



March 2020

## IMPORTANT NEWS

The Texas State Board of Dental Examiners (TSBDE) is working closely with the Office of the Governor, the Department of State Health Services and additional state agencies to ensure Texans have the information and guidance they need to prevent the spread of COVID-19. Due to the developing nature of the public health event, TSBDE is monitoring regulatory issues that may affect our licensees as they manage the COVID-19 crisis. TSBDE will provide any updates on these issues on our website: [www.tsbde.texas.gov](http://www.tsbde.texas.gov).

The TSBDE recommends that dental professionals review the Texas Department of State Health Services (DSHS) COVID-19 web page at [dshs.texas.gov/coronavirus/](https://dshs.texas.gov/coronavirus/), the Center for Disease Control (CDC) at <https://www.cdc.gov/coronavirus/2019-ncov/hcp/caring-for-patients.html>, and the American Dental Association (ADA) at <https://www.ada.org/en> as you make decisions for your dental practice.

The offices of the Texas State Board of Dental Examiners are open and operational, and we will continue to perform the essential functions of our agency while providing the highest level of service possible. Please note that many of our staff are working remotely and our physical office is not open for visitors. The best way to contact the office for all issues is by email at [licensinghelp@tsbde.texas.gov](mailto:licensinghelp@tsbde.texas.gov).

## REMINDER: the PMP rule

Pursuant to H.B. 3284, the requirement to query a patient found in Texas Health and Safety Code §481.0764(a), which requires a practitioner to query a patient's PMP history prior to prescribing or dispensing opioids, benzodiazepines, barbiturates, or carisoprodol.

Began March 1, 2020.

*The Mission of the Texas State Board of Dental Examiners is to protect the public health and safety and promote high quality and safe dental care by providing enforcement, licensing, peer assistance, and related information services to licensees and their patients*

**Attention retiring dentists, please remember to place your license in retired status pursuant to Rule §101.7**

## PMP NOTICE

---

REMINDER: Beginning March 1, 2020, prescribers will be required to check a patient's Texas Prescription Monitoring Program (PMP) history before dispensing or prescribing opioids, benzodiazepines, barbiturates, or carisoprodol.

Visit the Texas PMP home page for additional information and resources.

The Pharmacy Board also has a link to TMB's guidance on the use of [PMP](#),

Texas Medical Board Releases Initial Guidance on Physician Requirements to Check the [Texas PMP](#)

The Texas Medical Board (TMB) has released a statement outlining initial guidance regarding new physician requirements to check the [Texas Prescription Monitoring Program \(PMP\)](#) outlined in recent legislation.

## CE NOTICE

---

New CE Requirements. **NEW – Pain Management** (104.1)(B) Effective January 1, 2021, a licensed dentist whose practice includes direct patient care must complete not less than 2 hours of continuing education annually, and not less than 4 hours for each biennial renewal, regarding safe and effective pain management related to the prescription of opioids and other controlled substances. These 4 hours may be used to satisfy the 16-hour technical and scientific requirement. The courses taken to satisfy the safe and effective pain management requirement must include education regarding:

- (i) reasonable standards of care;
- (ii) the identification of drug-seeking behavior in patients; and
- (iii) effectively communicating with patients regarding the prescription of an opioid or other controlled substance.

**NEW- Prescribing and Monitoring Controlled Substances** (111.1)

Effective until September 1, 2020, each dentist who is permitted by the Drug Enforcement Agency to prescribe controlled substances shall complete every three years a minimum of two hours of continuing education in the abuse and misuse of controlled substances, opioid prescription practices, and/or pharmacology. This continuing education may be utilized to fill the continuing education requirements of annual renewal.(b)

# CE NOTICE

---

Effective beginning September 1, 2020, each dentist who is permitted by the Drug Enforcement Agency (or any subsequent permitting authority authorized by state and federal law) to prescribe controlled substances must complete 2 hours of continuing education related to approved procedures of prescribing and monitoring controlled substances as outlined in paragraphs (1) - (3) of this subsection.

These 2 hours of continuing education may be used to satisfy the record keeping continuing education requirements of §104.1 of this title (relating to Requirement). After completing the initial requirement, a dentist may, no more than once annually, take the course under this subsection to fulfill hours toward the record keeping continuing education requirement.

(1) For dentists authorized to prescribe controlled substances before September 1, 2020, the 2 hours of required continuing education must be completed no later than September 1, 2021.

(2) For dentists who are authorized to prescribe controlled substances on or after September 1, 2020, the 2 hours of required continuing education must be completed not later than the first anniversary after the person is issued an authorization to prescribe.

