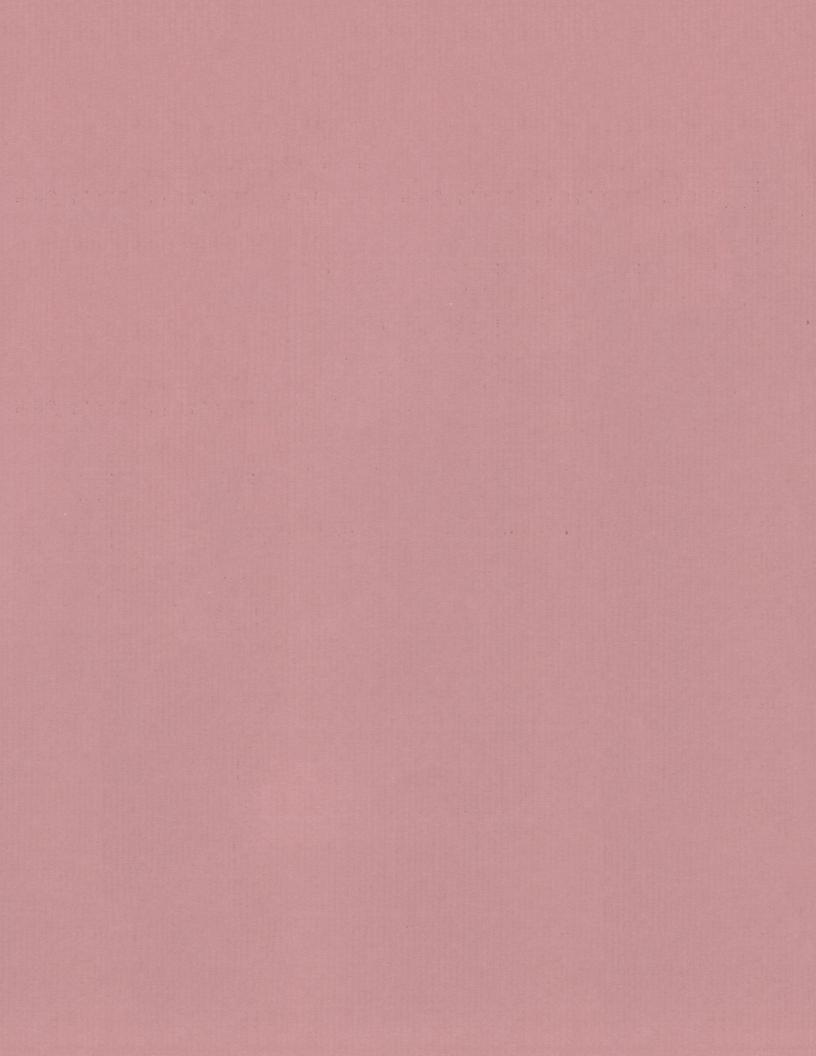
Occupational Therapy
& Physical Therapy
Guidelines for the
Public Schools



# Acknowledgements

Through the hard work and dedication of the occupational therapists, physical therapists, and educators listed below, Occupational Therapy and Physical Therapy Guidelines for the Public Schools has become a reality.

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# Purpose

This document provides general guidelines to promote consistency of occupational therapy and physical therapy service delivery in the Texas educational system.

These guidelines are intended to clarify the roles of occupational therapy and physical therapy as related services. As licensed health care professionals in Texas, the Occupational Therapists, Physical Therapists, Certified Occupational Therapy Assistants, and Physical Therapist Assistants who work in the school environment must comply with the State Board of Education rules for special education services, as well as rules and regulations of the Texas Advisory Board of Occupational Therapy and the State Board of Physical Therapy Examiners. Since administrative procedures vary a great deal from school district to school district, these guidelines are designed to assist the districts in understanding the various laws that govern these professions.

# Introduction

Two major laws were passed which influenced the quality of service for children with disabilities within the educational system. In 1975, Public Law 94-142 was passed "to ensure that all children with disabilities have available to them a free appropriate public education which includes special education and related services to meet their unique needs." [Code of Federal Regulations (CFR) 300.1a] This law, the "Education for All Handicapped Children Act," applied to children between the ages of three and twenty-two years who may require special education. In 1990, the law was reauthorized, revised, and recodified to P.L. 101-476, and the name was changed to Individuals with Disabilities Education Act (IDEA). Students with visual handicaps and auditory handicaps may receive services from birth.

In October 1986, the Education of the Handicapped Act Amendment, Public Law 99-457, was adopted. This Amendment mandated special education and related services to children from three to five years who have *developmental delays*.

Occupational therapy and physical therapy are two of the related services which may be required to assist a child with disabilities to benefit from special education.

The referenced State Board of Education rules and the Code of Federal Regulations may be found in the Texas Education Agency publication, *State Board of Education Rules for Special Education Services*, available through Texas Education Agency Publications Distribution office, 1701 N. Congress Avenue, Austin, Texas 78701.

# Medical Therapy Model School-Based Therapy Model Differences

The following are differences between the medical model and the school-based model for providing occupational and physical therapy.

