



City of Denton  
Parks and Recreation  
[www.dentonparks.com](http://www.dentonparks.com)

A young girl with her arms raised is splashing in a pool of water. She is wearing a colorful swimsuit and a blue wristband. The background shows a rocky edge of the pool.

# PLAY

2013 Spring and Summer  
Recreation Guide

# OUR

# City of Denton Parks and Recreation MISSION

Our mission is to enrich lives and build community through the stewardship of public parks and open space, and diverse recreational opportunities that foster lifelong wellness, creativity, and learning.

## Three easy ways to register

### Register Online

Visit [www.dentonparks.com](http://www.dentonparks.com) and click "online registration." We accept Visa, MasterCard, and Discover. To register online, a family or individual account must be created and takes 48 hours to verify. A few of our programs require phone or in-person registration.

### Register in Person

Denton Civic Center, Monday-Friday, 8am-5pm  
Denia Rec Center, Monday-Friday, 7am-8pm  
MLK Jr. Rec Center, Monday-Friday, 9am-9pm  
North Lakes Rec Center, Monday-Friday, 6am-9:30pm  
(Weekend rec center hours are listed on the next page.)

Please note, some programs require site-specific registration. Please call ahead using the numbers listed on the next page.

### Register by Phone

Please have your information and credit card ready. Some programs such as child care do not offer telephone registration. Call (940) 349-PARK (7275).



## General Registration Information

### Rec Passes

All drop-in customers, age 8 and older, must show their rec pass and have a current liability waiver on file. The rec pass is scanned for facility use and is valid for one year from the date of purchase. Fee-based activities do not require a rec pass. Resident passes cost \$5 per year with a max of \$20 per family, and nonresident passes cost \$10 per year with a max of \$40 per family. Replacement cards cost \$2.

### Resident/Nonresident

You are considered a resident if you pay City of Denton property taxes, not just Denton County taxes. To confirm your taxing jurisdiction, visit [www.dentoncad.com](http://www.dentoncad.com) to perform a property search.

### Cancellations

We reserve the right to cancel a class or activity that does not meet minimum registration requirements.

### ADA (Americans with Disabilities Act)

The Denton Parks and Recreation Department welcomes and encourages all individuals and families from our community to participate in programs and facilities regardless of race, color, religion, sex, national origin, or disability.

If you or someone you know has a disability and would like more information or support for accessibility of programs and facilities, please call us at (940) 349-7462. TDD access is available for the hearing impaired through Relay Texas, 1 (800) 735-2989.

### Credits

In the event that a participant becomes ill before a class begins or a class is canceled, a credit equal to the class fee will be given to the participant for future registrations for themselves or another member on the account, unless otherwise noted.

**Need assistance, call (940) 349-PARK (7275)**



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### Program Contacts at a Glance

Adult Sports	(940) 349-8525
After School Care	(940) 349-8731
Art Classes	(940) 349-8287
Ballet-Tap @ DRC	(940) 349-8285
Ballet-Tap @ NLR	(940) 349-8287
Facility Rentals	(940) 349-7275
Group Ex @ DRC	(940) 349-8285
Group Ex @ MLK	(940) 349-8575
Group Ex @ NLR	(940) 349-7764
Outdoor Recreation	(940) 349-7784
Preschool @ DRC	(940) 349-8285
Preschool @ MLK	(940) 349-8575
Preschool @ NLR	(940) 349-8287
Rock Climbing	(940) 349-8285
Senior Classes	(940) 349-8720
SilverSneakers	(940) 349-8287
Skateboard Programs	(940) 349-8523
Swim Lessons	(940) 349-8800
Tennis @ Goldfield	(940) 349-8525
Youth Sports	(940) 349-8523

### Administration, (940) 349-PARK

City Hall East, 601 E. Hickory St.  
Denton, Texas 76205 (2nd floor)  
(940) 349-7275; fax, (940) 349-8166

Emerson Vorel	Director of Parks & Recreation
James Mays	Superintendent of Planning
Amanda Green	Business Manager
Cathy Avery	Aquatics Manager
D'Lee Covey	Program/Center Manager
Kathy Schaeffer	YTS/Athletics Manager

### City Council Members

Mark A. Burroughs	Mayor
Pete Kamp	Mayor Pro Tem
James King	At-Large
Kevin Roden	District 1
Dalton Gregory	District 2
Jim Engelbrecht	District 3
Chris Watts	District 4

### Denton Parks, Recreation and Beautification Board

Vicki Byrd, Paul Leslie, Alex Lieban,  
Maria Renner, Dave Rowley,  
Janet Shelton, Russ Stukel

### Aquatic Facilities

Civic Center Pool (seasonal)  
515 N. Bell St., (940) 349-8279

Denton Natatorium (year-round, indoor)  
2400 Long Rd., (940) 349-8800

Water Works Park (seasonal)  
2400 Long Rd., (940) 349-8810

### Fitness-Recreation Facilities

American Legion Hall, 629 Lakey St.  
(940) 349-8298; M-F, 10am-3pm; Th, 6-9pm

Denton Civic Center, 321 E. McKinney St.  
Rentals and events, (940) 349-8733  
Indoor walking track, M-F, 6:45am-7pm

Denia Recreation Center, 1001 Parvin St.  
(940) 349-8285; M-W, 7am-9pm  
Th-F, 7am-8pm; Sa, 9:30am-3:30pm

Denton Senior Center, 509 N. Bell St.  
(940) 349-8720; M-F, 8am-9pm; Sa, 9am-1pm

Goldfield Tennis Center  
2005 W. Windsor Dr., (940) 349-8526  
M-Th, 3-9pm; F, 3-8pm; Sa, 9am-5pm

Martin Luther King, Jr. Recreation Center  
1300 Wilson St., (940) 349-8575  
M-F, 9am-9pm; Sa, 9:30am-6:30pm

North Lakes Rec Center, 2001 W. Windsor Dr.  
(940) 349-8287; M-Th, 5:30am-10pm  
F, 5:30am-9:30pm; Sa, 7:30am-3:15pm

### Guide Abbreviations

DCC	Denton Civic Center
DGC	North Lakes Disc Golf Course
DRC	Denia Rec Center
DSC	Denia Softball Complex
GTC	Goldfield Tennis Center
MLK	MLK Jr. Rec Center
MMS	McMath Middle School
MRC	Mack/Roberts Complex
NAT	Denton Natatorium
NLP	North Lakes Park
NLR	North Lakes Rec Center
RRGC	Robson Ranch Golf Course
SKP	Skate Park

# events



**Breakfast with the Easter Bunny** (infants-grade 5)  
**Saturday, March 23**  
**9:30-11:30am at MLK Jr. Rec Center**  
**\$5/person; 38360**

Hop in and enjoy breakfast with the Easter bunny. The fee includes a photo and pancakes, eggs, and sausage, with your choice of orange juice or milk. Each additional photo costs \$1. Register by March 18.

**FREE Teen Twilight Egg Hunt** (ages 11-16)  
**Wednesday, March 27**  
**8pm at Denia Rec Center**

After the sun goes down, egg hunt to win door prizes and enjoy a great night of fun with friends. Teens need to bring a flashlight to participate.

**FREE Easter Eggstravaganza** (toddlers-grade 5)  
**Saturday, March 30 at Quakertown Park and Denton Civic Center**

9:30am Bounce house and arts and crafts  
 10:45am Magic show  
 11:30am Egg hunt in Quakertown Park

The park will be divided by age groups for the egg hunt, and signs will guide participants to the designated areas. Concessions will be sold.



**GREAT FAMILY FUN!**  
**THREE EVENTS,**  
**ALL AGES**

**Little Miss Pretty Pageant** (ages 1-13)  
**Friday, April 5 and Saturday, April 6**  
**MLK Jr. Rec Center**  
**\$15/child; 37041**

Photo Pageant: Friday, April 5  
 5-7pm Photo check-in; no late check-ins will be accepted.  
 8pm Photo awards ceremony

Little Miss Pretty Pageant: Saturday, April 6  
 10-11am Pageant check-in; no late check-ins will be accepted.  
 11-2pm Pageant and awards ceremony  
 2-3pm Reception  
 This pageant offers four age divisions and includes various prizes and awards for 1st, 2nd and 3rd place winners in each division. All pageant contestants will receive a participant certificate at the cake and punch reception following the pageant. Register by March 18 at the MLK Jr. Rec Center.

**Family Campout** (family event)  
**April 13-14 at South Lakes Park**  
**Saturday, 7pm to Sunday, 8am**  
**\$15/person; 37724**  
 All campers, children and adults, must register by April 11.

Roll up your sleeping gear and hit the trail for a campout at Eureka! Playground in South Lakes Park. We will have a variety of fun activities such as a scavenger hunt, storytelling, and a marshmallow roast.

The fee includes dinner on Saturday night and a breakfast snack on Sunday morning. For an additional \$10, you may reserve a tent and two sleeping bags; however, we have a limited number available. Set will begin on Saturday at 7pm and we'll break camp on Sunday at 8am.

**Cinco de Mayo** (family event)  
**Saturday, May 4**  
**10am-6pm at Quakertown Park and Denton Civic Center**  
 Enjoy free admission to the celebration with a mariachi band, parade, community performers, children's activities, and more than 50 food and art vendors.

**Rockin' Lock-In** (grades 1-5)  
**May 31 & June 1 at Denton Civic Center**  
**Friday, 7pm to Saturday, 8am**  
**\$15/kid; 37659**

Rock the summer with an overnight adventure! We'll venture outside for a treasure scavenger hunt, bounce around a giant obstacle course and slide, make fun crafts, play Wii Rock Band and Xbox Kinect on the giant screen, play flash light tag, and roast marshmallows. To slow the night down, we'll enjoy root beer floats and popcorn while watching a movie on the giant screen. The event is supervised, and boys and girls sleep in separate areas.

Drop off is Friday at 7pm and pick up is Saturday at 8am. Kids need to bring a sleeping bag, a pillow, and toiletries. Dinner will not be provided, and a free breakfast snack will be offered. Register by May 17.



**Check out our upcoming Movies in the Park, Starrise, and Concerts on the Square, page 47**



## Juneteenth (family event)

Friday, June 14 & Saturday, June 15  
Fred Moore Park

On June 19, 1865, Union soldiers led by Major Gen. Gordon Granger, landed in Galveston with news that the war had ended and that the enslaved were free. Join us as we celebrate this historic and oldest known celebration commemorating the end of slavery in America.

Friday, June 14 at Fred Moore Park  
5pm Vendor booths open.  
7pm Gospel Night begins.

Saturday, June 15 at Fred Moore Park  
9am Parade begins at Denton Civic Center and ends at Fred Moore Park.  
9am Adult coed softball tournament begins at Fred Moore Park softball field.  
10am Free children's games begin.  
11am Vendor booths open, live DJ, and entertainment begins.

Call (940) 349-8576 for vendor booth space and call (940) 349-8579 to register for the softball tournament (\$100/team).

## Frank Buck Zoo's

**Critterman®** (family event)  
North Lakes Rec Center; Each show is \$6/child (free for accompanying adults)

Satisfy your child's curiosity with these exciting, educational presentations that incorporate a show-and-tell format, fun stories and skits, and lots of audience participation.

Monday, July 15 from 10:30-11:30am  
Texas Tails; 37742

Monday, Aug. 12 from 10:30-11:30am  
Extra Furry; 37743

## Fourth of July Schedule

(family events)

### Liberty Run

5k run & 1-mile fun walk  
North Lakes Rec Center  
6:30am check-in; 7:30am, race begins  
Online registration: through July 1; \$15; 37661  
Phone/in-person registration: until 5pm, July 2;  
\$15/individual or \$12/person for families of three or more living at the same address  
Race-day registration: \$20

The entry fee includes a T-shirt (sizes S-XL; \$2 extra for XXL). Fruit, snacks, and beverages will be given to participants at the end of the event.

### Yankee Doodle Parade

Downtown Denton  
8:30am judging, 9am, parade begins  
Parade staging will begin at 8am on South Locust Street between Walnut Street and Sycamore Street.  
Entry forms and the parade route will be available online at [www.dentonparks.com](http://www.dentonparks.com)

### Family Fun Jubilee

Quakertown Park & Denton Civic Center  
9am Registration begins for the 9:30am Adult Lucky Horseshoe Tournament in Quakertown Park (singles & doubles divisions with consolation draws).  
9:30am Flag ceremony begins when the parade arrives at City Hall.  
9:30am Live entertainment begins in Quakertown Park.  
9:30am Entry drop-off begins for the children's arts & crafts show. Entries will be displayed from 11am to noon in the Civic Center.  
10am FREE children's carnival begins and lasts until noon in the Civic Center.  
11am Good ol' fashion family fun begins outside the Civic Center.  
Noon-6pm \$1 admission at Civic Center Pool only.

## 3P CHALLENGE:

PADDLE, POUND, PEDAL

Saturday, March 16

Denton Greenbelt

This family-oriented race encompasses running, biking and canoeing elements on Denton's Greenbelt. Start with a 3.8 mile canoe trip down the Trinity River spillway that flows through the Greenbelt, then complete a 2.5-mile run and finally a 12-mile bike ride.

2, 4, or 6 team options!

Early registration deadline is March 8.  
\$90/two-person team; late March 9-12, \$115  
\$135/four-person team; late March 9-12, \$160  
\$180/six-person team; late March 9-12, \$205

## MUD VOLLEYBALL TOURNAMENT

Saturday, May 18

North Lakes Park

Participate in a six-on-six, double-elimination battle on three courts to determine the best coed mud volleyball team in the area! Medals will be awarded to first, second, and third place. The entry fee includes a T-shirt. Check-in begins at 8am, games begin at 9am.

Early registration deadline is May 10  
\$130/team (May 11-16, \$150); 37921  
\$20/individual; 37922

Teams may have a maximum of ten players per roster, but a minimum of two female players must be on the court at all times. Participants must be at least 16 years old. The mandatory captains' meeting is at 7pm on Friday, May 17 at North Lakes Rec Center.

# schoolers

## PRESCHOOL-AGE PROGRAMS

### Preschool Naturalists, ages 3-5

Elm Fork Texas Master Naturalists and Denia Rec Center staff invite preschoolers and their adult companions to join us in the exciting world of nature. Each class uses hands-on activities, arts and crafts, and a nature hike to encourage children to explore by using their senses. Register by the Wednesday before each class.

#### Clear Creek Preschool Naturalists

Meet at Clear Creek Natural Heritage Area, 3310 Collins Rd.

Mammals/Animal Tracks Mar 8 F 10am-noon \$8 37738

#### Cross Timbers Preschool Naturalists

Meet by the pond at Cross Timbers Park, 7112 Montecito Dr.

Fish Apr 5 F 10am-noon \$8 37739

Aquatic Benthic May 3 F 10am-noon \$8 37725

### Tumbling Tots, ages 3-5

In this fun class, toddlers will flip, spin, and roll themselves into a good time while learning the basics of gymnastics. Parents must be present for the entire class and be willing to assist the instructor as needed. Register by Feb. 28.

Mar 4-Apr 17 M/F 10-11am MLK \$90 38466

### Summer Splash Days, ages 2-5

Preschoolers with parents can enjoy good ol' fun with slip and slides, wading pools, a sand box, and crafts. Families are welcome to bring a lunch and make the most of our shaded picnic area.

June 14 F 10:30-11:45am NLR \$3 37630

June 28 F 10:30-11:45am NLR \$3 37631

July 12 F 10:30-11:45am NLR \$3 37632

July 26 F 10:30-11:45am NLR \$3 37633

June 8 F 10:30-11:45am NLR \$3 37630

### Hop 'til You Drop, ages 2-4

This is a great parent/toddler engagement opportunity with supervised and structured playtime. Toddlers will learn through music, storytime, and more. Receive a \$3 discount if you register for both the Monday and Friday sessions. Register two days prior to each session.

Mar 4-Mar 25 M 10:30-11:15am NLR \$11 37557

Mar 1-Mar 29 F 10:30-11:15am NLR \$15 37563

Apr 1-Apr 22 M 10:30-11:15am NLR \$15 37558

Apr 5-Apr 26 F 10:30-11:15am NLR \$15 37564

Apr 29-May 20 M 10:30-11:15am NLR \$15 37559

May 3-May 24 F 10:30-11:15am NLR \$15 37565

June 3-June 24 M 10:30-11:15am NLR \$11 37560

May 31-June 21 F 10:30-11:15am NLR \$15 37566

June 24-July 22 M 10:30-11:15am NLR \$15 37561

June 28-July 26 F 10:30-11:15am NLR \$15 37567

July 29-Aug 19 M 10:30-11:15am NLR \$15 37562

Aug 2-Aug 23 F 10:30-11:15am NLR \$15 37568



## Full-Time Preschools (ages 3-5)

### DENIA PRESCHOOL

1001 Parvin St., (940) 349-8285

### MLK PRESCHOOL

1300 Wilson St., (940) 349-8575

Students will learn, laugh, and grow in a safe, fun, and caring environment. Using Mother Goose Time curriculum, the instructors teach numbers, letters, colors, and shapes through music, arts and crafts, physical education, stories, and field trips.

These are full-time preschools, licensed by the Texas Department of Family and Protective Services and a Child Care Management Services (CCMS) vendor. Preschoolers must be potty trained and bring their own lunch, snacks, and drinks each day.

Tuition is \$355 per month, and admission requires an \$85 deposit and a \$25 annual supply fee. Enrollment is limited to 12 students per preschool.

**Monday-Friday, 7:30am-6pm**

### Kindergarten Prep, ages 3½-5

Students will learn skills that prepare them for a school environment, such as directions, counting, recognizing numbers, the alphabet, sharing, and arts and crafts.

The program is licensed by the Texas Department of Family and Protective Services.

Register by the Friday before each session. For more information, call (940) 349-8287.

Apr 1-Apr 24 M/W 9am-1pm NLR \$125 37540

Apr 29-May 22 M/W 9am-1pm NLR \$125 37541

June 3-June 26 M/W 9am-1pm NLR \$125 37542

July 8-July 31 M/W 9am-1pm NLR \$125 37543

Aug 5-Aug 28 M/W 9am-1pm NLR \$125 37544

Apr 2-Apr 25 Tu/Th 9am-1pm NLR \$125 37545

Apr 30-May 23 Tu/Th 9am-1pm NLR \$125 37546

June 4-June 27 Tu/Th 9am-1pm NLR \$125 37547

July 9-Aug 1 Tu/Th 9am-1pm NLR \$125 37548

Aug 6-Aug 29 Tu/Th 9am-1pm NLR \$125 37549

Check out the table of contents to review the following pages that also offer preschool-age activities: dance, martial arts, half-day summer camps, tennis, youth sports, sports instruction, and swim lessons.



# COME HANG WITH US AFTER SCHOOL

## After School Child Care, grades k-5

**2:45-6:30pm, every school day**

Play hard after school! We offer a variety of recreational activities, including intramural leagues, arts and crafts, field trips, rock climbing, "Brainy Bowl," bounce houses, and skating. Our focus is not just recreation, for students also have homework/tutorial time.

Each month costs \$140 per student (Aug. and Sept. are combined to \$180). Spring registration is on-going, and fall registration begins July 15. Register in person at Denton Civic Center, Monday-Friday from 8am-5pm. There is a \$40 non-refundable registration fee.

Students are picked up from school and transported to the recreation centers below. All van drivers are City employees and have received defensive driving. Students must be picked up no later than 6:30pm from the corresponding center.

### Three Convenient Locations

Transportation is provided to the following rec centers from these schools listed:

DENIA REC CENTER: Borman, Hawk, Houston, LA Nelson, McNair, Ryan

NORTH LAKES REC CENTER: Evers, Ginnings, Rayzor, Wilson

MLK JR. REC CENTER: Cross Oaks, Hodge, Lee, Pecan Creek, Providence, Rivera, Stephens

## Kids' Day Off, grades k-6

**March 29, May 24, June 7 (DISD holidays/work days)**

**\$28/kid/day; 7am drop-off & 6pm pick-up at Denton Civic Center**

We provide fun, supervised activities and field trips on school holidays and in-service days. Kids must bring snacks and a lunch. Register at least two days prior to each holiday or in-service day. Call (940) 349-PARK to determine space availability and field trips.

# ROCK WITH US ON FRIDAY NIGHTS!

## Kids Rock, grades 1-5

**March 1, April 5, May 3; 7-10:30pm**

**Denton Civic Center; \$10/kid**

Kids Rock features a DJ, basketball and soccer tournaments, a bounce house, and special inflatable, Xbox, Kinect on the giant screen, dance contests, ping pong, and foosball. We also sell glow products and concessions.

## Jr. High Jamz, grades 6-8

**March 15, April 19, May 17, June 21, July 19, August 16**

**8-11pm at MLK Jr. Rec Center; \$4/kid**

School Jamz features a live DJ, concessions, pool, air hockey, foosball, ping pong, air hockey, arcade games, and basketball. This is a fun and exciting opportunity for students to come together in a safe environment with staff, security, and chaperons.

Student IDs are required for entry from Calhoun, Crownover, Harpool, McMath, Navo and Strickland Middle Schools. Non-DISD middle school IDs are accepted, as well as homeschool and private school parent verifications. Late pick up fees will apply. For more information, call (940) 349-8575.



## AFFORDABLE CHILD CARE

high standards, high quality

experienced staff

homework assistance

three convenient locations

field trips, sports, and activities

open on no-school days

**CALL (940) 349-7275**

## Enjoy a night out or a quiet night in!

extremely affordable

sports and activities

well chaperoned

safe and secure

dj music

dance contests

karaoke fun

low-priced concessions

foosball, ping pong

and so much more!



# the arts

## drawing, cartooning, music, foreign languages

### YOUNG REMBRANDTS ART

New lessons are taught each week, and all materials are provided. Register by the Friday before each session.

#### Preschool Drawing, ages 3-6

Students will develop image vocabulary by drawing familiar images with nurturing instructors. We will concentrate on the skills of drawing and coloring while developing fine motor and listening skills, patience, focus, and spatial organization.

June 17-July 8	M	2-2:45pm	NLR	\$52	37674
July 15-Aug 5	M	2-2:45pm	NLR	\$52	37675

#### Elementary Drawing, ages 6-12

Students will learn basic to advanced drawing techniques and image vocabulary while we provide the necessary skills that allow them to express their imaginations, resulting in increased learning abilities and self-confidence. Each session includes seasonal drawings, art history, and cartooning.

Mar 18-Apr 15	M	5-6pm	NLR	\$65	37621
Apr 22-May 20	M	5-6pm	NLR	\$65	37622
June 17-July 8	M	3-4pm	NLR	\$52	37623
July 15-Aug 5	M	3-4pm	NLR	\$52	37624

#### Elementary Cartooning, ages 7-13

Students will learn to create silly characters, funny expressions, and draw sequences that tell jokes! We will provide an innovative, step-by-step drawing method with light-hearted subject matters that engage their sense of humor and vivid imaginations.

June 17-July 8	M	4:10-5:10pm	NLR	\$52	37625
July 15-Aug 5	M	4:10-5:10pm	NLR	\$52	37626

#### Ooey, Goopy Arts and Crafts, ages 3-9

Kids will have a blast creating art and messes without the clean-up! Parents are asked to stay and assist younger participants.

Bubble Splash Art	June 12	W	10:30-11:30am	NLR	\$5	37690
Playdough	June 26	W	10:30-11:30am	NLR	\$5	37691
Finger Painting	July 10	W	10:30-11:30am	NLR	\$5	37692
Edible Art	July 24	W	10:30-11:30am	NLR	\$5	37693

#### Guitar Lessons, age 8-adult

Students will enjoy fun and inspirational lessons in their choice of electric, acoustic, or classical guitar from a classically trained and degreed instructor. Group lessons are tailored and modified for each individual student's style and ability. Instruments not provided; register one week prior to each session.

Monthly	W	4-5pm	DRC	\$80/month
Monthly	S	2-3pm	DRC	\$80/month

### POLYGLOTTIME FOREIGN LANGUAGES

#### FRENCH & SPANISH CLASSES FOR ALL AGES

##### Preschool Play and Learn, ages 3-5

Children will learn the basics through song and play. They will learn greetings, numbers, days, simple phrases, the alphabet, shapes, colors, animals, and body parts.

French	Mar 6-Apr 10	W	9:30-10:15am	NLR	\$65	37748
French	Apr 24-May 22	W	9:30-10:15am	NLR	\$65	37751
Spanish	Mar 7-Apr 11	Th	9:30-10:15am	NLR	\$65	37771
Spanish	Apr 25-May 23	Th	9:30-10:15am	NLR	\$65	37772

##### Beginning Lower Level, ages 6-9

Children will learn basic conversational phrases through song and play and be introduced to common verbs, feelings, likes and dislikes, greetings, question and answer phrases, days, months, numbers, and shapes.

French	Mar 6-Apr 10	W	10:30-11:15am	NLR	\$65	37749
French	Mar 6-Apr 10	W	5:30-6:15pm	NLR	\$65	37773
French	Apr 24-May 22	W	10:30-11:15am	NLR	\$65	37752
French	Apr 24-May 22	W	5:30-6:15pm	NLR	\$65	37775
Spanish	Mar 7-Apr 11	Th	10:30-11:15am	NLR	\$65	37767
Spanish	Mar 7-Apr 11	Th	5:30-6:15pm	NLR	\$65	37781
Spanish	Apr 25-May 23	Th	10:30-11:15am	NLR	\$65	37768
Spanish	Apr 25-May 23	Th	5:30-6:15pm	NLR	\$65	37782

##### Beginning Upper Level, ages 9-13

Children will learn through active learning with their peers and learn to communicate using questions and answers, basic salutations, feelings, likes and dislikes. They will also begin the process of conjugating verbs, understanding grammatical theories, and writing in French/Spanish.