(3) For dentists who have surrendered the permit or authorization to prescribe controlled substances or have their permit or authorization to prescribe controlled substances revoked by any administrative, civil, or criminal proceeding, the requirements of paragraph (2) of this subsection shall apply to any new permit or authorization granted on or after September 1, 2020, regardless of whether the dentist previously satisfied the requirements of this subsection.

Reminder! Once a dentist has undertaken a course of treatment, the dentist, absent reasonable cause, shall not discontinue that treatment without giving the patient adequate notice and the opportunity to obtain the services of another dentist. A dentist shall exercise the level of care necessary to prevent jeopardizing the patient's oral health during this process. Please refer to Rule §108.5

CHART OF CONTINUING EDUCATION

Who?	Dentists (no sedation permits)	Dentists w/sedation permits	Hygienists	Dental Assistants	Labs
Renewal Timeframe	2yrs	2yrs	2yrs	2yrs	Annual
How many CE hours are required?	24	<b>See Sedation Levels</b>	24	12	12 or current CDT Registration
Type: Scientific/Technical (hands on)	At least 16			At least 6	No
Type: Risk-Management (recordkeeping, ethics)	Up to 8 hours			No	No
Type: Self-Study (video, audio, and reading courses)	Up to 8 hours			No	No
Type: Controlled Substance	<b>See Prescribing Dentists</b>		No	No	No
BLS CPR (hands on)	Yes	Yes	Yes	Yes	No

## CHART OF CONTINUING EDUCATION

Who?	Dentists (no sedation permits)	Dentists w/sedation permits	Hygienists	Dental Assistants	Labs
<b>ACLS/PALS</b>	No	Level 2-4 permit only	No	No	No
<b>PALS Only</b>	No	Levels 2-4 who provide anesthesia services to children 12 or younger	No	No	No
<b>Jurisprudence Assessment</b>	Yes, every 4 years	Yes, every 4 years	Yes, every 4 years	No	Yes, every 3 years
<b>Anesthesia Jurisprudence Examination</b>	No	Yes. Once every five (5) years	No	No	No
<b>PMP</b>	<b>See Prescribing Dentists</b>		No	No	No

Beginning 09/01/2019, Dentists who hold a level 2-4 sedation permit, may not sedate high-risk and/or pediatric patients unless they have been authorized by the Board to do so. After the authorization has been approved, the endorsement is reflected on the license renewal certificate.

<b>Sedation Levels</b>	
The CE requirements are in addition to any additional course required for licensure. ACLS and PALS courses may not be used to fulfill the CE renewal requirement.	
Level 1: Minimal Sedation	Six (6) hours on the administration of or medical emergencies associated with the permitted level of sedation.



## CHART OF CONTINUING EDUCATION

Level 2 & 3: Moderate Sedation	Eight (8) hours on the administration of or medical emergencies associated with the permitted level of sedation.
Level 4: Deep Sedation/General Anesthesia	Twelve (12) hours on the administration of or medical emergencies associated with the permitted level of sedation.

### Prescribing Dentists

Each Dentist who is permitted by DEA to prescribe controlled substances shall conduct at least one self-query through the PMP of the Texas State Board of Pharmacy. <https://www.pharmacy.texas.gov/PMP/>

Effective March 1, 2020, prior to prescribing or dispensing opioids, benzodiazepines, barbiturates, or carisoprodol, a dentist shall access the patient's prescription drug history report through the Texas State Board of Pharmacy's Prescription Monitoring Program (PMP). <https://www.pharmacy.texas.gov/PMP/>

By 09/01/2020, each dentist who is permitted by DEA to prescribe controlled substances shall complete every three (3) years a minimum of two (2) CE hours in the abuse and misuse of controlled substances, opioid prescription practices, and /or pharmacology.

Beginning 09/01/2020, each dentist who is permitted by DEA to prescribe controlled substances must complete two (2) CE hours related to approved procedures of prescribing and monitoring controlled substances;

- For dentists authorized to prescribe controlled substances before 09/01/2020, the two (2) hours must be completed by 09/01/2021,
- For dentists who are authorized to prescribe controlled substances on or after 09/01/2020, the two (2) CE hours must be completed by the first anniversary after beginning authorized to prescribe

These two (2) hours may be used to satisfy the recordkeeping CE requirement.

