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Lee College Senior Citizen Program

Government Publications
Texas State Documents
March-May, 2003

Lynne Foley, Senior Citizen Program Manager, 281-425-6416, lfoley@lee.edu

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TUESDAY MORNING PROGRAMS

The Lee College Senior Adult program presents an educational, informational or entertaining program on these Tuesday mornings. Most scheduled programs are at the Baytown Community Center, 2407 Market Street, 9:30-11:30 am in the Tejas Room. If not there, another location will be listed. Also watch the Community Calendar of the Baytown Sun. Anyone over the age of 50 in the Baytown/Highlands/Crosby/Mt. Belvieu/Liberty/Dayton and other surrounding areas is invited!

March 4 *Monthly Luncheon and BINGO!*

You'll play for special prizes and then are invited to stay afterwards for the luncheon. Bring a salad to share, the College will provide drinks and dessert and we'll celebrate March birthdays.

March 11 College Spring Break, no program

March 18 *CPR CLASS FOR SENIORS* (See details inside)

March 25 *LifeGift Organ Donation Center*
Representative Madeleine Crespo is our speaker today. More than 76,000 Americans are on a waiting list for a life saving organ or tissue transplant, nearly 2000 of those live in the Gulf Coast area. Come hear this special presentation. Refreshments will be served.

April 1 *MAD HATTER'S PARTY*

(also April Fool's Day!) 9 am-Noon at the Baytown Community Center Auditorium. There will be a DJ for dancing, Karaoke Singing Fun! (30's/40's/50's tunes), Hat Contest for men and women (lots of winners), refreshments, door prizes and a special performance by the Highlands Elementary "Toe Tappers"!!! There is no charge, but you **MUST HAVE A RESERVATION!** Call 281-425-6416 and leave your name. This event is being sponsored by Lee College, Baytown Parks & Recreation, and Commissioner Sylvia Garcia's Senior Program.

April 8 *Monthly Luncheon and BINGO!*

Play for special prizes and then you are invited to stay afterwards for the luncheon. Bring a salad to share, the College will provide drinks and dessert and we'll celebrate April birthdays.

April 15 *Heart Failure*, a chronic disease, affects over 5 million Americans and is the most common reason for hospitalization for Seniors. Speaker Sandy McNeely, will address what causes heart failure, its symptoms, the latest treatments and prevention, and how telemedicine technology is being used in the home to manage the disease. The class will include a hands on demonstration of home monitoring equipment, used successfully to control symptoms and prevent repeated hospitalizations. Refreshments will be served.

April 22 To be announced in Baytown Sun Community Calendar

April 29 *Spring is here!*

A special "Springtime Program" is being planned for all. We'll also celebrate May and summer birthdays at this time. Bring a salad to share, the College will provide drinks, desserts and some surprises! This will be the last program day at the Baytown Community Center (the Center will close for remodeling for the next 6-9 months).

The Baytown Community Center will close April 1 for remodeling for the next 6-9 months. Tuesday Morning Programs and classes will resume again in the Fall Semester on the Lee College Main Campus (Lee Drive & Gulf Street) at a still to be determined site. Be looking for this information in the late summer Focus newsletter edition.

TRIP REGISTRATION

Monday, March 3 - 9:00 a.m.

Lee College Senior Citizen trips are for the education and enjoyment of anyone over the age of 50 no matter where you live.

ALL trips will leave from the Lee College **Texas Avenue parking lot** across from Baytown's Old Oak Tree.

To REGISTER for any of the trips you must call Continuing Education at 281-425-6311 and use your Visa, Discover or Mastercard **OR** come by the Continuing Education Office in Rundell Hall to pay by cash, check or credit card.

REGISTRATION will BEGIN on Monday, March 3 at 9 AM and **CONTINUE UNTIL THE TRIP IS FILLED** (even up to the day of the trip). We will always take a Wait List. ***If you need to cancel a trip for any reason you must call Lynne Foley at 281-425-6416. A refund may be given if a replacement can be found for your place on the bus.*

DAY TRIPS

Register beginning Monday, March 3 at 9:00 a.m.

Thursday, MARCH 6 RODEO HOUSTON—CLAY WALKER PERFORMANCE

We'll leave the parking lot at 5:30 pm for the 7 pm Rodeo performance. Trip fee is \$10 including tickets and transportation. Rodeo tickets and bus were secured through Commissioner Sylvia Garcia's Senior Program.

