



# Denton Parks and Rec



# PLAY

2016 Spring + Summer  
Denton Parks and Rec Guide



# DENTON PARKS AND REC

Stay connected online  
for summer jobs at  
[www.dentonjobs.com](http://www.dentonjobs.com).

DOWNLOAD THE DIGITAL  
[www.dentonparks.com](http://www.dentonparks.com)

Everything else parks  
and rec, visit us at  
[www.dentonparks.com!](http://www.dentonparks.com)



## SUPER EASY TO **CONNECT + REGISTER!**

# 1

### REGISTER ONLINE

To register online, a family or individual account must be created. Child care related programs may require in-person registration at Denton Civic Center. We accept Visa, MasterCard, and Discover.



[WWW.DENTONPARKS.COM](http://WWW.DENTONPARKS.COM)

# 2

### REGISTER BY PHONE

Please have your information and credit card ready. Child care related programs may require in-person registration.



(940) 349-7275

# 3

### REGISTER IN-PERSON

We welcome in-person registrations at Denton Civic Center, Denia Rec Center, MLK Jr. Rec Center, North Lakes Rec Center, Denton Senior Center, and the Natatorium.  
(hours are listed on the next page.)



ANY REC CENTER

### Rec Passes

A rec pass is scanned for facility use and is valid for one year from the date of purchase. Guests, ages 8+, must show their rec pass and keep a current liability waiver on file. Fee-based activities do not require a rec pass. Resident passes cost \$10 per year with a max of \$40 per family, and nonresident passes cost \$15 per year with a max of \$60 per family. Replacement cards cost \$2.

2 All fees are for residents; nonresidents add \$5.

### Resident/Nonresident

You are considered a resident if you pay City of Denton property taxes. To confirm, visit [www.dentoncad.com](http://www.dentoncad.com).

### Credits

If a participant becomes ill before a class begins or is canceled, a credit equal to the class fee will be provided for future registrations for themselves or another member on the account, unless otherwise noted.

### Cancellations

We reserve the right to cancel a class/activity that does not meet minimum registration.

### Americans with Disabilities Act

Denton Parks and Rec welcomes all families and individuals to participate in programs and facilities regardless of race, color, religion, sex, national origin, or disability. TDD access is available for the hearing impaired through Relay Texas, 1 (800) 735-2989.





# ENRICHING LIVES, BUILDING COMMUNITY

## AT A GLANCE...

Adult Sports	(940) 349-8525
After School Care	(940) 349-8731
Dance @ DRC	(940) 349-8285
Dance @ NLR	(940) 349-8287
Driving Range	(940) 349-8545
Facility Rentals	(940) 349-7275
Group Ex @ DRC	(940) 349-8285
Group Ex @ MLK	(940) 349-8575
Group Ex @ NLR	(940) 349-7764
Outdoor Education	(940) 349-7784
Pavilion Rentals	(940) 349-7275
Preschool @ DRC	(940) 349-8285
Preschool @ MLK	(940) 349-8575
Preschool @ NLR	(940) 349-8287
Scholarships	(940) 349-7275
Skateboarding	(940) 349-8523
Swim Lessons	(940) 349-8800
Tennis @ Goldfield	(940) 349-8526
Therapeutic Rec	(940) 349-8287
Youth Sports	(940) 349-8523

### CITY COUNCIL MEMBERS

Chris Watts, Mayor; Kevin Roden, Dist. 1  
Keely Briggs, Dist. 2; Kathleen Wazny,  
Dist. 3; Joey Hawkins, Dist. 4;  
Dalton Gregory, At Large Place 5;  
Greg Johnson, At Large Place 6

### PARKS, RECREATION, AND BEAUTIFICATION BOARD

Paul Leslie, Alex Lieban, Tara Hartford,  
Russ Stukel, Maria Renner, Gary Barber,  
Frances Punch

### GUIDE ABBREVIATIONS

DCC	Denton Civic Center
DRC	Denia Rec Center
DSC	Denia Softball Complex
GTC	Goldfield Tennis Center
MLK	MLK Jr. Rec Center
MMS	McMath Middle School
MRC	Mack/Roberts Complex
NAT	Denton Natatorium
NLDR	North Lakes Driving Range
NLP	North Lakes Park
NLR	North Lakes Rec Center
RRGC	Robson Ranch Golf Course



**CUSTOMER SERVICE**  
(940) 349-7275



[parksnrec@cityofdenton.com](mailto:parksnrec@cityofdenton.com)

### AQUATIC FACILITIES

Civic Center Pool (seasonal)  
515 N. Bell St., (940) 349-8279

Denton Natatorium (year round, indoor)  
2400 Long Rd., (940) 349-8800

Water Works Park (seasonal)  
2400 Long Rd., (940) 349-8810

### FITNESS-RECREATION FACILITIES

American Legion Hall, 629 Lakey St.  
(940) 349-8298;  
M-F, 10am-3pm; Th, 6-9pm

Denton Civic Center, 321 E. McKinney St.  
Rentals and events, (940) 349-7275  
Indoor walking track, M-F, 7:30am-7pm

Denia Rec Center, 1001 Parvin St.  
(940) 349-8285; M-W, 7am-9pm  
Th-F, 7am-8pm; Sa, 9:30am-3:30pm

Denton Senior Center, 509 N. Bell Ave.  
(940) 349-8720;  
M-F, 8am-9pm; Sa, 9am-1pm

Goldfield Tennis Center (Sept.- May)  
2009 W. Windsor Dr., (940) 349-8526  
M-Th, 3-9pm; F, 3-8pm; Sa, 9am-5pm  
(June-Aug., Sa 9am-1pm)

MLK Jr. Rec Center  
1300 Wilson St., (940) 349-8575  
M-F, 9am-9pm; Sa, 9:30am-6:30pm

North Lakes Rec Center  
2001 W. Windsor Dr.  
(940) 349-8287; M-Th, 5:30am-10pm  
F, 5:30am-9:30pm; Sa, 7:30am-3:15pm

North Lakes Driving Range,  
2009 W. Windsor Dr., (940) 349-8545  
M-Th, 9am-9pm; F-Su, 9am-8pm

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# Spring events



**Breakfast with the Easter Bunny, ages 3-10**  
 Saturday, March 19  
 10am-noon at MLK Jr. Rec Center  
 \$5/person; 46616

Hop in and enjoy breakfast with the Easter bunny. The fee includes a photo, pancakes, and juice. Each additional photo costs \$1.

**FREE Teen Twilight Egg Hunt, ages 11-16**  
 Tuesday, March 22  
 8pm at Denia Rec Center

After the sun goes down, egg hunt to win door prizes and enjoy a fun night with friends. Teens need to bring a flashlight to participate!

**FREE Easter Eggstravaganza toddlers-grade 5**  
 Saturday, March 26 at Quakertown Park and Denton Civic Center

- 9:30am Bounce house and arts and crafts
- 10:45am Magic show
- 11:30am Easter Egg Hunt

The park will be divided by age groups for the egg hunt, and signs will guide kids to the designated areas. Concessions will be sold.

**Family Campout at Eureka 2!**  
 April 16-17 at South Lakes Park  
 Saturday, 7pm to Sunday, 8am  
 \$15/person; 46695

Roll up your gear and hit the trail for a campout at Eureka 2 Playground in South Lakes Park. We will have fun activities such as a scavenger hunt, storytelling, and a marshmallow roast. The fee includes dinner on Saturday night and a breakfast snack on Sunday morning. Call (940) 349-7275 to reserve a tent and two sleeping bags while supplies last for \$10. All campers, kids and adults, must register by April 14.

**FREE Movies in the Park**  
 April 22- "Frozen"  
 May 13- "Big Hero 6"  
 Quakertown Park

Bring a blanket and chairs and be ready to have a fun night. Concessions are sold. Marshmallow roast and arts and crafts begin at 8pm; movie begins on the giant screen at 9pm or dusk.

**Cinco de Mayo, family event**  
 Saturday, May 14  
 10am-6pm at Quakertown Park and Denton Civic Center

Enjoy the celebration with a mariachi band, parade, performers, kids's activities, and more than 50 food and art vendors.

**Rockin' Lock-In, ages 5-12**  
 May 27-28 at Denton Civic Center  
 Friday, 7pm to Saturday, 8am  
 \$15/kid; 46097

Rock in the summer with an overnight adventure! Kids will enjoy an obstacle course, a giant screen PS4, glow tag, crafts, then snack while watching a movie on the giant screen.

Kids need to bring a sleeping bag, a pillow, and toiletries. Dinner will not be provided, and a free breakfast snack will be offered. Drop off is Friday at 7pm and pick up is Saturday at 8am. The event is supervised, and boys and girls sleep in separate areas. Register by May 26.







# TRI MUD DASH run

## MUD VOLLEYBALL

6 vs 6 North Lakes Tournament  
Saturday, May 21

It's a double-elimination battle to determine the best coed team in the area! Medals will be awarded to first, second, and third place teams. Ten players per roster, with a minimum of two female players on the court at all times. Participants must be at least 18 years old. Only 24 teams are accepted. A mandatory captains' meeting is at 7pm on Friday, May 20 at North Lakes Rec Center. Check-in at 8am, games begin at 9am. \$150 per team by May 7; 46519. \$200 per team May 8-14.

# Summer events

### Juneteenth

Friday, June 17 & Saturday, June 18  
Fred Moore Park; free family event

Join us as we celebrate this historic and oldest known celebration commemorating the end of slavery in America. Call (940) 349-8575 for vendor space and to register for the softball tournament (\$100/team; 46879).

Friday, June 17 at Fred Moore Park

5pm Vendor booths open.

7pm Gospel Night begins.

Saturday, June 18 at Fred Moore Park

9am Parade from Civic Center and ends at Fred Moore Park.

9am Adult coed softball tournament  
Fred Moore Park softball field.

10am Free kid's games begin.

11am Vendor booths open, live DJ, and entertainment begins.

### 4th of July Yankee Doodle Parade

July 4, Downtown Denton  
8:30am judging, 9am, parade begins

Staging will begin at 8am on South Locust Street between Walnut Street and Sycamore Street. Visit [www.dentonparks.com](http://www.dentonparks.com) for entry forms.

### 4th of July Family Fun Jubilee

Quakertown Park and Denton Civic Center

9am Registration begins for the 9:30am  
Adult Lucky Horseshoe Tournament

9:30am Live entertainment

9:30am Entry drop-off begins for the  
kid's arts & crafts show.

Entries will be displayed from  
11am-noon in the Civic Center.

10am FREE kid's carnival begins and  
lasts until noon in the Civic Center.

11am Good ol' fashion family fun begins

11am Senior Center luncheon, \$3/person  
Music by the Young at Heart band

Noon-6pm Civic Center Pool, \$1/person

## WWP TRIATHLON

Sunday, May 22 at Water Works Park

Participate in a USAT sanctioned triathlon that starts with a ride down the slide at Denton Water Works Park, then a 250 yard swim, a 12 mile bike, and a 5K run. Participants must be 13 or older.

Register at [www.playtri.com/waterworks](http://www.playtri.com/waterworks)

Feb. 2-March 31: \$75 Sprint

\$95 Sprint Relay

April 1-May 15: \$85 Sprint

\$105 Sprint Relay



## SPLASH & DASH

Sunday, May 22 at Water Works Park

Kids ages 7-15 can participate in an Aquathon on the day of the triathlon.

Ages 7-10 will swim 100 meters, then run a 1K. Ages 11-15 will swim 200 meters, then run a 2K. Register by March 31, \$20;

April 1-May 22, \$25

## LIBERTY RUN 5K

### 5K RUN/1 MILE WALK

July 4 at North Lakes Rec Center

The entry fee includes a T-shirt (sizes S-XL; \$2 extra for XXL). 6:30am check-in; 7:30am, race begins. \$15 per person by June 30; Race day registration is \$20 per person.

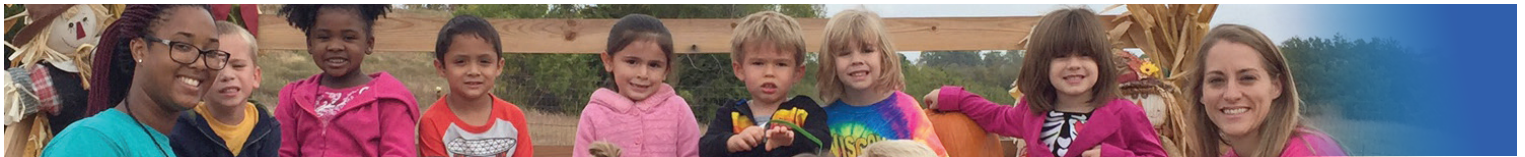
# Friday ROCKS!

FRIDAY, MAY 13





# Preschools AND Programs



## North Lakes Part-Time Preschool, ages 3-5

Licensed by the Texas Dept. Family and Protective Services

Students will learn from the same Mother Goose Time curriculum as the full-time preschools. Instructors focus on numbers, colors, and shapes through music, arts, physical education, stories, and field trips. Students must be potty trained and bring their own lunch, snacks, and drinks daily.

This preschool is licensed by the Texas Department of Family and Protective Services. Register one week before each session. Annual supply fee \$25. Enrollment is limited to 10 students per day.

For more information and to enroll, call (940) 349-8287.

Ages 3-4	T/Th	8:30am-1pm	\$125/month
Ages 4-5	M/W/F	8:30am-1pm	\$175/month

## Full-Time Licensed Preschools, ages 3-5

Monday-Friday, 7:30am-6pm

Licensed by the Texas Dept. Family and Protective Services

Students will learn, laugh, and grow in a safe, fun, and caring environment. Using Mother Goose Time curriculum the instructors teach numbers, letters, colors, and shapes through music, arts and crafts, physical education, stories, and field trips.

Denia Preschool 1001 Parvin St. (940) 349-8285	MLK JR. Preschool 1300 Wilson St. (940) 349-8575
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Tuition is \$400 per month, and admission requires an \$85 deposit and a \$25 annual supply fee. Enrollment is limited to 12 students per preschool. Preschoolers must be potty trained and bring their own lunch, snacks, and drinks each day. These are full-time licensed preschools and Child Care Management Services (CCMS) vendors.

## Preschool Naturalists, ages 3-5

### Cross Timbers Park

Elm Fork Texas Master Naturalists and Denia Rec Center staff invite kids and their adult companions to join us in the exciting world of nature. Each class uses hands-on activities, arts and crafts, and a nature hike to encourage kids to explore by using their senses. Register by the Wednesday before each class.

We've only been in Texas a few years, but I am constantly amazed by the amount and quality of the programs offered by Parks and Recreation.  
Kim Pierson



### Cross Timbers Preschool Naturalists

Meet by the pond at Cross Timbers Park, 7112 Montecito Dr. There are no restrooms at this facility.

Animal Tracks	Mar 11	F	10am-noon	\$8	44919
Hummingbirds	Apr 8	F	10am-noon	\$8	44913
Looking at Leaves	May 13	F	10am-noon	\$8	44914

## Toddler Time, ages 2-5

### North Lakes Rec Center

Combining gross motor movements with songs, stories, and preschool learning objectives, kids will burn energy and build social skills during this structured play time. Parents are required to stay during the class. Fee is based on the number of Mondays in each month.

Mar 7-28	M	10:30-11:30am	\$20	46521
Apr 4-25	M	10:30-11:30am	\$20	46522
May 2-23	M	10:30-11:30am	\$20	46523
June 6-27	M	10:30-11:30am	\$20	46524
July 11-25	M	10:30-11:30am	\$15	46529
Aug 1-29	M	10:30-11:30am	\$25	46530



# AFTER SCHOOL CARE REGISTRATION IS OPEN



## AFTER SCHOOL CHILD CARE | FREE TUTORING | KIDS ROCK

**After School Child Care, Grades K-5**  
2:45-6:30pm, every school day  
\$40 nonrefundable registration fee; \$150/student/month  
May/June combined, \$190; Aug/Sept combined, \$190  
Registration is ongoing, and fall registration begins July 25.  
Register in person at Denton Civic Center, Monday-Friday  
from 8am-5pm. We offer a variety of recreational activities,  
including intramural leagues, arts and crafts, field trips,  
rock climbing, "Brainy Bowl," bounce houses, and skating.

Our focus is not just recreation but for students  
to also have homework and tutorial time.  
Kathy Schaeffer



All van drivers are City employees and have received defensive  
driving. Students must be picked up no later than 6:30pm from  
the corresponding center. Students are picked up from school  
and transported to the following rec centers listed below.

**DENIA REC CENTER:** Borman, Hawk, Houston,  
LA Nelson, McNair, Ryan  
**NORTH LAKES REC CENTER:** Evers, Ginnings, Rayzor, Wilson  
**MLK JR. REC CENTER:** Cross Oaks, Hodge, Lee,  
Pecan Creek, Providence, Rivera, Stephens

**Kids' Day Off, Grades K-6**  
March 25, April 15, June 3  
\$30/kid/day at Denton Civic Center  
7am drop-off & 6pm pick-up

We provide fun, supervised activities and field trips on school  
holidays and in-service days. Kids must bring snacks and a lunch.  
Register at least two days prior to each holiday or in-service day.  
Call (940) 349-PARK to determine space availability and field trips.

**Kids Rock on Friday Nights!**  
Kids Rock, grades 1-5  
March 4, April 1, May 6; 7-10:30pm  
Denton Civic Center; \$10/kid



**THEMED GAMES**  
**DANCE CONTESTS**  
**DJ MUSIC**  
**SPORTS**  
**BOUNCE HOUSE**  
**PING PONG**  
**KINECT ON THE  
GIANT SCREEN**

**FREE TUTORING**  
MLK Jr. Rec Center, all school grades  
Tuesdays and Thursdays, 5-7pm

Ensure your kid's success in school and  
beyond by partnering with the Student in  
Touch Tutoring Program. There is assistance  
for homework, computer lab access, sports  
and fitness, and life skills seminars.



# the arts



What Young Rembrandts  
**parents**  
are saying...

"Thank you for a wonderful experience! Tyler really enjoyed learning new techniques and YR Instructor was great."

Clayton - Texas

## Hypertufa, Ballet, ART, Elementary Drawing, Ceramics, Hip Hop, Kinderdance® and More

### Creative Movement

Denia Rec Center, ages 3-4

Dancers will explore dance concepts such as space, time, body, and dynamics through imaginative play and short dance routines.

Mar 26-Apr 16	Sa	10:35-11:05am	\$30	46173
Apr 30-May 21	Sa	10:35-11:05am	\$30	46169
June 4-25	Sa	10:35-11:05am	\$30	46170
July 9-Aug 6	Sa	10:35-11:05am	\$30	46171
Aug 20-Sept 10	Sa	10:35-11:05am	\$30	46172

### BRICKS 4 KIDZ

Denia Rec Center, ages 5-13

Fun games are played and battles are won or lost when kids build and explore crazy contraptions that work the brain while having fun with LEGOS®. Fee includes a free mini figure.

Apr 5-May 10	Tu	4-5pm	\$72	45137
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### Roll! Play!

Denia Rec Center, ages 3-5

This program builds a creative environment for children to learn basic tumbling and rolls while incorporating improv and role play.

No class March 18.

Mar 4-Apr 1	F	9-10am	\$20	47016
Apr 8-29	F	9-10am	\$20	47017
May 6-27	F	9-10am	\$20	47018
June 3-24	F	9-10am	\$20	47019
July 8-29	F	9-10am	\$20	47020
Aug 5-26	F	9-10am	\$20	47021

### Buddy and Me Ceramics

MLK Jr. Rec Center, ages 5+

Learn different glazing techniques in this introductory course. Parents can work and learn alongside their kids to complete projects.

Apr 6-27	W	6-8pm	\$40	46935
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### Young Rembrandts Art

North Lakes Rec Center; register by the Friday before each session.

#### Preschool Drawing, ages 3-6

Students will develop image vocabulary by drawing familiar images with nurturing instructors who focus on developing fine motor and listening skills, patience, focus, and spatial organization. New lessons each week; all materials provided.

Mar 28-Apr 25	M	4-4:45pm	\$65	46455
May 2-23	M	4-4:45pm	\$52	46457
June 13-July 11	M	2-2:45pm	\$52	46459
July 18-Aug 8	M	2-2:45pm	\$52	46462

#### Elementary Drawing, ages 6½-12

Students will learn basic to advanced drawing techniques and image vocabulary while learning the necessary skills that allow them to express their imaginations. Each session includes seasonal drawings, art history, and cartooning.

Mar 28-Apr 25	M	5-6pm	\$65	46456
May 2-23	M	5-6pm	\$52	46458
June 13-July 11	M	3-4pm	\$52	46460
July 18-Aug 8	M	3-4pm	\$52	46463

#### Cartoon Drawing, ages 7-13

Learning to draw can be fun, especially with silly characters, funny expressions, and drawing sequences that tell a joke! This class engages kids with humor to activate their imagination and art skills.

June 13-July 11	M	4:10-5:10pm	\$52	46461
July 18-Aug 8	M	4:10-5:10pm	\$52	46464

be Creative!



Register at [www.dentonparks.com](http://www.dentonparks.com)!



# Youth dance



## Kinderdance®

North Lakes Rec Center; register by the Friday before each session.

## Kindertots®, ages 2-3½

Designed to develop the total kid through gross motor skills, dance and movement creativity, physical development, and body awareness while learning numbers, colors, shapes, and songs.

Mar 8-Apr 26	Tu	4:45-5:15pm	\$70	46490
Mar 5-Apr 23	Sa	9:45-10:15am	\$70	46492
May 3-June 28	Tu	4:45-5:15pm	\$79	46494
May 14-July 2	Sa	9:45-10:15am	\$70	46469
July 12-Aug 30	Tu	4:45-5:15pm	\$70	46470
July 9-Aug 27	Sa	9:45-10:15am	\$70	46471

## Kinderdance®, ages 3-5

A developmental dance, motor development, and fitness program taught on three levels, teaching the basics of ballet, tap, acrobatics, and creative movement while blending educational concepts.

Mar 8-Apr 26	Tu	5:20-6pm	\$80	46498
Mar 5-Apr 23	Sa	9-9:40am	\$80	46491
May 3-June 28	Tu	5:20-6pm	\$90	46495
May 14-July 2	Sa	9-9:40am	\$80	46476
July 12-Aug 30	Tu	5:20-6pm	\$80	46477
July 9-Aug 27	Sa	9-9:40am	\$80	46478

## Kindergym®, ages 3-5

A developmental floor tumbling class with an emphasis on having fun, developing social and motor skills, and learning about physical fitness and movement education.

Mar 5-Apr 23	Sa	10:30-11am	\$70	46493
May 14-July 2	Sa	10:30-11am	\$70	46486
July 9-Aug 27	Sa	10:30-11am	\$80	46487

## Tiny Tutus Ballet

Denia Rec Center, ages 2-3

Dancers will learn the fundamentals of ballet in a nurturing environment through imaginative play and steps that can be practiced at home.

Mar 26-Apr 16	Sa	9:35-10:05am	\$30	45118
Apr 30-May 21	Sa	9:35-10:05am	\$30	46250
June 4-25	Sa	9:35-10:05am	\$30	46251
July 9-Aug 6	Sa	9:35-10:05am	\$30	46252
Aug 20-Sept 10	Sa	9:35-10:05am	\$30	46253

## Beginning Ballet

Denia Rec Center, ages 4-6

Dancers will learn basic techniques through imaginative play and progress to beginner barre.

Mar 26-Apr 16	Sa	10:05-10:35am	\$30	44865
Apr 30-May 21	Sa	10:05-10:35am	\$30	46151
June 4-25	Sa	10:05-10:35am	\$30	46152
July 9-Aug 6	Sa	10:05-10:35am	\$30	46153
Aug 20-Sept 10	Sa	10:05-10:35am	\$30	46154

## Hip Hop Classes

MLK Jr. Rec Center, ages 9+

Beginners and dance enthusiasts will learn fun hip-hop combinations using the latest dance moves and the hottest music! In addition to having a blast, dancers will receive a cardio workout.