	MEDICAL MODEL	SCHOOL-BASED MODEL	
Goal	To treat the client's continuum of needs (from acute through rehabilitated status)	To assist a student with handicaps in obtaining educational goals	
Frequency	As needed	Based on educational need as specified in the IEP	
Caseload	Smaller	Larger	
Provider/Implementer	Therapist	School personnel, family, student, therapist	
Duration of Intervention	Few days to several months	One-time consult to one or more years	
Ultimate decision made by:	Doctor, therapist, and client	ARD committee	
Manner of Intervention	Direct with some family consult; recommendation and provision of equipment	Direct therapy; and/or the follow- ing: consult with student/teacher, program equipment consultation; individual and classroom equip- ment modifications; inservice training	

# Educational Relevance of Therapy

Special education is specifically designed instruction to meet a child's unique needs. Related services are defined as those supportive services that may be required to assist a student to benefit from special education.

The role of the occupational and/or physical therapist is to facilitate a student's functioning in the school setting. The goal of educationally relevant therapy is to minimize the effects of the student's handicapping condition on his or her ability to participate in the educational process.

The following are functional areas of occupational therapy and physical therapy intervention in a school-based setting:

FUNCTIONAL AREA	RELATIONSHIP TO EDUCATION	MEANS OF OT/PT INTERVENTION
Self-Help	To permit child to manage in classroom and school with minimal assistance for personal needs	Provide mobility and transfer skills, feeding, adaptive equipment, wheelchairs, splints, braces, artificial limbs, adaptive equipment for grooming, toileting, feeding, adaptive clothing
Functional Mobility	To permit child greatest freedom of movement within the educational environment	Assist child to develop equilibrium and balance reactions, transfer skills, wheelchair management, pregait and gait training with or without ambulatory aids
Environmental Adaptations	To permit child the access to and mobility within the educational, home, and community environment	Provide recommendations for modifica- tion of school's or child's adaptive/ assistive devices, removal of architec- tural barriers; provide consultation on use of technology to access computer, environment
Positioning	To maintain child in the best position for learning and functional use of the body	Provide instruction in positioning with adaptive devices, handling methods, skin care, splints, braces

FUNCTIONAL AREA	RELATIONSHIP TO EDUCATION	MEANS OF OT/PT INTERVENTION		
Fine Motor Gross Motor	To provide child with stable postural base to allow attention to be focused on educational tasks; to enable child to complete written classwork in appropriate time frames	Evaluate, recommend, and construct positioning devices, modify existing devices; provide adaptive/assistive devices to facilitate fine motor tasks		
Communication	To enable child to communicate ideas and answers to classroom teacher and interact with peers and family	Evaluate and recommend appropriate positioning of child, adaptive equipment and/or communication devices necessary for functional communication		
Life Skills Training/ Vocational Skills	To prepare student for vocational placement and general life skills	Evaluate vocational needs and recommend strategies; perform task/job analysis; develop work behaviors; use of adapted equipment		
Sensory-Motor Processing	To facilitate child's ability to effective- ly process and respond to basic sen- sory and motor information as a foun- dation for acquiring and developing gross and fine motor skills needed for learning to occur	Provide instruction in the integration of the multisensory approach in the classroom		
Psycho/Social	To enable the child to interact with peers and educational staff in ways necessary to function in the educa- tional setting	Evaluate behaviors, recommend strategies and programs for appropriate integration into the educational setting		

NOTE: If a problem is not interfering with the student's ability to participate in the educational program, then the problem is not educationally relevant and would not constitute a need for occupational therapy and/or physical therapy intervention.

# Occupational Therapy and Physical Therapy Personnel

Occupational therapy and physical therapy professionals provide a therapeutic, integrated service to enable students with handicaps to function in the least restrictive educational environment. Although these professionals may use similar activities, each discipline has its own area of expertise. The two professions are complimentary; however, by law they are prohibited from substituting for or replacing the other (e.g., an occupational therapist cannot be hired to provide physical therapy and vice versa). An occupational therapy assistant must work under the supervision of a licensed occupational therapist and a physical therapist assistant must work under the supervision of a licensed physical therapist.

#### CLARIFICATION-Special Education Paraprofessional Personnel

Certified occupational therapy assistants, physical therapist assistants, and interpreters for the deaf may be employed as aides. [19 TAC §89.216 (c)]

The term "aides" in the above paragraph refers to instructional aides. Instructional aides are supervised by teachers, not occupational therapists or physical therapists. If occupational therapy assistants or physical therapist assistants are used as instructional aides, they *cannot* represent their work as occupational therapy or physical therapy, or represent themselves as occupational therapy assistants or physical therapist assistants.

An occupational therapist must supervise an occupational therapy assistant and a physical therapist must supervise a physical therapist assistant if the service is called or referred to as occupational therapy or physical therapy respectively.

A teacher or an instructional aide that carries out recommended occupational therapy and/or physical therapy activities in the classroom *is not* performing occupational therapy or physical therapy by law. The IEP would not reflect occupational therapy and/or physical therapy as a direct service for this type of intervention.

#### Certification or Licensure Requirements

- 1. Occupational therapy shall be provided by a professional who is licensed by the Texas Advisory Board of Occupational Therapy. [Article 8851, Vernon's Texas Civil Statutes (V.T.C.S.)] A certified occupational therapy assistant (C.O.T.A.) may provide occupational therapy services under the supervision of an occupational therapist (O.T.R.) in accordance with the standards of the profession.
- 2. Physical therapy shall be provided by a professional who is licensed by the Texas Board of Physical Therapy Examiners. [Article 4512e, V.T.C.S.] A physical therapist assistant (PTA) may provide physical therapy services under the supervision of a physical therapist (PT) in accordance with the standards of the profession.

# Eligibility Requirements for Special Education Services

To qualify for occupational therapy and/or physical therapy services within the educational system, the student must qualify for special education services.