Friday, MARCH 7 IRISH POPS CONCERT with Houston Symphony Orchestra

Tap your feet and clap your hands to Irish music at this high-spirited celebration of St. Patrick's Day. Enjoy such favorites as "Danny Boy," "When Irish Eyes Are Smiling," and "McNamera's Band." The Grammy-nominated band Cherish The Ladies will thrill you with their dazzling musicianship, glorious singing and exuberant dancing! We'll leave the Texas Avenue parking lot at 6:15 pm for the 7:30 pm concert at Jones Hall where we have wonderful Orchestra level seating. Trip fee for concert and deluxe motorcoach transportation is \$35.

Monday, MARCH 24 BAYTOWN NATURE CENTER TOUR & LUNCH

Baytown Nature Center Naturalist John Mason will be our guide today as we explore the ongoing preservation and expansion of Baytown's own "wild wetlands area." Wear comfortable shoes (for the hour long walk), bring binoculars, water, sunscreen, and a camera if you choose. Let's be adventurous as we travel by van and then foot into the Nature Center to learn about the natural habitat, bird watching, the Butterfly Garden, the Discovery Area, San Jacinto Point and then eat a delicious lunch atop Baytown's "mountaintop lookout" in the Nature Center. Trip fee is \$15 and includes tour, transportation and lunch. We'll leave the Texas Avenue parking lot at 10 am returning after lunch.

Thursday, MARCH 27 GREAT CARUSO DINNER THEATRE

A magical evening at Houston's ONLY Dinner Theatre. Tony Award Best Musical, "Ain't Misbehavin'" continues to play to a packed house! The Houston Chronicle says: "The joint is jumping'...hard to resist show". We'll leave the Texas Avenue parking lot at 5:45 pm. Trip fee of \$45 includes deluxe motorcoach transportation, three course delicious dinner and the show.

**The American Red Cross
Celebrates its 60th Anniversary**

by joining with the

Lee College Senior Citizen Program

in presenting

CPR Training for Seniors

Learn how to perform CPR and respond in an emergency

**Tuesday, March 18
Baytown Community Center
Tejas Room**

**2407 Market Street
9:00 a.m. - 1:00 p.m.
\$5 (or \$10 including lunch)**

Call Lee College at 281-425-6311 or
Red Cross at 281-424-1300 for more information

Together We Can Save A Life

Thursday, APRIL 3 STARS ON ICE

Olympic Gold Medalists Tara Lipinski & Alexei Yagudin, Canadian Gold Medal Pairs Champions Jaime Sale & David Pelletier, two-time Gold Medallist Katarina Witt, four-time World Champion Kurt Browning, World Champion Todd Eldredge, and many more Stars at Compaq Center for one sold-out night! We'll leave the Texas Avenue parking lot at 4:30 pm for dinner (dutch treat) and the 7 pm show. Trip fee of \$41 includes deluxe motorcoach transportation and the Ice Show.

Tuesday, APRIL 8 ASTROS VS CINCINNATI REDS

Catch the baseball fever of a new season! The bus will leave the Texas Avenue parking lot at 5:30 pm. Trip fee of \$26 includes great mezzanine seats and deluxe motorcoach transportation.

Wednesday, APRIL 16 NEW DOWNTOWN AQUARIUM TOUR, TRAIN RIDE & LUNCH

Experience a new Underwater Adventure in Houston...the Downtown Aquarium. Touted as "500,000 Gallons of Underwater Adventure"; we'll take a complete guided tour, ride the "Shark Voyage Train" through an amazing 200,000 gallon acrylic tunnel of sharks, and have lunch (dutch treat) in the Marina Matinee Café featuring seaside dining and nautical based action movie screens. We'll leave the Texas Avenue parking lot at 9 am. to return mid afternoon. Trip fee of \$25 includes deluxe motorcoach transportation, guided tour, and train ride.

Monday, APRIL 21 MARVIN HAMLISH with the Houston Symphony Orchestra

Award winning composer and performer Marvin Hamlish brings a new show to the Jones Hall stage featuring selections from his newest Broadway musical *The Sweet Smell of Success*. We'll leave the Texas Avenue parking lot at 6:15 pm for the 7:30 pm concert. Trip fee of \$35 includes Orchestra level seats and deluxe motorcoach transportation.

Wednesday, APRIL 23 HAAK WINERY TOUR AND TASTING

Hop on board a deluxe motorcoach leaving at 9:30 am for a trip to one of "Texas' best new Vineyards & Winery"!! We'll travel to Santa Fe where we'll have a special guided tour of the Haak Vinyards, Winery, Cellar, Olive Orchard and Gardens. Then into the tasting room to taste several varieties of Texas Chardonnay, Sauvignon Blanc, Blanc du Bois, Syrah, Port wines and gourmet foods. After visiting with the owners and shopping for wines and gifts in the shoppe, we'll head to Alvin for a delicious lunch (dutch treat) at popular Joe's BBQ. We'll return late afternoon. Trip fee is \$18.

