

# Report

to the people of Texas concerning progress in mental health and in mental retardation.

*Documents Department*

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**ISAAC ARNOLD** *Dallas Public Library*

## Chemical Engineer On MH/MR Board

Isaac Arnold, Houston civic leader and patron of the arts, has served as a member of the Texas Board of Mental Health and Mental Retardation since 1967.

He is vice-president and executive director of Quintana Petroleum Corp.

A native of Pittsburgh, Pa., he is a graduate of Nichols School, Buffalo, N.Y., and the Rensselaer Polytechnic Institute, Troy, N.Y., with a degree in chemical engineering.

### Leader in Education

After his graduation in 1927, he spent two years as an assistant research engineer with the Carborundum Co., Niagara Falls, N.Y., and was head of the Department of Science at Gow School, South Wales, N.Y., from 1929 to 1932, when he joined Quintana. From 1942 to 1944, he was civilian instructor in mathematics at the U.S. Navy's Elementary Electricity and Radio Materials School at the University of Houston.

Arnold has served six-year terms as regent for the University of Houston and as trustee of Kinkaid School, Houston, and Rensselaer Polytechnic Institute. He is a former trustee and chairman of the Development Council for St. Luke's Episcopal Hospital, Houston, and holds a privileged membership in the Houston Kiwanis Club.

See "Isaac Arnold," page 4.



**YOUNGEST VOLUNTEER** in TDMHMR is Julie Lewis, shown above with her mother, Mrs. James Lewis of Garland. Although the rules say volunteers should be 14 years old, Julie attended her first Terrell State Hospital Volunteer Council project when she was three weeks old. She recorded 32 hours of service by the time she was three months old. Julie is competing with her mother, who has almost 1,000 hours of credit.

## Midland Center Receives Grant

The newly opened Midland Community Center for MH/MR received a state grant of \$13,163 to help finance its program through Aug. 31.

The grant was approved July 12 by the Texas Board of Mental Health and Mental Retardation. A grant request is pending to finance the center's operations for the next fiscal year.

## Dr. Miller Is MH Deputy

Gary E. Miller, M.D., was named deputy commissioner for mental health and directors for two TDMHMR facilities were approved this month by the Texas Board of Mental Health and Mental Retardation.



**MILLER**

H. Russell White, director of the Amarillo State Center for Human Development since 1967, assumed duties as superintendent of the Richmond State School July 14.

At the same time Eugene W. Garms, assistant superintendent of the Richmond school since 1968, became director of the Amarillo center. The appointments were made by John Kinross-Wright, M.D., commissioner, TDMHMR, and approved by the Texas MH/MR Board on July 12.



**WHITE**

Dr. Miller, who has been acting deputy since September, 1967, will supervise and coordinate activities of state mental hospitals and mental health clinics. He will also be responsible for mental health standards of state-funded community MH centers.

Recently certified by the American Board of Psychiatry and Neurology, Dr. Miller was director of the Harlingen State

See "Appointments," page 4.



## Hendrix Is New Coordinator For Southwest Texas

Robert E. Hendrix Jr. of San Antonio, former assistant director of health planning for the Alamo Area Council of Governments, is the new TDMHMR regional coordinator for Southwest Texas.



**HENDRIX**

Hendrix holds bachelor's degrees in marketing and theology and certificates in counseling and in individual and group therapy. He was education director for the Texas Commission on Alcoholism and was a TDMHMR chaplain from 1965 to 1966. He has 10 years experience in working with organizations at the state and community levels.

Hendrix's office will be in San Antonio. He succeeds J. Lyle Hill, now executive director of the Corpus Christi-Nueces County MH/MR Center.

## Older Retardates to Live At New San Angelo Center

Texas mental retardates over 35 years old who have little potential for returning to community life will soon reside at San Angelo in a continuing care center adapted to their needs.

The San Angelo Center, formerly the McKnight State Tuberculosis Hospital, will be transferred to TDMHMR from the State Health Department, effective Sept. 1.