French	Mar 6-Apr 10	W	11:30am-12:15pm	NLR	\$65	37750
French	Mar 6-Apr 10	W	6:30-7:15pm	NLR	\$65	37774
French	Apr 24-May 22	W	11:30am-12:15pm	NLR	\$65	37753
French	Apr 24-May 22	W	6:30-7:15pm	NLR	\$65	37776
Spanish	Mar 7-Apr 11	Th	11:30am-12:15pm	NLR	\$65	37769
Spanish	Mar 7-Apr 11	Th	6:30-7:15pm	NLR	\$65	37783
Spanish	Apr 25-May 23	Th	11:30am-12:15pm	NLR	\$65	37770
Spanish	Apr 25-May 23	Th	6:30-7:15pm	NLR	\$65	37784

##### Adult Beginning Conversation, age 18-adult

Adults will see how easy it is to learn conversational French/Spanish, common vocabulary, and basic verbs. The difficulty of conjugating verbs will be taught in a way to help you understand, remember, and apply the basic patterns. After taking this 10-week course you will be on your way to becoming bilingual.

French	Apr 10-June 12	W	7:30-8:50pm	NLR	\$155	37795
Spanish	Apr 11-June 13	Th	7:30-8:50pm	NLR	\$155	37788



# Register online at www.dentonparks.com

## martial arts and cooking

### MARTIAL ARTS FOR ALL AGES

#### Texas Isshinryu Karate, age 4-adult

Isshinryu karate is an authentic martial art stemming from Okinawa, the birthplace of karate. This fun class taught by world champion and hall-of-fame black belt instructors, focuses on discipline, confidence, coordination, physical fitness, and practical self-defense. A white uniform is required and may be purchased in class. The first class of each month is free.

#### Ages 4-7

Mar 5-28	Tu/Th	4:30-5:20pm	DRC	\$40	36906
Apr 2-30	Tu/Th	4:30-5:20pm	DRC	\$40	36907
May 2-30	Tu/Th	4:30-5:20pm	DRC	\$40	36908
June 4-27	Tu/Th	4:30-5:20pm	DRC	\$40	36909
July 2-30	Tu/Th	4:30-5:20pm	DRC	\$40	36910
Aug 1-29	Tu/Th	4:30-5:20pm	DRC	\$40	36911

#### Age 8-adult

Mar 5-28	Tu/Th	5:30-6:30pm	DRC	\$40	38185
Apr 2-30	Tu/Th	5:30-6:30pm	DRC	\$40	38186
May 2-30	Tu/Th	5:30-6:30pm	DRC	\$40	38187
June 4-27	Tu/Th	5:30-6:30pm	DRC	\$40	38188
July 2-30	Tu/Th	5:30-6:30pm	DRC	\$40	38189
Aug 1-29	Tu/Th	5:30-6:30pm	DRC	\$40	38190

#### Red Tiger Karate, age 5-adult

Join one of the most popular martial arts programs in North Texas! We offer a complete white-through-black-belt program taught in an upbeat atmosphere. A white uniform is required and may be purchased in class. Register at North Lakes Rec Center on the first night of class. For more information, call (817) 845-1557.

#### Juniors, ages 5-12

Learn American Karate in a year-round program that develops self-esteem, positive behavior, bully-defense, abduction awareness, and academic achievement. All sessions are 10 weeks.

New students	Mar 22-May 24	F 6-7pm	NLR	\$60
	June 14-Aug 16	F 6-7pm	NLR	\$60
Returning students	Mar 22-May 24	F 7-8pm	NLR	\$60
	June 14-Aug 16	F 7-8pm	NLR	\$60

#### Teen and Adult, age 13-adult

Join us to learn street self-defense, meet new people, and get in shape. The benefits of this program will reach beyond the class by improving everyday focus, reducing daily stress, and improving quality of life. All sessions are 10 weeks.

Mar 22-May 24	F 8-9pm	NLR	\$60
June 14-Aug 16	F 8-9pm	NLR	\$60



#### KING KIDS IN THE KITCHEN

Little chefs will make new friends and prepare their own summer treats while learning how to cook creative, kid-friendly recipes. Classes include math games, kitchen science, and gym or playground time after class. Aprons are recommended. Register by the Friday before each class.

#### Spring Break Under the Sea, ages 8-11

Each class teaches kitchen safety and how to cook creative, kid-friendly recipes. Classes include math games, kitchen science, and gym or playground time after class. Aprons are recommended but not required. Register by the Friday before each class.

Crazy Crab Salad	Mar 19	M 6-7:30pm	MLK	\$12	35306
Tuna Salad & Crackers	Mar 20	Tu 6-7:30pm	MLK	\$12	35307
Shrimp/Veggie Kabobs	Mar 21	W 6-7:30pm	MLK	\$12	35308
Fish Tacos	Mar 22	Th 6-7:30pm	MLK	\$12	35309
Fish 'n' Chips	Mar 23	F 6-7:30pm	MLK	\$12	35310

#### Cool Summer Treats, ages 8-11

Slippery Slider	May 9	Th 6-7:30pm	MLK	\$10	38341
Quick Nachos	May 16	Th 6-7:30pm	MLK	\$10	38342
Pizza Minis	May 23	Th 6-7:30pm	MLK	\$10	38343
EZ Chicken Tacos	May 30	Th 6-7:30pm	MLK	\$10	38344



# dance classes

## ballet, tap, jazz & hip-hop

Ballet and tap registrations are accepted in person or by calling the rec center where the classes are offered. Payment is due the first day of class to the instructor. All other dance classes offer online registration at [www.dentonparks.com](http://www.dentonparks.com)

### Tiny Tutus, ages 2-3

Dancers will learn the fundamentals of ballet in a nurturing environment through imaginative play and steps that can be practiced at home.

NORTH LAKES REC CENTER, (940) 349-8287

Mar 19-Apr 9	Tu	4-4:30pm	\$30	37635
Mar 23-Apr 20	Sa	9:15-9:45am	\$30	37640
Apr 23-May 14	Tu	4-4:30pm	\$30	37636
Apr 27-May 18	Sa	9:15-9:45am	\$30	37641
May 28-June 18	Tu	4-4:30pm	\$30	37637
June 1-22	Sa	9:15-9:45am	\$30	37642
July 2-23	Tu	4-4:30pm	\$30	37638
June 29-July 27	Sa	9:15-9:45	\$30	37643
Aug 6-27	Tu	4-4:30pm	\$30	37639
Aug 10-31	Sa	9:15-9:45am	\$30	37644

DENIA REC CENTER, (940) 349-8285

Mar 22-Apr 19	F	5:30-6pm	\$30	36861
Apr 26-May 17	F	5:30-6pm	\$30	36862
May 31-June 21	F	5:30-6pm	\$30	36863
June 28-July 26	F	5:30-6pm	\$30	36864
Aug 9-30	F	5:30-6pm	\$30	36865

### Bigger Ballerinas, ages 4-6

Dancers will learn basic techniques through imaginative play and progress to beginner barre.

NORTH LAKES REC CENTER, (940) 349-8287

Mar 19-Apr 9	Tu	5-5:30pm	\$30	37650
Mar 23-Apr 20	Sa	9:45-10:15am	\$30	37648
Apr 23-May 14	Tu	5-5:30pm	\$30	37654
Apr 27-May 18	Sa	9:45-10:15am	\$30	37649
May 28-June 18	Tu	5-5:30pm	\$30	37651
June 1-June 22	Sa	9:45-10:15am	\$30	37647
July 2-July 23	Tu	5-5:30pm	\$30	37652
June 29-July 27	Sa	9:45-10:15	\$30	37646
Aug 6-Aug 27	Tu	5-5:30pm	\$30	37653
Aug 10-31	Sa	9:45-10:15am	\$30	37645

DENIA REC CENTER, (940) 349-8285

Mar 22-Apr 19	F	6-6:30pm	\$30	36850
Apr 26-May 17	F	6-6:30pm	\$30	36851
May 31-June 21	F	6-6:30pm	\$30	36852
June 28-July 26	F	6-6:30pm	\$30	36853
Aug 9-30	F	6-6:30pm	\$30	36854

### Ballet 1, ages 7+

Dancers will learn fundamentals at the barre and in the center. Combinations will develop motor skills, memory, and coordination.

NORTH LAKES REC CENTER, (940) 349-8287

Mar 23-Apr 20	Sa	10:45-11:45am	\$30	38043
Apr 27-May 18	Sa	10:45-11:45am	\$30	38044
June 1-22	Sa	10:45-11:45am	\$30	38045
June 29-July 27	Sa	10:45-11:45am	\$30	38046
Aug 10-31	Sa	10:45-11:45am	\$30	38047

### Children's Tap, ages 3-6

Dancers will learn step touch, heel together, shuffle step, shuffle hop step, boogie woogie, shim shake, out and in, and ball change.

NORTH LAKES REC CENTER, (940) 349-8287

Mar 19-Apr 9	Tu	4:30-5pm	\$30	38033
Mar 23-Apr 20	Sa	10:15-10:45am	\$30	38038
Apr 23-May 14	Tu	4:30-5pm	\$30	38034
Apr 27-May 18	Sa	10:15-10:45am	\$30	38039
May 28-June 18	Tu	4:30-5pm	\$30	38035
June 1-22	Sa	10:15-10:45am	\$30	38040
July 2-July 23	Tu	4:30-5pm	\$30	38036
June 29-July 27	Sa	10:15-10:45am	\$30	38041
Aug 6-Aug 27	Tu	4:30-5pm	\$30	38037
Aug 10-31	Sa	10:15-10:45am	\$30	38042

DENIA REC CENTER, (940) 349-8285

Mar 22-Apr 19	F	6:30-7pm	\$30	36855
Apr 26-May 17	F	6:30-7pm	\$30	36856
May 31-June 21	F	6:30-7pm	\$30	36857
June 28-July 26	F	6:30-7pm	\$30	36858
Aug 9-30	F	6:30-7pm	\$30	36859

### Tap 1, ages 7+

Dancers will learn tap basics, including shuffle ball change, maxi ford, and front and back flaps.

NORTH LAKES REC CENTER, (940) 349-8287

Mar 23-Apr 20	Sa	11:45am-12:15pm	\$30	38048
Apr 27-May 18	Sa	11:45am-12:15pm	\$30	38049
June 1-22	Sa	11:45am-12:15pm	\$30	38050
June 29-July 27	Sa	11:45am-12:15pm	\$30	38051
Aug 10-31	Sa	11:45am-12:15pm	\$30	38052

register online  
www.dentonparks.com

### Jazz, ages 6-12

This upbeat style of American theatrical dance fuses ballet techniques and the rhythm of tap to express athleticism, personality and style. Each class offers a thorough warm-up including technique exercises, isolations, and stretching. Dancers will learn kicks, turns, and leaps, as well as combinations and vocabulary.

DENIA REC CENTER, (940) 349-8285

Mar 22-Apr 19	F	4:30-5:30pm	\$30	37009
Apr 26-May 17	F	4:30-5:30pm	\$30	37010
May 31-June 21	F	4:30-5:30pm	\$30	37011
June 28-July 26	F	4:30-5:30pm	\$30	37012
Aug 9-30	F	4:30-5:30pm	\$30	37013

### Lil' Hip Hop, ages 5+

In this high-energy class, dancers will learn a variety of fun hip-hop combinations using the fundamentals of dance and will develop rhythm and performance in a nurturing environment.

DENIA REC CENTER, (940) 349-8285

Mar 22-Apr 19	F	7-7:30pm	\$30	36866
Apr 26-May 17	F	7-7:30pm	\$30	36867
May 31-June 21	F	7-7:30pm	\$30	36868
June 28-July 26	F	7-7:30pm	\$30	36869
Aug 9-30	F	7-7:30pm	\$30	36870

### Hip Hop, ages 9+

Beginners and dance enthusiasts will learn fun hip-hop combinations using the latest dance moves and the hottest music! In addition to having a blast, dancers will receive a cardio workout. Bring knee pads and gloves.

MLK JR. REC CENTER, (940) 349-8575

Mar 6-27	W	7:30-8:30pm	\$40	38335
Apr 3-24	W	7:30-8:30pm	\$40	38336
May 1-22	W	7:30-8:30pm	\$40	38337
June 5-26	W	7:30-8:30pm	\$30	38338
July 3-24	W	7:30-8:30pm	\$40	38339
Aug 7-28	W	7:30-8:30pm	\$40	38340



# adult classes

two-step, waltz, progressive country, and salsa

Adult dance classes are offered at Denia Rec Center. To register call (940) 349-8285, or visit us online at [www.dentonparks.com](http://www.dentonparks.com)

### Beginning Two-Step and Waltz

This is your chance to learn basic footwork, fine-lead presence, and patterns. After completing one course, you will feel more comfortable on the dance floor. A partner is NOT required.

Feb 26-Apr 2	Tu	7-8pm	\$30	36846
Apr 16-May 28	Tu	7-8pm	\$30	36847
June 11-July 16	Tu	7-8pm	\$30	36848
July 30-Sept 3	Tu	7-8pm	\$30	36849

### Basic Progressive Country

This is your chance to learn the country dance with the most spins, neck wraps, and waist wraps. The fee is per person and a partner is needed.

Feb 26-Apr 2	Tu	6-7pm	\$25	36842
Apr 16-May 28	Tu	6-7pm	\$25	36843
June 11-July 16	Tu	6-7pm	\$25	36844
June 30-Sept 3	Tu	6-7pm	\$25	36845

### Salsa I, Beginner

Explore this energetic, fun Latin dance! Learn technique, posture, and basic steps with small spins. A partner is NOT required.

Mar 6-27	W	6:30-7:30pm	\$20	36889
Apr 3-24	W	6:30-7:30pm	\$20	36890
May 1-22	W	6:30-7:30pm	\$20	36891
June 5-26	W	6:30-7:30pm	\$20	36892
July 3-24	W	6:30-7:30pm	\$20	36893
Aug 7-28	W	6:30-7:30pm	\$20	36894

### Salsa II, Intermediate

This intermediate Salsa class will help you build upon the basics learned in Salsa I and introduce new forms, variations and patterns to expand your dancing abilities. Students must have completed Salsa I or obtain instructor approval.

Mar 6-27	W	7:30-8:30pm	\$20	36883
Apr 3-24	W	7:30-8:30pm	\$20	36884
May 1-22	W	7:30-8:30pm	\$20	36885
Jun 5-26	W	7:30-8:30pm	\$20	36886
July 3-24	W	7:30-8:30pm	\$20	36887
Aug 7-28	W	7:30-8:30pm	\$20	36888

Take a LOOK



Take a look at group exercise on page 39! We offer the perfect combination of dance and exercise with Zumba and Hip Hop Hustle.

# SPRING BREAK Camps



Full-day spring break camps, three great locations, and teen trips. Unless otherwise noted, full-day campers need to bring a lunch, snacks, and drinks. For more spring break activities, see page 9 for cooking classes and page 29 for skateboard camps.

## MLK Jr. Rec Center, ages 9-12

7:30am drop-off, 6:30pm pick-up  
\$28/kid per day (\$11/t-shirt fee)  
For more information, call (940) 349-8575.

### Monday, March 11 at South Lakes Park

Explore one of Denton's coolest playgrounds, Eureka!, with a huge, castle-like structure.

### Tuesday, March 12 at Denton Natatorium

Enjoy Denton Natatorium's two indoor pools with a giant slide and a diving board.

### Wednesday, March 13 at Clear Creek

Hike through the rare, natural area surrounding the confluence with the Trinity River.

### Thursday, March 14 at Denia Rock Wall

Climb the center's 20-foot, indoor rock climbing wall with five different courses.

### Friday, March 15 at Zone Action Park

Have a blast with go-karts, giant inflatables, and more.

## Denton Civic Center, ages 5-12

7am drop-off, 6:30pm pick-up  
\$28/kid per day  
For more information, call (940) 349-7275.

### Monday, March 11: Springopolis

Spring into the break with unlimited go-karts, mini golf, rides, and more at Mountasia.

### Tuesday, March 12: JUMParama

Enjoy wall-to-wall trampolines, a giant foam pit, and more at Urban Air Trampoline Park.

### Wednesday, March 13: Sportsmania

Tour Texas Motor Speedway, design a team pennant, and have lunch at Bobby V's Sports Cafe.

### Thursday, March 14: Music & Movie Mania

After eating and exploring at Hard Rock Cafe, enjoy a movie at Studio Movie Grill.

### Friday, March 15: Gamesapalooza

Before enjoying giant inflatables at Pump It Up, play unlimited video games at Tornado Terry's.

## Denia Rec Center, ages 5-12

7:30am drop-off, 6:30pm pick-up  
\$28/kid per day  
For more information, call (940) 349-8285.

### Monday, March 11: Amazing Jakes

Spring into action at Amazing Jakes with go-karts, lazer tag, bumper cars, rock climbing, and more.

### Tuesday, March 12: Main Event

Dive into games at Denia Rec Center, then hit Main Event in Frisco for bowling and arcade games.

### Wednesday, March 13: Cinemarchery

Focus on the target learning archery, playing games, and doing crafts, before heading to a movie.

### Thursday, March 14: Cosmic Jump

Trip to the best park in town, then hit the high road to Cosmic Jump in Lewisville.

### Friday, March 15: Rectacular

Explore Denia's blacklight rock climbing, dodgeball, and basketball, then cool off at the Natatorium.

# Teen adventures



## Horseback Riding, ages 11-15

Join Black Mustang Ranch on a guided, 1.5-hour horseback adventure on the trails at Lantana Lodge. Terrain varies from rugged, stony hills to sandy loam with spectacular views of the lake. After lunch, geocache at Jordan State Park. Bring sunscreen, a lunch, water, and snacks. Register by March 4.

Mar 11 M 10am-4pm \$45 37813

## Kayaking, ages 11-15

Join ACA-assessed and American Red Cross lifeguard-certified staff on a paddle up Elm Fork to the confluence at Clear Creek. A hat, sunscreen, and weather-appropriate clothing (including closed-toe shoes that can get wet) are necessary. Life jackets, paddles, and kayaks are provided. Bring a sack lunch, water, and snacks. Register by March 8.

Mar 12 Tu 10am-3pm \$20 37816

## Archery, ages 11-15

Join certified instructors from National Archery in Schools to learn the fundamentals of international style archery. Closed-toe shoes are a must, and weather-appropriate clothing shoes are necessary. Bring water and snacks. Register by March 11.

Mar 13 W 1-4pm \$10 37863

Teens will leave from and return to Denia Rec Center, (940) 349-8136.

# ALL-DAY SUMMER Camps

Details of each camp including activities and field trips will be published in the Summer Fun Guide. Full-day teen camps and teen trips are listed on page 18.



Exciting field trips to trampoline parks, water parks, adventure parks, AND SO MUCH MORE!

Affordable for full-time working parents!

ONLY \$2.62/hour for child care that includes field trips, activities, lunch, and the most amazing experience.

## Little Campers, ages 3½-6

### McMath Middle School

Licensed by the Texas Dept. of Family and Protective Services, kids will enjoy a safe, day care-like setting with the fun atmosphere of a summer camp. Themed activities include field trips, swimming twice a week, games, arts and crafts, bounce houses, face painting, songs and dance, story time, and karaoke. Kids must be potty trained. Session 10 and 11 will be at Denton Civic Center.

- S1 Squiggles and Giggles
- S2 Bouncing Bungalows
- S3 Fun in the Jungle
- S4 Loopy Luau
- S5 Tumbling Tycoons
- S6 Beach Bonzai
- S7 Giddy Up
- S8 Mad Hatters
- S9 Striking Starz
- S10 Bouncing Buckaroos
- S11 Commotion in the Ocean

## Super Kids, ages 6-12

### McMath Middle School

Themed activities include field trips, swimming three times a week, sports, drama, science, space, travel, and games. Session 10 and 11 will be at Denton Civic Center.

- S1 Campamaniacs
- S2 Surfing Super Stars
- S3 Rock or Roll
- S4 Scientific
- S5 Razzle Dazzle
- S6 Cinemaphonics
- S7 Splashing Splendor
- S8 Game-a-thon
- S9 CSI Sleuths
- S10 Music to the Max
- S11 End of Summer Spectacular

## Camp Exploration, ages 5-11

### Denton Civic Center

Themed activities include field trips, swimming three times a week, entertainment, explorations, and attractions.

- S1 Camptropolis
- S2 Whopping Waves
- S3 Limbo Luau
- S4 Movie Madness
- S5 Colossal Fun
- S6 Flash and a Splash
- S7 Jammin' & Jumpin'
- S8 Spunky Sports
- S9 Water Wonderland
- S10 Adventures Away
- S11 Hollywood Highlights

## Camp Voyage, ages 5-8 & 9-12

### Denia Rec Center

Themed activities include outdoor adventures, field trips, swimming, and arts and crafts.

- S1 Birds of Prey & Steel
- S2 Kayak Attack
- S3 EnviroKids
- S4 Cam, Jam, and Belay
- S5 Sandlot Kids
- S6 Anglers & Archers
- S7 Nickelodeon Throwback
- S8 Friday Night Lights
- S9 Super-Soaked Summer
- S10 Game Time
- S11 Best of the Best

## King Kids Kamp, ages 6-12

### MLK Jr. Rec Center

Themed activities include field trips, swimming, Xbox games, travel, and more.

- S1 Wacky World of Sports
- S2 Wild Kingdom
- S3 Ready, Set, GO!
- S4 Brrr! It's Cold in Here!
- S5 Extreme Obstacles
- S6 Splish, Splash, Splunk
- S7 Jump into Fitness
- S8 Weird Science
- S9 Let's Go Pro!
- S10 Catch me if you Can!
- S11 Field Day FINALE

## Daily, 7am-6pm

Weekly Session Dates

- S1 June 10-14
- S2 June 17-21
- S3 June 24-28
- S4 July 1-5
- S5 July 8-12
- S6 July 15-19
- S7 July 22-26
- S8 July 29-Aug. 2
- S9 Aug. 5-9
- S10 Aug. 12-16
- S11 Aug. 19-23

Fees: \$105 per session (nonresidents add \$5)  
\$85 for S4; no camp on July 4

T-Shirt: \$8 (one-time, required fee)

Deposit: \$10 (details below)

Fees include all activities, field trips, and supplies. Regardless of being registered for the free lunch program, kids must bring two snacks and a drink each day. The free lunch program is available on non-field trip days, June 10 - Aug. 16.

The first session must be paid in full upon registration. The \$10 deposit (applied to fee) is required for all reserved sessions. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed. For sessions paid in full, a one-week notice must be given to receive credit toward another session.



## Take a closer look!

The FREE full-day summer camp is listed on page 14.

It was previously known as KKDK and is now operating as City of Denton Kids Camp.

# SPECIALTY Camps

explorer camp, naturalist camp, french and spanish camp and more

Discover our new kayaking camps on page 21!

## Fantastic grammatics

### Half-Day Camps, ages 3-5

Denton Civic Center

\$75 per child, per week

Monday-Friday, 9am-noon

Campers must be potty trained



*A great first-time camp for your precious little ones. They'll love the camp and you will love the quiet time.*

### Little Scientists, June 24-28; 37736

Kids will fizzle, swizzle, and twizzle the day away while learning about magnets, air, water, and more. The camp features demonstrations and hands-on activities.

### Super Hero Adventures

July 8-12; 37737

Superman, Spiderman, and Batman, oh my! Each day, kids will explore the world of a different super hero through stories, activities, games, and crafts. Kids may also wear their favorite super hero costume!

### Fairy Tale Adventures

July 22-26; 37740

Kids will live in a fairy tale through stories, games, activities, and crafts featuring classic tales such as the "Little Mermaid" and "Aladdin." Kids may also wear their favorite fairy tale attire!

### Spanish Grammar in Action

North Lakes Rec Center, ages 14-17

Campers will learn basic conversational words and phrases through a week long course of learning Spanish. Vocabulary will be emphasized through different activities throughout the week and grammar will be broken down in a way that can be easily learned.

July 8-12 M-F 8:30am-noon \$75 37894

### French Grammar in Action

North Lakes Rec Center, ages 14-17

Campers will learn words that are necessary parts of conversation and be able to identify grammatical functions of words in various sentences. They will be given various topics to master key vocabulary words, cultural tips and pronunciation skills.

July 22-26 M-F 8:30am-noon \$75 37895

### Multigenerational Grand Camp

Denton Senior Center, ages 6+

This camp is for both grandparents and grandchildren, age 6 and older. We will spend the week creating lasting memories through games and special-theme activities. Details will be available in the summer camp guide and the Senior Center's newsletter. There is no fee for the grandparent.

June 17-21 M-Th 9am-2pm \$60/child 38617

### Jr Master Naturalist Camp

Clear Creek, ages 6-11

Campers will enjoy a unique outdoor experience at Clear Creek Natural Heritage Area with Elm Fork Master Naturalists and Master Gardener-certified staff. Each day will include a nature study, arts and crafts, and an exploration hike. The fee includes admission to the Blackland Prairie Raptor Center presentation, Predators from the Sky, on June 12 from 1:30-2:30pm at Denia Rec Center. Each day, kids must bring a sack lunch and water and wear closed-toe shoes, long pants, sunscreen, and insect repellent. Meet at Clear Creek, 3310 Collins Rd. Register by May 31.

