



**Denton Parks and Rec**  
[www.dentonparks.com](http://www.dentonparks.com)  
[www.dentonwaterworks.com](http://www.dentonwaterworks.com)



*come*

**PLAY**

**2017 Spring and Summer Guide**



# DENTON PARKS AND REC



Download the digital!  
[www.dentonparks.com](http://www.dentonparks.com)



## SUPER EASY TO **CONNECT + REGISTER!**

# 1

### REGISTER **ONLINE**

To register online, a family or individual account must be created. Child care related programs may require in-person registration at Denton Civic Center. We accept Visa, MasterCard, and Discover.



# 2

### REGISTER **BY PHONE**

Please have your information and credit card ready. Child care related programs may require in-person registration.



# 3

### REGISTER **IN PERSON**

We welcome in-person registrations at Denton Civic Center, Denia Rec Center, MLK Jr. Rec Center, North Lakes Rec Center, Denton Senior Center, and the Natatorium.  
(hours are listed on the next page.)



[www.dentonparks.com](http://www.dentonparks.com)

(940) 349-7275

ANY REC CENTER

### Rec Passes

A rec pass is scanned for facility use and is valid for one year from the date of purchase. Guests, ages 8+, must show their rec pass and keep a current liability waiver on file. Fee-based activities do not require a rec pass. Resident passes cost \$10 per year with a max of \$40 per family, and nonresident passes cost \$15 per year with a max of \$60 per family. Replacement cards cost \$2.

2 All fees are for residents; nonresidents add \$5.

### Resident/Nonresident

You are considered a resident if you pay City of Denton property taxes. To confirm, visit [www.dentoncad.com](http://www.dentoncad.com).

### Credits

If a participant becomes ill before a class begins or is canceled, a credit equal to the class fee will be provided for future registrations for themselves or another member on the account, unless otherwise noted.

### Cancellations

We reserve the right to cancel a class/activity that does not meet minimum registration.

### Americans with Disabilities Act

Denton Parks and Rec welcomes all families and individuals to participate in programs and facilities regardless of race, color, religion, sex, national origin, or disability. TDD access is available for the hearing impaired through Relay Texas, 1 (800) 735-2989.





## ENRICHING LIVES, BUILDING COMMUNITY

### AT A GLANCE...

Adult Sports	(940) 349-8525
After School Care	(940) 349-8731
Aquatics	(940) 349-8800
Dance @ DRC	(940) 349-8285
Dance @ NLR	(940) 349-8287
Driving Range	(940) 349-8545
Facility Rentals	(940) 349-7275
Group Ex @ DRC	(940) 349-8285
Group Ex @ MLK	(940) 349-8575
Group Ex @ NLR	(940) 349-7764
Outdoor Recreation	(940) 349-7784
Pavilion Rentals	(940) 349-7275
Preschool @ DRC	(940) 349-8285
Preschool @ MLK	(940) 349-8575
Preschool @ NLR	(940) 349-8287
Scholarships	(940) 349-7275
Skateboarding	(940) 349-8523
Swim Lessons	(940) 349-8800
Tennis @ Goldfield	(940) 349-8526
Adaptive Rec	(940) 349-7757
Youth Sports	(940) 349-8523

### CITY COUNCIL MEMBERS

Chris Watts, Mayor; Kevin Roden, Dist. 1  
Keely Briggs, Dist. 2; Kathleen Wazny,  
Dist. 3; Joey Hawkins, Dist. 4;  
Dalton Gregory, At Large Place 5;  
Sara Bagheri, At Large Place 6

### PARKS, RECREATION, AND BEAUTIFICATION BOARD

Paul Leslie, Russ Stukel, Maria Renner,  
Gary Barber, Frances Punch, Kent Boring,  
Johanna McDaniel

### GUIDE ABBREVIATIONS

ANX	North Lakes Annex
DCC	Denton Civic Center
DRC	Denia Rec Center
DSC	Denia Softball Complex
GTC	Goldfield Tennis Center
MLK	MLK Jr. Rec Center
MMS	McMath Middle School
MRC	Mack/Roberts Complex
NAT	Denton Natatorium
NLDR	North Lakes Driving Range
NLP	North Lakes Park
NLR	North Lakes Rec Center
RRGC	Robson Ranch Golf Course



**CUSTOMER SERVICE**  
(940) 349-7275



[parksnrec@cityofdenton.com](mailto:parksnrec@cityofdenton.com)

### AQUATIC FACILITIES

Civic Center Pool (seasonal)  
515 N. Bell St., (940) 349-8279

Denton Natatorium (year round, indoor)  
2400 Long Rd., (940) 349-8800

Water Works Park (seasonal)  
2400 Long Rd., (940) 349-8810

### REC AND FITNESS FACILITIES

American Legion Hall, 629 Lakey St.  
(940) 349-8298;  
M-F, 10am-3pm; Th, 6-9pm

Denton Civic Center, 321 E. McKinney St.  
Rentals and events, (940) 349-7275  
Indoor walking track, M-F, 7:30am-7pm

Denia Rec Center, 1001 Parvin St.  
(940) 349-8285; M-W, 7am-9pm  
Th-F, 7am-8pm; Sa, 9:30am-3:30pm

Denton Senior Center, 509 N. Bell Ave.  
(940) 349-8720;  
M-F, 8am-9pm; Sa, 9am-1pm

Goldfield Tennis Center (Sept- May)  
2005 W. Windsor Dr., (940) 349-8526  
M-Th, 3-9pm; F, 3-8pm; Sa, 9am-5pm  
(June-Aug, Sa 9am-1pm)

MLK Jr. Rec Center  
1300 Wilson St., (940) 349-8575  
M-F, 9am-9pm; Sa, 9:30am-6:30pm

North Lakes Annex  
1117 Riney Rd., (940) 349-8287

North Lakes Rec Center  
2001 W. Windsor Dr.  
(940) 349-8287; M-Th, 5:30am-10pm  
F, 5:30am-9:30pm; Sa, 7:30am-3:15pm

North Lakes Driving Range,  
2009 W. Windsor Dr., (940) 349-8545  
M-Th, 9am-9pm; F-Su, 9am-8pm

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# SPECIAL EVENTS

## Breakfast with the Easter Bunny

Ages 3+  
 Saturday, April 8  
 10am-noon at MLK Jr. Rec Center  
 \$5/person; 48851

Hop in and enjoy breakfast with the Easter bunny. The fee includes a photo, pancakes, and juice. Each additional photo costs \$1.

## FREE Teen Twilight Egg Hunt

Ages 11-16  
 Tuesday, April 11  
 8pm at Denia Rec Center

Registration begins at 8pm and the hunt begins after sundown. Enjoy door prizes and a fun night with friends. Teens need to bring a flashlight to participate!

## FREE Easter Eggstravaganza

Toddlers-grade 5  
 Saturday, April 15 at Quakertown Park and Denton Civic Center

- 9:30am Bounce house and arts and crafts
- 10:45am Magic show
- 11:30am Easter Egg Hunt

The park will be divided by age groups for the egg hunt, and signs will guide kids to the designated areas. Concessions will be sold.

## FREE Movies in the Park

April 21, Disney's "Finding Dori"  
 May 12, Disney's "Moana"

Bring a blanket and chairs and be ready to have a fun night. Concessions are sold. Marshmallow roast and arts and crafts begin at 8pm; movie begins on the giant screen at 9pm or dusk.

## Family Campout at Eureka 2!

April 22-23 at South Lakes Park  
 Saturday, 7pm to Sunday, 8am  
 \$15/person; 49402

Roll up your gear and hit the trail for a campout at Eureka 2 Playground in South Lakes Park. We will have fun activities such as a scavenger hunt, storytelling, and a marshmallow roast. The fee includes dinner on Saturday night and a breakfast snack on Sunday morning. Call (940) 349-7275 to reserve a tent and two sleeping bags while supplies last for \$10. All campers, kids and adults, must register by April 18.

## Cinco de Mayo

Saturday, May 6  
 10am-10pm

Enjoy the celebration with a mariachi band, parade, performers, kids's activities, and more than 50 food and art vendors.

## Rockin' Lock-In, ages 5-12

May 26-27 at Denton Civic Center  
 Friday, 7pm to Saturday, 8am  
 \$15/kid; 49403

Rock in the summer with an overnight adventure! Kids will enjoy an obstacle course, a giant screen PS4, glow tag, crafts, then snack while watching a movie on the giant screen.

Kids need to bring a sleeping bag, a pillow, and toiletries. Dinner will not be provided, and a free breakfast snack will be offered. Drop off is Friday at 7pm and pick up is Saturday at 8am. The event is supervised, and boys and girls sleep in separate areas. Register by May 25.



**FREE MOVIE IN THE PARK**  
**FINDING DORY, APRIL 21**  
**MOANA, MAY 12**





## CELEBRATIONS, TOURNAMENTS RACES, TRIATHLON, AND MORE!

### Juneteenth

Friday, June 16 & Saturday, June 17  
Fred Moore Park; free family event

Join us as we celebrate this historic and oldest known celebration commemorating the end of slavery in America. For vendor space or to register for a tournament, call (940) 349-8575.

Friday, June 16 at Fred Moore Park

5pm Vendor booths open.

7pm Gospel Night begins.

Saturday, June 18 at Fred Moore Park

9am Parade from Civic Center and ends at Fred Moore Park.

9am Adult coed softball tournament Fred Moore Park softball field.

10am Free kid's games begin.

11am Vendor booths open, live DJ, and entertainment begins.

### Juneteenth Softball Tournament

Saturday, June 17, 9am-7pm

Adult coed, \$100/team; 49025

Register by June 12.

### NEW! 3v3 Juneteenth

#### Basketball Tournament

June 17 Saturday, 11am-4pm

Ages 8-13 and Ages 14+

Register onsite June 16, 6-8pm

### 4th of July Yankee Doodle Parade

July 4, Downtown Denton

8:30am judging, 9am, parade begins

Staging will begin at 8am on South Locust Street between Walnut Street and Sycamore Street.

Visit [www.dentonparks.com](http://www.dentonparks.com) for entry forms.

### 4th of July Family Fun Jubilee

Quakertown Park and Denton Civic Center

9am Registration begins for the 9:30am Adult Lucky Horseshoe Tournament

9:30am Live entertainment

9:30am Entry drop-off begins for the kid's arts & crafts show.

Entries will be displayed from 11am-noon in the Civic Center.

10am FREE kid's carnival begins and lasts until noon in the Civic Center.

11am Good ol' fashion family fun begins and Hot Dog Eating Competition

11am Senior Center luncheon, \$3/person Music by the Young at Heart band

Noon-6pm Civic Center Pool, \$1/person

### Liberty 5K Run or 1-Mile Walk

July 4 at Quakertown Park

The entry fee includes a race tech shirt (S-XXL)

6:30am check-in; 7:30am, race begins.

\$25 per person by June 26; race day registration is \$30 per person; 49405. Packet pick up is June 30 and July 3.

Mud Volleyball Tournament, 6 vs 6  
Saturday, May 20 at North Lakes  
Register by May 6: \$150 per team, 49101  
Register by May 7-13: \$200 per team

It's a double-elimination battle to determine the best coed team in the area! Medals will be awarded to first, second, and third place teams. Ten players per roster, with a minimum of two female players on the court at all times. Participants must be at least 18 years old. Only 24 teams are accepted. A mandatory captains' meeting is at 7pm on Friday, May 19.

## WATER WORKS PARK SPRINT TRIATHLON

Sunday, May 21

Register by May 14: \$75 Sprint, \$95 Relay

May 15-20: \$85 Sprint, \$105 Relay

Register at [www.playtri.com/waterworks](http://www.playtri.com/waterworks)

Participate in a USAT sanctioned triathlon that starts with a ride down the slide! Participants will then swim 250 yards, bike 12 miles, and run 3.1 miles. Bring your friends and family out for some fun in the sun after crossing the finish line for an all day party at Water Works Park.



Sunday, May 21 at Water Works Park

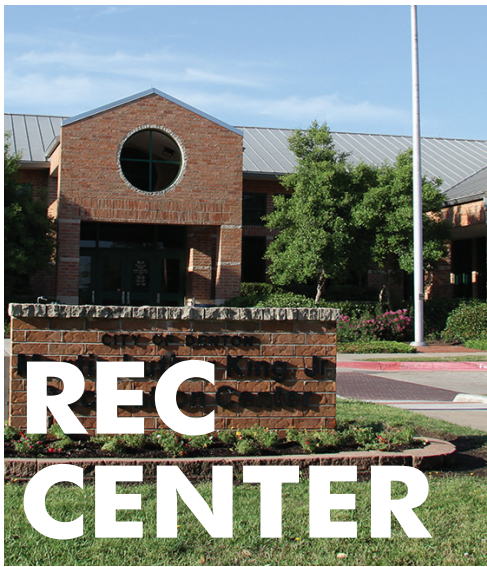
[www.playtri.com/water-splash-n-dash](http://www.playtri.com/water-splash-n-dash)

Register by April 21; \$20 per person

April 22-May 20; \$25 per person

Kids ages 6-15 can participate in a USAT sanctioned Splash N Dash that starts with a ride down the slide! Ages 6-10 will swim 150 yards around the lazy river then run a half mile. Ages 11-15 will swim an entire 250 yard lap of the lazy river then run 1 mile.





# FITNESS MEMBERSHIPS

## MLK JR. REC CENTER

1300 Wilson St. (940) 349-8575  
 Mon-Fri, 9am-9pm  
 Sat, 9:30am-6:30pm  
 Closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

### PERSONAL TRAINING

Get motivation, accountability, guidance, and training tailored for your fitness goals.

### 60 MINUTE PACKAGES

\$40 One session (individual)  
 \$60 One session (pair)  
 \$195 Six sessions (individual)  
 \$270 Six sessions (pair)  
 \$325 12 sessions (individual)  
 \$400 12 sessions (pair)

### FREE WEIGHT RM ORIENTATIONS

Equipment orientations are free Monday-Friday, 9am-6pm.

## DENIA REC CENTER

1001 Parvin St. (940) 349-8285  
 Mon-Wed, 7am-9pm  
 Thurs-Fri, 7am-8pm  
 Sat, 9:30am-3:30pm; closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Join for access to free weights, treadmills, weight machines, ellipticals, bikes, and more.

### PERSONAL TRAINING

Get motivation, accountability, guidance, and training tailored for your fitness goals.

### 60 MINUTE PACKAGES

\$40 One session (individual)  
 \$60 One session (pair)  
 \$195 Six sessions (individual)  
 \$270 Six sessions (pair)

### FREE WEIGHT RM ORIENTATIONS

Equipment orientations are free by appointment for Denia fitness members. Call (940) 349-8285.

## SENIOR CENTER

509 N. Bell Ave. (940) 349-8720  
 Mon-Fri, 8 am-9pm  
 Sat, 9am-1pm  
 Closed Sunday

### LOW MEMBERSHIPS RATES!

\$15 One month  
 \$35 Three months  
 \$100 One year

Members must be 50 years or older. Join the state-of-the-art fitness room with treadmills, bikes, ellipticals, leg-extension, and bicep-curl machine, chest press, shoulder press, triceps press, hip abductor/adductor, ab crunch, and free weights.

See page 36 for more Senior Center fitness programs.

## ALL ACCESS GYM MEMBERSHIP

All four gym memberships in ONE!

\$25 One month  
 \$50 Three months  
 \$150 One year

All four gym memberships + the NAT

\$35 One month  
 \$75 Three months  
 \$225 One year





## NORTH LAKES REC CENTER

2001 W. Windsor Dr., (940) 349-8287  
 Monday-Thursday, 5:30am-10pm  
 Friday, 5:30am-9:30pm  
 Saturday, 7:30am-3:15pm  
 Closed Sunday

### LOW MEMBERSHIPS RATES!

\$20 One month  
 \$40 Three months  
 \$120 One year

Join for access to certified staff, Olympic free weights and benches, cable crossover, weight machines, recumbent bikes, ellipticals, stair stepper, and treadmills.

### WEIGHT RM ORIENTATIONS

Equipment orientations are \$10 by appointment. After completing an orientation members ages 12-15 can use the weight room with parental supervision.

## PERSONAL TRAINING

Personal trainers design customized fitness programs for individuals implemented in a one-on-one setting. In addition to exercise prescription and instruction, our trainers motivate clients by setting goals, providing feedback, and accountability. Packages are ideal for weight loss, building lean body mass, post-physical therapy rehab, increasing bone mass, or restoring range of motion. Pair pricing is available upon request. Sign up in person. For more information, call (940) 349-7764.

### 30 MINUTE PACKAGES

\$240 per month; three sessions per week

### 60 MINUTE PACKAGES

\$160 per month; one session per week  
 \$280 per month; two sessions per week  
 \$360 per month; three sessions per week

### FITNESS ASSESSMENTS, \$50

An assessment is recommended before beginning any strengthening or weight-loss program to better gauge your fitness needs. Testing includes body fat percentage, muscle mass, blood pressure, metabolic age/rate, flexibility, endurance, and maximum strength.

## PERFORMANCE ENHANCEMENT

Behind every top athlete there is a great trainer. A customized program of evidenced-based techniques will help you become a better athlete. Session frequency depends on training goal.  
 \$25 per 30 minute session  
 \$40 per 60 minute session

### CORRECTIVE EXERCISE

Designed to help prevent and correct muscle imbalances that lead to injuries and poor movement. Session frequency depends on degree of malalignment.  
 \$25 per 30 minute session  
 \$40 per 60 minute session

### METABOLIC TESTING, \$35 INITIAL TEST, \$25 FOLLOW UP AS NEEDED

This test determines how many calories your body burns and calculates how many calories you should eat to lose or maintain weight. This is a great way to troubleshoot a frustrating plateau.

### VO2 TESTING, \$75 INITIAL TEST, \$50 FOLLOW UP, AS NEEDED

By measuring your heart rate and oxygen consumption (VO<sub>2</sub>), we determine how many calories you burn during exercise and your true target workout zone. This is the best way to create the perfect workout for your body.

## NORTH LAKES CHILD CARE WHILE YOU WORKOUT

M-F 8-11am | M-Th 4:30-8pm | F 4:30-6:30pm | Sat 9-11am

Members (fitness or group exercise) \$10/month  
 Nonmembers \$2 drop-in fee for the first child  
 \$1 each additional child



# À la Carte

## GROUP EXERCISE CLASSES

### TWISTED BODIES™ ESSENTIAL YOGA @ DENIA REC CENTER

A powerful learning experience in rediscovering the body- how it works and what it can do. Learn the proper alignment of yoga asanas and breathing technique. No class March 15-16.

#### Morning Classes

March 1-29	W	8-9am	\$20	48770
April 5-26	W	8-9am	\$20	48771
May 3-24	W	8-9am	\$20	48772
June 7-28	W	8-9am	\$20	48773
July 12-Aug 2	W	8-9am	\$20	48774
Aug 9-30	W	8-9am	\$20	48775

#### Evening Classes

March 2-30	Th	6:30-7:30pm	\$20	48764
April 6-27	Th	6:30-7:30pm	\$20	48765
May 4-25	Th	6:30-7:30pm	\$20	48766
June 1-22	Th	6:30-7:30pm	\$20	48767
July 6-27	Th	6:30-7:30pm	\$20	48768
Aug 3-24	Th	6:30-7:30pm	\$20	48769

### TWISTED BODIES™ PILATES MAT @ DENIA REC CENTER

This mixed level pilates mat class focuses on strength precision and flow of movement. All exercises are developed to challenge the core, stability, and flexibility. Great for any level!

March 6-27	M	7-8pm	\$30	48806
April 3-24	M	7-8pm	\$30	48807
May 1-22	M	7-8pm	\$30	48808
June 5-26	M	7-8pm	\$30	48809
July 10-31	M	7-8pm	\$30	48810
Aug 7-29	M	7-8pm	\$30	48811

### ZUMBA® MLK JR. REC CENTER

A total workout, combining all elements of fitness with Latin music and a serious dose of awesome each time you leave class! Also offered at North Lakes Rec Center as part of the group exercise membership.

First class is FREE at MLK Jr. Rec Center!

\$30/ten classes or \$5/drop-in

Weekly: M/W, 6-7pm and Sa, noon-1pm



### BOOT CAMP @ NORTH LAKES REC CENTER

A high-powered 60-minute workout featuring athletic conditioning, cardiovascular, and strength training drills. By incorporating elements of HIIT, tabata, and dynamic core training this indoor/outdoor workout will keep your body adapting with a different training regimen each day. All fitness levels welcome.

Workouts are indoor/outdoor.

March 1-31	M/W/F	5:45-6:45am	\$40	49236
April 1-30	M/W/F	5:45-6:45am	\$40	49237
May 1-31	M/W/F	5:45-6:45am	\$40	49238
June 1-30	M/W/F	5:45-6:45am	\$40	49239
July 1-31	M/W/F	5:45-6:45am	\$40	49240
Aug 1-31	M/W/F	5:45-6:45am	\$40	49241

### CYCLE YOGA @ NORTH LAKES REC CENTER

Burn calories and relieve stress all in one workout. Combine a 40-minute high energy cardio workout with a 20-minute practice of yoga. Improve cardio endurance, strength, and flexibility, while burning 550 to 750 calories per class! All fitness levels welcome.

April 10-May 15	M	6:30-7:30pm	\$25	49130
June 5-July 10	M	6:30-7:30pm	\$25	49132
July 24-Aug 28	M	6:30-7:30pm	\$25	49134

### LES MILLS GRIT™ SERIES

30-MINUTE HIGH-INTENSITY INTERVAL TRAINING

GRIT™ is a series of highly challenging HIIT workouts suitable for those who are ready to take their fitness level up a notch. Be willing to work to your max as you power through 30-minute high-intensity plyometric, cardio, tabata, and power weight training workouts designed to burn fat and produce a lean, athletic shape. With the team comradery of small group training and individual motivation from a highly-charged certified coach, you will finally achieve the results you are training for. All listed sessions are at North Lakes Rec Center and include an additional weekly workout Saturday mornings 7:30-8am. Attend commitment free and drop-in on Saturdays for \$5 per workout.

March 1-31	Tu/Th	5-5:30pm	\$50	49225
April 1-30	Tu/Th	5-5:30pm	\$50	49227
May 1-31	Tu/Th	5-5:30pm	\$50	49229
June 1-30	Tu/Th	5-5:30pm	\$50	49231
July 1-31	Tu/Th	5-5:30pm	\$50	49233
Aug 1-31	Tu/Th	5-5:30pm	\$50	49235



## NORTH LAKES GROUP EX MEMBERSHIP

**GET THESE AMAZING CLASSES, PLUS A GYM MEMBERSHIP...ALL IN ONE!**

### LES MILLS BODYJAM™

Tu 7pm Sa 9:15am 55 minutes

**BODYJAM®** is the cardio workout where you are free to enjoy the sensation of dance. An addictive fusion of the latest dance styles and hottest new sounds puts as much emphasis on having fun as on breaking a sweat. Funky instructors teach you to move with attitude! So grab a friend, get front and centre, and get high on the feeling of dance!

**Addictive dance styles and the hottest new music!**

### LES MILLS BODYPUMP™

M 8:30am Tu 5:30pm Th 5:30pm  
M 12pm W 8:30am F 8:30am  
M 6:30pm W 6:30pm Sa 8am  
**60 minute class**

The key to **BODYPUMP®** is **THE REP EFFECT™**, a breakthrough in fitness training, focusing on high repetition movements with low weight loads. We challenge all of your major muscles by using the best weight-room exercises such as squats, presses, lifts and curls.

### LES MILLS CXWORX™

M 5pm W 12pm Th 6:15am  
Tu 6:15am Th 8:30am  
**30 minute class**

It's the best of personal training with the energy of group fitness, taking your abs, torso, and sling muscles to the next level.

**Based on cutting-edge scientific research!**

### LES MILLS BODYFLOW™

Tu 6:30pm W 9:30am F 9:30am  
Th 6:30pm **60 minute class**

Yoga-based and embraces the elements of Tai Chi and Pilates.