To be eligible for special education services, a student must have one or more of the following conditions listed in the federal regulations or in state law or both.

Eligibility Criteria [19 TAC §89.211]:

#### A. Physically Handicapped shall include the following:

#### 1. Orthopedically Handicapped (OH)

A student is determined by a licensed physician to have a severe orthopedic impairment.

#### 2. Other Health Impaired (OHI)

A student is determined by a licensed physician to have limited strength, vitality, or alertness due to chronic or acute health problems.

#### B. Auditorially Handicapped (AH)

A student is determined by an otologist or a licensed medical doctor to have a serious hearing loss even after corrective medical treatment or use of amplification. With documentation that an otologist is not reasonably available, an audiological evaluation by a certified audiologist shall also be conducted.

#### C. Visually Handicapped (VH)

A student is determined by a licensed ophthalmologist or optometrist to have no vision or to have a serious loss after correction. For students having residual vision, a functional vision test must be administered by a certified professional in the education of the visually impaired or a certified orientation and mobility instructor.

#### D. Deaf-Blind (DB)

A student is determined to be both visually and auditorially handicapped according to the specific eligibility criteria for each of these handicapping conditions.

#### E. Mentally Retarded (MR)

A student is determined by a licensed or certified psychologist, a psychological associate, or an educational diagnostician to be functioning two or more standard deviations below the mean on individually administered scales of verbal ability and either performance or nonverbal ability, existing concurrently with deficits in adaptive behavior.

#### F. Emotionally Disturbed (ED)

A student is determined by a licensed or certified psychologist, psychiatrist, or a psychological associate under the direct supervision of a licensed or certified psychologist to meet the criteria defined in 34 CFR §300.5 (b)(8).

#### G. Learning Disabled (L.D)

A student is determined to be eligible by meeting the criteria defined in the 19 TAC §89.234.

#### H. Speech Handicapped (SH)

A student is determined by a certified speech and hearing therapist, certified speech and language therapist, or a licensed speech language pathologist to have a communication disorder such as stuttering, impaired articulation, a language impairment, or a voice impairment.

#### I. Autistic (AU)

A student is determined by a multi-disciplinary team to meet the criteria for autism or other pervasive developmental disorders, using the definition stated in the **third** edition-revised of the *Diagnostic and Statistical Manual (DSM-III-R)*.

#### J. Multiply Handicapped (MH)

A student has a combination of handicaps and meets all the following:

- 1. the handicapping condition is expected to continue indefinitely.
- 2. performance is severely impaired in **two or more** of the following areas: psychomotor skills, self-care skills, communication, social and emotional development, or cognition.

#### K. Traumatic Brain Injury (TBI)

A student is determined by a licensed physician to have a traumatic brain injury.

# Referral Process for Occupational Therapy and/or Physical Therapy

A referral for occupational therapy and/or physical therapy assessment may be requested when the student is originally referred to special education or any time a need is identified.

Requests for an assessment may be initiated by the ARD committee, parents, student or any other school personnel. The referral procedures vary according to each school district's policy. A structured referral procedure is recommended.

#### Related Services Personnel [19 TAC §89.215]

The primary function of related services personnel is to implement services as identified in the student's individual educational plan (IEP). For physical therapy, direct services for students may be prescribed by a physician. A physician's prescription is not required to do physical therapy evaluations. For occupational therapy, a physician's prescription is required for direct services to students with medically related conditions. A physician's prescription is not required for occupational therapy evaluations.

Related service personnel may also:

- 1. perform assessments in areas for which they have appropriate training;
- 2. provide assistance to the ARD committee;
- 3. contribute to the development of the IEP; and
- 4. provide consultation to teachers, aides, and parents concerning IEP implementation, maintenance, and evaluation.

# Occupational Therapy and Physical Therapy Assessment

An occupational therapy and/or physical therapy assessment in the school setting may include a screening and/or an evaluation.

- 1. **Screening** is a preliminary process of assessing children to identify those students who need further evaluation. A physician's prescription is **not** required. It may include, but is not limited to:
  - a. a review of student's educational folder;
  - b. a direct observation;
  - c. a screening tool; and
  - d. a conference with classroom teacher.
- 2. Evaluation is a comprehensive assessment to document a student's functional performance in the educational setting. A physician's prescription is not required for an occupational therapy or physical therapy evaluation. However, if an evaluation consists of direct, hands-on manipulation of a student with physical impairments, the occupational therapist should use professional judgment regarding the student's safety.

The nature of the evaluation will be determined by the student's handicapping condition and how it impacts the educational program. The therapist should use professional judgment in determining the extent of the evaluation. The assessment must include a written report demonstrating that the student meets the criteria for eligibility for the related service and establishing that the service is needed for the student to benefit from instruction. The report must include recommendations concerning the specific services to be offered. [19 TAC §89.233(g)(i)] The written assessment report must be completed within 30 school days from the date that the referral is received by special education. [19 TAC §89.233(a)]

- 3. An annual occupational therapy and/or physical therapy screening or evaluation may be conducted to update the IEP and determine the continued need for related services.
- 4. Re-evaluation is required every three years to determine the student's continued eligibility for special education services. [19 TAC §89.221(b)(9)] An occupational therapy and/or physical therapy evaluation may be required as part of the three year re-evaluation.

NOTE: If a problem *is not* interfering with the student's ability to participate in the educational program, then the problem *is not* educationally relevant and *would not* constitute a need for occupational therapy and/or physical therapy intervention.