Mar 9-30	W	7:30-8:30pm	\$40	46617
Apr 6-27	W	7:30-8:30pm	\$40	46618
May 4-25	W	7:30-8:30pm	\$40	46619
June 8-29	W	7:30-8:30pm	\$40	46620
July 6-27	W	7:30-8:30pm	\$40	46621
Aug 10-31	W	7:30-8:30pm	\$40	46622

# ADULT ART AND DANCE

## adult dance

### Adult Country Western Dance

Denia Rec Center

Be a star on the dance floor when you learn to two-step, swing, and more. Partner not required.

Mar 9-30	W	7-8:30pm	\$30	44858
Apr 6-27	W	7-8:30pm	\$30	46157
May 4-25	W	7-8:30pm	\$30	46158
June 8-29	W	7-8:30pm	\$30	46159
July 6-27	W	7-8:30pm	\$30	46160
Aug 3-24	W	7-8:30pm	\$30	46161

### Adult Swing Dance Society

MLK Jr. Rec Center

Learn the fun Swing Out Step! Swing Out is a traditional swing dancing that is still energetic.

Mar 1-22	T/Th	7-9pm	\$10	46936
Apr 5-26	T/Th	7-9pm	\$10	46937
May 3-24	T/Th	7-9pm	\$10	46938
June 7-28	T/Th	7-9pm	\$10	46939
July 12-Aug 2	T/Th	7-9pm	\$10	46940

## adult art

### Oil Painting

Denia Rec Center, ages 18+

For those with a serious interest in oil painting. Learn to grid from a photograph onto canvas, how to choose and blend colors, and at the end of six weeks you will have a completed painting.

Mar 10-Apr 14	Th	noon-3pm	\$180	46737
Apr 21-May 26	Th	noon-3pm	\$180	46738

### Hypertufa for Ya!

Denia Rec Center, ages 16+

Hypertufa is an artificial stone material comprised of several aggregates and mixed with portland cement to create pots, planters, and more. It is primarily used as garden art. Bring a bowl, or something fun from home to create the mold.

May 7	Sa	10am-noon	\$15	46583
June 18	Sa	10am-noon	\$15	46584



# CPR, BOXING, SELF DEFENSE, DOG OBEDIENCE, AND MORE

## REC PASS FUN!

Get unlimited access to all three rec centers with the following privileges:

- access to gymnasiums for open sports
- access to game rooms that include pool tables, ping pong tables, and video games, and public computers
- access to the Civic Center indoor track Monday-Friday, 7:30am-7pm

Rec center passes are separate from gym memberships, see page 2 for pass fees. Each rec center offers different amenities.

### Open Rec Volleyball, ages 8+

Every Tuesday and Thursday, 8-9:45pm at North Lakes Rec Center and 6:30-7:30pm at MLK Jr. Rec Center.

Rec pass required.

### Open Rec Pickleball

A fun sport for all ages and skill levels. Every Tuesday and Thursday, 1:30-3pm. at North Lakes Rec Center.

Rec pass required.

### Xbox Gamer Madness, ages 8+

MLK Jr. Rec Center offers this FREE activity to keep your kids safe after school, every Monday and Friday, 6:30-7:30pm. Rec pass required.

### Family Manners Level I

North Lakes Rec Center, ages 12+ Dogs, ages nine weeks and older

Learn with a trainer that has over 35 years of experience, uses force-free training, is an AKC Canine Good Citizen Evaluator, and more. Only one dog/handler team allowed per household. Basic commands and many others will be taught. The first class is for humans only, and shot records are required. Contact the trainer, Angie, at (940) 206-7156 for more information.

Mar 24-Apr 28	Th	6:45-7:45pm	\$100	46880
Apr 14-May 19	Th	8-9pm	\$100	46881
May 5-June 9	Th	6:45-7:45pm	\$100	46882
May 26-June 30	Th	8-9pm	\$100	46883
June 16-July 21	Th	6:45-7:45pm	\$100	46884
July 7-Aug 11	Th	8-9pm	\$100	46885
July 28-Sept 1	Th	6:45-7:45pm	\$100	46886
Aug 18-Sept 22	Th	8-9pm	\$100	46887

### Heartsaver® Pediatric First Aid and CPR



MLK Jr. Rec Center, ages 13+

This course meets the regulatory requirements for child care workers and teaches first aid, CPR, and AED skills. The American Heart Association ebook must be purchased prior to class at [www.ebook.heart.org](http://www.ebook.heart.org). Register one week before class.

Mar 1	Tu	5-7:30pm	\$40	46820
Apr 5	Tu	5-7:30pm	\$40	46821
May 3	Tu	5-7:30pm	\$40	46822
June 7	Tu	5-7:30pm	\$40	46823
July 5	Tu	5-7:30pm	\$40	46824
Aug 2	Tu	5-7:30pm	\$40	46825

### Babysitter's Training & Basic Water Rescue

ages 11-16, see page 20

### Boxing

MLK Jr. Rec Center, ages 16+

Designed to teach proper stance, boxing techniques, punching combinations, and more. No physical combat, but uses speed bags and punching bags. Bring boxing gloves, hand wraps, and a speed rope.

Mar 1-24	Tu/Th	7-8pm	\$35	46839
Apr 5-28	Tu/Th	7-8pm	\$35	46840
May 3-26	Tu/Th	7-8pm	\$35	46841
June 7-28	Tu/Th	7-8pm	\$35	46842
July 5-28	Tu/Th	7-8pm	\$35	46843
Aug 2-25	Tu/Th	7-8pm	\$35	46844

### Women's Self Defense

North Lakes Rec Center, ages 13+

Empower yourself against passive and aggressive threats and learn proper striking and kicking tactics, locks, chocks, and more. Advanced topics will be introduced as needed.

Apr 18-May 16	M	6:30-7:30pm	\$40	46516
July 18-Aug 15	M	6:30-7:30pm	\$40	46517

## EMPOWER YOURSELF







For rec center hours and locations, see pages 28-29.

For rec center fitness, see pages 30-31.

# ADAPTIVE RECREATION

These classes provide individuals with physical and developmental disabilities a chance to participate in recreation programs with their peers while enhancing their physical, social, and emotional well being. The whole community is invited to join in the fun!

## YOUTH ADAPTIVE

**Handmade Crafts, ages 12+**  
Come have fun and socialize with peers creating a special craft.

June 17	F	10:30-11:30am	\$5	46888
July 1	F	10:30-11:30am	\$5	46889
July 15	F	10:30-11:30am	\$5	46890
July 29	F	10:30-11:30am	\$5	46891

## Ooey, Goey Arts & Crafts, ages 3-9

Kids will have a blast creating art and messes without the clean-up! Parents are asked to stay and assist younger participants. Kids of all abilities are invited to play! \$5 per person.

June 10	F	10:30-11:30am	\$5	46505
June 24	F	10:30-11:30am	\$5	46506
July 8	F	10:30-11:30am	\$5	46507
July 22	F	10:30-11:30am	\$5	46508
Aug 5	F	10:30-11:30am	\$5	46509

## Zumba Stars, ages 5-12

Th 6-7pm

Based on the popular Latin workout, these routines are adapted to suit the needs of children with disabilities. Neuro-typical kids are welcome to participate and serve as partners. Drop in and enjoy each class. \$5 per person.

## Social Connections, ages 13-17

Make new friends while trying new activities! See sporting events, movies, plays, and more.

June 24	F	4-8pm	\$25	46905
July 22	F	4-8pm	\$25	46920
Aug 19	F	4-8pm	\$25	46921

## ADULT ADAPTIVE

**Adaptive Dances, ages 18+**  
Join us for a themed dance with pizza, light refreshments and a picture booth from 6:30-8:30pm! \$5 per person.

Mar 11	St. Patrick's Day	46924
Apr 15	Spring Fling	46925
May 13	Cinco de Mayo	46926
July 1	Patriotic	46927
Aug 12	Hawaiian End of Summer	46928

## Lights Out Sensory Rm, ages 18+

Tu 10:15-11:15am

This interactive room stimulates the senses! Black lights, neon carpet, disco lights and lasers will dazzle. Hands on items will provide different textures. Great for small groups; \$5 per person.

## Adaptive Art, ages 18+

M, Th 10:15-11:15am

Explore and feel different mediums in this instructor led program that stimulates the senses and works on fine motor skills. \$5 per person.

## Adaptive Game Day, ages 18+

W 3:15-4:15pm

This program promotes physical fitness through a variety of activities. Free with Rec Pass.

## Social Connections, ages 18+

Make new friends while trying new activities! See sporting events, movies, plays, and more.

June 3	F	4-8pm	\$25	46906
Aug 5	F	4-8pm	\$25	46923

# MARTIAL ARTS

## TEXAS ISSHINRYU KARATE

Isshinryu is an authentic martial art stemming from Okinawa, the birthplace of karate. This fun class, taught by world champion and hall-of-fame black belt instructors, focuses on discipline, confidence, coordination, physical fitness, and practical self-defense. A white uniform is required and may be purchased in class. The first trial class is free.

Denia Rec Center, (940) 349-8285

### Ages 5-7

Apr 5-28	Tu/Th	4:30-5:15pm	\$50	46236
May 3-31	Tu/Th	4:30-5:15pm	\$50	46237
June 2-30	Tu/Th	4:30-5:15pm	\$50	46238
July 5-28	Tu/Th	4:30-5:15pm	\$50	46239
Aug 2-30	Tu/Th	4:30-5:15pm	\$50	46240
Sept 1-29	Tu/Th	4:30-5:15pm	\$50	46241

### Ages 8+

Apr 5-28	Tu/Th	5:30-6:30pm	\$50	46243
May 3-31	Tu/Th	5:30-6:30pm	\$50	46244
June 2-30	Tu/Th	5:30-6:30pm	\$50	46245
July 5-28	Tu/Th	5:30-6:30pm	\$50	46246
Aug 2-30	Tu/Th	5:30-6:30pm	\$50	46247
Sept 1-29	Tu/Th	5:30-6:30pm	\$50	46248

## RED TIGER KARATE

Red Tiger offers a complete white through black belt program taught in an upbeat atmosphere. The class develops self-esteem, positive behavior, bully-defense, abduction awareness, and academic achievement. A white uniform is required and may be purchased in class. For more information, call (817) 845-1557.

MLK Jr. Rec Center, (940) 349-8575

### Ages 5-12

Apr 5-May 24	Tu	6:30-7:30pm	\$60	46913
June 7-Aug 9	Tu	6:30-7:30pm	\$60	46915

### Ages 13+

Apr 5-May 24	Tu	7:30-8:30pm	\$60	46914
June 7-Aug 9	Tu	7:30-8:30pm	\$60	46916

North Lakes Rec Center, (940) 349-8287

Register on the first night of class.

### Ages 5-7

Apr 8-May 27	F	6-7pm	\$60
June 10-Aug 12	F	6-7pm	\$60

### Ages 8-12

Apr 8-May 27	F	7-8pm	\$60
June 10-Aug 12	F	7-8pm	\$60

### Ages 13+

Apr 8-May 27	F	8-9pm	\$60
June 10-Aug 12	F	8-9pm	\$60



### PARTY THEMES INCLUDE:

STAR WARS, SUPER HERO,  
KINGS AND QUEENS, ROCK STAR  
KARAOKE, BLACK LIGHT SPORTS,  
PRINCESS, SPORTS FANATIC,  
GAME ROOM FUN, AND MORE!

### REC CENTER RENTALS:

QUINCEAÑERAS, FAMILY  
REUNIONS, GRADUATION,  
SPECIAL EVENTS, BABY SHOWERS,  
WEDDING EVENTS, CHURCH  
RENTALS, AND MUCH MORE!

Between our centers, we offer a variety of rental spaces, including gymnasiums, game rooms, full kitchens, and multi-purpose rooms that can accommodate up to 250 guests. To book a rental, please call the rec center for availability.

Denia Rec Center, (940) 349-8285  
MLK Jr. Rec Center, (940) 349-8575  
North Lakes Rec Center, (940) 349-8287  
American Legion Hall, (940) 349-8298  
Denton Senior Center, (940) 349-8720  
Park Pavilions, (940) 349-7275

### AQUATIC RENTALS:

Civic Center Pool, see page 21  
Water Works Park, see page 23  
Denton NAT, see page 25



# PARTY RENTALS

NORTH LAKES REC CENTER, (940) 349-8287

## TWO HOUR PARTY FOR 15 KIDS

\$100 Make A Wish (basic party for all ages, does not include an activity)  
\$150 Black Light Dance Party (1.5 hours of dancing; ages 6-14)  
\$150 Sports Fanatic (45 min. of dodgeball, kickball, soccer, or basketball; ages 3-10)  
\$170 Leap, Bounce, and Pounce (1 hour with the bounce house; ages 3-8)  
\$180 Star Wars Black Light Experience (45 min. of activities; ages 4-10)

- Decorated party room
- Paper goods and balloons
- An instructor-lead activity
- Cake and drinks
- Goodie bags or novelties
- Invitations

For additional fees, themed decorations, pizza, a bounce house, and other additions are available. There is a \$4 fee for each additional child (24 max). Half the fee is due at booking, and the balance is due one week prior to the party.

MLK JR. REC CENTER, (940) 349-8575

## ONE AND A HALF HOUR PARTY FOR 15 KIDS

\$85 Basic Party (all ages)  
\$90 Game Room (arcade games, air hockey, ping pong, foosball, pool tables; ages 7+)  
\$110 Sports (basketball, dodgeball, hockey, or volleyball; ages 5+)  
\$110 Princess (ages 4-10)  
\$110 Super Hero (ages 4-10)  
\$120 Kings and Queens Bounce House (ages 4+)

- 30 minutes in a decorated party room
- One hour of gym time
- Paper goods and balloons
- Invitations



The bounce house can be added for an additional \$50. There is a \$4 fee for each additional child. Half the fee is due at booking, and the balance is due one week prior to the party.

DENIA REC CENTER, (940) 349-8285

## ONE AND A HALF HOUR PARTY FOR 15 KIDS

\$90 Rock Star Karaoke (all ages)  
\$90 Denia Playhouse (bounce house included; ages 2-6)  
\$110 Denia Sports Party (rock climbing, dodgeball, basketball, or volleyball; ages 7+)  
\$175 Black Light Indoor Rock Climbing (ages 7+)  
\$200 Black Light Sports Zone I (basketball, dodgeball, or volleyball; ages 7+)  
\$250 Black Light Sports Zone II (basketball and rock climbing; ages 7+)

- 30 minutes in a decorated party room
- One hour of gym time
- Paper goods and balloons
- Invitations

For additional fees cupcake decorating, pudding finger painting, a pie-eating contest, and theme decorations are available. There is a \$4 fee for each additional child. Half the fee is due at booking, and the balance is due one week prior to the party.



# Spring BREAK

## ALL-DAY CAMP

Unless otherwise noted, campers need to bring a lunch, snacks, and drinks each day. Field trips fees are included.



## TEEN ADVENTURES AGES 12-16

All teen adventures will start and finish at Denia Rec Center. Bring a sack lunch, water, sunscreen, and wear appropriate outdoor clothing and closed-toe shoes. All supplies are provided; experience is not required. With the purchase of a rec pass teens can be dropped off as early as 7am and picked up as late as closing. No direct supervision until scheduled time of activities.

### Kayaking, register by March 9

Join ACA-assessed and American Red Cross lifeguard-certified staff on a paddle up Elm Fork to the confluence at Clear Creek.

Mar 14 M 10am-3pm \$25 46124

### Archery, register by March 10

Learn how to shoot a bow and arrow with a NASP and USA Archery certified instructor. Practice on 3D targets at Cinnamon Creek Ranch.

Mar 15 Tu 9am-3pm \$45 46125

### Rock Climbing, register by March 11

Climb on natural rock formations at Lake Mineral Wells, then enjoy an optional dip in the lake during lunch.

Mar 16 W 9am-4pm \$30 46126

### Mountain Biking, register by March 14

Bike at Johnson Branch State Park and experience the DORBA trails.

Mar 17 Th 10-3pm \$25 46127

### Horseback Riding, register by March 15

Join Black Mustang Ranch on a guided, 1.5-hour horseback adventure on the trails at Lantana Lodge. Terrain varies from stony hills to sand with spectacular views of the lake.

Mar 18 Tu 10am-2pm \$55 46128

## SKATEBOARD CAMP, AGES 6+

Skate Park; register by March 10

Kids will learn in fast and fun environment with lessons adapted to individual abilities. A guardian must be present the first day to complete a waiver. Each day, kids need to bring a helmet, a skateboard, sunscreen, water, and a snack. The rain-out location is the Natatorium, so kids also need to bring a swim suit and a towel each day. The fee includes a T-shirt.

Mar 14-18 M-F 9am-noon \$75 46410

## JR. GOLF ACADEMY, AGES 7-15

North Lakes Driving Range

Taught by experienced PGA Golf Pros, this camp teaches fundamentals and techniques necessary for any golfer. The fee includes snacks, drinks, and a T-shirt.

Mar 14-17 M-Th 9am-noon \$240 45153

## DENIA REC CENTER, AGES 5-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-8285.

March 14: Cosmic Jump

Cosmic Jump, an indoor trampoline park

March 15: Going Bonkers

Going Bonkers, a giant indoor play center

March 16: Games and a Movie

Rec Center fun, then catch a movie

March 17: Mountasia

Video games, laser tag, and more

March 18: Main Event

Main Event bowling and arcade fun

## DENTON CIVIC CENTER, AGES 5-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-7275.

March 14: Playground Palooza

Kid Mania, Celebration Park, pizza

March 15: Eat, Play, & Movie

Chuck E Cheese, lunch, then a movie

March 16: Amazing Amusement

Pin Stack and lunch

March 17: Rainforest & Skating

Rainforest Café and skating

March 18: Games Galore

Dave & Busters and lunch

## MLK JR. REC CENTER, AGES 9-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-8575.

March 14: Jump, Jump Around

Altitude Trampoline Park, a trampoline park

March 15: The Greatest Games of All

Mountasia and Nickelmania

March 16: Cool Fun in the Sun

Denton Natatorium swimming

March 17: Lights, Camera, Action

Cinemark Theater, popcorn, candy, drinks

March 18: Let's Knock Them Down

Pin Stack Bowl, arcade fun, rock climbing

# Summer camps



## Four Convenient Locations! ALL-DAY, 7AM-6PM

### SESSIONS AND FEES

Monday-Friday, 7am-6pm

S1	June 6-10	\$115
S2	June 13-17	\$115
S3	June 20-24	\$115
S4	June 27-July 1	\$115
S5	July 5-8	\$95
S6	July 11-15	\$115
S7	July 18-22	\$115
S8	July 25-29	\$115
S9	Aug 1-5	\$115
S10	Aug 8-12	\$115
S11	Aug 15-19	\$115

Camp fee includes field trips, themed activities, arts, crafts, and swimming. Nonresidents add \$5 per session.

### T-SHIRT, DEPOSITS, PAYMENTS

\$8/T-shirt; one-time, required fee  
\$10/deposit per reserved session

The first session must be paid in full upon registration. A \$10 deposit is required for all reserved sessions and will be applied to the fee. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed. For sessions paid in full, a one-week notice must be given to receive credit toward another session.

### SNACKS AND LUNCH

Regardless of being registered for the free lunch program, kids must bring two snacks a drink each day. The free lunch program is available on non-field trip days, June 6-Aug. 12.

### Little Campers, ages 3½-6

#### McMath Middle School

In person only registration begins April 18 at Denton Civic Center.

Licensed by the Texas Dept. of Family and Protective Services, kids will enjoy a safe, summer camp atmosphere. Themed activities include field trips, swimming, games, crafts, bounce houses, face painting, songs and dance, story time, and karaoke. Must be potty trained.

- S1 Jump into Summer
- S2 Beach Bash
- S3 Animal Adventures
- S4 Up, Up, and Away
- S5 Celebration Safari
- S6 Super Scientists
- S7 Little All-Stars
- S8 Sweet Campsation
- S9 Game Greatness
- S10 Bouncetacular (may be at Civic Center)
- S11 Enchanted Wonders (may be at Civic Center)

### Super Kids, ages 6-12

#### McMath Middle School

In person only registration begins April 18 at Denton Civic Center.

- S1 Summer Fun has Begun
- S2 Rockin' Summer
- S3 Movin' & Groovin'
- S4 Splashtastic
- S5 Super Sports Spectacular
- S6 Gargantuan Games
- S7 Jumping Giants
- S8 Epic Arcades
- S9 Lights, Camera, Action
- S10 Summer Splendor (may be at Civic Center)
- S11 Fantastic Finale (may be at Civic Center)

### Camp Exploration, ages 5-11

#### Denton Civic Center

In person only registration begins April 18 at Denton Civic Center.

- S1 Adventure Awaits
- S2 Ride the Tide
- S3 Superstars
- S4 Gamesalooza
- S5 Splashing Fun in the Sun
- S6 Carnival Crazy
- S7 Summer Time Party
- S8 Sports Mania
- S9 Arcade-o-rama
- S10 Fun Frenzy
- S11 Super Summer Blowout

### Camp Voyage, ages 5-12

#### Denia Rec Center

Registration is open. Payment for each registered week is due two weeks in advance.

- S1 Jump Start
- S2 Sportastic
- S3 Angler & Archers
- S4 Wide World of Water
- S5 Kayak Attack
- S6 EnviroKids
- S7 Under the Sea
- S8 Legopalozza
- S9 Summer Chillin'
- S10 Going Wild
- S11 Best of the Best

### King's Kids Camp, ages 9-12

#### MLK Jr. Rec Center

- S1 Aloha Summer
- S2 Water Water Everywhere
- S3 Wild World of Sports
- S4 Movin' and Groovin'
- S5 Party in the USA
- S6 Lights! Camera! Action!
- S7 Summer Olympics
- S8 Color War
- S9 Up, Up and Away
- S10 Extreme Summer Blowout
- S11 Summertime Summation Sensation







Be creative.  
Be adventurous.  
Be original.  
And above all else, be young.



# Free Camp, Half-Day + *mini* CAMPS

**Free Denton Kids Camp**  
Denia Rec Center, 9am-5pm  
June 6-Aug. 19, ages 5-11  
In person only registration begins  
April 18 at Denton Civic Center.

Kids will experience field trips, swimming, crafts, and more. Lunch is provided except on field trip days and the last week of camp. A mandatory, non-refundable fee of \$10 is due at registration to reserve a camper's spot. Camp qualification is based on family income. Guardians, single or joint, must either be working full time, or enrolled full time in the summer school semester. Guardians must provide the following at registration: completed 2015 income tax forms for income verification, current pay stubs from one month, proof of Denton city residency, and participants' birth certificate for age verification. For more camp qualifications, visit [www.dentonparks.com](http://www.dentonparks.com).



**Young Rembrandts, ages 5-13**  
North Lakes Rec Center

**Jr. Art Camp, ages 5-8**  
Using an innovative guided method, kids will draw as much as they can then compile what they've learned into one larger drawing with a story of its own. All materials are provided.

June 22-24 W-F 1-2:30pm \$63 46465  
July 27-29 W-F 1-2:30pm \$63 46466

**Art Camp, ages 8-13**  
Kids will learn styles such as anime, cartoon, and realism by using different mediums such as color pencil, marker, and pastels. All materials are provided.