June 10-14 M-F 9am-noon \$60/child 37904

### Aquatic Explorer Camp

Denton Natatorium, ages 7-14

Explore the world of water through kayaking, water polo, snorkeling, and basic water safety. Bring swimsuits, a towel, goggles and sunscreen each day.

June 17-21 M-F 1-4pm \$85 37224

June 24-28 M-F 1-4pm \$85 37225

July 8-12 M-F 1-4pm \$85 37226

July 15-19 M-F 1-4pm \$85 37227

July 22-26 M-F 1-4pm \$85 37538

## free full-day camp

### City of Denton Kids Camp, June 10 - Aug. 23

**NEW LOCATION: Denia Rec Center, ages 5-11**

Kids will experience field trips and activities, including arts and crafts, games, swimming, and sports. Lunch is provided except on field trip days and the last week of camp. Drop-off is at 9am, and pick-up is at 5pm at Denia Rec Center.

#### REGISTRATION

Beginning April 15, register in person at Denton Civic Center, Monday-Friday from 8am-5pm. A mandatory, non-refundable fee of \$10 is due at registration to reserve a camper's spot.

#### ELIGIBILITY

Camp qualification is based on family income. Guardians, single or joint, must either be working full time, enrolled in a job training program, or enrolled full time in the summer school semester. Guardians must provide the following at registration: completed 2012 income tax forms for income verification, current pay stubs from one month, proof of residency within Denton city limits, and participants' birth certificates for age verification. Additional information on required documentation is available online. For more information, call (940) 349-7275.



### FREE Summer Lunches

All youth, ages 1-18

Monday-Friday, June 10 - Aug. 16

#### Locations (serving times vary):

Denia Rec Center, Mack Park, MLK Jr. Rec Center, Fred Moore Park, Owsley Neighborhood, Village East Apartments, Fairways at University, Denton Mobile Home Park, Quakertown Park

The free lunch program is made possible by a grant awarded to the City. Lunches are provided upon request and are subject to availability. For more information, call (940) 349-8731. Youth eligible to participate in the program must not be discriminated against because of race, color, sex, age, disability, religion, or political belief. Anyone who believes that they have been discriminated against should write immediately to USDA Director, Office of Civil Rights, 1400 Independence Ave. SW, Washington, DC 20250-9410 or call (800) 795-3272 or (202) 720-6382. USDA is an equal-opportunity provider and employer. Note: Discrimination complaints based on religion or political beliefs must be referred only to the director, Civil Rights Division, Texas Department of Agriculture.

# Interactive

lego engineering, art, and computer design camps!



## Play-Well Teknologies

### Pre-Engineering Lego Camp

**North Lakes Rec Center, ages 5-7**

Let your imagination run wild with over 100,000 pieces of LEGO! In this fun-filled, creative class, campers learn building techniques with the guidance of an experienced Play-Well instructor. Instructors demonstrate new projects daily, and provide the tools for students to take their creations further. Each course is geared uniquely to the kids, but will include motorized, architectural, and fanciful projects.

June 17-21 M-F 9am-12pm \$170 37860

## Play-Well Teknologies

### Engineering Fundamentals Lego Camp

**North Lakes Rec Center, ages 8-12**

Power-up your engineering skills! Campers will apply real-world concepts in physics, engineering, and architecture through projects designed by engineers. Instructors provide tools for campers to take their creations further, and projects are mostly motorized, architectural, and always fun!

June 17-21 M-F 1-4pm \$170 37861

## Interactive Computer Camps

### Animation

**MLK Jr. Rec Center, ages 10-17**

Students will learn the basics of animation and digital design and create fun interactive Adobe Flash animations.

June 10-13 M-Th 9am-12pm \$165

### Video Game Design

**MLK Jr. Rec Center, ages 10-17**

Students will learn with a fun interactive look at the basics of video game design and produce several different interactive video games to share with their friends and family.

June 10-13 M-Th 1-4pm \$175

July 29-Aug 1 M-Th 1-4pm \$175

### Web Design

**MLK Jr. Rec Center, ages 10-17**

Students will take an in-depth look at the world of web design and development and learn how to build their own web site from start to finish. They will have access to their website with free hosting for one year.

July 29-Aug 1 M-Th 1-4pm \$165

## The Gaming Academy

**MLK Jr. Rec Center, ages 10-17**

Students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. This camp offers a variety of hands on experience designing and building their own games. Students need to bring a sack lunch.

Aug 5-8 M-Th 9am-4pm \$325

Online registration is available for half-day and specialty camps beginning March 1.

To register by phone, call (940) 349-7275 or visit us online at [www.dentonparks.com](http://www.dentonparks.com)

## More to explore...

- Sports Camps, page 16
- Tennis Camps, page 17
- Teen Camps, page 18
- Teen Trips, page 18
- Kayaking Camps, page 21



The first day of camp will be spent at McMath Middle School in preparation of four, fun-filled days of camping, fishing, hiking, paddle boats, outdoor games, campfires, and swimming!

During the three nights of camping, we will stay in cabins at Turner Falls Park. Campers must register in person at the Civic Center by June 13. The fee must be paid in full upon registration. After June 1, credits or refunds will not be provided.



## Young Rembrandts Jr. Art Camp

**North Lakes Rec Center, ages 5-8**

On the first two days, campers will draw as much as they can in the first hour, then select and complete their favorite pieces. On the last day, they will compile what they have learned in one large, completed scene.

June 26-28 W-F 1-2:30pm \$63 37799

July 17-19 W-F 1-2:30pm \$63 37800

July 31-Aug 2 W-F 1-2:30pm \$63 37801

## Young Rembrandts Art Camp

**North Lakes Rec Center, ages 8-13**

Geared toward older campers, each week will focus on different methods, including pencil, marker, and pastels.

June 26-28 W-F 2:45-4:15pm \$63 37802

July 17-19 W-F 2:45-4:15pm \$63 37803

July 31-Aug 2 W-F 2:45-4:15pm \$63 37804

## ULTIMATE CAMPOUT!

GRADES 1-5  
TURNER FALLS PARK

Monday-Friday, June 24-28  
\$150/camper, 37728

# Sports camps



Bring a snack and drink each day.  
Register online at [www.dentonparks.com](http://www.dentonparks.com)

## Start Smart Mini-Sports Camps, ages 3-4

These camps are a great way to introduce kids to the world of sports. Kids will participate in various activities related to the week's sports, including arts and crafts. The fee includes a T-shirt.

Flag Football, Hockey/Soccer, Volleyball, Karate, Lacrosse

June 17-21 M-F 9am-noon DCC \$60 37719

Basketball, T-Ball, Tennis, Track & Field, Bowling, Golf

Aug 5-9 M-F 9am-noon DCC \$60 37720

## Sports Specific Camps, ages 5-12

These camps are great for both the beginner looking to gain a basic understanding of the sport and the veteran wanting to improve. The fee includes a T-shirt. Kids need to bring a snack and drink each day.

### Softball, ages 5-12

Ages 5-8 June 10-13 M-Th 8:30-11:30am DSC \$75 38194

Ages 9-12 June 17-20 M-Th 8:30-11:30am DSC \$75 38195

### Volleyball, ages 7-12

Ages 7-9 June 24-27 M-Th 1-4pm NLR \$75 38196

Ages 10-12 July 8-11 M-Th 1-4pm NLR \$75 38197

### Soccer, ages 5-8

Ages 5-8 July 15-18 M-Th 8:30-11:30am DRC \$75 38198

## Skateboard Camps, ages 5+

These camps teach everything kids need to know in a fast, fun environment. On the first day, kids will be assessed so lessons may be adapted to their abilities. A guardian must be present the first day to complete a waiver. Each day, kids need to bring a helmet, a skateboard, sunscreen, water, and a snack. Camps will meet regardless of weather; the rain-out location is the Natatorium so kids need to bring a swim suit and a towel. The fee includes a T-shirt. Register by the Thursday before each camp.

### Skateboard Camp, ages 6+

This camp is perfect for beginner to intermediate skaters, as instruction is adapted to each skater's ability.

June 10-14 M-F 8:30-11:30am SKP \$75 37886

July 8-12 M-F 8:30-11:30am SKP \$75 37889

July 29-Aug 2 M-F 8:30-11:30am SKP \$75 37892

### Mini Skateboard Camp, ages 5-7

A great camp designed for young, beginning skateboarders.

June 17-21 M-F 9-11am SKP \$50 37887

July 15-19 M-F 9-11am SKP \$50 37890

### Intermediate Skateboard Camp, ages 6+

This camp is perfect for improving skills; previous camp enrollment is not required.

June 24-28 M-F 8:30-11:30am SKP \$75 37888

July 22-26 M-F 8:30-11:30am SKP \$75 37891

## DC Bronco Football Camp, ages 6-12

This camp will build upon each kid's overall confidence in sports while teaching them fundamental skills such as how to pass, receive, and block, as well as formations and defense. Kids will be divided by ages.

June 10-21 M/W/F 8-11am MLK \$50 38387

July 8-19 M/W/F 8-11am MLK \$50 38388

(Combined discounted rate of \$85; 38389)

## Golf Camp, ages 7+

This instructional camp stresses proper fundamentals while making golf fun. In addition to the rules of the game, kids will receive instruction in course etiquette. Kids will also practice grip, stance, and swing on the driving range, putting green, and chipping green. The fee includes a T-shirt, and clubs are available for use. Kids need to bring water and a snack each day.

June 10-13 M-Th 9-11am RRG \$150 37797

Aug 5-8 M-Th 9-11am RRG \$150 37798

## The Olympics, ages 5-13

This fun two-week training program will allow kids to compete for the silver, bronze and gold in their age division in the following events: tug of war, long jump, 100-yard dash, jump rope, and football toss. 'Olympic Game Day' will be Saturday, July 20 from 11am-2pm at MLK Jr. Rec Center. Game day heats will be determined during qualifying events on Thursday, July 18. Each competitor will participate on game day and receive a participation ribbon.

Ages 5-7 July 9-20 T/Th 5:30-6:30pm \$10 38490

Qualifying time: Thursday, July 18 at 11-11:30am

Ages 8-10 July 9-20 M-Th 5:30-6:30pm \$10 38490

Qualifying time: Thursday, July 18 at 11:30am-noon

Ages 11-13 July 9-20 M-Th 5:30-6:30pm \$10 38490

Qualifying time: Thursday, July 18 at 12:30-1pm

## LOOKING FOR MORE?

### Check out youth sports!

In addition to sports camps, we offer summer leagues and instruction for kickball, basketball, track, soccer, flag football, Soccer Sparks Academy, and much more. See pages 28-31.



No camp on July 4. All fees are for residents; nonresidents add \$5.



Bring a snack and drink each day.  
Register online at [www.dentonparks.com](http://www.dentonparks.com)

### Pee Wee Tennis Camp, ages 4-6

Campers will use smaller nets and graduated racquets to develop basic strokes. Special equipment and targets are used to create a carnival-like atmosphere and fun learning environment. Campers will receive a tennis prize, and multiple-sized junior racquets are available for use.

#### MORNING CAMPS @ GTC

June 10-14	M/W/F	9-10am	\$55	37498
June 17-21	M/W/F	9-10am	\$55	37499
June 24-28	M/W/F	9-10am	\$55	37500
July 8-12	M/W/F	9-10am	\$55	37501
July 15-19	M/W/F	9-10am	\$55	37502
July 22-26	M/W/F	9-10am	\$55	37503
July 29-Aug 2	M/W/F	9-10am	\$55	37504
Aug 5-9	M/W/F	9-10am	\$55	37554
Aug 12-16	M/W/F	9-10am	\$55	37555

#### EVENING CAMPS @ GTC

June 10-13	M-Th	6:30-7:30pm	\$69	37505
June 24-27	M-Th	6:30-7:30pm	\$69	37506
July 15-18	M-Th	6:30-7:30pm	\$69	37507
Aug 5-8	M-Th	6:30-7:30pm	\$69	37556

### Superstar Tennis Camp, grades 1-5

Campers will have a blast learning the basic of tennis, including strokes, grips, and footwork. The camp combines fundamentals and fun by using a "skill of the day" format. Kids will receive a tennis prize, and multiple-sized junior racquets are available for use.

#### MORNING CAMPS @ GTC

June 10-14	M/W/F	9-10:30am	\$59	37600
June 17-21	M/W/F	9-10:30am	\$59	37601
June 24-28	M/W/F	9-10:30am	\$59	37602
July 8-12	M/W/F	9-10:30am	\$59	37603
July 15-19	M/W/F	9-10:30am	\$59	37604
July 22-26	M/W/F	9-10:30am	\$59	37605
July 29-Aug 2	M/W/F	9-10:30am	\$59	37606
Aug 5-9	M/W/F	9-10:30am	\$59	37805
Aug 12-16	M/W/F	9-10:30am	\$59	37806

#### MORNING HALF-DAY CAMPS @ GTC

Extended version of our regular camps, kids will learn mechanics and stroke production, while the second session incorporates singles and doubles play, ball machine practice, and include a Friday pizza party.

June 10-14	M/W/F	9am-noon	\$99	37607
June 17-21	M/W/F	9am-noon	\$99	37608
June 24-28	M/W/F	9am-noon	\$99	37609
July 8-12	M/W/F	9am-noon	\$99	37610
July 15-19	M/W/F	9am-noon	\$99	37611
July 22-26	M/W/F	9am-noon	\$99	37807
July 29-Aug 2	M/W/F	9am-noon	\$99	37808
Aug 5-9	M/W/F	9am-noon	\$99	37809
Aug 12-16	M/W/F	9am-noon	\$99	37810

#### EVENING CAMPS @ GTC

June 10-13	M-Th	6:30-8pm	\$79	37612
June 24-27	M-Th	6:30-8pm	\$79	37613
July 15-18	M-Th	6:30-8pm	\$79	37614
Aug 5-8	M-Th	6:30-8pm	\$79	37615

### Championship Tennis Camp, grades 6-12

Beginners will learn the basics of tennis, and intermediate players will begin playing and keeping score. Racquets are available for use.

#### MORNING CAMPS @ GTC

June 10-14	M/W/F	9-10:30am	\$59	37840
June 17-21	M/W/F	9-10:30am	\$59	37842
June 24-28	M/W/F	9-10:30am	\$59	37841
July 8-12	M/W/F	9-10:30am	\$59	37828
July 15-19	M/W/F	9-10:30am	\$59	37829
July 22-26	M/W/F	9-10:30am	\$59	37830
July 29-Aug 2	M/W/F	9-10:30am	\$59	37909
Aug 5-9	M/W/F	9-10:30am	\$59	37910
Aug 12-16	M/W/F	9-10:30am	\$59	37911

#### MORNING HALF-DAY CAMPS @ GTC

Extended version of our regular camps, kids will learn mechanics and stroke production, while the second session incorporates singles and doubles play, ball machine practice, and include a Friday pizza party

June 10-14	M/W/F	9am-noon	\$99	37835
June 17-21	M/W/F	9am-noon	\$99	37818
June 24-28	M/W/F	9am-noon	\$99	37819
July 8-12	M/W/F	9am-noon	\$99	37820
July 15-19	M/W/F	9am-noon	\$99	37821
July 22-26	M/W/F	9am-noon	\$99	37843
July 29-Aug 2	M/W/F	9am-noon	\$99	37917
Aug 5-9	M/W/F	9am-noon	\$99	37918
Aug 12-16	M/W/F	9am-noon	\$99	37920

#### EVENING CAMPS @ GTC

June 10-13	M-Th	6:30-8pm	\$79	37831
June 24-27	M-Th	6:30-8pm	\$79	37832
July 15-18	M-Th	6:30-8pm	\$79	37833
Aug 5-8	M-Th	6:30-8pm	\$79	37834

### Entry-Level Tour. Tennis Camp (\$19/drop-in)

June 10-14	M/W/F	11am-12:30pm	\$55	38006
June 17-21	M/W/F	11am-12:30pm	\$55	34807
June 24-28	M/W/F	11am-12:30pm	\$55	38011
July 8-12	M/W/F	11am-12:30pm	\$55	38008
July 15-19	M/W/F	11am-12:30pm	\$55	38009
July 22-26	M/W/F	11am-12:30pm	\$55	37997
July 29-Aug 2	M/W/F	11am-12:30pm	\$55	37998
Aug 5-9	M/W/F	11am-12:30pm	\$55	37999
Aug 12-16	M/W/F	11am-12:30pm	\$55	38000

### Adv. Camp (champ/super qualified) (\$19/drop-in)

June 10-14	M/W/F	11am-12:30pm	\$55	37988
June 17-21	M/W/F	11am-12:30pm	\$55	37989
June 24-28	M/W/F	11am-12:30pm	\$55	37992
July 8-12	M/W/F	11am-12:30pm	\$55	37993
July 15-19	M/W/F	11am-12:30pm	\$55	37994
July 22-26	M/W/F	11am-12:30pm	\$55	37995
July 29-Aug 2	M/W/F	11am-12:30pm	\$55	37996
Aug 5-9	M/W/F	11am-12:30pm	\$55	37990
Aug 12-16	M/W/F	11am-12:30pm	\$55	38991

### Saturday Tennis Camp, ages 5-14

This camp is for beginner to intermediate level players.

June 15, 22, 29, July 1 Sa	9:30-10:30am	GTC	\$55	37619
July 20, 27, Aug 3, 10 Sa	9:30-10:30am	GTC	\$55	37620

# Teen camp and adventures

Register at [www.dentonparks.com](http://www.dentonparks.com)

## Teen Day Camp, ages 11-15

Each day begins at 7am and ends at 6pm at Denton Civic Center. Teens will enjoy exciting field trips with activities such as laser tag, go-karts, arcades, water parks, tours, rock climbing, paintball, movies, and so much more. Teens will never be bored with at least one field trip scheduled each day! Details and field trips will be available online at [www.dentonparks.com](http://www.dentonparks.com)

S1	June 10-14	Gamesatropolis	
S2	June 17-21	Sports Frenzy	
S3	June 24-28	Jamming and Jumping	
S4	July 1-5	Hawaiian Hullabaloo	
S5	July 8-12	Racing Rampage	
S6	July 15-19	Amusement Mania	<i>Exciting field trips and adventures everyday!</i>
S7	July 22-26	Paintball Party	
S8	July 29-Aug 2	Adventureland	
S9	Aug 5-9	Arcade Crazy	
S10	Aug 12-16	Tropical Paradise	
S11	Aug 19-23	Urban Adventures	

### Registration

Beginning April 15, register in person at Denton Civic Center, Monday-Friday from 8am-5pm. There must be a minimum of 20 campers to hold a session. \$115 per session; \$95 for session 4 (no camp on July 4)

The first session must be paid in full upon registration. The \$10 deposit (applied to fee) is required for all reserved sessions. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed. For sessions paid in full, a one-week notice must be given to receive credit toward another session. Fees include all activities and field trips. Teens need to bring a sack lunch, a snack, & drinks each day.

## Overnight Trips and Adventures

### Davis Mountain Observatory

We'll dive into the 76-78 degree waters of the world's largest spring-fed swimming pool at Balmorhea State Park, visit the McDonald Observatory, where teens will view a 'star party' through giant telescopes, and hike and geocache on four miles of trails to visit Fort Davis National Historic Site. Teens and their guardian are required to attend a pre-trip meeting on June 13, 7pm at Denia Rec Center. The fee includes transportation, most meals, and activity fees. Register by June 3.

June 18-21 Tu-F 9am-4pm \$195 38125

### Tubing on the Comal

The Comal River is the shortest river in the world. Really! It begins at Comal Springs in Landa Park and flows 2.5 miles until its junction with the Guadalupe. After our tubing adventure, we will set up camp on the river at Landa Park then eat dinner dutch treat in New Braunfels. Register by July 23.

Aug 13-14 Tu/W 6am-3pm \$100 38493

## One-day Adventures, ages 11-15

All trips will start and finish at Denia Rec Center. For trip-specific questions, call (940) 349-8136.

### Horseback Riding

Join Black Mustang Ranch on a guided one and a half hour horseback riding adventure on the trails at Lantana Lodge. Terrain varies from rugged stony hills to sandy loam and spectacular views of the lake. You will be matched with your ideal horse based on your riding skills from beginner to experienced. After lunch we will geocache at Jordan State Park. Please bring sunscreen, a lunch, drinks and snacks. Meet at Denia Rec Center.

June 25 Tu 9am-3pm \$45 Register by June 14; 37814

### Kayaking

Join ACA assessed and American Red Cross lifeguard certified staff on a paddle up Elm Fork to the confluence of Clear Creek and Elm Fork. Sunscreen, water, and weather appropriate clothing (including shoes that can get wet) are recommended. Life jackets, paddles and canoes are provided. Bring a sack lunch to enjoy on a sandy beach, drinks and snacks. Meet at Denia Rec Center.

July 9 Tu 9am-3pm \$20 Register by July 2; 37817

### Rock Climbing

Climb on natural rock formations at Lake Mineral Wells, then enjoy an optional dip in the lake during lunch. The fee includes instruction, transportation, and entrance fees; and all equipment is provided. Wear weather-appropriate clothing and bring sunscreen, a lunch, water, and snacks.

July 16 Tu 9am-4pm \$25 Register by July 8; 38127

### Intro to Mountain Biking

Bike four miles of flat, single-track trail in wetlands, grasslands, and forests to discover the natural beauty of Clear Creek. Transportation, bikes, helmets, and guidance are provided. Bring a sack lunch and water. Meet at Denia Rec Center.

July 23 Tu 9am-noon \$20 Register by July 18; 38136

### Archery

Join certified instructors from National Archery in Schools to learn the fundamentals of international style archery. Closed-toe shoes are a must; bring water and snacks.

July 30 Tu 1-4pm \$10 Register by July 24; 38145

Register online at [www.dentonparks.com](http://www.dentonparks.com)

# good times

## Season passes are on sale!

**May 25 - Sept. 2**

Individual, \$50 (nonresidents add \$10)

Family, \$110 (nonresidents add \$15)

Passes are available for purchase at Denton Civic Center and Denton Natatorium. Season passes may be used for admission to Denton Natatorium on CCP rain-out days.

Families are considered to be up to two adults and up to four dependent children living in the same household; each additional child, \$25. "Dependent" implies tax dependent or dependent through marriage.

## Daily Admission

Ages 18 and older, \$3

Ages 2-17, \$2.25

Under age 2, FREE

## Hours of Operation

Monday-Saturday, noon-6pm; Sunday, 1-6pm

Memorial Day Weekend, May 25-27

Open daily, June 8 - Aug. 25

Labor Day Weekend, Aug. 31 - Sept. 2

## Special Events

Father's Day, June 16, dads are FREE with a paid admission.

July 4, enjoy \$1 admission and fun and games.



## Civic Center Pool

515 N. Bell St., (940) 349-8279

## We're ready to get your party started, call (940) 349-8800!

Available beginning May 28, this \$110 package includes one hour under the shaded party area, invitations, paper goods, cake, and drinks. Pizza is available for an additional \$30. The price is limited to 15 guests; each additional guest pays daily admission. To book your summer party, call (940) 349-8806.

## After hours, private rentals

The pool is available for private rentals on week days beginning at 7:30pm and on weekends beginning at 7pm. Lifeguards are provided. All rental fees must be paid in full at the time of reservation booking. To book, call (940) 349-8802.

## Summer Swim Lessons

Structured lessons are divided by age and skill level and taught by certified instructors. Check out our Civic Center Pool summer swim lesson schedule on pages 24-25.

## Denton Dolphins Swim Team

Participants (ages 6+) are required to swim 25 yards continuously. To determine their levels, new participants will tryout May 21, 22, or 23, from 5-8pm at the Natatorium. Call (940) 349-8800 to reserve a tryout time. The parent meeting is May 16, 7pm at Denton Natatorium. \$155/child; 37295

2013 Summer Season: May 28-July 15 (Mon-Fri, 7-11:30am)

**Purchase your season passes now at Denton Civic Center, or by calling (940) 349-8800.**



City of Denton Water Works Park  
2400 Long Rd., (940) 349-8810

### Admission

48 inches and taller, \$11 (nonresidents add \$2)  
Under 48 inches, \$7 (nonresidents add \$2)  
Under age 2, FREE  
Non-swimming guests, \$5

### Unlimited Access, All Summer!

Four giant, outdoor slides  
One giant, indoor slide  
Children's water playground  
Lazy river, sand volleyball  
Low-priced concessions  
and so much more

### Save \$25 on family season passes, NOW until May 19!

#### Discount season passes are available through May 19

Individual, \$65 (nonresidents add \$15)  
Family, \$200\* (nonresidents add \$50)

#### Season Passes after May 19

Individual, \$75; nonresidents add \$15  
Family, \$225\*; nonresidents add \$50

#### Monthly Passes

Individual, \$25 (nonresidents add \$5)

\*Families are considered to be up to two adults and up to four dependent children living in the same household; each additional child, \$25.

"Dependent" implies tax dependent or dependent through marriage.