# Service Options for Occupational Therapy and/or Physical Therapy

After assessment, service options are suggested to the ARD committee, which then recommends the level of services to be provided. The level of services includes the following:

#### Consultative Educational Services. (Student, Teacher, Parent)

- a. Student Centered: The therapist helps develop the IEP which the teacher implements. A physician's prescription may be required for either therapy under certain circumstances if direct therapy is part of the student centered consultation. [See TABOT rules Sec. 383.1(a); T.B.P.T.E. rules IIIA2 (a)] No specific occupational therapy and/or physical therapy goals or objectives are written. The frequency of consultation and the primary position responsible should be noted on the IEP. The IEP should reflect consultation is provided by the therapist.
- b. Classroom Centered: This service may address individuals or groups of students and educational program needs (e.g. pre-vocational and vocational activities, feeding and positioning programs and motorlabs). This may be a one-time consult with no specific assessments performed. No occupational therapy or physical therapy goals or objectives are written. A physician prescription is not required.
- c. **Program Centered:** This service may address staff and/or system needs (e.g., environmental adaptations, inservice). No occupational therapy or physical therapy goals or objectives are written. A physician prescription is not required.

#### Individual Service

The therapist is the primary implementer of the related service stated in the IEP. Specific occupational therapy and/or physical therapy goals and objectives are written and integrated into the IEP for this service. A physician's prescription MAY be required for either therapy under certain circumstances. [See TABOT Rules Sec. 383.1(b)(c); T.B.P.T.E. Practice Act Article 4512e, V.T.C.S., Sec. 19].

#### Caseload

The student caseload for the occupational therapist or physical therapist will vary depending on the severity of the handicapping conditions. A method of determining a caseload can be found in the *Guidelines for Occupational Therapy in School Systems* published by the American Occupational Therapy Association (see appendix).

NOTE: The occupational therapy and/or physical therapy medical prescription, if required, should be updated annually.

# Admission, Review, and Dismissal (ARD) Committee

All members of the ARD committee must have the opportunity to collaborate in developing the IEP. The IEP is reviewed and updated at least annually or more frequently if needed. The decisions of the committee concerning required elements of the IEP must be made by "mutual agreement" (see diagram in appendix) of the required members if possible. If an agreement is not reached, the procedure for settling the dispute/disagreement is in the appendix of this document.

# Individual Educational Program (IEP)

The IEP is the tool that is used to ensure that each student is provided special education and related services appropriate to his or her special learning needs. The IEP sets forth a written commitment of resources in terms of what special education and related services will be provided to meet each eligible student's needs. The IEP represents the program that a particular school system is obligated by law to implement. It is imperative that therapists review the IEP forms, particularly where and how therapy may be written into the plan.

The IEP is developed by the ARD committee. As a member of the ARD committee, the occupational therapist and/or physical therapist contributes by integrating related services into the instructional long-and short-term objectives.

The therapist should be aware of the student's appropriate educational curriculum when determining the areas of intervention. The therapist may only need to help the teacher modify and/or minimize classroom activity demands to maintain the present curriculum. The therapist may also be involved in implementing the curriculum plan as it relates to functional skills of gross and fine motor, mobility, activities of daily living, and other areas related to occupational therapy and/or physical therapy.

NOTE: All occupational therapy and/or physical therapy related services included in the IEP must specify the projected dates for initiation of services, amount of time for each related service, position responsible for each related service to be provided, criteria and schedule for evaluation of progress.

For clarification of IEP content, see 19 TAC §89.223.

# **Progress Reports**

Each school district or cooperative must provide parents of students in special education written reports of the student's progress on the same timely basis as those provided to students in regular education.

NOTE: All occupational therapy and/or physical therapy related service personnel must send progress reports to parents at least once every six weeks if direct/individual related services are being provided. A copy of the progress report should go into the district file and a copy should go with the student's report card. Progress reports are not required if services are provided only on a consultative basis. A semester or annual statement is advisable.

## **Documentation**

The following documentation must be included in the student's eligibility folder:

- 1. Referral data, including:
  - physician's prescription for occupational therapy and/or physical therapy if required or deemed necessary; and
  - documentation of notices and consents.
- 2. Assessment reports, including:
  - occupational therapy and/or physical therapy assessment reports including initial evaluations, reevaluations, and supporting data;
  - IEP: and
  - ARD committee deliberations.

Refer to 19 TAC §89.224

# **Definitions**

#### Admission, Review, and Dismissal Committee (ARD)

The admission, review, and dismissal (ARD) committee is composed of a student's parent(s) and school personnel who are involved with that student. The ARD committee determines a student's eligibility to receive special education services. The committee also plans the educational program of each student eligible for special education.

#### Consultation Services

There are three options for consultative occupational therapy and/or physical therapy services:

- Student Centered: The emphasis is on adapting the environment for the student as well as consulting and coordinating positioning, mobility, self-help, pre-vocational, and/or vocational activities with school personnel. (ARDed SERVICE)
- Classroom Centered: The emphasis is on consulting and coordinating positioning, mobility, self-help, prevocational, and/or vocational activities with school personnel. (NOT an ARDed SERVICE)
- Program Centered: The emphasis is on workshops in areas such as orthopedic and neurologic conditions/ expectations, equipment making/use/repair, handwriting, sensorimotor awareness, pre-vocation, positioning, self-care, and body mechanics. (NOT an ARDed SERVICE)

#### Code of Federal Regulations (CFR)

The Code of Federal Regulations (CFR), cited in this document, contains the rules of the federal government. All agencies and facilities receiving funds under a federal law must follow these rules. This includes all local school districts accredited by the Texas Education Agency.