June 22-24 W-F 2:45-4:15pm \$63 46467  
July 27-29 W-F 2:45-4:15pm \$63 46468

**Half-Day Camps, ages 3-5**  
Denton Civic Center  
Campers must be potty trained.

**Little Rookies Sports & Fitness**  
Rookies will experience track and field, karate, baseball, tennis, lacrosse, basketball, golf, T-ball, soccer, fitness activities, and more.  
June 13-17 M-F 9am-noon \$75 46794

**Little Scientists**  
Your mad scientist will dabble hands on in the science behind magnets, air, water, and more!  
June 20-24 M-F 9am-noon \$75 46795

**Superhero Adventures**  
In an ordinary world of mortals, kids will be SUPER and SOAR using stories, crafts, games, and activities. Costumes are welcome!  
June 27-July 1 M-F 9am-noon \$75 46796

**Knight and Princess Camp**  
Kids will transcend into princesses and knights through stories, activities, games, and crafts. Costumes are welcome!  
July 11-15 M-F 9am-noon \$75 46797

**Under the Big Top**  
When all else fails, join the circus! We'll clown around with carnival games, juggling, face painting, spin art, magic, and much more.  
July 18-22 M-F 9am-noon \$75 46798

## JR. CAMPOUT

Grades 1-6  
July 19-21; 46919

At Jellystone Park in Burleson kids will enjoy a three day, two night stay that includes Pirates' Cove Water Park, laser tag, airzone inflatables, crafts, fishing, and more! Kids will stay in lodges with all meals included. \$150/kid



**Texas Agri Life Camps, ages 6-11**  
Kids will experience and enjoy a unique outdoor education at a beautiful community garden. Kids must bring a sack lunch, snack, water, sunscreen, insect repellent and wear closed-toe shoes and long pants. The camp is located at Global Spheres, 7801 S I-35E, Corinth, TX.

**Junior Master Naturalist**   
Kids will grow daily through arts, crafts, hikes, and nature studies with certified Elm Fork Master Naturalists to complete the Jr. Master Naturalist certification. Register by June 3.  
June 13-17 M-F 9am-noon \$65 46122

**Junior Master Gardner**   
Kids will garden and explore their world through meaningful horticultural and environmental science activities related to the day's topics with certified Denton County Master Gardeners. Register by June 10.  
June 20-24 M-F 9am-noon \$65 46123

## AQUATIC EXPLORER

CAMP, AGES 7-14  
DENTON NAT & WWP



Explore the world of water through kayaking, water polo, snorkeling, and basic water safety. Monday-Friday, 1-4pm; \$85 per camper.

June 6-10	Underwater Adventure	45642
June 13-17	Water Polo	45643
June 20-24	Sail Away	45644
June 27-July 1	I Make A Splash	45645
July 11-15	The Amazing Race	45646
July 18-22	Kayak Polo	45647
July 25-29	Adventures of the Seven Seas	46548
Aug 1-5	Sports: Just Add Water	46549



# LEGO® TECH CAMPS

# ENGINEERING CAMPS

## BRICKS 4 KIDZ

Denia Rec Center, ages 5-13

Kids will embrace their creativity and build exciting LEGO® models using Minecraft and Pokémon® themes! Includes a free mini-figure.

Morning classes: 9am-noon

June 6-10	Teenage Brick Turtles	\$179	46592
June 27-July 1	Mining & Crafting I	\$179	46594
July 11-15	Jr. Robotics	\$179	46596
July 25-29	Remote Control Mania	\$179	46598
Aug 8-12	Mining & Crafting I	\$179	46600

Afternoon classes: 1-4pm

June 6-10	Pocket Brick Monsters	\$179	46593
June 27-July 1	Mining & Crafting II	\$179	46595
July 11-15	Classic Arcade	\$179	46597
July 25-29	Space Adventures	\$179	46599
Aug 8-12	Mining & Crafting II	\$179	46601

## FASTFORWARD KIDS

Denton Civic Center

LEGO® Mania, ages 4-7

This LEGO® camp provides opportunities for imagination and hands-on learning under the guidance of a certified educator. Over 15 games, and projects not found in stores, will be planned and engineered to construct rockets, castles, airplanes, and more.

Aug 1-5 9-11am \$100 46943

LEGO® Logo, ages 8-12

Certified educators will teach kids how to build robots, race cars, trucks, cranes, pulleys, levers, and more, using unique LEGO® Logo kits not found in stores.

Aug 1-5 11:30am-1:30pm \$100 46944

## PLAY-WELL TEKNOLOGIES

North Lakes Rec Center

Jedi Engineering, ages 5-7

Defeat the Empire by designing x-wings, R2 units, and settlements on far-flung edges of the galaxy.

June 13-17 M-F 9am-noon \$179 46531

Jedi Master Engineering, ages 7-12

Jedi instructors reinforce key engineering concepts like gear trains, worm drives, pneumatics, eccentric motion, and more!

June 13-17 M-F 1-4pm \$179 46532

Superhero Engineering, ages 5-7

Build hideouts and vehicles for a favorite caped crusader and learn how ingenuity and imagination can solve any conflict.

July 11-15 M-F 9am-noon \$179 46533

Superhero Master

Engineering, ages 7-12

Defeat the forces of evil arch villains! Designed with an engineering curriculum to design, build, and save a city.

July 11-15 M-F 1-4pm \$179 46534

## ENGINEERING FOR KIDS

MLK Jr. Rec Center

Minecraft Education, ages 6-12

Travel into the future and face challenges like colonizing the moon and escaping from Everest. \$20 supply fee.

June 6-9 M-Th 1-4pm \$130 46895

July 11-14 M-Th 1-4pm \$130 46900

Medieval Defense, ages 6-12

Defend a castle and the family honor! Kids will build a castle and then engineer catapults and cannons to defend it. \$30 supply fee.

June 6-9 M-Th 1-4pm \$130 46898

Jr. LEGO® Rescue Robots, ages 5-9

Kids will learn how to build and program LEGO® robots using laptops. The robots will be tested in various settings. \$15 supply fee.

June 13-16 M-Th 9am-noon \$130 46904

LEGO® Rescue Robots, ages 10-14

Kids will learn how to build and program LEGO® robots and explore how they're used in different disaster situations. \$15 supply fee.

June 20-23 M-Th 9am-noon \$130 46903

## FORENSIC INVESTIGATORS

Engineering for Kids

MLK Jr. Rec Center, ages 6-12

The lab has been robbed! Decipher clues and codes to identify the perp. Analyze evidence, finger print, and much more. \$30 supply fee.

July 18-21 M-Th 1-4pm \$130 46897

## SURVIVAL TACTICS

Fastforward Kids

Denton Civic Center, ages 8-12

Wrapped in games and adventure, unique challenges await you! Kids will learn how to purify water, signal for help, search for edible food, set up shelter, and even learn Army chants. Team survival games will keep it light and fun!

Aug 1-5 2-4pm \$100 46945

Register online at  
[www.dentonparks.com!](http://www.dentonparks.com!)





## COMPUTER CAMPS

### YOUTH TECH CAMP

MLK Jr. Rec Center, ages 10-17

Laptops and software will be provided.  
Ten class participant minimum.

#### Computer Animation

Students will learn the basics of animation and digital design using Adobe Flash.

June 6-9 M-Th 9am-noon \$160 47057

#### Video Game Design

Students will learn video game design and development several interactive video games

June 6-9 M-Th 1-4pm \$175 47058

#### The Gaming Academy

Students focus on 2D and 3D game design then create video games using top software.

July 5-8 T-F 9am-4pm \$325 47059

#### NEW! iCode

Students will take an interactive look at coding and create virtual apps and write programs.

Aug 1-4 M-Th 10am-noon \$120 47061

#### Web Studio

Students will learn the basics of animation and web design while creating interactive animations to publish online.

Aug 1-4 M-Th 1-4pm \$165 47062

### ENGINEERING FOR KIDS

MLK Jr. Rec Center, ages 6-12

#### Electronic Game Design

Kids use Clickteam Fusion 2 to create their own video game from start to finish. Laptops and software will be provided.

June 20-23 M-Th 1-4pm \$130 46899

July 18-21 M-Th 9am-noon \$130 46901

#### Kodu Kart Racing

Design a race complete with tracks and projectiles. Kids will design a full video game on provided laptops and software.

July 11-14 M-Th 9am-noon \$130 46896



### TEEN ADVENTURES

Denia Rec Center, ages 12-16

Register in person or online by  
Wednesday prior to each week.

#### KAYAK & ROCK CLIMB

June 13-17 M-F 9am-3pm \$105 46129

#### KAYAK & ARCHERY

July 18-22 M-F 9am-3pm \$105 46130

#### ARCHERY & ROCK CLIMB

Aug 8-12 M-F 9am-3pm \$105 46131

Each camp begins with an introduction to the activity and progresses in difficulty during the week. Taught by ACA assessed and Red Cross Lifeguard certified staff.

Each week includes field trips to practice at multiple locations. No experience is needed, just a desire to be outside and have fun. All adventures will start and finish at Denia Rec Center. Bring a sack lunch, water bottle, sunscreen, and wear appropriate outdoor clothing including closed-toe shoes.

Teens can be dropped off as early as 7am and picked up as late as closing with the purchase of a \$10 rec pass and parental permission; no direct supervision until scheduled time of activities. For specific questions, call (940) 349-8136.

### ALL-DAY TEEN CAMP

Denton Civic Center, ages 11-15

In person only registration begins  
April 18 at Denton Civic Center.

S1	June 6-10	Oh Snap! It's Summer!
S2	June 13-17	Surf & Turf
S3	June 20-24	Marvelous Madness
S4	June 27-July 1	The Great Race
S5	July 5-8	Games Galore
S6	July 11-15	Adventure Land
S7	July 18-22	Colossal Fun
S8	July 25-29	Off the Wall
S9	Aug 1-5	Summerfest
S10	Aug 8-12	Chills & Thrills
S11	Aug 15-19	Final Fling

Each day begins at 7am and ends at 6pm at Denton Civic Center. Teens will enjoy exciting daily field trips with activities such as laser tag, go-karts, and so much more.

There must be a minimum of 20 campers to hold a session. \$125 per session and \$105 for session 5; no camp on July 4. Fees include all activities and field trips. Teens need to bring a sack lunch, a snack, and drinks each day. The first session must be paid in full upon registration. The \$10 deposit (applied to fee) is required for all reserved sessions. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed. For sessions paid in full, a one-week notice must be given to receive credit toward another session. Field trips will be available at [www.dentonparks.com](http://www.dentonparks.com).



### POSSUM KINGDOM LAKE, AUG. 1-4

Enjoy a traditional camp experience at the YMCA's Camp Grady Spruce on Possum Kingdom Lake. Cabin is on the waterfront and days will be filled with horseback riding, archery, fishing, and more. \$130 per camper; 46553. Ages 12-16.



# TENNIS CAMPS

## Quickstart I, ages 4-5

Players will use smaller nets and graduated racquets to develop basic strokes. Special equipment and targets are used to create a fun learning environment.

### Morning Camp:

June 6-10	M/W/F	9-10am	\$59	46631
June 13-17	M/W/F	9-10am	\$59	46624
June 20-24	M/W/F	9-10am	\$59	46625
June 27-July 1	M/W/F	9-10am	\$59	46626
July 11-15	M/W/F	9-10am	\$59	46627
July 18-22	M/W/F	9-10am	\$59	46628
Aug 1-5	M/W/F	9-10am	\$59	46629
Aug 8-12	M/W/F	9-10am	\$59	46630

### Evening Camp:

June 20-23	M-Th	7-8pm	\$79	46641
July 25-28	M-Th	7-8pm	\$79	46642
July 25-28	M-Th	7-8:30pm	\$89	46652

## Quickstart II, ages 6-9

Players will learn the basics of tennis, including strokes, grips, and footwork combining fun and fundamentals by using a "skill of the day" format.

### Morning Camp:

June 6-10	M/W/F	9-10:30am	\$79	46643
June 13-17	M/W/F	9-10:30am	\$79	46644
June 20-24	M/W/F	9-10:30am	\$79	46645
June 27-July 1	M/W/F	9-10:30am	\$79	46646
July 11-15	M/W/F	9-10:30am	\$79	46647
July 18-22	M/W/F	9-10:30am	\$79	46648
Aug 1-5	M/W/F	9-10:30am	\$79	46649
Aug 8-12	M/W/F	9-10:30am	\$79	46650

### Evening Camp:

June 20-23	M-Th	7-8:30pm	\$89	46653
July 25-28	M-Th	7-8:30pm	\$89	46652

### Half-day Camp:

In addition to strokes, grips, and footwork, players will get singles and doubles play, ball machine practice, and a Friday pizza party.

June 13-17	M/W/F	9am-noon	\$129	46651
June 27-July 1	M/W/F	9am-noon	\$129	46666
July 11-15	M/W/F	9am-noon	\$129	46667

Multiple-sized junior racquets are available for use. Kids need to bring a snack and drink each day and wear sunscreen. Kids will receive a tennis prize.

## Championship Camp, ages 10+

Beginners will learn the basics of tennis, and intermediate players will begin playing and keeping score. Racquets are available for use.

### Morning Camp:

June 6-10	M/W/F	9-10:30am	\$79	46669
June 13-17	M/W/F	9-10:30am	\$79	46670
June 20-24	M/W/F	9-10:30am	\$79	46671
June 27-July 1	M/W/F	9-10:30am	\$79	46672
July 11-15	M/W/F	9-10:30am	\$79	46673
July 18-22	M/W/F	9-10:30am	\$79	46674
Aug 1-5	M/W/F	9-10:30am	\$79	46675
Aug 8-12	M/W/F	9-10:30am	\$79	46676

### Evening Camp:

June 20-23	M-Th	7-8:30pm	\$89	46668
July 25-28	M-Th	7-8:30pm	\$89	46691

### Half-day Camp:

In addition to the description above, players will get singles and doubles play, ball machine practice, and enjoy a Friday pizza party.

June 13-17	M/W/F	9am-noon	\$129	46679
June 27-July 1	M/W/F	9am-noon	\$129	46678
July 11-15	M/W/F	9am-noon	\$129	46677

## Advanced Camps

### Jr. High/High School

Jr. High level is for jr. high players, or younger players with extensive tournament experience.

High School level is for grades 9-12. Attend weekly, all summer, or go one or two days a week. No makeup dates for daily or all-summer options.

### Camp Times:

M 10:30am-noon, Tu 7-8:30pm, W 10:30am-noon  
Th 7-8:30pm, F 10:30am-noon

### Weekly Camp Options:

June 6-10	M-F	\$99	46712
June 13-17	M-F	\$99	46713
June 20-24	M-F	\$99	46714
June 27-July 1	M-F	\$99	46715
July 11-15	M-F	\$99	46716
July 18-22	M-F	\$99	46717
July 25-29	M-F	\$99	46718
Aug 1-5	M-F	\$99	46719

### Daily Camp Options:

12 classes	\$159	46721
24 classes	\$289	46722

### All-Summer Option:

June 6-Aug 5	M-Th	\$399	46723
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For tennis camp questions, call Goldfield Tennis Center at (940) 349-8526.

To register, visit [www.dentonparks.com](http://www.dentonparks.com)!





# SPORTS CAMPS

Kids need to bring a snack and drink each day and wear sunscreen. To register online, visit [www.dentonparks.com](http://www.dentonparks.com).

## Kayaking-Intro to Paddling, ages 8+ Denton NAT/Water Works Park

In this course, participants will learn safety skills, basic boat orientation, and stroke technique. Fun for the whole family, participants will use kayaks to practice basic river maneuvers in a controlled environment. Kayaks, personal floatation devices, and paddles are provided.

June 6-9	M-Th	8:30-10:30am	\$60	45658
June 13-16	M-Th	8:30-10:30am	\$60	45659
June 20-23	M-Th	8:30-10:30am	\$60	45660
July 5-8*	Tu-F	8:30-10:30am	\$60	45661
July 11-14	M-Th	8:30-10:30am	\$60	45662
July 18-21	M-Th	8:30-10:30am	\$60	45663

## Kayaking-Roll, ages 12+ Denton NAT/Water Works Park

In this course, participants will expand their knowledge of paddling through the addition of rolling a kayak. Skills presented will include wet exits, hip snaps, bracing, and paddle rolling.

June 27-30	M-Th	8:30-10:30am	\$60	45664
July 25-28	M-Th	8:30-10:30am	\$60	45665

## Dolphins Swim Camp, ages 6+ Civic Center Pool

This camp focuses on similar activities found on a traditional swim team. Kids will participate in wacky relay races, stroke clinics, learn and play water polo, and more. Kids must be able to swim one full length of the pool unassisted.

July 19-Aug 4	Tu/Th	8:30-10am	\$45	45653
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## Skateboard Camp, ages 6+ Denton Skate Park

Learn the basics of skateboarding, or take skills to the next level. Instruction is adapted to each skaters ability. A skateboard and helmet are required. Camps will meet at the skate park regardless of weather; the rain-out location is the Natatorium so kids need to bring a swim suit and a towel each day. The fee includes a T-shirt. Register by the Thursday before each camp.

June 6-10	M-F	8:30-11:30am	\$75	46404
June 20-24	M-F	8:30-11:30am	\$75	46405
July 11-15	M-F	8:30-11:30am	\$75	46406
July 25-29	M-F	8:30-11:30am	\$75	46407

## Jr. Golf Academy Camp, ages 7-15 North Lakes Driving Range

Taught by experienced PGA Golf Pros, this golf camp teaches fundamentals and techniques necessary for any golfer. Brush up on skills and learn some new ones. The fee includes snacks, drinks, and a T-shirt.

June 20-23	M-Th	9am-noon	\$240	45148
July 11-14	M-Th	9am-noon	\$240	45149
July 25-28	M-Th	9am-noon	\$240	45150
Aug 8-11	M-Th	9am-noon	\$240	45151

## Sports Camp, ages 5-14 Locations vary, see below.

These camps are great for both the beginner looking to gain a basic understanding of the sport and the veteran wanting to improve. \$75 per camp. The fee includes a T-shirt.

## Lacrosse Camp, ages 5-14 Denia Soccer Field

Grades K-4	June 27-30	M-Th	8:30-11:30am	46417
Grades 5-8	July 18-21	M-Th	8:30-11:30am	46418

## Volleyball Camp, ages 7-12 North Lakes Rec Center

Ages 7-9	June 13-16	M-Th	1-4pm	46413
Ages 10-12	July 11-14	M-Th	1-4pm	46414

## Soccer Camp, ages 5-8 Denia Soccer Field

Ages 5-8	June 13-16	M-Th	8:30-11:30am	46415
Ages 5-8	July 11-14	M-Th	8:30-11:30am	46416

For camp specific questions, call customer service at (940) 349-7275.



## WATERPARK LIFEGUARD AGES 15+

**COURSE CONTENT:** Candidates will learn the knowledge and skills needed to prevent and respond to pool and water park emergencies. Prerequisites will be conducted on the first day of class.

**COURSE CERTIFICATIONS:**

- Waterpark Lifeguard Training
- Lifeguard Training
- Bloodborne Pathogen Training
- Oxygen Administration
- First Aid/CPR/AED for the Professional Rescuer

**COURSE PREREQUISITES:**

- Minimum age of 15
- Swim 300 yards continuously
- Start in the water and swim 20 yards of front crawl or breaststroke, surface dive 10 feet, retrieve a 10 pound object, return to the starting point with the object, and exit without using a ladder or steps—all within one minute and 40 seconds
- Tread water for 2 min. using only your legs

**COURSE MATERIAL:** Some course material will need to be downloaded from the American Red Cross website. The instructor will send instructions prior to the first day of class. A valid email is required.

**COURSE DATES:** This four-day course meets at the NAT on Thursday and Friday from 5-10pm and Saturday and Sunday from 8am-6pm. Bring a lunch each day.

Mar 3-6	Th-Su	\$225	46057
Mar 10-13	Th-Su	\$225	46058
Mar 17-20	Th-Su	\$225	46059
Mar 31-Apr 3	Th-Su	\$225	46060
Apr 7-10	Th-Su	\$225	46061
Apr 14-17	Th-Su	\$225	46062
Apr 21-24	Th-Su	\$225	46063
Apr 28-May 1	Th-Su	\$225	46064
May 5-8	Th-Su	\$225	46065
May 12-15	Th-Su	\$225	46066
May 19-22	Th-Su	\$225	46067
May 26-29	Th-Su	\$225	46068
June 2-5	Th-Su	\$225	46069
June 9-12	Th-Su	\$225	46070

# TRAINING

REGISTER AT [WWW.DENTONPARKS.COM](http://WWW.DENTONPARKS.COM)!  
DENTON NAT, (940) 349-8800

## WATER SAFETY INSTRUCTOR AGES 16+

**COURSE CONTENT:** Candidates will learn to teach Water Safety, Basic Water Rescue, Learn-to-Swim (all six levels) and Parent and Child Aquatics courses.

**COURSE CERTIFICATIONS:**

- Water Safety Instructor
- Basic Water Rescue

**COURSE PREREQUISITES:**

- 16 years old (by last day of class)
- Demonstrate swimming skills consistent with the Stroke Performance Charts, Level 4, by swimming 25 yards of each stroke: front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly.
- Float in deep water for one minute
- Tread water for one minute

**COURSE DATE:** This three-day course meets at Denton NAT and breaks for lunch.

Mar 14-16 M-W 9am-6pm \$250 45996

## LIFEGUARD PREP, AGES 15+

**COURSE CONTENT:** Candidates will learn to prepare for the American Red Cross (ARC) Waterpark Lifeguard certification course prerequisites. This course is taught by an ARC Certified Lifeguard Instructor.

**COURSE DATES:** Meets at the NAT.

Feb 28	Su	4-5pm	\$15	46043
Mar 6	Su	4-5pm	\$15	46044
Mar 13	Su	4-5pm	\$15	46045
Apr 3	Su	4-5pm	\$15	46046
Apr 10	Su	4-5pm	\$15	46047
Apr 17	Su	4-5pm	\$15	46048
Apr 24	Su	4-5pm	\$15	46049
May 1	Su	4-5pm	\$15	46050
May 8	Su	4-5pm	\$15	46051
May 15	Su	4-5pm	\$15	46052
May 22	Su	4-5pm	\$15	46053
May 29	Su	4-5pm	\$15	46054
June 5	Su	4-5pm	\$15	46055

## BABYSITTER'S TRAINING & BASIC WATER RESCUE AGES 11-16

**COURSE CONTENT:** Teens will learn how to properly care for and monitor kids, how to respond in emergency situations, and how to build games and lesson plans for all ages.

**COURSE CERTIFICATIONS:**

- Babysitting
- CPR for Infant and Child
- First Aid
- Basic Water Rescue

**COURSE DATE:** This two-day course meets at North Lakes Rec Center on Saturday from 9am-6pm and on Sunday at Denton NAT from 1-4pm.

Mar 12-13 Sa-Su \$90 46698

Apr 9-10 Sa-Su \$90 46699

## JUNIOR LIFEGUARDING AGES 11-14

**COURSE CONTENT:** Formally know as Guard Start, this course is a key component of the Lifeguarding program and serves as an ideal transition between Learn-to-Swim and the lifeguard training course. Teens will learn victim recognition, water rescue skills, and First Aid, CPR, and AED.

**COURSE PREREQUISITES:**

- Continuously swim 25 yards of freestyle
- Tread water for 1 min.
- Swim 10 yards under water

**COURSE DATES:** Meets at Civic Center Pool.

June 20-30 M-Th 5:30-7:15pm \$80 45656

July 11-21 M-Th 5:30-7:15pm \$80 45657





**2016 OPEN SEASON**  
 Mon.-Sat. noon-6pm; Sun. 1-6pm  
 Memorial Day Weekend, May 28-30  
 Open daily, June 4-Aug. 21  
 End of Season, Aug. 27-28  
 Labor Day Weekend, Sept. 3-5

**DAILY ADMISSION**  
 Ages 18 and older, \$3  
 Ages 2-17, \$2.25  
 2 & under is free

**2016 SEASON PASS**

Individual, \$50  
 nonresidents add \$10  
 Family, \$110  
 nonresidents add \$15

**All Access Annual Aquatic Pass**  
 (access to WWP, CCP, & the NAT)

Individual, \$140  
 nonresidents add \$5  
 Family, \$390  
 nonresidents add \$20

**Daddy Discount on Father's Day!**  
 Sunday, June 19, dads are FREE with a paid admission.

**Independence Dollar Day!**  
 Monday, July 4, \$1 admission

**515 N. Bell St., (940) 349-8279**

\* Season passes are available for purchase at Denton Civic Center and the NAT and may be used for admission to the NAT on CCP rain-out days. Families are considered to be up to two adults and up to four dependent children living in the same household; each additional child, \$25. "Dependent" implies tax dependent or dependent through marriage.