You'll strengthen your entire body and leave feeling centered.

**Ideal for anyone and everyone!**

### LES MILLS BODYCOMBAT™

M 5:30pm Th 9am Th 6:30pm  
**60 minute class**

This fiercely energetic program is inspired by martial arts! You will punch, kick, and kata your way through calories to superior cardiovascular fitness.

**Prepare to totally unleash yourself!**

### Zumba®

Tu 9am W 5:30pm  
**60 minute class**

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**The perfect combo of fun and fitness!**

### SENIOR FIT

Tu 10:15am Th 10:15am  
**60 minute class**

Led by a certified personal trainer and designed to improve bone density, muscle strength, cardiovascular fitness, joint mobility, and flexibility. The class uses hand weights, elastic tubing, and low-impact aerobics for all levels to adapt.

### SENIOR YOGA

M 11am **60 minute class**

Gain balance, flexibility, range of motion, hip-joint mobility, and increase bone density and core strength in this 60 minute yoga class specifically designed for seniors. Choose chair support or free standing for a series of mat and standing yoga poses modified to all fitness levels.

### INDOOR CYCLING... Prepare to drip with sweat!

Tu 5:45am Th 5:45am **30 minute class**  
Tu 7pm Sa 8:15am **45 minute class**

Burn massive amounts of calories and strengthen core and lower body muscles.

### OFFERED ONLY AT NORTH LAKES REC CENTER!

\$5, DROP-IN  
\$30, ONE MONTH  
\$80, THREE MONTHS  
\$299 12 MONTHS



# PRESCHOOLS

## Tot-Preschool Age Programs

Register no later than three days in advance.



## REC CENTER ENRICHMENT, YOUTH



### DON'T FORGET TO ENROLL FOR SUMMER!

Kids will reap the benefits of learning with all the fun of summer! Activities will include science experiments, dress-up days, splash days, field trips, and more! Family vacation? No worries, one week vacation credit will be provided.

### North Lakes Part-Time Preschool, ages 3-5

Licensed by the Texas Dept. Family and Protective Services

Students will learn from the same Mother Goose Time curriculum as the full-time preschools. Instructors focus on numbers, colors, and shapes through music, arts, physical education, stories, and field trips. Students must be potty trained and bring their own lunch, snacks, and drinks daily.

Admission requires a deposit equal to one month's tuition and an annual \$25 supply fee. Enrollment is limited to 12 students per class. North Lakes Preschool is located in the North Lakes Annex at 1117 Riney Rd. For more information and to enroll, call (940) 349-8287.

Ages 3-4	Ages 4-5
Tuesday & Thursday	Monday, Wednesday, Friday
8:30am-1pm	8:30am-1pm
\$125/month	\$175/month

### Full-Time Licensed Preschools, ages 3-5

Monday-Friday, 7:30am-6pm

Licensed by the Texas Dept. Family and Protective Services

Students will learn, laugh, and grow in a safe, fun, and caring environment. Using Mother Goose Time curriculum the instructors teach numbers, letters, colors, and shapes through music, arts and crafts, physical education, stories, and field trips.

Denia Preschool	MLK JR. Preschool
1001 Parvin St.	1300 Wilson St.
(940) 349-8285	(940) 349-8575

Tuition is \$400 per month, and admission requires an \$85 deposit and a \$25 annual supply fee. Enrollment is limited to 12 students per preschool. Preschoolers must be potty trained and bring their own lunch, snacks, and drinks each day. These are licensed preschools and Child Care Management Services (CCMS) vendors.

### Toddler Time, ages 2-5

Combining gross motor movements with songs, stories, and preschool learning objectives, kids will burn energy and build social skills. Parents are required to stay during the class. Fee is based on the number of Mondays in each month.

March 6-27	M	10:30-11:30am	NLR	\$20	49043
April 3-24	M	10:30-11:30am	NLR	\$20	49044
May 1-22	M	10:30-11:30am	NLR	\$20	49045
June 5-26	M	10:30-11:30am	NLR	\$20	49046
July 3-31	M	10:30-11:30am	NLR	\$25	49047
Aug 7-28	M	10:30-11:30am	NLR	\$20	49048

### Scratch Baby: Preschool Cooking Class, ages 2-6

Parent and child teams will work and focus on teaching the importance of cooking and eating nutritious foods. We will also introduce new ingredients, textures, and flavors and teach skills like measuring and cutting using safe tools!

March 20-April 21	M/W	11:30a-12:30pm	MLK	\$55	48632
May 1-June 2	M/W	11:30a-12:30pm	MLK	\$55	48633

### King Tot Drop, ages 3-6

Parents, take some personal time while we provide fun, supervised activities every first and third Saturday of each month. Kids must bring snacks and/or a lunch. Kids must be potty trained. Advanced registration required.

March 4 & 18	Sa	10am-noon	MLK	\$10	49466
April 1 & 15	Sa	10am-noon	MLK	\$10	49467
May 6 & 20	Sa	10am-noon	MLK	\$10	49468
June 3 & 17	Sa	10am-noon	MLK	\$10	49469
July 1 & 15	Sa	10am-noon	MLK	\$10	49470
Aug 5 & 19	Sa	10am-noon	MLK	\$10	49471

### Twisted Bodies™ Yoga, ages 3-5

Kids will play and experience yoga while enjoying how their breathing is connected to their body!

April 3-24	M	8:15-9am	DRC	\$20	48744
May 1-22	M	8:15-9am	DRC	\$20	48745

# PRESCHOOL-AGE Programs and Activities



## Preschool Jr. Master Naturalists Ages 3-5 with adult

Elm Fork Texas Master Naturalists and Denia Rec Center staff invite kids and their adult companions for hands-on activities, arts and crafts, literature, and a nature hike to encourage kids to explore. Register the Wednesday before each class.

### Cross Timbers Park

Meet by the pond at Cross Timbers Park, 7112 Montecito Dr.; no restrooms.

#### Show Me the Energy

March 3 F 10am-noon \$8 48592

#### Fishing Fun

April 7 F 10am-noon \$8 48593

#### Eggs

May 12 F 10am-noon \$8 48594

### Denia Rec Center

#### Show Me the Energy

March 25 Sa 10am-noon \$8 48903

#### Fishing Fun

April 22 Sa 10am-noon \$8 48904

#### Eggs

May 20 Sa 10am-noon \$8 48905

## Preschool Jr. Master Gardener Ages 3-5 with adult

Denton County Master Gardeners invite kids to explore their world through horticultural and environmental science activities using hands-on activities, arts and crafts, and literature. Register the Tuesday before each class.

#### Veggies and Herbs

March 23 Th 10am-noon DRC \$8 48738

#### Landscape Horticulture

April 20 Th 10am-noon DRC \$8 48739

#### Ecology Water

May 18 Th 10am-noon DRC \$8 48740

## Tiny Tutus Ballet, ages 2-3

Kids will learn fundamentals in a nurturing environment through imaginative play with steps that can be practiced at home.

April 1-22 Sa 9:35-10:05am DRC \$30 48725

May 6-27 Sa 9:35-10:05am DRC \$30 48726

June 3-24 Sa 9:35-10:05am DRC \$30 48727

July 1-22 Sa 9:35-10:05am DRC \$30 48728

Aug 5-26 Sa 9:35-10:05am DRC \$30 48729

## Beginning Ballet, ages 4-6

Kids will learn basic ballet techniques through imaginative play and progress to beg. barre.

April 1-22 Sa 10:05-10:35am DRC \$30 48720

May 6-27 Sa 10:05-10:35am DRC \$30 48721

June 3-24 Sa 10:05-10:35am DRC \$30 48722

July 1-22 Sa 10:05-10:35am DRC \$30 48723

Aug 5-26 Sa 10:05-10:35am DRC \$30 48724

## Creative Dance, ages 3-4

Kids will explore various dance concepts of through imaginative play and short routines.

April 5-26 W 9:15-9:45am DRC \$30 48884

May 3-24 W 9:15-9:45am DRC \$30 48885

June 7-28 W 9:15-9:45am DRC \$30 48886

July 5-26 W 9:15-9:45am DRC \$30 48887

Aug 2-23 W 9:15-9:45am DRC \$30 48888

## Roll! Play!, ages 3-5

Kids will learn basic tumbling and rolls while incorporating improv and creative role play. No class March 17.

March 10-31 F 10-11am DRC \$20 48586

April 7-28 F 10-11am DRC \$20 48587

May 5-26 F 10-11am DRC \$20 48588

June 2-23 F 10-11am DRC \$20 48589

July 7-28 F 10-11am DRC \$20 48590

Aug 4-25 F 10-11am DRC \$20 48591

## Kindertots®, ages 2-3½

Designed to develop gross motor skills, creativity, and body awareness while learning numbers, colors, shapes and songs.

March 4-25 Sa 9:45-10:15am NLR \$35 49056

April 1-22 Sa 9:45-10:15am NLR \$35 49059

April 29-May 20 Sa 9:45-10:15am NLR \$27 49062

June 3-24 Sa 9:45-10:15am NLR \$35 49071

July 8-29 Sa 9:45-10:15am NLR \$35 49072

Aug 5-26 Sa 9:45-10:15am NLR \$35 49073

## Kinderdance®, ages 3-5

Designed to develop dance, motor skills, and the basics of ballet, tap, acrobatics, and creative movement while blending educational concepts.

March 7-28 Tu 5-5:40pm NLR \$40 48928

March 4-25 Sat 9-9:40am NLR \$40 49066

April 4-25 Tu 5-5:40pm NLR \$40 48929

April 1-22 Sat 9-9:40am NLR \$40 49067

May 2-23 Tu 5-5:40pm NLR \$40 48931

April 29-May 20 Sat 9-9:40am NLR \$30 49074

June 6-27 Tu 5-5:40pm NLR \$40 48936

June 3-24 Sat 9-9:40am NLR \$40 49075

July 11-Aug 1 Tu 5-5:40pm NLR \$40 48937

July 8-29 Sat 9-9:40am NLR \$40 49076

Aug 8-29 Tu 5-5:40pm NLR \$40 48943

Aug 5-26 Sat 9-9:40am NLR \$40 49077

## Kindergym®, ages 3-5

Developmental gymnastics class with an emphasis on fun, social and motor skills, and learning about physical fitness education.

March 4-25 Sat 10:30-11am NLR \$35 49057

April 1-22 Sat 10:30-11am NLR \$35 49058

April 29-May 20 Sat 10:30-11am NLR \$27 49060

June 3-24 Sat 10:30-11am NLR \$35 49061

July 8-29 Sat 10:30-11am NLR \$35 49069

Aug 5-26 Sat 10:30-11am NLR \$35 49070



# the arts

Ceramics, drawing, dance, yoga, archery, and more!  
Register no later than three days in advance.

## REC CENTER ENRICHMENT, YOUTH/TEEN

**Young Rembrandts Art**  
New lessons every week;  
all materials provided.



### Beginning Drawing

North Lakes Rec Center, ages 4+

Kids will develop image vocabulary by drawing familiar images with nurturing instructors who focus on developing fine motor and listening skills, patience, focus, and spatial organization.

April 3-24	M	4-4:45pm	\$52	49033
May 1-22	M	4-4:45pm	\$52	49035
June 12-July 3	M	2-2:45pm	\$52	49037
July 10-31	M	2-2:45pm	\$52	49039

### Intermediate Drawing

North Lakes Rec Center, ages 6+

Young Rembrandts is designed to teach basic to advanced drawing skills, art techniques, and vocabulary. Skills are taught to express creativity and increase abilities, skills, self-confidence, and self-esteem. Each session will include season drawings, art history, and cartooning.

April 3-24	M	5-6pm	\$52	49034
May 1-22	M	5-6pm	\$52	49036
June 12-July 3	M	3-4pm	\$52	49038
July 10-31	M	3-4pm	\$52	49040

### Buddy and Me Ceramics MLK Jr. Rec Center, ages 5+

Learn different glazing techniques in this introductory course. Parents can work and learn alongside their kids to complete projects.

April 5-26 W 6-8pm \$40 49258

### Ooey, Goopy Arts & Crafts

North Lakes Rec Center, ages 5-9

Perfect single-day ooey, goopy fun!  
Kids will go wild creating art and making messes and moms will have fun knowing they don't have to clean them up! Parents are asked to stay and assist their children.

#### Bubble Art

June 23 F 10:30-11:30am \$7 49086

#### Spatter Art

July 14 F 10:30-11:30am \$7 49087

#### Glow Art

Aug 18 F 10:30-11:30am \$7 49088

### Xbox Gamer Madness

MLK Jr. Rec Center, ages 8+

Kids with a rec pass are welcome every Monday and Thursday from 6:30-7:30pm.

### Beginning Archery

Denia Rec Center, ages 8+

Kids will learn the basics of international style archery on a legal indoor range with an USA Archery and National Archery in Schools certified instructor, with plenty of target practice.

March 7-28	Tu	5-6pm	\$40	48687
April 4-25	Tu	5-6pm	\$40	48688
May 2-23	Tu	5-6pm	\$40	48689
June 6-27	Tu	5-6pm	\$40	48694
July 11-Aug 1	Tu	5-6pm	\$40	48695
Aug 8-29	Tu	5-6pm	\$40	48696

### Intro to Archery, ages 10+

Learn with a National Archery in the Schools Program and USA Archery certified instructor on a legal indoor range.

Aug 3 Th 1-3pm \$8 DRC 48865

### Rock Climbing, ages 7+

Climb for two hours on Denia Rec Center's rock climbing wall. Ages 16+ may stay for an additional hour to complete a rock wall belay certification for an additional \$10. In order to belay someone you must be 16 or older.

July 20	Th	1-3pm	\$8	DRC	49018
Aug 15	Tu	1-3pm	\$8	DRC	48870

**Register online at [www.dentonparks.com](http://www.dentonparks.com)!**



Check out other programs such as karate, tennis, golf, sports, aquatics, and more!



**INFLATABLES**  
**DANCE CONTESTS**  
**DJ MUSIC,**  
**BOUNCE HOUSE**

**KIDS ROCK!**

**May 5**

Denton Civic Center, 7-10:30pm  
 Grades 1-5; \$10 per kids  
 Unique monthly themed fun!

Activities include unique inflatable fun, sports activities, karaoke, DJ music, ping pong, and MORE! Concessions and glow products are available to purchase. We'll be chaperoned, safe, and fun! Preregister online or by calling (940) 349-PARK.



**FREE TUTORING**

**AFTER SCHOOL ACTION!**

**AFTER SCHOOL CHILD CARE**

2:45-6:30pm, every school day  
 Grades K-5; \$160 monthly fee  
 Fall registration begins July 24

Register in person at Denton Civic Center, Monday-Friday from 8am-5pm. We offer a variety of recreational activities, including intramural leagues, arts and crafts, field trips, rock climbing, inflatables, and more.

All van drivers are City employees and have received defensive driving. Students must be picked up no later than 6:30pm from the corresponding center. Students are picked up from school and transported to the following rec centers listed below.

- Denia Rec Center:** Borman, Hawk, Houston, LA Nelson, McNair, Ryan
- MLK Jr. Rec Center:** Cross Oaks, Hodge, Lee, Pecan Creek, Providence, Rivera, Stephens
- North Lakes Rec Center:** Evers, Ginnings, Rayzor, Wilson

**KIDS' DAY OFF**

Grades K-6  
 April 14 & 17, June 2  
 \$30/kid/day at Denton Civic Center  
 7am drop-off & 6pm pick-up

We provide fun, supervised activities and field trips on school holidays and in-service days. Kids must bring snacks and a lunch.

Register at least two days prior to each holiday or in-service day. Call (940) 349-7275 to determine availability and field trips.

**FREE TUTORING**

MLK Jr. Rec Center, all school grades  
 Tuesdays and Thursdays, 5-7pm

Ensure your kid's success in school and beyond by partnering with the Student in Touch Tutoring Program. There is assistance for homework, computer lab access, sports and fitness, and life skills seminars during the school year.

**Hip Hop Classes**

MLK Jr. Rec Center, ages 9+

Beginners and dance enthusiasts will learn fun hip-hop combinations using the latest dance moves and the hottest music. Kids will have a cardio blast!

March 1-27	M/W	7:30-8:30pm	\$40	48607
April 3-26	M/W	7:30-8:30pm	\$40	48608
May 1-24	M/W	7:30-8:30pm	\$40	48609
June 5-28	M/W	7:30-8:30pm	\$40	48610
July 3-26	M/W	7:30-8:30pm	\$40	48611
Aug 2-28	M/W	7:30-8:30pm	\$40	48612

**Kid's Yoga, Twisted Bodies™**

Denia Rec Center, ages 6-12

This class encourages kids to "play" and experience yoga while enjoying how their breath and body move together in a fun-filled way!

March 7-April 4	Tu	5:30-6:30pm	\$20	48749
April 11-May 2	Tu	5:30-6:30pm	\$20	48750
May 9-30	Tu	5:30-6:30pm	\$20	48751

**Aerial Skills Intro, Twisted Bodies™**

Denia Rec Center, ages 10-16

Kids will learn basic skills, safety of aerial silks, how to safely tie footlocks, invert, drop, and more. Each class will combine elements of gymnastics and dance with use of the silk to get kids off the ground and into the air. Classes are taught by Level 1 Certified Aerial Silks instructors and are Born To Fly Certified by the founders and authors of AerialDancing.com. No class March 16.

March 2-April 13	Th	6-7pm	\$75	48758
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# ADULT REC CLASSES

swing dance, dog obedience, aerial skills  
cooking, martial arts, boxing, and more!



## REC CENTER ENRICHMENT, YOUTH/ADULT

### GET A REC PASS TO ALL THREE CENTERS!

Get unlimited access to all three rec centers with the following privileges:

- ACCESS to gymnasiums for open sports
- ACCESS to game rooms that include pool tables, ping pong tables, and video games, and public computers
- ACCESS to the Civic Center indoor track Monday-Friday, 7:30am-7pm

Rec center passes are separate from gym memberships, see page 2 for pass fees. Each rec center offers different amenities.

#### Open Rec Volleyball, ages 8+

Every Tuesday and Thursday, 8-9:45pm at North Lakes Rec Center and 6:30-7:30pm at MLK Jr. Rec Center. Rec pass required.

#### Xbox Gamer Madness, ages 8+

MLK Jr. Rec Center offers this FREE activity to keep your kids safe after school, every Monday and Thursday, 6:30-7:30pm. Rec pass required.

#### Open Rec Pickleball

A fun sport for all ages and skill levels. Every Tuesday and Thursday, 1:30-3pm. at North Lakes Rec Center. Rec pass required.

### HEARTSAVER AND DOG OBEDIENCE

Heartsaver® Pediatric  
MLK Jr. Rec Center, ages 12+

This course meets the regulatory requirements for child care workers and teaches first aid, CPR, and AED skills. The American Heart Association ebook must be purchased prior to class at [www.ebook.heart.org](http://www.ebook.heart.org).

March 7	Tu	5-7:30pm	\$40	48613
April 4	Tu	5-7:30pm	\$40	48614
May 2	Tu	5-7:30pm	\$40	48615
June 6	Tu	5-7:30pm	\$40	48616
July 11	Tu	5-7:30pm	\$40	48617
Aug 8	Tu	5-7:30pm	\$40	48618

#### Family Manners Level I Dog Obedience Class

North Lakes Rec Center, ages 12+  
Dogs, ages nine weeks and older

Over 35 years of experience! This course uses force-free training and is an AKC Canine Good Citizen Evaluator. Only one dog/handler team allowed per household. Basic commands and many others will be taught. The first class is for humans only, and shot records are required. For more information, call (940) 206-7156.

March 30-May 4	Th	7:30-8:30pm	\$100	49103
May 18-Jun 22	Th	7:30-8:30pm	\$100	49104
July 6-Aug 10	Th	7:30-8:30pm	\$100	49105
Aug 24-Sep 28	Th	7:30-8:30pm	\$100	49106

### HYPERTUFA AND AERIAL SKILLS

Hypertufa for Ya!

Denia Rec Center, ages 15+

Hypertufa is a light weight artificial stone material comprised of several aggregates and mixed with portland cement to create pots, planters, and more. Bring a medium sized item from home to create the mold.

March 4	Sa	10am-Noon	\$15	48826
June 17	Sa	10am-Noon	\$15	48827

Aerial Skills Intro, Twisted Bodies™  
Denia Rec Center, ages 17+

Learn basic skills, safety of aerial silks, how to safely tie footlocks, invert, drop and more. Each class will combine elements of gymnastics and dance with use of the silk to get you off the ground and into the air. Classes taught by Level 1 Certified Aerial Silks instructors and are Born To Fly Certified by the founders and authors of AerialDancing.com. No class March 16.

Introduction

March 2-April 13	Th	7-8pm	\$75	48761
April 20-May 25	Th	6-7pm	\$75	48759
Skill Level 1, instructor approval required				
April 20-May 25	Th	7-8pm	\$75	48763



## NEW DATE NIGHT



## TEXAS ISSHINRYU KARATE

Karate is more than punching & kicking. Age appropriate classes develop character values and skills for success at home, at school or at work, and in the dojo. Adults also find stress relief and a way to stay young. Classes for the whole family improve focus, confidence, discipline, fitness, and self-defense. Emphasis on traditional values through the study of traditional martial arts. First trial class is free.

### DENIA REC CENTER

#### Ages 5-7

March	Tu/Th	4:30-5:15pm	\$50	48666
April	Tu/Th	4:30-5:15pm	\$50	48667
May	Tu/Th	4:30-5:15pm	\$50	48668
June	Tu/Th	4:30-5:15pm	\$50	48669
July	Tu/Th	4:30-5:15pm	\$50	48670
Aug	Tu/Th	4:30-5:15pm	\$50	48677

#### Ages 8-teen

March	Tu/Th	5:30-6:30pm	\$50	48671
April	Tu/Th	5:30-6:30pm	\$50	48672
May	Tu/Th	5:30-6:30pm	\$50	48673
June	Tu/Th	5:30-6:30pm	\$50	48674
July	Tu/Th	5:30-6:30pm	\$50	48675
Aug	Tu/Th	5:30-6:30pm	\$50	48676

#### Ages teen+

March	Tu/Th	6:30-7:30pm	\$50	49019
April	Tu/Th	6:30-7:30pm	\$50	49020
May	Tu/Th	6:30-7:30pm	\$50	49021
June	Tu/Th	6:30-7:30pm	\$50	49022
July	Tu/Th	6:30-7:30pm	\$50	49023
Aug	Tu/Th	6:30-7:30pm	\$50	49024

## RED TIGER KARATE

Red Tiger offers a complete white through black belt program. The junior program develops self-esteem, bully defense, respect for others, and more. Teen and adult classes focus on street self-defense, fitness, and personal development. A white uniform is required and may be purchased in class. For more information, call (817) 845-1557. Classes at North Lakes Rec Center can register on the first night of class.

### NORTH LAKES REC CENTER, AGES 5-12

#### Ages 5-7

March 31-May 26	F	6-7pm	\$60
June 9-Aug 4	F	6-7pm	\$60

#### Ages 8-12

March 31-May 26	F	7-8pm	\$60
June 9-Aug 4	F	7-8pm	\$60

#### Ages 13 to adult

March 31-May 26	F	8-9pm	\$60
June 9-Aug 4	F	8-9pm	\$60

### MLK JR. REC CENTER, AGES 5-12

March 28-May 23	Tu	6:30-7:30pm	\$60	49840
June 6-Aug 8	Tu	6:30-7:30pm	\$60	48629

# REC CENTER ENRICHMENT

## ADULT DANCE AND COOKING

### Adult Swing Dance

MLK Jr. Rec Center, ages 17+

Learn to Swingout with the Swing Dance Society. It's traditional and energetic!