### 2013 Season

#### Sneak Peek Weekend

Saturday, May 18, 11am-7pm  
Sunday, May 19, noon-7pm

#### Memorial Day Weekend

Saturday, May 25, 11am-7pm  
Sunday, May 26, noon-7pm  
Monday, May 27, 11am-7pm

#### Preseason Weekend

Saturday, June 1, 11am-7pm  
Sunday, June 2, noon-7pm

#### June 8 - Aug. 11

Mondays, 11am-8pm  
Tuesdays, 11am-8pm  
Wednesdays, 11am-7pm  
Thursdays, 11am-8pm  
Fridays, 11am-8pm  
Saturdays, 11am-7pm  
Sundays, noon-7pm

#### Aug. 12-25

Monday-Saturday, 11am-7pm  
Sunday, noon-7pm

#### Labor Day Weekend

Saturday, Aug. 31, 11am-7pm  
Sunday, Sept. 1, noon-7pm  
Monday, Sept. 2, 11am-7pm

June						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

	11am-8pm
	11am-7pm
	noon-7pm
	closed

Also open Sneak Peek, Memorial Day, Preseason, and Labor Day Weekends.



To purchase your season pass, call (940) 349-8800.

To book your summer birthday party, call (940) 349-8806.



## new lazy river kayaking classes, river robics, rentals and more

### **NEW! Kayaking-Intro to Paddling, ages 8+**

In this course, participants will learn basic boat orientation, safety skills, and stroke technique. Fun for the whole family, participants will use kayaks to practice basic river maneuvers in a controlled environment. Kayaks, personal floatation devices, and paddles are provided.

June 17-20	M-Th	8:30-10:30am	\$60	37300
June 24-27	M-Th	8:30-10:30am	\$60	37869
July 15-18	M-Th	8:30-10:30am	\$60	37871
July 22-25	M-Th	8:30-10:30am	\$60	37872

### **NEW! Kayaking-Roll, ages 12+**

In this course, participants will expand their knowledge of paddling through the addition of rolling a kayak. Skills presented will include wet exits, hip snaps, bracing, and paddle rolling.

July 8-11	M-Th	8:30-10:30am	\$60	37876
July 29-Aug 1	M-Th	8:30-10:30am	\$60	37878

### **River Robics, ages 16+**

Enjoy a unique, shallow-water class in our lazy river. A water-walking cardio segment, step aerobics, and upper-body noodle resistance use the water to maximize your muscle strength and endurance.

June 10-July 3	M/Tu/Th	7:30-8:25pm	\$65	37463
July 8-Aug 1	M/Tu/Th	7:30-8:25pm	\$60	37464
Aug 5-22	M/Tu/Th	7:30-8:25pm	\$50	37465

### **FREE Splish Splash Storytime Fridays at 10am, June 14-July 26**

Join Water Works Park and Children's Librarians from the Denton Public Library for story time by the pool, then enjoy splash time. Admission is free, but participants must leave by 10:45am or pay park admission.

All fees are for residents; non-residents add \$5.

### **Discount Twilight Nights, \$3 Off**

Receive \$3 off regular admission rates Monday-Thursday after 4pm.

### **Friday Night Fun - Buy One, Get One Free**

Buy one admission and receive one of equal or lesser value for free every Friday after 4pm. Enjoy special themes and activities on June 14, July 19, and Aug. 9.

### **After hours, private rentals**

The water park is available for private rentals on Wednesdays, Saturdays, and Sundays beginning at 7:30pm. All rental fees must be paid in full at the time of reservation booking. To book, call (940) 349-8802.

## **PARTY AT THE WATER PARK!**



### **BEGINNING MAY 18!**

The \$230 package includes one hour in the party room or pavilion, admission to the water park, invitations, paper goods, cake, drinks, ice cream, a souvenir picture, and a water toy for the birthday child. Pizza is available for an additional \$30. The price is limited to 15 guests; there is a \$12 fee for each additional swimmer and \$5 fee for each additional non-swimming guest, or a group-rate discount is available for additional guests of ten or more. To book your next party, call (940) 349-8806

# DENTON

The NAT is a joint-use facility between Denton Independent School District and City of Denton Parks and Recreation. DISD uses the facility for swim meets, swim team practices, and water polo matches.

Denton Natatorium, a year-round pool, offers swim lessons for all ages and levels, water exercise classes, lap swimming, leisure swimming, diving, and more.

## HOURS OF OPERATION

### SPRING, FEB. 1 - JUNE 7

For schedule updates, including pool closings and extended open swim hours during spring break, visit [www.dentonparks.com](http://www.dentonparks.com)

#### Monday-Friday

5:30-7am Lap swim, water walking

7-9am Water walking, leisure pool swim

9am-3pm Lap swim, water walking, classes

3-5pm Water walking, leisure pool swim

#### Monday-Thursday, 5-8pm

Lap swim

#### Tuesday & Thursday, 4:30-8pm

Leisure pool with slide open

#### Friday

4:30-7pm Leisure pool with slide open

5-7pm Lap swim

#### Saturday, 10am-12:30pm

Lap swim, water walking, classes

#### Saturday, 12:30-6pm

Open swim (slide, diving board open)

#### Sunday, 1-5pm

Open swim (slide, diving board open)

Beg. May 19, Sunday hours are noon-6pm

### SUMMER, JUNE 8 - AUG. 25

#### Monday-Friday, 5:30am-noon

Lap swim, water walking, classes

#### Monday-Friday, noon-5pm

Open swim (slide, diving board open)

#### Monday-Friday, 5-8pm

Lap swim, classes

#### Saturday, 10am-12:30pm

Lap swim, water walking, classes

#### Saturday, 12:30-6pm

Open swim (slide, diving board open)

#### Sunday, noon-6pm

Open swim (slide, diving board open)

# NATATORIUM

2400 Long Rd., off Sherman Dr., near Loop 288

(940) 349-8800



## admission, passes & punch cards

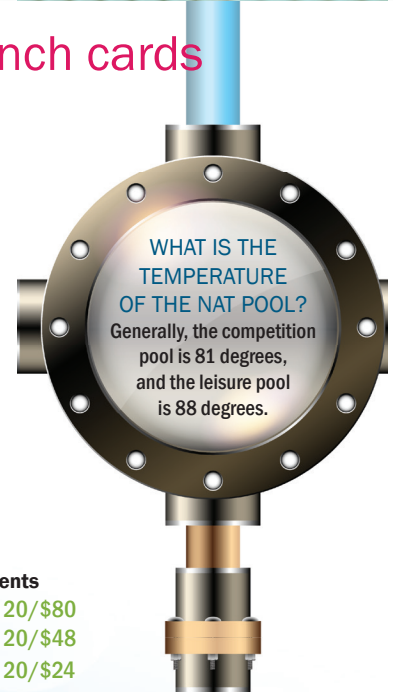
DAILY ADMISSION	Residents	Nonresidents
Age 12 & older	\$3.50	\$5.00
Ages 6-11	\$2.50	\$3.00
Ages 2-5	\$1.00	\$1.50
Under age 2	FREE	FREE

RESIDENT PASSES	1 Month	4 Months	Annual
Individual	\$15	\$45	\$90
Family	\$40	\$120	\$250
Nonresident	1 Month	4 Months	Annual
Individual	\$20	\$60	\$120
Family	\$50	\$150	\$325

Families are considered to be up to two adults and up to four dependent children living in the same household; add \$25 for each additional child. "Dependent" implies tax dependent or dependent through marriage.

PUNCH CARDS	Residents	Nonresidents
Age 12 & older	10/\$28 20/\$56	10/\$40 20/\$80
Ages 6-11	10/\$20 20/\$40	10/\$24 20/\$48
Age 5 & younger	10/\$8 20/\$16	10/\$12 20/\$24

Punch cards last six months, starting on the date of purchase.



## discount, therapy, scuba, usms

### Family Fun Discount Nights

Every Friday from 4-7pm, pay one daily admission fee, you receive a second of equal or lesser value.

### Aquatic Therapy

We offer water therapy through Denton Sports and Physical Therapy. For more information, call (940) 566-5714.

### Island Divers Scuba Classes

We offer scuba classes in conjunction with Island Divers. Classes are taught through the PADI (Professional Association of Diving Instructors) system. Students will learn to dive safely, become comfortable in the water, and have fun. Call (940) 383-3483.

### United States Masters Swim (USMS)

We offer USMS through the Denton Area Swim Club. For more information, call (940) 239-7770.

## water exercise classes for all levels

Purchase a water exercise punch card at the NAT and use it interchangeably for any water exercise class. Punch cards and water exercise passes include admission to the NAT for lap swim or open swim at no additional cost. All levels are welcome.



10-Class Punch Card (valid for six months)	\$40/resident, \$50/nonresident
20-Class Punch Card (valid for six months)	\$70/resident, \$80/nonresident
One-Month Pass	\$36/resident, \$41/nonresident
Season Pass (valid for four months)	\$132/resident, \$147/nonresident
Annual Pass	\$396/resident, \$426/nonresident

### Deep Challenge, Monday-Friday, 6-6:55pm

This is a non-impact but vigorous deep-water aerobics class held in the competition pool. The class includes interval and circuit training, strength resistance training, and stretching. Deep-water flotation devices and resistance equipment provided.

### Shallow Water Workout, Monday-Thursday, 7-7:55pm

This low-impact, cross training class combines kick boxing, water walking, yoga, pilates, and tai chi to improve cardiovascular fitness, strength, and flexibility. Water shoes are highly recommended. Class is held in the leisure pool.

### Senior Water Exercise, all ages

**Strength Training: Monday, Wednesday, Friday, 9-9:55am**

**Water Exercise: Monday, Wednesday, Friday, 10:15-11:15am**

Not limited to seniors, these classes are designed for those who need to work out at a slightly slower pace compared to our other classes. The class is held in the leisure pool (88 degrees) during the colder months and in the water park lazy river during the summer months. Strength training is free to all pass holders.

### SilverSneakers®

If you are eligible for the SilverSneakers® fitness program through your insurance plan, you receive access to the Natatorium, fitness rooms at the centers, and SilverSneakers® and water exercise classes. To view currently accepted insurance plans, visit [www.silversneakers.com](http://www.silversneakers.com). Enroll in person at North Lakes Rec Center, (940) 349-8287.

## clinics, lifeguarding, camp and more

### Swim Clinics, ages 6 +

This in-depth clinic will break down techniques of individual strokes and skills.

Class time will be in the water with a coach. Participants who intend to swim with the 2013 Denton Dolphins are limited to one time slot per month.

March (breaststroke), April (butterfly), May (freestyle; starts and turns)

Mar 9	Sa	8:30-10am	\$25	NAT	37848
Mar 9	Sa	10-11:30am	\$25	NAT	37849
Mar 23	Sa	8:30-10am	\$25	NAT	37850
Mar 23	Sa	10-11:30am	\$25	NAT	37851
Apr 6	Sa	8:30-10am	\$25	NAT	37852
Apr 6	Sa	10-11:30am	\$25	NAT	37853
Apr 20	Sa	8:30-10am	\$25	NAT	37854
Apr 20	Sa	10-11:30am	\$25	NAT	37855
May 4	Sa	8:30-10am	\$25	NAT	37856
May 4	Sa	10-11:30am	\$25	NAT	37857
May 18	Sa	8:30-10am	\$25	NAT	37858
May 18	Sa	10-11:30am	\$25	NAT	37859



### LOOK, THERE'S MORE TO SEE!

Aquatic Explorer Camp, page 14

Denton Dolphins, page 19

Certification trainings (lifeguard training, etc), page 26

Homeschool swim lessons, page 27



# THE BEST PARTY IN TOWN!

### NAT Birthday Party Package

The \$160 package includes one hour in a decorated party room, admission to the indoor pool, invitations, cake, ice cream sandwiches, drinks, a souvenir picture, paper goods, a party host, and 15 passes for your guests to revisit the Natatorium. Pizza is available for an additional \$30. The price is for 15 swimmers; there is \$4 fee for each additional swimmer, but there is no charge for non-swimming guests. Call (940) 349-8806.

### NAT Group Party Package

The \$275 package includes one hour in a decorated party room, admission to the indoor pool, eight large single-topping pizzas, cake, ice cream sandwiches, drinks, invitations, paper goods, a souvenir group picture, a party host, and 25 passes for your guests to revisit the Natatorium. The price is for 25 swimmers; there is \$4 fee for each additional swimmer, but there is no charge for non-swimming guests. Call (940) 349-8806.

## SWIM LESSONS

For NAT and Civic Center Pool swim lessons, see pages 24-25.

### Private and Semi-Private, age 3-adult

Private swim lessons are designed to meet a person's specific needs and are created for those who need individualized attention to enhance learning ability. To register, call the Learn to Swim Coordinator at (940) 349-8814.

### Private (1-on-1) Semi-Private (2-on-1)

(1) 30-minute \$25	(1) 30-minute \$20/person
(4) 30-minute \$80	(4) 30-minute \$65/person
(8) 30-minute \$140	(8) 30-minute \$115/person

# SWIM LESSONS

Lessons for all skill levels are provided at each class during each session. All fees are for residents; nonresidents add \$5. Levels 1-4 have a participant to teacher class ratio of 6:1.

The registration deadline for ALL swim lessons is at closing on the Friday before the first day of class.

- \* No class during the week of spring break, March 11-16.
- \*\* No class on Thursday, July 4. Instead, class will be held on Friday, June 28 during regular class time.

## Water Tots Swim Lessons

For ages 6 months to 3 years, this parent and child class builds readiness through games and songs. Parents will learn how to teach their child various skills to increase their child's confidence, coordination, and safety in the water.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37042
*Mar 4-Apr 3	M/W	6:15-6:50pm	\$60	37043
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37044
Apr 8-May 1	M/W	6:15-6:50pm	\$60	37045
May 6-16	M-Th	5:30-6:05pm	\$60	37914
May 6-16	M-Th	6:15-6:50pm	\$60	37915
June 10-20	M-Th	9:30-10:05am	\$60	37046
June 10-20	M-Th	11-11:35am	\$60	37047
June 10-20	M-Th	5:30-6:05pm	\$60	37048
June 10-20	M-Th	6:15-6:50pm	\$60	37049
**June 24-July 3	M-F	9:30-10:05am	\$60	37050
**June 24-July 3	M-F	11-11:35am	\$60	37051
**June 24-July 3	M-F	5:30-6:05pm	\$60	37052
**June 24-July 3	M-F	6:15-6:50pm	\$60	37053
July 8-18	M-Th	9:30-10:05am	\$60	37054
July 8-18	M-Th	11-11:35am	\$60	37055
July 8-18	M-Th	5:30-6:05pm	\$60	37056
July 8-18	M-Th	6:15-6:50pm	\$60	37057
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37058
July 22-Aug 1	M-Th	11-11:35am	\$60	37059
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37060
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37061
Aug 5-15	M-Th	9:30-10:05am	\$60	37062
Aug 5-15	M-Th	11-11:35am	\$60	37063
Aug 5-15	M-Th	5:30-6:05pm	\$60	37064
Aug 5-15	M-Th	6:15-6:50pm	\$60	37065

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	6:15-6:50pm	\$60	37067
**June 24-July 3	M-F	10:15-10:50am	\$60	37068
**June 24-July 3	M-F	6:15-6:50pm	\$60	37069
July 8-18	M-Th	10:15-10:50am	\$60	38441
July 8-18	M-Th	6:15-6:50pm	\$60	38442
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37070
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37071

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37072
*Mar 9-Apr 6	Sat	11-11:35am	\$36	37073
Apr 13-May 4	Sat	10:15-10:50am	\$36	37074
Apr 13-May 4	Sat	11-11:35am	\$36	37075
June 8-29	Sat	10:15-10:50am	\$36	37078
June 8-29	Sat	11-11:35am	\$36	37079
July 13-Aug 3	Sat	10:15-10:50am	\$36	37912
July 13-Aug 3	Sat	11-11:35am	\$36	37913

## Preschool Swim Lessons

For ages 3-4, this class introduces water skills that will help your child feel comfortable and enjoy water safely. We will teach floating, kicking, alternating arm action, bubble blowing, and safety rules. Children are divided according to their skill level. The class ratio of participant to instructor is 5:1.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37080
*Mar 4-Apr 3	M/W	6:15-6:50pm	\$60	37081
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37082
Apr 8-May 1	M/W	6:15-6:50pm	\$60	37083
May 6-16	M-Th	5:30-6:05pm	\$60	37960
May 6-16	M-Th	6:15-6:50pm	\$60	37961
May 6-16	M-Th	7-7:35pm	\$60	37962
June 10-20	M-Th	9:30-10:05am	\$60	37084
June 10-20	M-Th	10:15-10:50am	\$60	37085
June 10-20	M-Th	11-11:35am	\$60	37086
June 10-20	M-Th	5:30-6:05pm	\$60	37087
June 10-20	M-Th	6:15-6:50pm	\$60	37088
June 10-20	M-Th	7-7:35pm	\$60	37089
**June 24-July 3	M-F	9:30-10:05am	\$60	37090
**June 24-July 3	M-F	10:15-10:50am	\$60	37091
**June 24-July 3	M-F	11-11:35am	\$60	37092
**June 24-July 3	M-F	5:30-6:05pm	\$60	37093
**June 24-July 3	M-F	6:15-6:50pm	\$60	37094
**June 24-July 3	M-F	7-7:35pm	\$60	37095
July 8-18	M-Th	9:30-10:05am	\$60	37096
July 8-18	M-Th	10:15-10:50am	\$60	37097
July 8-18	M-Th	11-11:35am	\$60	37098
July 8-18	M-Th	5:30-6:05pm	\$60	37099
July 8-18	M-Th	6:15-6:50pm	\$60	37100
July 8-18	M-Th	7-7:35pm	\$60	37101
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37102
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37103
July 22-Aug 1	M-Th	11-11:35am	\$60	37104
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37105
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37106
July 22-Aug 1	M-Th	7-7:35pm	\$60	37107
Aug 5-15	M-Th	9:30-10:05am	\$60	37108
Aug 5-15	M-Th	10:15-10:50am	\$60	37109
Aug 5-15	M-Th	11-11:35am	\$60	37110
Aug 5-15	M-Th	5:30-6:05pm	\$60	37111
Aug 5-15	M-Th	6:15-6:50pm	\$60	37112
Aug 5-15	M-Th	7-7:35pm	\$60	37113

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	9:30-10:05am	\$60	37114
June 10-20	M-Th	10:15-10:50am	\$60	37115
June 10-20	M-Th	11-11:35am	\$60	37116
June 10-20	M-Th	5:30-6:05pm	\$60	37117
June 10-20	M-Th	6:15-6:50pm	\$60	37118
**June 24-July 3	M-F	9:30-10:05am	\$60	37119
**June 24-July 3	M-F	10:15-10:50am	\$60	37120
**June 24-July 3	M-F	11-11:35am	\$60	37121
**June 24-July 3	M-F	5:30-6:05pm	\$60	37122
**June 24-July 3	M-F	6:15-6:50pm	\$60	37123
July 8-18	M-Th	9:30-10:05am	\$60	37124
July 8-18	M-Th	10:15-10:50am	\$60	37125
July 8-18	M-Th	11-11:35am	\$60	37126
July 8-18	M-Th	5:30-6:05pm	\$60	37127
July 8-18	M-Th	6:15-6:50pm	\$60	37128
July 22-Aug 1	M-Th	9:30-10:05am	\$60	38436
July 22-Aug 1	M-Th	10:15-10:50am	\$60	38437
July 22-Aug 1	M-Th	11-11:35am	\$60	38438
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	38439
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	38440

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37129
*Mar 9-Apr 6	Sat	11-11:35am	\$36	37130
Apr 13-May 4	Sat	10:15-10:50am	\$36	37132
Apr 13-May 4	Sat	11-11:35am	\$36	37133
June 8-29	Sat	10:15-10:50am	\$36	37135
June 8-29	Sat	11-11:35am	\$36	37136
June 8-29	Sat	11:45a-12:20p	\$36	37137
July 13-Aug 3	Sat	10:15-10:50am	\$36	37138
July 13-Aug 3	Sat	11-11:35am	\$36	37139
July 13-Aug 3	Sat	11:45am-12:20pm	\$36	37140

## Level 1: Introduction to Water

For this class, we'll teach skills ranging from beginning to introduction to freestyle, backstroke, and breaststroke. The class ratio of participant to instructor is 6:1.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37228
*Mar 4-Apr 3	M/W	6:15-6:50pm	\$60	37229
*Mar 4-Apr 3	M/W	7-7:35pm	\$60	37230
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37231
Apr 8-May 1	M/W	6:15-6:50pm	\$60	37232
Apr 8-May 1	M/W	7-7:35pm	\$60	37233
May 6-16	M-Th	5:30-6:05pm	\$60	37957
May 6-16	M-Th	6:15-6:50pm	\$60	37958
May 6-16	M-Th	7-7:35pm	\$60	37959
June 10-20	M-TH	9:30-10:05am	\$60	37234
June 10-20	M-TH	10:15-10:50am	\$60	37235
June 10-20	M-TH	11-11:35am	\$60	37236
June 10-20	M-TH	5:30-6:05pm	\$60	37237
June 10-20	M-TH	6:15-6:50pm	\$60	37238
June 10-20	M-TH	7-7:35pm	\$60	37239
**June 24-July 3	M-F	9:30-10:05am	\$60	37240
**June 24-July 3	M-F	10:15-10:50am	\$60	37241
**June 24-July 3	M-F	11-11:35am	\$60	37242
**June 24-July 3	M-F	5:30-6:05pm	\$60	37243
**June 24-July 3	M-F	6:15-6:50pm	\$60	37244
**June 24-July 3	M-F	7-7:35pm	\$60	37245
July 8-18	M-TH	9:30-10:05am	\$60	37246
July 8-18	M-TH	10:15-10:50am	\$60	37247
July 8-18	M-TH	11-11:35am	\$60	37248
July 8-18	M-TH	5:30-6:05pm	\$60	37249
July 8-18	M-TH	6:15-6:50pm	\$60	37250
July 8-18	M-TH	7-7:35pm	\$60	37251
July 22-Aug 1	M-TH	9:30-10:05am	\$60	37252
July 22-Aug 1	M-TH	10:15-10:50am	\$60	37253
July 22-Aug 1	M-TH	11-11:35am	\$60	37254
July 22-Aug 1	M-TH	5:30-6:05pm	\$60	37255
July 22-Aug 1	M-TH	6:15-6:50pm	\$60	37256
July 22-Aug 1	M-TH	7-7:35pm	\$60	37257
Aug 5-15	M-TH	9:30-10:05am	\$60	37258
Aug 5-15	M-TH	10:15-10:50am	\$60	37259
Aug 5-15	M-TH	11-11:35am	\$60	37260
Aug 5-15	M-TH	5:30-6:05pm	\$60	37261
Aug 5-15	M-TH	6:15-6:50pm	\$60	37262
Aug 5-15	M-TH	7-7:35pm	\$60	37263

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	9:30-10:05am	\$60	37264
June 10-20	M-Th	10:15-10:50am	\$60	37265
June 10-20	M-Th	11-11:35am	\$60	37266
June 10-20	M-Th	5:30-6:05pm	\$60	37267
June 10-20	M-Th	6:15-6:50pm	\$60	37268
**June 24-July 3	M-F	9:30-10:05am	\$60	37269
**June 24-July 3	M-F	10:15-10:50am	\$60	37270
**June 24-July 3	M-F	11-11:35am	\$60	37271
**June 24-July 3	M-F	5:30-6:05pm	\$60	37272
**June 24-July 3	M-F	6:15-6:50pm	\$60	37273
July 8-18	M-Th	9:30-10:05am	\$60	37274
July 8-18	M-Th	10:15-10:50am	\$60	37275
July 8-18	M-Th	11-11:35am	\$60	37276
July 8-18	M-Th	5:30-6:05pm	\$60	37277
July 8-18	M-Th	6:15-6:50pm	\$60	37278
July 22-Aug 1	M-Th	9:30-10:05am	\$60	38173
July 22-Aug 1	M-Th	10:15-10:50am	\$60	38174
July 22-Aug 1	M-Th	11-11:35am	\$60	38175
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	38176
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	38177

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37279
*Mar 9-Apr 6	Sat	11-11:35am	\$36	37280
Apr 13-May 4	Sat	10:15-10:50am	\$36	37282
Apr 13-May 4	Sat	11-11:35am	\$36	37283
June 8-29	Sat	10:15-10:50am	\$36	37285
June 8-29	Sat	11-11:35am	\$36	37286
June 8-29	Sat	11:45am-12:20pm	\$36	37287
July 13-Aug 3	Sat	10:15-10:50am	\$36	37288
July 13-Aug 3	Sat	11-11:35am	\$36	37289
July 13-Aug 3	Sat	11:45am-12:20pm	\$36	37290



## Level 2: Fundamental Skills

For this class, your child must be able to walk five yards in chest-deep water, retrieve an object underwater, and float supported or unsupported. We will teach alternating arm action, rhythmic bobbing, front/back glides, and safety.

