennifer Roosth and Claudia Sierra, PDAP



Jackie Medina and Jan Carson, PDAP



Mari Trevino and Ileana Trevino, RFS



Kelley Lubanko and Kim Tutcher, RFS



Jenee Stefanakis and Anne Carl, PDAP



Suzanne Holley and Haley Green, Pin Oak

Juan Pablo Galavis and Carmina Gonzales, Haras Cup









# C'EST SI BON

It is so good. It is so *very*, very good.. everywhere you look as **HIGH FASHION SURROUNDS YOU**. From Paris to your home, it's always a good idea to be **ENSCONCED IN COUTURE**, right? Here, **CELEBRITY PHOTOGRAPHER CATHLEEN NAUNDORF** shares her **EXQUISITE POINT OF VIEW** in an exclusive look at her upcoming retrospective gallery show that seems to float on air

"L'arche de Noé XXXIII"  
by Cathleen Naundorf, Elie Saab, HC  
Summer 2014, Photo Studio Deux Choses  
Lune, Paris, 15.04.2014





This page:  
"Secret times" (Grand palais I) » Chanel -  
HC Summer 2010 - n° 48 & 49 Grand Palais,  
Paris Color - print from original polaroid  
- 03.05.2010 Anastasia Shershen - City &  
Maria Kashleva - Nathalie Model Agency

Opposite page:  
"My little darling" by Cathleen Naundorf  
- Dior - HC winter 2006 - no. 30 - Hôtel  
Plaza Athénée, Paris - 18.02.2009 - Julia  
Oleynick\_Nathalie Model Agency









This page:  
"L'arche de Noé XVIII"  
by Cathleen Naundorf - Dior - Haute Couture  
Summer 2012 Photo studio Bastille, Paris  
20.03.2012









This page:  
"La parisienne III" - Dior - HC winter  
2009 - no. 10 - The studio of the artist  
- rue Manin, Paris - Gelatin silver print -  
22.02.2010 - Julia Oleynick / Nathalie  
Model Agency

Opposite page:  
"Grand Palais III" by Cathleen Naundorf  
- Chanel - HC summer 2010 - n° 49  
Grand Palais, Paris - 03.05.2010 Maria  
Kashleva / Nathalie Model Agency













"L'arche de XXXV by Cathleen Naundorf,  
(35) Arch 2.3 Elie Saab HC Winter 2014/15  
Model SinaraWM Agency Photo studio  
Deux chose, Lune, Paris 27.11.2014





This page:  
"My paradisebird I"  
- Chanel - HC winter 2006 - no. 53 - Theatre  
du Trianon, Paris - Gelatin silver print -  
09.07.2008 - Celia/Angel



# PAINTING WITH LIGHT

**Cathleen Naundorf is a thinking person's photographer and as our photography pursuer Lance Avery Morgan learns, she creates images that become indelibly etched into the fashionable consciousness**

Your work has been exhibited around the world...tell me about your latest accomplishment of showing at the Edwynn Houk Gallery in New York and what that means to you.

My work was shown long ago in the USA, but this marks my first solo exhibition in New York. After all those years of exhibiting around the world, it feels wonderful to finally be here. It's not just about the location - to be on 5th avenue with the Edwynn Houk gallery in Manhattan, it's also about finding your place in New York, a city which does not always welcome new artists easily. It's a kind of recognition. Then, there is this personal aspect. I love NY. It's an honest city. It's dirty, noisy, and tough, but it never pretends to be something else. I like that. Edwynn Houk has taken me under his wing, and presented my work in big shows in NY and Zurich, Switzerland. He is representing my work in the USA from now on. In the NY exhibition, you can see a lot of my color work in several series I photographed over the course of a number of years.

Poloraids are often considered a lost art – what attracted you to them to incorporate it into your photographic art?

I use 4 x 5 inches Polaroid and Fuji Film and 8 x 10 inches Polaroid film – both are professional film for photographers and I shoot on film and instant film in large format with large format cameras. But why I have chosen it? Because it often resembles paintings, and captures the light in a very unique way. I photograph my commercial and my private projects mostly with large format. The posing needs time, which is a process I like in this hectic world in which we live.

What has been your greatest triumph in photographing in an environment that had always been a dream of yours to shoot?

The Grand Palais in Paris is an amazing location. When the office called me to tell me, "Cathleen, it's free. Do you want to use it?" I knew, they must really love me. I have done several photo shoots there, but every time I arrive, that place has a wow effect... you arrive with your camera truck and suddenly the door of the Grand Palais opens, and it's empty... just for you! Completely empty. Like I said, wow!

You've traveled with the Dalai Lama, photographing him on your journey. How is shooting fashion a similar experience for you?

I fell if you are a bit interested in life, go out and see what's going on around the globe. To meet, and later to travel with, the Dalai Lama changes you and you start thinking about life. I did it when I was 21. I got this chance that was powerful and rich. Since this time, I started working for Tibet, for Amnesty International, and the WWE. My first professional travel was to Mongolia and the Dalai Lama wrote me an official letter protecting me, which opened the doors to the Buddhist temples in Mongolia. It was very touching. I still have it framed at home.

Your work has been influenced by 20th century fashion photographer legend Horst P. Horst – how did he inspire you?

I was not interested in fashion at all. When I saw for the first time the photographs of Horst, I was blown away. That was not fashion photography, there was this blurring of settings like in paintings or film, and then that dramatic lighting. It was real photography. Painting with light is what the word photography means. I would say that he encouraged me to try it.



In 1997 you started photographing backstage Paris fashion shows for Condé Nast. How did that lead to choosing gowns from the couturiers' archives (Chanel, Dior, Gaultier, Valentino, Saab, Lacroix) for your elaborate and cinematic productions that would follow?

Backstage is tough because you have to take pictures, but nobody wants you there. Everybody runs around, stressed, because every minute counts to make sure the models are in the dresses and ready. I did that job for a long time and I met designers, make up artists, models, and I saw how things worked. I got a great feeling about the collections after a while. It's always great to be there. I still go to all the shows, but now I get to sit and enjoy the défilés.

When you personally select gowns to photograph, what qualities in the clothing do you most seek?

I shoot Haute Couture and high luxury Pret-à-porter. You can see these, for example, in the projects I did Harper's Bazaar UK. I like dresses. They tell us something, which is important to me.

Go back in time and tell us the four fashionable people from the past you'd love to dine at your perfect dinner party tonight.

I think it would be absolutely fun to have Diana Vreeland, Karl Lagerfeld, Valentino and Marilyn Monroe at the table.

What's the next fashion photography mountain you want to climb in your career?

There is already a very big one... starting shooting very soon. I'm so excited about it. You will see... 





Andre Courrèges, 1960s



Alice & Olivia, 2016



Givenchy, 1950s worn by Audrey Hepburn



Prada, 2106

# Urbane

Fashion this season is a déjà vu. Rewinding and fast-forwarding at once, spring is a cavalcade of the greatest hits from every decade. Join us as *our resident sartorialist Megan Kyle Bennett* celebrates some of fashion's earliest rule breakers and their enduring designs that influence this season's runway





Naeem Khan,  
2016  
©WWW.STYLE



Pucci dress,  
1960s



Biba,  
1970



Gucci,  
2016

# Renewal

Time and time again, we hear people say, “It’s a classic,” a term that has evolved over the years. In my teens, that word made me cringe... the word “classic” was synonymous with boring and old, or repetitive.