March 2-28	Tu/Th	7:30-9pm	\$20	48620
April 4-27	Tu/Th	7:30-9pm	\$20	48621
May 2-25	Tu/Th	7:30-9pm	\$20	48622
June 1-27	Tu/Th	7:30-9pm	\$20	48623
July 5-27	Tu/Th	7:30-9pm	\$20	48624
Aug 1-24	Tu/Th	7:30-9pm	\$20	48626

### Adult Beg. Country Western Dance

Denia Rec Center, ages 17+

Learn to Two Step, Waltz, Swing, and more. In Texas everyone needs to know these moves! For couples and singles.

March 9-30	Th	6:30-8pm	\$35	48580
April 6-27	Th	6:30-8pm	\$35	48581
May 4-25	Th	6:30-8pm	\$35	48582
June 1-22	Th	6:30-8pm	\$35	48583
July 6-27	Th	6:30-8pm	\$35	48584
Aug 3-24	Th	6:30-8pm	\$35	48585

### Date Night Cooking Class

MLK Jr. Rec Center, ages 17+

Couples will learn recipes and create meals from around the world while working together, bonding, and dipping into nutrition education.

March 20-April 21	F	7-8:30pm	\$60	48640
May 1-June 2	F	7-8:30pm	\$60	48641

# COOKING CLASSES

## SELF DEFENSE AND BOXING

### Women's Self Defense, Level 1

North Lakes Rec Center, ages 14+

Level 1 will empower you in both passive and aggressive threats and includes proper striking techniques, kicking tactics, locks, chokes, and restraints. As you improve, advanced topics will be introduced to include defenses against weapons attacks. Please wear light and comfortable clothing.

March 6-April 10	M	6:30-7:30pm	\$60	49112
June 5-July 10	M	6:30-7:30pm	\$60	49114

### Women's Self Defense, Level 2

North Lakes Rec Center, ages 14+

Level 2 covers situational awareness, mindset, avoidance techniques, dirty fighting, and "all-out-whatever-it-takes" scenarios. By the end of this course you will be able to escape from an aggressor in less than five seconds. Long pants and t-shirt required. Knee and elbow pads are preferred.

April 17-May 22	M	6:30-7:30pm	\$60	49113
July 24-Aug 28	M	6:30-7:30pm	\$60	49115

### Boxing

MLK Jr. Rec Center, ages 8+

Designed to teach proper stance, boxing techniques, punching combinations, and more. No physical combat, but uses speed bags and punching bags. Bring boxing gloves, hand wraps, and a speed rope.

March 2-28	T/Th	7-8pm	\$35	48601
April 4-27	T/Th	7-8pm	\$35	48602
May 2-25	T/Th	7-8pm	\$35	48603
June 1-27	T/Th	7-8pm	\$35	48604
July 5-27	T/Th	7-8pm	\$35	48605
Aug 1-24	T/Th	7-8pm	\$35	48606



# ADAPTIVE RECREATION



Register online at [www.dentonparks.com](http://www.dentonparks.com)!

These classes and events provide individuals with physical and developmental differences a chance to participate in recreation programs with their peers while enhancing their physical, social, and emotional well being. The whole community is invited to join in the fun! For program specific questions, call (940) 349-8287.

## Adaptive Game Day, ages 18+

This instructor led program promotes physical fitness and social development through a variety of games and activities.

Every Wednesday at North Lakes Rec Center  
3:15-4:15pm; free with a rec pass

## Lights Out Sensory Rm, ages 18+

This interactive room stimulates the senses! Black lights, neon carpet, disco lights and lasers will dazzle. Hands on items will provide different textures. and is great for small groups. Join us weekly or call to schedule a private session for your group of any age.

Every Tuesday at North Lakes Rec Center  
10:15-11:15am; \$5 per visit

## Adult Connections, ages 18+

Join us and make new friends while trying new activities. We'll experience bowling, movies, plays, restaurants or just hang out together. Designed for adults with disabilities.

June 2 F 5-8pm NLR \$25 49084  
July 14 F 5-8pm NLR \$25 49085

## Adaptive Art, ages 18+

This instructor led program will explore the use and feel of different mediums that stimulate the senses. We'll work on fine motor skills, create masterpieces, and learn about different artists.

Every Monday/Thursday at North Lakes Rec Center  
10:15-11:15am; \$5 per visit

## Fitness Equipment Orientation

One-on-one sessions led by an adapted physical education specialist will teach independent accessibility, fitness goals, machine use, group exercise, and other aspects of the gym setting. Sessions will last 45 minutes to one-hour, depending on the individual.

To schedule an appointment, email Heather at [zumbastarsdenton@gmail.com](mailto:zumbastarsdenton@gmail.com) or Linda at [lhilgenbrinck@dentonisd.org](mailto:lhilgenbrinck@dentonisd.org).

## Zumba Stars, all ages

This 60 minute, inclusive Zumba class includes cardio dance routines adapted to suit the needs of children with disabilities. Neuro-typical children are encouraged to participate and serve as partners.

Every Thursday at North Lakes Rec Center  
6-7pm; free with a rec pass

## SUMMER SPLASH BASH

Friday, Aug 11, 6:30-8:30pm  
Open to all youth and adults  
with disabilities

Celebrate the end of summer with a FREE Civic Center Pool party. Come see friends, enjoy food, and play games. This party is open to youth and adults with disabilities and their families.

## Adaptive Dances, ages 18+

Join us for a dance, light refreshments, and picture booth once a month on Fridays from 6:30 to 8:30pm.

North Lakes Rec Center; free with a rec pass

March 10 Under the Stars 49078

April 14 Hawaiian 49079

May 12 Neon 49080



# OUTDOOR RECREATION



## Kayaking, ages 5+

Ages 5-11 must be accompanied by an adult to share a tandem kayak, and ages 13-17 may attend without a guardian but must provide a signed waiver. Meet at Denia Rec Center; bring a sack lunch.

All kayaks are sit-on-top. Register by the Wednesday before each trip. Single (ages 12+) and Tandem (age 5+); price is per person.

March 25					
Single kayak	Sa	10am-3pm	\$20	48882	
Tandem kayak	Sa	10am-3pm	\$20	48883	
April 29					
Single kayak	Sa	10am-3pm	\$20	48858	
Tandem kayak	Sa	10am-3pm	\$20	48859	
May 20					
Single kayak	Sa	10am-3pm	\$20	48860	
Tandem kayak	Sa	10am-3pm	\$20	48861	
June 24					
Single kayak	Sa	10am-3pm	\$20	48881	
Tandem kayak	Sa	10am-3pm	\$20	48889	
July 15					
Single kayak	Sa	10am-3pm	\$20	48866	
Tandem kayak	Sa	10am-3pm	\$20	48867	
Aug 19					
Single kayak	Sa	10am-3pm	\$20	48868	
Tandem kayak	Sa	10am-3pm	\$20	48869	

## NO EXPERIENCE IS REQUIRED.

All outdoor adventures are led by knowledgeable, ACA-assessed and American Red Cross lifeguard-certified staff. Fees include instruction, equipment, and transportation when applicable. For more information, call (940) 349-7784.

Requirements: sunscreen, insect repellent, water, hiking boots, long pants, a hat, and weather-appropriate clothing, including closed-toe shoes that can get wet. No pets allowed.

## Kayak the Brazos, ages 13+

Join American Canoe Association assessed and American Red Cross lifeguard certified staff on a two day, overnight, 20 mile paddle down the Brazos River. Fee includes transportation, kayaks and equipment, primitive camping site, trail meals, and more. Mandatory pretrip meeting for all participants and/or legal guardians. Ages 13-16 must be accompanied by an adult.

May 6-7 Sa/Su \$105 48863

## Group Kayaking Trips

Contract with qualified staff for a three hour tour down a local creek. Ideal for youth groups, teen birthday parties or family reunions. Ages 5-11 must be accompanied by an adult on a tandem kayak. Ages 12+ are welcome to paddle a single kayak. Paddlers of all abilities welcome. \$20 per person. Minimum of 10 people. Call (940) 349-7784 to book a trip.

## Environmental Perspectives

Elm Fork Master Naturalists will delight you with their knowledge of the natural world in these informal classes at Denia Rec Center. These classes are free with a rec pass.

Butterflies	March 22	W	1-2:30pm	48910
Hummingbirds	April 19	W	1-2:30pm	48911
Trees	May 17	W	1-2:30pm	48912

# FACILITY RENTALS



## Athletic Field Rentals

For reservations, call (940) 349-7275.  
\$15/hour (practice without lights)  
\$25/hour (practice with lights)

## Athletic Facilities

### Denia Rec Center Indoor Rock Climbing Wall

Located within Denia Rec Center at 1001 Parvin St., the 20-foot wall uses top-rope climbing and offers five courses, each varying in degree of difficulty. With the completion of the annual safety course, guests can access the wall during open hours (see page 6); the wall may close during Rock the Wall, a climbing course for ages 7 to 15 (see page 12). For climbing fees call (940) 349-8285. Ages 7 to adult welcome.

## Skate Park

Located at 2400 Long Rd., adjacent to Water Works Park. The skate park is a public park and features a series of ramps and rails at varying heights, including a corner bowl, 3 foot and 5 foot half pipes, a fun box with a half pyramid, and a covered picnic area. The park is open daily from 6am-10pm.

## North Lakes Disc Golf Course

Located at the corner of Bonnie Brae Street and Windsor Drive, the course is free and open to the public daily from 6am-10pm but may close during tournaments. The course must be rented for tournaments or organized play.



# PARTY RENTALS



## NORTH LAKES REC CENTER (940) 349-8287

- Two hours in the decorated party room
  - One hour of instructor led activity
  - Paper goods and balloons
  - Party for 15 kids
  - Cake and drinks
  - Goodie bags or novelties
  - Invitations
- \$100, Make A Wish (basic party for all ages, does not include an activity)  
\$150, Sports Fanatic (ages 3-10)  
\$170, Leap, Bounce, and Pounce (ages 3-8)  
\$170, Star Wars Blacklight Experience (ages 4-10)  
Add themed decorations, pizza, a bounce house, and more for additional fees. \$4 fee for each additional child up to 24 maximum.

## DENIA REC CENTER, (940) 349-8285

- One hour of gym time
  - 30 minutes in a decorated party room
  - Party for 15 kids
  - Paper goods
  - Balloons
  - Invitations
- \$90, Rock Star Karaoke (all ages)  
\$90, Playhouse (bounce house included; ages 2-6)  
\$110, Sports Party (rock climbing, dodgeball, basketball, or volleyball; ages 7+)  
\$175, Black Light Indoor Rock Climbing (ages 7+)  
\$200, Black Light Sports Zone I (basketball, dodgeball, or volleyball; ages 7+)  
\$250, Black Light Sports Zone II (basketball and rock climbing; ages 7+)  
Add cupcake decorating, pudding finger painting, a pie-eating contest, and theme decorations for additional fees. There is a \$4 fee for each additional child.

## MLK JR. REC CENTER, (940) 349-8575

- One hour of gym time
  - 30 minutes in a decorated party room
  - Party for 15 kids
  - Paper goods
  - Balloons
  - Invitations
- \$85, Basic Party (all ages)  
\$90, Game Room (arcade games, air hockey, ping pong, foosball, pool tables; ages 7+)  
\$110, Sports (basketball, dodgeball, hockey, or volleyball; ages 5+)  
\$110, Princess (ages 4-10)  
\$110, Super Hero (ages 4-10)  
\$120, Kings and Queens Bounce House (ages 4+)  
Add the bounce house for an additional \$50.  
There is a \$4 fee for each additional child.

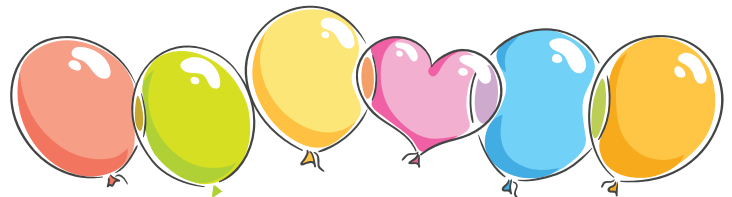
**REC CENTER RENTALS:**  
QUINCEAÑERAS, FAMILY  
REUNIONS, GRADUATION,  
SPECIAL EVENTS, BABY  
SHOWERS, WEDDING  
EVENTS, CHURCH RENTALS,  
AND MUCH MORE!

Between our centers, we offer a variety of rental spaces, including gymnasiums, game rooms, full kitchens, and multi-purpose rooms that can accommodate up to 250 guests. To book a rental, please call the rec center for availability.

Denia Rec Center, (940) 349-8285  
MLK Jr. Rec Center, (940) 349-8575  
North Lakes Rec Center, (940) 349-8287  
American Legion Hall, (940) 349-8298  
Denton Senior Center, (940) 349-8720  
Park Pavilions, (940) 349-7275

## AQUATIC RENTALS:

Civic Center Pool, see page 25  
Water Works Park, see page 27  
Denton NAT, see page 29



# Spring break 17

## SKATEBOARD CAMP

Skate Park, ages 6+  
Register by March 9

Kids will learn in fast and fun environment with lessons adapted to individual abilities. A guardian must be present the first day to complete a waiver. Each day, kids need to bring a helmet, a skateboard, sunscreen, water, and a snack. Camp will not meet if any inclement weather occurs and Friday will serve as a make-up day. The fee includes a T-shirt.

March 13-16 M-Th 9am-noon \$75 49350

## JR. GOLF ACADEMY

North Lakes Driving Range, ages 7-15

Taught by experienced PGA Golf Pros, this camp teaches fundamentals and techniques necessary for any golfer. The fee includes snacks, drinks, and a T-shirt.

March 13-16 M-Th 9am-noon \$240 48972

## AQUATIC EXPLORER CAMP

Denton NAT, ages 7-14

Everything Under the Sun

Explores will experience a fun-filled week of sports, sailing away through the seven seas, underwater adventures, and discovering what goes up must come down! Bring swimsuits, a towel, sunscreen, and goggles each day.

March 13-17 M-F 1-4pm \$85 48133

## SCRATCH KIDS COOKING

MLK Jr. Rec Center, ages 6+

Spring Baker's Delight

Kids will create baked goods using alternative and nutritious ingredients from scratch! We'll cut, chop, stir, and mix to create up to two recipes a day individually and with partners.

March 13-17 M-F 1-3pm \$75 48631

## TEEN ADVENTURES

Denia Rec Center, ages 12-16

All teen adventures will start and finish at Denia Rec Center. Bring a sack lunch, water, sunscreen, and wear appropriate outdoor clothing and closed-toe shoes.

All supplies are provided; experience is not required. With the purchase of a rec pass teens can be dropped off as early as 7am and picked up as late as closing. No direct supervision until scheduled time of activities.

Kayaking, register by March 13

Join ACA-assessed and American Red Cross lifeguard-certified staff on a paddle up Elm Fork to the confluence at Clear Creek.

March 13 M 10am-3pm \$25 48730

Archery, register by March 14

Learn how to shoot a bow and arrow with a NASP and USA Archery certified instructor. Practice on 3D targets at Cinnamon Creek Ranch.

March 14 Tu 9am-3pm \$50 48731

Rock Climbing, register by March 15

Climb on natural rock formations at Lake Mineral Wells, then enjoy an optional dip in the lake during lunch.

March 15 W 9am-4pm \$30 48732

Mountain Biking, register by March 16

Bike the Rail Trail on the Corinth Community Park Trail. Bikes and helmets are provided.

March 16 Th 10am-3pm \$25 48733

Horseback Riding, register by March 17

Join Black Mustang Ranch on a guided, 1.5-hour horseback adventure on the trails at Lantana Lodge. Terrain varies from stony hills to sand with spectacular views of the lake.

March 17 F 10am-2pm \$55 48734

## ALL-DAY SPRING BREAK CAMP

Unless otherwise noted, campers need to bring a lunch, snacks, and drinks each day. Field trips fees are included.

### DENIA REC CENTER

#### AGES 5-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-8285.

March 13: Amazing Jakes

Video games, laser tag, and more

March 14: Altitude Trampoline Park

A giant indoor trampoline center

March 15: Going Bonkers

A giant indoor play center

March 16: Mountasia

Video games, laser tag, and more

March 17 Main Event

Main Event bowling and arcade fun

### DENTON CIVIC CENTER

#### AGES 5-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-7275.

March 13: Round1

Theme: Let the Games Begin

March 14: The Star & a movie

Theme: You're a Star

March 15: Urban Air & CiCi's Pizza

Theme: Extreme Heights

March 16: Fort Worth Museum of Science

Theme: Spring Fling

March 17: Jump Mania & Bahama Bucks

Theme: Super Staycation

### MLK JR. REC CENTER

#### AGES 5-12

\$30/kid per day

7am drop-off, 6pm pick-up

For details call (940) 349-8575.

March 13: Main Event

Theme: Spring Into Fun

March 14: Amazing Jakes

Theme: Adventure Time

March 15: Going Bonkers/Nickelmania

Theme: Get Your Game On

March 16: Legoland/Rainforst Café

Theme: Time to Build

March 17: Urban Air and CiCi's Pizza

Theme: Rockapoolooza



# Summer camps



## Four Convenient Locations! ALL-DAY, 7am-6pm

### SESSIONS AND FEES

Monday-Friday, 7am-6pm

S1	June 5-9	\$120
S2	June 12-16	\$120
S3	June 19-23	\$120
S4	June 26-30	\$120
S5	July 3-7	\$105
S6	July 10-14	\$120
S7	July 17-21	\$120
S8	July 24-28	\$120
S9	July 31-Aug 4	\$120
S10	Aug 7-11	\$120

Camp fee includes field trips, themed activities, arts, crafts, and swimming. Nonresidents add \$5 per session.

### DEPOSITS, PAYMENTS, MORE

The first session must be paid in full upon registration. A \$10 deposit is required for all reserved sessions and will be applied to the fee. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed. For sessions paid in full, a one-week notice must be given to receive credit toward another session.

### SNACKS AND LUNCH

Regardless of being registered for the free lunch program, kids must bring two snacks a drink each day.

The free lunch program is available on non-field trip days, June 11-Aug 11.

### Little Campers, ages 3½-6

McMath Middle School

In person only registration begins April 17 at Denton Civic Center.

Licensed by the Texas Dept. of Family and Protective Services, kids will enjoy a safe, summer camp atmosphere. Themed activities include field trips, swimming, games, crafts, inflatables, songs and dance, story time, and karaoke. Must be potty trained.

- S1 Calling All Campers; Playstreet Museum
- S2 Safari Madness; Frank Buck Zoo
- S3 Wet & Wild; FC Spray Ground & The Coop
- S4 Hawaiian Hullabaloo; Rainforest Cafe/Sea Life
- S5 Fairy Tale Fun; Chuck E Cheese/Movie
- S6 Going Green; Sci-Tech Discovery/LE Beard Park
- S7 Above & Beyond; Planetarium/Braum's
- S8 Team Spirit; Main Event
- S9 Sunshine Fun Time; Cici's/Safari Run
- S10 Paradise; Altitude Trampoline Park/Bonkers

### Camp Voyage, ages 5-12

Denia Rec Center

Registration is open. Each week is due two weeks in advance.

- S1 Kayak Attack
- S2 Jump Start
- S3 Angler & Archers
- S4 Beach Break
- S5 EnviroKids
- S6 Sportastic
- S7 Water World
- S8 Fuzzy Friends
- S9 Legopalozza
- S10 Best of the Best

### Super Kids, ages 6-12

McMath Middle School

In person only registration begins April 17 at Denton Civic Center.

- S1 Silly Camp Celebration; Pinstack
- S2 Up, Up, & Away; Cosmic Jump/Allen Station Park
- S3 Aloha Summer!; Hawaiian Falls Roanoke
- S4 Xtreme Sports; Main Event
- S5 America the Beautiful; The Star/Bahama Bucks
- S6 Wild, Wild West; Urban Air Trampoline Park
- S7 Movie Madness; Chuck E. Cheese/Movie
- S8 The Mighty Jungle; Rain Forest Café/Safari Run
- S9 Super Hero Adventures; Hawaiian Falls, The Colony
- S10 Animal Planet; Cici's Pizza/Legoland/Going Bonkers

### Camp Exploration, ages 5-11

Denton Civic Center

In person only registration begins April 17 at Denton Civic Center.

- S1 Blast Off!; Amazing Jakes
- S2 Splash into Summer; Hawaiian Falls, The Colony
- S3 Summer Wonderland; Main Event
- S4 Game-a-Rama; Pinstack
- S5 Stars and Stripes; NRH20
- S6 Movie Mania; Studio Movie Grill/Nickelmania
- S7 Knight and Shining Summer; Medieval Times
- S8 Extreme Heights; Altitude Trampoline/Braum's
- S9 FunFest; Dave & Busters
- S10 Tropical Paradise; Hawaiian Falls Roanoke

### King's Kids Camp, ages 5-12

MLK Jr. Rec Center

Registration is open. Each week is due two weeks in advance.

- S1 All About the Zoo; Dallas Zoo
- S2 Exploration; Perot Museum
- S3 Fear Factor; Ripley's Believe it or Not
- S4 Water Wars; Hawaiian Falls, The Colony
- S5 Fun & Fitness; Main Event
- S6 Time Travelers; Dallas Museum of Art
- S7 Holleywood Week; Movie/Bahama Bucks
- S8 Space Invaders; Dallas Planetarium
- S9 Wilderness 101; Fort Worth Zoo
- S10 Finale of Fun; Sandy Lake Amusement Park



Be creative.  
Be adventurous.  
Be original.

And above all else, be young.



# Half-Day + *Mini* Camps, pages 21-25

## HALF-DAY CAMPS, AGES 3-5

Denton Civic Center

Campers must be potty trained.

### Little Rookies Sports & Fitness

Rookies will experience track and field, karate, baseball, tennis, lacrosse, basketball, golf, T-ball, soccer, fitness activities, and more. Each child will receive a sports kits and shirt.

June 12-16 M-F 9am-noon \$75 49441

### Little Scientists

Your mad scientist will dabble hands on in the science behind magnets, air, water, and more!

June 19-23 M-F 9am-noon \$75 49442

### Superhero Adventures

In an ordinary world of mortals, kids will be SUPER and SOAR using stories, crafts, games, and activities. Costumes are welcome!

June 26-30 M-F 9am-noon \$75 49443

### Knight and Princess Camp

Kids will transcend into princesses and knights through stories, activities, games, and crafts. Costumes are welcome!

July 10-14 M-F 9am-noon \$75 49444

### Under the Big Top

When all else fails, join the circus! We'll clown around with carnival games, juggling, face painting, spin art, magic, and much more.

July 17-21 M-F 9am-noon \$75 49445

## JR. CAMPOUT

Grades 1-6; \$200/kid

July 24-28; 49447

Register by July 7.

At Jellystone Park in Burleson kids will enjoy a five day, four night stay that includes Pirates' Cove Water Park, laser tag, airzone inflatables, crafts, fishing, and more! Kids will stay in lodges with all meals included.



## PERFORMING ARTS CAMP

Denia Rec Center, ages 5-10

This mini-camp breaks down the fundamentals of theater by teaching kids the tools needed to create their very own play! We will specialize in the writing of an original production and guide their vision toward a 15 minute performance for all to enjoy. Kids will be divided into age groups; 5-7 and 8-10.

June 5-9 M-F 9am-noon \$50 48828

Performance 11am on Friday, June 9

July 24-28 M-F 9am-noon \$50 48829

Performance 11am on Friday, July 28

## CAMP INVENTION

Denia Rec Center, ages 6-11

Camp Invention is a nationally recognized program that fosters 21st century competencies by presenting real-world challenges that promote the direct application of critical thinking and communication skills. Science, Technology, Engineering and Math (STEM) concepts are explored via hands-on, creative problem-solving activities and project-based learning through interdisciplinary modules. Kids will design prototypes and be curious about their world through the dynamic lens of innovation and entrepreneurship. This camp is led by DISD science teachers. Register three weeks in advance of camp start date.