#### Early Childhood Intervention Program (ECI)

This total effort in Texas is directed toward the needs of children under three years of age who are identified as developmentally delayed as defined in Texas Civil Statutes, Art. 4413(43a), 1(3), and are eligible under 25 TAC Chapter 621.21 - 621.31.

#### Individual Development Plan (IDP)

The individual plan for developmentally delayed children written in accordance with 19 TAC §89.223. The IDP includes a list of all services the child needs (other than education), related services as prescribed, and the name of a person responsible for obtaining the service.

#### Individual Educational Plan (IEP)

The individual educational plan (IEP) is developed by an ARD committee. The IEP includes educational goals and objectives for the student. It documents the services that an eligible student needs, how they will be provided, and how progress will be measured. [19 TAC §89.223]

#### Individualized Family Service Plan (IFSP)

A written plan, developed by an interdisciplinary team, based on all assessment and evaluation information, including the family's description of their strengths and needs, which outlines the early intervention services for the child and the child's family.

#### Individualized Transitional Plan (ITP)

A written plan developed by the school district for transitioning students from school to adult life. All students 16 years or older must have an ITP. Students under 16 years of age may have ITPs if appropriate. The ITP includes 5 critical areas: (1) education; (2) employment; (3) recreation, social, and leisure; (4) independent living options; and (5) general considerations.

#### Individual Services

The emphasis is hands-on therapy with consultation and coordination of positioning, mobility, and/or self-help skills with school personnel. (ARDed SERVICE)

#### Least Restrictive Environment

Students with handicaps have a right to an education in a setting with students who are not in special education to the maximum extent appropriate.

#### Medically Related Condition

(As defined for occupational therapists: Sec. 383.l(b) of the Texas Advisory Board of Occupational Therapy Rules) "Specific medical conditions are interpreted as meaning those conditions of acute trauma, infection, disease process or post surgical status where prudence and custom require the involvement of a physician." If a student is being followed by a physician for any medically related condition (including any chronic, ongoing impairment such as cerebral palsy), a physician's prescription is required for direct, hands-on treatment by an occupational therapist.

#### Occupational Therapy

The evaluation and treatment of individuals whose ability to perform the tasks of living is threatened or impaired by developmental deficits, the aging process, environmental deprivation, sensory impairment, physical injury or illness, or psychological or social dysfunction.

#### Physical Therapy

The evaluation, examination, and use of exercises, rehabilitative procedures, massage, manipulations, and physical agents including, but not limited to, mechanical devices, heat, cold, air, light, water, electricity, and sound in the aid of diagnosis or treatment.

#### Related Services

These include, but are not limited to, special transportation, school health services, counseling with students or families, psychological services, audiological services, visual training, medical or psychiatric diagnostic services, occupational therapy, physical therapy, recreational therapy, social work services, parent counseling and training, adaptive equipment, special seating, orientation and mobility training, speech therapy, music therapy, art therapy, and corrective therapy.

#### Related Services Personnel

The primary function of related services personnel is to implement services as identified in the student's individual educational plan.

#### State Board of Education Rules (SBOE)

The rules adopted by the State Board of Education which govern the public school system in Texas.

#### Special Education

Special Education is "instruction provided by special education personnel, or a regular education program that has been modified through the use of special education support services, supplementary aids, or other special arrangements." [19 TAC §89.219]

# Requirements/Qualifications for Occupational Therapy and Physical Therapy Personnel

#### Occupational Therapist, Registered (O.T.R.)

Education An occupational therapist must have completed an accredited educational

program and all fieldwork educational requirements. All baccalaureate, post-baccalaureate, certificate, and professional master's programs are accredited by the American Medical Association and the American Occupational Therapy

Association.

Certification/Licensure The occupational therapist must be certified by the American Occupational

Therapy Certification Board (AOTCB) following successful completion of the national certification examination, and must be licensed by the Texas Advisory Board of Occupational Therapy (TABOT). The occupational therapist's license must be renewed annually and be displayed in a prominent place in the school's administrative office where he/she practices. The therapist

must carry the wallet size renewal certificate with him/her.

Experience It is recommended that the occupational therapist have successfully com-

pleted a pediatric affiliation and have two years of prior work experience.

Supervision Occupational therapy assistants (C.O.T.A.s) must be supervised by a licensed

occupational therapist (O.T.R.).

Individuals holding a temporary license to practice occupational therapy must

be supervised by a licensed occupational therapist (O.T.R.).

#### Certified Occupational Therapy Assistant (C.O.T.A.)

Education The occupational therapy assistant must have completed an occupational

therapy assistant program that is approved by the American Occupational

Therapy Association, and all fieldwork requirements.

Certification/Licensure The occupational therapy assistant must be certified by the AOTCB following

successful completion of an accredited program by AOTA and the national certification examination, and must be licensed by the Texas Advisory Board of Occupational Therapy. The occupational therapy assistant's license must be renewed annually and be displayed in a prominent place in the school's

administrative office where he/she works.

Experience It is recommended that the occupational therapy assistant have one or two

years prior work experience as an occupational therapy assistant.

Supervision The occupational therapy assistant must be supervised by a licensed occupa-

tional therapist. This applies to occupational therapy assistants holding a tem-

porary or regular license.