Wednesday, APRIL 30 ASTROS VS ATLANTA BRAVES

Today's tickets and bus are secured through Commissioner Sylvia Garcia's Senior Citizen Program (for today's trip you will need to be at least 55 years of age). The fee of \$12 includes game ticket and Harris County Bus transportation. We will leave the Texas Avenue parking lot at 5:30 pm for the 7pm game.

Sunday, MAY 25 BURT BACHARACH with the Houston Symphony Orchestra

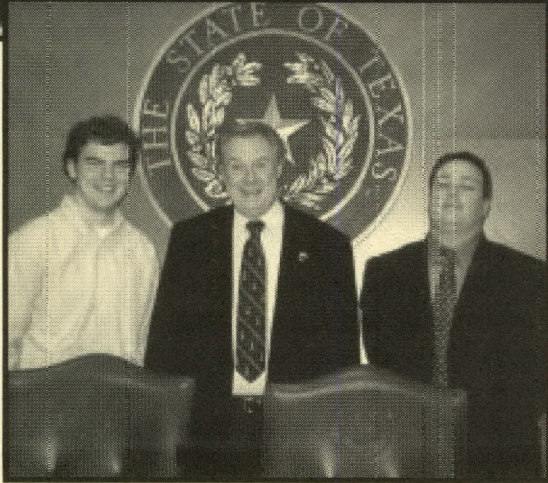
Simply one of the most prolific composers of the 20th century, the legendary Burt Bacharach joins your Houston Symphony Orchestra for the last pops concert this season. The evening will include some of his greatest hits ("I Say A Little Prayer," "That's What Friends Are For," and "What The World Needs Now") We'll leave the Texas Avenue parking lot at 6:15 pm for the 7:30 concert. Trip fee of \$35 includes Orchestra level seats and deluxe motorcoach transportation.

Tuesday, MAY 27 MYSTERY TRIP

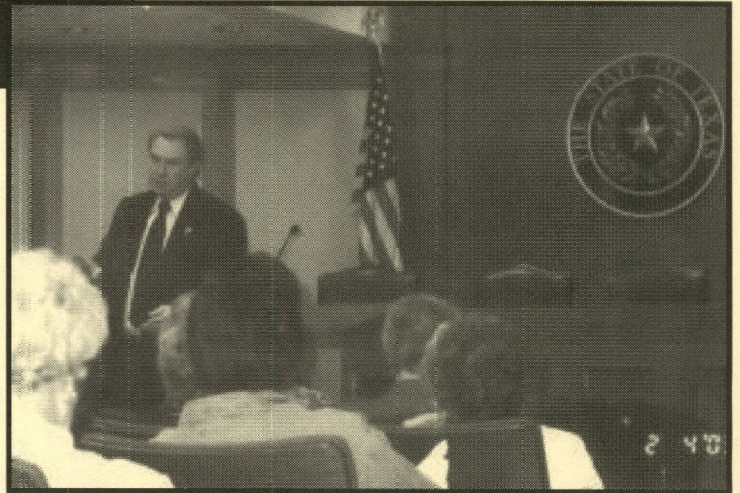
Plan to leave from the Texas Avenue parking lot at 8:30 am. Wear comfortable shoes and be ready for a fun day! We'll return late afternoon. Trip fee of \$25 includes transportation, lunch, contests and prizes on the bus.



Over 4,000 Senior Adults rallied at the state capitol on February 4 for continuation of the Texas Department on Aging as a separate state agency to focus on the needs of this ever-growing population.



Rep. Wayne Smith has Baytown's Neel Black as a staff intern and John Paul Urban as his Legislative Aide.



Rep. Wayne Smith welcomes the group to his legislative offices.



*Jack Dickerson, Peggy Pittman, Jean Odom, Beth Albright, Clyde Bigler, Dorothy Harbour, Ann Bigler, Carolyn McBride, Jan Abbey, Tony O'Neil, Irene Krull, State Rep. Wayne Smith, Susan Hawkins, Dolly Wallace, Mary Hergenjurgan, Tom Oliver, Margie O'Neil, Barbara Wilson, Edith Frederick, Madge Gaines, Elsie Horton
Front Row: Billie Standley, Yslita Brewer, Rcsa Scileau, Lee Coliege Senior Citizen Program Manager Lynne Foley, Billie Wright, Clemensia Maeser, Bob Maeser.*

Don't get left out!

If you want to continue to receive information on trips, classes and programs then complete this survey page, fold and mail it back by March 20.

If you do not return the survey, you may be dropped from the mailing list!