June 19-23 M-F 9am-3:30pm \$199 48833

July 17-21 M-F 9am-3:30pm \$199 48834

## TEXAS AGRI LIFE MINI-CAMPS

Junior Master Naturalist, ages 6-11

Kids will explore nature, create, craft, hike, and journal with certified Elm Fork Master Naturalists. Each day, we will study local habitats: woodlands, wetlands, prairies, ponds, and rivers, and urban areas! Kids must bring snacks, water, and wear closed toe shoes, long pants, sunscreen and insect repellent. Register by June 16. The camp is located at Global Spheres, 7801 south I-35 E, Corinth, TX.

June 26-30 M-F 9am-noon \$65 48818

Junior Master Gardner, ages 6-11

Kids will explore the world of gardening with certified Denton County Master Gardeners. Each day, we will study a different aspect of backyard gardening through horticultural and environmental science activities. Kids must bring snacks, water, and wear closed toe shoes, long pants, sunscreen and insect repellent. The camp is located at Global Spheres, 7801 south I-35 E, Corinth, TX. Register by June 30.

July 17-21 M-F 9am-noon \$65 48819

## AQUATIC EXPLORER CAMP

Denton NAT and WWP, ages 7-14



Bring swimsuits, a towel, sunscreen, and goggles each day. Monday-Friday, 1-4pm. \$85 per camper.

June 5-9	Underwater Adventure	48134
June 12-16	What Goes Up	48135
June 19-23	Sail Away	48136
June 26-30	Polo Mania	48137
July 10-14	Adventures of the Seven Seas	48138
July 17-21	Sports: Just Add Water	48139
July 24-28	Make A Splash	48140
July 31-Aug 4	The Amazing Race	48566



# Summer camps

## SPECIALTY CAMPS, AGES 4-12

### FASTFORWARD KIDS

Wheels, Wings, and Motorized Things  
Denton Civic Center, ages 4-7 & 8-12

With “Zillions” of hands on pieces this innovative program offers unseen NEW games, projects and activities led by a certified educator. Your child will use and develop their critical thinking skills to construct dinosaurs, rockets, castles, airplanes, forts, cars, and more.

Older builders will expand knowledge of math, science and technology in an exploratory hands-on cooperative environment the is age specific.

Ages 4-7; 49438

July 31-Aug 4 M-F 9-11am \$100

Ages 8-12; 49439

July 31-Aug 4 M-F 11:30am-1:30pm \$100

### Ultimate Survival

Denton Civic Center, ages 7-12

During survival situations, the four basic needs, become shelter, water, fire, and food. By introducing basic techniques, enlisted kids will learn how to purify water, leave no trace camping, signal for help, wilderness navigation, search for edible food, first aid, set up shelter and even learn Army chants! Wrapped in games and outdoor adventure, unique challenges await!

July 31-Aug 4 M-F 2-4pm \$100 49440

### BRICKS4KIDZ

Denia Rec Center, ages 5-13

Kid's will embrace their creativity and build exciting LEGO® models based on popular themes! Includes a free mini-build based on theme.

Bat League: Heroes and Villains

June 19-23 M-F 9am-noon \$179 48893

A Pirate's Tale

June 19-23 M-F 1-3pm \$179 48894

Cars: Remote Control Mania

July 10-14 M-F 9am-noon \$179 48895

Minion Madness

July 10-14 M-F 1-3pm \$179 48896

### YOUNG REMBRANDTS ART

Apps and Video Game Art

North Lakes Rec Center, ages 6+

Art is all around us, including on phones and online! Join us for a workshop mimicking the amazing imagery of apps and video games! Kids will learn illustration and coloring techniques inspired by popular video games. Artwork is inspired by pixel block characters, plants, zombies and classic apps and games.

June 21-23 W/Th/F 2-4pm \$84 49052

World of Dinosaurs Pastel Drawing

North Lakes Rec Center, ages 6+

Travel back in time to the land of the lost. Kids will learn to use pastels to create impressive and frame-worthy art. We'll draw and color different dinosaurs in varying artistic styles ranging from realism, graphic, and cartoon. Perfect for boys or girls who love the ancient world of big lizards!

July 19-21 W/Th/F 2-4pm \$84 49054

### ENGINEERING FOR KIDS

Forensic Investigators

MLK Jr. Rec Center, ages 6-12

Kids will embark on a new journey to decipher clues and biological codes, trace evidence, and use forensic techniques to help identify the perpetrator. One-time \$30 supply fee.

June 19-22 M-Th 1-4pm \$130 49459

### ENGINEERING FOR KIDS

MLK Jr. Rec Center, ages 6-12

Laptops and software will be provided.

Medieval Times with Minecraft

Students will make mine cart tracks to gather resources, work together to build their kingdom, and design traps to defend their castle, all with the use of Redstone! Laptops and software will be provided. One-time \$20 licensing fee.

June 26-29 M-Th 9am-noon \$130 49457

July 17-20 M-Th 1-4pm \$130 49460

3D Printing: Super Hero Creations

Students will explore 3D printing and CAD to design and create their very own super hero. One-time \$20 licensing fee.

July 10-13 M-Th 9am-noon \$130 49458

Get Wired with Makey Makey  
Invention Kit Camp, ages 6-12

Makey Makey is an invention kit for the 21st century that turns everyday objects into touchpads and combines them with the internet. Students will create their own video games and have a blast designing their own catch game using Scratch.

One-time \$20 licensing fee.

July 17-20 M-Th 1-4pm \$130 49461

3D Printing: Minecraft Creations

Students will explore 3D printing and CAD to design and create their very own Minecraft world. One-time \$20 licensing fee.

June 19-22 M-Th 9am-noon \$130 49462

Electronic Game Design, ages 6-12

Kids use Clickteam Fusion 2® to create their own video game from start to finish.

July 10-13 M-Th 9am-noon \$130 49463

Robotics Rescue Robots, ages 10-14

Kids will learn how to build and program LEGO® robots and explore how they're used in different disaster situations with a laptop.

June 26-29 M-Th 1-4pm \$130 49464

Robotics Rescue Robots, ages 5-9

Kids will be introduced to robotics and build and program their WeDO robots using laptops.

June 26-29 M-Th 1-4pm \$130 49465

For more information,  
call (940) 349-7275.

# TEEN CAMPS, AGES 10-17

## YOUTH TECH CAMP

MLK Jr. Rec Center, ages 10-17

Laptops and software will be provided.  
Ten class participant minimum.

### Computer Animation

Students will learn the basics of animation and digital design using Adobe Flash.

June 5-8 M-Th 9am-noon \$160 48835

### Video Game Design

Students will learn video game design and development several interactive video games

June 5-8 M-Th 1-4pm \$175 48836

July 3-6 M-Th 9am-4pm \$175 48841

(no class July 4)

### The Gaming Academy

Students will focus on 2D & 3D game design then create video games using top software.

July 3-6 M-Th 9am-4pm \$325 48837

### 3D Game Design

Students will create a 3D game design like the ones they play at home.

July 6-7 Th/F 9am-4pm \$165 48838

### iGame Creator

Students will combine game design and animation to create interactive characters.

July 24-27 M-Th 10am-noon \$120 48843

### Movie Makers

Students will film, direct, edit, and use a green screen to create a digital movie.

July 24-27 M-Th 1-4pm \$155 48842

### iCode

Students will take an interactive look at coding and create virtual apps and write programs.

July 31-Aug 3 M-Th 10am-noon \$120 48839

### Web Studio

Students will learn the basics of animation and web design while creating interactive animations to publish online.

July 31-Aug 3 M-Th 1-4pm \$165 48840

## TEEN ADVENTURES

Denia Rec Center, ages 12-16

Register in person or online by  
Wednesday prior to each week.

### Kayak and Rock Climb

June 12-16 M-F 9am-3pm \$105 48735

### Kayak and Archery

July 24-28 M-F 9am-3pm \$105 48736

### Archery and Rock Climb

Aug 7-11 M-F 9am-3pm \$105 48737

Each camp begins with an introduction to the activity and progresses in difficulty during the week. Taught by ACA assessed and Red Cross Lifeguard certified staff.

Each week includes field trips to practice at multiple locations. No experience is needed, just a desire to be outside and have fun. All adventures will start and finish at Denia Rec Center. Bring a sack lunch, water bottle, sunscreen, and wear appropriate outdoor clothing including closed-toe shoes.

Teens can be dropped off as early as 7am and picked up as late as closing with the purchase of a \$10 rec pass and parental permission; no direct supervision until scheduled time of activities. For specific questions, call (940) 349-8136.

## TWISTED KIDS

### AERIAL INTENSIVE

Denia Rec Center, ages 10-17

Aerial classes make great extra-curricular activities! Teens will build strength, flexibility, stamina, and have a blast, regardless of fitness level. We care about safety and take the utmost care in teaching aerial skills.

Our training starts kids low to the ground and as they demonstrate maturity and strength, are allowed to take skills higher into the air, but only when ready. Sessions will end with a friends and family showcase.

Register by June 11; June 12-25 add \$15.

June 26-30 M-F 1-3pm DRC \$175 48908

Register by July 9; July 10-23 add \$15.

July 24-28 M-F 1-3pm DRC \$175 48909

## ALL-DAY TEEN CAMP

Denton Civic Center, ages 11-15

In person only registration begins  
April 17 at Denton Civic Center.

For a complete list of daily field trips,  
visit [www.dentonparks.com](http://www.dentonparks.com)!

June 5-9; Ripping into Summer

June 12-16; Summerpalooza

June 19-23; Adventure Awaits

June 26-30; Colossal Conquest

July 3-7; Rockin & Rolling

July 10-14; Fun Frenzy

July 17-21; Mayhem & More

July 24-28; Crazy Craze

July 31-Aug 4; Summer Spectacular

Aug 7-11; Splash and Dash

Each day begins at 7am and ends at 6pm at Denton Civic Center. Teens will enjoy exciting daily field trips with activities such as laser tag, go-karts, and so much more.

There must be a minimum of 20 campers to hold a session. \$130 per session and \$110 for session 5; no camp on July 4. Fees include all activities and field trips. Teens need to bring a sack lunch, a snack, and drinks each day. The first session must be paid in full upon registration. The \$10 deposit (applied to fee) is required for all reserved sessions. Deposits are non-refundable and non-transferrable; credits or refunds are not provided for days missed.

For sessions paid in full, a one-week notice must be given to receive credit toward another session. Field trips available at [www.dentonparks.com](http://www.dentonparks.com).

Visit [www.dentonparks.com](http://www.dentonparks.com)  
to register for any specialty  
or half-day camp.

If you have camp specific  
questions, call customer  
service at (940) 349-7275.





# TENNIS CAMPS

## Quickstart I, ages 4-5

Players will use smaller nets and graduated racquets to develop basic strokes. Special equipment and targets are used to create a fun learning environment.

### Morning Camp:

June 5-9	M/W/F	9-10am	\$69	49265
June 12-16	M/W/F	9-10am	\$69	49266
June 19-23	M/W/F	9-10am	\$69	49267
June 26-30	M/W/F	9-10am	\$69	49268
July 10-14	M/W/F	9-10am	\$69	49269
July 17-21	M/W/F	9-10am	\$69	49270
July 24-28	M/W/F	9-10am	\$69	49271
July 31-Aug 4	M/W/F	9-10am	\$69	49272
Aug 7-11	M/W/F	9-10am	\$69	49273

## Quickstart II, ages 6-9

Players will learn the basics of tennis, including strokes, grips, and footwork combining fun and fundamentals by using a "skill of the day" format.

### Morning Camp:

June 5-9	M/W/F	9-10:30am	\$89	49283
June 12-16	M/W/F	9-10:30am	\$89	49284
June 19-23	M/W/F	9-10:30am	\$89	49285
June 26-30	M/W/F	9-10:30am	\$89	49286
July 10-14	M/W/F	9-10:30am	\$89	49287
July 17-21	M/W/F	9-10:30am	\$89	49288
July 24-28	M/W/F	9-10:30am	\$89	49289
July 31-Aug 4	M/W/F	9-10:30am	\$89	49290
Aug 7-11	M/W/F	9-10:30am	\$89	49291

### Saturday Camp:

June 10-July 29	Sa	9:30-10:30am	\$129	49292
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### Half-Day Camp:

In addition to strokes, grips, and footwork, players will get singles and doubles play, ball machine practice, and a Friday pizza party.

June 12-16	M/W/F	9am-noon	\$139	49293
June 26-30	M/W/F	9am-noon	\$139	49294
July 10-14	M/W/F	9am-noon	\$139	49295
July 31-Aug 4	M/W/F	9am-noon	\$139	49280

## Championship Camp, ages 10+

Beginners will learn the basics of tennis, and intermediate players will begin playing and keeping score. Racquets are available for use.

### Morning Camp:

June 5-9	M/W/F	9-10:30am	\$89	49306
June 12-16	M/W/F	9-10:30am	\$89	49307
June 19-23	M/W/F	9-10:30am	\$89	49308
June 26-30	M/W/F	9-10:30am	\$89	49309
July 10-14	M/W/F	9-10:30am	\$89	49310
July 17-21	M/W/F	9-10:30am	\$89	49311
July 24-28	M/W/F	9-10:30am	\$89	49312
July 31-Aug 4	M/W/F	9-10:30am	\$89	49313
Aug 7-11	M/W/F	9-10:30am	\$89	49303

### Saturday Camp:

June 10-July 29	Sa	9:30-10:30am	\$129	49314
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### Half-Day Camp:

In addition to the description above, players will get singles and doubles play, ball machine practice, and enjoy a Friday pizza party.

June 12-16	M/W/F	9am-noon	\$139	49316
June 26-30	M/W/F	9am-noon	\$139	49317
July 10-14	M/W/F	9am-noon	\$139	49318
July 31-Aug 4	M/W/F	9am-noon	\$139	49315

## Adv. Camps, Jr. High/High School

Jr. High level is for jr. high players, or younger players with extensive tournament experience. High School level is for grades 9-12.

Attend weekly, all summer, or go one or two days a week. No makeup dates for daily or all-summer options.

### Camp Times:

M/W, 10:30am-noon and Tu/Th, 7-8:30pm

### Weekly Camp Options:

June 5-8	M-Th	\$99	49330
June 12-15	M-Th	\$99	49331
June 19-22	M-Th	\$99	49332
June 26-29	M-Th	\$99	49333
July 10-13	M-Th	\$99	49334
July 17-20	M-Th	\$99	49335
July 24-27	M-Th	\$99	49336
July 31-Aug 3	M-Th	\$99	49337

### Daily Camp Options:

10 classes	M-Th	\$159	49319
20 classes	M-Th	\$289	49320

### All-Summer Option:

June 5-Aug 3	M-Th	\$399	49338
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Multiple-sized junior racquets are available for use. Kids need to bring a snack and drink each day and wear sunscreen. Kids will receive a tennis prize.

To register, visit [www.dentonparks.com](http://www.dentonparks.com)! For tennis camp questions, call Goldfield Tennis Center at (940) 349-8526.



# SPORTS CAMPS

## Kayaking-Intro to Paddling, ages 8+ Denton NAT/Water Works Park

In this course, participants will learn safety skills, basic boat orientation, and stroke technique. Fun for the whole family, participants will use kayaks to practice basic river maneuvers in a controlled environment. Kayaks, personal floatation devices, and paddles are provided.

June 5-8	M-Th	8:30-10:30am	\$60	48153
June 12-15	M-Th	8:30-10:30am	\$60	48154
June 19-22	M-Th	8:30-10:30am	\$60	48155
July 10-13	M-Th	8:30-10:30am	\$60	48156
July 17-20	M-Th	8:30-10:30am	\$60	48157

## Kayaking-Roll, ages 12+ Denton NAT/Water Works Park

In this course, participants will expand their knowledge of paddling through the addition of rolling a kayak. Skills presented will include wet exits, hip snaps, bracing, and paddle rolling.

June 26-29	M-Th	8:30-10:30am	\$60	48159
July 24-27	M-Th	8:30-10:30am	\$60	48160

## Dolphins Swim Camp, ages 6+ Civic Center Pool

This camp focuses on similar activities found on a traditional swim team. Kids will participate in wacky relay races, stroke clinics, learn and play water polo, and more. Kids must be able to swim one full length of the pool unassisted.

July 18-Aug 3	Tu/Th	8:30-10am	\$45	48148
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## Skateboard Camp, ages 6+ Denton Skate Park

Learn the basics of skateboarding, or take skills to the next level. Instruction is adapted to each skaters ability. A skateboard and helmet are required. Camp will not meet if any inclement weather occurs and Friday will serve as a make-up day. The fee includes a T-shirt. Register by the Thursday before each camp.

June 5-8	M-Th	8:30-11:30am	\$75	49344
June 12-15	M-Th	8:30-11:30am	\$75	49345
June 19-22	M-Th	8:30-11:30am	\$75	49346
July 10-13	M-Th	8:30-11:30am	\$75	49347
July 17-20	M-Th	8:30-11:30am	\$75	49348
July 24-27	M-Th	8:30-11:30am	\$75	49349

## Jr. Golf Academy Camp, ages 7-15 North Lakes Driving Range

Taught by experienced PGA Golf Pros, this golf camp teaches fundamentals and techniques necessary for any golfer. Brush up on skills and learn some new ones. The fee includes snacks, drinks, and a T-shirt.

June 12-15	M-Th	9am-noon	\$240	48968
July 10-13	M-Th	9am-noon	\$240	48969
July 24-27	M-Th	9am-noon	\$240	48970
Aug 7-10	M-Th	9am-noon	\$240	48971

## Sports Camp, ages 5-14 Locations vary, see below.

These camps are great for both the beginner looking to gain a basic understanding of the sport and the veteran wanting to improve. Camp will not meet if any inclement weather occurs and Friday will serve as a make-up day. \$75 per camp. The fee includes a T-shirt.

## Soccer Camp, ages 5-8 Denia Soccer Field

Ages 5-8	June 12-15	M-Th	8:30-11:30am	49353
Ages 5-8	July 10-13	M-Th	8:30-11:30am	49354

## Volleyball Camp, ages 7-12 North Lakes Rec Center

Ages 7-9	June 19-22	M-Th	1-4pm	49351
Ages 10-12	July 17-20	M-Th	1-4pm	49352

## Lacrosse Camp, ages 5-14 Denia Soccer Field

Grades K-4	June 26-29	M-Th	8:30-11:30am	49355
Grades 5-8	July 17-20	M-Th	8:30-11:30am	49356

Kids need to bring a snack and drink each day and wear sunscreen. To register, visit [www.dentonparks.com](http://www.dentonparks.com)! For camp questions, call (940) 349-7275.

To register, visit [www.dentonparks.com](http://www.dentonparks.com)!





# 2017 TRAINING



Visit [www.dentonwaterworks.com](http://www.dentonwaterworks.com) or call (940) 349-8800.

## LIFEGUARD TRAINING AGES 15+

**COURSE CONTENT:** Candidates will learn the knowledge and skills needed to prevent and respond to pool and water park emergencies. Prerequisites will be conducted on the first day of class.

### COURSE CERTIFICATIONS:

- Waterpark Lifeguard Training
- Lifeguard Training
- Bloodborne Pathogen Training
- Oxygen Administration
- First Aid/CPR/AED for the Professional Rescuer

### COURSE PREREQUISITES:

- Minimum age of 15
- Swim 300 yards continuously
- Start in the water and swim 20 yards of front crawl or breaststroke, surface dive 10 feet, retrieve a 10 pound object, return to the starting point with the object, and exit without using a ladder or steps—all within one minute and 40 seconds
- Tread water for 2 min. using only your legs

**COURSE MATERIAL:** Some material will need to be downloaded from the American Red Cross website. The instructor will send instructions prior to the first day of class. A valid email is required.

**COURSE DATES:** This four-day course meets at the NAT on Thursday and Friday from 5-10pm and Saturday and Sunday from 8am-6pm. Bring a lunch each day.

March 2-5	Th-Su	\$100	48550
March 9-12	Th-Su	\$100	48551
March 16-19	Th-Su	\$100	48552
March 23-26	Th-Su	\$100	48553
March 30-April 2	Th-Su	\$100	48554
April 6-9	Th-Su	\$175	48555
April 20-23	Th-Su	\$175	48556
April 27-30	Th-Su	\$175	48557
May 4-7	Th-Su	\$225	48558
May 11-14	Th-Su	\$225	48559
May 25-28	Th-Su	\$225	48560
June 1-4	Th-Su	\$225	48561
June 8-11	Th-Su	\$225	48562

## WATER SAFETY INSTRUCTOR, AGES 16+

**COURSE CONTENT:** Candidates will learn to teach Water Safety, Basic Water Rescue, Learn-to-Swim (all six levels) and Parent and Child Aquatics courses.

### COURSE CERTIFICATIONS:

- Water Safety Instructor
- Basic Water Rescue

### COURSE PREREQUISITES:

- 16 years old (by last day of class)
- Demonstrate swimming skills consistent with the Stroke Performance Charts, Level 4, by swimming 25 yards of each stroke: front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly (15 yards)
- Float in deep water for one minute
- Tread water for one minute

**COURSE DATE:** This three-day course meets at Denton NAT and breaks for lunch.

March 13-15 M-W 9am-6pm \$250 48491

## LIFEGUARD PREP, AGES 15+

**COURSE CONTENT:** Candidates will learn to prepare for the American Red Cross (ARC) Waterpark Lifeguard certification course prerequisites. This course is taught by an ARC Certified Lifeguard Instructor.

**COURSE DATES:** Meets at the NAT.

March 5	Su	4-5pm	\$15	48537
March 12	Su	4-5pm	\$15	48538
March 19	Su	4-5pm	\$15	48539
March 26	Su	4-5pm	\$15	48540
April 2	Su	4-5pm	\$15	48541
April 9	Su	4-5pm	\$15	48542
April 23	Su	4-5pm	\$15	48543
April 30	Su	4-5pm	\$15	48544
May 7	Su	4-5pm	\$15	48545
May 14	Su	4-5pm	\$15	48546
May 28	Su	4-5pm	\$15	48547
June 4	Su	4-5pm	\$15	48548

## BABYSITTER'S TRAINING AND BASIC WATER RESCUE AGES 11-16

**COURSE CONTENT:** Candidates will learn how to properly care for and monitor kids, how to respond in emergency situations, and how to build games and lesson plans for all ages.

### COURSE CERTIFICATIONS:

- Babysitting
- CPR for Infant and Child
- First Aid
- Basic Water Rescue

**COURSE DATES:** This two-day course meets at the NAT. Times will vary per class, call (940) 349-8800.

March 15-16 W/Th \$90 48141

April 14-15 F/Sa \$90 48142

June 9-10 F/Sa \$90 48567

## JUNIOR LIFEGUARDING AGES 11-14

**COURSE CONTENT:** Formally known as Guard Start, this course is a key component of the Lifeguarding program and serves as an ideal transition between Learn-to-Swim and the lifeguard training course. Teens will learn victim recognition, water rescue skills, and First Aid, CPR, and AED.

### COURSE PREREQUISITES:

- Continuously swim 25 yards of freestyle
- Tread water for 1 min.
- Swim 10 yards under water

**COURSE DATES:** Meets at Civic Center Pool.

June 19-29 M-Th 5:30-7:15pm \$80 48151

July 10-20 M-Th 5:30-7:15pm \$80 48152

**REGISTER TODAY,  
(940) 349-8800!**



# CIVIC CENTER POOL

## 2017 OPEN SEASON

Mon.-Sat. noon-6pm; Sun. 1-6pm  
 Memorial Day Weekend, May 27-29  
 Open daily, June 3-Aug 15  
 End of Season Weekends  
 Aug 19-20 and Aug 26-27  
 Labor Day Weekend, Sept 2-4

## DAILY ADMISSION

Ages 18 and older, \$4  
 Ages 3-17, \$3  
 2 & under is free

## SEASON PASS

Purchase 1-3 for \$40 each  
 Purchase 4+ for \$35 each  
 (nonresidents add \$5 per pass)

## All Access Annual Aquatic Pass

(WWP, CCP, & the NAT)  
 Purchase 1-3 for \$150 each  
 Purchase 4+ for \$120 each  
 (nonresidents add \$5 per pass)

## Daddy Discount on Father's Day!

Sunday, June 18 dads are FREE with a paid admission.