The class ratio of participant to instructor is 6:1.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37204
*Mar 4-Apr 3	M/W	6:15-6:50pm	\$60	37205
*Mar 4-Apr 3	M/W	7-7:35pm	\$60	37206
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37208
Apr 8-May 1	M/W	6:15-6:50pm	\$60	37209
Apr 8-May 1	M/W	7-7:35pm	\$60	37210
May 6-16	M-Th	5:30-6:05pm	\$60	37212
May 6-16	M-Th	6:15-6:50pm	\$60	37213
May 6-16	M-Th	7-7:35pm	\$60	37214
June 10-20	M-TH	9:30-10:05am	\$60	37308
June 10-20	M-TH	10:15-10:50am	\$60	37309
June 10-20	M-TH	11-11:35am	\$60	37304
June 10-20	M-Th	5:30-6:05pm	\$60	37305
June 10-20	M-Th	6:15-6:50pm	\$60	37306
June 10-20	M-Th	7-7:35pm	\$60	37307
**June 24-July 3	M-F	9:30-10:05am	\$60	37314
**June 24-July 3	M-F	10:15-10:50am	\$60	37315
**June 24-July 3	M-F	11-11:35am	\$60	37310
**June 24-July 3	M-F	5:30-6:05pm	\$60	37311
**June 24-July 3	M-F	6:15-6:50pm	\$60	37312
**June 24-July 3	M-F	7-7:35pm	\$60	37313
July 8-18	M-TH	9:30-10:05am	\$60	37924
July 8-18	M-TH	10:15-10:50am	\$60	37925
July 8-18	M-TH	11-11:35am	\$60	37316
July 8-18	M-Th	5:30-6:05pm	\$60	37317
July 8-18	M-Th	6:15-6:50pm	\$60	37318
July 8-18	M-Th	7-7:35pm	\$60	37319
July 22-Aug 1	M-TH	9:30-10:05am	\$60	37932
July 22-Aug 1	M-TH	10:15-10:50am	\$60	37933
July 22-Aug 1	M-TH	11-11:35am	\$60	37934
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37935
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37936
July 22-Aug 1	M-Th	7-7:35pm	\$60	37937
Aug 5-15	M-TH	9:30-10:05am	\$60	37939
Aug 5-15	M-TH	10:15-10:50am	\$60	37940
Aug 5-15	M-TH	11-11:35am	\$60	37941
Aug 5-15	M-Th	5:30-6:05pm	\$60	37942
Aug 5-15	M-Th	6:15-6:50pm	\$60	37943
Aug 5-15	M-Th	7-7:35pm	\$60	37944

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	9:30-10:05am	\$60	37320
June 10-20	M-Th	10:15-10:50am	\$60	37321
June 10-20	M-Th	11-11:35am	\$60	37322
June 10-20	M-Th	5:30-6:05pm	\$60	37323
June 10-20	M-Th	6:15-6:50pm	\$60	37324
**June 24-July 3	M-F	9:30-10:05am	\$60	37325
**June 24-July 3	M-F	10:15-10:50am	\$60	37326
**June 24-July 3	M-F	11-11:35am	\$60	37327
**June 24-July 3	M-F	5:30-6:05pm	\$60	37328
**June 24-July 3	M-F	6:15-6:50pm	\$60	37329
July 8-18	M-Th	9:30-10:05am	\$60	37330
July 8-18	M-Th	10:15-10:50am	\$60	37331
July 8-18	M-Th	11-11:35am	\$60	37332
July 8-18	M-Th	5:30-6:05pm	\$60	37333
July 8-18	M-Th	6:15-6:50pm	\$60	37926
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37927
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37928
July 22-Aug 1	M-Th	11-11:35am	\$60	37929
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37930
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37931

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37207
*Mar 9-Apr 6	Sat	11-11:35am	\$36	37221
Apr 13-May 4	Sat	10:15-10:50am	\$36	37211
Apr 13-May 4	Sat	11-11:35am	\$36	37222
June 8-29	Sat	10:15-10:50am	\$36	37334
June 8-29	Sat	11-11:35am	\$36	37335
June 8-29	Sat	11:45am-12:20pm	\$36	37336
July 13-Aug 3	Sat	10:15-10:50am	\$36	37337
July 13-Aug 3	Sat	11-11:35am	\$36	37338
July 13-Aug 3	Sat	11:45am-12:20pm	\$36	37339

## Level 3: Stroke Development

For this class, your child must be able to float (front and back) unsupported, perform front and back glides unsupported, and demonstrate alternating arm action. We will teach freestyle, elementary backstroke, learn rotary breathing, dolphin kick and safety.

The class ratio of participant to instructor is 6:1.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37347
*Mar 4-Apr 3	M/W	6:15-6:50pm	\$60	37348
*Mar 4-Apr 3	M/W	7-7:35pm	\$60	37349
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37350
Apr 8-May 1	M/W	6:15-6:50pm	\$60	37351
Apr 8-May 1	M/W	7-7:35pm	\$60	37352
May 6-16	M-Th	5:30-6:05pm	\$60	37947
May 6-16	M-Th	6:15-6:50pm	\$60	37948
May 6-16	M-Th	7-7:35pm	\$60	37949
June 10-20	M-Th	9:30-10:05am	\$60	37353
June 10-20	M-Th	10:15-10:50am	\$60	37354
June 10-20	M-Th	11-11:35am	\$60	37355
June 10-20	M-Th	5:30-6:05pm	\$60	37356
June 10-20	M-Th	6:15-6:50pm	\$60	37357
June 10-20	M-Th	7-7:35pm	\$60	37358
**June 24-July 3	M-F	9:30-10:05am	\$60	37359
**June 24-July 3	M-F	10:15-10:50am	\$60	37360
**June 24-July 3	M-F	11-11:35am	\$60	37361
**June 24-July 3	M-F	5:30-6:05pm	\$60	37362
**June 24-July 3	M-F	6:15-6:50pm	\$60	37363
**June 24-July 3	M-F	7-7:35pm	\$60	37364
July 8-18	M-Th	9:30-10:05am	\$60	37365
July 8-18	M-Th	10:15-10:50am	\$60	37366
July 8-18	M-Th	11-11:35am	\$60	37367
July 8-18	M-Th	5:30-6:05pm	\$60	37368
July 8-18	M-Th	6:15-6:50pm	\$60	37369
July 8-18	M-Th	7-7:35pm	\$60	37370
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37371
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37372
July 22-Aug 1	M-Th	11-11:35am	\$60	37373
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37374
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37375
July 22-Aug 1	M-Th	7-7:35pm	\$60	37376
Aug 5-15	M-Th	9:30-10:05am	\$60	37377
Aug 5-15	M-Th	10:15-10:50am	\$60	37378
Aug 5-15	M-Th	11-11:35am	\$60	37379
Aug 5-15	M-Th	5:30-6:05pm	\$60	37380
Aug 5-15	M-Th	6:15-6:50pm	\$60	37381
Aug 5-15	M-Th	7-7:35pm	\$60	37382

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	9:30-10:05am	\$60	37383
June 10-20	M-Th	10:15-10:50am	\$60	37384
June 10-20	M-Th	11-11:35am	\$60	37385
June 10-20	M-Th	5:30-6:05pm	\$60	37386
June 10-20	M-Th	6:15-6:50pm	\$60	37387
**June 24-July 3	M-F	9:30-10:05am	\$60	37388
**June 24-July 3	M-F	10:15-10:50am	\$60	37389
**June 24-July 3	M-F	11-11:35am	\$60	37390
**June 24-July 3	M-F	5:30-6:05pm	\$60	37391
**June 24-July 3	M-F	6:15-6:50pm	\$60	37392
July 8-18	M-Th	9:30-10:05am	\$60	37393
July 8-18	M-Th	10:15-10:50am	\$60	37394
July 8-18	M-Th	11-11:35am	\$60	37395
July 8-18	M-Th	5:30-6:05pm	\$60	37396
July 8-18	M-Th	6:15-6:50pm	\$60	37397
July 22-Aug 1	M-Th	9:30-10:05am	\$60	38430
July 22-Aug 1	M-Th	10:15-10:50am	\$60	38431
July 22-Aug 1	M-Th	11-11:35am	\$60	38432
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	38433
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	38434

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37402
*Mar 9-Apr 6	Sat	11-11:35am	\$36	37403
Apr 13-May 4	Sat	10:15-10:50am	\$36	37404
Apr 13-May 4	Sat	11-11:35am	\$36	37405
June 8-29	Sat	10:15-10:50am	\$36	37398
June 8-29	Sat	11-11:35am	\$36	37399
July 13-Aug 3	Sat	10:15-10:50am	\$36	37400
July 13-Aug 3	Sat	11-11:35am	\$36	37401

All fees are for residents; nonresidents add \$5. The registration deadline for ALL swim lessons is at closing on the Friday before the first day of class. Levels 1-4 have a participant to instructor ratio of 6:1.  
\* No class spring break, March 11-16.  
\*\* No class on Thursday, July 4. Instead, class will be held on Friday, June 28 during regular class time.

## Level 4: Stroke Development

For this class, your child will increase their endurance by swimming familiar strokes (front and back crawl) for greater distances. They will add arms to the scissors kick for sidestroke and start to learn back crawl, breaststroke and butterfly. The class ratio of participant to instructor is 6:1.

### LESSONS OFFERED AT DENTON NATATORIUM

*Mar 4-Apr 3	M/W	5:30-6:05pm	\$60	37406
*Mar 4-Apr 3	M/W	7-7:35pm	\$60	37407
Apr 8-May 1	M/W	5:30-6:05pm	\$60	37408
Apr 8-May 1	M/W	7-7:35pm	\$60	37409
May 6-16	M-Th	5:30-6:05pm	\$60	37955
May 6-16	M-Th	7-7:35pm	\$60	37956
June 10-20	M-Th	9:30-10:05am	\$60	37410
June 10-20	M-Th	10:15-10:50am	\$60	37411
June 10-20	M-Th	11-11:35am	\$60	37412
June 10-20	M-Th	5:30-6:05pm	\$60	37413
June 10-20	M-Th	7-7:35pm	\$60	37414
**June 24-July 3	M-F	9:30-10:05am	\$60	37415
**June 24-July 3	M-F	10:15-10:50am	\$60	37416
**June 24-July 3	M-F	11-11:35am	\$60	37417
**June 24-July 3	M-F	5:30-6:05pm	\$60	37418
**June 24-July 3	M-F	7-7:35pm	\$60	37419
July 8-18	M-Th	9:30-10:05am	\$60	37420
July 8-18	M-Th	10:15-10:50am	\$60	37421
July 8-18	M-Th	11-11:35am	\$60	37422
July 8-18	M-Th	5:30-6:05pm	\$60	37423
July 8-18	M-Th	7-7:35pm	\$60	37424
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37425
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37426
July 22-Aug 1	M-Th	11-11:35am	\$60	37427
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37428
July 22-Aug 1	M-Th	7-7:35pm	\$60	37429
Aug 5-15	M-Th	9:30-10:05am	\$60	37430
Aug 5-15	M-Th	10:15-10:50am	\$60	37431
Aug 5-15	M-Th	11-11:35am	\$60	37432
Aug 5-15	M-Th	5:30-6:05pm	\$60	37433
Aug 5-15	M-Th	7-7:35pm	\$60	37434

### LESSONS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	9:30-10:05am	\$60	37439
June 10-20	M-Th	10:15-10:50am	\$60	37440
June 10-20	M-Th	11-11:35am	\$60	37441
June 10-20	M-Th	5:30-6:05pm	\$60	37442
June 10-20	M-Th	6:15-6:50pm	\$60	37443
**June 24-July 3	M-F	9:30-10:05am	\$60	37444
**June 24-July 3	M-F	10:15-10:50am	\$60	37445
**June 24-July 3	M-F	11-11:35am	\$60	37446
**June 24-July 3	M-F	5:30-6:05pm	\$60	37447
**June 24-July 3	M-F	6:15-6:50pm	\$60	37448
July 8-18	M-Th	9:30-10:05am	\$60	37449
July 8-18	M-Th	10:15-10:50am	\$60	37450
July 8-18	M-Th	11-11:35am	\$60	37451
July 8-18	M-Th	5:30-6:05pm	\$60	37452
July 8-18	M-Th	6:15-6:50pm	\$60	37453
July 22-Aug 1	M-Th	9:30-10:05am	\$60	37950
July 22-Aug 1	M-Th	10:15-10:50am	\$60	37951
July 22-Aug 1	M-Th	11-11:35am	\$60	37952
July 22-Aug 1	M-Th	5:30-6:05pm	\$60	37953
July 22-Aug 1	M-Th	6:15-6:50pm	\$60	37954

### SATURDAY LESSONS AT DENTON NATATORIUM

*Mar 9-Apr 6	Sat	10:15-10:50am	\$36	37435
Apr 13-May 4	Sat	10:15-10:50am	\$36	37436
June 8-29	Sat	10:15-10:50am	\$36	37437
July 13-Aug 3	Sat	10:15-10:50am	\$36	37438



# TRAINING Courses



## American Red Cross

### Water Park Lifeguard, ages 15+

This American Red Cross course certifies participants in Lifeguard Training, Waterpark Lifeguard Training, First Aid, Bloodborne Pathogen Training, Oxygen Administration, and CPR for the Professional Rescuer. The purpose of this course is to teach participants the knowledge and skills needed to prevent and respond to aquatic emergencies in pools and water parks. Prerequisites will be conducted the first day of class:

- Minimum age of 15
- Swim 300 yards continuously
- Starting in the water, swim 20 yards of front crawl or breaststroke, complete a ten-foot surface dive, retrieve a ten-pound object to the surface, return to the starting point with the object, and exit without using a ladder or steps- all within one minute and 40 seconds
- Tread water for 2 min. using only your legs

We offer two training options, a four-day training course and a monthly weekend/online course.

#### FOUR-DAY OPTION @ DENTON NATATORIUM

Course meets Thursday and Friday from 5-10pm and Saturday and Sunday from 8am-6pm. Participants need to bring a lunch each day.

Mar 7-10	Th-Su	\$225	37472
Mar 14-17	Th-Su	\$225	37473
Mar 21-24	Th-Su	\$225	37474
Apr 4-7	Th-Su	\$225	37475
Apr 11-14	Th-Su	\$225	37476
Apr 18-21	Th-Su	\$225	37477
Apr 25-28	Th-Su	\$225	37478
May 2-5	Th-Su	\$225	37479
May 9-12	Th-Su	\$225	37480
May 16-19	Th-Su	\$225	37481
May 23-26	Th-Su	\$225	37482
June 6-9	Th-Su	\$225	37483

#### MONTHLY WEEKEND/ONLINE OPTION

This weekend option is conducted partially online. Participants will meet at Denton Natatorium at 5pm on the first night of class for the prerequisite skills assessments and course explanation. Then on the last weekend, participants will be required to return to Denton Natatorium to complete all hands-on skills and take the end of course exam.

Mar 1-24	Sat/Sun	\$225	37484
Apr 1-28	Sat/Sun	\$225	37485



## American Red Cross

### Water Safety Instructor, ages 16+

This course trains candidates to teach Water Safety, including the Basic Water Rescue course, the six levels of the Learn to Swim program, and Parent and Child Aquatics from the American Red Cross. Prerequisites:

- 16 years old (by last day of class)
- Successful completion of the precourse session on the first night of class which includes the ability to perform the following strokes for 25 yards each at a Level 4 or better skill level: front crawl, back crawl, sidestroke, breaststroke, elementary backstroke, butterfly (15 yards)
- Float in deep water & tread water for one minute

Mar 15-17 F-Sun 8am-6pm \$250 37471



## American Red Cross

### Junior Lifeguarding, ages 11-14

This class is the ideal transition between the learn-to-swim program and the lifeguard training course. Participants must be able to continuously swim 25 yards of freestyle, tread water for one minute, and swim ten yards under water.

#### TRAININGS OFFERED AT CIVIC CENTER POOL

June 10-20	M-Th	5:30-7:15pm	\$70	37296
July 15-25	M-Th	5:30-7:15pm	\$70	38297



## American Heart Association

### CPR/FIRST AID/AED

#### Heartsaver® Pediatric First Aid

This course meets the regulatory requirements for child care workers and teaches first aid, CPR, and AED skills for children. \$15 workbook must be purchased; register one week prior to course.

#### CLASSES @ MLK JR. REC CENTER

Mar 5	Tu	5-7:30pm	\$40	38315
Apr 2	Tu	5-7:30pm	\$40	38316
May 7	Tu	5-7:30pm	\$40	38317
June 4	Tu	5-7:30pm	\$40	38318

#### Heartsaver® First Aid CPR AED

This course taught by Cross Lifeline meets job, regulatory, or other requirements. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

This course also teaches adult CPR and AED use.

#### CLASSES @ NORTH LAKES REC CENTER

Mar 2	Sa	9am-1pm	\$58	37569
Apr 6	Sa	9am-1pm	\$58	37570
May 4	Sa	9am-1pm	\$58	37571
June 1	Sa	9am-1pm	\$58	37572
July 6	Sa	9am-1pm	\$58	37573
Aug 3	Sa	9am-1pm	\$58	37574

Water Park Lifeguard  
Water Safety Instructor  
Junior Lifeguard

To register by phone,  
call (940) 349-8800

Heartsaver®  
Pediatric First Aid  
Heartsaver®  
First Aid CPR AED

Basic Computer  
Basic English  
Self Defense  
Babysitting  
Dog Obedience

To register by phone,  
call (940) 349-7275

Register online at [www.dentonparks.com](http://www.dentonparks.com)

# Register online at [www.dentonparks.com](http://www.dentonparks.com) or call customer service, (940) 349-7275

## Basic Computer Training, ages 12+

This class is for those who want or need basic computer skills for personal or professional reasons using Microsoft Office 2007, including Word, Excel, and PowerPoint. Register one week prior to the start date. No experience is required.

### CLASSES @ MLK JR. REC CENTER

Mar 18-20	M-W	6:30-7:30pm	\$25	38326
Apr 15-17	M-W	6:30-7:30pm	\$25	38327
May 20-22	M-W	6:30-7:30pm	\$25	38328

## Free Beginner English, all ages

This class is great for individuals needing to learn conversational English to gain a better understanding of how to communicate at local schools, banks, hospitals, and supermarkets. Classes are FREE and you may choose the days you wish to attend between March 4 and May 2. Register by calling (940) 349-8575.

### CLASSES @ MLK JR. REC CENTER

Weekly	M-Th	9-10:15am
Weekly	M-Th	4-5:15pm

## Women's Self Defense, ages 13+

This class empowers women in both passive and aggressive threats by teaching proper striking techniques, various kicking tactics, locks, chokes, and restraints. As women improve, advanced topics will be introduced, including defenses against weapon attacks. Participants need to wear light and comfortable clothing. Register by the Friday before each session.

### CLASSES @ NORTH LAKES REC CENTER

Mar 11-Apr 8	M	6:15-7:15pm	\$45	37585
Apr 22-May 20	M	6:15-7:15pm	\$45	37586
June 10-July 8	M	6:15-7:15pm	\$45	37587
July 22-Aug 19	M	6:15-7:15pm	\$45	37588

## Cross Lifeline Child Care and Babysitting, ages 10-17

This four-hour course builds confidence and skills necessary to care for infants and children on a daily basis and in emergency situations. Participants will learn CPR, First Aid, and choking for an infant or a child, diaper changing, burping, feeding, etc. The fee includes a workbook and completion card. Register by the Tuesday before each course.

### CLASSES @ NORTH LAKES REC CENTER

Mar 16	Sa	9am-1pm	\$58	37575
Apr 20	Sa	9am-1pm	\$58	37576
May 18	Sa	9am-1pm	\$58	37577
June 15	Sa	9am-1pm	\$58	37578
July 20	Sa	9am-1pm	\$58	37579
Aug 17	Sa	9am-1pm	\$58	37580

## Basic Dog Obedience, ages 12+

The instructor will take you through the process of teaching your dog to respond to common commands. Puppies, nine weeks and older, are welcome. The first class is an orientation so do not bring your canine friend; bring shot records to first class. Register one week prior to each session. For more information, call (940) 206-7156.

### CLASSES @ DENIA REC CENTER

Mar 26-Apr 30	Tu	7-8pm	\$80	36839
May 14-June 18	Tu	7-8pm	\$80	38017
June 25-July 30	Tu	7-8pm	\$80	38018
Aug 20-Sept 24	Tu	7-8pm	\$80	36840

### CLASSES @ NORTH LAKES REC CENTER

Feb 28-Apr 11	Th	7:30-8:30pm	\$80	38026
Apr 18-May 23	Th	7:30-8:30pm	\$80	38027
June 6-July 18	Th	7:30-8:30pm	\$80	38028
July 25-Aug 29	Th	7:30-8:30pm	\$80	38029

## Adv. Dog Obedience, ages 12+

Each dog and handler must have a working knowledge and an understanding of the basics to enroll in this preparatory class for American Kennel Club's Canine Good Citizen Test. Register one week prior to each session. For questions and prerequisites, call (940) 206-7156.

### CLASSES @ NORTH LAKES REC CENTER

Apr 10-May 15	W	7:30-8:30pm	\$80	38030
CANINE GOOD CITIZEN TEST, MAY 22				
Aug 28-Oct 2	W	7:30-8:30pm	\$80	38032
CANINE GOOD CITIZEN TEST, OCT 9				

## Intro to Nosework, ages 12+

Based on the training principles of drug and explosives detection, the course is modified into a sport. Any dog can do this, regardless of age, breed/mix, or physical impairments. It's wonderful for high-drive dogs who have a lot of energy, as well as for shy and reactive dogs because only one dog is working at a time. For more information, call (469) 243-3438.

### CLASSES @ NORTH LAKES REC CENTER

June 5-July 31	W	7:30-8:30pm	\$240	38619
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## TRAIN YOUR BRAIN

For youth, homeschool, and adult Spanish and French classes, see page 8.



# HOMESCHOOL

## Junior Tennis, ages 5-16

Students will learn the sport of a lifetime, including basic strokes, scoring, and the history of tennis. For adult classes offered at the same time, see page 37.

### CLASSES @ GOLDFIELD TENNIS CENTER

Feb 20-Apr 3	W	1:30-2:45pm	\$75	38053
Apr 10-May 15	W	1:30-2:45pm	\$75	38062
Both Sessions	W	1:30-2:45pm	\$139	38063

## Intro to Gymnastics, ages 6-12

Students will be introduced to gymnastics, and work on improving their strength, flexibility, and agility. We'll progress based on individual skill levels.

### CLASSES @ MLK JR. REC CENTER

Mar 4-Apr 15	M	11am-noon	MLK	\$55	38467
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## Swim Lessons, ages 4+

A great addition to your homeschool curriculum, students will be divided by skill levels on the first day to meet individual needs. Class ratio is 6:1.

### LESSONS @ DENTON NATATORIUM

Mar 5-Apr 4	Tu/Th	2:30-3:05pm	\$60	37299
Apr 9-May 2	Tu/Th	2:30-3:05pm	\$60	37862

## Bowman Sports, grades 6-12

Bowmen Sports is eight years STRONG and our curriculum is a unique blend of fun and skill. This is a great way to earn physical ed. credits. Register at the center or call (940) 349-8575.

### Coed Basketball

Mar 19-Apr 18	Tu/Th	MLK	\$35	38353
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Middle School: noon-1pm; High School: 1-2pm

### Coed Volleyball

Apr 30-May 30	Tu/Th	MLK	\$35	38353
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Middle School: noon-1pm; High School: 1-2pm

## Kids in Nature, ages 6+

Join Elm Fork Texas Master Naturalists for a nature study with hands-on activities and a hike. Register by the Monday before each class. The class meets at the facility address listed.

### Kids in Nature Clear Creek: Mammals/Tracks

Clear Creek Natural Heritage Area, 3310 Collins Rd.				
Mar 27	W	10am-noon	\$8	37864

### Kids in Nature Cross Timbers: Fish

The pond at Cross Timbers Park, 7112 Montecito Dr.				
Apr 24	W	10am-noon	\$8	37867

### Kids in Nature Cross Timbers: Aquatic Benthic

The pond at Cross Timbers Park, 7112 Montecito Dr.				
May 29	W	10am-noon	\$8	37868

## FITNESS TRAININGS

For personal training, sport specific training, and functional training, see page 37.

# TODDLER SPORTS

## ages 2-4

Register online at [www.dentonparks.com](http://www.dentonparks.com)



### Start Smart Sports Instruction, ages 3-4

Four-week classes, each specifically designed for preschoolers, demonstrate the basics of sports in a fun and safe environment. Register by April 4 for each session.

#### Soccer

Toddlers will learn the basics of soccer such as dribbling, passing, throw-ins, agility, and trapping. The fee includes a T-shirt and a soccer kit with a Koosh and Kwik soccer ball, shin guards, and four soccer cones.

Apr 6-27 Sa 8-8:45am MMS \$55 37731

#### Baseball

Toddlers will learn the basics of baseball such as batting, catching, and throwing. The fee includes a T-shirt and a baseball kit with a bat-and-ball set, a glove, and a Koosh baseball.

Apr 6-27 Sa 9:45-10:30am MMS \$55 37735

#### Golf

Toddlers will learn the basics of golf such as putting, chipping, pitching, and the full swing. We will provide all equipment, and the fee includes a T-shirt. The class will conclude with a golf challenge course.

Apr 6-27 Sa 10:45-11:30am MMS \$55 37732

### Pee Wee Sports Instruction, ages 3½-4

Parents are encouraged to stay and participate. Register one day prior to each session.

#### Sports Sampler

This sampler class concentrates on developmental skills in soccer, T-Ball, and basketball. We will have two lessons on each sport.

Mar 16-Apr 20 Sa 10:30-11:30am NLR \$35 37581

May 4-June 8 Sa 10:30-11:30am NLR \$35 37582

June 22-July 27 Sa 10:30-11:30am NLR \$35 37583

Aug 10-Sep 14 Sa 10:30-11:30am NLR \$35 37584

#### Basketball

Toddlers will learn skills such as dribbling, shooting, and passing.

Mar 16-Apr 20 Sa 11:40am-12:40pm NLR \$35 37589

#### T-Ball

Toddlers will learn skills such as throwing, catching, fielding, batting, and running bases.