## CLASSIC IS AS CLASSIC DOES

A few years later, I indulged in vintage magazines and early Hollywood movies. It was then that I exposed myself to iconic fashion moments, like a silk, bias cut gown that was introduced to the world by screen sirens like Jean Harlow in the 1930s, and of course black Capri pants with

black flats bring Audrey Hepburn in the early 1950s. But even if attire is associated with trends of an era long past, some of it is just too good to confine to the parameters of their respective decades.

Today’s best fashion houses are raiding history’s vaults for their collections this spring, keeping in mind the old Picasso adage: “Good artists copy; great artists steal.” Modern designers draw influence from fashion’s forebears, but with a fresh spin of unexpected twists, resulting in the best key pieces for this season. Designers have brought the past to the present, so there’s no need to reminisce... the best of fashion is back in a





John-Galliano, 1999  
worn by Cate Blanchett



Saint Laurent,  
2016



Balenciaga,  
1950s



Celine,  
2016

big way. Among the array of trends in the spring forecast, the 1970s Luxe look makes a big impression. Think Jerry Hall and Bianca Jagger. Lots of high shine fabrics, sheer, underwear (or swimwear) as outerwear, ruffles, romantic, fringe, etc. Then the 1960s come to play with that era's staples of stripes, florals, and whites. These vintage looks make for fresh and unique ready-to-wear pieces.

### DARLING, WE HARDLY SEE YOU THESE DAYS

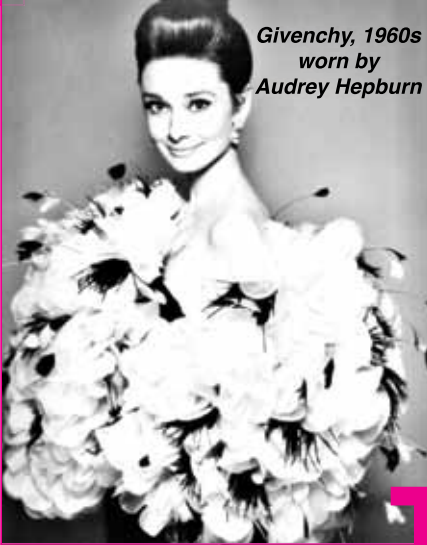
It's not uncommon to see the source of a designer's inspiration while viewing their latest collection. Sometimes just a subtle reference pops up, but other seasons a dozen or more fashion creatives pay homage to the same designer. While viewing spring 2016, the latter was apparent. Over the past year the fashion world said farewell to two iconic designers, André Courrèges and Arnold Scassi, yet their legacies live on this very minute with the futuristic and lush runway trends.

On January 7th the world lost the innovative designer André Courrèges. His fashion moniker, simply known as **Courrèges** is hard to pronounce, yet his designs are easily recognizable. Just look for Twiggy in a minimal space-age mini skirt with mid-calf silver boots and you who will know to whom I am

referring. His design work was part of the Mod and minimalist movement in the mid-to-late 1960s. He took it a step further, by adding a space age element. By mixing silver fabrics with high shine vinyl, Courrèges created clean, angular silhouettes that were minimal but visually arresting. Ironically this look is associated with the past, because his intent was looking far into the future. He never stopped designing and his classic signature pieces are still sold all over the world. **Miuccia Prada** looked to Courrèges' early work as inspiration for her spring 2016 collection as she embraced two big trends of the season: high shine and bold color. Like Courrèges, Prada uses clean lines and metallic elements on simple boxy shapes. The incorporation of Prada's signature quirky accessories and kitschy prints gave the collection the fresh take that only Prada could create. Meanwhile, designers such as **Esteban Cortazar**, **Isabel Marant** and **Rochas** gave a nod to André Courrèges by infusing their collections with modern metals and high gloss fabrics. Whether an intentional homage or just coincidence, it is fitting that his legacy has left its mark all over this spring's fashions.

Legendary designer **Arnold Scassi** had a zest for life and a huge influence on American and European fashion that evolved through the decades. Most

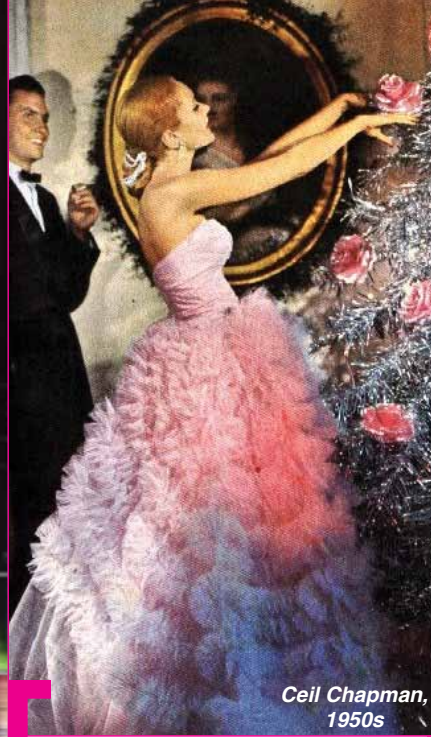




Givenchy, 1960s  
worn by  
Audrey Hepburn



Balmain,  
2016



Ceil Chapman,  
1950s



Carolina Herrera,  
2016



Vika Gazinskaya,  
2016



Jaques Heim, 1950s  
worn by Marilyn Monroe



Marchese,  
2016 sketch



Pauline Trigère,  
1960s

notably, his luxurious textiles, punchy prints and over-the-top silhouettes were definitive of the fashion forecast of the 70s and 80s. A variety of designers this spring, each with their own signature style, show traces of Scassi's mastery this spring. Polar opposite dynamos, **Ralph Lauren** and **Marc Jacobs** have Scassi running through them, but reincarnated in very different ways. Stacy Bendet of the contemporary fashion powerhouse **Alice & Olivia** presented a glam 70s gal for spring. The collection included day to night glamour using bold stripes, silk fabrics, and lavish details, in addition to evening trousers that also paid tribute to the late designer. The celebrated Scassi will not be forgotten, and his heady, high glamour designs he leaves behind shall remain classic, always ripe for a fresh look.

At **Naeem Khan**, a portion of the spring collection showcased bright sequined striped jumpsuits for evening, reminiscent of Arnold Scassi. Khan and **Dolce & Gabbana** brought the Jet Set chic of early 1960s Capri to the catwalk with bright colors, head scarves, statement jewelry and Italian, folkloric embroidery. Both collections cleverly included day to night looks that will be forever timeless. The seaside glamour and paragon prints of Italian designer **Emilio Pucci** were evident in Khan's collection and though he didn't use prints, the patterns

of ornate embroidery echoed the lines of a classic Pucci scarf. Additionally, Dolce & Gabbana celebrated bright prints and stripes while taking embroidery to a whole other level. The fashion house never runs short on sex appeal, or their signature element of lingerie. Their signature sheer looks, alongside the underwear as outerwear trend, trotted down the catwalks while other designers followed suit.

The new **Gucci**, designed under the creative direction of Alessandro Michele, best exemplified the strong presence of the 1970s revival. The buzz that the spring 2016 show created reminds me of the excitement that Texas native **Tom Ford** generated for Gucci when he was new to the brand in 1994. This collection is bohemian, eccentric, luxurious, and glamorous much like the revolutionary British label **Biba** was in the 1960s and 70s. Biba's wild op-art and psychedelic patterns, paired with sheer florals and art deco prints were groundbreaking to the world of fashion. A form of mania ensued, and spread from London to around the globe. The vintage-infused, free spirited attitude of Gucci's current collection is wonderfully appealing and offers a mix and match spontaneity and accessible opulence, much like Biba in its prime.