1. Do you wish to remain on the Lee College Focus mailing list? YES! no
If yes, is your address correct? If not, please correct here:

2. Would you be able to access the Lee College website (www.lee.edu) to read the Focus Newsletter online? YES! no

3. If the newsletter could be delivered to various locations around town, where would you be most likely to "pick-up" a newsletter?

a. A church (name it please) _____

b. A library (name it please) _____

c. A community center (name it please) _____

Name _____

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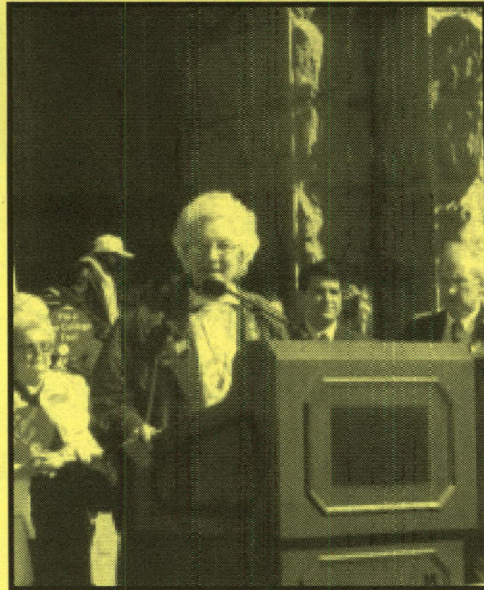
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stamp
here

Lynne Foley, Senior Citizen Program Manager
Lee College
P.O. Box 818
Baytown, Texas 77522-0818

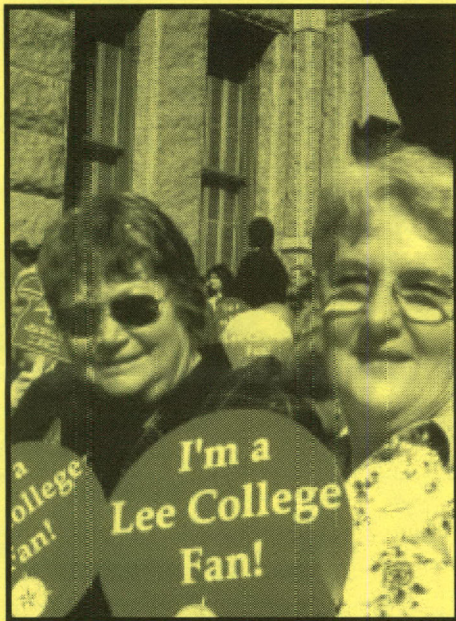
Cut Here



Lee College seniors and their LC signs were lining the walkway to the front steps of the Capitol.



Cris Kyker "Speaker of the House" of the Texas Silver-Haired Legislature addressed the crowd on the issues of senior property tax exemptions and increased Medicare funding within the state of Texas.



Susan Hawkins and Jan Abbey are tireless Baytown community volunteers for the aging.



Senior Adults from Baytown, Deer Park, and Pasadena take advantage of the educational day trip to Austin.



Lee College Seniors and their LC signs are well represented at the rally in Austin.

Community Events

March

- 1 **YMCA Gator Ride.** Contact the YMCA to volunteer or for ride information
Baytown Symhony Orchestra Gala at Goose Creek Country Club. Call 281-425-6350 for information
Black History Program, Rundell Hall, 6:30 p.m.
- 3 **Baytown Community Band**, Rundell Hall, 7:00 p.m.
- 19 **Baytown Big Band** plays at Evergreen Point Golf Club, 7pm. Public is welcome. Fajita buffet available.
- 11-12 **American Cancer Society's Relay for Life**, a two day fundraiser featuring live entertainment, food and lots of fun. Stallworth Stadium.
- 22 **GCCISD and Lee College Jazz Fest**, Chris Vadela-Jazz Clinician, Rundell Auditorium, Moler Hall, and Lee College Sports Complex
- 28-29 **Regional History Fair**, GCCISD and Lee College, Social Sciences Bldg, all day

April

- 6 **Baytown Symphony Orchestra Concert**, Rundell Hall, 2:30 p.m.
- 11 **Jazz Concert**, Rundell Hall, 7:30 p.m.
- 28 **Lee College Choir, Community Chorus, Baytown Concert Band Concert**, Lee College, 7:00 p.m.

May

- 4 **Baytown Symphony Orchestra Concert**, Rundell Hall, 2:30 p.m.

Relay for Life volunteers are needed to help decorate for the Lee College booth at 10 am on April 11. Call Lynne Foley to volunteer at 281-425-6416.



*P.O. Box 818
Baytown, Texas 77522-0818*

FOCUS NEWSLETTER

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