### Criteria for Admission

In each of three months starting Sept. 15, it will accept 90 state school residents who are moderately or severely retarded and have no serious physical handicap, no chronic medical problems, and no disruptive behavioral or control problems.

In each of three months starting Jan. 5, 1970, an additional 80 residents will be admitted. When in full operation, the San Angelo Center will create 590

vacancies in TDMHMR special schools, thus reducing their waiting lists.

### Selection of Residents

High priorities for transfer to San Angelo will be given retardates whose families live in that area. In rare cases residents will be selected from other schools' waiting lists. Later some will be selected from mental hospitals.

Charles Martin, deputy commissioner for mental retardation, said residents of the San Angelo Center will be provided basic care and treatment, recreational activities, occupational and work therapy, and training in self-help and simple work skills.

Up to 100 tuberculosis patients will reside at the center through Sept. 1, 1970.

## Czechoslovakia Stresses Group Therapy Units

A Czechoslovakian psychiatrist discussed his country's community mental health programs and concepts at two recent seminars for Central Office and Austin State Hospital personnel.

Ferdinand N. Knobloch, M.D., associate professor of psychiatry at Charles University, Prague, said most neurotic and non-psychotic patients in Czechoslovakia receive group therapy as outpatients at day care centers. Extensive individual psychotherapy is employed only if group therapy proves unsuccessful.

Dr. Knobloch said a typical "therapeutic community" in Czechoslovakia stresses productive activities in a "real-life" environment. The concept allows the treatment team to observe group interaction and patient adjustment in a non-institutional environment.

## Rusk Trainees Study Centers

Hospital staff development trainees from Rusk State Hospital are studying the relationship among state hospitals, community centers, and the community.

Under the direction of Beth Banks, R.N., trainees are interpreting the responsibilities of the hospital and the role of community centers. Their projects in-

## WHO'S WHO IN TDMHMR Commissioner: John Kinross-Wright, M.D.

(This is the first in a series of articles explaining the role of administrators in the Texas Department of Mental Health and Mental Retardation.)

*The Commissioner of the Texas Department of Mental Health and Mental Retardation is John Kinross-Wright, M.D.*

*As Commissioner, he is the official Mental Health Authority for Texas and is responsible for administering state and local MH/MR services.*

*Dr. Kinross-Wright has the duty of carrying out the policies and procedures directed by the nine-member Texas Board of Mental Health and Mental Retardation, which is appointed by the Governor.*

*He has direct authority over seven mental hospitals, nine schools for the retarded, three multi-service MH/MR facilities, two mental health clinics, two development centers for the retarded and two research facili-*

*ties. His duties include selecting superintendents of institutions and approving their other key administrative personnel.*

*In addition, the Commissioner is the Licensing Authority for all mental hospitals in Texas, both public and private.*

*Dr. Kinross-Wright also supervises the establishing, funding, and operating of community mental health programs.*

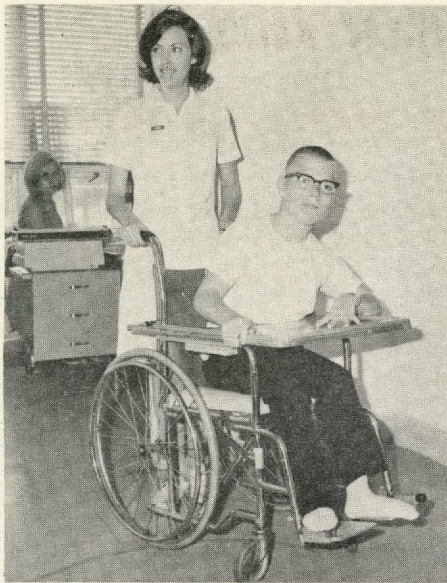
*The Commissioner is authorized by the Legislature to appoint deputy commissioners and administrative person-*

*nel, and to establish programs that will provide uniform, high-quality MH/MR services throughout Texas.*