# CIVIC CENTER POOL NEW JAZZ THEME!

**NEW**

## Civic Center Pool Activities

**Denton Dolphins Swim Camp, ages 6+**  
 This camp focuses on similar activities found on a traditional swim team. Kids will participate in wacky relay races, stroke clinics, learn and play water polo, and more. Kids must be able to swim one full length of the pool unassisted.  
 July 19-Aug 4 Tu/Th 8:30-10am \$45 45653

**Denton Dolphins Swim Team, ages 6+**  
 To determine their levels, new participants will tryout May 17, 18, or 19, from 5-8pm at the NAT. They are required to swim 25 yards continuously. The parent-interest meeting is May 20, 6pm at the NAT. Morning practices begin June 6. Email [swimdentondolphins@gmail.com](mailto:swimdentondolphins@gmail.com) to reserve a tryout time.  
 May 24-July 15 M-F 7-11:30am \$175 45650  
 May 24-July 15 M-F 6-7pm \$175 45651

**Birthday Party Rentals, \$110**  
 Available beginning May 28, this package includes one hour under the shaded party area, invitations, paper goods, cake, and drinks. Pizza is available for an additional fee. Limited to 15 guests; each additional guest pays daily admission. To book, call (940) 349-8806.

**After Hours, Private Rentals**  
 The pool is available for private rentals on week days beginning at 7:30pm and on weekends beginning at 6:30pm. Lifeguards are provided. All rental fees must be paid in full at the time of booking. Rental fees vary starting at \$180. To book your next party, call (940) 349-8802.



# SUMMER SWIM LESSONS, PAGES 24-25

Structured lessons are divided by age and skill level and taught by certified instructors. To view the schedule, see pages 24-25.





FOUR GIANT SLIDES | ONE GIANT, INDOOR SLIDE | CHILDREN'S PLAY POOL | LAZY RIVER | SAND VOLLEYBALL | CONCESSIONS | CABANA RENTALS

# SAVE \$25

on a 2016 family season pass, NOW thru May 22!  
Call (940) 349-8800.

## Season Passes thru May 22

Individual, \$65; nonresidents add \$5  
Family, \$200\*; nonresidents add \$20

## Season Passes after May 22

Individual, \$75; nonresidents add \$5  
Family, \$225\*; nonresidents add \$20

## Daily Admission

48 inches and taller, \$11; nonresidents add \$2  
Under 48 inches, \$7; nonresidents add \$2  
2 and under, FREE; Non-swimmers, \$5

## Monthly Passes

Individual, \$30; nonresidents add \$5  
Family, \$85; nonresidents add \$20

## All Access Annual Aquatic Pass

Individual, \$140; nonresidents add \$5  
Family, \$390; nonresidents add \$20  
Full access to Denton Natatorium,  
Water Works Park, and Civic Center Pool.

## Discount Twilight Nights, \$3 Off

Receive \$3 off regular admission  
M-Th after 4pm.

## Buy One, Get One Free

Buy one admission, get one of equal or lesser value for free Fridays after 4pm.

\*Families are considered to be up to two adults and up to four dependent children living in the same household; each additional child, \$25. "Dependent" implies tax dependent or dependent through marriage.

22 All fees are for residents; nonresidents add \$5.

## WATER PARK HOURS

Monday-Saturday, 11am-7pm  
Sunday, Noon-7pm

Sneak Peek Weekend, May 21-22  
Memorial Day Weekend, May 28-30  
Open Daily, June 4-Aug. 21  
End of Season Weekend, Aug. 27-28  
Labor Day Weekend, Sept. 3-5

Water Works Park, (940) 349-8800  
2400 Long Rd., Denton, TX



## WATER PARK ACTIVITIES

Splish Splash Storytime *Come join us!*  
FREE Friday Fun! 10am, June 10-July 29

Join Water Works Park and children's librarians from the Denton Public Library for story time by the pool, then enjoy splash time. Admission is free, but guests must leave by 10:45am or pay park admission.

## River Robics, ages 16+

Enjoy a unique, shallow-water class in our lazy river. A water-walking cardio segment, step aerobics, and upper-body noodle resistance use the water to maximize your muscle strength and endurance.

June 6-30	M/Tu/Th	6:30-7:25pm	\$65	45986
July 5-28*	M/Tu/Th	6:30-7:25pm	\$65	45987
Aug 1-18	M/Tu/Th	6:30-7:25pm	\$50	45988

Kayaking-Intro to Paddling  
ages 8+, see page 19

Kayaking-Roll  
ages 12+, see page 19







**TO BOOK THE COOLEST PARTY IN TOWN, CALL (940) 349-8806.**

**CABANA RESERVATIONS ARE CURRENTLY BEING ACCEPTED, CALL (940) 349-8802.**

### Lil' Island Birthday Party Package, \$230

- One hour in the party room or outdoor pavilion
- Admission to WWP for 15 guests
- Experienced party host
- Electronic email invitations
- Paper goods and balloons
- Candy Haven cake
- Ice cream sandwiches and drinks
- Water toy for the birthday child
- Pizza available for additional fee

The price is limited to 15 guests; there is a \$12 fee for each additional swimmer and \$5 fee for each additional non-swimming guest, Group rate discounts are available for additional guests of ten or more. **Season pass holders receive a \$30 discount.**

### NEW 2016! Big Island Party Package, \$375

This package offers the same amenities as the Lil' Island package, but with these add ons:

- Admission to WWP for 25 guests
- Large Candy Haven cake

### NEW 2016! Cabana Birthday Party, \$330

Reserved shaded seating in a semi-private open air cabana with the ability to zip close three of the four sides. To reserve a cabana birthday party, call (940) 349-8802!

- Four hours in a private cabana
- Admission to WWP for 15 guests
- Experienced party host
- Invitations and paper goods
- Candy Haven cake
- Ice cream sandwiches and drinks
- Water toy for the birthday child
- Pizza available for additional fee

The price is limited to 15 guests; there is a \$12 fee for each additional swimmer and \$5 fee for each additional non-swimming guest. Group rate discounts are available for additional guests of ten or more.

### After Hours, Private Rentals

The water park is available for private rentals seven days of the week beginning at 7:30pm. All rental fees must be paid in full at the time of reservation booking. To book, call (940) 349-8802.

### Cabana Rentals

Grab it while you can! It's the perfect reserved shaded spot in a semi-private open air cabana with the ability to zip close three of the four sides. Park admission is not included. Nonresidents add \$5.

#### Reservation Amenities:

- Max occupancy of eight people
- Four free bottles of water
- Free locker use for the day
- One round table with four chairs
- Two lounge chairs

#### Rental Fees:

M-Th	11am-3pm	\$60
M-Th	3-7pm	\$60
F-Sa	11am-3pm	\$80
F-Sa	3-7pm	\$80
Sun	noon-4pm	\$80
Sun	4-7pm	\$60



# THE NAT

Denton Natatorium is located at 2400 Long Rd., off Sherman Dr. near Loop 288; (940) 349-8800

The NAT is a joint-use facility between Denton Independent School District and Denton Parks and Rec. DISD uses the facility for swim meets, practices, and water polo matches.

## Hours of Operation

### Spring, Feb. 1 - June 3

For schedule updates, including pool closings and extended open swim hours during spring break, visit [www.dentonparks.com](http://www.dentonparks.com). Open swim includes the slide and diving board.

#### Monday-Friday

5:30-6:55am Lap swim, water walking  
7-9am Water walking, leisure pool swim  
9am-3:30pm Lap swim, water walking, classes  
3:30-5pm Water walking, leisure

#### Monday-Thursday

5-8pm Lap swim

#### Tuesday & Thursday

4:30-8pm Leisure pool with slide open

#### Friday

4:30-7pm Leisure pool with slide open  
5-7pm Lap swim

#### Saturday

10am-12:30pm Lap swim, classes  
12:30-6pm Open swim

#### Sunday

1-5pm Open swim

Beg. May 22, Sunday hours are noon-6pm

### Summer, June 4 - Aug. 22

#### Monday-Friday, 5:30am-noon

Lap swim, classes

#### Monday-Friday, noon-5pm

Open swim

#### Monday-Thursday, 5-8pm

Lap swim, classes

#### Friday, 5-8pm (through Sept. 2)

Open swim

#### Saturday, 10am-12:30pm

Lap swim, classes

#### Saturday, 12:30-6pm

Open swim

#### Sunday, noon-6pm (through Sept. 4)

Open swim

## Discount Nights

Buy one admission, get one of equal or lesser value for free every Friday from 4-7pm.

## Admission, Passes, Punch Cards

### NAT Daily Admission

Daily Admission	Resident	Nonresident
Ages 16+	\$4	\$5
Ages 3-15	\$3	\$4
Ages 2 and under	free	free

### NAT Monthly/Annual Passes

Monthly Passes	Resident	Nonresident
Individual	\$20	\$25
Family*	\$40	\$60
Four Month Pass	Resident	Nonresident
Individual	\$60	\$65
Family*	\$120	\$140
Annual Pass	Resident	Nonresident
Individual	\$120	\$125
Family	\$250	\$270

### All Access Annual Aquatic Pass

The NAT, Water Works Park, and Civic Center Pool

	Resident	Nonresident
Individual	\$140	\$145
Family	\$390	\$410

### NAT Punch Cards (valid six months from purchase date)

10/20 Punch Cards	Resident	Nonresident
Age 16+	10/\$30, 20/\$60	10/\$35, 20/\$65
Ages 3-15	10/\$25, 20/\$50	10/\$30, 20/\$55

## Aquatic Therapy, Scuba, and USMS

### Aquatic Therapy

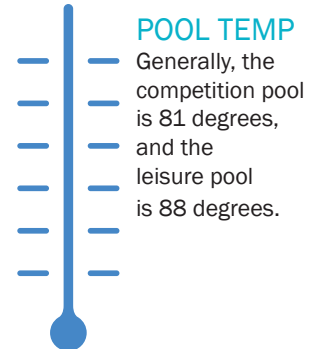
We offer water therapy through Denton Sports and Physical Therapy, (940) 566-5714.

### Island Divers Scuba Classes

We offer scuba classes in conjunction with Island Divers. Classes are taught through the Professional Association of Diving Instructors, or PADI, system. Students will learn to dive safely, become comfortable in the water, and have fun. Call (940) 383-3483.

### Masters Swim Club

The DASC Masters Swim Club is rapidly growing in Denton. We have swimmers of all abilities including novice swimmers looking to feel more comfortable in the water, triathletes wanting to have a faster swim time, and competitive swimmers preparing for the next swim meet. Our goal is to provide members an opportunity to improve their skills and achieve success while having a great time! For membership information, call (940) 239-7770 or email [coach.michael@daswimclub.com](mailto:coach.michael@daswimclub.com).







## Water Exercise for All Levels

Purchase a water exercise punch card at the NAT and use it interchangeably for any water exercise class. Punch cards and water exercise passes include admission to the NAT for lap swim or open swim at no additional cost. All levels are welcome.

Drop-in	\$7 per person
One Month Pass	\$36; nonres add \$5
Four Month Pass	\$132; nonres add \$15
Annual Pass	\$396; nonres add \$30
10-Class Punch Card	\$40; nonres add \$10 (valid for six months)
20-Class Punch Card	\$70; nonres add \$10 (valid for six months)

## Aquatic Boot Camp, Wednesday, 6-6:55pm

This is a fun class designed to be high-energy offering both aerobic exercise and strength training. Water shoes are highly recommended.

## Deep Challenge, Mon., Tues., Thurs., 6-6:55pm (June 17-Aug. 19, Mon., Tues., Thurs., Fri., 6-6:55pm)

This is a non-impact but vigorous deep-water aerobics class held in the competition pool. The class includes interval and circuit training, strength resistance training, and stretching. Deep-water flotation devices and resistance equipment provided.

## Shallow Water Workout, Monday-Thursday, 7-7:55pm

This low-impact, cross training class combines kick boxing, water walking, yoga, pilates, and tai chi to improve cardiovascular fitness, strength, and flexibility. Water shoes are recommended. Class is held in the leisure pool.

## Senior Water Exercise, all ages

Strength Training: Monday, Wednesday, Friday, 9-9:55am

Water Exercise: Monday, Wednesday, Friday, 10:15-11:15am

Not limited to seniors, these classes are designed for those who need to work out at a slightly slower pace compared to our other classes. The class is held in the comp pool during the colder months and in the water park lazy river during the summer months. This class is free to pass holders.

## SilverSneakers®

If you are eligible for the SilverSneakers® fitness program through your insurance plan, you receive access to the NAT, fitness rooms at the centers, and SilverSneakers® and water exercise classes. To view accepted insurance plans, visit [www.silversneakers.com](http://www.silversneakers.com). Enroll in person at North Lakes Rec Center, (940) 349-8287.

## To book a party, call (940) 349-8806

### NAT Birthday Party Package, \$160

- One hour in a decorated party room
- An experienced party host
- Admission to the NAT for 15 guests
- Online invitations and paper goods
- Candy Haven cake and drinks
- Ice cream sandwiches
- Souvenir picture the birthday child
- Pizza is available for an additional fee

The price is limited to 15 guests; there is a \$4 fee for each additional swimmer, but no charge for non-swimmers. Group rate discounts are available for additional guests of ten or more.

### NAT Group Party Package \$225

- One hour in a decorated party room
- An experienced party host
- Admission to the NAT for 25 guests
- Online invitations and paper goods
- Candy Haven Cake
- Ice cream sandwiches and drinks
- Souvenir group picture
- Pizza is available for an additional fee

The price is limited to 25 guests; there is a \$4 fee for each additional swimmer, but no charge for non-swimmers. Group rate discounts are available for additional guests of ten or more.

### NAT After Hour Rentals

To book an after hours rental, call (940) 349-8802.

# SWIM LESSONS

## Private and Semi-Private, ages 3-adult

Designed to meet specific needs and provide individualized attention to enhance learning ability. To register, call the Learn to Swim Coordinator at (940) 349-8814.

Private (1-on-1)	Semi-Private (2-on-1)
(1) 30-minute \$25	(1) 30-minute \$20/person
(4) 30-minute \$80	(4) 30-minute \$65/person
(8) 30-minute \$140	(8) 30-minute \$115/person

# SUMMER GROUP SWIM LESSONS, PAGES 24-25



# SWIM LESSONS

Lessons for all skill levels are provided at each class during each session. Levels 1-4 have a participant to teacher class ratio of 6:1. The registration deadline for ALL swim lessons is at closing on the Friday before the first day of class. Nonresidents add \$5.

**\* NO CLASS THE WEEK OF SPRING BREAK, MARCH 16-20**

**NO CLASS ON MONDAY, JULY 4. THE MAKE-UP DAY IS FRIDAY, JULY 8.**

## Water Tots Swim Lessons

For ages 6 months to 3 years, this parent and kid class builds readiness through games and songs. Parents will learn how to teach their kid various skills to increase their kid's confidence, coordination, and safety in the water.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45997
Feb 29-Mar 30*	M/W	6:15-6:50pm	\$60	45998
Apr 4-27	M/W	5:30-6:05pm	\$60	45999
Apr 4-27	M/W	6:15-6:50pm	\$60	46000
May 16-26	M-Th	5:30-6:05pm	\$60	46040
May 16-26	M-Th	6:15-6:50pm	\$60	46041
June 6-16	M-Th	9:30-10:05am	\$60	46001
June 6-16	M-Th	10:15-10:50am	\$60	46035
June 6-16	M-Th	11-11:35am	\$60	46002
June 6-16	M-Th	5:30-6:05pm	\$60	46003
June 6-16	M-Th	6:15-6:50pm	\$60	46004
June 20-30	M-Th	9:30-10:05am	\$60	46005
June 20-30	M-Th	10:15-10:50am	\$60	46036
June 20-30	M-Th	11-11:35am	\$60	46006
June 20-30	M-Th	5:30-6:05pm	\$60	46007
June 20-30	M-Th	6:15-6:50pm	\$60	46008
July 5-14*	M-Th	9:30-10:05am	\$60	46009
July 5-14*	M-Th	10:15-10:50am	\$60	46037
July 5-14*	M-Th	11-11:35am	\$60	46010
July 5-14*	M-Th	5:30-6:05pm	\$60	46011
July 5-14*	M-Th	6:15-6:50pm	\$60	46012
July 18-28	M-Th	9:30-10:05am	\$60	46013
July 18-28	M-Th	10:15-10:50am	\$60	46038
July 18-28	M-Th	11-11:35am	\$60	46014
July 18-28	M-Th	5:30-6:05pm	\$60	46015
July 18-28	M-Th	6:15-6:50pm	\$60	46016
Aug 1-11	M-Th	9:30-10:05am	\$60	46017
Aug 1-11	M-Th	10:15-10:50	\$60	46039
Aug 1-11	M-Th	11-11:35am	\$60	46018
Aug 1-11	M-Th	5:30-6:05pm	\$60	46019
Aug 1-11	M-Th	6:15-6:50pm	\$60	46020

### Lessons offered at Civic Center Pool

June 6-16	M-Th	10:15-10:50am	\$60	46021
June 6-16	M-Th	6:15-6:50pm	\$60	46022
June 20-30	M-Th	10:15-10:50am	\$60	46023
June 20-30	M-Th	6:15-6:50pm	\$60	46024
July 5-14*	M-Th	10:15-10:50am	\$60	46025
July 5-14*	M-Th	6:15-6:50pm	\$60	46026

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sa	10:15-10:50am	\$36	46027
Mar 5-Apr 2*	Sa	11-11:35am	\$36	46028
Apr 9-30	Sa	10:15-10:50am	\$36	46029
Apr 9-30	Sa	11-11:35am	\$36	46030
June 4-25	Sa	10:15-10:50am	\$36	46031
June 4-25	Sa	11-11:35am	\$36	46032
July 9-30	Sa	10:15-10:50am	\$36	46033
July 9-30	Sa	11-11:35am	\$36	46034

## Preschool Swim Lessons

For ages 3-4, this class introduces water skills that will help your kid feel comfortable and enjoy water safely. They learn floating, kicking, alternating arm action, bubble blowing, and safety rules. Kids are divided according to skill level. The class ratio of participant to instructor is 5:1.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45918
Feb 29-Mar 30*	M/W	6:15-6:50pm	\$60	45919
Apr 4-27	M/W	5:30-6:05pm	\$60	45920
Apr 4-27	M/W	6:15-6:50pm	\$60	45921
May 16-26	M-Th	5:30-6:05pm	\$60	45977
May 16-26	M-Th	6:15-6:50pm	\$60	45978
May 16-26	M-Th	7-7:35pm	\$60	45979
June 6-16	M-Th	9:30-10:05am	\$60	45922
June 6-16	M-Th	10:15-10:50am	\$60	45923
June 6-16	M-Th	11-11:35am	\$60	45924
June 6-16	M-Th	5:30-6:05pm	\$60	45925
June 6-16	M-Th	6:15-6:50pm	\$60	45926
June 6-16	M-Th	7-7:35pm	\$60	45927
June 20-30	M-Th	9:30-10:05am	\$60	45928
June 20-30	M-Th	10:15-10:50am	\$60	45929
June 20-30	M-Th	11-11:35am	\$60	45930
June 20-30	M-Th	5:30-6:05pm	\$60	45931
June 20-30	M-Th	6:15-6:50pm	\$60	45932
June 20-30	M-Th	7-7:35pm	\$60	45933
July 5-14*	M-Th	9:30-10:05am	\$60	45934
July 5-14*	M-Th	10:15-10:50am	\$60	45935
July 5-14*	M-Th	11-11:35am	\$60	45936
July 5-14*	M-Th	5:30-6:05pm	\$60	45937
July 5-14*	M-Th	6:15-6:50pm	\$60	45938
July 5-14*	M-Th	7-7:35pm	\$60	45939
July 18-28	M-Th	9:30-10:05am	\$60	45940
July 18-28	M-Th	10:15-10:50am	\$60	45941
July 18-28	M-Th	11-11:35am	\$60	45942
July 18-28	M-Th	5:30-6:05pm	\$60	45943
July 18-28	M-Th	6:15-6:50pm	\$60	45944
July 18-28	M-Th	7-7:35pm	\$60	45945
Aug 1-11	M-Th	9:30-10:05am	\$60	45946
Aug 1-11	M-Th	10:15-10:50	\$60	45947
Aug 1-11	M-Th	11-11:35am	\$60	45948
Aug 1-11	M-Th	5:30-6:05pm	\$60	45949
Aug 1-11	M-Th	6:15-6:50pm	\$60	45950
Aug 1-11	M-Th	7-7:35pm	\$60	45951

### Lessons offered at Civic Center Pool

June 6-16	M-Th	9:30-10:05am	\$60	45952
June 6-16	M-Th	10:15-10:50am	\$60	45953
June 6-16	M-Th	11-11:35am	\$60	45954
June 6-16	M-Th	5:30-6:05pm	\$60	45955
June 6-16	M-Th	6:15-6:50pm	\$60	45956
June 20-30	M-Th	9:30-10:05am	\$60	45957
June 20-30	M-Th	10:15-10:50am	\$60	45958
June 20-30	M-Th	11-11:35am	\$60	45959
June 20-30	M-Th	5:30-6:05pm	\$60	45960
June 20-30	M-Th	6:15-6:50pm	\$60	45961
July 5-14*	M-Th	9:30-10:05am	\$60	45962
July 5-14*	M-Th	10:15-10:50am	\$60	45963
July 5-14*	M-Th	11-11:35am	\$60	45964
July 5-14*	M-Th	5:30-6:05pm	\$60	45965
July 5-14*	M-Th	6:15-6:50pm	\$60	45966

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sa	10:15-10:50am	\$36	45967
Mar 5-Apr 2*	Sa	11-11:35am	\$36	45968
Apr 9-30	Sa	10:15-10:50am	\$36	45969
Apr 9-30	Sa	11-11:35am	\$36	45970
June 4-25	Sa	10:15-10:50am	\$36	45971
June 4-25	Sa	11-11:35am	\$36	45972
June 4-25	Sa	11:45-12:20pm	\$36	45973
July 9-30	Sa	10:15-10:50am	\$36	45974
July 9-30	Sa	11-11:35am	\$36	45975
July 9-30	Sa	11:45-12:20pm	\$36	45976