## Independence Dollar Day!

Tuesday, July 4, \$1 admission

515 N. Bell St., (940) 349-8279

## Denton Dolphins

### Swim Camp, ages 6+

This camp focuses on similar activities found on a traditional swim team. Kids will participate in wacky relay races, stroke clinics, learn and play water polo, and more. Kids must be able to swim one full length of the pool unassisted.

July 18-Aug 3 Tu/Th 8:30-10am \$45 48148

## Denton Dolphins

### Swim Team, ages 6+

Participants must be at least five years old and are required to swim 25 yards continuously. A parent-only interest meeting will be on May 22 at 6 pm at the NAT. We'll host team try outs and placements for NEW swimmers on May 16 or May 18 from 5:15-8pm. To schedule, email [swimdentondolphins@gmail.com](mailto:swimdentondolphins@gmail.com). Practices begin May 23, 5-8pm on Tuesday, Wednesday, and Thursday at CCP. Morning and evening (M-F) summer practices begin June 5.

May 23-July 14 M-F 7-11:30am \$175 48145

May 23-July 14 M-F 6-7pm \$175 48146

## Birthday Party Rentals, \$110

Available beginning May 27, this package includes one hour under the shaded party area, invitations, paper goods, cake, and drinks. Pizza is available for an additional fee. Limited to 15 guests; each additional guest pays daily admission. To book, call (940) 349-8806.

## After Hours, Private Rentals

The pool is available for private rentals on week days beginning at 7:30pm and on weekends beginning at 6:30pm. Lifeguards are provided. All rental fees must be paid in full at the time of booking. Rental fees vary starting at \$225. To book your next party, call (940) 349-8802.

**TO BOOK A PARTY,  
 CALL (940) 349-8806!**



## SUMMER SWIM LESSONS, PAGES 30-31

Structured lessons are divided by age and skill level and taught by certified instructors. To view the schedule, see pages 30-31.





# NEW WAVE POOL AND CONCESSION STAND OPENING SUMMER 2017!



**VISIT [WWW.DENTONWATERWORKS.COM](http://WWW.DENTONWATERWORKS.COM)**

## Season Pass are on sale NOW until May 21, 2017!

Maximize the four or more pass discount! Families and friends can benefit by simply purchasing four or more passes at the same time before May 22, 2017.

## NOW until May 21, 2017

Purchase 1-3 for \$65 each  
Purchase 4+ for \$55 each  
(nonresidents add \$5 per pass)

## Beginning May 22, 2017

Purchase 1-3 for \$75 each  
Purchase 4+ for \$65 each  
(nonresidents add \$5 per pass)

## Monthly Passes

Purchase 1-3 for \$30 each  
Purchase 4+ for \$25 each  
(nonresidents add \$5 per pass)

## Daily Admission

48 inches and taller, \$17  
nonresidents add \$2

Under 48 inches, \$13  
nonresidents add \$2

2 and under, FREE  
Non-swimmers, \$5

## All Access Annual Aquatic Pass

Purchase 1-3 for \$150 each  
Purchase 4+ for \$120 each  
(nonresidents add \$5 per pass)  
Full access to THE NAT, Water Works Park, and Civic Center Pool.

## 2017 Season Perks

Unlimited visits, all summer  
Exclusive Buddy Passes  
Exclusive monthly specials  
Concessions discounts  
Hula Hut gift shop discounts  
Free WWP cup with \$1 refills  
\$30 off water park birthday parties  
\$10 off total cabana rental

## Season Pass Payment Plan Option

Start when you're ready!  
Regardless of when you make your first payment, the second payment will begin with the next month that follows.

There are no limitations on the number of season passes you add to the plan. You can pay off one, two, three, or more.

We'll simply divided it up equally based on remaining months and passes purchased.

Current individual rates apply. In other words, payment plans can be made using the individual season pass discounted rates.

The final payment is due by April 30.

Payments and purchases can be made at the NAT or Civic Center. For more information, call (940) 349-8800.

## Water Park Hours and Open Season

Monday-Saturday, 11am-7pm  
Sunday, Noon-7pm

Sneak Peek Weekend, May 20-21  
Memorial Day Weekend, May 27-29

Open daily, June 3-Aug 15

End of Season Weekends:

Aug 19-20, Aug 26-27, and

Labor Day Weekend, Sept 2-4

## Purchase a Pass and enjoy unlimited fun!

Four Giant, Outdoor Slides

One Giant, Indoor Slide

Children's Play Pool

Lazy River

Sand Volleyball Court

Party Pavilions

Cabana Rentals

NEW Concessions

NEW Wave Pool

Water Works Park  
(940) 349-8800  
2400 Long Rd., Denton, TX  
[www.dentonwaterworks.com](http://www.dentonwaterworks.com)

**TO BOOK A PARTY  
OR RENT A CABANA,  
CALL (940) 349-8806!**



### Lil' Island Birthday Party Package, \$230

- One hour in the party room or outdoor pavilion
- Admission to WWP for 15 guests
- Experienced party host
- Electronic email invitations
- Paper goods and balloons
- Candy Haven cake
- Ice cream sandwiches and drinks
- Water toy for the birthday child
- Pizza available for additional fee

The price is limited to 15 guests; there is a \$12 fee for each additional swimmer and \$5 fee for each additional non-swimming guest, Group rate discounts are available for additional guests of ten or more. **Season pass holders receive a \$30 discount.**

### Big Island Party Package, \$375

This package offers the same amenities as the Lil' Island package, but with these add ons:

- Admission to WWP for 25 guests
- Large Candy Haven cake

**Season pass holders receive a \$30 discount.**

### Cabana Birthday Party, \$330

Reserved shaded seating in a semi-private open air cabana with the ability to zip close three of the four sides.

- Four hours in a private cabana
- Admission to WWP for 15 guests
- Experienced party host
- Invitations and paper goods
- Candy Haven cake
- Ice cream sandwiches and drinks
- Water toy for the birthday child
- Pizza available for additional fee

The price is limited to 15 guests; there is a \$12 fee for each additional swimmer and \$5 fee for each additional non-swimming guest. Group rate discounts are available for additional guests of ten or more.

### After Hours, Private Rentals, (940) 349-8802

The water park is available for private rentals seven days of the week beginning at 7:30pm. All rental fees must be paid in full at the time of reservation booking.

### Cabana Rentals

Grab it while you can! It's the perfect reserved shaded spot in a semi-private open air cabana with the ability to zip close three of the four sides. Park admission is not included. Nonresidents add \$5. Minimum three hour rental required. **Season pass holders receive a \$10 discount off total rental fee.**

#### RENTAL FEES:

M-Th	11am-3pm	\$20 per hour
M-Th	3-7pm	\$20 per hour
F-Sa	11am-3pm	\$25 per hour
F-Sa	3-7pm	\$25 per hour
Sun	noon-4pm	\$25 per hour
Sun	4-7pm	\$25 per hour

#### RESERVATION AMENITIES:

- Max occupancy of eight people
- Four free bottles of water
- Free locker use for the day
- One round table with four chairs
- Two lounge chairs

### Water Park Activities

#### Splish Splash Storytime

#### FREE Friday Fun! 10am, June 9-July 28

Join Water Works Park and children's librarians from the Denton Public Library for story time by the pool, then enjoy splash time. Admission is free, but guests must leave by 10:45am or pay park admission.

#### River Robics, ages 16+

Enjoy a unique, shallow-water class in our lazy river. A water-walking cardio segment, step aerobics, and upper-body noodle resistance use the water to maximize your muscle strength and endurance.

June 5-29	M/Tu/Th	6:30-7:25pm	\$65	48481
July 3-27	M/Tu/Th	6:30-7:25pm	\$65	48482
July 31-Aug 10	M/Tu/Th	6:30-7:25pm	\$35	48483

Kayaking-Intro to Paddling, see page 23

Kayaking-Roll, ages 12+, see page 23



# THE NAT

Denton Natatorium is located at 2400 Long Rd., off Sherman Dr. near Loop 288; (940) 349-8800

The NAT is a joint-use facility between Denton Independent School District and Denton Parks and Rec. DISD uses the facility for swim meets, practices, and water polo matches.



## Hours of Operation

### Spring, Feb. 1 - June 2

For schedule updates, including pool closings and extended open swim hours during spring break, visit [www.dentonparks.com](http://www.dentonparks.com). Open swim includes the slide and diving board.

#### Monday-Friday

5:30-6:55am Adult lap swim, water walking

7-9am Water walking, leisure pool swim

9am-3:30pm Adult lap swim, water walking, class

3:30-5pm Water walking, leisure

#### Monday-Thursday

5-8pm Adult lap swim

#### Tuesday & Thursday

4:30-8pm Leisure pool with slide open

#### Friday

4:30-7pm Leisure pool with slide open

5-7pm Adult lap swim

#### Saturday

10am-12:30pm Adult lap swim, classes

12:30-6pm Open swim, both pools

#### Sunday

1-5pm Open swim, both pools

Beg. May 21, Sunday hours are noon-6pm

## Summer, June 3 - Aug. 15

### Monday-Friday, 5:30am-noon

Adult lap swim, classes

Water walking in the leisure pool until 9:30am

### Monday-Friday, noon-5pm

Open swim, both pools

### Monday-Thursday, 5-8pm

Adult lap swim, classes

### Friday, 5-8pm (through Sept. 2)

Open swim in leisure pool

Adult lap swim in competition pool

### Saturday, 10am-12:30pm

Adult lap swim, classes

### Saturday, 12:30-6pm

Open swim, both pools

### Sunday, noon-6pm (through Sept. 4)

Open swim, both pools

## Discount Nights

Buy one admission, get one of equal or lesser value for free every Friday from 4-7pm.

## NAT DAILY ADMISSION

Ages 16+ \$4 (nonresidents add \$1)

Ages 3-15 \$3 (nonresidents add \$1)

Ages 2 and under Free

## NAT PASS MEMBERSHIP OPTIONS

All passes are sold as individual passes.

Nonresidents add \$5 per pass.

### One-Month Pass

Purchase 1-3 for \$20 each

Purchase 4+ for \$15 each

### Four-Month Pass

Purchase 1-3 for \$60 each

Purchase 4+ for \$50 each

### 12-Month Pass

Purchase 1-3 for \$120 each

Purchase 4+ for \$90 each

## NAT PUNCH CARD OPTIONS

Valid six months from purchase date and includes NAT admission and water aerobics. One punch equals one visit. Nonresidents add \$5 per card.

PUNCH CARD: 10 PUNCH 20 PUNCH

Ages 3-15 \$25 \$50

Ages 16+ \$30 \$60

## ALL ACCESS ANNUAL AQUATIC PASS

NAT, Water Works Park, and Civic Center Pool

Purchase 1-3 for \$150 each

Purchase 4+ for \$120 each

(nonresidents add \$5 per pass)

## SILVERSNEAKERS®

If you are eligible for the SilverSneakers® fitness program through your insurance plan, you receive access to the NAT, fitness rooms at the centers, and SilverSneakers® and water exercise classes.

To view accepted insurance plans, visit [www.silversneakers.com](http://www.silversneakers.com).

Enroll in person at North Lakes Rec Center, (940) 349-8287.

**NAT passes now include water exercise classes.**



## POOL TEMP

Generally, the competition pool is 81 degrees, and the leisure pool is 88 degrees.



## Water Exercise for All Levels

### Aquatic Boot Camp, Wednesday, 6-6:55pm

This is a fun class designed to be high-energy offering both aerobic exercise and strength training. Water shoes are highly recommended.

### Deep Challenge, Mon., Tues., Thurs., 6-6:55pm (June 16-Aug. 18, Mon., Tues., Thurs., Fri., 6-6:55pm)

This is a non-impact but vigorous deep-water aerobics class held in the competition pool. The class includes interval and circuit training, strength resistance training, and stretching. Deep-water flotation devices and resistance equipment provided.

### Shallow Water Workout, Monday-Thursday, 7-7:55pm

This low-impact, cross training class combines kick boxing, water walking, yoga, pilates, and tai chi to improve cardiovascular fitness, strength, and flexibility. Water shoes are recommended. Class is held in the leisure pool.

### Senior Water Exercise, all ages

Strength Training: Monday, Wednesday, Friday, 9-9:55am

Water Exercise: Monday, Wednesday, Friday, 10:15-11:15am

Not limited to seniors, these classes are designed for those who need to work out at a slightly slower pace compared to our other classes. The class is held in the comp pool during the colder months and in the water park lazy river during the summer months. This class is free to pass holders.

## Aquatic Therapy, Scuba, and USMS

### Aquatic Therapy

We offer water therapy through Denton Sports and Physical Therapy, (940) 566-5714.

### Island Divers Scuba Classes

We offer scuba classes in conjunction with Island Divers. Classes are taught through the Professional Association of Diving Instructors, or PADI, system. Students will learn to dive safely, become comfortable in the water, and have fun. Call (940) 383-3483.

### Masters Swim Club

The DASC Masters Swim Club is rapidly growing in Denton. We have swimmers of all abilities including novice swimmers looking to feel more comfortable in the water, triathletes wanting to have a faster swim time, and competitive swimmers preparing for the next swim meet. Our goal is to provide members an opportunity to improve their skills and achieve success while having a great time! For membership information, call (940) 239-7770 or email coach.michael@daswimclub.com.

## To book a party, call (940) 349-8806

### NAT Birthday Party Package, \$160

- One hour in a decorated party room
- An experienced party host
- Admission to the NAT for 15 guests
- Online invitations and paper goods
- Candy Haven cake and drinks
- Ice cream sandwiches
- Souvenir picture the birthday child
- Pizza is available for an additional fee

The price is limited to 15 guests; there is a \$4 fee for each additional swimmer, but no charge for non-swimmers. Group rate discounts are available for additional guests of ten or more.

### NAT Group Party Package \$225

- One hour in a decorated party room
- An experienced party host
- Admission to the NAT for 25 guests
- Online invitations and paper goods
- Candy Haven Cake
- Ice cream sandwiches and drinks
- Souvenir group picture
- Pizza is available for an additional fee

The price is limited to 25 guests; there is a \$4 fee for each additional swimmer, but no charge for non-swimmers. Group rate discounts are available for additional guests of ten or more.

### NAT After Hour Rentals

To book an after hours rental, call (940) 349-8802.



## NAT SWIM LESSONS

Group lessons, pages 32-33

### Private and Semi-Private, ages 3-adult

Designed to meet specific needs and provide individualized attention to enhance learning ability. To register, call the Learn to Swim Coordinator at (940) 349-8814.

Private (1-on-1)

(4) 30-minute \$100

(8) 30-minute \$160

Semi-Private (2-on-1)

(4) 30-minute \$80/person

(8) 30-minute \$130/person



# SWIM LESSONS

Lessons for all skill levels are provided at each class during each session. The registration deadline for ALL swim lessons is at closing on the Friday before the first day of class. Nonresidents add \$5.

## CLASS RATIO

Preschool lessons have a participant to teacher class ratio of 5:1 and levels 1-4 has a class ratio of 6:1.

### WATER TOTS, 6 MONTHS TO 3 YEARS

This parent and kid class builds readiness through games and songs. Parents will learn how to teach their kid various skills to increase their kid's confidence, coordination, and safety in the water.

#### Denton Natatorium Swim Lessons

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48492
Mar 6-Apr 5*	M/W	6:15-6:50pm	\$65	48493
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48494
Apr 10-May 3	M/W	6:15-6:50pm	\$65	48495
May 15-25	M-Th	5:30-6:05pm	\$65	48496
May 15-25	M-Th	6:15-6:50pm	\$65	48497
June 5-15	M-Th	9:30-10:05am	\$65	48498
June 5-15	M-Th	10:15-10:50am	\$65	48499
June 5-15	M-Th	11-11:35am	\$65	48500
June 5-15	M-Th	5:30-6:05pm	\$65	48501
June 5-15	M-Th	6:15-6:50pm	\$65	48502
June 19-29	M-Th	9:30-10:05am	\$65	48503
June 19-29	M-Th	10:15-10:50am	\$65	48504
June 19-29	M-Th	11-11:35am	\$65	48505
June 19-29	M-Th	5:30-6:05pm	\$65	48506
June 19-29	M-Th	6:15-6:50pm	\$65	48507
July 10-20	M-Th	9:30-10:05am	\$65	48508
July 10-20	M-Th	10:15-10:50am	\$65	48509
July 10-20	M-Th	11-11:35am	\$65	48510
July 10-20	M-Th	5:30-6:05pm	\$65	48511
July 10-20	M-Th	6:15-6:50pm	\$65	48512
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48513
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48514
July 24-Aug 3	M-Th	11-11:35am	\$65	48515
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48516
July 24-Aug 3	M-Th	6:15-6:50pm	\$65	48517
Aug 7-17	M-Th	5:30-6:05pm	\$65	48521
Aug 7-17	M-Th	6:15-6:50pm	\$65	48522
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48529
Mar 4-Apr 1*	Sa	11-11:35am	\$41	48530
Apr 8-29	Sa	10:15-10:50am	\$41	48531
Apr 8-29	Sa	11-11:35am	\$41	48532
May 6-27	Sa	10:15-10:50am	\$41	49617
May 6-27	Sa	11-11:35am	\$41	49618
June 3-24	Sa	10:15-10:50am	\$41	48533
June 3-24	Sa	11-11:35am	\$41	48534
July 8-29	Sa	10:15-10:50am	\$41	48535
July 8-29	Sa	11-11:35am	\$41	48536

#### Civic Center Pool Swim Lessons

June 5-15	M-Th	10:15-10:50am	\$65	48523
June 5-15	M-Th	6:15-6:50pm	\$65	48524
June 19-29	M-Th	10:15-10:50am	\$65	48525
June 19-29	M-Th	6:15-6:50pm	\$65	48526
July 10-20	M-Th	10:15-10:50am	\$65	48527
July 10-20	M-Th	6:15-6:50pm	\$65	48528

#### NEW Water Works Park Swim Lessons

June 5-15	M-Th	9:30-10:05am	\$65	48788
June 5-15	M-Th	10:15-10:50am	\$65	48789
June 19-29	M-Th	9:30-10:05am	\$65	48790
June 19-29	M-Th	10:15-10:50am	\$65	48793
July 10-20	M-Th	9:30-10:05am	\$65	48791
July 10-20	M-Th	10:15-10:50am	\$65	48792

### PRESCHOOL, AGES 3-4

Kids will learn water skills that will help them feel comfortable and enjoy water safely. They will also learn floating, kicking, alternating arm action, bubble blowing, and safety rules. Class ratio is 5:1.

#### Denton Natatorium Swim Lessons

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48413
Mar 6-Apr 5*	M/W	6:15-6:50pm	\$65	48414
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48415
Apr 10-May 3	M/W	6:15-6:50pm	\$65	48416
May 15-25	M-Th	5:30-6:05pm	\$65	48472
May 15-25	M-Th	6:15-6:50pm	\$65	48473
May 15-25	M-Th	7-7:35pm	\$65	48474
June 5-15	M-Th	9:30-10:05am	\$65	48417
June 5-15	M-Th	10:15-10:50am	\$65	48418
June 5-15	M-Th	11-11:35am	\$65	48419
June 5-15	M-Th	5:30-6:05pm	\$65	48420
June 5-15	M-Th	6:15-6:50pm	\$65	48421
June 5-15	M-Th	7-7:35pm	\$65	48422
June 19-29	M-Th	9:30-10:05am	\$65	48423
June 19-29	M-Th	10:15-10:50am	\$65	48424
June 19-29	M-Th	11-11:35am	\$65	48425
June 19-29	M-Th	5:30-6:05pm	\$65	48426
June 19-29	M-Th	6:15-6:50pm	\$65	48427
June 19-29	M-Th	7-7:35pm	\$65	48428
July 10-20	M-Th	9:30-10:05am	\$65	48429
July 10-20	M-Th	10:15-10:50am	\$65	48430
July 10-20	M-Th	11-11:35am	\$65	48431
July 10-20	M-Th	5:30-6:05pm	\$65	48432
July 10-20	M-Th	6:15-6:50pm	\$65	48433
July 10-20	M-Th	7-7:35pm	\$65	48434
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48435
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48436
July 24-Aug 3	M-Th	11-11:35am	\$65	48437
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48438
July 24-Aug 3	M-Th	6:15-6:50pm	\$65	48439
July 24-Aug 3	M-Th	7-7:35pm	\$65	48440
Aug 7-17	M-Th	5:30-6:05pm	\$65	48444
Aug 7-17	M-Th	6:15-6:50pm	\$65	48445
Aug 7-17	M-Th	7-7:35pm	\$65	48446
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48462
Mar 4-Apr 1*	Sa	11-11:35am	\$41	48463
Apr 8-29	Sa	10:15-10:50am	\$41	48464
Apr 8-29	Sa	11-11:35am	\$41	48465
May 6-27	Sa	10:15-10:50am	\$41	49619
May 6-27	Sa	11-11:35am	\$41	49620
June 3-24	Sa	10:15-10:50am	\$41	48466
June 3-24	Sa	11-11:35am	\$41	48467
June 3-24	Sa	11:45-12:20pm	\$41	48468
July 8-29	Sa	10:15-10:50am	\$41	48469
July 8-29	Sa	11-11:35am	\$41	48470
July 8-29	Sa	11:45-12:20pm	\$41	48471

#### Civic Center Pool Swim Lessons

June 5-15	M-Th	9:30-10:05am	\$65	48447
June 5-15	M-Th	10:15-10:50am	\$65	48448
June 5-15	M-Th	11-11:35am	\$65	48449
June 5-15	M-Th	5:30-6:05pm	\$65	48450
June 5-15	M-Th	6:15-6:50pm	\$65	48451
June 19-29	M-Th	9:30-10:05am	\$65	48452
June 19-29	M-Th	10:15-10:50am	\$65	48453
June 19-29	M-Th	11-11:35am	\$65	48454
June 19-29	M-Th	5:30-6:05pm	\$65	48455
June 19-29	M-Th	6:15-6:50pm	\$65	48456
July 10-20	M-Th	9:30-10:05am	\$65	48457
July 10-20	M-Th	10:15-10:50am	\$65	48458
July 10-20	M-Th	11-11:35am	\$65	48459
July 10-20	M-Th	5:30-6:05pm	\$65	48460
July 10-20	M-Th	6:15-6:50pm	\$65	48461

#### NEW Water Works Park Swim Lessons

June 5-15	M-Th	9:30-10:05am	\$65	48820
June 5-15	M-Th	10:15-10:50am	\$65	48821
June 19-29	M-Th	9:30-10:05am	\$65	48822
June 19-29	M-Th	10:15-10:50am	\$65	48823
July 10-20	M-Th	9:30-10:05am	\$65	48824
July 10-20	M-Th	10:15-10:50am	\$65	48825

### LEVEL 1: INTRO TO WATER, AGES 5+

Kids will learn skills from beginn to introduction to freestyle, backstroke, and breaststroke. Class ratio is 6:1.