*Dr. Kinross-Wright has served as Commissioner since March, 1967.*



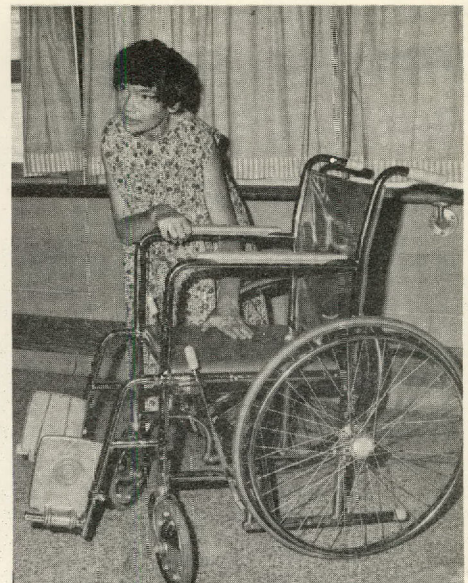




NEW ACTIVITIES are possible for 33 Denton State School residents because of their new custom-built wheelchairs. Purchased with federal Title XIX funds available to the totally and permanently disabled, the folding wheelchairs are adapted to individual needs. One resident, left, finds eating, studying, and playing more manageable because of the tray with molding edge and large foot rests. Another, center, who is



independently mobile, enjoys an "indoor chair." This model has large wheels in front, permitting it to be propelled with one hand, and hand-operated brakes. A semiambulatory resident, right, leaves her wheelchair to perform self-care activities. Her chair has a firm seat, brakes, and foot rests which can be raised. Title XIX funds have also made possible the purchase of an exer-cycle for an obese resident.



### AT RUSK'S HORIZON HOUSE

## Women Residents Learn Basic Skills While Living in Home-Like Environment

The Horizon House at Rusk State Hospital is "halfway to a halfway house" and provides women patients hospitalized for years the opportunity to return to society.

It opened in April to provide a controlled, home-like environment in

### Team of Consultants Aids MH / MR Centers

A team of consultants in psychology, social work, and psychiatric nursing from the TDMHMR Regional Programs Division will be working with community MH/MR centers and programs throughout Texas.

James R. Hale, who has served numerous Texas communities as a consultant, joined the staff as a consultant in psychology July 1.

John Sims, who has worked in the MH/MR programs of Louisiana for the last eight years, is the new social work consultant.

Donna Stevens, psychiatric nurse consultant, joined the staff in February.

which women could learn gradually to readjust to society. Their program includes learning basic housekeeping skills and training needed for part-time and full-time employment.

#### Residents Employed

Eight of the 20 residents now hold full-time jobs outside the hospital, some hold part-time jobs, and several have been placed in private homes. As residents find employment, they are charged nominal rent, another step toward learning self-reliance.

Horizon House residents live in an 11-room building at Rusk that has been refurbished to provide a domestic atmosphere. They prepare and serve family-style meals and enjoy shopping at nearby stores.

#### TDMHMR Is Co-sponsor

Sponsored by TDMHMR and the Texas Education Agency's Division of Vocational Rehabilitation, Horizon House was organized by Mrs. Ruth Ross, psychiatric nurse technician. Her assistants include a psychologist, a social worker, a chaplain, two vocational rehabilitation counselors, and volunteers.

## PERSONAL MENTION

Mrs. Romero Ramirez, an attendant at the Rio Grande Center for Mental Health and Mental Retardation, received awards from the National and Texas Associations for Mental Health for her outstanding contribution in caring for the mentally ill.

Robert A. Gay has joined the Rusk State Hospital staff as a psychologist.

Mrs. Bedford Estes, psychiatric nurse technician at Terrell State Hospital, won the institution's Psychiatric Aide of the Year Award.

Houston White of Rusk, TDMHMR collection officer, has been elected district governor for Rotary District 591 for 1969-70.

James D. Vick, former vocational rehabilitation counselor, is now clinical psychologist at the Corpus Christi State School.