## Level 1: Introduction to Water

For this class, kids learn skills ranging from beginning to introduction to freestyle, backstroke, and breaststroke. The class ratio of participant to instructor is 6:1.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45666
Feb 29-Mar 30*	M/W	6:15-6:50pm	\$60	45667
Feb 29-Mar 30*	M/W	7-7:35pm	\$60	45668
Apr 4-27	M/W	5:30-6:05pm	\$60	45669
Apr 4-27	M/W	6:15-6:50pm	\$60	45670
Apr 4-27	M/W	7-7:35pm	\$60	45671
May 16-26	M-Th	5:30-6:05pm	\$60	45727
May 16-26	M-Th	6:15-6:50pm	\$60	45728
May 16-26	M-Th	7-7:35pm	\$60	45729
June 6-16	M-Th	9:30-10:05am	\$60	45672
June 6-16	M-Th	10:15-10:50am	\$60	45673
June 6-16	M-Th	11-11:35am	\$60	45674
June 6-16	M-Th	5:30-6:05pm	\$60	45675
June 6-16	M-Th	6:15-6:50pm	\$60	45676
June 6-16	M-Th	7-7:35pm	\$60	45677
June 20-30	M-Th	9:30-10:05am	\$60	45678
June 20-30	M-Th	10:15-10:50am	\$60	45679
June 20-30	M-Th	11-11:35am	\$60	45680
June 20-30	M-Th	5:30-6:05pm	\$60	45681
June 20-30	M-Th	6:15-6:50pm	\$60	45682
June 20-30	M-Th	7-7:35pm	\$60	45683
July 5-14*	M-Th	9:30-10:05am	\$60	45684
July 5-14*	M-Th	10:15-10:50am	\$60	45685
July 5-14*	M-Th	11-11:35am	\$60	45686
July 5-14*	M-Th	5:30-6:05pm	\$60	45687
July 5-14*	M-Th	6:15-6:50pm	\$60	45688
July 5-14*	M-Th	7-7:35pm	\$60	45689
July 18-28	M-Th	9:30-10:05am	\$60	45690
July 18-28	M-Th	10:15-10:50am	\$60	45691
July 18-28	M-Th	11-11:35am	\$60	45692
July 18-28	M-Th	5:30-6:05pm	\$60	45693
July 18-28	M-Th	6:15-6:50pm	\$60	45694
July 18-28	M-Th	7-7:35pm	\$60	45695
Aug 1-11	M-Th	9:30-10:05am	\$60	45696
Aug 1-11	M-Th	10:15-10:50	\$60	45697
Aug 1-11	M-Th	11-11:35am	\$60	45698
Aug 1-11	M-Th	5:30-6:05pm	\$60	45699
Aug 1-11	M-Th	6:15-6:50pm	\$60	45700
Aug 1-11	M-Th	7-7:35pm	\$60	45701

### Lessons offered at Civic Center Pool

June 6-16	M-Th	9:30-10:05am	\$60	45702
June 6-16	M-Th	10:15-10:50am	\$60	45703
June 6-16	M-Th	11-11:35am	\$60	45704
June 6-16	M-Th	5:30-6:05pm	\$60	45705
June 6-16	M-Th	6:15-6:50pm	\$60	45706
June 20-30	M-Th	9:30-10:05am	\$60	45707
June 20-30	M-Th	10:15-10:50am	\$60	45708
June 20-30	M-Th	11-11:35am	\$60	45709
June 20-30	M-Th	5:30-6:05pm	\$60	45710
June 20-30	M-Th	6:15-6:50pm	\$60	45711
July 5-14*	M-Th	9:30-10:05am	\$60	45712
July 5-14*	M-Th	10:15-10:50am	\$60	45713
July 5-14*	M-Th	11-11:35am	\$60	45714
July 5-14*	M-Th	5:30-6:05pm	\$60	45715
July 5-14*	M-Th	6:15-6:50pm	\$60	45716

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sa	10:15-10:50am	\$36	45717
Mar 5-Apr 2*	Sa	11-11:35am	\$36	45718
Apr 9-30	Sa	10:15-10:50am	\$36	45719
Apr 9-30	Sa	11-11:35am	\$36	45720
June 4-25	Sa	10:15-10:50am	\$36	45721
June 4-25	Sa	11-11:35am	\$36	45722
June 4-25	Sa	11:45-12:20pm	\$36	45723
July 9-30	Sa	10:15-10:50am	\$36	45724
July 9-30	Sa	11-11:35am	\$36	45725
July 9-30	Sa	11:45-12:20pm	\$36	45726



## Level 2: Fundamental Skills

For this class, kids must be able to walk five yards in chest-deep water, retrieve an object underwater, and float supported or unsupported. They will learn alternating arm action, rhythmic bobbing, front/back glides, and safety. The class ratio of participant to instructor is 6:1.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45730
Feb 29-Mar 30*	M/W	6:15-6:50pm	\$60	45731
Feb 29-Mar 30*	M/W	7-7:35pm	\$60	45732
Apr 4-27	M/W	5:30-6:05pm	\$60	45735
Apr 4-27	M/W	6:15-6:50pm	\$60	45736
Apr 4-27	M/W	7-7:35pm	\$60	45737
May 16-26	M-Th	5:30-6:05pm	\$60	45791
May 16-26	M-Th	6:15-6:50pm	\$60	45792
May 16-26	M-Th	7-7:35pm	\$60	45793
June 6-16	M-Th	9:30-10:05am	\$60	45740
June 6-16	M-Th	10:15-10:50am	\$60	45741
June 6-16	M-Th	11-11:35am	\$60	45742
June 6-16	M-Th	5:30-6:05pm	\$60	45743
June 6-16	M-Th	6:15-6:50pm	\$60	45744
June 6-16	M-Th	7-7:35pm	\$60	45745
June 20-30	M-Th	9:30-10:05am	\$60	45746
June 20-30	M-Th	10:15-10:50am	\$60	45747
June 20-30	M-Th	11-11:35am	\$60	45748
June 20-30	M-Th	5:30-6:05pm	\$60	45749
June 20-30	M-Th	6:15-6:50pm	\$60	45750
June 20-30	M-Th	7-7:35pm	\$60	45751
July 5-14*	M-Th	9:30-10:05am	\$60	45752
July 5-14*	M-Th	10:15-10:50am	\$60	45753
July 5-14*	M-Th	11-11:35am	\$60	45754
July 5-14*	M-Th	5:30-6:05pm	\$60	45755
July 5-14*	M-Th	6:15-6:50pm	\$60	45756
July 5-14*	M-Th	7-7:35pm	\$60	45757
July 18-28	M-Th	9:30-10:05am	\$60	45758
July 18-28	M-Th	10:15-10:50am	\$60	45759
July 18-28	M-Th	11-11:35am	\$60	45760
July 18-28	M-Th	5:30-6:05pm	\$60	45761
July 18-28	M-Th	6:15-6:50pm	\$60	45762
July 18-28	M-Th	7-7:35pm	\$60	45763
Aug 1-11	M-Th	9:30-10:05am	\$60	45764
Aug 1-11	M-Th	10:15-10:50	\$60	45765
Aug 1-11	M-Th	11-11:35am	\$60	45766
Aug 1-11	M-Th	5:30-6:05pm	\$60	45767
Aug 1-11	M-Th	6:15-6:50pm	\$60	45768
Aug 1-11	M-Th	7-7:35pm	\$60	45769

### Lessons offered at Civic Center Pool

June 6-16	M-Th	9:30-10:05am	\$60	45776
June 6-16	M-Th	10:15-10:50am	\$60	45777
June 6-16	M-Th	11-11:35am	\$60	45778
June 6-16	M-Th	5:30-6:05pm	\$60	45779
June 6-16	M-Th	6:15-6:50pm	\$60	45780
June 20-30	M-Th	9:30-10:05am	\$60	45781
June 20-30	M-Th	10:15-10:50am	\$60	45782
June 20-30	M-Th	11-11:35am	\$60	45783
June 20-30	M-Th	5:30-6:05pm	\$60	45784
June 20-30	M-Th	6:15-6:50pm	\$60	45785
July 5-14*	M-Th	9:30-10:05am	\$60	45786
July 5-14*	M-Th	10:15-10:50am	\$60	45787
July 5-14*	M-Th	11-11:35am	\$60	45788
July 5-14*	M-Th	5:30-6:05pm	\$60	45789
July 5-14*	M-Th	6:15-6:50pm	\$60	45790

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sa	10:15-10:50am	\$36	45733
Mar 5-Apr 2*	Sa	11-11:35am	\$36	45734
Apr 9-30	Sa	10:15-10:50am	\$36	45738
Apr 9-30	Sa	11-11:35am	\$36	45739
June 4-25	Sa	10:15-10:50am	\$36	45770
June 4-25	Sa	11-11:35am	\$36	45771
June 4-25	Sa	11:45-12:20pm	\$36	45772
July 9-30	Sa	10:15-10:50am	\$36	45773
July 9-30	Sa	11-11:35am	\$36	45774
July 9-30	Sa	11:45-12:20pm	\$36	45775

## Level 3: Stroke Development

For this class, kids must be able to float (front and back) unsupported, perform front and back glides unsupported, and demonstrate alternating arm action. They will learn freestyle, elementary backstroke, learn rotary breathing, dolphin kick and safety. The class ratio of participant to instructor is 6:1.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45794
Feb 29-Mar 30*	M/W	6:15-6:50pm	\$60	45795
Feb 29-Mar 30*	M/W	7-7:35pm	\$60	45796
Apr 4-27	M/W	5:30-6:05pm	\$60	45797
Apr 4-27	M/W	6:15-6:50pm	\$60	45798
Apr 4-27	M/W	7-7:35pm	\$60	45799
May 16-26	M-Th	5:30-6:05pm	\$60	45853
May 16-26	M-Th	6:15-6:50pm	\$60	45854
May 16-26	M-Th	7-7:35pm	\$60	45855
June 6-16	M-Th	9:30-10:05am	\$60	45800
June 6-16	M-Th	10:15-10:50am	\$60	45801
June 6-16	M-Th	11-11:35am	\$60	45802
June 6-16	M-Th	5:30-6:05pm	\$60	45803
June 6-16	M-Th	6:15-6:50pm	\$60	45804
June 6-16	M-Th	7-7:35pm	\$60	45805
June 20-30	M-Th	9:30-10:05am	\$60	45806
June 20-30	M-Th	10:15-10:50am	\$60	45807
June 20-30	M-Th	11-11:35am	\$60	45808
June 20-30	M-Th	5:30-6:05pm	\$60	45809
June 20-30	M-Th	6:15-6:50pm	\$60	45810
June 20-30	M-Th	7-7:35pm	\$60	45811
July 5-14*	M-Th	9:30-10:05am	\$60	45812
July 5-14*	M-Th	10:15-10:50am	\$60	45813
July 5-14*	M-Th	11-11:35am	\$60	45814
July 5-14*	M-Th	5:30-6:05pm	\$60	45815
July 5-14*	M-Th	6:15-6:50pm	\$60	45816
July 5-14*	M-Th	7-7:35pm	\$60	45817
July 18-28	M-Th	9:30-10:05am	\$60	45818
July 18-28	M-Th	10:15-10:50am	\$60	45819
July 18-28	M-Th	11-11:35am	\$60	45820
July 18-28	M-Th	5:30-6:05pm	\$60	45821
July 18-28	M-Th	6:15-6:50pm	\$60	45822
July 18-28	M-Th	7-7:35pm	\$60	45823
Aug 1-11	M-Th	9:30-10:05am	\$60	45824
Aug 1-11	M-Th	10:15-10:50	\$60	45825
Aug 1-11	M-Th	11-11:35am	\$60	45826
Aug 1-11	M-Th	5:30-6:05pm	\$60	45827
Aug 1-11	M-Th	6:15-6:50pm	\$60	45828
Aug 1-11	M-Th	7-7:35pm	\$60	45829

### Lessons offered at Civic Center Pool

June 6-16	M-Th	9:30-10:05am	\$60	45830
June 6-16	M-Th	10:15-10:50am	\$60	45831
June 6-16	M-Th	11-11:35am	\$60	45832
June 6-16	M-Th	5:30-6:05pm	\$60	45833
June 6-16	M-Th	6:15-6:50pm	\$60	45834
June 20-30	M-Th	9:30-10:05am	\$60	45835
June 20-30	M-Th	10:15-10:50am	\$60	45836
June 20-30	M-Th	11-11:35am	\$60	45837
June 20-30	M-Th	5:30-6:05pm	\$60	45838
June 20-30	M-Th	6:15-6:50pm	\$60	45839
July 5-14*	M-Th	9:30-10:05am	\$60	45840
July 5-14*	M-Th	10:15-10:50am	\$60	45841
July 5-14*	M-Th	11-11:35am	\$60	45842
July 5-14*	M-Th	5:30-6:05pm	\$60	45843
July 5-14*	M-Th	6:15-6:50pm	\$60	45844

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sa	10:15-10:50am	\$36	45845
Mar 5-Apr 2*	Sa	11-11:35am	\$36	45846
Apr 9-30	Sa	10:15-10:50am	\$36	45847
Apr 9-30	Sa	11-11:35am	\$36	45848
June 4-25	Sa	10:15-10:50am	\$36	45849
June 4-25	Sa	11-11:35am	\$36	45850
July 9-30	Sa	10:15-10:50am	\$36	45851
July 9-30	Sa	11-11:35am	\$36	45852

## Level 4: Stroke Development

For this class, kids will increase their endurance by swimming familiar strokes (front and back crawl) for greater distances. They will add arms to the scissors kick for sidestroke and start to learn back crawl, breaststroke and butterfly. The class ratio of participant to instructor is 6:1.

### Lessons offered at Denton Natatorium

Feb 29-Mar 30*	M/W	5:30-6:05pm	\$60	45856
Feb 29-Mar 30*	M/W	7-7:35pm	\$60	45857
Apr 4-27	M/W	5:30-6:05pm	\$60	45858
Apr 4-27	M/W	7-7:35pm	\$60	45859
May 16-26	M-Th	5:30-6:05pm	\$60	45904
May 16-26	M-Th	7-7:35pm	\$60	45905
June 6-16	M-Th	9:30-10:05am	\$60	45860
June 6-16	M-Th	10:15-10:50am	\$60	45861
June 6-16	M-Th	11-11:35am	\$60	45862
June 6-16	M-Th	5:30-6:05pm	\$60	45863
June 6-16	M-Th	7-7:35pm	\$60	45864
June 20-30	M-Th	9:30-10:05am	\$60	45865
June 20-30	M-Th	10:15-10:50am	\$60	45866
June 20-30	M-Th	11-11:35am	\$60	45867
June 20-30	M-Th	5:30-6:05pm	\$60	45868
June 20-30	M-Th	7-7:35pm	\$60	45869
July 5-14*	M-Th	9:30-10:05am	\$60	45870
July 5-14*	M-Th	10:15-10:50am	\$60	45871
July 5-14*	M-Th	11-11:35am	\$60	45872
July 5-14*	M-Th	5:30-6:05pm	\$60	45873
July 5-14*	M-Th	7-7:35pm	\$60	45874
July 18-28	M-Th	9:30-10:05am	\$60	45875
July 18-28	M-Th	10:15-10:50am	\$60	45876
July 18-28	M-Th	11-11:35am	\$60	45877
July 18-28	M-Th	5:30-6:05pm	\$60	45878
July 18-28	M-Th	7-7:35pm	\$60	45879
Aug 1-11	M-Th	9:30-10:05am	\$60	45880
Aug 1-11	M-Th	10:15-10:50	\$60	45881
Aug 1-11	M-Th	11-11:35am	\$60	45882
Aug 1-11	M-Th	5:30-6:05pm	\$60	45883
Aug 1-11	M-Th	7-7:35pm	\$60	45884

### Lessons offered at Civic Center Pool

June 6-16	M-Th	9:30-10:05am	\$60	45889
June 6-16	M-Th	10:15-10:50am	\$60	45890
June 6-16	M-Th	11-11:35am	\$60	45891
June 6-16	M-Th	5:30-6:05pm	\$60	45892
June 6-16	M-Th	6:15-6:50pm	\$60	45893
June 20-30	M-Th	9:30-10:05am	\$60	45894
June 20-30	M-Th	10:15-10:50am	\$60	45895
June 20-30	M-Th	11-11:35am	\$60	45896
June 20-30	M-Th	5:30-6:05pm	\$60	45897
June 20-30	M-Th	6:15-6:50pm	\$60	45898
July 5-14*	M-Th	9:30-10:05am	\$60	45899
July 5-14*	M-Th	10:15-10:50am	\$60	45900
July 5-14*	M-Th	11-11:35am	\$60	45901
July 5-14*	M-Th	5:30-6:05pm	\$60	45902
July 5-14*	M-Th	6:15-6:50pm	\$60	45903

### Saturday lessons at Denton Natatorium

Mar 5-Apr 2*	Sat	10:15-10:50am	\$36	45885
Apr 9-30	Sat	10:15-10:50am	\$36	45886
June 4-25	Sat	10:15-10:50am	\$36	45887
July 9-30	Sat	10:15-10:50am	\$36	45888





## DRIVING RANGE, CHIPPING GREEN, 18-HOLE PUTTING GREEN, CLUB HOUSE, & PREMIER JR. GOLF ACADEMY

### INCLEMENT WEATHER

For updates, call (940) 349-8545.

### DRIVING RANGE

The driving range is night time lit and has 36 hitting areas, a chipping green, and a putting green with 18 holes. A small bucket of golf balls costs \$6 and a large bucket of golf balls costs \$12. Loaner clubs may be checked out.

### PRIVATE AND GROUP LESSONS

We offer both group and private lessons with golf pros, and a youth program.

### NORTH LAKES CLUB HOUSE

The Club House sells drinks, snacks, and tees with an inside TV lounge and free Wi-Fi. The Club House also features a large deck with patio seating, and ADA accessible entry.

## GOLF LEAGUES, TOURNAMENT, AND TOUR

### DENTON GOLF CHAMPIONSHIP

Registration includes green fees for 18 holes, use of driving range, and a box lunch each day. Cart fee must be paid upon check in and tee times begin at 10am. Check in 30 minutes prior to tee time. To confirm tee time, call (940) 246-1001 on May 20, between noon and 6pm.

Flight options include: Men's Championship, Men's A, Senior Championship, and Women's Championship. Register by noon on Wednesday, May 18 prior to the tournament.

May 21-22 Sa-Su RRGc \$90 46735

### PREMIER JR. GOLF TOUR AGES 7-14

Beginner to intermediate junior golfers are placed on a "Team" consisting of A, B, C, and D level players and compete in eight weekly matches against players of similar skill levels at the TWU Golf Course. Evaluation Day is April 3 and April 6 from 6-7pm. Registration ends April 1 or after receiving 24 paid players. The fee includes shirt, cap, six tournament fees, and awards. \$275/kid; 46733

Weekly Matches: April 10, 17, 24; May 1, 15, 22

### LADIES GOLF ENHANCEMENT

For new and beginner players looking to learn the essentials including grip, aim, swing, and more. Thursday, 6-7pm; Saturday 10-11am

Mar 10-26	\$125	46739
April 14-30	\$125	46740
May 12-28	\$125	46741
June 2-18	\$125	46742

### ADULT COED GOLF LEAGUE

Play nine holes every other Tuesday night at 6pm at Robson Ranch Golf Course. There is an open division for men and women, and couples division. Registration deadline is noon on league Tuesdays. The cart fee is not included. Call (940) 349-7275.

Mar 15	Tu	RRGC	\$25	46764
Mar 29	Tu	RRGC	\$25	46765
Apr 12	Tu	RRGC	\$25	46766
Apr 26	Tu	RRGC	\$25	46767
May 10	Tu	RRGC	\$25	46768
May 24	Tu	RRGC	\$25	46769
June 7	Tu	RRGC	\$25	46770
June 21	Tu	RRGC	\$25	46771
July 5	Tu	RRGC	\$25	46772
July 19	Tu	RRGC	\$25	46773
Aug 2	Tu	RRGC	\$25	46774
Aug 16	Tu	RRGC	\$25	46775
Aug 30	Tu	RRGC	\$25	46907

## PREMIER JR. GOLF ACADEMY, AGES 6-16

Classes are taught by an experienced PGA golf professional. Kids start at Level 1 and advance via a challenge test. Kids must wear appropriate golf clothing, tennis or golf shoes, and bring golf clubs. The academy has a limited number of clubs to borrow. Please check with the front desk. Each month includes eight 45 minute lessons in Level 1-4. Register by the 25th of each month for the next session. For more info, call the club house at (940) 349-8545.

### LEVEL 1: INTRO TO THE FULL SWING

Tu 5:15-6pm; Sa noon-12:45pm

Kids will learn grip, stance, posture, aim, half swing, safety, and caring.

March	Tu/Sa	\$165	45154
April	Tu/Sa	\$165	45138
May	Tu/Sa	\$165	45139
June	Tu/Sa	\$165	45144
July	Tu/Sa	\$165	45142
August	Tu/Sa	\$165	45143

### LEVEL 2: INTRO TO SHORT GAME

Tu 6-6:45pm; Sa 12:45-1:30pm

Kids will learn putting, fundamentals, chipping, and etiquette.

March	Tu/Sa	\$165	45155
April	Tu/Sa	\$165	45140
May	Tu/Sa	\$165	45141
June	Tu/Sa	\$165	45145
July	Tu/Sa	\$165	45146
August	Tu/Sa	\$165	45147

### LEVEL 3: BEGINNER

Th 5:15-6pm; Sa 1:30-2:15pm

Kids will work on check list, back swing, full swing follow through, and fairness.

March	Th/Sa	\$165	46700
April	Th/Sa	\$165	46701
May	Th/Sa	\$165	46711
June	Th/Sa	\$165	46702
July	Th/Sa	\$165	46703
August	Th/Sa	\$165	46704

### LEVEL 4: ADVANCED BEGINNER

Th 6-6:45pm; Sa 2:15-3pm

Kids will work on short putt technique, long putt control, chipping low, and clubs.

March	Th/Sa	\$165	46705
April	Th/Sa	\$165	46706
May	Th/Sa	\$165	46707
June	Th/Sa	\$165	46708
July	Th/Sa	\$165	46709
August	Th/Sa	\$165	46710

**LEVEL 5 INTERMEDIATE:** Kids will work on preshot routine, swing plane, back swing checkpoints, and swing balance.

**LEVEL 6 ADVANCED:** Kids will learn about irons, punch shots, rules, scoring, driving, shots, draws and hooks.



# OUTDOOR ADVENTURES



**NO EXPERIENCE  
IS REQUIRED.**

All outdoor adventures are led by knowledgeable, ACA-assessed and American Red Cross lifeguard-certified staff. Fees include instruction, equipment, and transportation when applicable.

Requirements: sunscreen, insect repellent, water, hiking boots, long pants, a hat, and weather-appropriate clothing, including closed-toe shoes that can get wet. No pets allowed.

## CYCLING AND MT. BIKING

### INTRO TO CYCLING, AGES 13+

Learn from a League of American Bicyclists certified cyclist about biking basics. This two-day course will include classroom learning, along with on bike and ride work. Learn about riding, commuting, and group riding, as well as maintenance. A bike and helmet can be provided if needed. This course meets both times at Denia Rec Center and ends with a certificate.

Apr 9 Sa 10am-2pm \$25 46547

Apr 16 Sa 10am-3pm

### GREENBELT BIKE RIDE, AGES 16+

Enjoy a leisurely 6.5 mile, 13 mile, or 20 mile bicycle tour along the Greenbelt corridor. Bring a picnic lunch.

Mar 12 Sa 10am-1pm \$20 46429

### MOUNTAIN BIKING, AGES 16+

Johnson Branch State Park is a cyclists' mecca with excellent off-road trails. Riders of all ages can find trails to enjoy. Bring a sack lunch.

June 4 Sa 9am-3pm \$20 46277

### HORSEBACK RIDING, AGES 10+

Join Black Mustang Ranch on a 1.5 hour guided horseback adventure on the trails at Lantana Lodge. The terrain varies from stony hills to sand with spectacular views of Lake Ray Roberts. Riders will be paired with their ideal horse. Ages 13-17 may attend without a guardian but must provide a signed waiver. Bring a sack lunch. Meet at Denia Rec Center. Register by May 7.

May 14 Sa 10am-2pm \$55 46282

### ARCHERY, AGES 10+

Learn fundamentals of international archery with a National Archery in the Schools Program and USA Archery certified instructor on a legal indoor range.

July 9 Sa 2-5pm \$8 46280

Aug 20 Sa 2-5pm \$8 46281

### OPEN ROCK CLIMBING, AGES 7+

Climb for two hours at Denia Rec Center's rock climbing wall. Ideal for beginners and families looking to experience rock climbing and learn the essentials. Anyone may stay for an additional hour to complete a rock wall belay certification for an additional \$10 per person.