May 4-June 8 Sa 11:40am-12:40pm NLR \$35 37590

Aug 10-Sep 14 Sa 11:40am-12:40pm NLR \$35 37591

#### Soccer

Toddlers will learn skills such as dribbling, passing, kicking, and goal tending.

June 22-July 27 Sa 11:40am-12:40pm NLR \$35 37592

### REGISTRATION

Register at Denton Civic Center, 321 E. McKinney St., Monday-Friday from 8am-5pm, or register online by visiting [www.dentonparks.com](http://www.dentonparks.com)

### SIBLING DISCOUNT

For BlastBall, softball, soccer, volleyball, basketball, and flag football leagues, apply \$10 discount for each additional sibling living at the same address (not applicable during late registration).

### COMBINING AGE GROUPS/DIVISIONS

If we do not receive enough players to make a division, we will consider combining age groups. Once registration for a league ends, credits or refunds are not provided.

### VOLUNTEER COACHES

If you enjoy sports and being a mentor to kids, we need you! Please call (940) 349-8523 or (940) 349-7218 for more information.

### Toddler Sports Mania, ages 21-35 months

Toddlers will develop motor skills while learning basic fundamentals in tumbling, basketball, baseball, and soccer through exciting games and activities. Parents are required to participate. Register by April 4.

Apr 6-27 Sa 9-9:30am MMS \$30 37733

### Bitty Basketball, ages 3-4

This introductory basketball class for boys and girls teaches the basics of basketball such as dribbling, shooting, and passing. The class concludes with a scrimmage for the parents to enjoy. The registration fee includes a jersey and individual awards. Register by the Friday before each session.

Apr 30-May 23 Tu/Th 6-6:45pm MMS \$50 38192

Aug 5-28 M/W 6-6:45pm MMS \$50 38193

### Blastball League, coed, ages 3-4

This introductory T-Ball league teaches basic concepts such as throwing, fielding, batting, and running. In the game, batters run to first base to honk a horn before the fielders hold the ball in the air and yell, "Blast!" A foam bat and ball are used, and gloves are not required. Practices are on weekdays at Denia Park, and games are played Saturday mornings with an occasional night game during the week. The fee includes eight games, practices, a T-shirt and cap, and awards for all players.

SPRING 2013 GAMES BEGIN MARCH 23

Registration ended in February. Call (940) 349-8523 for availability.

FALL 2013 GAMES BEGIN SEPTEMBER 9

Register July 1-Aug 20; late Aug 21-23, add \$10

Ages 3-4 DSC \$50 38191

The mandatory coaches meeting is at 6:30pm on Sept. 3 in the Civic Center. Practice begins the week of Sept. 9.



# YOUTH SPORTS INSTRUCTION

## ages 4+

Register online at [www.dentonparks.com](http://www.dentonparks.com)

### Soccer Sparks Academy, ages 4-9

Taught by coaches with USSF National Soccer Coaching licenses, the class uses advanced, "all-ball" training techniques to help kids meet their maximum potential while emphasizing fair play and enjoyment of the game. Register by the Wednesday before each session.

Ages 4-5	Mar 15-May 3	F	5-5:45pm	DRC	\$80	36895
	May 17-July 5	F	5-5:45pm	DRC	\$80	36896
	July 12-Aug 30	F	5-5:45pm	DRC	\$80	36897
Ages 6-9	Mar 15-May 3	F	5:45-6:30pm	DRC	\$80	36898
	May 17-July 5	F	5:45-6:30pm	DRC	\$80	36899
	July 12-Aug 30	F	5:45-6:30pm	DRC	\$80	36900

### Rock The Wall, ages 7-15

In this introductory course to rock climbing, kids will receive one-on-one time with an instructor and learn rock wall safety. Equipment is provided. Register by the Friday before each session.

Apr 2-23	Tu	6-7pm	DRC	\$30	36877
June 4-25	Tu	6-7pm	DRC	\$30	36878
Aug 6-27	Tu	6-7pm	DRC	\$30	36879

### Rock The Wall 2, ages 7-15

Kids will take rock climbing to the next level by using advanced techniques and gear. Kids must have completed the first course or have equivalent experience. Equipment is provided. Register by the Friday before each session.

Apr 2-23	Tu	7-8pm	DRC	\$30	36880
June 4-25	Tu	7-8pm	DRC	\$30	36881
Aug 6-27	Tu	7-8pm	DRC	\$30	36882

### Kids' Golf Instruction, ages 7+

Each kid will receive instruction on basic golf techniques as well as safety tips, rules, and course etiquette. Kids will practice on the driving range, the putting green, and the chipping green. If needed, clubs are provided for use during class. Register by the Friday before each session.

Apr 2-23	Tu	6-7pm	\$70	RRGC	37790
May 7-28	Tu	6-7pm	\$70	RRGC	37791
June 4-25	Tu	6-7pm	\$70	RRGC	37792
July 9-30	Tu	6-7pm	\$70	RRGC	37793
Aug. 6-27	Tu	6-7pm	\$70	RRGC	37794

### Spring Break Skateboard Camps, ages 6+

Our camps teach everything kids need to know in a fast, fun environment. On the first day, they will be assessed so lessons may be adapted to their abilities. A guardian must be present the first day to complete a waiver. Each day, kids need to bring a helmet, a skateboard, sunscreen, water, and a snack. Camps will meet regardless of the weather; the rain-out location is the Natatorium so participants also need to bring a swim suit and a towel. The fee includes a T-shirt. Register by the Thursday before each camp.

Mar 11-15	M-F	9am-noon	SKP	\$75	37884
Mar 11-15	M-F	1-4pm	SKP	\$75	37885

### Skateboard Clinics, ages 4+

Participants need to bring a skateboard, a helmet, water, and a snack for each clinic. Register by the Thursday before each clinic.

### Mini Skateboard, ages 4-7

This class is designed for young beginners.

Mar 23	Sa	8:30-10:30am	SKP	\$20	37870
Apr 20	Sa	8:30-10:30am	SKP	\$20	36136

### Intro to Skateboarding, ages 6+

This class is for the true beginner and includes basics on riding a skateboard and introduction to the equipment.

Feb 23	Sa	8:30-10:30am	SKP	\$20	36151
Mar 30	Sa	8:30-10:30am	SKP	\$20	37873

### Beginner Skateboarding, ages 6+

Students will learn beginning street skateboard techniques and ramp maneuvers.

Mar 2	Sa	8:30-10:30am	SKP	\$20	37880
Apr 6	Sa	8:30-10:30am	SKP	\$20	37881

### Intermediate Skateboarding, ages 6+

Students will learn street and ramp skills such as grinds, dropping in, and kick turns from roll over.

Mar 9	Sa	8:30-10:30am	SKP	\$20	37882
Apr 13	Sa	8:30-10:30am	SKP	\$20	37883

### Basketball Bridge Builders, ages 6-13

Kids will build upon the fundamentals of basketball by learning the value of teamwork and increasing self-efficiency in the game.

Register by March 1

Ages 6-9 Mar 4-27 M/W 5:30-6:30pm MLK \$35 38394

Register by August 2

Ages 10-13 Aug 5-28 M/W 5:30-6:30pm MLK \$35 38395

# YOUTH INDOOR AND OUTDOOR SPORTS, ages 4+



## Girls Volleyball League, ages 7-14

Games are played on Saturday with an occasional Friday night game, if needed. The league includes eight games, including playoffs. Awards are given to all players. Individuals may be required to attend a coach look, pending registrations. Shirts and practice space are included for individual players. Teams must provide their own coach and shirts with numbers and turn in their roster, waivers, and copies of players' birth certificates one week prior to games starting. The age determination for the spring and summer 2013 league is Sept. 1, 2012, and for the fall 2013 league is Sept. 1, 2013.

**Spring 2013 games begin Feb. 22 and 23; registration has ended, call (940) 349-7275 for availability.**

## Summer 2013 games begin May 31 & June 1

Register Apr 1-May 7; late May 8-10, add \$10/player or \$50/team

Teams (for a practice space, add \$100)

8 & under	ages 7-8	MMS	\$325	36215
10 & under	ages 9-10	MMS	\$325	36216
12 & under	ages 11-12	MMS	\$325	36217
14 & under	ages 13-14	MMS	\$325	36218

Individuals

8 & under	ages 7-8	MMS	\$70	36204
10 & under	ages 9-10	MMS	\$70	36205
12 & under	ages 11-12	MMS	\$70	36206
14 & under	ages 13-14	MMS	\$70	36207

## Fall 2013 games begin Sept. 6 & 7

Register July 29-Aug 13; late Aug 14-16, add \$10/player or \$50/team

Teams (for a practice space, add \$100)

8 & under	ages 7-8	MMS	\$325	38141
10 & under	ages 9-10	MMS	\$325	38142
12 & under	ages 11-12	MMS	\$325	38143
14 & under	ages 13-14	MMS	\$325	38144

Individuals

8 & under	ages 7-8	MMS	\$70	38128
10 & under	ages 9-10	MMS	\$70	38129
12 & under	ages 11-12	MMS	\$70	38130
14 & under	ages 13-14	MMS	\$70	38131

## Indoor Soccer League, coed-ages 4-11

Practices will begin the week of May 28, and games are played on Saturdays. All kids are required to wear shin guards and rubber-soled shoes, and the fee includes a jersey and awards for all players. There is no tournament for ages 4-5 and each player will receive a trophy.

## Summer 2013 games begin June 1

Register now-May 7; late May 9-10, add \$15

ages 4-5	MMS	\$70	37721	Age divisions will
ages 6-8	MMS	\$70	37722	NOT be combined
ages 9-11	MMS	\$70	37723	

## Basketball League, coed-ages 5-10

Practices will be on weekdays, and games are played on Saturdays. The league includes eight games, and the fee includes a jersey and award for all players.

## Summer 2013 games begin June 8

Register now-May 14; late May 15-17, add \$15

6 & under	ages 5-6	MLK	\$70	38170
8 & under	ages 7-8	MLK	\$70	38171
10 & under	ages 9-10	MLK	\$70	38172

## Denton County Select Basketball League, coed-grades 9-12

This six-week league is designed to sharpen team players and help maintain condition and skills during off-seasons. The league includes seven games and an end of season double elimination tournament. Games only (no practices) are played at MLK Jr. Rec Center on Saturdays. For more information, call (940) 349-8576.

## Spring 2013 Games begin April 13

Register now-April 1; no late registrations accepted

Drafted individual players	MLK	\$40	38391
Teams (8 players per team)	MLK	\$280	38391

The mandatory coaches meeting is on April 8 at 6pm at MLK Jr. Rec Center. The league will run April 13-May 25.

# EXTRA WEEKS, EXTRA FUN!

Little Dribblers and Little Hoopers have extended league play two extra weeks! These recreational, coed mini leagues give players an opportunity to learn teamwork and sportsmanship in a fun atmosphere. The first day of each league is reserved for a coaches' meet and greet, where parents are able to meet with the coach and receive league information. For more information, call (940) 349-8579.

## Little Dribblers, coed-ages 5-9

Kids will learn and play basketball in a fun atmosphere. Register by March 29.

Apr 5-May 17 M/W/F 6-8pm MLK \$35 37525

## Little Hoopers, coed-ages 10-13

This pre-teen league provides a fun atmosphere while teaching teamwork and sportsmanship. Register by May 31.

June 7-July 19 M/W/F 6-8pm MLK \$35/player 37526  
\$175/team 37526

## REGISTRATION

Register at Denton Civic Center, 321 E. McKinney St., Monday-Friday from 8am-5pm, or register online by visiting [www.dentonparks.com](http://www.dentonparks.com)

## SIBLING DISCOUNT

For BlastBall, softball, soccer, volleyball, basketball, and flag football leagues, apply \$10 discount for each additional sibling living at the same address (not applicable during late registration).

## COMBINING AGE GROUPS/DIVISIONS

If we do not receive enough players to make a division, we will consider combining age groups. Once registration for a league ends, credits or refunds are not provided.

## VOLUNTEER COACHES

If you enjoy sports and being a mentor to kids, we need you! Please call (940) 349-8523 or (940) 349-7218 for more information.



## Youth Kickball League, coed-ages 5-14

*Don't let your kids be bored this summer, have fun with kickball!*

This new league includes eight games, including playoffs. All players will receive a jersey and individual award. Ages are determined as of Sept. 1, 2012.

### Summer 2013 (Tuesday night) games begin June 11

Register now-May 14; late May 15-17, add \$15

7 & under	ages 5-7	NLP	\$60	38202
10 & under	ages 8-10	NLP	\$60	38203
14 & under	ages 11-14	NLP	\$60	38204

## Girls Softball League, ages 5-14

The league includes eight games, umpires, one practice per week, and ASA and TAAF registration for applicable divisions. Fees include a shirt and shorts and awards for all players.

Practices are on weekdays, and games are played on weekdays with an occasional Saturday game. Home games are played at Denia Park, and out-of-town games are played at locations such as Krum, Ponder, and Sanger. Ages are determined as of Dec. 31, 2012 for the spring league.

**Spring 2013 games begin March 25 or April 1; registration has ended, call (940) 349-7275 for availability.**

### Fall 2013 games begin Sept. 9

Register July 1-30; late July 31-Aug 2, add \$15

Girls T-Ball	ages 5-6	\$50	38160
Girls Coach Pitch	ages 7-8	\$60	38161
Girls Fast Pitch	ages 9-10	\$70	38162
Girls Fast Pitch	ages 11-12	\$70	38163
Girls Fast Pitch	ages 13-14	\$70	38164

The mandatory coaches meeting is on Aug. 13 at 6:30pm in the Civic Center. Practices will begin the week of Aug. 19 at Denia Park.

## Girls High School Softball League

Players currently enrolled in a high school softball program can participate in this league to gain extra practice games. Players will be placed on teams according to their skill level and school.

The league includes 12 games, umpires, field preparation, online schedule hosting, and ASA team registration. The fee does not include individual insurance cards or uniforms. Each game night, teams will play two games with 55-minute stop times. Score is not kept.

### Fall 2013 games begin Sept. 18

Register now-Aug 31; late Sept 1-3, add \$10

High School Division	W	\$60	38148
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## Outdoor Soccer League, coed-ages 5-10

Practices are on weekdays, and games are played at the Mack Park soccer field on Saturdays. Players are required to provide and wear shin guards. The league includes eight games, a jersey, and awards for all players.

### Spring 2013 games begin March 30

Register Feb 18-Mar 5; late Mar 6-8, add \$10

6 & Under	ages 5-6	MRC	\$60	38059
8 & Under	ages 7-8	MRC	\$60	38060
10 & Under	ages 9-10	MRC	\$60	38061

## NFL Flag Football League, ages 5-12

Players will learn the value of teamwork and fundamental football skills while engaging in a non-contact league. The league includes eight games and weekday practices. Players must provide and wear a mouthpiece, but the fee includes an NFL jersey and awards for all players.

### Fall 2013 games begin Sept. 21

Register July 1-Aug 27; late Aug 28-30, add \$15

6 & under	ages 5-6	DRC	\$70	38641
8 & under	ages 7-8	DRC	\$70	37897
10 & under	ages 9-10	DRC	\$70	37898
12 & under	ages 11-12	DRC	\$70	37899

## Flag Football Passing League, ages 5-12

The passing league will teach the basics of teamwork, passing, catching, offense, and defense. Practices will be Tuesdays from 5-7:30pm and games will be Fridays from 5-7:30pm. Field dimensions, game rules, and strategy are carefully created to give your beginner athlete the ultimate learning experience. Volunteer coaches are needed.

Ages 5-8	Mar 19-Apr 19	MLK	\$35	38367
Ages 9-12	June 4-July 5	MLK	\$35	38368

## Track, ages 6-18

TAAF Games of Texas, an Olympic-style competition, brings an exciting conclusion to the season for qualifiers; for more information, [www.taafregion4.org](http://www.taafregion4.org). Circuit meets will be on Saturdays in June; dates and locations are TBA. The regional meet will be on July 5 and 6 in Stephenville, and the state meet for qualifiers will be on July 25-28 in Corpus Christi. The fee includes a team shirt, TAAF registration, practices, and coaching. Meet entry fees are to be paid by the participant. Age is determined as of Dec. 31, 2013.

Register now-May 17; late, add \$10

May 21-July 23	Tu/Th 6:30-8pm	\$60 DHS	38178
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## Denton Spring Open, April 13

## USSSA Youth Golf Tournament, ages 9-18 (page 33)



# adult sports leagues

## flag football, volleyball, basketball, kickball, softball

### Adult Flag Football League, 8v8

The league includes eight games, including playoffs, with games played as early as 1pm. A maximum of 20 players is allowed per roster. Every player must provide and wear a mouth guard.

#### Winter 2013 games begin Feb. 16

Registration ended in February.  
Call (940) 349-7275 for availability.

#### Fall 2013 games begin Sept. 21

Register Aug 1-Sept 3; late Sept 4-6, add \$35  
Open Division Sa DRC \$350/team 38147

### Adult Volleyball League, coed 6v6

The league includes eight games, including playoffs, with games played as early as 6:30pm. A maximum of 12 players per roster.

#### Winter 2013 games begin Feb. 18

Registration ended in February. Call (940) 349-7275 for availability.

#### Summer 2013 games begin May 13

Register now-Apr 23; late Apr 24-26, add \$25  
Recreation Division M DRC \$200/team 38157  
Competitive Division M MMS \$200/team 38156

#### Fall 2013 games begin Sept. 9

Register Aug 1-20; late Aug 21-23, add \$25  
Recreation Division M DRC \$200/team 38158  
Competitive Division M MMS \$200/team 38159

### Adult Basketball League

The league includes eight games, including playoffs, with games played as early as 6:30pm. A maximum of 12 players is allowed per roster.

#### Winter 2013 games begin Feb. 20

Registration ended in February. Call (940) 349-7275 for availability.

#### Summer 2013 games begin May 15

Register now-Apr 23; late Apr 24-26, add \$30  
Open Division W MMS \$325/team 38151

#### Fall 2013 games begin Sept. 11

Register Aug 1-20; late Aug 21-23, add \$30  
Open Division W MMS \$325/team 38390

### Adult Kickball League, coed

The league includes eight games, including playoffs. A maximum of 20 players is allowed per roster.

#### Spring 2013 games begin March 26

Register now-Mar 1; late Mar 4-8, add \$35  
Recreation Division Tu NLP \$200/team 38168

#### Fall 2013 games begin Sept. 17

Register Aug 1-Sept 3; late Sept 4-6, add \$35  
Recreation Division Tu NLP \$200/team 38169

### Adult Softball League

Games are played at North Lakes Park as early as 7pm on weekdays and 2pm on Sundays. The league includes eight games, plus single elimination playoffs; Coed for Fun includes only eight total games.

Coed for Fun is designed for teams that enjoy softball as a form of recreation and are not concerned with win/loss record. This division is offered at a reduced rate with one umpire, and it does not include playoffs or awards.

Men's Competitive is the highest level of play for the men's teams; Men's C is intermediate, and Men's D is the lowest level of play. All leagues fall under ASA guidelines unless otherwise noted.

Division game days:

M Men's Comp, Men's C, Men's D, Coed Rec  
Tu Men's Church, Coed Church, USSSA Men's C & Mixed (Coed) C  
W Men's C, Men's D, Coed Rec, Coed for Fun  
Th Men's C, Men's D, Coed Comp, Coed Rec  
Su Men's D, Coed Rec, Coed for Fun

#### Spring 2013 games begin March 25

Register Jan 2-Mar 1; late Mar 4-8  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45

#### Summer 2013 games begin the week of June 10

Register Apr 29-May 17; late May 20-24  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45

#### Fall 2013 games begin the week of Aug. 26

Register July 15-Aug 2; late Aug 5-9  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45



# tournaments

## golf and disc golf

**To register by phone, call (940) 349-7275 or visit us online at [www.dentonparks.com](http://www.dentonparks.com)**

### Denton Spring Open, April 13 USSSA Youth Golf Tournament

This Robson Ranch, 18-hole tournament, is individual stroke play with three age divisions: 9-11, 12-14 and 15-18. Limited to 16 per age division, the top five qualifiers will earn a chance to play in the North Texas Region Finals in June with a chance to earn a berth to the National Finals in Orlando, FL.

Tee times begin at 1pm on Sat. April 13. The entry fee is \$70 per player. Register by April 10; 38205.

### Denton City Golf Championship

Individual Stroke Play/Flighted  
Saturday, Sept. 14 and Sunday, Sept. 15  
Tee times start at 10am; \$90/player; 37787

Players must check in 45 minutes before their tee times. To confirm your tee time, call (940) 246-1001 between noon and 6pm on Sept. 13.

The tournament is individual stroke play with the following flights: Awards and prizes will be given to the top three players in each division. The fee includes green fees for 18 holes, souvenirs, use of the driving range, and a box lunch. Cart fees are to be paid upon check-in. Register by noon, Sept. 11.

### Disc Golf Tournaments

In these amateur team tournaments, teams will be paired off to play all 18 holes and keep each other's scores. Prizes will be awarded to first place. Check-in begins at 9:15am.

Register by the Sunday before each tournament; after the cutoff, add \$5. Only cash will be accepted for entries during morning check-in.

Spring Open, Saturday, March 30  
Early registration ends March 23; 38167

Summer Open, Saturday, June 1  
Early registration ends May 25; 38166

# athletic field rentals



Field rentals are available at North Lakes, Denia, Mack, Roberts, Evers, and Fred Moore. All competition fields must be reserved for play. Fields can be rented for practices or tournaments, pending availability. All reservations must be made and fees paid at the Civic Center. Tournament field reservations may be made up to six months in advance and must be paid in full at least two business days prior to the event. For reservations, call (940) 349-7275.

\$15/hour (practice without lights)

\$25/hour (practice with lights)

\$200 deposit (required)

## athletic facilities

### Indoor Rock Climbing Wall

Located within Denia Rec Center at 1001 Parvin St., the 20-foot wall uses top-rope climbing and offers five courses, each varying in degree of difficulty. With the completion of the annual safety course, guests can access the wall during open hours (see page 24); the wall may close during Rock the Wall, a climbing course for ages 7 to 15 (see page 27). For climbing fees and age requirements, call (940) 349-8285.

### Skate Park

Located at 2400 Long Rd., next to Water Works Park, the free skate park features a series of ramps and rails at varying heights, including a corner bowl, 3' and 5' half pipes, a fun box with a ½ pyramid, a separate beginner area, and a covered picnic area. The park is open daily to the public from 6am-10pm but will close when clinics and camps are in session (see pages 16 and 27).

### Outdoor Sports Equipment

Check out outdoor equipment at North Lakes Rec Center for only \$3/two hours or \$10/day with a \$50 refundable deposit. Equipment for rent includes croquet, horseshoes, disc golf, sand volleyball (NL courts only), and shuffleboard.

### North Lakes Disc Golf Course

Located at the corner of Bonnie Brae Street and Windsor Drive, behind North Lakes Rec Center, the course is free and open to the public daily from 6am-10pm but may close when tournaments are in play. The course must be rented for tournaments or organized play.

## NORTH LAKES DRIVING RANGE

Our new and improved golf driving range is scheduled to open in 2013. To receive updates, send a request to [jason.barrow@cityofdenton.com](mailto:jason.barrow@cityofdenton.com)

## North Lakes Batting Range Reopens March 11

# Tennis

## adult tennis leagues and instruction

**Goldfield Tennis Center**  
2005 W. Windsor Dr.  
(940) 349-8526

**Monday-Thursday, 3-9pm**  
**Friday, 3-8pm**  
**Saturday, 9am-5pm**

Register online at  
[www.dentonparks.com](http://www.dentonparks.com)

### Private & Semi-Private Lessons

Goldfield pros are USPTA certified and available for private and semi-private lessons. For pricing and a listing of pros who offer private lesson packages, call (940) 349-8526. A 24-hour advance notice is required to cancel a lesson, or you are responsible for payment.

### Court Reservations

Reservations are available for \$3/person for 90 minutes or \$5/person with lights. Reservations may be made up to 48 hours in advance but will void if not claimed after ten minutes of start time.

### Ball Machine Rental

A computerized ball machine may be reserved for \$6 per half hour or \$10 per hour. Balls are provided.

### Annual Tennis Passes

\$70/person or \$150/family  
(Standard reservation policies apply.)

### Inclement Weather

The tennis center may close during unusually cold or rainy weather. If inclement weather occurs, call (940) 349-8526 for class and league cancellations and closing information.

### Pro Shop & Services

We provide stringing services and carry tennis balls, grip tape, and racquets.

### Spring Doubles Mixer

**Saturday, April 20 from 6-8:30pm**  
**\$10/player; 38116**

Join us for doubles play, food, games, and prizes as we kick off the spring season! We will follow a rotating format so players do not need to sign up with a partner.

### Adult Tennis Leagues

Leagues follow a round-robin rotation schedule that last six weeks, pending weather conditions. Each night, players will rotate and play two rounds. Prizes will be awarded to the top male and female finishers. If a player is also registered for Tennis 101-301, the fee is reduced to \$15. Register one week prior to each league to allow for scheduling.