## AH, PARIS IN SPRINGTIME

The delectably irreverent **Hedi Slimane** took **Yves Saint Laurent** (now **Saint Laurent**) for a spin in the 1990s, borrowing some of the genius glitz of **Gianni Versace**; and revisiting wild child **John Galliano's** rock and roll couture made for the house of Dior. The power fashion houses of **Dior**, **Givenchy**, and **Balenciaga** are just as strong as they were more than half a century ago. It is the designs of the couturiers' early years (circa 1950s) that inspired designers for this spring. The runways exemplified some key directives of these iconic, Parisian designers with cinched waists, crisp fabrics, ornate tailoring, couture textiles, and sculptural sleeves as major themes in ready-to-wear. Promising new talents like **Area** and **Vyka Gazinskaya** typified these elements; and similarly these ideas revamped into practical, but luxe daywear at the devil-may-care label **Céline**.

The perfect dichotomy of modest 50s and 60s and the racy idea of a sheer cocktail dress has been one of the biggest hits of the season. Credit should be given where credit is due, so I will give it. Though legend has it that the "bikini" came from the eponymous island and was introduced by French engineer Louis Réard in 1947, Réard was actually preceded by fashion, costume and swimwear designer **Jacques Heim**, who produced "the world's smallest bathing suit" in 1946. This later was referred to as a "two-piece" and ultimately was generalized into the bikini. In the 1950s, the Parisian

designer created iconic swimwear that was popularized by Marilyn Monroe and Brigitte Bardot. The classic silhouettes of these bathing beauties were a runway mainstay this spring. Both **Burberry** and **Balmain** embraced the sheer look with Heim-inspired, chic briefs underneath. Balmain included well-tailored bolero jackets and matador ruffles, a Spain inspired attitude that was an undercurrent in a handful of collections.

Embracing the romantic trend, ornate and loose ruffles were adorned on almost every **Alexander McQueen** look that came down the runway. By adding pastels and delicate florals to the equation, a timeless and truly pretty collection was born. The young French designer, **Alexis Mabille** also used ruffles throughout his spring collection, but took things in a more relaxed direction and his vision was clearly informed by 1960s **Valentino** and 70s **YSL**. Bright, solid colors were artfully tempered with fluid lines that result in an effortless femininity.

## EVERYBODY'S ALL AMERICAN

In addition to brights, pastels were momentous on the spring runway. The use of soft pastel colors and dreamy fabrics were beautifully executed through the artistry of Georgina Chapman's **Marchesa** line. Chapman has not been shy about using the past as inspiration and one could easily conclude that Christian Dior ball gowns from the 50s were on her mood board this season. But more





**Thierry Mugler, 2016**



**Jeremy Scott, 2016**



**Paco Rabanne, 1960s**  
worn by **Marissa Berenson**

noticeably, the frothy, girly ball gown and dress designs from a bygone couturier of the same last name, **Cecil Chapman**. The under applauded, self-made designer from Staten Island understood the power of a beautiful dress, and found fans in stars such as Elizabeth Taylor and Marilyn Monroe.

Monochromatic use of all colors was big for spring dresses, as well as separates. **Carolina Herrera** used soft pastel colors with ethereal light and flowing fabrics alluding to the work of designer **Pauline Trigere** while **Christian Siriano** took to fluid shapes, and monochromatic ensembles, with cues more likely from **Claude Montana** in the late 80s and early 90s. Siriano successfully incorporated hoods, snoods, scarves, and capes by building them into his evening wear. This was reminiscent of Montana's highly praised work he did for the house of **Lanvin** from 1990-92. The beauty, practicality, and ease of these garments, both then and now, make them a closet staple for now and many years to come.

When you hear someone say **Jeremy Scott**, the last thing that comes to mind is classic, but one of the first things is bright colors. In what many have said is his best namesake collection to date, he looked to the past for inspiration by channeling the sensational 1960s concepts of masterful designer **Paco Rabanne**. His spring show was high on color and long on camp, which Rabane is not known for. But, every piece on the catwalk was adorned with palettes in the distinct material Rabanne used in his past designs. Scott's collection was eye candy and a true valentine

to Rabanne. Owning an item from either of these designers will never go out of style, because a conversation piece never ceases to talk in a gorgeous room.

Palettes of the Rabanne variety were not part of the first collection of 2016 by **Thierry Mugler**, but he did have some keys pieces that included chain maille that were referential to another of Paco Rabanne's signature looks. As for the majority of the collection. Mugler created extremely wearable pieces that were both sporty and effortless and part of his spring collection is an homage to an American fashion maverick **Claire McCardell**. The style of the mid-century designer is just as refreshing today as it was in its heyday. In Mugler's spring looks, McCardell's influence is apparent in her nautical looks from the 1940s. These pieces are refreshed by using sharp tailoring and showing off a little more skin (two of Mugler's strong suits), while embodying McCardell's no-fuss philosophy. McCardell predominantly designed dresses, but will best be remembered for her beach jumpers and short shorts that became in vogue in the 1940s and 50s.

Designers who have embraced the past for the new mood of their gorgeous spring 2016 fashion collections have proven that anything worth revisiting must be worthy for now. Classic fashion is not necessarily a reminder from a bygone era, it is great fashion that can be renewed and updated now and in the years to come, which is truly classic style. **S**





# SWISS TREETREAT

The glossy and glamorous have come to the legendary Clinique La Prairie for over ten decades. Nestled in the Swiss Alps on Lake Geneva in the French region of Switzerland, it's easy to see why with the state of the art fountain of youth keeps attracting beauty seekers from across the globe. *Our intrepid traveler Lance Avery Morgan* shares a refreshing look at the famous resort