Aug 6 Sa 10am-noon \$8 46291

## KAYAKING, AGES VARY

### KAYAKING, AGES 5+

Ages 5-11 must be accompanied by an adult to share a tandem kayak, and ages 13-17 may attend without a guardian but must provide a signed waiver. Bring a sack lunch. Clear Creek is off the Elm Fork confluence of the Trinity River. Bridgeport Falls is on the west fork of the Trinity River. Pecan Creek is part of Lewisville Lake. All kayaks are sit-on-top. Meet at Denia Rec Center. Register by the Wednesday before each trip.

Clear Creek- \$20 per person, per session

Mar 5 Sa 10am-3pm Tandem 46181

Single 46180

Apr 2 Sa 10am-3pm Tandem 46187

Single 46186

Bridgeport Falls- \$25/person

June 25 Sa 10am-4pm Tandem 46325

Single 46324

Pecan Creek- \$20 per person, per session

May 21 Sa 10am-3pm Tandem 46893

Single 46328

July 16 Sa 10am-3pm Tandem 46552

Single 46329

## GREAT AMERICAN CLEAN UP KAYAKING, AGES 12+

In conjunction with Keep Denton Beautiful's annual Great American Clean Up, we will go out to Pecan Creek and stream clean while kayaking. Fee includes supplies and a T-shirt. Bring snacks and water. Lunch will be at the end with the other KDB participants.

Mar 19 Sa 7am-1pm \$20 46430

## CADDO LAKE KAYAK TRIP ADULTS ONLY

Paddle through the thick bald cypress and tangle of aquatic plants at Caddo Lake State Park. Fee includes transportation, kayaks, primitive camping site, trail meals, and most other equipment. Register by April 18.

May 6-8 F-Su 9am \$100 46431

## GROUP KAYAKING TRIPS

Great for youth groups, birthdays, or any other gathering. Ages 5-11 must be accompanied by an adult on a tandem kayak. The trip is three hours and great for all abilities. Groups must have at least 10 people. Call (940) 349-7784 to schedule. \$20 per person.

# YOUTH SPORTS

## leagues + instruction

Register at [www.dentonparks.com](http://www.dentonparks.com) or call (940) 349-PARK!



**Toddler Sports Instruction**  
**McMath MS, 21-35 months**  
 Registration ends April 7. Parents are required to stay and participate.  
 Coed course.

**Toddler Tumbling**  
 This course assists toddlers in developing motor skills while learning fundamentals in tumbling.  
 Apr 9-30 Sa 9:9:30am \$35 46805

**Toddler Soccer**  
 Toddlers will be introduced to soccer through various soccer-inspired games. They will learn the basics of dribbling, throwing, and more.  
 Apr 9-30 Sa 9:45-10:15am \$35 46803

**Toddler Baseball and Basketball**  
 Both basketball and baseball will be introduced to toddlers with games and fun activities that focus on the essentials of each game.  
 Apr 9-30 Sa 10:30-11am \$35 46804

**Blastball League, coed ages 3-4**  
**Denia Park**  
 This introductory T-ball league teaches basic concepts. In the game, batters run to first base to honk a horn before the fielders hold the ball in the air and yell, "Blast!" Practices are on weekdays at Denia Park, and games are played Saturday mornings. The fee includes six games, practices, a T-shirt and cap, and awards for all players.

Spring games begin March 19.  
 Practice begins March 14.  
 Register Jan 2-Feb 23; late Feb 24-26, add \$10  
 \$55 45174

Fall games begin Sept. 10.  
 Practice begins the week of Sept. 6.  
 Register June 27-Aug 16; late Aug 17-19, add \$10  
 \$55 46394

**Pee Wee Sports Instruction**  
**North Lakes Rec Center, ages 3-4**  
 Parents are encouraged to stay and participate. Fee includes a certification and prize.  
 Register by the Thursday prior to each session.

**Sports Sampler**  
 This class concentrates on developmental skills in soccer, T-Ball, and basketball. We will have two lessons on each sport.  
 Mar 26-Apr 30 Sa 10:30-11:30am \$35 46513  
 June 18-July 30 Sa 10:30-11:30am \$35 46514

**Basketball**  
 Kids will learn skills such as dribbling, shooting, and passing.  
 May 14-June 4 Sa 10:30-11:30am \$25 46518

**Soccer**  
 Kids will learn skills such as dribbling, passing, kicking, and goal tending.  
 Aug 6-27 Sa 10:30-11:30am \$25 46511

**Start Smart Soccer, coed ages 3-5**  
**McMath MS**  
 Kids will learn the basics of soccer such as dribbling, passing, throw-ins, agility, and trapping. The fee includes a T-shirt and a soccer kit with a Koosh and Kwik soccer ball, shin guards, and four soccer cones. Registration ends April 7.  
 Apr 9-30 Sa 8-8:45am \$55 46808

**Bitty Basketball, coed ages 3-4**  
**McMath MS**  
 This introductory basketball class for boys and girls teaches the basics of basketball such as dribbling, shooting, and passing. The class concludes with a scrimmage for parents to enjoy. The registration fee includes a jersey and individual awards. Register by the Friday before each session.  
 Apr 26-May 19 T-Th 6-6:45pm \$55 46400  
 Aug 1-24 M/W 6-6:45pm \$55 46401

**Sports League Sampler**  
**McMath MS, coed ages 5-8**  
 Kids learn the fundamentals of soccer, basketball, lacrosse, and flag football. Each week is a different sport. Fee includes a T-shirt and awards.  
 Apr 26-May 19 T-Th 7:15-8:15pm \$60 46402  
 Aug 1-24 M/W 7:15-8:15pm \$60 46403

**Rock The Wall, coed ages 7-15**  
**Denia Rec Center**  
 In this introductory course to rock climbing, kids will receive one-on-one time with an instructor and learn rock wall safety. Equipment is provided. Register by the Friday before each session.

Apr 6-27	W	6-7pm	\$30	46212
May 4-25	W	6-7pm	\$30	46213
June 1-22	W	6-7pm	\$30	46214
July 6-27	W	6-7pm	\$30	46215
Aug 3-31	W	6-7pm	\$30	46216
Sept 7-28	W	6-7pm	\$30	46217



**National Archery in the Schools Program**

**National Archery in the Schools Program (NASP®), ages 8-15**  
**Denia Rec Center**  
 Learn the fundamentals of archery with a National Archery In Schools and USA Archery certified instructor, on a legal indoor range. Closed-toe shoes are required. Register by the Monday before each session.  
 Apr 21-May 26 Th 4-5pm \$40 46140  
 Sept 8-Oct 6 Th 4-5pm \$40 46141





### Soccer Sparks Academy, ages 2-9 Denia Rec Center

Taught by coaches with USSF National Soccer Coaching licenses, the class uses advanced “all-ball” training techniques to help kids meet their maximum potential while emphasizing fair play and enjoyment of the game. Register by the Wednesday before each session.

#### Ages 2-3

Apr 2-23	S	9:30-10am	\$39	46230
May 7-28	S	9:30-10am	\$39	46231
June 4-25	S	9:30-10am	\$39	46232
July 2-23	S	9:30-10am	\$39	46233
Aug 6-27	S	9:30-10am	\$39	46234
Sept 3-24	S	9:30-10am	\$39	46235

#### Ages 3-4

Apr 2-23	S	10-10:30am	\$39	46585
May 7-28	S	10-10:30am	\$39	46586
June 4-25	S	10-10:30am	\$39	46587
July 2-23	S	10-10:30am	\$39	46588
Aug 6-27	S	10-10:30am	\$39	46589
Sept 3-24	S	10-10:30am	\$39	46590

#### Ages 4-5

Apr 1-22	F	5-5:45pm	\$39	46218
May 6-27	F	5-5:45pm	\$39	46219
June 3-24	F	5-5:45pm	\$39	46220
July 1-22	F	5-5:45pm	\$39	46221
Aug 5-26	F	5-5:45pm	\$39	46222
Sept 2-23	F	5-5:45pm	\$39	46223

#### Ages 6-9

Apr 1-22	F	5:45-6:30pm	\$39	46224
May 6-27	F	5:45-6:30pm	\$39	46225
June 3-24	F	5:45-6:30pm	\$39	46226
July 1-22	F	5:45-6:30pm	\$39	46227
Aug 5-26	F	5:45-6:30pm	\$39	46228
Sept 2-23	F	5:45-6:30pm	\$39	46229

### MiniKickers Challengers Soccer MLK Jr. Rec Center, ages 2-6

This innovative program introduces toddlers to the basic skills of soccer and is coached by fully trained and qualified British and Brazilian coaches. New players will receive a ball and a T-shirt. Returning players will receive a bag and a stuffed animal. Register by the Monday before each session.



#### Ages 2-3

Feb 12-Mar 18	F	5:45-6:30pm	\$80	46835
Apr 1-May 6	F	5:45-6:30pm	\$80	46837

#### Ages 4-6

Feb 12-Mar 18	F	6:30-7:30pm	\$80	46836
Apr 1-May 6	F	6:30-7:30pm	\$80	46838

### HOMESCHOOL ATHLETICS

#### Junior Tennis, ages 6+ Goldfield Tennis Center

Students will learn the sport of a lifetime, including basic strokes, scoring, and the history of tennis.

Mar 23-May 11	W	1:30-2:45pm	\$99	46734
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#### Open Gym Time, MLK Jr. Rec Center

Enjoy a dedicated open gym time for homeschool sports.

Tu/Th noon-1pm FREE

#### Swim Lessons, ages 4+ Denton Natatorium

Students will be divided by skill levels on the first day to meet individual needs. Formal lessons are followed by organized activity and games to reinforce skills. Class ratio is 6:1. No class March 14-18.

Mar 1-31	Tu/Th	2-2:50pm	\$85	45654
Apr 5-28	Tu/Th	2-2:50pm	\$85	45655

### THREE WAYS TO REGISTER



(940) 349-PARK



In person at the Civic Center, located at 321 E. McKinney St., Monday-Friday from 8am-5pm.



[www.dentonparks.com](http://www.dentonparks.com)

### SIBLING DISCOUNT

For blastball, softball, soccer, volleyball, basketball, flag football leagues, kickball, lacrosse, and track apply a \$10 discount for each additional sibling living at the same address (not applicable during late registration).

### YOUTH SPORTS INFO

If we do not receive enough players to make a division, we will consider combining age groups. In order to keep teams balanced, we are unable to accept same team or specific coach requests. Once registration for a program ends, credits or refunds are not issued.

### VOLUNTEER COACHES

If you enjoy sports and being a mentor to kids, we need you! Call (940) 349-8523.

### YOUTH SPORTS ASSOCIATIONS

The following associations are cosponsored by City of Denton but self-managed. For more information, call the corresponding numbers:

Denton Boys Baseball, Inc.  
(940) 383-7669, [www.dbbi.org](http://www.dbbi.org)

Denton Soccer Association, (940) 566-2085  
[www.dentonsoccerassociation.com](http://www.dentonsoccerassociation.com)

Denton Youth Football and Cheerleading,  
[www.dayfl.org](http://www.dayfl.org)

Register at [www.dentonparks.com](http://www.dentonparks.com) or call (940) 349-PARK!

# YOUTH SPORTS

## leagues + clinics



### Girls' Volleyball League, ages 7-14

Games are played on Saturday with an occasional Friday night game, if needed. The league includes eight games. Awards are given to all players. Shirts and practice space are included for individual players. Teams must provide their own coach and shirts with numbers on front and back, and turn in their roster, waivers, and copies of players' birth certificates one week prior to games starting. The age determination for the spring and summer 2016 league is Sept. 1, 2015, and for the fall 2016 league is Sept. 1, 2016.

Spring games begin March 12. Registration has ended. Call (940) 349-7275 for availability.

Summer games begin June 11; practice begins week of May 31.

Register Mar 28-May 10; late May 11-13, add \$10/player or \$50/team

Teams (for a practice space, add \$100)

Ages 7-8	UNT/MMS	\$350	45166
Ages 9-10	UNT/MMS	\$350	45167
Ages 11-12	UNT/MMS	\$350	46818
Ages 13-14	UNT/MMS	\$350	45169

Individuals

Ages 7-8	UNT/MMS	\$75	45158
Ages 9-10	UNT/MMS	\$75	45159
Ages 11-12	UNT/MMS	\$75	45160
Ages 13-14	UNT/MMS	\$75	45161

Fall games begin Sept. 10; practice begins week of Aug. 29.

Register June 27-Aug 9; late Aug 10-12, add \$10/player or \$50/team

Teams (for a practice space, add \$100)

Ages 7-8	UNT/MMS	\$350	46370
Ages 9-10	UNT/MMS	\$350	46371
Ages 11-12	UNT/MMS	\$350	46372
Ages 13-14	UNT/MMS	\$350	46373

Individuals

Ages 7-8	UNT/MMS	\$75	46362
Ages 9-10	UNT/MMS	\$75	46363
Ages 11-12	UNT/MMS	\$75	46364
Ages 13-14	UNT/MMS	\$75	46365

### Girls' Softball League, ages 5-14

The league includes eight games, umpires, one practice per week, and ASA and TAAF registration for applicable divisions. Fees include a shirt and awards for all players. Practices are on weekdays, and games are played on weekdays with an occasional Saturday game, if needed. Home games are played at Denia Park, and out-of-town games are played at locations such as Krum, Ponder, and Sanger. Ages are determined as of Dec. 31, 2015 for the fall league.

Spring games begin the week of March 28. Registration has ended. Call (940) 349-7275 for availability.

Fall games begin the week of Sept. 12; practice begins the week of Aug. 22 at Denia Softball Complex.

Register June 27-Aug 2; late Aug 3-5, add \$15			
Girls T-ball	ages 5-6	\$55	46389
Girls Coach Pitch	ages 7-8	\$65	46390
Girls Fast Pitch	ages 9-10	\$75	46391
Girls Fast Pitch	ages 11-12	\$75	46392
Girls Fast Pitch	ages 13-14	\$75	46393

### Track Team, ages 6-18

TAAF Games of Texas, an Olympic-style competition, brings an exciting conclusion to the season for qualifiers. For more information visit [www.taafregion4.org](http://www.taafregion4.org). Circuit meets will be on Saturdays in June; dates and locations are TBA. There is a regional meet for qualifiers. The state meet for qualifiers is July 28-31 in McAllen. The fee includes a team shirt, TAAF reg., practices, and coaching. Meet entry fees are to be paid by the participant. Practice will be held at North Lakes Park for the first three weeks, then at the Denton High School track. Age is determined as of Dec. 31, 2016.

Register Feb 29-Apr 22; late April 23-25, add \$10  
Apr 26-July 19 Tu/Th 6:30-8pm \$65 46377

### YOUTH KICKBALL LEAGUE COED-AGES 5-14

The league includes eight games and practices. The fee includes a jersey and award for all players. The age determination for the league is Sept. 1, 2015. Games are played on Tuesday nights. Buddy requests are accepted.

Summer games begin June 14.

Register Mar 7-May 17; late May 18-20, add \$10

Ages 5-7 Evers \$60 46378

Ages 8-10 Evers \$60 46379

**DON'T WORRY PARENTS, WE HAVE AN ADULT LEAGUE JUST FOR YOU! SEE PAGE 35.**







**Basketball Skills Clinic**  
coed ages 5-12

Kids receive hands-on instruction on a variety of skills and techniques during the clinics. This is a great beginner clinic. Register one week before clinic begins.

Ages 5-8  
Apr 19-28 Tu/Th 5-6pm MLK \$15 46877  
Ages 9-12  
May 17-26 Tu/Th 5-6pm MLK \$15 46878

**Basketball League, coed ages 5-10**  
Practices begins the week of June 6 and games are played on Saturdays. The league includes eight games, and the fee includes a jersey and awards for all players. All players must submit a copy of their birth certificate and complete a waiver one week prior to the season starting. Age determination is as of Sept. 1, 2015.

Summer games begin June 11.  
Register Feb 29-May 17; late May 18-20, add \$15  
Ages 5-6 MMS \$75 46374  
Ages 7-8 MMS \$75 46375  
Ages 9-10 MMS \$75 46376

**Little Dribblers, coed ages 5-8**  
Kids will learn basketball in a mini-league. Practice is on Monday and occasionally Wednesday. Games are Fridays. For more information, call (940) 349-8579.

Register now until April 1.  
Apr 4-May 13 M/W/F 6-8pm MLK \$35 46826

**Little Hoopers, coed ages 9-12**  
This pre-teen league provides a fun atmosphere while teaching teamwork and sportsmanship. Practice is on Monday and occasionally Wednesday. Games are Fridays. For more information, call (940) 349-8579.

Register now until June 3.  
June 6-July 15, M/W/F, 6-8pm  
MLK \$35/player 46827

**Outdoor Soccer League**  
coed ages 5-10

Games are played at the Mack Park soccer field on Saturdays. Players are required to provide and wear shin guards. The league includes eight games and practices, a jersey, and awards for all players.

Spring games begin March 26.  
Practice begins March 21.  
Register Feb 1-Mar 1; late Mar 2-4, add \$10  
Ages 5-6 MRC \$65 45205  
Ages 7-8 MRC \$65 45204  
Ages 9-10 MRC \$65 45206

Fall games begin Sept. 17.  
Practice begins week of Sept. 12.  
Register July 25-Aug 23; late Aug 24-26, add \$10  
Ages 5-6 MRC \$65 46395  
Ages 7-8 MRC \$65 46396  
Ages 9-10 MRC \$65 46397

**Indoor Soccer League**  
coed ages 4-11

Practices will begin the week of May 30, and games are played on Saturdays. All kids are required to wear shin guards and rubber-soled shoes, and the fee includes a jersey and awards for all players.

Summer games begin June 4.  
Register now-May 11, late May 12-13, add \$15  
Ages 4-5 MMS \$75 46809  
Ages 6-8 MMS \$75 46810  
Ages 9-11 MMS \$75 46811

**NFL Flag Football League**  
ages 5-12

Players will learn the value of teamwork and fundamental football skills while engaging in a noncontact league. The league includes eight games and practices. Players must provide and wear a mouthpiece, but the fee includes an NFL jersey and awards for all players. Age determination is as of Sept. 1, 2016 for fall 2016 league.

Spring games begin Feb. 13. Registration ended in January. Call (940) 349-7275 for availability.

Fall games begin Sept. 17.  
Practice begins the week of Sept. 12.  
Register June 27-Aug 19; late Aug 20-23, add \$15  
Ages 5-6 DRC \$75 46381  
Ages 7-8 DRC \$75 46382  
Ages 9-10 DRC \$75 46383  
Ages 11-12 DRC \$75 46384



Register online at  
[www.dentonparks.com](http://www.dentonparks.com)  
or call (940) 349-PARK!



# ADULT SPORTS

## LEAGUES, TOURNAMENTS, AND RENTALS

TO REGISTER, VISIT [WWW.DENTONPARKS.COM](http://WWW.DENTONPARKS.COM) OR CALL (940) 349-PARK.



### FLAG FOOTBALL LEAGUE, 8V8

The league includes eight games, including playoffs, with games played as early as 1pm on Saturdays and 6:30pm on Thursdays. A maximum of 20 players are allowed per roster. Players must provide and wear a mouth guard.

Winter games begin Feb. 13.  
Registration ended in January.  
Call (940) 349-7275 for availability.

Spring games begin April 7.  
Register Feb 1-Mar 22; late Mar 23-25, add \$35  
Open Division Th MRC \$350/team 45466

Fall games begin Sept. 17.  
Register Aug 1-30; late Aug 31-Sept 2, add \$35  
Open Division Sa MRC \$350/team 46607

### BASKETBALL LEAGUE

The league includes eight games, including playoffs, with games played as early as 6:30pm. A maximum of 12 players are allowed per roster.

Spring games begin Feb. 17.  
Registration ended in January.  
Call (940) 349-7275 for availability.

Summer games begin May 11.  
Register now-Apr 19; late Apr 20-22, add \$30  
Open Division W MMS \$325/team 46609

Fall games begin Sept. 14.  
Register Aug 1-23; late Aug 24-26, add \$30  
Open Division W MMS \$325/team 46610

Fall games begin Sept. 14. Ages 35+  
Register Aug 1-23; late Aug 24-26, add \$30  
Open Division Tu TBD \$325/team 46611

### SOFTBALL LEAGUE

Games are played at North Lakes Park as early as 7pm on weekdays and 2pm on Sundays. The league includes eight games, plus single elimination playoffs; Coed for Fun includes only eight total games.

Division game days:  
M Men's Comp, Men's C, Men's D, Coed Rec  
W Men's C, Men's D, Coed Rec, Coed for Fun  
Th Men's C, Men's D, Coed Comp, Coed Rec  
Su (afternoon) Men's D, Coed for Fun  
Su (evening) Men's D, Coed Rec

Fall registration ends in August and games begin Aug 24. Call (940) 349-7275 for availability.

Spring games begin the week of March 21.  
Register Jan 2-Feb 21; late Feb 22-26  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45

Summer games begin the week of June 6.  
Register Apr 18-May 15; late May 16-20  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45

Fall games begin the week of Aug. 22.  
Register June 27-July 31; late Aug 1-5  
Coed for Fun \$250/team late, add \$50  
All other divisions \$380/team late, add \$45

### BEGINNING ARCHERY

Learn the fundamentals of international style archery on a legal indoor range with an USA Archery and National Archery in Schools certified instructor, with plenty of target practice. Ages 8 to adult.

Apr 21-May 26 Th 5-6pm DRC \$40 46145  
Sept 8-Oct. 6 Th 5-6pm DRC \$40 46146

### ADULT COED GOLF LEAGUE

Play nine holes every other Tuesday night at 6pm at Robson Ranch Golf Course. There is an open division for men and women, and a couples division. League fee does not include cart fee. Registration deadline is noon on league Tuesdays. Call (940) 349-7275 for the schedule.

Mar 15	Tu	RRGC	\$25	46764
Mar 29	Tu	RRGC	\$25	46765
Apr 12	Tu	RRGC	\$25	46766
Apr 26	Tu	RRGC	\$25	46767
May 10	Tu	RRGC	\$25	46768
May 24	Tu	RRGC	\$25	46769
June 7	Tu	RRGC	\$25	46770
June 21	Tu	RRGC	\$25	46771
July 5	Tu	RRGC	\$25	46772
July 19	Tu	RRGC	\$25	46773
Aug 2	Tu	RRGC	\$25	46774
Aug 16	Tu	RRGC	\$25	46775
Aug 30	Tu	RRGC	\$25	46907

### DENTON GOLF CHAMPIONSHIP

Registration includes green fees for 18 holes, use of driving range, and a box lunch each day. Register by noon on Wednesday prior to tournament. Cart fee must be paid upon check in at Robson Ranch.

Tee times begin at 10am. Check in 30 minutes prior to tee time. Call (940) 246-1001 between noon and 6pm on the Friday prior to the tournament to confirm tee time. Flight options include: Men's Championship, Men's A, Senior Championship, and Women's Championship.  
May 21-22 Sa-Su RRG \$90 46735





**SAND VOLLEYBALL  
REGISTER BY MARCH 3  
FOR THE SPRING LEAGUE!**

**VOLLEYBALL LEAGUE  
COED 6V6**

The league includes eight games, including playoffs, with games played as early as 6:30pm at Denia Rec Center or McMath MS. A maximum of 12 players are allowed per roster.

Spring games begin Feb. 15.  
Registration ended in January.  
Call (940) 349-7275 for availability.

Summer games begin May 9.  
Register now-Apr 19; late Apr 20-22, add \$25  
Recreation Div. M DRC \$200/team 46613  
Competitive Divi. M MMS \$200/team 46612

Fall games begin Sept. 12.  
Register Aug 1-23; late Aug 24-25, add \$25  
Recreation Div. M DRC \$200/team 46614  
Competitive Div M MMS \$200/team 46615

**SAND VOLLEYBALL LEAGUE  
COED 6V6**

The league includes eight games, including playoffs, with games played as early as 6:30pm at Water Works Park. A maximum of 12 players are allowed per roster.