#### Coed Singles

Mar 5-Apr 16	Tu	6:30-8pm	\$29	38112
Apr 23-May 28	Tu	6:30-8pm	\$29	38113

#### Coed Doubles

Mar 7-Apr 18	Th	6:30-8pm	\$29	38114
Apr 25-May 30	Th	6:30-8pm	\$29	38115

### Cardio Tennis

This is a total body workout with fun, group-based drills, allowing all levels to burn up to 600 calories in one hour. No class May 27 and no classes the week of July 1-6. (\$11/drop-in)

#### Goldfield Tennis Center

Mar 18-Apr 8	M	6:45-7:45pm	\$39	38068
Apr 15-May 6	M	6:45-7:45pm	\$39	38069
May 13-May 20	M	6:45-7:45pm	\$20	38070
June 10-July 8	M	6:45-7:45pm	\$39	38071
July 15-Aug 5	M	6:45-7:45am	\$39	38072
Mar 23-Apr 13	Sa	9-10am	\$39	38073
Apr 20-May 11	Sa	9-10am	\$39	38074
May 18-June 8	Sa	9-10am	\$39	38075
June 15-July 13	Sa	9-10am	\$39	38076
July 20-Aug 10	Sa	9-10am	\$39	38077

#### South Lake Park

Mar 22-Apr 12	F	9-10am	\$39	38078
Feb 16-Mar 9	F	9-10am	\$39	38081

### Adult Tennis Camps

This new camp is scheduled at the same time as our junior camps (page 17) so the entire family can learn this sport of a lifetime!

#### Morning Camps

June 10-14	M/W/F	9-10:30am	\$55	38117
July 22-25	M/W/F	9-10:30am	\$55	38119

#### Evening Camps

July 15-18	M-Th	6:30-8pm	\$65	38118
Aug 5-8	M-Th	6:30-8pm	\$65	38121

### Tennis 101: Beginner Drill

Students will be introduced to proper grips and how to hit a forehand, backhand, serve, and volley. Racquets are available for borrow, or new racquets may be purchased for \$20.

#### Goldfield Tennis Center

Mar 18-Apr 8	M	5:45-6:45pm	\$39	38082
Apr 15-May 6	M	5:45-6:45pm	\$39	38083
May 13-May 20	M	5:45-6:45pm	\$20	38084
June 10-July 8	M	5:45-6:45pm	\$39	38085
July 15-Aug 5	M	5:45-6:45pm	\$39	38086
Feb 20-Apr 3	W	1:30-2:45pm	\$59	38087
Apr 10-May 15	W	1:30-2:45pm	\$59	38088
Mar 23-Apr 13	Sa	10-11am	\$39	38089
Apr 20-May 11	Sa	10-11am	\$39	38090
May 18-June 8	Sa	10-11am	\$39	38091
June 15-July 13	Sa	10-11am	\$39	38092
July 20-Aug 10	Sa	10-11am	\$39	38093

#### South Lake Park

Mar 22-Apr 12	F	10-11am	\$39
Apr 19-May 10	F	10-11am	\$39

### Tennis 201: Intermediate Drill

In this class designed for 2.5 to 3.5 USTA level players or those who have completed beginner courses, students will continue to work on strokes and will be introduced to singles and doubles strategies.

Mar 20-Apr 10	W	6-7:15pm	\$39	38098
Apr 17-May 8	W	6-7:15pm	\$39	38099
May 15-May 22	W	6-7:15pm	\$20	38100
June 12-July 10	W	6-7:15pm	\$39	38101
July 17-Aug 7	W	6-7:15pm	\$39	38102

### Tennis 301: Advanced Drill

This class is designed to improve the skills of 3.5 and higher USTA level players.

Mar 20-Apr 10	W	6-7:15pm	\$39	38105
Apr 17-May 8	W	6-7:15pm	\$39	38106
May 15-May 22	W	6-7:15pm	\$20	38107
June 12-July 10	W	6-7:15pm	\$39	38108
July 17-Aug 7	W	6-7:15pm	\$39	38109



## youth tennis instruction and more

With progressive instruction in all aspects of tennis, we provide developmental steps for beginners up to state-ranked Junior. Children begin in their appropriate age group but may be bumped to a different level by the tennis instructional staff. Preregister for all classes. We may combine age groups if a minimum of four students are not registered. There are no classes scheduled during spring break, March 11-16 and on Memorial Day, May 27.

### Pee Wee Instruction, ages 4-6

Students will use smaller nets and graduated racquets to develop motor skills through fun and games.

#### CLASS TIMES OFFERED:

Mon & Wed	4:30-5:15pm		
Mon & Wed	6-6:45pm		
Saturdays	10-10:45am		
Mar 18-Apr 13	1 day/week	\$49	37508
	2 days/week	\$75	37509
	3 days/week	\$95	37510
Apr 15-May 11	1 day/week	\$49	37511
	2 days/week	\$75	37512
	3 days/week	\$95	37513
May 13-June 1	1 day/week	\$37	37514
(prorated three	2 days/week	\$57	37515
week sessions)	3 days/week	\$72	37516

### Superstars, ages 7-9

Students will have a blast learning the basic strokes. Intermediate players will begin playing points and keeping score.

#### CLASS TIMES OFFERED:

Mon & Wed	4:30-5:30pm		
Mon & Wed	6-7pm		
Saturdays	10-11am		
Mar 18-Apr 13	1 day/week	\$49	37594
	2 days/week	\$79	37595
	3 days/week	\$99	37596
Apr 15-May 11	1 day/week	\$49	37597
	2 days/week	\$79	37598
	3 days/week	\$99	37599
May 13-June 1	1 day/week	\$37	37617
	2 days/week	\$60	37618
	3 days/week	\$75	37616

### Championship, ages 10+

Beginning students will learn the basic strokes. Intermediate players will begin playing points and keeping score.

#### CLASS TIMES OFFERED:

Mon & Wed	4:30-5:30pm		
Mon & Wed	6-7pm		
Saturdays	10-11am		
Mar 18-Apr 13	1 day/week	\$49	37822
	2 days/week	\$79	37836
	3 days/week	\$99	37823
Apr 15-May 11	1 day/week	\$49	37839
	2 days/week	\$79	37838
	3 days/week	\$99	37837
May 13-June 1	1 day/week	\$37	37824
	2 days/week	\$60	37825
	3 days/week	\$75	37826

### Entry-Level Tournament

Players must receive permission from the coach to enroll. (\$19/drop-in)

#### CLASS TIMES OFFERED:

Mon & Wed	5:45-7:15pm		
Saturdays	10-11:30am		
Mar 18-Apr 13	1 day/week	\$69	37979
	2 days/week	\$99	37980
	3 days/week	\$129	37981
Apr 15-May 11	1 day/week	\$69	37982
	2 days/week	\$99	37983
	3 days/week	\$129	37984
May 13-June 1	1 day/week	\$52	37985
	2 days/week	\$74	37986
	3 days/week	\$97	37987

### Academy (Adv. Tourn. Players, Champ, Super Qualified)

Players must receive permission from the coach to enroll. (\$19/drop-in)

#### CLASS TIMES OFFERED:

Mon & Wed	5:45-7:15pm		
Saturdays	10-11:30am		
Mar 18-Apr 13	1 day/week	\$69	38002
	2 days/week	\$99	38003
	3 days/week	\$129	38010
Apr 15-May 11	1 day/week	\$69	38004
	2 days/week	\$99	38014
	3 days/week	\$129	38015
May 13-June 1	1 day/week	\$52	38013
	2 days/week	\$74	38012
	3 days/week	\$97	38016

### USTA Junior Team Tennis, ages 8-18

**Begins mid-February**

**Sundays; \$59/player; 36130**

Team tennis is for youth ages 8-18 and for all levels of play from beginner to advanced. The league runs 6-8 weeks on Sunday afternoons.

USTA Jr. Team Tennis is a national youth tennis league with a unique team format that consists of singles, doubles, and mixed doubles against other teams. It promotes values, cooperation, and teamwork; while improving tennis skills and match play experience. Registration fee includes a team tennis party at the end of the season.

Students must join the USTA to participate in Team Tennis. Call (940) 349-8526 to confirm the spring start date.

### Middle School Tournament

**Saturday, May 18**

**\$6/player; 38122**

Players currently finishing grades 5-8 are eligible. Novice and Advanced Divisions, players guaranteed at least two matches. Register by May 14.

**Register online at [www.dentonparks.com](http://www.dentonparks.com)**

# GYM MEMBERSHIPS

Four rec centers with weight and cardio rooms, free weights, cable crossovers, treadmills, bikes, ellipticals, and more

**MLK JR. REC CENTER**  
1300 Wilson St. (940) 349-8575

### Hours of Operation

Mon-Fri, 9am-9pm  
Sat, 9:30am-6:30pm  
Closed Sunday

### Gym Membership

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

12 months \$100  
3 months \$35  
1 month \$15  
Day pass \$3

### Equipment Orientation

Equipment orientation is FREE on Thursdays at 6:30pm or \$10 by appointment.

### Child Care While You Workout

Child care is provided from 5:30-7:30pm on Mondays-Thursdays.

Drop-in \$2/child  
Monthly \$20/child

**DENIA REC CENTER**  
1001 Parvin St. (940) 349-8285

### Hours of Operation

Mon-Wed, 7am-9pm  
Thurs-Fri, 7am-8pm  
Sat, 9:30am-3:30pm; closed Sunday

### Gym Membership

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

12 months \$100  
3 months \$35  
1 month \$15  
Day pass \$3

### Equipment Orientation

Orientations focus on mechanics, form, and overall use of the equipment. Please call for an appointment.

**SENIOR CENTER**  
509 N. Bell St. (940) 349-8720

### Hours of Operation

Mon-Fri, 8am-9pm  
Sat, 9am-1pm  
Closed Sunday

### Gym Membership, ages 50+

Join our state-of-the-art fitness room with treadmills, bikes, a leg-extension machine, a bicep-curl machine, chest press, shoulder press, triceps press, ab crunch, stair-step machines, and free weights.

12 months \$100  
3 months \$35  
1 month \$15  
Day pass \$3

Join and you'll get more than just a gym membership, because our centers foster community with staff that take the time to get to know you.



Great personal benefits

Affordable rates

Convenient locations

Personable staff

NO contracts

## NORTH LAKES REC CENTER

2001 W. Windsor Dr. (940) 349-8287

### Hours of Operation

Mon-Thurs, 5:30am-10pm

Fri, 5:30am-9:30pm

Sat, 7:30am-3:15pm; closed Sunday

### Gym Membership

Join for access to a certified staff, Olympic free weights and benches, weight machines and cable crossover, Airdyne bikes, recumbent bikes, ellipticals, stair stepper, and treadmills. After completing an orientation, ages 12-15 require parental supervision.

12 months \$120 (add family member, \$100)

3 months \$40

1 month \$20

Day pass \$3

### Equipment Orientation

Equipment orientation is FREE on Tuesdays at 6:30pm or \$10 by appointment.

### Child Care While You Workout

Mondays and Wednesdays, 8-10:30am

and 5:30-7:30pm; Tuesdays and Thursdays

8-10am and 5:30-7:30pm; Fridays, 8-10am

Drop-in \$2/child, \$1/each additional

Monthly \$12/family, unlimited

### Fitness Assessments, \$45

An assessment is recommended before beginning any strengthening or weight-loss program to better gauge your fitness needs. Testing includes body fat percentage, muscle mass, blood pressure, metabolic age/rate, flexibility, endurance, and maximum strength.

### Metabolic Testing, \$24 plus \$10 reusable mouth piece

The one basic truth to weight loss is that you must burn more than you consume. This test determines how many calories your body burns and calculates how many calories you should eat to lose or maintain weight.

### VO2 Testing, \$25 plus \$25 reusable mouth piece

By measuring your heart rate and oxygen consumption (VO2), we determine how many calories you burn during exercise and your true target workout zone.

### Personal Training

Our trainers provide guidance, motivation, accountability, and a program tailored for your fitness goals. North Lakes Rec Center is now offering TRX® for no additional cost!

(1) hour session \$40 or \$60/pair

(6) hour sessions \$195 or \$270/pair

(12) hour sessions \$325 or \$400/pair

### Sport-Specific Training

Reach your full potential by improving endurance, speed, agility, flexibility, strength, and cardio endurance. By following a customized plan, you will increase your competitive edge whether you play recreation sports, are an off-season athlete, or are just interested in cross-fit-style training.

(1) half-hour session \$25 (\$50/hour)

(6) half-hour sessions \$125 (\$250/hour)

(12) half-hour sessions \$190 (\$375/hour)

### Functional Training

Train your body to better perform daily activities. Offered by a trainer certified in cancer exercise and inclusive fitness, this program is ideal for adaptive populations and post-rehab patients.

(1) half-hour session \$10

(6) half-hour sessions \$50

(12) half-hour sessions \$95

## Get unlimited rec fun for just \$5 per year!

For just \$5 per year, you can have unlimited daily access to all three rec centers with the following privileges:

- access to gymnasiums for open basketball and other sports
- access to game rooms that include pool tables, ping pong tables, and video games
- access to public computers
- access to the Civic Center indoor track Monday-Friday from 6:45am-7pm

Rec center passes are separate from gym memberships and must be renewed annually for \$5; nonresidents pay \$10.

## Rec Center Events

### Open Rec Volleyball, ages 8+

Sharpen your skills or just have fun. First come, first served every Tuesday from 8-9:45pm at North Lakes Rec Center; and every Tuesday and Thursday from 7:30-8:30pm at MLK Jr. Rec Center. Rec pass required.

### Pool + Ping Pong Tournaments

Show off your pool and ping pong skills, in the same tournament! Register one week out and call (940) 349-8575 for rules and regulations. Rec pass NOT required.

Mar 29 F 6-8pm MLK \$4 38404

May 24 F 6-8pm MLK \$4 38405

July 26 F 6-8pm MLK \$4 38406

### Free Friday King Row Movies "Lights, Camera, Action"

Mar 22 Family movie

May 17 Science fiction movie

July 19 Western movie

Bring the entire family to MLK Jr. Rec Center for popcorn and a movie on a giant screen, beginning at 5pm. Rec pass NOT required.

### Free Wii and Xbox Gamer Madness, ages 8+

MLK Jr. Rec Center offers this fun activity to keep your kids safe after school, every Monday and Wednesday from 4-5pm. Rec pass required.

### Lights Out Sensory Room Therapeutic Recreation, all ages

This North Lakes Rec Center interactive room offers a unique experience with black lights, neon carpet, disco lights, and laser stars that will dazzle your group. To reserve the room, call (940) 349-8287. \$5 per person. Rec pass NOT required.

# NORTH LAKES REC CENTER GROUP EX MEMBERSHIP

Take the **BODYPUMP®**  
Challenge beginning  
April 2 and change your  
body in just eight weeks.

This no-nonsense get fit  
program is centered around  
our **BODYPUMP®** classes.

You will look  
and feel better!



## Affordable Group Exercise Membership Rates

Unlimited access to the following classes, cardio and weight rooms. All fitness levels are welcome. To view our schedule with more than 30 classes each week, visit [www.dentonparks.com](http://www.dentonparks.com)

12 months	\$320 (add family member \$290)
3 months	\$90
1 month	\$36
Drop-in	\$5

### **LES MILLS** BODYPUMP®

This 60-minute resistance training workout is the fastest way to tone up and lose body fat! The proven BODYPUMP® formula: THE REP EFFECT™ a breakthrough in resistance workout training, focuses on low weight loads and high repetition movements. Using the best weight-room exercises such as squats, presses, lifts, and curls, you'll burn fat, gain strength and quickly produce lean body muscle conditioning.

### **LES MILLS** BODYCOMBAT®

This 60-minute, fiercely energetic cardio workout draws from a wide array of disciplines such as Karate, boxing, Taekwondo, and Muay Thai. Supported by driving music and powerful instructors, you will punch, kick, and kata your way through calories to superior cardiovascular fitness.

### **LES MILLS** BODYFLOW®

This 60-minute workout combines yoga, Tai Chi, and Pilates to build flexibility and strength and leaves you feeling centered and calm. Controlled breathing, concentration, and a carefully structured series of stretches and poses create a holistic workout that will bring you into a state of harmony and balance.

### **Core Training**

This 15-minute, yet effective, workout will strengthen your abdominal, oblique, back, and pelvic muscles.

### **Indoor Cycling**

Come burn massive amounts of calories while enjoying the ride of your life. Cycling strengthens core and lower body muscles while improving cardiovascular health.

### **Yoga**

This 60-minute, energetic execution of basic yoga poses will improve your core strength, flexibility, endurance, and mental focus.

### **ZUMBA®**

This 60-minute, low-impact cardio workout uses hypnotic Latin rhythms and easy-to-follow, calorie-burning moves that will tone your core and sculpt your body.

### **High-Intensity Interval Training (hiit)**

This 30-minute workout will dramatically improve your body's ability to burn fat through intervals of cardio, strength, and core training.

### **Boot Camp**

No guts, no glory! This 60-minute, high-powered workout features cardiovascular, athletic-conditioning, and strength-training drills that will enhance your agility, speed, and power.

# Experience the hottest trends in group exercise!



## Cycle Yoga

Burn calories and relieve stress all in one workout. We combine a 40-minute high energy cardio workout with a 20-minute practice of yoga. Improve cardio endurance, strength, and flexibility, while burning 550 to 750 calories per class! All fitness levels welcome. Space is limited, register early.

Mar 18-Apr 22	M	6:30-7:30pm	NLR	\$20	37967
Mar 20-Apr 24	W	6:30-7:30pm	NLR	\$20	37968
May 6-June 17	M	6:30-7:30pm	NLR	\$20	37969
May 8-June 12	W	6:30-7:30pm	NLR	\$20	37970
July 1-Aug 5	M	6:30-7:30pm	NLR	\$20	37971
June 26-Aug 7	W	6:30-7:30pm	NLR	\$20	37972
Aug 19-Sep 30	M	6:30-7:30pm	NLR	\$20	37973
Aug 21-Sep 25	W	6:30-7:30pm	NLR	\$20	37974

## Camp Gladiator

This boot camp class promises a motivating and challenging workout for men and women of all ages and fitness levels. For rates and to register, call (469) 855-3434 and mention Denton Parks and Recreation.

South Lakes Park M/W 6:30-7:30pm

## Atop Boxing

This boxing program is designed to teach proper stance, boxing techniques, punching combinations, and more without physical contact. Participants will use punching bags and speed bags, and will need to bring boxing gloves, a speed rope, and hand wraps. For more information, call (940) 390-0733.

Mar 5-28	Tu/Th	7-8pm	MLK	\$30	38268
Apr 2-25	Tu/Th	7-8pm	MLK	\$30	38269
May 7-30	Tu/Th	7-8pm	MLK	\$30	38280
June 4-27	Tu/Th	7-8pm	MLK	\$30	38271
July 2-25	Tu/Th	7-8pm	MLK	\$30	38272
Aug 6-29	Tu/Th	7-8pm	MLK	\$30	38273

## Sports Performance

Participants will learn the dynamics of proper exercise, how to maintain a workout regimen, and how to increase athletic performance. Nutritional guidance is included. Bring a mat, towel, and journal. Register one week prior to each session. Call (972) 841-2518.

Mar 5-21	Tu/Th	9:30-11am	MLK	\$45	38357
May 7-23	Tu/Th	9:30-11am	MLK	\$45	38358
July 2-18	Tu/Th	9:30-11am	MLK	\$45	38461

## Hatha Flow Yoga

This stress-relieving hatha flow class is created for all levels to bring enlightenment to the body and soul, promote a feeling of well-being, and to improve strength, flexibility, nervous system function, weight loss, and peace of mind.

M/W 7-8pm DRC \$30/month or \$5 drop-in fee

## Couch to 5K Running Program

Run your first 5K race in just six weeks! This instructional course is designed for beginner fitness levels with little to no running experience. Go from ground zero through the finish line with a knowledgeable coach guiding you through a safe, effective training program. T-shirt included.

Apr 2-May 9	Tu/Th	5:30-6:30pm	NLR	\$25	37975
May 29-June 27	Tu/Th	5:30-6:30pm	NLR	\$25	37976
July 9-Aug 15	Tu/Th	5:30-6:30am	NLR	\$25	37977

## Boot Camp Fitness

This class works the entire body and mind at optimal performance, and includes cardio and strength assessments, body fat and composition assessments, and mandatory food logs.

Register one week prior to class start date.

Mar 4-22	M/W/F	9:30-11am	MLK	\$75	38274
Apr 1-19	M/W/F	9:30-11am	MLK	\$75	38275
May 6-24	M/W/F	9:30-11am	MLK	\$75	38276
June 3-21	M/W/F	9:30-11am	MLK	\$75	38277
July 1-19	M/W/F	9:30-11am	MLK	\$75	38278
Aug 5-23	M/W/F	9:30-11am	MLK	\$75	38279



Zumba® uses international music to create a fun yet effective cardio class. The routines feature aerobic interval training, while combining fast and slow rhythms to tone the body. First class is free.

M/W 6-7pm MLK \$30/ten classes or \$5/drop-in  
Sa 10-11am



This high calorie burning class blends hip hop and dance moves, making them simple and easy to follow! It requires no previous dance experience, and you'll soon understand the true meaning of a fun workout!

Weekly W 9:15-10:15am DRC \$5/drop-in



This unique, challenging class combines Pilates and Yoga to improve your strength and flexibility while burning calories and toning muscles. It's a whole body workout that will have you coming back again and again! In a nutshell, PiYo™ will rock your world! No experience required.

Weekly M 6-7pm DRC \$5/drop-in



This high energy class choreographs kickboxing with dance designed to make you move! It is a high cardio class that combines intense interval training with strength and endurance training, and requires no previous kickboxing, dance, or equipment experience.

Weekly Sa 10-11am DRC \$5/drop-in

# OUTDOOR ADVENTURES and education



## Cross Timbers Nature Hike, all ages

Hike through the beautiful 70.2-acre park while observing the vibrant spring colors of the Redbud and Mexican Plum trees. Children able to keep up are welcome; ages 12-17 may attend without a guardian but must provide a signed waiver. Meet at Cross Timbers Park by the pond, 7112 Montecito Dr. Register by Feb. 28.

March 2 Sa 1-3pm \$3 37741

## Kayak Clear Creek, age 5-adult

Paddle up Elm Fork to the confluence at Clear Creek by using sit-on-top kayaks. Ages 5-9 must be accompanied by an adult to share a tandem kayak, and ages 12-17 may attend without a guardian but must provide a signed waiver. In addition to the usual items, participants need to bring a sack lunch. Meet at Denia Rec Center. Register by March 1.

March 9 Sa 10am-3pm \$20 ages 5-9 37762  
ages 10+ 37761

## Horseback Riding, age 10-adult

Join Black Mustang Ranch on a 1.5-hour, guided horseback adventure on the trails at Lantana Lodge. The terrain varies from rugged, stony hills to sandy loam with spectacular views of Lake Ray Roberts. Participants will be paired with their ideal horse. Ages 13-17 may attend without a guardian but must provide a signed waiver. Meet at Denia Rec Center. Register by March 8.

March 16 Sa noon-4pm \$45 37815

## Beginning Archery, age 7-adult

Learn the fundamentals of international style archery on a legal range with a National Archery in Schools certified instructor. After learning the basics, students will continue target practice at each class. Wear closed toe shoes. Meet at Denia Rec Center. Register by May 3.

April 4-25 Th 5-7pm \$30 37916  
May 7-28 Tu 5-7pm \$30 37919

## Kayak Clear Creek, ages 50+

Join ACA assessed and American Red Cross lifeguard certified staff on a paddle up Elm Fork to the confluence of Clear Creek and Elm Fork. Bring sunscreen, water, a hat and bag lunch. Weather appropriate clothing, including closed toe shoes shoes that can get wet are recommended. Paddling experience not required. The fee includes transportation, instructors, guides, sit on top kayaks, life jackets, paddles, and kayak instruction. Meet at Denton Senior Center. Register by Fri, April 5.

April 13 Sa 10am-3pm \$20 38611

## Intro to Mountain Biking, age 16-adult

Bike four miles of flat, single-track trail in wetlands, grasslands, and forests to discover the natural beauty of Clear Creek. Bikes and helmets are provided; and in addition to the usual items, participants need to bring a sack lunch. Meet at Denia Rec Center. Register by April 5.

April 13 Sa 10am-1pm \$20 38080

## Clear Creek Photography Hike, age 15-adult

Join Denia staff and Elm Fork Master Naturalists on a photography nature hike along Rookery Trail. Lynne Richards, M.F.A. Photography, will offer advice for photographing flora, fauna, and wildlife. She will also offer beneficial information on how to maximize the options of your camera. Bring your own equipment. Meet at Clear Creek Natural Heritage Area, 3310 Collins Rd. Register by April 10.

April 13 Sa 9-11am \$3 37906

## Kayak Bridgeport Falls Creek, age 10-adult

Kayak a variety of waterways, including quiet pools and small riffles, along this 5.8-mile, scenic loop on the Trinity River's west fork while using sit-on-top kayaks. Ages 10-12 must be accompanied by an adult to share a tandem kayak, and ages 13-17 may attend without a guardian but must provide a signed waiver. In addition to the usual items, participants need to bring a sack lunch. Meet at Denia Rec Center. Register by April 12.

April 20 Sa 10am-4pm \$20 ages 10-12 38094; ages 13+ 38095

## Clear Creek Night Hike, age 8-adult

Join Elm Fork Master Naturalists for a program on night sounds, followed by a hike. Ages 12-17 may attend without a guardian but must provide a signed waiver. Meet at Clear Creek Natural Heritage Area, 3310 Collins Rd. Register by April 12.