Effective 01/01/2021, a licensed dentist whose practice includes direct patient care must complete at least four (4) CE hours regarding safe and effective pain management related to the prescription of opioids and other controlled substances. The courses taken to satisfy the safety and effective pain management requirement must include education regarding the following:

- Reasonable standards of care
- The identification of drug-seeking behavior in patients, and
- Effectively communicating with patients regarding the prescription of an opioid or other controlled substance

These four (4) hours may be used to satisfy the technical and scientific requirement

**Do you want to receive the latest  
alerts and newsletters?  
email [licensinghelp@tsbde.texas.gov](mailto:licensinghelp@tsbde.texas.gov)  
and put "Alerts" in the subject line**

# Anesthesia News

## **Prescribing Controlled Substances and Dangerous Drugs:**

**Reminder to review new requirements in 22 Tex. Admin. Code § 111.1-4, Standards for Prescribing Controlled Substances and Dangerous Drugs**

## **Preoperative Sedation/Anesthesia Checklist:**

**Reminder, effective May 10, 2018 Pursuant to 22 Tex. Admin. Code § 110.13 Sedation and Anesthesia, Required Preoperative Checklist for Administration of Nitrous Oxide and Levels 1,2,3, and 4 Sedation/Anesthesia effective May 10, 2018 and amended to be effective March 20, 2019.**

**Pursuant to 22 Tex. Admin. Code § 110.18 TSBDE is conducting Sedation and Anesthesia Compliance inspections. Failure to allow the inspection to take place may result in suspension in one or more of your permit(s).**

**Pursuant to 22 Tex. Admin. Code § 110.18, regardless of issue date, all level, 3, and 4 permit holders will be subject to at least one inspection prior to September 1, 2022.**

**All level 2, 3, and 4 permit holders who received their initial permit after March 1, 2018, must be inspected within a year of receiving their permit.**

**Texas Dentists who hold a Level 2, 3, and 4 Sedation Permit please ensure you have a current work address, phone number, and email on file with TSBDE. If you need to update your information, you may email the following information to [anesthesiainfo@tsbde.texas.gov](mailto:anesthesiainfo@tsbde.texas.gov).**

- 1. Full Name**
- 2. Dental License Number**
- 3. Work Address**
- 4. Email**
- 5. Phone Number**
- 6. Indicate if your work address is your mailing address**



## **BOARD MEMBER SPOTLIGHT: Dr. David Yu**

Dentistry is a noble profession. We feel blessed when each patient takes the time and effort to walk into our offices to put their oral health in our hands. We respectfully cherish that trust.

Dentistry was not my first choice. I'd gone through the first two years of college at Indiana University as a Studio Art major, but at the behest of my parents- I decided to switch to Microbiology in pursuit of dentistry, as the artistic form of Medicine. Following dental school, I did a General Practice/Hospital Residency at the UTHSC in San Antonio. I was fortunate to be selected into the UT Health Science Center residency in Periodontology. I was triple certified in intravenous sedation from each level of advanced education, from Dental School to Perio residency. I became a diplomate six months after residency. Following residency in 2000, I worked locums for exceptional general dental practices in Dallas and Austin while my wife completed her residency in Radiology at Baylor Hospital. In 2003, we made Austin our home.

My practice focuses on advanced periodontal surgery, including hard and soft tissue regeneration, implant surgery, and periodontal plastic surgery. I truly believe that each dentist was blessed with his or her unique gifts, as exemplified by interest, training, and mentorship. Our patients deserve a community of dentists, where each doctor contributes his or her own expertise. I also believe in giving back to the community. I support the Capital Area Dental Foundation, Manos Di Cristo, Health Alliance for Austin Musicians, and Ruby's Rainbow (providing college scholarships to those with Down Syndrome). I was appointed to the TSBDE's Blue Ribbon Panel for Anesthesia Safety in 2016 and served on the anesthesia committees for the Texas Society of Periodontists and American Academy of Periodontology. I served on the boards for the Southwest Society of Periodontists and Texas Society of Periodontists. I am on the advisory committees for Austin Community College Hygiene School and the Professional Recovery Network. I am an examiner for the Western Regional Examination Board and serve on the WREB examination committee. Most notably, I was honored to be recently reappointed by Governor Abbott to the Texas State Board for a full term. I am humbled to be part of our extraordinary board.

I am a proud dad to my two kids, Kevin and Katelyn. They keep me grounded and remind me that life is more than just work. In my "spare" time, I help to raise our 14 chickens, enjoy playing basketball, racing cars, and skiing. I continue to teach and lecture. Currently, I have been researching new 3D-printed occlusive barrier technology for ridge augmentation in Spain. Every step in my life and career has been an exciting journey. I don't know where life will take me, but every opportunity I get to make a difference is a gift.

*The information expressed in the newsletter is created or compiled by agency staff. It does not reflect the official position of the board or its members, and it should not be construed as legal advice.*