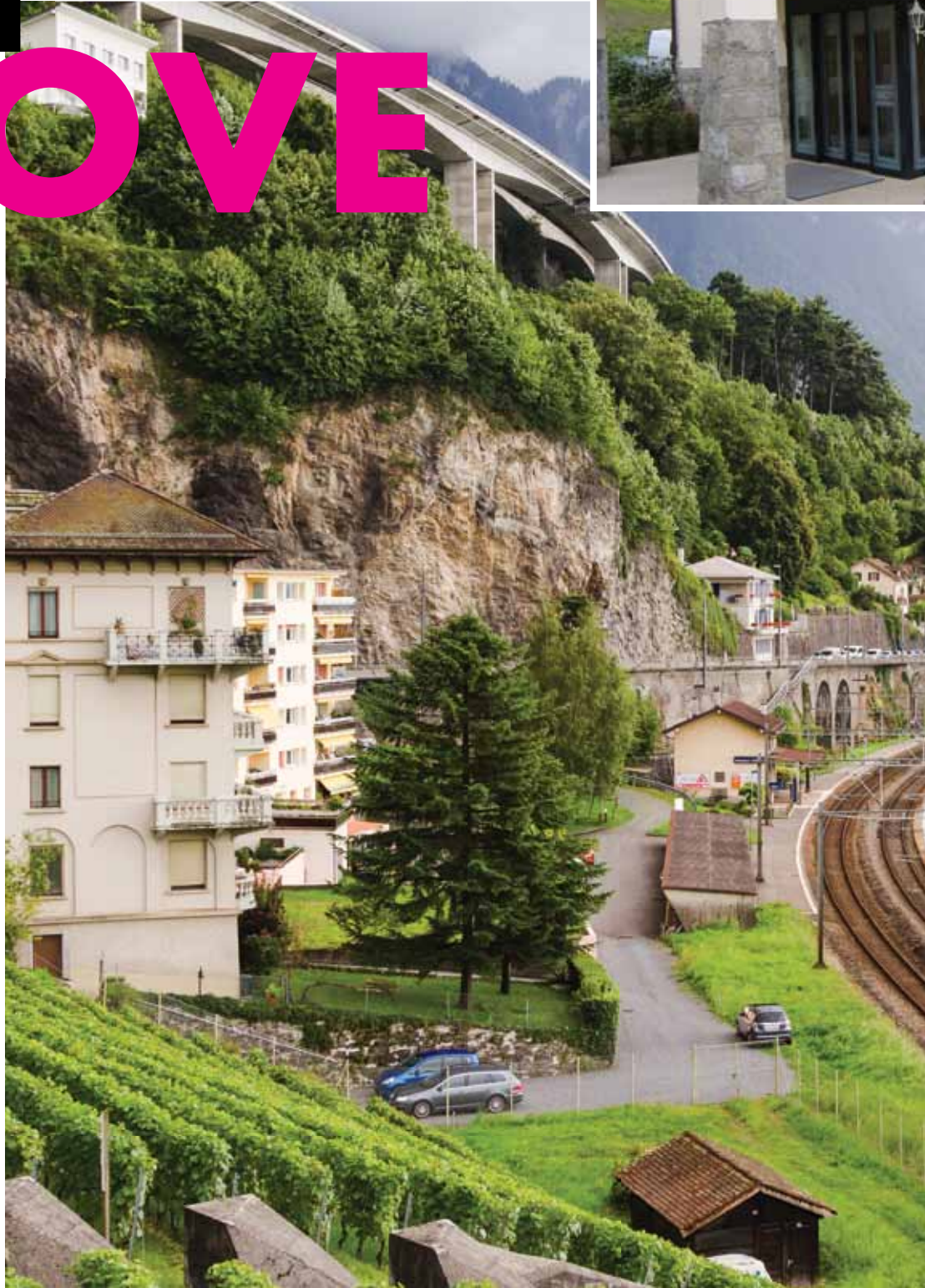
# WHAT'S NOT TO LOVE



about Switzerland? Nestled in between France, Italy, Germany, and Austria, it's been a jet set retreat for over a hundred years. The world's elite come here for privacy, luxury, and of course, those legendary health spa treatments. The appeal of the world famous Clinique La Prairie in Montreux is just as powerful today as ever, thanks to the clinic's own rejuvenating renovation: a \$50 million dollar building addition, and brand new selection of cutting edge treatments.

We've all heard about the Montreux Jazz Festival and the even more famous Clinique LePrairie for years. You've probably heard about "the treatments" at the clinic, as well as the skincare line of the same name. Yes, the rich and famous love to jet here to revive and renew – often absconding to the resort discreetly. The clinic doesn't quite promise a fountain of youth, but the experts there have indeed developed techniques to decelerate the aging process.

The trip to Clinique La Prairie is easy and smooth. Fly from any major Texas city to London, take an hour connecting flight to Geneva, then enjoy a scenic train ride to Montreux. This region is known for its vineyards, grand dame hotels and the medieval fortress Chillon Castle; a monument with over 1,000 years of history that has inspired artists and writers from Jean-Jacques Rousseau to Victor Hugo and Lord Byron. It's an area of deeply rich history and beauty.







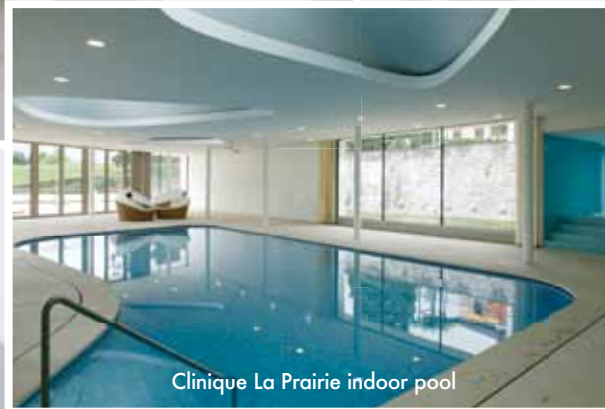
Clinique La Prairie treatment center



The streets of Montreux



Clinique La Prairie's grounds



Clinique La Prairie indoor pool

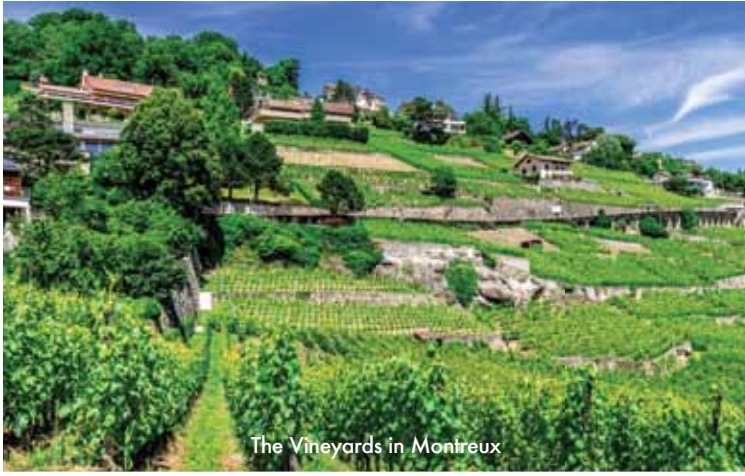


The Vineyards in Montreux

Among the quaint village of Montreux, Clinique La Prairie's three main buildings await you: the original chalet facility (formerly a boarding school until the 1930s), a modern medical center built in the early 1990s, and the recently completed Wellness Centre, a spa complex that rivals any piece of contemporary world-class architecture. It's all linked together with elegantly terraced gardens. Yes, the retreat is idyllic. My suite's balconies opened to a view of the harbor at Lake Geneva, and beyond it, the Swiss Alps.

Plenty before me have enjoyed La Prairie, too, since it opened in 1931. Luminaries like Marlene Dietrich, Winston Churchill, Charles de Gaulle, Gloria Swanson and Miles Davis benefited from the clinic's treatments, along with at least 50,000 more patients since the clinic opened. In fact, last year over 87 nationalities were represented by the devotees, who make the pilgrimage for their broad range of treatment – virtually anything except for heart or brain surgery.





The Vineyards in Montreux

The Chillon Castle, Montreux at night



The sometimes-controversial concept of cellular therapy, the clinic's flagship service, dates back more than 3,500 years to ancient Egypt, yet it wasn't until the 1930s, when the Swiss doctor Paul Niehans used cells taken from fetal sheep for healing purposes, that the world's most glamorous personas sought it out. It's interesting to note that Niehans was an aristocrat who moved in elite circles and through his friendship with fellow aristocrat Pope Pius XII, word about the injections and the clinic spread rapidly to form the international appeal it retains to this day. Those treatments remain controversial, but their incredible efficacy speaks for itself.

At the clinic, over 60 different cell injections have been tested to treat more than 100 medical problems ranging from acne and autism to cancer and neurodegenerative diseases. The injections supposedly trigger a rejuvenation of the immune response system. Actually, that cellular rejuvenation, known as CLP Extract, is not as ghoulish as it might seem. Dr. Thierry Waelli, the chief physician of the clinic, explains. "The fresh cell extracts are put into powder form, and then frozen for freshness. The powder is diluted into a liquid substance and then two painless injections are given." He goes on to say, "I have one client who is 93, who comes here from Mexico City. And has for over 30 years." Dr. Waelli believes humans are programmed

“SWITZERLAND IS WORKING THE TRI



to live at least 120 years. “I call the cell injection process ‘intelligent doping.’ Why not live to be 100 as a reachable goal? Our patients have reached great success in life and we try to give the answers on how to manage better at any age,” he attests.