April 20 Sa 7:30-9:30pm \$5 38104



## what to expect

Outdoor Adventures are led by knowledgeable, ACA-assessed and American Red Cross lifeguard-certified staff; therefore, experience is not required. Fees include instruction, equipment, and transportation when applicable.

### Beginning Archery, ages 50+

Learn the fundamentals of international style archery with a National Archery In Schools certified instructor on a legal range. Closed toe shoes are required. The fee includes an instructor, range, and equipment. Register by May 10.

May 18 Sa 1-3pm \$8 38613

### Clear Creek Nature Hike, all ages

Join Elm Fork Master Naturalists on a hike to find and identify spring wildflowers. Children able to keep up are welcome; ages 12-17 may attend without a guardian but must provide a signed waiver. Meet at Clear Creek Natural Heritage Area, 3310 Collins Rd. Register by May 9.

May 11 Sa 9-11am \$3 37907

### Kayak Pecan Creek, ages 50+

Join ACA assessed and American Red Cross lifeguard certified staff on a paddle up a crystal clear waterway. Water, a hat, and weather appropriate clothing, including closed toe shoes shoes that can get wet, are recommended. Paddling experience not required. The fee includes transportation, instructors, guides, sit on top kayaks, life jackets, paddles, and kayak instruction. Bring sunscreen, a bag lunch, and water. Meet at Denton Senior Center. Register by Fri, May 3.

May 11 Sa 10am-3pm \$20 38612

### Junior Angler, ages 7-17

Learn how to fish with TPWD-certified angler educators. The class will cover safety, species, tackle, casting, and fishing. Each student will receive a certificate and Junior Angler pin. Ages 7-10 must be accompanied by an adult. Meet at the south pond in South Lakes Park by the dock. Register by May 9.

May 16 Th 6-8pm \$8 37908

### Kayak Clear Creek, age 5-adult

Paddle up Elm Fork to the confluence at Clear Creek by using sit-on-top kayaks. Ages 5-9 must be accompanied by an adult to share a tandem kayak, and ages 12-17 may attend without a guardian but must provide a signed waiver. In addition to the usual items, participants need to bring a sack lunch. Meet at Denia Rec Center. Register by May 10.

May 18 Sa 10am-3pm \$20 ages 5-9 37766; ages 10+ 37765

### Mountain Biking, age 16-adult

Bike at Johnson Branch State Park to experience a cyclists' mecca! This branch of Ray Roberts Lake has been transformed for riders of all levels and now features a combination of jeep roads and single-track looping through the hills. Bikes and helmets are provided; and in addition to the usual items, participants need to bring a sack lunch. Meet at Denia Rec Center. Register by May 24.

June 1 Sa 10am-2pm \$25 38024

### Predators From The Sky, all ages

Day and night, raptors are on patrol with the mission of snatching their next meal. In this Blackland Prairie Raptor Center presentation, discover the birds' unique adaptations to hunt in woodlands, wetlands, and prairies. Raptors of different species and sizes will be featured to demonstrate their abilities. Meet at Denia Rec Center. Due to limited seating, preregistration is required to attend.

June 12 W 1:30-2:30pm \$3 38165

### Brazos River Two-Day Canoe Trip, age 10-adult

Enjoy this overnight trip down the Brazos River with 20 miles of canoeing. The fee also includes a primitive camping site, trail meals, and most camping equipment. Ages 10-17 must be accompanied by a guardian. The mandatory pre-trip meeting for all participants is at 7pm on June 13 at Denia Rec Center. We will leave Denia at 9am on Saturday and return at 7pm on Sunday. Register by June 7.

June 29-30 Sa-Su \$95 ages 10-12 38111  
ages 13+ 38120

# OUTDOOR ADVENTURES and education

Take a look,  
there's more  
to discover...



Preschool Naturalists, page 6

Teen spring break  
adventures, page 12

Junior Master Naturalist  
Summer Camp, page 14

Teen summer trips  
and adventures, page 18

Homeschool Kids  
in Nature, page 27

## What to bring

Sunscreen, insect repellent,  
water, hiking boots, long pants,  
a hat, and weather-appropriate  
clothing, including closed toe  
shoes that can get wet.

## Pets are not allowed

For more information,  
call (940) 349-8136

# SENIOR CENTER

509 N. Bell St., (940) 349-8720

Monday-Friday, 8am-9pm

Saturday, 9am-1pm



## DROP-IN ACTIVITIES

To enhance your safety in our facilities, an ID card system is used for drop-in activities. The card costs \$5 per year for residents and \$10 a year for nonresidents.

Pool, games, library, shuffleboard	Monday-Saturday, open hours
Garden Courtyard	Monday-Saturday, open hours
Pinochle	Mondays, 8:30am
Senior Center Chorus	Mondays, 1:30pm
New Horizons (beginner)	Mondays, 4pm
New Horizons (advanced)	Mondays, 5pm
Reminiscence Writing	2nd and 4th Monday, 9:45am
Needlework Group	Tuesdays, 9am
Young at Heart Rehearsal	Tuesdays, 9am
Card Workshop	1st Tuesday, 9am
Duplicate Bridge	Wednesdays, 12:30pm
Movie Night	Wednesdays, 6pm
Red Hats Club	1st Wednesday, 11am
Literary Critique Group	Thursdays, 9:30am
Young at Heart Rehearsal	Thursdays, 10am
Party Bridge	Thursdays, 12:30pm
Friday with Friends	Fridays, 9am
Hand & Foot Canasta	Fridays, 10am
Triangle Squares	1st and 3rd Friday, 7pm
Bingo	1st and 3rd Friday, 12:45pm

## Health Screenings

Every 1st-4th Wednesday, 10am

Every 1st & 3rd Friday, 10am

Check your blood pressure and blood sugar for free.

## SPAN Noon Meals, weekdays

Balanced daily meals are coordinated by SPAN (Services for Aging Needs).

Lunches may be reserved up to two days in advance but no later than noon the day before. The suggested donation is \$2 for age 60 and older; individuals younger than 60 may eat for \$5.

## Community Dances, every 2nd & 4th Friday, 7-9:30pm

Enjoy live music, dancing, and complimentary refreshments.

Admission is \$6 per guest.

## Ed Bonk Woodshop, Tuesday-Thursday, 9am-noon

The shop is fully equipped with a table saw, surface planer, drill press, scroll saw, lathe, combination sander, band saw, and radial arm saw.

Costs \$6 per year and \$1 per visit.

## Aletha's Craft Store, open Monday-Saturday, 9am-1pm

Buy and sell hand-made items or just show off your crafts.

## HEALTH AND FITNESS

### Gym Membership

Join our state-of-the-art fitness room with treadmills, bikes, a leg-extension machine, a bicep-curl machine, chest press, shoulder press, triceps press, ab crunch, and free weights.

Day pass	\$3
1 month	\$15
3 months	\$35
12 months	\$100

### Stretch 'n' Tone

**Mondays, Wednesdays, and Fridays, 11am**

This free class is specifically designed for seniors to increase strength and mobility. Participants must have a current rec pass.

### Tai Chi

**Tuesdays, 4pm**

This class is designed to improve breathing, blood pressure, and other medical conditions through ancient relaxation techniques. Costs \$30 per six-week session.

### Yoga

**Saturdays, 9:30am**

This class is designed to regulate the body's energy level, center the mind, and relax the muscles. Costs \$30 per six-week session.

### Zumba Gold®

**Thursdays, 5:30-6:30pm**

Designed for seniors, this low-impact cardio class features elements of Zumba®, such as the fun Latin music and invigorating atmosphere, but modifies the moves and pacing for active older participants. The first class will focus on teaching the easy-to-follow moves. Costs \$30 per session.

### Chair Volleyball League

In this exciting game, each team of six remains seated while hitting a beach ball over a five-foot net. Call (940) 349-8720 for league dates. Practices are Mondays mornings, 9-10:30am. Costs \$19 per player.

### Seniorcize at North Lakes Rec Center

This class is designed to help seniors improve range of motion, muscle strength, bone density, cardiovascular fitness, and overall fitness level.

Mar 25-May 3	M/W/F	10-11am	\$40	38019
May 6-June 14	M/W/F	10-11am	\$40	38020
June 17-July 26	M/W/F	10-11am	\$40	38021
July 29-Sept. 6	M/W/F	10-11am	\$40	38022

Anyone, age 50 and older, is invited to explore our classes, trips, and other activities. Class dates are available online at [www.dentonparks.com](http://www.dentonparks.com) and in the monthly Senior Center newsletter. You may pick up a copy for \$1 per issue; or for an annual subscription of only \$8, the newsletter is mailed to your home.

## MONTHLY CLASSES

### Gourd Crafting

Join us as we explore gourd birdhouses and craft centerpieces, purses, decorations, and more, using dyes, woodburning tools, acrylics, feathers, beads, stencils, and designs. The fee includes gourds and supplies.

### Ceramics/Pottery

On Thursdays from 10am-2pm, learn new techniques in ceramics and pottery to create unique art such as jewelry, glass bowls, wreaths, mosaics, and green-ware alterations. The fee includes basic supplies and firing. You may choose a \$10 four-punch pass or a \$20 eight-punch pass for any two-month session.

### Creativity Unlimited

Always something fun and creative, we use various mediums to create necklaces, bracelets, cheese trays, candles, etching and more. Sign up and see!

### Kumihimo Braiding

Kumihimo is the ancient art of Japanese braiding. In this fun, hands-on class you will learn to load cord onto the braiding disk and braid a key chain. We'll discuss various techniques and provide instructions to continue the fun at home.

### Life Story

Remember the stories you used to tell your family and friends? We'll help you take those stories to start a journal, scrapbook, memory book, or children's book. We'll also help stimulate your memory and creative juices to help you complete the project to pass on to younger generations.

### Watercolor/Acrylic Painting Workshops

Students will have the choice to practice with watercolor and/or acrylic. Each \$30 workshop uses step-by-step demonstrations designed for beginners and painters looking to refresh their techniques. Bring your own paint supplies and lunch; lunchtime will include a critique.

### Art on the Go

This is an innovative way to visit art venues. We will enjoy a Dutch-treat lunch and art discussions. The fee includes transportation and museum tickets.

### Beginning/Inter. Conversational Spanish

On Mondays and Wednesdays, learn phrases that will allow you to communicate in Spanish-speaking places. Cost \$60 for 12 classes.

## DANCE CLASSES

### Beginning Line Dance

Tuesdays, 5:30-6:30pm

### Intermediate Line Dance

Tuesdays, 6:30-7:30pm

### Beginning Tap Dance

Fridays, 8:30am

### Evening Tap Dance

Wednesdays, 5:45pm

### Intermediate/Adv Tap

Fridays, 9:30am

### Middle Eastern Dance

Thursdays, 7pm

### Social Dances Lessons

Available Wednesday evenings, lessons will feature social dances such as double two-step, fox trot, jitter bug, and salsa.

## SILVERSNEAKERS®

If you are eligible for the SilverSneakers® fitness program through your insurance plan, you receive access to the fitness rooms at North Lakes Rec Center, Denia Rec Center, Denton Senior Center, Denton Natatorium, and the fitness classes listed below. View currently accepted insurance plans at [www.silversneakers.com](http://www.silversneakers.com). For rates and questions, call (940)-349-8287.

### SilverSneakers® MSROM

#### North Lakes Rec Center

#### Tuesdays & Thursdays, 10-11am & noon-1pm

This class features fun music and a variety of exercises that increase muscular strength and range of movement to improve daily living. Hand-held weights, elastic tubing with handles, and a ball are used for resistance; while a chair is used for seated or standing support.

### SilverSneakers® Yogastretch

#### North Lakes Rec Center

#### Mondays & Fridays, 11:15am-noon



This class takes you through a series of seated and standing yoga poses to increase flexibility, balance, and range of movement; while a chair may be used for support. To reduce stress and promote mental clarity, the class features breathing and relaxation exercises.

# SENIOR ROAD TRIPS, (940) 349-8720

Road trips leave from Denton Senior Center unless otherwise noted. Fees include transportation, parking, and admission. To stay connected, download our free Senior Traveler at [www.dentonparks.com](http://www.dentonparks.com)

## Winstar World Casino

**Date:** Thursday, Feb. 21

**Time:** 8am-4:30pm  

**Price:** \$6/person plus \$20 (see below)

Enjoy a breakfast buffet, then try your luck at the slots, poker and more! Your birth date is required at registration, as well as \$20 to board the bus for rewards play. We'll leave from Denton Civic Center; photo ID required.

## Dallas Zoo

**Date:** Tuesday, March 12

**Time:** 9am-4pm

**Price:** \$19/person   

The Dallas Zoo has thousands of animals and is enormously entertaining! We'll see koalas, African mammals, giraffes, monkeys and more. Trained birds will soar, swoop, and dive as they perform aerobatic feats during the new SOAR, A Festival of Flight show in ZooNorth. Hawks, owls, toucans, hornbills, ibises, ravens, eagles, and others demonstrate natural behaviors as they fly through the audience and interact with the host of the show. We'll enjoy a Dutch-treat lunch at the zoo. This trip is multigenerational, grandchildren are welcome!

## Roseland Plantation

**Date:** Thursday, March 21




**Time:** 9am-5pm

**Cost:** \$28/person  

Experience the charming elegance of the old south by touring Roseland Plantation in eastern Van Zandt County, near Tyler. We'll also enjoy a Dutch-treat lunch at The Potpourri House in Tyler, known for southern hospitality.

Little Walking 

Some Walking  

Lots of Walking   

## Clark Gardens

**Date:** Thursday, April 4

**Time:** 9am-4pm

**Cost:** \$19/person   

Clark Gardens Park is a breathtaking 35 acre oasis that stirs the spirit and relaxes the mind. From the first spring blossoms to the colorful fall blooms there is a sense of magic. It has wheelchair accessible pathways that wind through lavish ribbons of color and fragrance along with waterfalls that sparkle in the sunlight, and model trains that run throughout the gardens. We'll enjoy a Dutch-treat lunch.

## Rangers Baseball Game

**Date:** Thursday, May 2

**Time:** 5-11:30pm

**Cost:** \$23/person   

Go Rangers! Join us as we travel to Arlington to watch the Rangers play the Chicago White Sox. We'll enjoy a Dutch-treat dinner at the stadium while watching the game and travel by chartered motor coach.

## IKEA Shopping

**Date:** Saturday, May 18

**Time:** 10am-3pm

**Cost:** \$15/person   

No matter who you are or what style you prefer, IKEA has something functional and perfect to fit your life. While at IKEA, we'll enjoy a Dutch-treat lunch.

## The Grapevine Opry

**Date:** Saturday, July 6

**Time:** 5-11pm

**Cost:** \$27/person  

The Grapevine Opry is considered one of the premier live country music shows in the nation and we're headed there for a fourth of July weekend performance. Before the show, we'll enjoy a Dutch-treat dinner.

## Talking Pictures

### Grapevine Runway Theatre

**Date:** Saturday, July 20

**Time:** 5-11pm

**Cost:** \$27/person 

From the author who created the screenplays for *To Kill a Mockingbird* and *A Trip to Bountiful* comes a charmingly, delightful play. It's 1929 in Harrison, Texas, where a mixed marriage is one between a Methodist and a Baptist, and going to the movies is considered in some households as a risky undertaking. Love, longing, compromise, and broken marriages are all explored in this humorous and touching story. Rated PG We'll enjoy a Dutch-treat dinner before the play.

## Rangers Baseball Game

**Date:** Monday, Aug. 19

**Time:** 5-11:30pm

**Cost:** \$23/person   

Go Rangers! Join us as we travel to Arlington to watch the Rangers play the Houston Astros. We'll enjoy a Dutch-treat dinner at the stadium.

## Heritage Village at Old City Park and Farmer's Market

**Date:** Wednesday, Sept. 25

**Time:** 9am-3pm

**Cost:** \$15/person   

Heritage Village is a living museum portraying life from 1840-1910 in the North Texas area. We'll visit the Farmer's Market for fresh vegetables. Bring a sack lunch and basket for fruit and vegetables purchased at the market.

## TRIP POLICY

Names are placed on a trip roster only when payment has been received. If you cannot register in person, you may register by mail with a check payable to City of Denton. Waiting lists are maintained, but we strongly urge you to register early, as many of our trips fill quickly. Day trips are nonrefundable; please make certain that you are able to participate when you register for a trip.

If a trip is canceled due to lack of registrants, you will receive credit towards another trip, class, or special event. If you participate in any of our classes, programs, or trips, please stop by the front desk to complete an annual waiver form and to update your emergency contact information.

# Register online at [www.dentonparks.com](http://www.dentonparks.com)

# AMERICAN LEGION HALL

629 Lakey St., (940) 349-8298

**Monday-Friday, 10am-3pm**

**Thursday, 6-9pm**

**Saturday-Sunday, closed**

## DROP-IN ACTIVITIES

To enhance your safety in our recreation facilities, a facility ID card system is used for drop-in activities. The card costs \$5 per year for City of Denton residents and \$10 a year for nonresidents.

Sewing machine	Monday-Friday, 10am-noon
Exercise machines	Monday-Friday, 10am-3pm
Internet access	Monday-Friday, 10am-3pm
Jigsaw puzzles	Monday-Friday, 10am-3pm
Spades	Monday-Friday, 10am-3pm
Biz Wiz, pool	Monday-Friday, 10am-3pm
Table games	Monday-Friday, noon-2pm
Artwork, sewing	Monday, 10am-noon
Bingo	Tuesday & Thursday, 10:30-11:30am
Jewelry making	Wednesday, 11:15am-noon

## SPAN noon meals, weekdays at noon

Balanced daily meals are coordinated by SPAN (Services for Aging Needs). Lunches may be reserved up to two days in advance but no later than noon the day before. The suggested donation is \$1.50 for age 60 and older; individuals younger than 60 may eat for \$3.50.

## ALH Senior Advisory Committee

Every fourth Tuesday, 1pm

## For Your Health Seminars

Every third Thursday, 1-2pm  
Professionals will discuss a variety of health-related topics.

## FREE Health Screenings

Every second Tuesday, 10am-noon  
A certified RN checks blood pressure and blood sugar.

## Stretch 'n' Tone

Monday, Wednesday, Friday, 10:30-11:15am  
This free class is designed to increase strength and mobility. Participants must have a current rec pass.

## Domino Tournaments

Thursdays, 6-9pm  
\$3 per player; prizes awarded.

## Birthday Socials

Last Friday of every month, noon-1:30pm  
Enjoy free cake and socializing, followed by table games.

## ALH SENIOR ROAD TRIPS

Senior trips are \$10/person, unless otherwise noted. We will enjoy a Dutch-treat lunch on day trips.

**Frank Buck Zoo & The Fried Pie Co Restaurant, Gainesville**  
Wednesday, March 13, 9am-3pm

**WinStar Casino in Oklahoma**  
Wednesday, April 17, 9am-3pm

**Sixth Floor Museum at Dealey Plaza**  
Wednesday, May 15, 9am-3pm

**Turner Falls in Davis, OK**  
Wednesday, June 19, 9am-3pm

**Stonebriar Mall in Frisco**  
Wednesday, July 17, 9am-3pm

**Overnight Trip to Shreveport/Bossier City, LA Casino**  
We will leave Thursday, Aug. 29 at 9am and return on Friday, Aug. 30 at 6pm. We need a minimum of four registrants for this trip to make. \$20/person



**Join us June 19 for a road trip to Turner Falls, OK!**

# THEME BIRTHDAY PARTIES

## North Lakes Rec Center, (940) 349-8287

Each two-hour party includes a party host, a decorated party room, balloons, cake, fruit punch, invitations, paper goods, goodie bags or novelties, and the activities listed below. For additional fees, theme decorations, pizza, and other extras are available. Prices include 10 children; there is a \$4 fee for each additional child. A \$40 non-refundable deposit is due at booking, and the balance is due one week before the party is scheduled. Available themes:

- \$100 Make A Wish (basic party for all ages, does not include an activity)
- \$130 Busy Babies (One-hour of mat playtime; ages 9 months - 2 years)
- \$130 "I'm a PRINCESS that's Why" (One-hour of activities; ages 4-8)
- \$130 "Hau`oli Lā Hānau" (One-hour of activities; ages 2-6)
- \$130 Sports Fanatic (One-hour of dodgeball, kickball, soccer, or basketball; ages 3-12)
- \$130 Black Light Dance Party (1-hour of dancing; ages 8-14)
- \$150 Leap, Bounce, and Pounce (One-hour with the bounce house; ages 3-8)
- \$150 Star Wars Black Light Experience (One-hour of activities; ages 4-10)

## MLK Jr. Rec Center, (940) 349-8575

Each party includes one hour of gym time, a half hour in a party room, invitations, paper goods, and balloons. For an additional \$50, a bounce house is available. Prices are for 15 children; there is a \$4 fee for each additional child. A \$40 non-refundable deposit is due at booking, and the balance is due one week before the party is scheduled. Available themes:

- \$85 Basic Party (all ages)
- \$90 Game Room (arcade games, air hockey, ping pong, foosball, and pool tables; ages 7+)
- \$100 Kings and Queens Bounce House (ages 4+)
- \$110 Movie Party (ages 4-10)
- \$110 Princess (ages 4-10)
- \$110 Super Hero (ages 4-10)
- \$110 Sports (basketball, dodgeball, hockey, or volleyball; ages 5+)

## Denia Rec Center, (940) 349-8285

Each party includes one hour of activity and half-hour use of a party room, invitations, paper goods, and balloons. For additional fees, a la carte options are available, including cupcake decorating, pudding finger painting, a pie-eating contest, and theme decorations. Prices are for 15 children; there is a fee for each additional child. A \$40 non-refundable deposit is due at booking, and the balance is due one week before the party is scheduled. Each child must have a waiver on file for rock climbing. Available themes:

- \$90 Rock Star Karaoke (all ages)
- \$90 Denia Playhouse (bounce house included; ages 2-6)
- \$175 Black Light Indoor Rock Climbing (ages 7+)
- \$200 Black Light Sports Zone I (basketball, dodgeball, or volleyball; ages 7+)
- \$250 Black Light Sports Zone II (basketball and rock climbing; ages 7+)

## Recreation Center Rentals

Between our centers, we offer a variety of rental spaces, including gymnasiums, game rooms, full kitchens, and multi-purpose rooms that can accommodate up to 250 guests. Additional information is available at [www.dentonparks.com](http://www.dentonparks.com)

- Denia Rec Center, (940) 349-8285
- MLK Jr. Rec Center, (940) 349-8575
- North Lakes Rec Center, (940) 349-8287
- American Legion Hall, (940) 349-8298
- Denton Senior Center, (940) 349-8720
- Park Pavilions, (940) 349-7275



**NEW 3D!**  
Blacklight parties at Denia Rec Center

# DENTON CIVIC CENTER RENTALS

For more information or to schedule an appointment, call (940) 349-8733.

Located near historic downtown Denton with access to beautiful Quakertown Park, the Civic Center is the perfect venue for both public and private events, ranging from banquets and wedding receptions to business meetings and exhibits. Reservations may be made up to 12 months in advance.

## Rental Information at a Glance

9,000-square-foot, indoor rotunda  
(includes tables and chairs for the first 200 guests)  
4,000-square-foot, outdoor, covered plaza  
Full catering kitchen  
Three meeting rooms  
Updated lighting and acoustics  
Alcohol permitted

## Indoor Walking Track

The Civic Center indoor track is open for adult walkers Monday-Friday from 6:45am-7pm. Walkers must purchase a \$5 annual rec pass; the pass costs \$10 for nonresidents.



# FREE MAY-JULY FAMILY ENTERTAINMENT

## FREE Movies in The Park at Quakertown Park

Bring your blankets and chairs for a movie under the stars. Enjoy a marshmallow roast and crafts at 8pm, before a movie on the giant screen at 9pm. Low-priced concessions will be sold.

Friday, May 10 Wreck it Ralph  
Friday, May 17 Brave  
Thursday, June 20 Puss in Boots  
Thursday, June 27 The Lorax

## FREE Friday Night Starrise Denton Civic Center (indoors)

Enjoy Friday nights indoors at Denton Civic Center this June and July. Performances by local talent will begin at 8:15pm inside the center. For more information, call (940) 349-8733.

June 7 Funtime Dancers  
June 14 Denton Community Band  
June 21 The Blue Notes  
June 28 An Evening of Belly Dance  
July 12 Denton Juggling Association  
July 19 Mariachi Kings

## FREE Concerts on the Square at Denton County Courthouse

Spread your blankets and enjoy the talent of local musicians on the lawn of the Denton County Courthouse on the Square!

The rain-out location is the Civic Center. The free concerts are presented in part by the Fort Worth Professional Musicians Union, Local 72-147 of the American Federation of Musicians. Concerts are every Wednesday in May and June from noon-1pm. For more information, call (940) 349-8733.

May 1 Yancey Stevens & the City Slickers (Country)  
May 8 Johnnie Red & the Roosters (Blues/Rock)  
May 15 Rivers West (Classic Rock)  
May 22 Joyce Spencer (Jazz)  
May 29 Brian Houser (Americana/Texas)  
June 5 Island Boogie (Island)  
June 12 Matt Tolentino (Jazz)  
June 19 Baloney Moon (Blues)  
June 26 Texas Tribute Band (Texas variety)

[www.dentonparks.com](http://www.dentonparks.com)

City of Denton Parks and Recreation  
City Hall East Attention: Marketing  
601 E. Hickory Street, Suite B  
Denton, TX 76205

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