#### Licensed Physical Therapist (PT)

Education A physical therapist will have completed an accredited education program

including fieldwork requirements with an entry level degree (bachelor's, master's or post baccalaureate certificate) in physical therapy. The Texas State Board of Physical Therapy Examiners (TSBPTE) requires a minimum of 60 academic semester credits including biological, social, and physical science as well as clinical sciences and physical therapy theory and procedures.

Licensure The physical therapist must be licensed by the TSBPTE following successful

completion of the physical therapy professional examination. The physical therapist's Texas state license must be renewed annually and must be displayed in a prominent place in the therapist's principle office where he/she practices.

Experience It is recommended that the physical therapist have successfully completed

a pediatric affiliation and two years of prior work experience.

Supervision Physical therapist assistants (PTAs) must be supervised by a licensed physical

therapist (PT).

#### Physical Therapist Assistant (LPTA)

Education A physical therapist assistant will complete an accredited physical therapist

assistant associate degree program which includes courses in the anatomical,

biological, and physical sciences as well as clinical procedures.

Licensure The physical therapist assistant will pass a Texas State Board of Physical

Therapy Examiners approved professional examination for licensure. The Texas state license must be renewed annually and displayed in a prominent

place in the principal place where he/she works.

Experience It is recommended that the physical therapist assistant have one or two years

prior work experience as a physical therapist assistant.

Supervision The physical therapist assistant is supervised by a licensed physical therapist.

The physical therapist will review/revise the plan of care in a period not to

exceed 30 days.

# Appendix

#### **Professional Resources**

American Academy for Cerebral Palsy and Developmental Medicine 2315 Westwood Avenue, P.O. Box 11-83 Richmond, VA 23230 804/355-0147

American Association of Mental Deficiency 5201 Connecticut Avenue, NW Washington, DC 20015 202/686-5400

American Council of the Blind 1211 Connecticut Avenue, NW Washington, DC 20036

American Foundation for the Blind, Inc. 15 W. 16th Street New York, NY 10011 214/924-0420

American Occupational Therapy Association (AOTA) 1383 Piccard Drive Rockville, MD 20850 301/938-9626

American Physical Therapy Association (APTA) 1111 N. Fairfax Street Alexandria, VA 22314 703/684-2782 Section on Pediatrics 1-800/000-APTA

American Speech, Hearing, and Language Association (ASHA) 10801 Rockville Pike Rockville, MD 20852

Council for Exceptional Children (CEC) 1920 Association Drive Reston, VA 22091

703/620-3660 CEC Divisions:

301/897-5700

Council for Children with Behavioral Disorders (CCBD)

Council for Educational Diagnostic Services (CEDS) Council for Administrators of Special Education (CASE)

Division for Children with Communication Disorders (DCCD)

Division for Early Childhood (DEC)

Division for the Visually Handicapped (DVH)
Division on Career Development (DCD)
Division on Mental Retardation (CEC-MR)
Division on the Physically Handicapped (DPH)
Teacher Education Division (TED)
Technology and Media Division (TAM)
The Association for the Gifted (TAG)

Epilepsy Foundation of America 1828 L Street, NW, Suite 405 Washington, DC 20036 202/293-2930

Harris County Department of Education 6300 Irvington Boulevard Houston, TX 77002

Muscular Dystrophy Association (MDA) 810 Seventh Avenue New York, NY 10019 212/586-0808

National Association for Retarded Citizens (NARC) 2501 Avenue J, P.O. Box 6109 Arlington, TX 76011 817/261-4961

National Association of the Deaf 814 Thayer Avenue Silver Springs, MD 20910 301/587-1788

National Association of the Physically Handicapped 76 Elm Street London, OH 43140 614/852-1664

National Association of State Directors of Special Education (NASDSE) 2021 K Street, NW Washington, DC 20006 703/519-3800

National Early Childhood Technical Assistance System (NECTAS) Suite 500 NCNB Plaza, CB 8040 University of North Carolina Frank Porter Graham Center Chapel Hill, NC 27599 National Easter Seal Society for Crippled Children and Adults 2023 West Ogden Avenue Chicago, IL 60612 312/243-8400

National Foundation—March of Dimes 1275 Mamaroneck Avenue White Plains, NY 10605 914/428-7100

Parent Advocates for Vocational Education (PAVE) Washington PAVE Parent-to-Parent Training Project 6316 S. 12th Street Tacoma, WA 98465 1-800-5-PARENT (V/TDI)

Parent Care, Inc. 101 1/2 S. Union Street Alexandria, VA 22314 703/836-4678

Spina Bifida Association of America 343 South Dearborn, Room 317 Chicago, IL 60604 312/662-1562

Specialized Training of Military Parents (STOMP) 12208 Pacific HWY SW Tacoma, WA 98499 206/588-1741

Texas Advisory Board of Occupational Therapy 4900 N. Lamar Boulevard Austin, TX 78751-2316 512/483-4072

Texas Association of School Administrators 1101 Trinity Street Austin, TX 78701 512/477-6361 Texas Education Agency Division of Special Education Programs 1701 N. Congress Avenue Austin, TX 78701-1494 512/463-9414

Texas Occupational Therapy Association, Inc. 111 West Anderson Lane, D-204 Austin, TX 78752 512/454-ΤΟΤΑ

Texas Physical Therapy Association 400 West 15th Street, Suite 805 Austin, TX 78701 512/477-1818

Texas State Board of Physical Therapy Examiners 313 East Rundberg Lane, Suite 113 Austin, TX 78753 512/835-1846

The Association for Persons with Severe Handicaps (TASH)
7010 Roosevelt Way, NE
Seattle, WA 98115
206/523-8446

United Cerebral Palsy Associations, Inc. (UCPA) 66 East 34th Street New York, NY 10016 212/481-6300

United Cerebral Palsy Research Center 2021 North Old Manor Wichita, KS 67208 316/688-1888

Additional information about some of these organizations can be found in the appendices of *Teaching the Young Child with Motor Delays* by Marci J. Hanson and Susan R. Harris (1986).