Spring games begin March 29.  
Register Feb 1-Mar 3 late Mar 4-11, add \$25  
Recreation Div. M WWP \$200/team 46663

Summer games begin June 7.  
Register Feb 1-May 23, late May 23-27, add \$25  
Recreation Div. M WWP \$200/team 46664

Fall games begin Aug 23.  
Register Feb 1-Aug 7, late Aug 8-12 add \$25  
Recreation Div. M WWP \$200/team 46665

**ATHLETIC FIELD RENTALS**  
For reservations, call (940) 349-7275.  
\$15/hour (practice without lights)  
\$25/hour (practice with lights)

**ATHLETIC FACILITIES  
DENIA REC CENTER INDOOR  
ROCK CLIMBING WALL**

Located within Denia Rec Center at 1001 Parvin St., the 20-foot wall uses top-rope climbing and offers five courses, each varying in degree of difficulty. With the completion of the annual safety course, guests can access the wall during open hours (see page 29); the wall may close during Rock the Wall, a climbing course for ages 7 to 15 (see page 21). For climbing fees call (940) 349-8285. Ages 7 to adult welcome.

**SKATE PARK**

Located at 2400 Long Rd., adjacent to Water Works Park. The skate park is a public park and features a series of ramps and rails at varying heights, including a corner bowl, 3 foot and 5 foot half pipes, a fun box with a half pyramid, and a covered picnic area. The park is open daily from 6am-10pm.

**NORTH LAKES  
DISC GOLF COURSE**

Located at the corner of Bonnie Brae Street and Windsor Drive, the course is free and open to the public daily from 6am-10pm but may close during tournaments. The course must be rented for tournaments or organized play. Equipment is available to rent from North Lakes Rec Center for \$3 for two hours or \$10 per day with a \$50 refundable deposit.

**Kickball COED LEAGUE**



The league includes eight games, including playoffs. A maximum of 20 players is allowed per roster. If there are enough teams, there will be a recreational and a competitive division.

Spring games begin March 29.  
Register Jan 2-Mar 1; late Mar 2-4, add \$35  
Tu NLP \$200/team 44966

Fall games begin Sept. 13.  
Register Aug 1-30; late Aug 31-Sept 2, add \$35  
Tu NLP \$200/team 46608

Goldfield Tennis Center  
2005 W. Windsor Dr.  
(940) 349-8526

Monday-Thursday, 3-9pm  
Friday, 3-8pm  
Saturday, 9am-5pm (Sept-May)

## PRIVATE AND SEMI-PRIVATE LESSONS

Goldfield pros are USPTA certified and available for private and semi-private lessons. For pricing and a listing of pros who offer private lesson packages, call (940) 349-8526. A 24 hour advance notice is required to cancel a lesson, or you are responsible for payment.

## COURT RESERVATIONS

Reservations are available for \$3/person for 90 minutes or \$5/person with lights. Reservations may be made up to 48 hours in advance but will void if not claimed after ten minutes of start time.

## BALL MACHINE RENTAL

A computerized ball machine may be reserved for \$6 per half hour or \$10 per hour. Balls are provided.

## ANNUAL TENNIS PASSES

\$70/person or \$150/family  
(Standard reservation policies apply.)

## INCLEMENT WEATHER

The tennis center may close during rainy weather or if the wind chill or normal temperature is below 38 degrees. If inclement weather occurs, call (940) 349-8526 for class and league cancellations and closing information.

## PRO SHOP AND SERVICES

We provide stringing services and carry tennis balls, grip tape, and racquets.

# GOLDFIELD TENNIS CENTER

## ADULT LEAGUE + INSTRUCTION

### CARDIO TENNIS

This is a total body workout with fun, group drills, allowing all levels to burn up to 600 calories in one hour. Fall class times offered: Monday/Wednesday, 6-7pm; Saturday, 9-10am (\$15/drop-in)

Feb 15-Mar 12	1 day/week	\$55	45392
	2 days/week	\$85	45393
	3 days/week	\$109	45399
May 21-Apr 16	1 day/week	\$55	46746
	2 days/week	\$85	46747
	3 days/week	\$109	46758
Apr 18-May 14	1 day/week	\$55	46748
	2 days/week	\$85	46749
	3 days/week	\$109	46759
May 16-28	1 day/week	\$28	46750
	2 days/week	\$43	46751
	3 days/week	\$55	46760
June 6-July 2	1 day/week	\$55	46752
	2 days/week	\$85	46753
July 11-Aug 6	1 day/week	\$55	46754
	2 days/week	\$85	46755
Aug 8-Aug 27	1 day/week	\$42	46756
	2 days/week	\$64	46757

### ADULT INTERMEDIATE AND ADVANCED DRILL

In this class designed for 2.5 to 3.5 USTA level players or those who have completed beginner courses, players will continue to work on strokes and will be introduced to singles and doubles strategies.

Feb 20-Mar 12	Sa	1:30-3pm	\$55	45423
Mar 26-Apr 16	Sa	12:30-2pm	\$55	46788
Apr 23-May 14	Sa	12:30-2pm	\$55	46789
May 21-28	Sa	12:30-2pm	\$28	46790
June 9-30	Th	8-9pm	\$55	46791
July 14-Aug 4	Th	8-9pm	\$55	46792
Aug 11-25	Th	8-9pm	\$42	46793

### ADULT BEGINNER AND INTERMEDIATE DRILL

Players will be introduced to proper grips and how to hit a forehand, backhand, serve, and volley. Racquets are available for borrow. Fall class times offered:

Monday 7-8pm; Saturday 10-11am				
Feb 15-Mar 12	1/Week	\$55	45406	
	2/Week	\$75	45407	
Mar 21-Apr 16	1/Week	\$55	46783	
	2/Week	\$75	46776	
Apr 18-May 14	1/Week	\$55	46777	
	2/Week	\$85	46778	
May 16-28	1/Week	\$28	46779	
	2/Week	\$43	46780	
June 6-July 2	1/Week	\$55	46781	
	2/Week	\$85	46782	
July 11-Aug 6	1/Week	\$55	46784	
	2/Week	\$85	46785	
Aug 8-27	1/Week	\$42	46786	
	2/Week	\$64	46787	

### ADULT SPRING SOCIAL

Join us for tennis, fun, and food as we kick off the spring season with doubles play, games, and prizes.

Mar 25 6:30-8:30pm \$12 46807

### ADULT TENNIS LEAGUES

Leagues follow a six-week round-robin rotation schedule, pending weather conditions.

Each night, players will rotate and play two rounds. Prizes will be awarded to the top male and female finishers. Register one week prior to each league to allow for scheduling.

Mar 3-Apr 7 Th 6:30-9pm \$29 46744  
Apr 14-May 19 Th 6:30-9pm \$29 46745



# YOUTH TENNIS INSTRUCTION

With progressive instruction in all aspects of tennis, we provide developmental steps for beginners up to state-ranked Juniors. Kids begin in their appropriate age group but may be bumped to a different level. Preregister for all classes. We may combine age groups if a minimum of four students are not registered.

## QUICKSTART I, AGES 4-6

Students will use smaller nets and graduated racquets to develop motor skills through fun and games. Class times offered: Monday, 5-6pm; Saturdays, 10-11am

Mar 21-Apr 16	1 day/week	\$59	46633
	2 days/week	\$89	46634
Apr 18-May 14	1 day/week	\$59	46635
	2 days/week	\$89	46632
May 16-28	1 day/week	\$30	46638
	2 days/week	\$45	46636

## QUICKSTART II, AGES 7-9

Students will have a blast learning the basic strokes. Intermediate players will begin playing points and keeping score. Class times offered: Monday/Wednesday, 6-7pm; Saturdays, 10-11am

Mar 21-Apr 16	1 day/week	\$59	46654
	2 days/week	\$89	46655
	3 days/week	\$109	46656
Apr 18-May 14	1 day/week	\$59	46657
	2 days/week	\$89	46658
	3 days/week	\$109	46659
May 16-28	1 day/week	\$30	46660
	2 days/week	\$45	46661
	3 days/week	\$55	46662

## CHAMPIONSHIP, AGES 10+

Beginning students will learn the basic strokes. Intermediate players will begin playing points and keeping score. Class times offered: Monday/Wednesday, 6-7pm; Saturdays, 10-11am

Mar 21-Apr 16	1 day/week	\$59	46680
	2 days/week	\$89	46681
	3 days/week	\$109	46682
Apr 18-May 14	1 day/week	\$59	46683
	2 days/week	\$89	46684
	3 days/week	\$109	46685
May 16-28	1 day/week	\$30	46686
	2 days/week	\$45	46687
	3 days/week	\$55	46688

## TOURNAMENT/ACADEMY

(Entry & Adv. Tourn. Players, Jr. High & High School, Champ, Super Qualified) Players must receive permission from the coach to enroll. Class times offered: Monday/Wednesday, 5:45-7:15pm; Saturdays, 11am-12:30pm (\$25/drop-in)

Feb 15-Mar 12	1 day/week	\$69	45320
	2 days/week	\$99	45321
	3 days/week	\$119	45322
Mar 21-Apr 16	1 day/week	\$69	46724
	2 days/week	\$99	46725
	3 days/week	\$119	46726
Apr 18-May 14	1 day/week	\$69	46727
	2 days/week	\$99	46728
	3 days/week	\$119	46729
May 16-28	1 day/week	\$35	46730
	2 days/week	\$50	46731
	3 days/week	\$60	46732



Feb 7-Mar 27	Su	\$65	45481
Sept 11-Nov 6	Su	\$65	46736

Team tennis is for youth ages 8-18 and for all levels of play from beginner to advanced. The league runs 6-8 weeks on Sunday afternoons.

USTA Jr. Team Tennis is a national youth tennis league with a unique team format that consists of singles, doubles, and mixed doubles against other teams. It promotes values, cooperation, and teamwork; while improving tennis skills and match play experience.

Registration fee includes a team tennis party at the end of the season. Players must join the USTA to participate in Team Tennis. For more information, call (940) 349-8526.





# REC CENTER FITNESS MEMBERSHIPS

## MLK JR. REC CENTER

1300 Wilson St. (940) 349-8575  
 Mon-Fri, 9am-9pm  
 Sat, 9:30am-6:30pm  
 Closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

### PERSONAL TRAINING

Get motivation, accountability, guidance, and training tailored for your fitness goals.

### 60 MINUTE PACKAGES

\$40 One session (individual)  
 \$60 One session (pair)  
 \$195 Six sessions (individual)  
 \$270 Six sessions (pair)  
 \$325 12 sessions (individual)  
 \$400 12 sessions (pair)

### FREE WEIGHT RM ORIENTATIONS

Equipment orientations are free on Thursdays at 6:30pm or \$10 by appointment.

## DENIA REC CENTER

1001 Parvin St. (940) 349-8285  
 Mon-Wed, 7am-9pm  
 Thurs-Fri, 7am-8pm  
 Sat, 9:30am-3:30pm; closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

### PERSONAL TRAINING

Get motivation, accountability, guidance, and training tailored for your fitness goals.

### 60 MINUTE PACKAGES

\$40 One session (individual)  
 \$60 One session (pair)  
 \$195 Six sessions (individual)  
 \$270 Six sessions (pair)

### FREE WEIGHT RM ORIENTATIONS

Register in advance; space is limited.

Mar 7	M	5:30-6:30pm	46174
Apr 4	M	5:30-6:30pm	46175
May 2	M	5:30-6:30pm	46176
June 6	M	5:30-6:30pm	46177
July 11	M	5:30-6:30pm	46178
Aug 1	M	5:30-6:30pm	46179

## SENIOR CENTER

509 N. Bell Ave. (940) 349-8720  
 Mon-Fri, 8 am-9pm  
 Sat, 9am-1pm  
 Closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Members must be 50 years or older. Join the state-of-the-art fitness room with treadmills, bikes, ellipticals, leg-extension, and bicep-curl machine, chest press, shoulder press, triceps press, hip abductor/adductor, ab crunch, and free weights.

See page 43 for more Senior Center fitness programs.

## ALL ACCESS GYM MEMBERSHIP

All four gym memberships in ONE!

\$25 One month  
 \$50 Three months  
 \$150 One year

All four gym memberships + the NAT

\$35 One month  
 \$75 Three months  
 \$225 One year



NORTH LAKES  
GROUP EXERCISE PLUS  
GYM MEMBERSHIPS,  
SEE PAGE 40



PERSONAL  
TRAINER

## NORTH LAKES PERSONAL TRAINING AND ADVANCED FITNESS TESTING

### NORTH LAKES REC CENTER

2001 W. Windsor Dr.  
(940) 349-8287

Monday-Thursday,  
5:30am-10pm  
Friday, 5:30am-9:30pm  
Saturday, 7:30am-3:15pm  
Closed Sunday

#### LOW MEMBERSHIPS RATES!

\$20 One month  
\$40 Three months  
\$120 One year

Join for access to certified staff,  
Olympic free weights and benches,  
cable crossover, weight machines,  
recumbent bikes, ellipticals,  
stair stepper, and treadmills.

#### FREE WEIGHT RM ORIENTATIONS

Equipment orientations are free  
on Tuesdays at 6:30pm or \$10  
by appointment. After completing  
an orientation members ages  
12-15 can use the weight room  
with parental supervision.

### NORTH LAKES CHILD CARE WHILE YOU WORKOUT

#### FREE FOR MEMBERS!

Non-members \$2 for the first child;  
\$1 for each additional child.

Monday-Friday, 8-10:30am  
Monday-Thursday, 5-8pm

### PERSONAL TRAINING

Trainers use cutting-edge training  
techniques, and guide and motivate  
each person to their personal goals.  
Inquire with trainer about pair pricing  
and other additional options.

#### FOUR-WEEK TRAINING PACKAGES

##### 30 MINUTE PACKAGES

\$200 two sessions/week  
\$240 three sessions/week

##### 60 MINUTE PACKAGES

\$160 one session/week  
\$260 two sessions/week  
\$325 three sessions/week

#### FITNESS ASSESSMENTS, \$45

An assessment is recommended  
before beginning any strengthening  
or weight-loss program to better  
gauge your fitness needs. Testing  
includes body fat percentage,  
muscle mass, blood pressure,  
metabolic age/rate, flexibility,  
endurance, and maximum strength.



#### PERFORMANCE ENHANCEMENT

Behind every top athlete there is a  
great trainer. A customized program  
of evidenced-based techniques will  
help you become a better athlete.  
Session frequency depends on  
training goal.

\$25 per 30 minute session  
\$40 per 60 minute session

#### CORRECTIVE EXERCISE

Designed to help prevent and  
correct muscle imbalances that  
lead to injuries and poor movement.  
Session frequency depends  
on degree of malalignment.

\$25 per 30 minute session  
\$40 per 60 minute session

#### METABOLIC TESTING, \$35 INITIAL TEST, \$25 FOLLOW UP AS NEEDED

This test determines how many  
calories your body burns and  
calculates how many calories  
you should eat to lose or maintain  
weight. This is a great way to  
troubleshoot a frustrating plateau.

#### VO2 TESTING, \$75 INITIAL TEST, \$50 FOLLOW UP AS NEEDED

By measuring your heart rate  
and oxygen consumption (VO<sub>2</sub>),  
we determine how many calories  
you burn during exercise and your  
true target workout zone. This is  
the best way to create the perfect  
workout for your body.

# GYM MEMBERSHIP AND GROUP EXERCISE

North Lakes Rec Center  
OVER 30 CLASSES PER WEEK  
ONLY AT NORTH LAKES

\$5 DROP-IN | \$30 1 MONTH | \$80 3 MONTHS | \$299 12 MONTHS

(\$259, additional family member discount!)

Les Mills BODYPUMP™ M 8:30am | M 12pm | M 6:30pm | Tu 5:30pm

W 8:30am | W 6:30pm | Th 5:30pm | F 8:30am | F 12pm | Sa 9:15am

This 60 minute resistance training workout is the fastest way to tone up and lose body fat! Using the best weight-room exercises such as squats, presses, lifts, and curls, you'll burn fat, gain strength and quickly produce lean body muscle conditioning.

Les Mills BODYCOMBAT™ M 5:30pm | Tu 6:30pm | Th 8:30am

The 60 minute fiercely energetic cardio workout where you will punch, kick, and kata your way through calories to superior cardiovascular fitness.

Les Mills BODYFLOW™ Tu 6:30pm | W 9:30am | Th 6:30pm | F 9:30am

This 60 minute workout mixes Yoga, Tai Chi, and Pilates to build flexibility and strength then leaves you feeling centered and calm. Controlled breathing, concentration, and a carefully structured series of stretches and poses create a holistic workout.

Les Mills CXWORX™ M 5pm | Tu 9:30am | W 12pm | W 5pm | Th 9:30am

A 30 minute core training workout that incorporates strength training to hone in on the torso and sling muscles that connect the upper body to the lower body. Ideal for tightening the core area while improving strength and assisting in injury prevention.

Indoor Cycling Sa 8:15am

Burn massive amounts with this 45 minute workout! Cycling strengthens core and lower body muscles while improving cardiovascular health.

Indoor Cycling/Les Mills CXWORX™ Hybrid

Tu 5:45-6:45am | Th 5:45-6:45am

Burn calories and tighten your core with 30 minutes of indoor cycling followed by 30 minutes of abdominal training. The training includes full-body resistance training to strengthen and tone.

Boot Camp M 5:45am | W 5:45am | F 5:45am

No guts, no glory! This high-powered 60 minute workout features athletic conditioning, cardio and strength training drills. Intermediate and advanced fitness levels welcome.

Zumba® Tu 8:30am | W 5:30pm | Sa 8am

Exciting hour of calorie-burning, body-energizing low impact cardio fitness.

Senior Fit Tu 10:15-11:15am | Th 10:15-11:15am

Led by a certified personal trainer and designed to improve bone density, muscle strength, cardiovascular fitness, joint mobility, and flexibility. The class uses hand weights, elastic tubing, and low-impact aerobics for all levels to adapt.



## THE HOTTEST TREND ON THE PLANET

### LES MILLS GRIT™ SERIES

30-MINUTE HIGH-INTENSITY INTERVAL TRAINING

GRIT™ is a series of highly challenging HIIT workouts suitable for those who are serious about taking their fitness up a notch.

Power through 30-minute high-intensity plyometric, cardio, tabata, and strength training workouts designed to burn fat, transform muscle fiber, and produce a lean, athletic shape. With the personal attention of small group training lead by a highly-charged certified coach you will finally achieve the results you are training for!

Saturday Classes- 7:30-8am; \$5/each

March	M/W	7:30-8pm	\$50	46339
	Tu/Th	5-5:30pm	\$50	46341
April	M/W	7:30-8pm	\$50	46342
	Tu/Th	5-5:30pm	\$50	46344
May	M/W	7:30-8pm	\$50	46345
	Tu/Th	5-5:30pm	\$50	46347
June	M/W	7:30-8pm	\$50	46349
	Tu/Th	5-5:30pm	\$50	46357
July	M/W	7:30-8pm	\$50	46351
	Tu/Th	5-5:30pm	\$50	46352
August	M/W	7:30-8pm	\$50	46353
	Tu/Th	5-5:30pm	\$50	46354

GET STRONGER.  
EVERY WORKOUT.

NORTH LAKES  
REC CENTER

#youvsyou  
LES MILLS  
GRIT™





# REC CENTER FITNESS CLASSES

## PERFECT FOR EVERYBODY AND EVERY BODY!

### NORTH LAKES REC CENTER

#### CYCLE YOGA

Burn calories and relieve stress all in one workout. Combine a 40-minute high energy cardio workout with a 20-minute practice of yoga. Improve cardio endurance, strength, and flexibility, while burning 550 to 750 calories per class! All fitness levels welcome.

Mar 7-Apr 11	M	6:30-7:30pm	\$20	46447
Mar 9-Apr 13	W	6:30-7:30pm	\$20	46448
Apr 25-May 23	M	6:30-7:30pm	\$17	46449
Apr 27-June 1	W	6:30-7:30pm	\$20	46450
June 6-July 18	M	6:30-7:30pm	\$20	46451
June 8-July 13	W	6:30-7:30pm	\$20	46452
Aug 1-29	M	6:30-7:30pm	\$17	46453
Aug 3-Sept 7	W	6:30-7:30pm	\$20	46454

#### GENTLE YOGA

Reduce aches and pains, improve circulation, and steady your balance. Designed for seniors, but open to everyone, enjoy a combination of chair supported and floor mat yoga poses. Registration opens one week before each class.

Mar 9-30	W	11am-noon	\$15	46499
Apr 6-27	W	11am-noon	\$15	46500
May 4-25	W	11am-noon	\$15	46501
June 1-22	W	11am-noon	\$15	46502
July 6-27	W	11am-noon	\$15	46503
Aug 3-24	W	11am-noon	\$15	46504

### MLK JR. REC CENTER

A total workout, combining all elements of fitness with Latin music and a serious dose of awesome each time you leave class! Also offered at North Lakes Rec Center as part of the group exercise membership, see page 40.

### DENIA REC CENTER

#### FREE TWISTED BODIES™ LAUNCH!

Sample any Twisted Bodies™ class for FREE during launch week. Giveaways and door prizes!

Total Barre	Mar 28	M	6:30-7:30pm
POUND	Mar 29	Tu	6-7pm
Pilates Mat	Mar 29	Tu	7-8pm
Essential Yoga	Mar 31	Th	6:30-7:30pm

#### TWISTED BODIES™ POUND

Rock the workout! This class is a cardio jam session that will burn between 400 to 900 calories.

Apr 5-26	T	6-7pm	\$25	46260
May 3-24	T	6-7pm	\$25	46261
June 7-28	T	6-7pm	\$25	46262
July 5-26	T	6-7pm	\$25	46263
Aug 2-23	T	6-7pm	\$25	46572

#### TWISTED BODIES™ PILATES MAT

This mixed level pilates mat class focuses on strength precision and flow of movement. All exercises are developed to challenge the core, stability, and flexibility. Great for any level!

Apr 5-26	T	7-8pm	\$30	46256
May 3-24	T	7-8pm	\$30	46257
June 7-28	T	7-8pm	\$30	46258
July 5-26	T	7-8pm	\$30	46259
Aug 2-23	T	7-8pm	\$30	46573

#### First class is FREE!

\$30/ten classes or \$5/drop-in
Weekly M/W 6-7pm
Weekly Sa noon-1pm

#### TWISTED BODIES™ ESSENTIAL YOGA

A powerful learning experience in rediscovering the body- how it works and what it can do. Learn the proper alignment of yoga asanas and breathing technique.

Apr 7-28	Th	6:30-7:30pm	\$20	46264
May 5-26	Th	6:30-7:30pm	\$20	46265
June 2-23	Th	6:30-7:30pm	\$20	46266
July 7-28	Th	6:30-7:30pm	\$20	46267
Aug 4-25	Th	6:30-7:30pm	\$20	46574

#### TWISTED BODIES™ TOTAL BARRE

A high energy program that works on strength, flexibility, dynamic movement, and more. This is a combination of pilates, dance, cardio, and strength training.

Apr 4-25	M	6:30-7:30pm	\$25	46575
May 2-23	M	6:30-7:30pm	\$25	46576
June 6-27	M	6:30-7:30pm	\$25	46577
July 11-Aug 1	M	6:30-7:30pm	\$25	46578
Aug 8-29	M	6:30-7:30pm	\$25	46579

#### TABATA HIGH-INTENSITY INTERVAL TRAINING

A popular form of high-intensity interval training (HIIT) that uses different timing combinations to maximize the workout and results. Includes a 15 minute "Glutes and Guts" workout.

