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Lee College at Crosby Senior Citizen Program

Lee College at Crosby is located in the Crosby Plaza Shopping Center near Wal-Mart

WEDNESDAY, JANUARY 27, 1999
DEBRA DUNCAN SHOW
CHANNEL 13 TV

January/February 1999

Lynne Foley
Senior Citizen
Program Coordinator

Felicia Thomas
Lee College Crosby
Wellness Specialist

**Computer Classes
for Seniors
in Crosby**

**Introduction to
Microcomputers**

**Introduction to
Windows 95**

Classes are held on
Mondays and
Wednesdays
9:00 a.m. - 12:00 p.m.

Registration for
classes begins
January 5, 1999.

Crosby location regis-
tration will be held
January 5, 1999 from
4:00 - 6:30 p.m. at the
Crosby Center.

Lee College does not discriminate
on the basis of gender, disability,
race, color, age, religion, national
origin or veteran status.

We will leave at 7:15 a.m. from the Crosby Center parking lot for a live taping of the "Debra Duncan Show." You will want to set your VCR's that morning to tape the show from 9 - 10 a.m. just in case you actually are seen in the audience. After meeting the host and seeing a little of the TV studio, we will head to Houston's Galleria to take in some of the new sights, shops, and eateries. Everyone is on their own for lunch and browsing for a few hours and then back to Crosby by 3:00 p.m. Call 281-425-6311 NOW for a reservation and to pay \$4 for transportation.

**IT IS 1999!!
LUNCHEON, PROGRAM AND
STYLE SHOW
10:30 a.m - 1:00 p.m.
Lee College at Crosby**

Join us for an exciting style show for men and women presented by Palais Royal from San Jacinto Mall-then stay for a delicious catered lunch and program. There is no charge, but reservations are a must! As you know seating is limited to 100. Call 281-425-6416 NOW to leave your name and phone number. The style show will begin around 10:30 a.m. Models are still needed for women and men's fashions. Call Lynne if you are interested 281-425-6416.



**Did you know...
Lee College offers Scholarships for
Senior Citizens**

Anyone 65 or older is eligible for a senior citizen scholarship, which pays for in-district tuition and fees. For citizens living out-of-district, payment is only \$16 per credit. Courses range from one to four credits and begin several times throughout the year. Placement tests are waived, and all classes must be taken for a grade.

For those interested in exercise (1 credit), a fitness program, based on the recommendations of your physician, will be designed by your instructor. During the term you will work out several times a week at the Wellness Center, choosing the time that best suits your schedule.

Other courses, such as art appreciation (3 credits) and computer classes (3 credits), meet at scheduled times and are conducted like traditional college courses.

WEDNESDAY PROGRAM, FEBRUARY 17, 1998
LEE COLLEGE AT CROSBY
1:00 - 3:00 P.M.

Learn how to become a "Silver Sleuth" for the Better Business Bureau. Here is an opportunity for you to hear about a great new program in the Houston/East Harris County area as Candy Twyman, Silver Sleuth Program Director is our speaker today. She has some very interesting stories to share. Refreshments will be served and door prizes too.

Who are the Silver Sleuths?

Inspectors, examiners, scouts, agents, reporters, detectives..they're all Silver Sleuths! Silver Sleuths are volunteers over the age of 55 working in conjunction with the Better Business Bureau (BBB) to combat schemes targeting older adults.

What do Silver Sleuths do?

Silver Sleuths monitor and identify fraudulent schemes and scams in their community and report them to the Better Business Bureau for review. Sleuths are also the eyes and ears of the community looking for possible social service or health needs among other seniors in their neighborhoods. Silver Sleuths identify deceptive advertising and marketing practices and tell other older adults how to report this information.

How can you help?

If you are over 55 years of age, you can sign up to volunteer as a Silver Sleuth. There are many volunteer opportunities available. You can undertake assignments on a time schedule convenient to you. Put your experience back to work as a Silver Sleuth volunteer.

FOCUS NEWSLETTER

Lee College
Continuing Education/Seniors Program
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