#### Denton Natatorium Swim Lessons

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48161
Mar 6-Apr 5*	M/W	6:15-6:50pm	\$65	48162
Mar 6-Apr 5*	M/W	7-7:35pm	\$65	48163
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48164
Apr 10-May 3	M/W	6:15-6:50pm	\$65	48165
Apr 10-May 3	M/W	7-7:35pm	\$65	48166
May 15-25	M-Th	5:30-6:05pm	\$65	48222
May 15-25	M-Th	6:15-6:50pm	\$65	48223
May 15-25	M-Th	7-7:35pm	\$65	48224
June 5-15	M-Th	9:30-10:05am	\$65	48167
June 5-15	M-Th	10:15-10:50am	\$65	48168
June 5-15	M-Th	11-11:35am	\$65	48169
June 5-15	M-Th	5:30-6:05pm	\$65	48170
June 5-15	M-Th	6:15-6:50pm	\$65	48171
June 5-15	M-Th	7-7:35pm	\$65	48172
June 19-29	M-Th	9:30-10:05am	\$65	48173
June 19-29	M-Th	10:15-10:50am	\$65	48174
June 19-29	M-Th	11-11:35am	\$65	48175
June 19-29	M-Th	5:30-6:05pm	\$65	48176
June 19-29	M-Th	6:15-6:50pm	\$65	48177
June 19-29	M-Th	7-7:35pm	\$65	48178
July 10-20	M-Th	9:30-10:05am	\$65	48179
July 10-20	M-Th	10:15-10:50am	\$65	48180
July 10-20	M-Th	11-11:35am	\$65	48181
July 10-20	M-Th	5:30-6:05pm	\$65	48182
July 10-20	M-Th	6:15-6:50pm	\$65	48183
July 10-20	M-Th	7-7:35pm	\$65	48184
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48185
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48186
July 24-Aug 3	M-Th	11-11:35am	\$65	48187
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48188
July 24-Aug 3	M-Th	6:15-6:50pm	\$65	48189
July 24-Aug 3	M-Th	7-7:35pm	\$65	48190
Aug 7-17	M-Th	5:30-6:05pm	\$65	48194
Aug 7-17	M-Th	6:15-6:50pm	\$65	48195
Aug 7-17	M-Th	7-7:35pm	\$65	48196
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48212
Mar 4-Apr 1*	Sa	11-11:35am	\$41	48213
Apr 8-29	Sa	10:15-10:50am	\$41	48214
Apr 8-29	Sa	11-11:35am	\$41	48215
May 6-27	Sa	10:15-10:50am	\$41	49621
May 6-27	Sa	11-11:35am	\$41	49622
June 3-24	Sa	10:15-10:50am	\$41	48216
June 3-24	Sa	11-11:35am	\$41	48217
June 3-24	Sa	11:45-12:20pm	\$41	48218
July 8-29	Sa	10:15-10:50am	\$41	48219
July 8-29	Sa	11-11:35am	\$41	48220
July 8-29	Sa	11:45-12:20pm	\$41	48221

#### Civic Center Pool Swim Lessons

June 5-15	M-Th	9:30-10:05am	\$65	48197
June 5-15	M-Th	10:15-10:50am	\$65	48198
June 5-15	M-Th	11-11:35am	\$65	48199
June 5-15	M-Th	5:30-6:05pm	\$65	48200
June 5-15	M-Th	6:15-6:50pm	\$65	48201
June 19-29	M-Th	9:30-10:05am	\$65	48202
June 19-29	M-Th	10:15-10:50am	\$65	48203
June 19-29	M-Th	11-11:35am	\$65	48204
June 19-29	M-Th	5:30-6:05pm	\$65	48205
June 19-29	M-Th	6:15-6:50pm	\$65	48206
July 10-20	M-Th	9:30-10:05am	\$65	48207
July 10-20	M-Th	10:15-10:50am	\$65	48208
July 10-20	M-Th	11-11:35am	\$65	48209
July 10-20	M-Th	5:30-6:05pm	\$65	48210
July 10-20	M-Th	6:15-6:50pm	\$65	48211

#### NEW Water Works Park Swim Lessons

June 5-15	M-Th	9:30-10:05am	\$65	48800
June 5-15	M-Th	10:15-10:50am	\$65	48801
June 19-29	M-Th	9:30-10:05am	\$65	48802
June 19-29	M-Th	10:15-10:50am	\$65	48803
July 10-20	M-Th	9:30-10:05am	\$65	48804
July 10-20	M-Th	10:15-10:50am	\$65	48805

**LEVEL 2: FUNDAMENTAL SKILLS, AGES 5+**

Kids must be able to walk five yards in chest-deep water, retrieve an object underwater, and float supported or unsupported. They will learn alternating arm action, rhythmic bobbing, front/back glides, and safety. Class ratio is 6:1.

**Denton Natatorium Swim Lessons**

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48225
Mar 6-Apr 5*	M/W	6:15-6:50pm	\$65	48226
Mar 6-Apr 5*	M/W	7-7:35pm	\$65	48227
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48230
Apr 10-May 3	M/W	6:15-6:50pm	\$65	48231
Apr 10-May 3	M/W	7-7:35pm	\$65	48232
May 15-25	M-Th	5:30-6:05pm	\$65	48286
May 15-25	M-Th	6:15-6:50pm	\$65	48287
May 15-25	M-Th	7-7:35pm	\$65	48288
June 5-15	M-Th	9:30-10:05am	\$65	48235
June 5-15	M-Th	10:15-10:50am	\$65	48236
June 5-15	M-Th	11-11:35am	\$65	48237
June 5-15	M-Th	5:30-6:05pm	\$65	48238
June 5-15	M-Th	6:15-6:50pm	\$65	48239
June 5-15	M-Th	7-7:35pm	\$65	48240
June 19-29	M-Th	9:30-10:05am	\$65	48241
June 19-29	M-Th	10:15-10:50am	\$65	48242
June 19-29	M-Th	11-11:35am	\$65	48243
June 19-29	M-Th	5:30-6:05pm	\$65	48244
June 19-29	M-Th	6:15-6:50pm	\$65	48245
June 19-29	M-Th	7-7:35pm	\$65	48246
July 10-20	M-Th	9:30-10:05am	\$65	48247
July 10-20	M-Th	10:15-10:50am	\$65	48248
July 10-20	M-Th	11-11:35am	\$65	48249
July 10-20	M-Th	5:30-6:05pm	\$65	48250
July 10-20	M-Th	6:15-6:50pm	\$65	48251
July 10-20	M-Th	7-7:35pm	\$65	48252
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48253
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48254
July 24-Aug 3	M-Th	11-11:35am	\$65	48255
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48256
July 24-Aug 3	M-Th	6:15-6:50pm	\$65	48257
July 24-Aug 3	M-Th	7-7:35pm	\$65	48258
Aug 7-17	M-Th	5:30-6:05pm	\$65	48262
Aug 7-17	M-Th	6:15-6:50pm	\$65	48263
Aug 7-17	M-Th	7-7:35pm	\$65	48264
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48228
Mar 4-Apr 1*	Sa	11-11:35am	\$41	48229
Apr 8-29	Sa	10:15-10:50am	\$41	48233
Apr 8-29	Sa	11-11:35am	\$41	48234
May 6-27	Sa	10:15-10:50am	\$41	49623
May 6-27	Sa	11-11:35am	\$41	49624
June 3-24	Sa	10:15-10:50am	\$41	48265
June 3-24	Sa	11-11:35am	\$41	48266
June 3-24	Sa	11:45-12:20pm	\$41	48267
July 8-29	Sa	10:15-10:50am	\$41	48268
July 8-29	Sa	11-11:35am	\$41	48269
July 8-29	Sa	11:45-12:20pm	\$41	48270

**Civic Center Pool Swim Lessons**

June 5-15	M-Th	9:30-10:05am	\$65	48271
June 5-15	M-Th	10:15-10:50am	\$65	48272
June 5-15	M-Th	11-11:35am	\$65	48273
June 5-15	M-Th	5:30-6:05pm	\$65	48274
June 5-15	M-Th	6:15-6:50pm	\$65	48275
June 19-29	M-Th	9:30-10:05am	\$65	48276
June 19-29	M-Th	10:15-10:50am	\$65	48277
June 19-29	M-Th	11-11:35am	\$65	48278
June 19-29	M-Th	5:30-6:05pm	\$65	48279
June 19-29	M-Th	6:15-6:50pm	\$65	48280
July 10-20	M-Th	9:30-10:05am	\$65	48281
July 10-20	M-Th	10:15-10:50am	\$65	48282
July 10-20	M-Th	11-11:35am	\$65	48283
July 10-20	M-Th	5:30-6:05pm	\$65	48284
July 10-20	M-Th	6:15-6:50pm	\$65	48285

**NEW Water Works Park Swim Lessons**

June 5-15	M-Th	9:30-10:05am	\$65	48794
June 5-15	M-Th	10:15-10:50am	\$65	48795
June 19-29	M-Th	9:30-10:05am	\$65	48796
June 19-29	M-Th	10:15-10:50am	\$65	48797

**LEVEL 2, CONTINUED**

July 10-20	M-Th	9:30-10:05am	\$65	48798
July 10-20	M-Th	10:15-10:50am	\$65	48799

**LEVEL 3: STROKE DEVELOPMENT, AGES 6+**

Kids must be able to float (front and back) unsupported, perform front and back glides unsupported, and demonstrate alternating arm action. They will learn freestyle, elementary backstroke, learn rotary breathing, dolphin kick and safety. Class ratio is 6:1

**Denton Natatorium Swim Lessons**

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48289
Mar 6-Apr 5*	M/W	6:15-6:50pm	\$65	48290
Mar 6-Apr 5*	M/W	7-7:35pm	\$65	48291
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48992
Apr 10-May 3	M/W	6:15-6:50pm	\$65	48993
Apr 10-May 3	M/W	7-7:35pm	\$65	48994
May 15-25	M-Th	5:30-6:05pm	\$65	48348
May 15-25	M-Th	6:15-6:50pm	\$65	48349
May 15-25	M-Th	7-7:35pm	\$65	48350
June 5-15	M-Th	9:30-10:05am	\$65	48295
June 5-15	M-Th	10:15-10:50am	\$65	48296
June 5-15	M-Th	11-11:35am	\$65	48297
June 5-15	M-Th	5:30-6:05pm	\$65	48298
June 5-15	M-Th	6:15-6:50pm	\$65	48299
June 5-15	M-Th	7-7:35pm	\$65	48300
June 19-29	M-Th	9:30-10:05am	\$65	48301
June 19-29	M-Th	10:15-10:50am	\$65	48302
June 19-29	M-Th	11-11:35am	\$65	48303
June 19-29	M-Th	5:30-6:05pm	\$65	48304
June 19-29	M-Th	6:15-6:50pm	\$65	48305
June 19-29	M-Th	7-7:35pm	\$65	48306
July 10-20	M-Th	9:30-10:05am	\$65	48307
July 10-20	M-Th	10:15-10:50am	\$65	48308
July 10-20	M-Th	11-11:35am	\$65	48309
July 10-20	M-Th	5:30-6:05pm	\$65	48310
July 10-20	M-Th	6:15-6:50pm	\$65	48311
July 10-20	M-Th	7-7:35pm	\$65	48312
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48313
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48314
July 24-Aug 3	M-Th	11-11:35am	\$65	48315
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48316
July 24-Aug 3	M-Th	6:15-6:50pm	\$65	48317
July 24-Aug 3	M-Th	7-7:35pm	\$65	48318
Aug 7-17	M-Th	5:30-6:05pm	\$65	48322
Aug 7-17	M-Th	6:15-6:50pm	\$65	48323
Aug 7-17	M-Th	7-7:35pm	\$65	48324
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48340
Mar 4-Apr 1*	Sa	11-11:35am	\$41	48341
Apr 8-29	Sa	10:15-10:50am	\$41	48342
Apr 8-29	Sa	11-11:35am	\$41	48343
May 6-27	Sa	10:15-10:50am	\$41	49625
May 6-27	Sa	11-11:35am	\$41	49626
June 3-24	Sa	10:15-10:50am	\$41	48344
June 3-24	Sa	11-11:35am	\$41	48345
July 8-29	Sa	10:15-10:50am	\$41	48346
July 8-29	Sa	11-11:35am	\$41	48347

**Civic Center Pool Swim Lessons**

June 5-15	M-Th	9:30-10:05am	\$65	48325
June 5-15	M-Th	10:15-10:50am	\$65	48326
June 5-15	M-Th	11-11:35am	\$65	48327
June 5-15	M-Th	5:30-6:05pm	\$65	48328
June 5-15	M-Th	6:15-6:50pm	\$65	48329
June 19-29	M-Th	9:30-10:05am	\$65	48330
June 19-29	M-Th	10:15-10:50am	\$65	48331
June 19-29	M-Th	11-11:35am	\$65	48332
June 19-29	M-Th	5:30-6:05pm	\$65	48333
June 19-29	M-Th	6:15-6:50pm	\$65	48334
July 10-20	M-Th	9:30-10:05am	\$65	48335
July 10-20	M-Th	10:15-10:50am	\$65	48336
July 10-20	M-Th	11-11:35am	\$65	48337
July 10-20	M-Th	5:30-6:05pm	\$65	48338
July 10-20	M-Th	6:15-6:50pm	\$65	48339

**LEVEL 3, CONTINUED**

June 5-15	M-Th	9:30-10:05am	\$65	48782
June 5-15	M-Th	10:15-10:50am	\$65	48783
June 19-29	M-Th	9:30-10:05am	\$65	48784
June 19-29	M-Th	10:15-10:50am	\$65	48785
July 10-20	M-Th	9:30-10:05am	\$65	48786
July 10-20	M-Th	10:15-10:50am	\$65	48787

**LEVEL 4: STROKE DEVELOPMENT, AGES 6+**

Kids will increase their endurance by swimming familiar strokes (front and back crawl) for greater distances. They will add arms to the scissors kick for sidestroke and start to learn back crawl, breaststroke and butterfly. Class ratio is 6:1

**Denton Natatorium Swim Lessons**

Mar 6-Apr 5*	M/W	5:30-6:05pm	\$65	48351
Mar 6-Apr 5*	M/W	7-7:35pm	\$65	48352
Apr 10-May 3	M/W	5:30-6:05pm	\$65	48353
Apr 10-May 3	M/W	7-7:35pm	\$65	48354
May 15-25	M-Th	5:30-6:05pm	\$65	48399
May 15-25	M-Th	7-7:35pm	\$65	48400
June 5-15	M-Th	9:30-10:05am	\$65	48355
June 5-15	M-Th	10:15-10:50am	\$65	48356
June 5-15	M-Th	11-11:35am	\$65	48357
June 5-15	M-Th	5:30-6:05pm	\$65	48358
June 5-15	M-Th	7-7:35pm	\$65	48359
June 19-29	M-Th	9:30-10:05am	\$65	48360
June 19-29	M-Th	10:15-10:50am	\$65	48361
June 19-29	M-Th	11-11:35am	\$65	48362
June 19-29	M-Th	5:30-6:05pm	\$65	48363
June 19-29	M-Th	7-7:35pm	\$65	48364
July 10-20	M-Th	9:30-10:05am	\$65	48365
July 10-20	M-Th	10:15-10:50am	\$65	48366
July 10-20	M-Th	11-11:35am	\$65	48367
July 10-20	M-Th	5:30-6:05pm	\$65	48368
July 10-20	M-Th	7-7:35pm	\$65	48369
July 24-Aug 3	M-Th	9:30-10:05am	\$65	48370
July 24-Aug 3	M-Th	10:15-10:50am	\$65	48371
July 24-Aug 3	M-Th	11-11:35am	\$65	48372
July 24-Aug 3	M-Th	5:30-6:05pm	\$65	48373
July 24-Aug 3	M-Th	7-7:35pm	\$65	48374
Aug 7-17	M-Th	5:30-6:05pm	\$65	48378
Aug 7-17	M-Th	7-7:35pm	\$65	48379
Mar 4-Apr 1*	Sa	10:15-10:50am	\$41	48380
Apr 8-29	Sa	10:15-10:50am	\$41	48381
May 6-27	Sa	10:15-10:50am	\$41	49627
May 6-27	Sa	11-11:35am	\$41	49628
June 3-24	Sa	10:15-10:50am	\$41	48382
July 8-29	Sa	10:15-10:50am	\$41	48383

**Civic Center Pool Swim Lessons**

June 5-15	M-Th	9:30-10:05am	\$65	48384
June 5-15	M-Th	10:15-10:50am	\$65	48385
June 5-15	M-Th	11-11:35am	\$65	48386
June 5-15	M-Th	5:30-6:05pm	\$65	48387
June 5-15	M-Th	6:15-6:50pm	\$65	48388
June 19-29	M-Th	9:30-10:05am	\$65	48389
June 19-29	M-Th	10:15-10:50am	\$65	48390
June 19-29	M-Th	11-11:35am	\$65	48391
June 19-29	M-Th	5:30-6:05pm	\$65	48392
June 19-29	M-Th	6:15-6:50pm	\$65	48393
July 10-20	M-Th	9:30-10:05am	\$65	48394
July 10-20	M-Th	10:15-10:50am	\$65	48395
July 10-20	M-Th	11-11:35am	\$65	48396
July 10-20	M-Th	5:30-6:05pm	\$65	48397
July 10-20	M-Th	6:15-6:50pm	\$65	48398

**NEW Water Works Park Swim Lessons**

June 5-15	M-Th	9:30-10:05am	\$65	48776
June 5-15	M-Th	10:15-10:50am	\$65	48777
June 19-29	M-Th	9:30-10:05am	\$65	48778
June 19-29	M-Th	10:15-10:50am	\$65	48779
July 10-20	M-Th	9:30-10:05am	\$65	48780
July 10-20	M-Th	10:15-10:50am	\$65	48781



# YOUTH SPORTS

## leagues + clinics



### Toddler Sports Instruction, coed McMath MS, 21-35 months

Register by March 30. Parents are required to stay and participate. No class April 15.

### Toddler Tumbling

This course assists toddlers in developing motor skills while learning fundamentals in tumbling.

April 1-29 Sa 9:9:30am \$35 49449

### Toddler Soccer

Toddlers will be introduced to soccer through various soccer-inspired games. They will learn the basics of dribbling, throwing, and more.

April 1-29 Sa 9:45-10:15am \$35 49450

### Toddler Baseball and Basketball

Both basketball and baseball will be introduced to toddlers with games and fun activities that focus on the essentials of each game.

April 1-29 Sa 10:30-11am \$35 49451

### Blastball League, coed ages 3-4

#### Denia Sports Complex

This introductory T-ball league teaches basic concepts. In the game, batters run to first base to honk a horn before the fielders hold the ball in the air and yell, "Blast!"

The fee includes six games, practices, a T-shirt and cap, and awards for all players.

Spring league begins Feb. 24. If registration has ended, call (940) 349-7275 for availability.

#### Fall League Registration

Weekday practices begin the week of Sept. 5 and Saturday morning games begin Sept. 9.

June 26-Aug 22; late Aug 23-25, add \$15/player  
\$55 48998

### Pee Wee Sports Instruction

#### North Lakes Rec Center, ages 3½-4

Parents are encouraged to stay and participate. Fee includes a certification and prize.

Register by the Thursday prior to each session.

### Sports Sampler

This class concentrates on developmental skills in soccer, T-Ball, and basketball.

We will have two lessons on each sport.

March 25-April 29 Sa 10:30-11:30am \$35 49091

June 17-July 29 Sa 10:30-11:30am \$35 49092

### Basketball

Kids will learn skills such as dribbling, shooting, and passing.

May 13-June 3 Sa 10:30-11:30am \$25 49093

### Soccer

Kids will learn skills such as dribbling, passing, kicking, and goal tending.

Aug 5-26 Sa 10:30-11:30am \$25 49094

### Start Smart Soccer, coed ages 3-5

#### McMath MS

Kids will learn the basics of soccer such as dribbling, passing, throw-ins, agility, and trapping. The fee includes a T-shirt and a soccer kit with a Koosh and Kwik soccer ball, shin guards, and four soccer cones. Registration ends March 30. No class April 15.

April 1-29 Sa 8-8:45am \$55 49448

### Bitty Basketball, coed ages 3-4

#### McMath MS

This introductory class teaches the basics such as dribbling, shooting, and passing and concludes with a scrimmage for parents to enjoy. The registration fee includes a jersey and individual awards.

May 2-25; register by April 28

Tu/Th 6-6:45pm MMS \$55 49015

July 31-Aug 23; register by July 28

M/W 6-6:45pm MMS \$55 49016

### Sports League Sampler

#### McMath MS, coed ages 5-8

Kids learn the fundamentals of soccer, basketball, volleyball, and flag football. Each week is a different sport. Fee includes a T-shirt and awards.

May 2-25 Tu/Th 7:15-8:15pm \$60 49341

July 31-Aug 23 M/W 7:15-8:15pm \$60 49342

### Rock The Wall, coed ages 7-15

#### Denia Rec Center

In this introductory course to rock climbing, kids will receive one-on-one time with an instructor and learn rock wall safety. Equipment is provided. Register by the Friday before each session. No class March 15.

March 1-29 W 6-7pm \$30 48678

April 5-26 W 6-7pm \$30 48679

May 3-24 W 6-7pm \$30 48680

June 7-28 W 6-7pm \$30 48681

July 5-26 W 6-7pm \$30 48682

Aug 2-23 W 6-7pm \$30 48683

### Beginning Archery, ages 8-15

#### National Archery in the Schools (NASP®) Denia Rec Center

Learn the fundamentals of archery with a National Archery In Schools and USA Archery certified instructor, on a legal indoor range. Closed-toe shoes are required. Register by the Friday before each session. No class March 14.

Feb 28-March 28 Tu 4-5pm DRC \$40 48684

April 4-25 Tu 4-5pm DRC \$40 48685

May 2-23 Tu 4-5pm DRC \$40 48686

June 6-27 Tu 4-5pm DRC \$40 48691

July 11-Aug 1 Tu 4-5pm DRC \$40 48692

Aug 8-29 Tu 4-5pm DRC \$40 48693



**Premier Jr. Golf Academy and Little Rookies Golf, page 39**

**Soccer Sparks Academy, ages 2-9  
Denia Rec Center**

Taught by coaches with USSF National Soccer Coaching licenses, the class uses advanced “all-ball” training techniques to help kids meet their maximum potential while emphasizing fair play and enjoyment of the game. Register by the Wednesday before each session.

**Ages 2-3**

March 4-April 1	Sa	9:30-10am	\$39	48653
April 8-29	Sa	9:30-10am	\$39	48654
May 6-27	Sa	9:30-10am	\$39	48655
June 3-24	Sa	9:30-10am	\$39	48656
July 8-29	Sa	9:30-10am	\$39	48657
Aug 5-26	Sa	9:30-10am	\$39	48664

**Ages 3-4**

March 4-April 1	Sa	10-10:30am	\$39	48658
April 8-28	Sa	10-10:30am	\$39	48659
May 6-27	Sa	10-10:30am	\$39	48660
June 3-24	Sa	10-10:30am	\$39	48661
July 8-29	Sa	10-10:30am	\$39	48662
Aug 5-26	Sa	10-10:30am	\$39	48665

**Ages 4-5**

March 3-31	F	5-5:45pm	\$39	48642
April 7-28	F	5-5:45pm	\$39	48643
May 5-26	F	5-5:45pm	\$39	48644
June 2-23	F	5-5:45pm	\$39	48645
July 7-28	F	5-5:45pm	\$39	48646
Aug 4-25	F	5-5:45pm	\$39	48663

**Ages 6-9**

March 3-31	F	5:45-6:30pm	\$39	48647
April 7-28	F	5:45-6:30pm	\$39	48648
May 5-26	F	5:45-6:30pm	\$39	48649
June 2-23	F	5:45-6:30pm	\$39	48650
July 7-28	F	5:45-6:30pm	\$39	48651
Aug 4-25	F	5:45-6:30pm	\$39	48652

**MiniKickers Challengers Soccer  
MLK Jr. Rec Center, ages 2-6**

This innovative program introduces toddlers to the basic skills of soccer and is coached by fully trained and qualified British and Brazilian coaches. New players will receive a ball and a T-shirt. Returning players will receive a bag and a stuffed animal. Register by the Monday before each session.



**Ages 2-3**

March 24-April 28	F	5:45-6:30pm	\$85	48844
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**Ages 4-6**

March 24-April 28	F	5:45-6:30pm	\$85	48844
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**HOMESCHOOL ATHLETICS**

**Junior Tennis, ages 6+  
Goldfield Tennis Center**

Students will learn the sport of a lifetime, including basic strokes, scoring, and the history of tennis.

March 22-May 3	W	1:30-2:45pm	\$99	49339
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**Open Gym Time, MLK Jr. Rec Center**

Enjoy a dedicated open gym time for homeschool sports.