He also told me that allergies to the cell injections are very rare (they do patch tests to determine it beforehand) and that patients have a speedy recovery time of less than a day. The injection costs, with the stay, run over \$20,000 and it’s recommended they be administered every two to three years for longer lasting results. Those under 40 years old need not apply for the injection treatments, but other aesthetic treatments like the popular cosmetic plastic surgeries, can certainly be performed instead.

Clinique La Prairie’s philosophy encompasses much more than the cellular treatments, however. The Clinique is devoted to helping

each visitor retain – or obtain – a higher quality of life. That starts when you check into the facility to meet with a dietician so she can create the best meals suited for your stay’s healthy goals. A choice of three options for four courses is given, and those meal selections change daily, so there won’t be any starving on baby carrots and snow peas here. The clinic’s acclaimed chef Elfried Blaes and author of *The Vitality Diet*, states, “slimming must not be punishment.” Whether dining inside or al’ fresco at the newly completed (and gorgeous) restaurant in the Wellness building, her dishes are seductive to both the eye and the palette. Even the “light” dishes taste as wonderfully seasoned as the regular healthy entrée choices. The experts of Clinique La Prairie are convinced that certain foods and vitamins can play a far greater role in maintaining good health than originally thought by more traditional medicine experts.

To complement your new, healthy diet, you’ll want to take in an array of the world-class health treatments at the new Spa. Contemporary in scope, these therapies are influenced by old world practices. The Hydroform spa water therapy takes place in a heated saltwater pool. Jets of water exude from the walls of the pool, while your extensive water workout ensues. Administered by a water therapy expert, you’ll actually feel your muscles building and the fat lifting. After that, you’ll want to do the Jet Shower. Now bear with me here. You get into a shower while a therapist points a powerful water hose toward you down the narrow 20 foot stall to create an intense water massage effect. Think of it as a Water Wiggle on steroids for grownups. And wear a swimsuit that will withstand all the water pressure. Next, it’s onto the Thai massage.

My masseuse was a young Thai woman who seemed born to perform the intense two-hour massage. Pulling, stretching and all sorts of intense two person calisthenics on the feather mat is just what’s needed to at least *feel* like you’re turning back the hands of time. Balance that with a soothing sea algae body wrap (from the Mediterranean Sea, naturally) and it adds up to be a series of concentrated, time reversing experiences.

These experiences, and dozens more available, are framed perfectly within the new Wellness Centre. At a cost of \$50 million dollars, the architect Jaques Richter created the three story modern structure that’s built primarily of Swiss materials. The new facility combines elements of water, light and minerals. From the blue tiled pools to the numerous aesthetic treatment rooms, and to the Buddha-themed art installations, tranquility is the primary goal, Richter declares.

For those moments when we’re simply too busy for a jaunt to Montreux, we can always resort to La Prairie skin products. Avowed as the skincare nectar of movie stars and the world’s most beautiful people, the original product line was sold over ten years ago to a beauty product conglomerate. Now the clinic has created a skincare system, Swiss Perfection, which rivals the former eponymous product line. After trying out the face scrub, moisturizer and eye cream, I actually felt and saw an immediate visible difference. Maybe it was also due to the fresh mountain air and the 60-degree mild summer climate. The clinic’s multi-million-dollar technology, but not the fetal lamb cells, goes into these products to make them so effective.

Like a perennially blooming blossom, visitors return to the Clinique for the promise of rejuvenation. Twenty years ago, the ratio of patients at Clinique La Prairie was 80% women and 20% men. Today, that ratio is about 50/50. Asked why the change in percentage, owner Armin Mattli stated, “It’s simple. First, men are more clever now. Secondly, everybody wants to extend their lifespan. Eighty per cent of our clients decide to return.” And Switzerland is worth the trip, even to experience just once. The combination of opulence, a healthy environment, and world-class experts places this spa first on almost everyone’s ‘must do’ list. For those of us who seek everlasting beauty, and memories to match, Clinique La Prairie is a peerless experience you’ll treasure for a lifetime. **S**



Palace Hotel, Montreux





Jake Greene and Rebecca Rooney

# NIGHT OF STARS

## Dancing With The Stars Raises Over \$1.1 Million At Dazzling Gala

By Rob Giardinelli | Photography by Jeff Loftin, Dale Murphy and Haley Plotkin

### THE SCENE:

The Hilton in downtown Austin was the place to be as nearly 1,000 of Austin's Sociables came together for one of the city's most popular and cherished annual events. This year's Dancing with the Stars presented by Lexus of Austin certainly did not disappoint, offering up a magical evening its attendees will long remember.

From the moment guests entering the venue's foyer, the lively crowd rubbed elbows and mingled about during an engaging cocktail hour. The anticipation built as guests anxiously awaited to see their favorite dancers share their much-rehearsed choreography on the dance floor. As guests migrated into the ballroom, they feasted on a delicious meal during a program that included a live auction featuring, among other things, a sunset cruise on Horseshoe Bay and a penthouse vacation in Telluride. Then the action turned to the main event – the dancing.



2015 Austin Dancing with the Stars



Katrine and Bill Formby



Jenny Mason and Gary McIntyre



Dancing with the Stars Winners Albert Tailleir and Erin Johnston with emcee Sabrina Barker-Truscott





Geneva Grainger and Dana Horge



Dave Steakley, Clint Hackney and Ed Clements



Maxine Roberts, Abby Argo and Corbin Davenport

### THE VIBE:

This year's talented crop of ten local celebrity dancers and their professional dance partners showed off their best moves, whether it be Rhumba, hip-hop, or other entertainingly fun styles showcased throughout the evening. The high-octane environment often had the crowd on their feet and wanting more. Once the dancing was complete, the votes tallied and the winners – Erin Johnston with partner Albert Tailleux – declared, the fun continued as the energetic crowd took to the dance floor themselves, to dance the night away to the lively spins of DJ Johnny Bravvo.