Mar 8-29	Tu	6:45-7:45pm	\$20	46269
Apr 5-26	Tu	6:45-7:45pm	\$20	46270
May 3-24	Tu	6:45-7:45pm	\$20	46271



# Silver&Fit and SilverSneakers®

**Denton Parks and Rec Partner**  
SilverSneakers® and Silver&Fit are fitness programs designed specifically for active older adults delivered through a nationwide network of participating insurance plans.

Eligible participants enjoy free access to approved fitness and aquatic programs. To check eligibility, visit them online at [www.silversneakers.com](http://www.silversneakers.com) and [www.silverandfit.com](http://www.silverandfit.com).

## SilverSneakers® Classic

Have fun and move to the music with a variety of exercises designed to increase strength, range of movement, and daily living skills. A chair is provided for support if needed. All levels are welcome.

M/W 10:30-11:30am Denia Rec Center  
Tu/Th 10:35-11:35am Senior Center  
Tu/Th noon-1pm North Lakes

## SilverSneakers® Circuit

Combine fun with fitness to increase cardiovascular and muscular endurance power with a standing circuit workout. Work with weights, elastic tubing, and more. A chair is used if needed.

M/W 11:45am-12:45pm Denia Rec Center

## SilverSneakers® Yoga

This class takes you through a series of seated and standing yoga poses to increase flexibility, balance, and range of movement. A chair is provided for support if needed. Breathing techniques promote stress reduction and mental clarity.

M/F 11:15am-noon North Lakes  
T/Th 10:30-11:15am Denia Rec Center  
M/W 1:30-2:15pm Senior Center

## Matter of Balance

Free to the public with a rec pass and Silver&Fit members

Conquer the fear of falling and replace that fear with confidence. Learn constructive ideas and techniques. Trained instructors will teach the course. There will be regular exercise beginning on the third class meeting.

Free; registration is required. Ages 60+

Apr 5-May 24 Tu 1-3pm Denia Rec Center



## ELIGIBILITY

If you are eligible for the Silver&Fit program through your insurance plan, you are eligible to access the following:

North Lakes Rec Center cardio room, weight room, and all classes offered on the North Lakes group exercise schedule.

Denton Natatorium water walking and lap swimming only, during open public hours.

Denia Rec Center fitness center and Matter of Balance classes

Senior Center fitness center and Matter of Balance classes

MLK Jr. Rec Center fitness center

Senior Center Zumba Gold®



## ELIGIBILITY

If you are eligible for the SilverSneakers® program through your insurance plan, you are eligible to access the following:

North Lakes Rec Center cardio room, weight room, and all classes offered on the North Lakes group exercise schedule.

Denton Natatorium aquatic exercise classes, water walking, and lap swimming during open public hours.

Denia Rec Center fitness center

Senior Center fitness center

MLK Jr. Rec Center fitness center

SilverSneakers® specific classes



## RICHARD L. SWANSON INSPIRATION AWARD WINNER, 2015

Congratulations Ron and Lynn Chapman for your Healthways SilverSneakers® Fitness Program award and for choosing Denia Rec Center to help inspire your active, healthy lifestyle.



# DENTON Senior Center

509 N. Bell Ave., (940) 349-8720  
Monday-Friday, 8am-9pm; Saturday, 9am-1pm



## Drop-In Activities

To enhance your safety in our facilities, an ID card system is used for drop-in activities. The card costs \$10 per year for residents and \$15 a year for nonresidents.

Pool, games, library, shuffleboard	Monday-Saturday, open hours
Garden Courtyard	Monday-Saturday, open hours
Senior Center Chorus	Mondays, 1 pm
New Horizons (beginner)	Mondays, 2:45pm
New Horizons (advanced)	Mondays, 3:45pm
Reminiscence Writing	2nd and 4th Monday, 9:45am
Young at Heart Rehearsal	Tuesdays, 8:30am
Needlework Group	Tuesdays, 9am
Card Workshop	Tuesdays, 9am
Duplicate Bridge	Wednesdays, 12:30pm
Movie Night	Wednesdays, 6pm
Literary Critique Group	Thursdays, 9:30am
Party Bridge	Thursdays, 12:30pm
Friday with Friends	Fridays, 9am
Hand & Foot Canasta	Fridays, 10am
Grandfriends	1st Fridays, 9:30am
Triangle Squares	1st and 3rd Friday, 7:30pm
Bingo	1st and 3rd Friday, 12:45pm

**FREE Blood Pressure and Sugar Readings**  
Every 1st & 3rd Friday, 10am; provided by Denton Fire Dept.

### SPAN Noon Meals, weekdays

Balanced daily meals are coordinated by SPAN (Services for Aging Needs). Lunches may be reserved up to one week in advance but no later than noon the day before. The suggested donation is \$2 for those 60 and older; individuals younger than 60 may eat for \$5.

### Ed Bonk Woodshop, Tuesday-Thursday, 9am-noon

The shop is fully equipped with a table saw, surface planer, drill press, scroll saw, lathe, combination sander, band saw, and radial arm saw. Costs \$6 per year and \$1 per visit.

### Aletha's Craft Store, open Monday-Saturday, 9am-1pm

Buy and sell hand-made items or display crafts.

### Benefits Counseling, every third Thursday of month, 1:30-4pm

The North Central Texas Area Agency on Aging offers personal counseling for disabilities, specifically information about health insurance and public benefits, such as Medicare. By appointment only. Call (940) 349-8720.

## Monthly Senior Newsletter

Class dates are available online at [www.dentonparks.com](http://www.dentonparks.com) and in the monthly Senior Center newsletter. You may pick up a copy for \$1 per issue; or for an annual subscription of only \$8, the newsletter is mailed to your home.

## Special Events and More!

**Community Dances, open to ages 16+ every 2nd & 4th Friday, 7-9:30pm**

Enjoy live music, dancing, and complimentary refreshments. Admission is \$6 per guest.

March 11	Young At Heart- Ballroom
March 25	Knee Deep- Country
April 8	Pete & Patti- Oldies/Classic Mix
April 22	Endless Knights
May 13	Frisco Jazz Band- Ballroom
May 27	High Caliber- Country
June 10	The Montana Band- Country
June 24	Pete & Patti- Oldies/Classic Mix
July 8	TBD
July 22	Knee Deep- Country
Aug 12	TBD
Aug 26	High Caliber- Country

### Fourth of July, 10:30am-1pm; 46311

Celebrate the Fourth with fried chicken and pot luck and a sing-a-long with the Young At Heart Band. Register in advance.

### Mother's Day, May 11, 9:30-10:30am

## GYM MEMBERSHIP

Join our state-of-the-art fitness room with ellipticals, treadmills, bikes, a leg-extension machine, a bicep-curl machine, hip abductor/adductor, leg press, chest press, shoulder press, tricep press, ab crunch, and free weights.

\$3/day pass	\$15/one month
\$35/three months	\$100/12 months

## FREE Fitness Room Orientation

Join the personal trainer for a free orientation every third Thursday of the month from 1:30-2:30pm. Register at the front desk.

## Customized Personal Training

60 Minute Packages	
\$40	One session (Individual)
\$60	One session (pair)
\$195	Six sessions (Individual)
\$270	Six sessions (pair)

# Fitness, Art, Dance, Pottery, Chair Volleyball, and More!

All fitness, dance, art, and craft classes are open to all ages 16+, unless otherwise noted. For questions, call (940) 349-8720.



## FITNESS CLASSES

### FREE Stretch 'n' Tone

Specifically designed for seniors to increase strength and mobility. Rec pass required.

Mon, Wed, and Fri, 11am

### Senior Yoga

This class is designed to regulate the body's energy level, center the mind, and relax the muscles. Take both the Tuesday and Thursday classes and receive a 25% discount on each class.

Mar 22-Apr 26	Tu	10:30-11:30am	\$30	46317
Mar 24-Apr 28	Th	10:30-11:30am	\$30	46318
May 3-June 7	Tu	10:30-11:30am	\$30	46320
May 5-June 9	Th	10:30-11:30am	\$30	46321
July 5-Aug 9	Tu	10:30-11:30am	\$30	46322
July 7-Aug 11	Th	10:30-11:30am	\$30	46323

### Tai Chi

This class is designed to improve breathing, blood pressure, and other medical conditions through ancient relaxation techniques.

Mar 8-Apr 12	Tu	4-5pm	\$30	46434
Apr 19-May 24	Tu	4-5pm	\$30	46432
May 31-July 5	Tu	4-5pm	\$30	46435
July 12-Aug 16	Tu	4-5pm	\$30	46436

### Zumba Gold®

Led by a certified Zumba Gold instructor and designed for seniors, this low-impact cardio class features elements of Zumba®, such as fun Latin music and invigorating atmosphere, but modifies the moves and pace. Eligible Silver&Fit members may attend. No class May 30, July 2, Sept. 5.

Mar 21-Apr 25	M	6-7pm	\$30	46326
Mar 24-Apr 28	Th	5:30-6:30pm	\$30	46327
May 2-June 13	M	6-7pm	\$30	46330
May 5-June 9	Th	5:30-6:30pm	\$30	46331
June 20-Aug 1	M	6-7pm	\$30	46332
June 16-July 21	Th	5:30-6:30pm	\$30	46333
Aug 8-Sept 19	M	6-7pm	\$30	46334
July 28-Sept 1	Th	5:30-6:30pm	\$30	46335



## CRAFT & JEWELRY CLASSES

### Kumihimo Braiding

Kumihimo is the ancient art of Japanese braiding. You will learn to load cord onto the braiding disk and braid a key chain. Learn various techniques and receive instructions to continue the fun at home. Intermediate class will learn to braid with beads.

#### Introduction Keychain

Mar 23 W 10am-noon \$10 46303

#### Intermediate Bracelet

June 8 W 10am-noon \$20 46304

Aug 24 W 10am-noon \$20 46305

### Sleeping Lizards Jewelry Making

Learn basic metalsmithing skills and take home your own jewelry. All materials provided.

#### Copper Pendant

Mar 15 Tu 10am-noon \$18 44702

May 17 Tu 10am-noon \$18 44703

### Gourd Crafting

Decorate with gourds, create birdhouses, centerpieces, purses, decorations, and more, using many multi-media supplies. Gourds and supplies included.

Apr 11-25 M 1-2:30pm \$20 46302

## CERAMICS & ART CLASSES

### Ceramics/Pottery

Learn new techniques in ceramics and pottery to create unique art such as jewelry, glass bowls, wreaths, mosaics, and green-ware alterations. Instructor has years teaching at a collegiate level. The fee includes basic supplies and firing.

#### Four-pass class options

Mar 3-24 Th 10am-2pm \$20 46296

Apr 7-28 Th 10am-2pm \$20 46297

May 5-26 Th 10am-2pm \$20 46298

June 2-30 Th 10am-2pm \$20 46299

July 7-28 Th 10am-2pm \$20 46300

Aug 4-25 Th 10am-2pm \$20 46301

#### Eight-pass class options

Mar 3-Apr 28 Th 10am-2pm \$30 46292

May 5-June 30 Th 10am-2pm \$30 46294

July 7-Aug 25 Th 10am-2pm \$30 46295

### Watercolor Painting

Paint beautiful pictures with watercolor in these workshops. Bring your own paint supplies and lunch; lunchtime will include a critique.

#### Cityscape- Perspective

Mar 8 Tu 9:30am-4pm \$30 46566

#### Floral- Composition

Apr 5 Tu 9:30am-4pm \$30 46567

#### Landscapes- Special Techniques

May 10 Tu 9:30am-4pm \$30 46568

#### Landscapes- Special Techniques

June 7 Tu 9:30am-4pm \$30 46569

## INDOOR LEAGUES

We offer a variety of leagues that are played with special accommodations so they are perfect for everyone. Call (940) 349-8720 for league dates and details.

### Chair Volleyball

Game times are 1:30pm, 2:30pm, or 3:30pm. Practice is on Monday mornings.

Mar 3-Apr 7 Th 1-3pm \$19 46306

### Bean Bag Baseball

Sept 15-29 Th 1-3pm \$15 46308



# DANCE CLASSES

## Tap Dance

No class March 16 and 18.

### Evening Tap

Feb 24-Apr 6 W 5:45-6:45pm \$30 46293

Apr 13-May 18 W 5:45-6:45pm \$30 46307

### Beginner Tap

Feb 26-Apr 8 F 8:30-9:30am \$30 46309

Apr 15-May 20 F 8:30-9:30am \$30 46274

### Intermediate Tap

Feb 26-Apr 8 F 9:30-10:30am \$30 46312

Apr 15-May 20 F 9:30-10:30am \$30 46313

## Country Western Line Dance

First 25 minutes of class will emphasize basic steps.

Mar 8-Apr 12 Tu 5:45-7pm \$30 46437

Apr 19-May 24 Tu 5:45-7pm \$30 46438

May 31-July 5 Tu 5:45-7pm \$30 46439

July 12-Aug 16 Tu 5:45-7pm \$30 46440

## Middle Eastern Dance

No class May 30 and July 4

Mar 14-Apr 18 M 7:15-8:15pm \$30 46314

May 2-June 13 M 7:15-8:15pm \$30 46315

June 27-Aug 8 M 7:15-8:15pm \$30 46316

## Social Dance

Take both classes and pay half price for the second. No partner needed.

### Basic Three Step

Mar 2-23 W 6:50-7:50pm \$36 46336

### Intermediate East Coast Swing

Mar 2-23 W 7:55-8:55pm \$36 46337

### Intermediate Three Step

Apr 6-27 W 6:50-7:50pm \$36 46338

### Basic Slow Dance

Apr 6-27 W 7:55-8:55pm \$36 46421

### Basic Cha Cha

May 4-25 W 6:50-7:50pm \$36 46422

### Intermediate Slow Dance

May 4-25 W 7:55-8:55pm \$36 46423

### Intermediate Cha Cha

June 1-22 W 6:30-7:30pm \$36 46424

### Basic Salsa

June 1-22 W 7:35-8:35pm \$36 46425

### Basic Rumba

July 6-27 W 6:30-7:30pm \$36 46426

### Advanced County and Western Waltz

July 6-27 W 7:35-8:35pm \$36 46446

### Intermediate Rumba

Aug 3-24 W 6:30-7:30pm \$36 46427

### Basic Polka

Aug 3-24 W 7:35-8:35pm \$36 46428

# OUTDOOR ADVENTURES

Outdoor adventures are for adults 50+ unless otherwise noted.

## Intergenerational Kayaking

Bring someone like your grandchild with you as we paddle Elm Fork or Pecan Creek with ACA assessed instructors and lifeguard certified staff. Water and weather appropriate clothing, including closed-toe shoes, are recommended. Experience not required. Bring a sack lunch, sunscreen, water, and a folding chair. Equipment provided.

### Clear Creek

Apr 2 Sa 10am-3pm \$20

Tandem 46187; Single 46186

### Pecan Creek

May 21 Sa 10am-3pm \$20

Tandem 46893; Single 46328

## Kayaking

Join ACA assessed instructor and Red Cross lifeguard certified staff on sit on top kayaks. Water and weather appropriate clothing, including closed-toe shoes, are recommended. Experience not required. Bring a sack lunch, sunscreen, water, and folding chair. Equipment provided.

### Clear Creek

Mar 11 F 10am-3pm \$20 46182

June 11 Sa 10am-3pm \$20 46193

## Beginning Archery

Learn the fundamentals of archery with USA Archery and National Archery in the Schools Program certified instructors, on a legal indoor range at the senior center. Closed-toe shoes required.

Apr 16 Sa 2-4pm \$8 46144

## Cinnamon Creek Ranch Archery

Shoot at a premier facility in Roanoke. Experience an outdoor range with 3D targets. The beginning archery class is suggested before this trip. Closed-toe shoes are required. Equipment provided and staff includes a USA Archery Level 2 certified instructor.

May 11 W 10am-3pm \$45 46445

## OVERNIGHT TRIPS, ADULTS ONLY

### Caddo Lake Kayak Trip

Paddle through the thick bald cypress and tangle of aquatic plants at Caddo Lake State Park. Fee includes transportation, kayaks, primitive camping site, trail meals, and most equipment.

May 6-8 F-Su 9am \$100 46431

### Possum Kingdown Lake Camping

Enjoy Camp Grady Spruce and sleep in cabins near the lake. The camp is full of standard outside activities like fishing, horseback riding, canoeing, and much more.

Apr 22-24 Fr-Su 9am \$115 46550



# OPEN TO ALL SENIORS!

To book a trip, call (940) 349-8720.

Quarterly Great Escapes

Trips are available online at [www.dentonparks.com](http://www.dentonparks.com) and in the quarterly Great Escapes newsletter.

Stop by the front desk and request to be added to the mailing list. Don't get left behind!

# Great Escapes

## Texas Ranger Hall of Fame and Museum, Waco, TX

Date: Wednesday, March 2

Time: 9am-7pm

Cost: \$27/person; 44710

Leaves from Civic Center; Dutch meal  
The "Ranger Ideal" is alive and well in the 21st century. Preserving history, and honoring distinguished Rangers is what the Hall of Fame and Museum is all about.

## Tulip Field, Pilot Point, TX

Date: Saturday, March 12

Time: 10am-3pm

Cost: \$12/person; 46565

Leaves from senior center; Dutch meal  
Experience the first tulip field in Texas! Bring your cameras. Flowers can be picked; \$2.50 per tulip.

## Dallas Arboretum and Botanical Garden

Date: Wednesday, April 13

Time: 9am-3pm

Cost: \$28/person; 46525

Leaves from senior center; Dutch meal  
Dallas Blooms features tulips, daffodils, Dutch Iris and hyacinths, pansies, violas and thousands of other springtime annuals and perennials.

## 41st Annual Germanfest, Muenster, TX

Date: Saturday, April 23

Time: 9am-4pm

Cost: \$19/person; 46562

Leaves from senior center; Dutch meal  
Experience this unique trip to a community founded in 1889 by folks of German heritage. It will be a day of nonstop fun entertainment with folk dancing, storytellers, music, arts, and amazing German food.

## Lone Star Park Grand Prairie, TX

Date: Saturday, May 14

Time: 4:30pm-12:30am

Cost: \$35/person; 46527

Leaves from senior center; box lunch included  
Enjoy world class Thoroughbred horse racing on a Class 1 track featuring a European-style paddock and live racing on dirt and grass surfaces.

## Oklahoma City National Memorial and Museum

Date: Wednesday, May 25

Time: 8am-7pm

Cost: \$40/person; 46543

Leaves from senior center; Dutch meal  
Experience a chronological, self-guided tour through the story of April 19, 1995, and the days, weeks, months, and years that followed the bombing of Oklahoma City's Alfred P. Murrah Federal Building. It's essential to understanding the story.

## Winstar Casino

Date: Thursday, June 2

Time: 7am-2pm

Cost: \$20/person; 46540

Leaves from senior center; free buffet  
Try your luck at the slots, poker, or game tables. You must give your birthday when you register and carry photo I.D. and social security card.

## Bureau of Engraving and Printing

Date: Wednesday, June 8

Time: 9am-3pm

Cost: \$17/person; 46555

Leaves from senior center; Dutch meal  
View millions of dollars being printed! Visitors will be subjected to security screenings. No cameras, cell phones, large purses, backpacks, food, or water.

## The Plaid Peacock Roanoke

Date: Saturday, June 18

Time: 9am-2pm

Cost: \$13/person; 46571

Leaves from senior center; Dutch meal  
This is a collection of unique boutiques with a large variety of products.

## "Singing in the Rain" at Granbury Opera House

Date: Saturday, July 9

Time: 9am-7pm

Cost: \$35/person; 46563

Leaves from senior center; Dutch meal  
Enjoy lunch at the Granbury Square before going to the Opera House for an award winning production.

## George W. Bush Presidential Library and Museum

Date: Thursday, July 21

Time: 10am-6pm

Cost: \$22/person; 46556

Leaves from senior center; Dutch meal  
Visit the SMU Library and explore the 43,000 gifts given to the President and Mrs. Bush by American citizens and foreign heads of state.

## Dallas Holocaust Museum

Date: Wednesday, Aug. 17

Time: 9:30am-4:30pm

Cost: \$18/person; 46541

Leaves from MedPark A-Train; Dutch meal  
The museum is dedicated to preserving the memory of the Holocaust and teaching the moral and ethical response to prejudice and hatred.



# ART *on the* GO!




## DALLAS MUSEUM OF ART

Date: Friday, March 11  
Time: 9am-4pm  
Cost: \$30/person; 46554  
Explore Jackson Pollock: Blind Spots, a rare exhibition that focuses solely on the artist hailed as “the greatest painter this country has ever produced.”

## MODERN ART MUSEUM OF FORTH WORTH

Date: Friday, May 13  
Time: 9am-4pm  
Cost: \$30/person; 46557  
The Modern will present a career retrospective of Frank Stella, one of the most important living American artists.

## FRED JONES JR. MUSEUM OF ART THE UNIVERSITY OF OKLAHOMA

Date: Friday, July 8     
Time: 8am-5pm  
Cost: \$40/person; 46561  
See over 16,000 objects with highlights including work by Ansel Adams, Edgar Degas, Edward Hopper, Georgia O’Keeffe, Vincent Van Gogh, and many more.

Art on the Go trips will leave from the senior center.  
Dutch meals.



## American Legion Hall

Monday-Friday, 10am-3pm  
Thursday, 6-10pm  
Saturday-Sunday, closed

### SPAN Noon Weekday Meals

Balanced daily meals are coordinated by SPAN (Services for Aging Needs). Lunches may be reserved up to two days in advance but no later than noon the day before. The suggested donation is \$1.50 for those 60 and older; individuals younger than 60 may eat for \$3.50.

### Domino Tournaments

Thursdays, 6-10pm  
\$3 per player; prizes awarded.

### ALH Senior Road Trips

Senior trips are \$10/person, unless otherwise noted. Trips are from 9 a.m. to 3 p.m. We will enjoy a Dutch-treat lunch on day trips. To register, call (940) 349-8298.

Winstar World Casino,  
Thackerville, OK  
March 16, 46869

Fort Worth Outlet Mall  
May 18, 46870

Winstar World Casino,  
Thackerville, OK  
Aug. 31, 46871

# AMERICAN LEGION HALL



### Drop-in Activities

Sewing machine	Monday-Friday, 10am-noon
Exercise machines	Monday-Friday, 10am-3pm
Internet access	Monday-Friday, 10am-3pm
Jigsaw puzzles	Monday-Friday, 10am-3pm
Spades	Monday-Friday, 10am-3pm
Biz Wiz, pool	Monday-Friday, 10am-3pm
Table games	Monday-Friday, noon-2pm
Artwork, sewing	Monday, 10am-noon
Bingo	Tues & Thurs, 10:30-11:30am
Jewelry making	Wednesday, 11:15am-noon

ALH Senior Advisory Committee  
Every fourth Tuesday, 1pm

### Birthday Socials

Last Friday of every month from 7-10pm  
Enjoy free cake and socializing, followed by table games.

### For Your Health Seminars

Every third Thursday, 1-2pm; Professionals will discuss a variety of health-related topics.

### FREE Health Screenings

Every second Tuesday, 10am-noon; Certified RN checks blood pressure and blood sugar.

### Stretch ‘n’ Tone

Monday, Wednesday, Friday, 10:30-11:15am.  
This free class is designed to increase strength and mobility. Rec pass required.





City of Denton Parks and Recreation  
City Hall East Attention: Marketing  
601 E. Hickory Street, Suite B  
Denton, TX 76205

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**YOUTH AQUATHLON SERIES**  
Denton ★ Texas



## FREE ONE WEEK PASS

Free one week pass good at all three rec center gyms, to be used in the same week. Pass includes one week access to the gyms and group exercise at North Lakes. For a mobile pass, visit [www.dentonparks.com](http://www.dentonparks.com). Limit one per customer, per year.