Tu/Th	noon-1pm	FREE
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**Swim Lessons, ages 4+  
Denton Natatorium**

Students will be divided by skill levels on the first day to meet individual needs. Formal lessons are followed by organized activity and games to reinforce skills. Class ratio is 6:1. No class March 13-17

March 7-April 6	Tu/Th	2-2:50pm	\$85	48149
April 11-May 4	Tu/Th	2-2:50pm	\$85	48150

**THREE WAYS TO REGISTER**



(940) 349-PARK



In person at any rec center



www.dentonparks.com

**SIBLING LEAGUE DISCOUNT**

A \$10 discount can be applied for each additional sibling living at the same address for the following leagues: blastball, softball, soccer, volleyball, basketball, flag football, lacrosse, and track; not applicable during late registration.

**YOUTH SPORTS INFO**

If we do not receive enough players to make a division, we will consider combining age groups. Once registration for a program ends, credits or refunds are not issued.

**VOLUNTEER COACHES**

If you enjoy sports and being a mentor to kids, we need you! Call (940) 349-8523.

**YOUTH SPORTS ASSOCIATIONS**

The following associations are cosponsored by City of Denton but self-managed. For more information, call the corresponding numbers:

Denton Boys Baseball, Inc.  
(940) 383-7669, www.dbbi.org

Denton Soccer Association, (940) 566-2085  
www.dentonsoccerassociation.com

Denton Youth Football and Cheerleading, www.dayfl.org

**Register at [www.dentonparks.com](http://www.dentonparks.com)  
or call (940) 349-PARK!**



# YOUTH SPORTS

## leagues + clinics



### REGISTRATION INFO

If we do not receive enough players to make a division, we will consider combining age groups.

We accept ONE buddy request per registrant, no guarantees.

Birth certificates and waivers are required for leagues, excluding Blastball, Little Dribblers, and Little Hoopers.

### SIBLING LEAGUE REGISTRATION DISCOUNT

A \$10 discount can be applied for additional siblings living at the same address for all LEAGUES, excluding Little Dribblers and Little Hoopers; not applicable during late registration



### Girls' Softball League, ages 5-14

The league includes eight games, umpires, one practice per week, and governing body registration for applicable divisions. Fees include a shirt and awards for all players.

Practices are on weekdays, and games are played on weekdays with an occasional Saturday game, if needed. Home games are played at Denia Park, and out-of-town games are played at locations such as Krum, Ponder, and Sanger.

Ages are determined as of Dec. 31, 2016 for the fall league. All players must submit a copy of their birth certificate and complete a waiver by Aug 18.

The spring league begins March 27. If registration has ended, call (940) 349-7275 for availability.

#### Fall League Registration

Practices begin the week of Aug. 21 and games begin the week of Sept. 11.

Register: June 26-Aug 1

Late: Aug 2-4 add \$15/player

Girls T-ball	ages 5-6	\$55	48999
Girls Coach Pitch	ages 7-8	\$65	49000
Girls Fast Pitch	ages 9-10	\$75	49001
Girls Fast Pitch	ages 11-12	\$75	49002
Girls Fast Pitch	ages 13-14	\$75	49003

### Kickball League, coed-ages 5-10

The league includes eight games and practices. The fee includes a jersey and award for all players. The age determination for the league is Sept 1, 2016.

#### Summer League Registration

Practices begin the week of June 5 and Thursday night games begin June 15.

Register: March 6-May 16

Late: May 17-19, add \$15

Ages 5-7	Evers	\$60	48996
Ages 8-10	Evers	\$60	48997



### Girls' Volleyball League, ages 7-14

The league includes eight games and awards are given to all players. Games are played on Saturdays with occasional Friday night games, if needed. Shirts and practice space are included for individual players.

Teams must provide their own coach and shirts with numbers on front and back, and turn in their roster, waivers, and copies of players' birth certificates by May 19 for summer league and Aug 18 for fall league. The age determination for the spring and summer 2017 league is Sept 1, 2016. Fall 2017 league is Sept 1, 2017. The spring league begins March 11. If registration has ended, call (940) 349-7275 for availability.

#### Summer League Registration

Practices begin the week of May 30 and games begin June 10.

Register: March 6-May 9

Late: May 10-12 add \$15/player or \$50/team

#### Teams (for a practice space, add \$100)

Ages 7-8	UNT/McMath MS	\$350	47783
Ages 9-10	UNT/McMath MS	\$350	47784
Ages 11-12	UNT/McMath MS	\$350	47785
Ages 13-14	UNT/McMath MS	\$350	47786

#### Individuals

Ages 7-8	UNT/McMath MS	\$75	47775
Ages 9-10	UNT/McMath MS	\$75	47776
Ages 11-12	UNT/McMath MS	\$75	47777
Ages 13-14	UNT/McMath MS	\$75	47778

#### Fall League Registration

Practices begin the week of Aug. 28 and games begin Sept. 9.

Register: June 26-Aug 8

Late: Aug 9-11 add \$15/player or \$50/team

#### Teams (for a practice space, add \$100)

Ages 7-8	UNT/McMath MS	\$350	48944
Ages 9-10	UNT/McMath MS	\$350	48945
Ages 11-12	UNT/McMath MS	\$350	48946
Ages 13-14	UNT/McMath MS	\$350	48947

#### Individuals

Ages 7-8	UNT/McMath MS	\$75	48948
Ages 9-10	UNT/McMath MS	\$75	48949
Ages 11-12	UNT/McMath MS	\$75	48950
Ages 13-14	UNT/McMath MS	\$75	48951



# Register at [www.dentonpark.com](http://www.dentonpark.com) or call (940) 349-PARK!

## Basketball League, coed ages 5-12

The league includes eight games, and the fee includes a jersey and awards for all players. Age determination is as of Sept 1, 2016. All players must submit a copy of their birth certificate and complete a waiver by June 2.

### Summer League Registration

Practices begin the week of June 5 and Saturday games begin June 10.

Register: March 6-May 16

Late: May 17-19, add \$15

Ages 5-6	McMath MS	\$75	48952
Ages 7-8	McMath MS	\$75	48953
Ages 9-10	McMath MS	\$75	48954
Ages 11-12	McMath MS	\$75	48955

## Basketball Clinics, coed ages 5-12

MLK Jr. Rec Center

Kids receive hands-on instruction on a variety of skills and techniques during the clinics. This is a great beginner clinic. Register one week before clinic begins.

Ages 5-8	April 18-27	Tu/Th	5-6pm	\$15	49434
Ages 9-12	May 16-25	Tu/Th	5-6pm	\$15	49345

## Little Dribblers, coed ages 5-8

Kids will learn basketball in a mini-league. Practice is on Monday and occasionally Wednesday and games are on Fridays. For more information, call (940) 349-8579.

Register by April 3.

April 3-May 12 M/W/F 6-8pm MLK \$35 49436

## Little Hoopers, coed ages 9-12

This preteen league provides a fun atmosphere while teaching teamwork and sportsmanship. Practice is on Monday and occasionally Wednesday and games are on Fridays. For more information, call (940) 349-8579.

Register by June 5.

June 5-July 14 M/W/F 6-8pm MLK \$35 49437

## Outdoor Soccer, coed ages 5-10

Players are required to provide and wear shin guards. The league includes eight games and practices, a jersey, and awards for all players.

All players must submit a copy of their birth certificate and complete a waiver by March 17 for spring 2017 and Sept 1 for fall 2017.

Ages are determined as of Sept 1, 2016 for spring 2017 and Sept 1, 2017 for fall 2017.

### Spring League Registration

Practices begin the week of March 27 and Saturday games begin April 1.

Register by March 7; late March 8-10, add \$15

Ages 5-6	NL Football	\$65	47886
Ages 7-8	NL Football	\$65	47887
Ages 9-10	NL Football	\$65	47888

### Fall League Registration

Practices begin the week of Sept 11 and Saturday games begin Sept 16.

Register: June 26-Aug 15

Late: Aug 16-18, add \$15

Ages 5-6	Mack/NL Football	\$65	49004
Ages 7-8	Mack/NL Football	\$65	49005
Ages 9-10	Mack/ NL Football	\$65	49006

## Indoor Soccer, coed ages 4-11

All kids are required to wear shin guards and rubber-soled shoes, and the fee includes a jersey and awards for all players.

### Summer League Registration

Practices begin the week of May 29 and Saturday games and games begin June 3.

Register by May 10, late May 11-12, add \$15

Ages 4-5	McMath MS	\$75	49452
Ages 6-8	McMath MS	\$75	49453
Ages 9-11	McMath MS	\$75	49454

## NFL Flag Football League, ages 5-12

Players will learn the value of teamwork and fundamental football skills while engaging in a non-contact league. The league includes eight games and practices. Players must provide and wear a mouthpiece, but the fee includes an NFL jersey and awards for all players.

All players must submit a copy of their birth certificate and complete a waiver by Sept 1. The age determination for the fall league is Sept 1, 2017.

The spring league begins Feb 11. If registration has ended, call (940) 349-7275 for availability.

### Fall League Registration

Practices begin the week of Sept 11 and Saturday games begin Sept 16.

Register: June 26-Aug 15

Late: Aug 16-18, add \$15

Ages 5-6	Denia/NL Football	\$75	49007
Ages 7-8	Denia/NL Football	\$75	49008
Ages 9-10	Denia/NL Football	\$75	49009
Ages 11-12	Denia/NL Football	\$75	49010

## Track Team, ages 5-18

TAAF Games of Texas, an Olympic-style competition, brings an exciting conclusion to the season for qualifiers. Circuit meets will be on Saturdays in June; dates and locations are TBA. Regional meet is in July, date TBA. The state meet for qualifiers is July 27-30 in McAllen. The fee includes a team shirt, TAAF reg., practices, and coaching. Meet entry fees are to be paid by the participant. Practice will be held at North Lakes Park for the first three weeks, then at the Denton High School track. Age is determined as of Dec. 31, 2017. For more information, visit [www.taafregion4.org](http://www.taafregion4.org).

Register: Feb 6-April 21

Late: April 22-24, add \$15

April 25-July 18 T/u/Th 6:30-8pm \$65 48995





# ADULT SPORTS

**Register online at [www.dentonparks.com](http://www.dentonparks.com)!**

## Basketball League

The league includes eight games, including playoffs, with games played as early as 6:30pm. A maximum of 12 players are allowed per roster.

Summer league begins May 10.

Register by April 18; late April 19-21, add \$50

Comp. Div.	W	McMath MS	\$325/team	49393
Rec Div.	W	TBA	\$325/team	49395

Fall league begins Sept 13.

Register Aug 1-29; late Aug 30-Sept 1, add \$50

Open Div.	W	McMath MS	\$325/team	49394
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## Basketball Tournaments

Have a little fun over the holidays and shoot hoops in a friendly competition of 3 v 3. Fee includes trophy and T-shirts.

3-on-3 March Madness Tournament

Register by March 13; jerseys not provided

March 18	Sa	10am-5pm	MLK	\$50/team	49455
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3-on-3 Summer Hoops Classic Tournament

Register by July 10; jerseys not provided

July 15	Sa	10am-5pm	MLK	\$50/team	49456
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## Flag Football League, 8v8

The league includes eight games, including playoffs, with games played as early as noon on Saturdays and 6:30pm on Thursdays. Playoffs or rain out make up days may be earlier. A maximum of 20 players are allowed per roster. Players must provide and wear a mouth guard.

Spring league begins April 27.

Register by April 4; late April 5-7, add \$50

Open Div.	Th	Mack Fields	\$350/team	49389
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Fall league begins Sept 16.

Register: Aug 1-29; late Aug 30-Sept 1, add \$50

Open Div.	Th	Mack Fields	\$350/team	49390
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## Softball League

Games are played at North Lakes Park as early as 7pm on weekdays, 2pm on Sundays, and 5pm on Sunday evenings. Rain make up games may be scheduled on any day.

The spring and fall league includes eight games, plus single elimination playoffs. Coed for Fun includes only eight total games.

Softball is offered on Mondays, Wednesdays, Thursdays, and Sundays. For division league schedules, visit [www.quickscores.com/denton](http://www.quickscores.com/denton).

Spring league begins March 20.

\$380 per team; \$250 Coed for Fun

Register by Feb 26; late Feb 29-March 3, add \$50

Summer league begins June 5.

Six games and reduction in price is only applicable for the summer league.

\$285 per team; \$185 Coed for Fun

Register: April 10-May 14

Late: May 15-19, add 50

Fall league begins Aug 21.

\$380 per team; \$250 Coed for Fun

Register: June 26-July 30

Late: July 31-Aug 4, add \$50

## Kickball Coed League

The league includes eight games, including playoffs. A maximum of 20 players is allowed per roster. If there are enough teams, there will be a recreational and a competitive division.

Spring league begins March 28.

Register by Feb 28; late March 1-3, add \$50

Open Div.	Tu	North Lakes	\$200/team	47582
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Fall league begins Sept 12

Register: Aug 1-29

Late: Aug 30-Sept 1, add \$50

Open Div.	Tu	North Lakes	\$200/team	49392
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## Volleyball League, 6v6

The league includes eight games, including playoffs, with games played as early as 6:30pm at Denia Rec Center or McMath MS. A maximum of 12 players are allowed per roster.

Summer league begins May 8.

Register by April 18; late April 19-21, add \$50

Comp. Div.	M	McMath MS	\$200/team	49396
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Rec Div.	M	Denia	\$200/team	49397
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Fall league begins Sept 11.

Register: Aug 1-29; late Aug 30-Sept 1, add \$50

Comp. Div.	M	McMath MS	\$200/team	49399
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Rec Div.	M	Denia	\$200/team	49398
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## Beginning Archery

Learn the fundamentals of archery with National Archery in the Schools Program and USA Archery certified instructors on a legal indoor range. Become proficient with continuing target practice at Denia Rec Center.

March 7-28	Tu	5-6pm	Denia	\$40	48687
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April 4-25	Tu	5-6pm	Denia	\$40	48688
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May 2-23	Tu	5-6pm	Denia	\$40	48689
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June 6-27	Tu	5-6pm	Denia	\$40	48694
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July 11-Aug 1	Tu	5-6pm	Denia	\$40	48695
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Aug 8-29	Tu	5-6pm	Denia	\$40	48696
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# NORTH LAKES DRIVING RANGE

2009 W. Windsor Dr.  
(940) 349-8545  
M-Th, 9am-9pm  
F-Su, 9am-8pm

## DRIVING RANGE, CHIPPING GREEN, CLUB HOUSE, AND 18-HOLE PUTTING GREEN

**Inclement Weather**  
For updates, call (940) 349-8545.

### Driving Range

The driving range is night time lit and has 36 hitting areas, a chipping green, and a putting green with 18 holes. A small bucket of golf balls costs \$6 and a large bucket of golf balls costs \$12. Loaner clubs may be checked out.

**Private and Group Lessons**  
We offer both group and private lessons with golf pros, and a youth program.

### North Lakes Club House

The Club House sells drinks, snacks, and tees with an inside TV lounge and free Wi-Fi. The Club House also features a large deck with patio seating, and ADA accessible entry.

## LITTLE ROOKIES, LEAGUES, ACADEMY, AND MORE

### Little Rookies Golf, ages 3-5

This introductory golf class teaches grip, putting, chipping, and other basics of golf through games. Parents are encouraged to stay and participate. Space is limited to five rookies. Fee includes a T-shirt.

March	1-29	W	4-4:45pm	NLDR	\$60	48569
April	5-26	W	4-4:45pm	NLDR	\$60	48570
May	3-31	W	4-4:45pm	NLDR	\$60	49486
June	7-28	W	4-4:45pm	NLDR	\$60	49487
July	5-26	W	4-4:45pm	NLDR	\$60	49488
Aug	2-30	W	4-4:45pm	NLDR	\$60	49489

### Ladies Golf Enhancement, ages 16+

For players who are looking to understand the concept, learn grip, aim and set up, obtain a basic swing, and more.

Wednesdays, 6-7pm; Saturdays, 10-11am

March	1-18	NLDR	\$125	48985
April	1-20	NLDR	\$125	48986
May	4-20	NLDR	\$125	48987
June	3-22	NLDR	\$125	48988
July	1-19	NLDR	\$125	48989
Aug	2-19	NLDR	\$125	48990

### Denton Golf Open (16+)

### Robson Ranch Golf Course

Saturday, Sept. 23-24, 10am

\$90/player; 49357

Registration fee includes green fees for 18 holes, use of driving range, box lunch, T-prizes and awards.

Please register by noon on the Wednesday prior to the tournament. Appropriate cart fee must be paid upon check-in at Robson Ranch. Tee times begin at 10 a.m.

Check in 30 minutes prior to your tee time. Please call (940) 246-1012 from noon to 6 p.m. to confirm your tee time.

Flight options include: Men's Championship, Men's A, B, C and D, Senior Championship, and Women's Championship.

## PREMIER JR. GOLF ACADEMY, AGES 6-16

Classes are taught by an experienced PGA golf professional. Kids start at Level 1 and advance via a challenge test. Kids must wear appropriate golf clothing, tennis or golf shoes, and bring golf clubs. The academy has a limited number of clubs to borrow. Each month includes eight 45 minute lessons in Level 1-4. Register by the 25th of each month for the next session. For more info, call the club house at (940) 349-8545.

### LEVEL 1: FULL SWING INTRO

Tu 5:15-6pm; Sa noon-12:45pm

Kids will learn grip, stance, posture, aim, half swing, safety, and caring.

March	Tu/Sa	\$165	48956
April	Tu/Sa	\$165	48957
May	Tu/Sa	\$165	48958
June	Tu/Sa	\$165	48959
July	Tu/Sa	\$165	48960
Aug	Tu/Sa	\$165	48961

### LEVEL 2: SHORT GAME INTRO

Tu 6-6:45pm; Sa 12:45-1:30pm

Kids will learn putting, fundamentals, chipping, and etiquette.

March	Tu/Sa	\$165	48962
April	Tu/Sa	\$165	48963
May	Tu/Sa	\$165	48964
June	Tu/Sa	\$165	48965
July	Tu/Sa	\$165	48966
Aug	Tu/Sa	\$165	48967

### LEVEL 3: BEGINNER

Th 5:15-6pm; Sa 1:30-2:15pm

Kids will work on check list, back swing, full swing follow through, and fairness.

March	Th/Sa	\$165	48973
April	Th/Sa	\$165	48974
May	Th/Sa	\$165	48975
June	Th/Sa	\$165	48976
July	Th/Sa	\$165	48977
Aug	Th/Sa	\$165	48978

### LEVEL 4: ADV BEGINNER

Th 6-6:45pm; Sa 2:15-3pm

Kids will work on short putt technique, long putt control, chipping low, and clubs.

March	Th/Sa	\$165	48979
April	Th/Sa	\$165	48980
May	Th/Sa	\$165	48981
June	Th/Sa	\$165	48982
July	Th/Sa	\$165	48983
Aug	Th/Sa	\$165	48984

**LEVEL 5 INTERMEDIATE:** Kids will work on preshot routine, swing plane, back swing checkpoints, and swing balance.

**LEVEL 6 ADVANCED:** Kids will learn about irons, punch shots, rules, scoring, driving, shots, draws and hooks.



Goldfield Tennis Center  
2005 W. Windsor Dr.  
(940) 349-8526

Monday-Thursday, 3-9pm  
Friday, 3-8pm

Saturday, 9am-5pm (Sept-May)  
Saturday, 9am-1pm (June-Aug)

## PRIVATE AND SEMI-PRIVATE LESSONS

Goldfield pros are USPTA certified and available for private and semi-private lessons. For pricing and a listing of pros who offer private lesson packages, call (940) 349-8526.

A 24 hour advance notice is required to cancel a lesson, or you are responsible for payment.

## COURT RESERVATIONS

Reservations are available for \$3/person for 90 minutes or \$5/person with lights. Reservations may be made up to 48 hours in advance but will void if not claimed after ten minutes of start time.

## BALL MACHINE RENTAL

A computerized ball machine may be reserved for \$6 per half hour or \$10 per hour. Balls are provided.

## ANNUAL TENNIS PASSES

\$70/person or \$150/family  
(Standard reservation policies apply.)

## INCLEMENT WEATHER

The tennis center may close during rainy weather or if the wind chill or normal temperature is below 38 degrees. If inclement weather occurs, call (940) 349-8526 for class and league cancellations and closing information.

## PRO SHOP

We carry tennis balls, grip tape, and racquets.

# GOLDFIELD TENNIS CENTER

## TENNIS LEAGUE + INSTRUCTION

Register at [www.dentonparks.com](http://www.dentonparks.com)!

### CARDIO TENNIS

This is a total body workout with fun, group drills, allowing all levels to burn up to 600 calories in one hour. **Class times offered:**

**Monday/Wednesday, 6-7pm**

**Saturday, 9-10am (\$15/drop-in)**

March 20–April 15 1 day/week \$59 49361

2 days/week \$89 49362

3 days/week \$109 49363

April 17–May 13 1 day/week \$59 49364

2 days/week \$89 49365

3 days/week \$109 49366

**Mondays, 7-8pm and Saturday, 8:30-9:30am (\$15/drop-in)**

June 5–July 1 1 day/week \$55 49367

2 days/week \$85 49368

July 10–Aug 5 1 day/week \$55 49369

2 days/week \$85 49370

### ADULT BEGINNER AND INTERMEDIATE DRILL

Players will be introduced to proper grips and how to hit a forehand, backhand, serve, and volley. Racquets are available to borrow. **Class times offered:**

**Monday, 7-8pm; Saturday, 10-11am**

March 20–April 15 1 day/week \$59 49380

2 days/week \$89 49381

April 17–May 13 1 day/week \$59 49382

2 days/week \$89 49383

**Monday, 8-9pm; Saturday, 9:30-10:30am**

June 5–July 1 1 day/week \$55 49384

2 days/week \$85 49385

July 10–Aug 5 1 day/week \$55 49386

2 days/week \$85 49387

### ADULT SINGLE TENNIS LEAGUES

Leagues follow a six-week round-robin rotation schedule, pending weather conditions. Each night, players will rotate and play two rounds. Prizes will be awarded to the top male and female finishers. Register one week prior to each league to allow for scheduling.

March 2–April 6 Th 6:30-8pm \$29 49359

April 13–May 18 Th 6:30-8pm \$29 49360

### USTA JUNIOR TEAM TENNIS

Sept 11–Nov 6 Su \$65 46736

Feb 5–Mar 26 Su \$65 47751

Team tennis is for youth ages 8-18 and for all levels of play from beginner to advanced. The league runs 6-8 weeks on Sunday afternoons.

USTA Jr. Team Tennis is a national youth tennis league with a unique team format that consists of singles, doubles, and mixed doubles against other teams.

Registration fee includes a team tennis party at the end of the season. Players must join the USTA to participate in Team Tennis. For more information, call (940) 349-8526.





**Register at [www.dentonpark.com](http://www.dentonpark.com) or call (940) 349-8526!**

## YOUTH TENNIS INSTRUCTION

With progressive instruction in all aspects of tennis, we provide developmental steps for beginners up to state-ranked Juniors. Kids begin in their appropriate age group but may be bumped to a different level. Preregister for all classes. We may combine age groups if a minimum of four students are not registered.

### QUICKSTART I, AGES 4-6

Students will use smaller nets and graduated racquets to develop motor skills through fun and games.

#### Class times offered:

**Monday, 5-6pm and Saturday, 10-11am**

March 20–April 15

1 day/week \$59 49259

2 days/week \$95 49260

April 17-May 13

1 day/week \$59 49261

2 days/week \$95 49262

### QUICKSTART II, AGES 7-9

Students will have a blast learning the basic strokes. Intermediate players will begin playing points and keeping score.

#### Class times offered:

**Monday and Wednesday, 6-7pm  
and Saturday, 10-11am**

March 20–April 15

1 day/week \$59 49296

2 days/week \$95 49275

3 days/week \$115 49276

April 17-May 13

1 day/week \$59 49277

2 days/week \$95 49278

3 days/week \$115 49279

### CHAMPIONSHIP, AGES 10+

Beginning students will learn the basic strokes. Intermediate players will begin playing points and keeping score.