Dick and Ellen Steiner, Scott O'Brien and Jeanne Parker



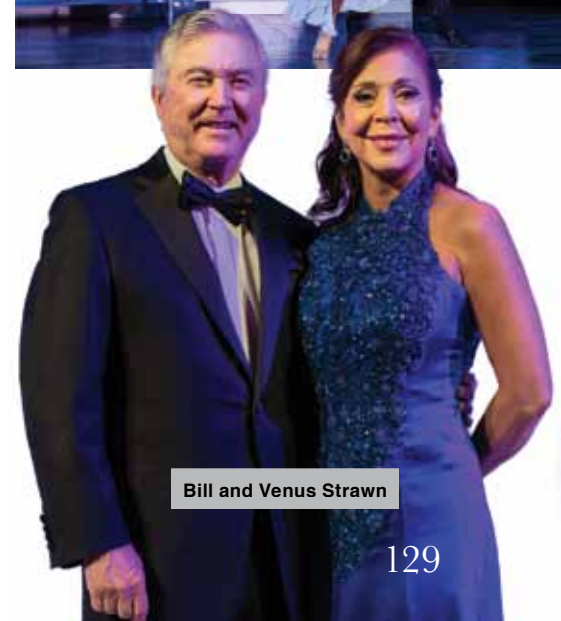
Andra Liemandt



Sarah Berens and Jordan Scott



Jordan Jaffe, Chris and Meghan Slover & Katie Jaffe



Bill and Venus Strawn





Klair Van Slyke and Brian DeRoeck



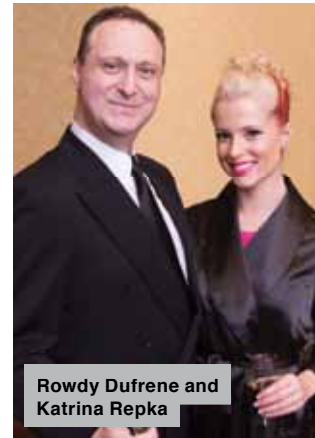
Andy Black and Michael Torres



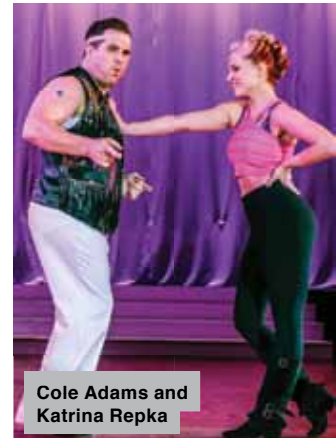
Kathy and Chaz Glace



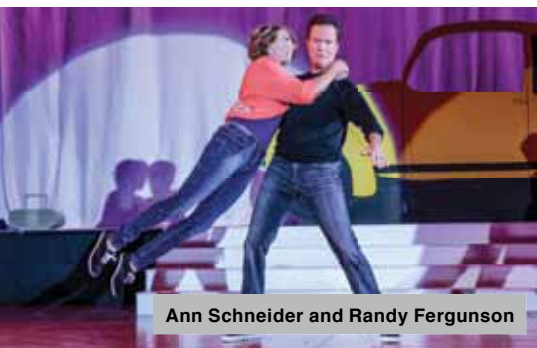
Jennene Mashburn and Bill Rossick



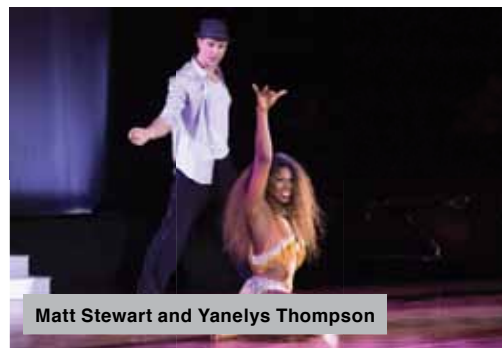
Rowdy Dufrene and Katrina Repka



Cole Adams and Katrina Repka



Ann Schneider and Randy Ferguson



Matt Stewart and Yanelys Thompson



Tobie Funte-Flannery, Gretchen High-Spenser and Vicki Tatelman

### THE CAUSE:

The event, co-chaired by Venus Strawn and Katrine Formby, raised over \$1.1 Million for the Center for Child Protection, a child-friendly, specially equipped space for child victims of physical and sexual abuse, providing much-needed services such as forensic interviews, medical exams, counseling and intervention during the investigation and prosecution of child abuse cases.



Bud Neeley and Hilary Carlson



Vicki Roberts and Jeff Nash



Tanuj and Nidhi Nakra

Carolyn DeRoeck & Tom and Susan Devitt



Alexis Jones and Taletha Jouzdani





# AUSTIN

## FASHION WEEK

April 15 - 23 | [afw.fashionxaustin.com](http://afw.fashionxaustin.com)



## ARRIVAL: HOUSTON



James and Nicole Lassiter



Ajay and Dr. Sippi Khurana & Tracy and Harry Faulkner



Alfred Blue, Jessica Kirkland and Chandler Hoffman

# LET'S LA DOLCE VITA

Una Notte in Italia Celebrates Italian Style

By *Jennifer Roosth* | Photography by *Emile Browne and Quy Tran*



Dr. Monica Patel and Crystal Saldivar



### THE SCENE:

Over 600 guests recently enjoyed all things Italian— fine wine, food, and of course, fashion – at this year's Una Notte in Italia (A Night in Italy) benefitting Bo's Place and presented by Festari for Men. The event, which focuses on philanthropic businessmen and athletes who walk the runway in the name of charity, was once again a sold out affair with the catwalk strewn with confetti and roses.



Nancy Almodovar and Debbie Festari



Chris Reed and Megan Sutton Reed



Dominique Sachse and Nick Florescu



Kerris Crier and Andre Hal



Chad and Jennifer Pinkerton





Rudy Festari, Jack Merriman, Kareem Jackson and Chad Pinkerton



Luis Bauer



Nicole Small and Jennifer Sampson



Michael Chabala and Jenny and Chris Myers

### THE VIBE:

This 16th annual gala was as energetic and exciting as always. The 25 male models selected to walk the runway included athletes, high profile businessmen, and lawyers. and .

After the lively fashion runway show and live auction, the crowd enjoyed a premier after party in a lounge setting complete with specialty drinks from Circulo Tequila and non-stop dance music from popular DJ Senega.



Cody Soutar, Kristy Phillips, Wedny Phillips & Kent Loftin



Jennifer Roosth and Hilary Goynes



Chris Jobe, Tricia Verbois and Tatiana Green



Jill Schlenker and Melissa Mithoff



Wade Knight, Paul Pettie, JD Adamson and Tony Gibson



Kirsten Guerra, Eloise Frischkorn and Dr. William Guerra





Jennifer Brown



Garrett Graham



Late Night Dance Party



Larry and Lindy Neuhaus & Ronny and Dorothy Cuenod

### THE CAUSE:

Gala chairman Eloise Frischkorn Bauer and honorary chairman Debbie Festari, as well as emcee Dominique Sachse and auctioneer Andy Cerota, supported the event that raised over \$350,000 in support of Bo's Place, a nonprofit bereavement center that offers free grief support services to children, families, and adults who have experienced the death of a loved one.



Katie Pipkin and Stacey Soriero



Ben Rose, Cindi Rose, Laura Rose and Dr. Franklin Rose



Staci Henderson, Jennifer Barcelo, Tiffany Halik and Katina Kearns

Vivian Wise

Claire Thielke and Janae Tsai

Richard Kroger and Richard Hancock





## Honoring Mort Topfer's 80th

Saturday, May 7, 2016

ZACH'S Topfer Theatre

Austin, Texas

Dinner by The Four Seasons

Entertainment • Auction

Studio 54 After Party

Red, Hot & Soul Co-Chairs:

Bobbi Topfer

Will Coombes

Eric Copper

Richard Hartgrove and Gary Cooper

Dan Jackson and Jeremy Guiberteau

David Kurio

Lance Avery Morgan and Rob Giardinelli

Armando Zambrano and Bryan Gardner

For information, or to purchase tables or tickets, call 512-476-0594 x 260 or visit [zachtheatre.org/rhs](http://zachtheatre.org/rhs)

Proceeds from Red, Hot & Soul benefit ZACH Theatre's Artistic and Education Programs.