### Resource Publications for Recruiting

Physical Therapy Forum

(Western Edition-Published Weekly)

251 W. DeKalb Pike, Suite A-115

King of Prussia, PA 19406

Cost: Varies depending on size of ad

Subscribers: All physical therapists licensed in

western U.S.

PT Bulletin (American Physical Therapy Assoc. -

National weekly)

4418 MacArthur Boulevard, NW

Washington, DC 20007

202/333-5532 or 800/826-4150

Cost: Varies depending on size of ad Subscribers: APTA members nationwide

Pediatric Physical Therapy

(APTA's Pediatric Section quarterly)

Direct Advertising to: Jo Lied

P.O. Box 4757

Woodland Park, CO 80866

303/687-1012

Cost: \$4 per line based on 75 characters

Subscribers: Section on Pediatrics, APTA,

Members in all states

Clinical Management in Physical Therapy

**APTA** 

1111 N. Fairfax Street

Alexandria, VA 22314 703/684-2782

Journal of the American Physical Therapy Association

Classified Ad Dept., APTA

1111 North Fairfax Street

Alexandria, VA 22314

703/684-2782

Cost: \$9 per line based on 47 characters

Subscribers: APTA members

Council for Exceptional Children Journals

Lynne Sullivan, Department of Information Services

Council for Exceptional Children

1920 Association Drive

Reston, VA 22091-1589

703/620-3660

Guidelines for Occupational Therapy Services in

School Systems

**AOTA Publications** 

1383 Piccard Drive

P.O. Box 1725

Rockville, MD 20850-4375

301/938-9626

Closing the Gap (Newspaper)

P.O. Box 68

Henderson, MN 56044

American Journal of Occupational Therapy

1383 Piccard Drive

P.O. Box 1725

Rockville, MD 20850-4375

OT Week

Advertising and Editorial Office

164 Rollins Avenue, Suite 301

Rockville, MD 20852

Occupational Therapy Forum

251 W. DeKalb Pike, Suite A-115

King of Prussia, PA 19406

215/337-0381

Classified Advertising: 1/800-367-8610

## Occupational Therapy Academic Programs in Texas

#### Occupational Therapist Programs

#### **Schools**

The University of Texas Medical Branch School of Allied Health Sciences 11th & Mechanic Streets Galveston, TX 77550-2782

The University of Texas Health Science Center School of Allied Health Sciences 7703 Floyd Curl Drive San Antonio, TX 78284-7770

Texas Woman's University School of Occupational Therapy P.O. Box 23718 Denton, TX 76204

Texas Tech University Health Science Center School of Allied Health Lubbock, TX 79430-0001

#### Occupational Therapy Assistant Programs

Houston Community College Health Careers Division 3100 Shenandoah Houston, TX 77021

Austin Community College Riverside Campus P.O. Box 140647 Austin, TX 78714

St. Philip's College 2111 Nevada Street San Antonio, TX 78203

Cooke County Jr. College 3501 Cliff Oak Corinth, TX 76205

#### **Department Directors**

Donald A. Davidson, MA, OTR Chairman Dept. of Occupational Therapy 409/761-3060

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Jana Cragg, OTR Director OTA Program 512/531-3200

Nadine Moody, O'TR Director O'TA Program 817/497-5010

## Physical Therapy Academic Programs in Texas

#### Physical Therapist Programs

Schools

U.S. Army—Baylor University Academy of Health Sciences Program in Physical Therapy U.S. Army

Fort Sam Houston, TX 78234

Texas Woman's University School of Physical Therapy Box 22487, TWU Station

Denton, TX 76204

Galveston, TX 77550

The University of Texas Southwestern Medical Center at Dallas Department of Physical Therapy 5323 Harry Hines Boulevard Dallas, TX 75235

The University of Texas Medical Branch School of Allied Health Sciences Department of Physical Therapy—A45 Eighth and Market Streets

The University of Texas
Health Science Center
School of Allied Health Sciences
Physical Therapy Program
7703 Floyd Curl Drive
San Antonio, TX 78284-7781

Texas Tech University
Health Science Center
School of Allied Health
Department of Physical Therapy
Lubbock, TX 79430-0001

Southwest Texas State University Program in Physical Therapy Department of Allied Health Sciences and Health Administration San Marcos, TX 78666-4616 **Department Directors** 

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Barney LeVeau Chairman 214/688-2850