#### Class times offered:

**Monday and Wednesday, 6-7pm  
and Saturday, 10-11am**

March 20–April 15

1 day/week \$59 49297

2 days/week \$95 49298

3 days/week \$115 49299

April 17-May 13

1 day/week \$59 49300

2 days/week \$95 49301

3 days/week \$115 49302

### TOURNAMENT/ACADEMY

Entry & Adv. Tourn. Players, Jr. High and HS, Champ, Super Qualified  
Players must receive permission from the coach to enroll.

#### Class times offered: (\$25/drop-in)

**Monday and Wednesday, 5:45-7:15pm  
and Saturday, 11am-12:30pm**

March 20–April 15

1 day/week \$69 49321

2 days/week \$99 49322

3 days/week \$119 49323

April 17-May 13

1 day/week \$69 49324

2 days/week \$99 49325

3 days/week \$119 49326





# Matter of Balance Diabetes Self Management, and Chronic Disease Self Management Programs

## MATTER OF BALANCE

Conquer the fear of falling and replace that fear with confidence. Learn constructive ideas and techniques. Trained instructors will teach these courses that include regular exercise beginning on the third class meeting. Open to ages 60+  
Tuesdays, March 21 - May 9  
1-3pm at Denton Senior Center  
Free to the public with a rec pass; preregistration required; 49483.

Tuesdays & Thursdays, June 6-29  
8:30-10:30am at Denia Rec Center  
Free to the public with a rec pass; preregistration required; 49401.

## LIVING WITH DIABETES: DIABETES SELF-MANAGEMENT

Dealing with diabetes difficult? Enhance your knowledge and empower yourself and others through the nationally recognized Stanford Diabetes Self-Management Program. Certified instructors from Texas Health Resources will lead these six-week programs that address the challenges and obstacles in self managing this chronic disease.

Mondays, March 27 - May 1  
8-10:30am at Denia Rec Center  
Free to the public with a rec pass.  
Preregistration required; 49400.

## TAKING CONTROL OF YOUR HEALTH: CHRONIC DISEASE SELF-MANAGEMENT

Dealing with diabetes difficult? Enhance your knowledge and empower yourself and others. This six-week program addresses the challenges and obstacles in self managing chronic disease.

Tuesdays, May 16 - June 21  
1-3:30pm at Denton Senior Center  
Free to the public with a rec pass.  
Preregistration required; 49485.

# AMERICAN LEGION HALL Senior Center

629 Lakey St., (940) 349-8298

Monday-Friday, 10am-3pm, Thursday, 6-10pm; Saturday-Sunday closed

## DROP-IN ACTIVITIES

Sewing machine	Monday-Friday, 10am-noon
Exercise machines	Monday-Friday, 10am-3pm
Internet access	Monday-Friday, 10am-3pm
Jigsaw puzzles	Monday-Friday, 10am-3pm
Spades	Monday-Friday, 10am-3pm
Biz Wiz, pool	Monday-Friday, 10am-3pm
Table games	Monday-Friday, noon-2pm
Artwork, sewing	Monday, 10am-noon
Bingo	Tues/Thurs, 10:30-11:30am
Jewelry making	Wednesday, 11:15am-noon

## For Your Health Seminars

Every third Thursday, 1-2pm; Professionals will discuss a variety of health-related topics.

## FREE Health Screenings

Every second Tuesday, 10am-noon; Certified RN checks blood pressure and blood sugar.

## Stretch 'n' Tone

Monday, Wednesday, Friday, 10:30-11:15am.  
This free class is designed to increase strength and mobility. Rec pass required.

## ALH Senior Advisory Committee

Every fourth Tuesday, 1pm

## Birthday Socials

Last Friday of every month from 7-10pm  
Enjoy free cake and socializing, followed by table games.

## Domino Tournaments

Thursdays, 6-10pm  
\$3 per player; prizes awarded.

## SPAN NOON

## WEEKDAY MEALS

Balanced daily meals are coordinated by SPAN (Services for Aging Needs). Lunches may be reserved up to two days in advance but no later than noon the day before.

The suggested donation is \$1.50 for those 60 and older; individuals younger than 60 may eat for \$3.50.

## ALH SENIOR ROAD TRIPS

Senior trips are \$10 per person, unless otherwise noted.

Day trips are from 9am to 3pm and are Dutch-treat lunch. To register, call (940) 349-8298.

Bureau of Engraving and Printing  
Fort Worth, TX March 15

Grapevine Mills Outlet Mall, May 17

Winstar World Casino  
Thackerville, OK, Aug 30



# DENTON Senior Center

509 N. Bell Ave., (940) 349-8720  
Monday-Friday, 8am-9pm; Saturday, 9am-1pm



## DROP-IN ACTIVITIES

To enhance your safety in our facilities, an ID card system is used for drop-in activities. The card costs \$10 per year for residents and \$15 a year for nonresidents.

Pool, games, library, shuffleboard	Monday-Saturday, open hours
Garden Courtyard	Monday-Saturday, open hours
Senior Center Chorus	Mondays, 1 pm
New Horizons (beginner)	Mondays, 2:45pm
New Horizons (advanced)	Mondays, 3:45pm
Reminiscence Writing	2nd and 4th Monday, 9:45am
Young at Heart Rehearsal	Tuesdays, 8:30am
Needlework Group	Tuesdays, 9am
Card Workshop	Tuesdays, 9am
Karaoke	2nd Tuesday, 1:30pm
Duplicate Bridge	Wednesdays, 12:30pm
Literary Critique Group	Thursdays, 9:30am
Party Bridge	Thursdays, 12:30pm
Karaoke	2nd Thursday, 6-8pm
Pot Luck/Bingo	3rd Thursday, 6-8pm
Friday with Friends	Fridays, 9am
Hand & Foot Canasta	Fridays, 10am
Movie Night	1st and 3rd Friday, 6pm
Bingo	1st and 3rd Friday, 12:45pm
Triangle Squares	1st and 3rd Friday, 7:30pm

### FREE Blood Pressure and Sugar Readings

Every 1st & 3rd Friday, 10am; provided by Denton Fire Dept.  
Every 2nd & 4th Friday, 10am; provided by Active Home Health

### SPAN Noon Meals, weekdays

Balanced daily meals are coordinated by SPAN (Special Programs for Aging Needs). Lunches may be reserved up to one week in advance but no later than noon the day before. The suggested donation is \$2 for those 60 and older; individuals younger than 60 may eat for \$5.

### Ed Bonk Woodshop, Monday-Thursday, 9am-noon

The shop is fully equipped with a table saw, surface planer, drill press, scroll saw, lathe, combination sander, band saw, and radial arm saw. Costs \$6 per year and \$1 per visit. Monday is ladies day.

Aletha's Craft Store, open Monday-Saturday, 9am-1pm  
Buy and sell hand-made items or display crafts.

### Benefits Counseling, every third Thursday of month, 1:30-4pm

The North Central Texas Area Agency on Aging offers personal counseling for disabilities, specifically information about health insurance and public benefits, such as Medicare. By appointment only. Call (940) 349-8720.

## GYM MEMBERSHIP

Join our state-of-the-art fitness room with ellipticals, treadmills, bikes, a leg-extension machine, a bicep-curl machine, hip abductor/adductor, leg press, chest press, shoulder press, tricep press, ab crunch, and free weights.  
\$3 per day pass  
\$15 per month  
\$35 per three months  
\$100 annually

### FREE Fitness Room Orientation

Join the personal trainer for a free orientation on June 15. 1:30-2:30pm. Register at the front desk.

## SPECIAL EVENTS

**Community Dances, open to ages 16+ every 2nd & 4th Friday, 7-9:30pm**

Enjoy live music, dancing, and complimentary refreshments. Admission is \$6 per guest.

## LEAGUES AND TOURNAMENTS

Leagues are played with special accommodations so everyone can participate.

### Chair Volleyball League

Thursdays, Feb 2-March 9, 1:30-3:30pm  
\$19/person; 49223

### Shuffleboard Tournament (free)

Tuesday, April 11, 9am-1:30pm; 49253

### Corn Hole Tournament (free)

Tuesday, May 16, 9:30am-1:30pm; 49255

### Bowling Tournament

Tuesday, June 13, 10am-3pm  
\$20/person; 49254

## MONTHLY NEWSLETTER

Class dates are available online at [www.dentonparks.com](http://www.dentonparks.com) and in the monthly Senior Center newsletter. You may pick up a copy for \$1 per issue; or for an annual subscription of only \$8, the newsletter is mailed to your home.





## FITNESS AND WELLNESS CLASSES

### Senior Yoga

This class regulates the body's energy level, centers the mind, and relaxes the muscles. Take both the Tuesday and Thursday classes to receive a 25% discount on each class.

No class August 1 -24. \$30 per session.

April 11-May 16	Tu	10:30-11:30am	49167
April 13-May 18	Th	10:30-11:30am	49164
May 23-June 27	Tu	10:30-11:30am	49168
May 25-June 29	Th	10:30-11:30am	49165
July 11-Sept 12	Tu	10:30-11:30am	49169
July 6-Sept 7	Th	10:30-11:30am	49166

### Evening Yoga

Studies have shown that yoga can be extremely helpful in combating stress, fatigue and pain. Some yoga poses increase core strength and balance, which reduces the risk of fall-related injuries, and other poses help alleviate senior-related health issues. Above all, yoga is a form of exercise that can help seniors feel younger. Learn some simple yoga poses that can improve your overall quality of life. No class March 15.

\$30 per session. Register for two out of three yoga classes and receive a 25% discount on each class.

Feb 22-April 5	W	5:45-6:45pm	49476
April 12-May 17	W	5:45-6:45pm	49477
May 24-June 28	W	5:45-6:45pm	49478
July 5-Aug 9	W	5:45-6:45pm	49479

### Tai Chi

This class is designed to improve breathing, blood pressure, and other medical conditions through ancient relaxation techniques.

No class July 4. \$30 per session.

Feb 21-March 28	Tu	4-5pm	49188
April 4-May 9	Tu	4-5pm	49189
May 16-June 20	Tu	4-5pm	49190
June 27-Aug 8	Tu	4-5pm	49191
Aug 15-Sept 19	Tu	4-5pm	49192

### Total Fit

With seniors in mind, this class has strength training and flexibility exercises for a total body, total fitness workout.

March 2-30	Tu/Th	7-8pm	\$27	49193
April 4-27	Tu/Th	7-8pm	\$24	49194
May 2-30	Tu/Th	7-8pm	\$27	49195
June 1-29	Tu/Th	7-8pm	\$27	49196
July 6-27	Tu/Th	7-8pm	\$21	49197
Aug 1-31	Tu/Th	7-8pm	\$30	49198

### Zumba Gold®

This low-impact class, led by a certified Zumba Gold® instructor, is designed for seniors and modifies the moves and pace of classic Zumba®. Eligible Silver&Fit members may attend. 25% discount if registered for both classes.

Feb 23-March 9	Th	5:30-6:30pm	\$15	49179
March 20-April 24	M	6-7pm	\$30	49184
March 23-April 27	Th	5:30-6:30pm	\$30	49180
May 1-June 5	M	6-7pm	\$25	49185
May 4-June 8	Th	5:30-6:30pm	\$30	49181
June 12-July 17	M	6-7pm	\$30	49186
June 15-July 20	Th	5:30-6:30pm	\$30	49182
July 24 -Aug 28	M	6-7pm	\$30	49187
July 27-Aug 31	Th	5:30-6:30pm	\$30	49183

### Zumba® GOLD AM

Although geared towards the over 50 exerciser, this class is not heavily modified. Eligible Silver&Fit members may attend. No class March 16; no classes in July and August.

March 2 -30	Th	9-10am	\$15	49199
April 6 -27	Th	9-10am	\$20	49200
May 4 -25	Th	9-10am	\$20	49201
June 1 -22	Th	9-10am	\$20	49202

### FREE Stretch 'n' Tone

Specifically designed for seniors to increase strength and mobility. Rec pass required.

Monday, Wednesday, and Friday, 11am

All fitness, dance, and creative classes are open to all ages 16+, unless otherwise noted.

Register in person at any rec center, online at [www.dentonparks.com](http://www.dentonparks.com), or by phone (940) 349-8720.



## CREATIVE CLASSES

### Kumihimo Braiding

Kumihimo is the ancient art of Japanese braiding. You will learn to load cord onto the braiding disk and braid a key chain. Learn various techniques and receive instructions to continue the fun at home. Intermediate class will learn to braid with beads.

**Introduction Keychain, \$10 per person**

Aug 16 W 10am-noon 49209

**Intermediate Necklace, \$20 per person**

Aug 30/Sept 13 W 10am-noon 49210

### Ceramics/Pottery

Learn new techniques in ceramics and pottery to create unique art such as jewelry, glass bowls, wreaths, mosaics, and green-ware alterations. Instructor has years teaching at a collegiate level. The fee includes basic supplies and firing.

**Eight-pass class option; \$30 per session**

March 2-April 27 Th 10am-2pm 49212

May 4-June 29 Th 10am-2pm 49214

July 6-Aug 31 Th 10am-2pm 49216

**Four-pass class option; \$20 per session**

March 2-April 27 Th 10am-2pm 49218

May 4-June 29 Th 10am-2pm 49219

July 6-Aug 31 Th 10am-2pm 49220

### Spanish Classes

¡Hola! Learn to speak conversational Spanish from a native speaker.

**Beginning Conversational Spanish**

March 20-April 26

M/W 9:45-10:45am \$60 49221

**Continuing Conversational Spanish**

March 20-April 26

M/W 12:45-1:45pm \$60 49222

## ADVENTURE CLASSES

Outdoor and indoor classes are for adults 50+ unless otherwise noted. Call (940) 349-7784 for more info.

### Introductory Archery

Learn the fundamentals of archery with National Archery in the Schools Program and USA Archery certified instructors on a legal indoor range. Become proficient with continuing target practice.

April 1 Sa 1-3pm \$8 48690

### Black Mustang Ranch

#### Horseback Riding

Join Black Mustang Ranch on a guided 1.5 hour horseback riding adventure on the trails of Ray Roberts State Park and Greenbelt Corridor. Water, sunscreen, long pants and sturdy shoes are required. After riding lunch will be dutch treat.

April 8 Sa 10am-2pm \$55 48857

### Kayaking

Kayak on a beautiful local waterway with ACA assessed instructors and lifeguard certified staff. Water and weather appropriate clothing, including closed-toe shoes, are recommended. Experience not required. Bring a sack lunch, sunscreen, water, and a folding chair. Equipment provided.

April 22 Sa 10am-3pm \$20 48862

May 26 F 10am-3pm \$20 48880

### Greenbelt Bike Ride

Join us on a leisurely 6.5 mile, 13 mile, or 20 mile bicycle tour along the Greenbelt Corridor. Bikes, helmets, and transportation are provided. Bring a picnic lunch to enjoy afterwards.

June 3 Sa 10am-1pm \$20 48864

## DANCE CLASSES

No class March 15 and 17, May 29 and July 4. \$30 per session.

### Tap Dance

#### Evening Tap

Feb 22-April 5 W 5:45-6:45pm 49116

April 12-May 17 W 5:45-6:45pm 49117

#### Beginner Tap

Feb 24-April 7 F 8:30-9:30am 49118

April 14-May 19 F 8:30-9:30am 49119

#### Intermediate Tap

Feb 24-April 7 F 9:30-10:30am 49120

April 14-May 19 F 9:30-10:30am 49121

### Middle Eastern Dance

March 13-April 17 M 7:15-8:15pm 49146

May 1-June 12 M 7:15-8:15pm 49147

June 26-July 31 M 7:15-8:15pm 49148

### Beg. Country Western Line Dance

Feb 21-March 28 Tu 5-5:30pm 49122

April 4-May 9 Tu 5-5:30pm 49129

May 16-June 20 Tu 5-5:30pm 49138

June 27-Aug 8 Tu 5-5:30pm 49139

Aug 15-Sept 19 Tu 5-5:30pm 49140

### Inter. Country Western Line Dance

Feb 21-March 28 Tu 5:45-6:30pm 49141

April 4-May 9 Tu 5:45-6:30pm 49142

May 16-June 20 Tu 5:45-6:30pm 49143

June 27-Aug 8 Tu 5:45-6:30pm 49144

Aug 15-Sept 19 Tu 5:45-6:30pm 49145

### Social Dance

Take both classes and pay half price for the second. No partner needed. \$36 per session.

#### Basic Progressive Double Two Step

March 1-22 W 6:50-7:50pm 49149

#### Intermediate Tango

March 1-22 W 7:50-8:50pm 49151

#### Intermediate Progressive Double Two-Step

April 5-26 W 6:50-7:50pm 49150

#### Basic Polka

April 5-26 W 7:50-8:50pm 9152

#### Basic Rumba

May 3-24 W 6:50-7:50pm 49154

#### Intermediate Polka

May 3-24 W 7:50-8:50pm 49153

#### Intermediate Rumba

June 7-28 W 6:30-7:30pm 49155

#### Basic East Coast Swing

June 7-28 W 7:35-8:35pm 49156

#### Basic Jitterbug

July 5-26 W 6:30-7:30pm 49157

#### Basic Three-Step

July 5-26 W 7:35-8:35pm 49159

#### Intermediate Jitterbug

Aug 2-23 W 6:30-7:30pm 49158

#### Intermediate Three-Step

Aug 2-23 W 7:35-8:35pm 49160





**A-Train Shopping and Lunch**  
Carrollton, TX



Date: Tuesday, March 14  
Time: 10am-4pm  
Cost: \$8/person; 49171

Leaves from Med-Park; Dutch meal

Multi-generational trip for you and your grandchildren. Enjoy lunch and browsing in Downtown Carrollton. Please provide grandchildren's ages at registration.

**Dallas Arboretum and Botanical Garden**



Date: Wednesday, March 29  
Time: 9am-3pm  
Cost: \$28/person; 49170

Leaves from senior center; Dutch meal

The Arboretum is Dallas' greatest natural resource. Enjoy beautiful spring blooms and colors of the season.

**Old Red Museum by A-Train**  
Dallas, TX



Date: Wednesday, April 12  
Time: 10am-5pm  
Cost: \$15/person; 49172

Leaves from Med-Park; Dutch meal

Old Red Museum of Dallas County's history and culture serves as a symbol of Dallas heritage. Built in 1892, the beautifully restored Old Red Courthouse contains some of Dallas County's most fascinating historical artifacts.

**M-Line Trolley in Uptown Dallas**  
Dallas TX



Date: Saturday, May 6  
Time: 10am-5pm  
Cost: \$18/person; 49174

Leaves from senior center; Dutch meal

After arriving in Dallas, we will board the M-Line Trolley and travel thru Uptown Dallas to shop and enjoy lunch. It's the trolley that links the past to the present.

**33rd Annual Main Street Fest**  
Grapevine, TX



Date: Saturday, May 20  
Time: 9am-3pm  
Cost: \$19/person; 49175

Leaves from senior center; Dutch meal

Experience Grapevine's Main Street Fest in historic downtown Grapevine and enjoy arts and crafts booths, food vendors, and non-stop music from four stage areas.

**Historic Granbury Opera House;**  
Granbury, TX



Date: Saturday, June 10  
Time: 9am-7pm  
Cost: \$35/person; 49176

Leaves from senior center; Dutch meal

Join us for lunch, shopping, and a performance of "South Pacific" by the Granbury Theatre Company. It's one of the most popular musicals ever at the beautiful Historic Granbury Opera House.

**Sam Rayburn House and Museum and 4th Annual Quilt Hop**  
Bonham, TX



Date: Saturday, July 29  
Time: 9am-6pm  
Cost: \$24/person; 49178

Leaves from senior center; Dutch meal

Step into the world of one of Texas' best known statesmen, Sam Rayburn. His 1916 home, now the Sam Rayburn House State Historic Site, preserves his real stories with original furnishings, candid photographs, and personal belongings, remaining as they were when he lived here. In addition to the tour we'll experience the creative quilt hop.

**Resale Shopping**  
Grapevine, TX



Date: Saturday, Aug 12  
Time: 10am-4pm  
Cost: \$18/person; 49177

Leaves from senior center; Dutch meal

We'll have lunch and shop on Main Street while visiting some of the best local resale shops in North Texas.

**Open to all seniors, ages 50 and older!**

Trips can be booked in person at any rec center, online at [www.dentonparks.com](http://www.dentonparks.com), or by phone (940) 349-8720.

Trips are available online and in the Great Escapes newsletter.

Stop by the front desk and request to be added to the mailing list.



# ART *on the* GO!

## Dallas Museum Of Art



Date: Friday, April 7

Time: 9am-4pm

Cost: \$30/person; 49173

Leaves from senior center; Dutch meal  
"Passages in Modern Art: 1946–1990"

This collection brings together art objects from DMA's contemporary collections of recent acquisitions, rarely seen pieces and newly conserved art.

## Kimbell Art Museum



Date: Tuesday, June 6

Time: 9am-4pm

Cost: \$30/person; 49256

Leaves from senior center; Dutch meal

"A Modern Vision: European Masterpieces from The Phillips Collection." A selection of European art from The early 19th century through mid-20th century. A treasure of periods, styles, and artists.

## Open to all seniors, ages 50 and older!

Art on the Go trips will leave from the senior center and are Dutch meals.

Art on the Go can be booked in person at any rec center, online, or by phone (940) 349-8720.

# SilverSneakers® and Silver&Fit



If you are eligible for the SilverSneakers® program through your insurance plan, you are eligible to access the following:

North Lakes Rec Center cardio room, weight room, and all classes offered on the North Lakes group exercise schedule.

Denton Natatorium aquatic exercise classes, water walking, and lap swimming during open public hours.

Denia Rec Center fitness center and SilverSneakers® specific classes

Senior Center fitness center, SilverSneakers® specific classes

MLK Jr. Rec Center fitness center

### SilverSneakers® Classic

Have fun and move to the music with a variety of exercises designed to increase strength, range of movement, and daily living skills. A chair is provided for support if needed. All levels are welcome.

M/W 10:30-11:30am Denia Rec Center

Tu/Th 10:35-11:35am Senior Center

Tu/Th noon-1pm North Lakes

### SilverSneakers® Yoga

This class takes you through a series of seated and standing yoga poses to increase flexibility, balance, and range of movement. A chair is provided for support if needed. Breathing techniques promote stress reduction and mental clarity.

F 11:15am-noon North Lakes

Tu/Th 10:30-11:15am Denia Rec Center

M/W 1:30-2:15pm Senior Center



If you are eligible for the Silver&Fit through your insurance plan, you are eligible to access the following:

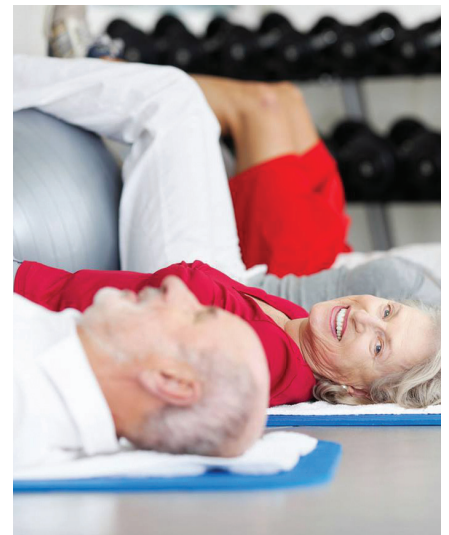
North Lakes Rec Center cardio room, weight room, and all classes offered on the North Lakes group exercise schedule.

Denton Natatorium water walking and lap swimming only, during open public hours.

Denia Rec Center fitness center and Matter of Balance classes

Senior Center fitness center and Senior Center Zumba Gold®

MLK Jr. Rec Center fitness center





City of Denton Parks and Recreation  
City Hall East Attention: Marketing  
601 E. Hickory Street, Suite B  
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