**ZACH**  
T H E A T R E



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1510 Toomey Road, Austin, Texas 78704 • 512-476-0594 • [zachtheatre.org](http://zachtheatre.org)





Dore Koontz, Carlyne Roehm and Gretchen Lahourcade



# HEART OF THE MATTER

## Lifestyle Legend Carlyne Roehm Speaks At Luncheon For AugustHeart

By Shannon Miller Turner | Photography by Greg Harrison

### THE SCENE:

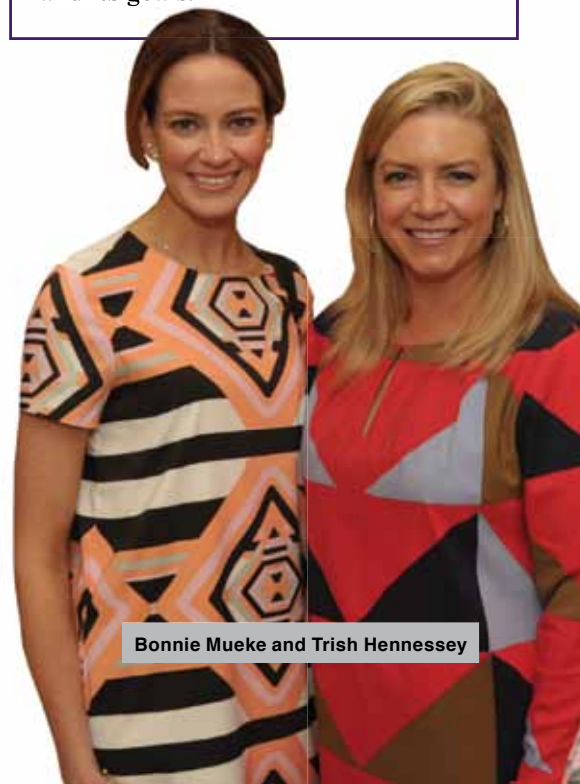
San Antonio Country Club's bright and beautiful ballroom was the setting for the winter luncheon benefiting AugustHeart and chaired by Gretchen Lahourcade. Guests enjoyed the pristine beauty of nature brought indoors with tables decorated in garden-like hues set off by elegant centerpieces provided by Baker Tatum. Emcee Bobby Cavender welcomed the glamorous guests and set the tone for an afternoon of fun, learning and fundraising about the organization and its goals.



Carlyne Roehm



Kim Lewis, Bart Koontz and Joci Straus



Bonnie Mueke and Trish Hennessey



Robin Howard and Caroline Kuper

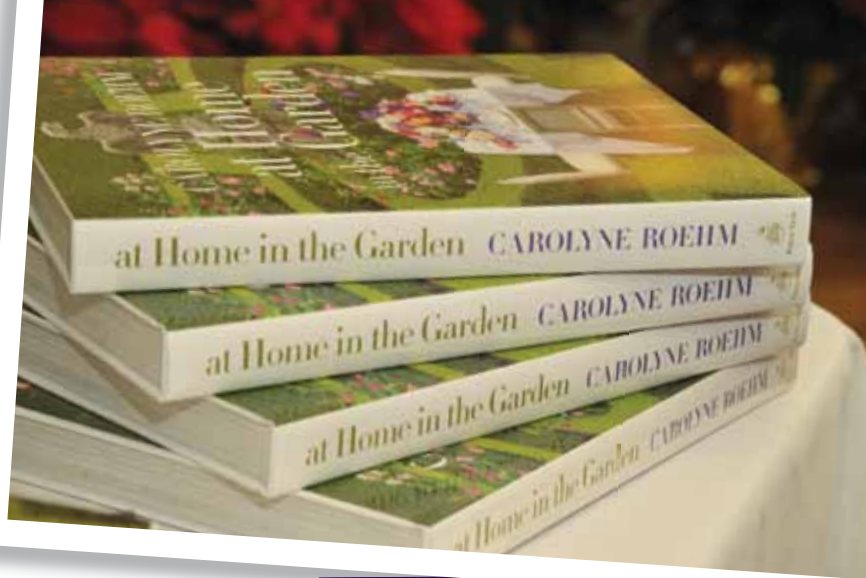


Ruth Storrie and Dina Cole





Daniela Serna, Sonya Medina Williams and Beth Smith



Melinda Young and Emily McMichael



Lisa Kopecky

### THE VIBE:

Guest speaker Carolyne Roehm, a lifestyle expert and renowned author, shared photos and stories from her life as well as from her most recent book, *At Home in the Garden*. Ms. Roehm imparted to the audience the lessons she has gained from gardening through the years: patience, forbearance and loss; "...great love and beauty, as in the actual human experience: gardening is humbling and wise." The garden has always been a font of inspiration and draws from it for her astonishingly lovely arrangements, gracious dinner parties, and her gallery-quality photographs. Roehm also guided the attendees on a beguiling tour of the gardens of Weatherstone, her historic Connecticut house.



Candy Bagby and Nancy Oberman



Renee Bailey, Amy Hayes and Carla Nastala



Laura Page and Caroline Carrington



Maitlyn Terry, Sandra Wright, Susan Glover and Gayle Youngblood



## THE CAUSE:

At the luncheon there were door prizes and a raffle drawing to win a \$2,000 Julian Gold shopping spree and a Barfield Collection Ostrich Tote valued at \$4,000. All guests took home gift certificates from Julian Gold as well as Barfield Collection. The mission of AugustHeart is to prevent sudden cardiac death in high school students, ages 14-18, in San Antonio and surrounding counties by providing free heart screenings, education, awareness, and life-saving technology.



Ellen Sealy and Michele Cadwallader

Sandy Taylor, Lisa Nichols, Karen Bonney and Susan Hardy



Mary Henrich, Peggy Pace and Kathy Scholl



Mimi Zoch and Alice Fultz



Lisa Menick and Elizabeth Herff



Deborah Amini, Abby Tolin and Anna Wulfe



Ashley Cruse and Lance Lahourcade





# ART DINNER 2016

**Saturday, May 14, 2016, 6P**

THE THIRD ANNUAL ART DINNER CELEBRATES THE 100-YEAR ANNIVERSARY OF CLARA DRISCOLL'S 1916 MEDITERRANEAN-STYLE VILLA WITH AN ELEGANT GARDEN PARTY ENCOMPASSING THE VILLA AND THE ENTIRE FOURTEEN ACRES OF THE SURROUNDING SCULPTURE PARK ON THE SHORES OF LAKE AUSTIN.

COCKTAILS AND DINNER COURTESY OF RESTAURATEUR LARRY MCGUIRE OF MCGUIRE MOORMAN HOSPITALITY.

COMMISSIONED ART PERFORMANCE BY RONEN SHARABANI.  
AUCTION LED BY SOTHEBY'S.

**More information and RSVP at [thecontemporaryaustin.org/artdinner](http://thecontemporaryaustin.org/artdinner) or [lmullins@thecontemporaryaustin.org](mailto:lmullins@thecontemporaryaustin.org).**

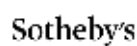
ALL PROCEEDS BENEFIT THE MUSEUM'S EXHIBITIONS PROGRAM.  
THANK YOU TO SPONSORS OF THE 2016 ART DINNER.

### **Art Dinner Committee**

Lora Reynolds, Chair  
Suzanne Deal Booth  
Deborah Green  
Jeanne Klein  
Fredericka Middleton  
Elizabeth Stanley

## **The Contemporary Austin**

Betty and Edward Marcus Sculpture Park  
at Laguna Gloria  
3809 West 35th Street  
Austin, Texas 78703







Hylan McCormick and Scott McCormick

**THE SCENE:**

The Marriott Hotel in downtown Austin was the setting for fashionable fun benefitting a great cause. The 380 sociable and chic guests who attended the ninth annual Heart and Soul luncheon showcased the best of Austin and just how much heart this city has to share.

**THE VIBE:**

As guests entered the foyer of the venue's ballroom foyer they were greeted with the many familiar, warm, and smiling faces. This created a great energy for attendees to bid on the dozens of luxury handbags, the perfect accoutrement for any stylish outfit, all of which were generously donated by an array of individuals and local businesses – including a Bulgari Evening Bag autographed by Academy Award-winning actor Reese Witherspoon.

