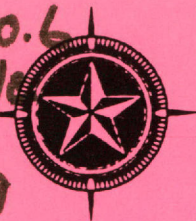


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# FOCUS Newsletter

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## Lee College at Crosby Senior Citizen Program

September 1998

Lynne Foley  
Senior Citizen  
Program Coordinator  
281-425-6416

\*\*\*\*\*

Felicia Thomas  
Lee College Crosby  
Wellness Specialist  
281-328-1111

\*\*\*\*\*

**22nd Annual  
Baytown Senior  
Citizen  
Olympics  
October 6 - 9, 1998**

Events are held at various locations in Highlands and Baytown. Sponsored by Lee College, Commissioner Jim Fonteno, and city of Baytown.

**Interested?  
Call Lynne Foley  
NOW at  
281-425-6416**

\*\*\*\*\*

*Lee College does not discriminate on the basis of gender, disability, race, color, age, religion, national origin or veteran status.*

## Calling all Senior Adults in the Crosby-Huffman-Highlands area!!

Please join us at a  
"Get Acquainted to the Crosby Senior Citizen Program Reception"  
Come meet Lynne Foley and Felicia Thomas

Wednesday, September 30, 1998  
1:00 - 3:00 p.m.  
Lee College at Crosby  
14045 FM 2100  
Crosby, Texas  
(Crosby Plaza Shopping Center near Wal-Mart)

Lynne will give an overview about the exciting programs, events, and bus trips planned just for you. Membership in the program is free. Felicia will give an overview about the Wellness Center and explain how you can become a member.

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### Did you know... Lee College offers Scholarships for Senior Citizens

Anyone 65 or older is eligible for a senior citizen scholarship, which pays for in-district tuition and fees. For citizens living out-of-district, payment is only \$16 per credit. Courses range from one to four credits and begin several times throughout the year. Placement tests are waived, and all classes must be taken for a grade.

For those interested in exercise (1 credit), a fitness program, based on the recommendations of your physician, will be designed by your instructor. During the term you will work out several times a week at the Wellness Center, choosing the time that best suits your schedule.

Other courses, such as art appreciation (3 credits) and computer classes (3 credits), meet at scheduled times and are conducted like traditional college courses.

# FOCUS NEWSLETTER

Lee College

Continuing Education/Seniors Program

PO Box 818

Baytown, Texas 77522-0818

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