Clara Peel Director 409/772-3068

Pamela E. Stanton Director 512/567-3150

H.H. Merrifield Chairman 806/743-3226

Barbara Sanders Director 512/245-3400

## Physical Therapist Assistant Programs

**Schools** 

Amarillo College

Physical Therapist Assistant Program

Box 447

Amarillo, TX 79178

Austin Community College

Physical Therapist Assistant Program

5712 E. Riverside Drive

Austin, TX 78741

Community College of the Air Force

Physical Therapist Assistant Program

School of Health Care Science

MSDB, Stop 114

Sheppard Air Force Base, TX 76311-5456

Houston Community College

Health Careers Education Division Physical Therapist Assistant Program

3100 Shenandoah

Houston, TX 77021

Kilgore College

Physical Therapist Assistant Program

1100 Broadway

Kilgore, TX 75662

Laredo Junior College

Physical Therapist Assistant Program

West End Washington Street

Laredo, TX 78040

McLennan Community College

Physical Therapist Assistant Program

1400 College Drive

Waco, TX 76708

University of Texas-Pan American

Physical Therapist Assistant Program

1201 West University Drive

Edinburg, TX 78539-2999

St. Philip's Community College

Physical Therapist Assistant Program

2111 Nevada Street

San Antonio, TX 78203

Tarrant County Junior College

Physical Therapist Assistant Program

Northeast Campus

828 Harwood Rd.

Hurst, TX 76504

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512/722-0521

Barbara Gresham

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817/750-3525

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Coordinator 512/381-2291

0.4,00.

Florence Thillet-Bice

Director

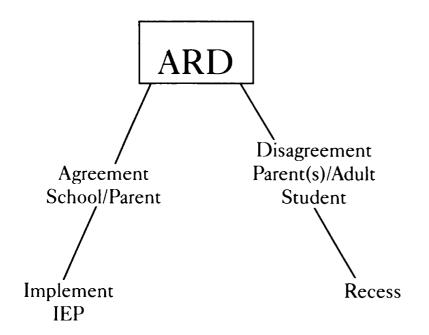
512/531-3200

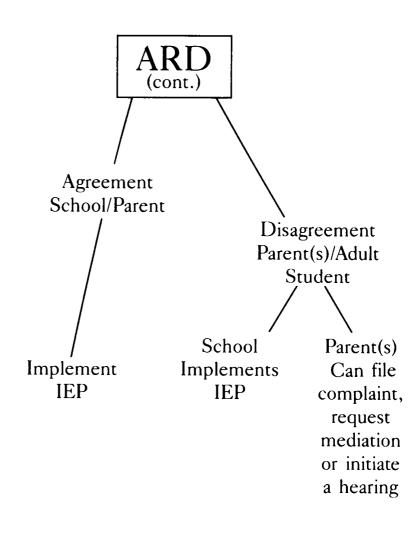
Mary Castellow

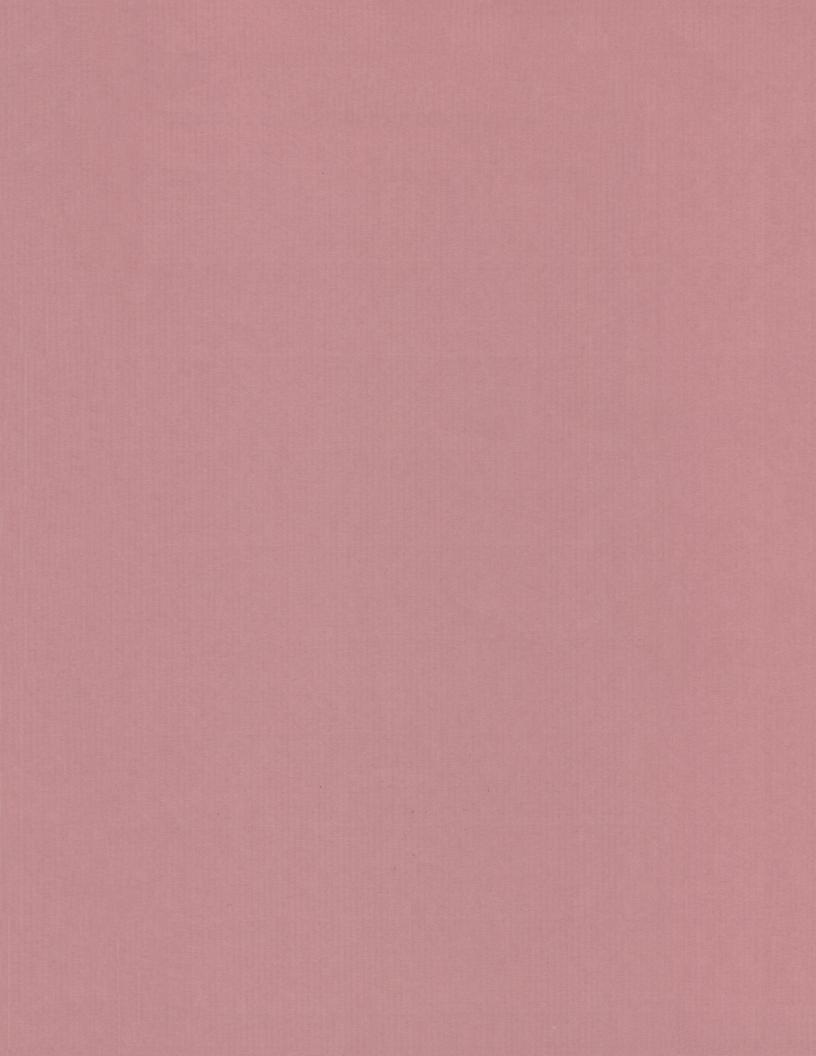
Coordinator

817/281-7860 ext. 6566

# Mutual Agreement







# Joint Effort by: Texas Advisory Board of Occupational Therapy 4900 N. Lamar Boulevard Austin, Tx 78751-2316 AND Texas Education Agency Special Education Programs 1701 N. Congress Avenue Austin, Tx 78701-1494