The action then turned into the ballroom where guests dined on a delicious lunch as Matt Swinney effortlessly emceed the program which included a father/child fashion show that featured musician Jack Ingram who personally escorted some of the child models down the runway.

**THE CAUSE:**

The event, chaired by Tracey Marshall and Donna Stockton Hicks who served as honorary chair, raised a record-shattering \$315,000 for The Rise School Austin, which provides an inclusive and diverse educational environment for children ages six and younger that are both traditional learners and learners with mild developmental disabilities.

# HEARTWARMING SOUL

## 9th Annual Heart And Soul Luncheon Raises Funds For The Rise School of Austin

By Rob Giardinelli | Photography by Cathie Parssinen and Todd White



Emily Greer and Tracey Marshall



Guest toast the success of Heart and Soul



Jack Ingram and Peter Murray



Susanna Murray



Brian Magierki and Ruby Mae Magierski



Donna Stockton-Hicks, First Lady Cecilia Abbott and Venus Strawn



Matt and Kara Swinney





**JORGE L. MENENDEZ**  
Certified by The American Board of Plastic Surgery  
Fellow of The American College of Surgeons  
Member of The American Society of Plastic Surgeons  
Member of The American Society for Aesthetic Plastic Surgery

**JORGE L. MENENDEZ, M.D., F.A.C.S.**

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## WHY CHOOSE AESTHETIC PLASTIC SURGERY?

*"I believe in treating total patient in terms of their diet and lifestyle choices. These areas are critical to the rejuvenating process", Dr. Jorge Menendez says, "As well as to how the patient will look one, two and three years post-surgery."*

Board Certified Plastic Surgeon Dr. Jorge L. Menendez understands that treatment does not begin and end with a surgical procedure. The special bond he creates with each patient fosters an unparalleled level of comfort. He believes in frequent follow ups with each person in order to monitor the results over time and ensure the best in health and happiness.

His emphasis on minimally invasive procedures sets him apart from other cosmetic surgeons. He encourages realistic expectations while still delivering phenomenal results. From facelifts to tummy tucks to Botox to breast augmentation, Dr. Menendez is highly skilled in the art of perfecting all parts of the body. In the end, his talent and compassion will improve your body and satisfy your mind.



7744 Broadway Suite 210  
San Antonio, Texas 78209  
Info@drmplasticsurgery.com  
www.drmplasticsurgery.com  
Tel: 210.829.7411 / Fax: 210.829.7899

and  
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# *Portal*



*Greg Harrison*  
*Photographer 210-325-0740*



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**AUSTIN**

- March 5  
The Crystal Ball  
Helping Hand Home  
helpinghandhome.org
- March 10  
Texas Film Awards  
Austin Film Society  
austinfilm.org
- March 11-20  
SXSW 2016  
sxsw.com
- March 29  
Celebration of Life Luncheon  
Seton Breast Care Center  
setonfund.org
- April 2  
Bandana Ball  
Ronald McDonald House  
Charities Central Texas  
rmhc-ctx.org
- April 8  
Luminaria  
American Red Cross  
redcross.org
- April 14-16  
MMJ Gala & Concert  
Mack, Jack & McConaughey  
mackjackmcconaughey.org
- April 16  
Waller Creek Picnic  
Waller Creek Conservancy  
wallercreek.org
- April 16  
Austin Under 40 Awards  
Sunshine Camps/YWA  
Foundation  
austinunder40.org
- April 21  
Boots Bowties and Tiaras  
Ballet Austin Guild  
balletaustinguild.org
- April 23  
EASB Live 25  
Elizabeth Ann Seton Board  
setonfund.org
- April 28  
25th Garden Party  
UMLAUF Sculpture Garden &  
Museum  
umlaufsculpture.org

- April 30  
Mad about PINK  
Komen Austin  
komenaustin.org
- DALLAS**
- March 5  
Texas Emerald Ball  
The American Ireland Fund  
theirelandfunds.org
- March 12  
72nd Annual Gala & Auction  
Dallas Cotillion Club  
dallascotillionclub.org
- March 21  
Art in Bloom  
Dallas Museum of Art  
dma.org
- March 25  
Fashion Stars for a Cause  
Suicide and Crisis Center of North  
Texas  
sccenter.org
- April 2  
Under the Moonlight  
Ronald McDonald House of  
Dallas  
rmhdallas.org
- April 9  
No Tie Dinner & Dessert  
AIDS Services of Dallas  
aidsdallas.org
- April 9  
Dream Gala  
JDRF Greater Dallas  
dallas.jdrf.org
- April 14  
Dallas Art Fair Preview Gala  
DMA, Nasher and Dallas  
Contemporary  
dallasartfair.com
- April 22  
28th Annual CCF Gala  
Children's Cancer Fund  
childrenscancerfund.com
- April 23  
Art Ball  
Dallas Museum of Art  
dma.org
- April 30  
Spring Gala  
Dallas Opera  
dallasopera.org

**HOUSTON**

- March 1 - 20  
Houston Livestock Show and  
Rodeo  
rodeohouston.com
- March 5  
15th Annual Evening of Hope  
St. Jude Foundation  
stjude.org/houston
- March 8  
Hats in the Park Luncheon  
Herman Park Conservancy  
hermannpark.org
- March 9  
Hats off to Mothers Luncheon  
Easter Seals Greater Houston  
eastersealshouston.org
- March 21  
FotoFest Fine Print Auction/Gala  
FotoFest International  
fotofest.org
- March 22  
Best Dressed Luncheon  
March of Dimes  
marchofdimes.org/bestdressed
- March 25  
Pearl Ball  
Good Samaritan Foundation  
gsftx.org
- March 31  
Men of Menil  
The Menil Collection  
menil.org
- April 1  
Wine Dinner and Collector's  
Auction  
Houston Symphony  
houston\_symphony.org
- April 1  
Mercury's 15th Anniversary  
Crystal Celebration  
Mercury  
mercuryhouston.org
- April 3  
Bayou Bend Garden Party  
Bayou Bend Collection & Gardens  
mfah.org
- April 9  
Opera Ball  
Houston Grand Opera  
houstongrandopera.org
- April 15  
CAMH Annual Gala & Art  
Auction  
Contemporary Arts Museum  
Houston  
camh.org
- April 15  
SPA Gala  
Society for the Performing Arts  
spahouston.org
- April 23  
TUTS 2016 Gala  
Theatre Under the Stars  
tuts.com
- April 30  
Cattle Baron's Ball  
American Cancer Society  
cattlebaronsball.org
- SAN ANTONIO**
- March 7  
Fête du Cuvée Wine Auction  
Junior League of San Antonio  
jlsa.org
- March 19  
Home Red Shoes Gala  
St. PJ's Children's Home  
stpjhome.org
- March 31  
8th Annual Rivertini  
San Antonio River Foundation  
sariverfoundation.org
- April 9  
Promise Ball  
Juvenile Diabetes Research Fund  
jdrf.org
- April 10  
2016 Voices Gala  
Voices de la Luna  
voicesdelaluna.com
- April 14-24  
Fiesta San Antonio 2016  
fiesta-sa.org
- April 18-24  
Valero Texas Open  
valerotexasopen.org
- April 19-22  
A Night in Old San Antonio  
San Antonio Conservation Society  
niosa.org
- April 20  
Coronation of the Queen of the  
Order of the Alamo  
fiesta-sa.org

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