#### Deaths

Sidney Bohls, M.D., pathologist and director of laboratories at Austin State Hospital, died in Austin recently at the age of 71. Dr. Bohls founded the ASH School of Medical Technology and trained technicians now employed throughout TDMHMR and the U.S.



## Style Show Proceeds Pledged to State School For Recreation Center

Fashions by Helga of California will be modeled at a benefit style show for the Austin State School Outdoor Recreation Center Aug. 14.

Sponsored by Ivey Wade of Austin, the show will be held at the Westwood Country Club. Helga, winner of national fashion awards, will attend the coffee and benefit.

Mrs. Edward Clark, wife of the former ambassador to Australia, is honorary chairman.

## Dentists to Study MH/MR Problems

"Dental Care for the Individual with Mental Retardation, Emotional Disturbances, or Cerebral Palsy" will be studied at a postgraduate training seminar in dentistry in Dallas, Aug. 7-9.

Co-sponsored by TDMHMR, the Baylor University College of Dentistry, and the United Cerebral Palsy Association of Texas, Inc., the seminar will be financed by a TDMHMR grant.

## APPOINTMENTS . . .

(Continued from page 1.)

Mental Health Clinic from 1966 to 1967.

White held various positions in the MH/MR field in Tennessee and Florida before coming to Texas in 1965 as director of the Hospital Improvement Project at the Travis State School.



GARMS

Garms has worked with schools for the retarded since 1951 and was assistant superintendent of the Rainier School for the Mentally Retarded in Washington before coming to Texas.

Dr. Kinross-Wright also announced that Dick Day, director of the Child Development Center at Denton State School, was promoted to assistant superintendent. He succeeds Brian McCann, now assistant director of the National Association for Retarded Children in New York. John Lewis, director of Student Life and Training, succeeds Day.



MOTORCYCLISTS competed in slow-speed riding skills at the Texas State Championship Field Meet held at Austin State School July 4. Students were entertained, and proceeds from tickets sold to the public went to the school's Volunteer Council to purchase athletic equipment for residents.

## Welfare Payments May Be Reduced

The Texas Department of Public Welfare faces a reduction in federal funds for assistance payments unless Texans approve Constitutional Amendment No. 5 in a special election Aug. 5.

If approved, Amendment No. 5 will raise the annual ceiling on state funds for public assistance payments from \$60 million to \$80 million.

Burton G. Hackney, welfare commissioner, said these funds are for money grants to recipients of Old Age Assistance, Aid to the Blind, Aid to the Disabled, and Aid to Families with Dependent Children.

## Records Librarians Study New Procedures

Twenty medical records librarians from TDMHMR institutions met in Austin last month to study the capabilities of data processing and the future role of automation in record keeping.

Mrs. Barbara Peck, medical records coordinator, Central Office, said it was the first step in developing uniform medical records procedures throughout the TDMHMR system.

## ISAAC ARNOLD . . .

(Continued from page 1.)

A registered engineer in Texas, he is a member of the Texas Society of Professional Engineers, the Houston Scientific and Engineering Society, and the American Institute of Mining and Metallurgical Engineers.

### MH/MR Supporter

Active in many civic affairs at the local and state level, Arnold has had a strong interest in improving the mental health and mental retardation services of the state and has provided leadership for many innovative approaches in the TDMHMR system.

He is also a major supporter of fine arts and was recently cited by the Houston Museum of Fine Arts for donating an authentic Renoir work, "Portrait of Jean," to its galleries.

### Sailing Enthusiast

His hobbies include hunting, fishing, gardening, and boating. An avid sailing enthusiast, he is governor and past commodore of Texas Corinthian Yacht Club and a member of numerous yacht clubs in the Houston area.

Arnold has two daughters and one son, four granddaughters and five grandsons, all of Houston. His late wife was the former Agnes Louise Cullen.

Arnold attends Palmer Memorial Episcopal Church in Houston, where he is a vestryman and former senior warden.

TEXAS DEPARTMENT  
OF MENTAL HEALTH  
AND MENTAL RETARDATION



John Kinross-Wright, M.D.  
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