

## Cleaning carpets and rugs

### Carpet

1. Use a vacuum cleaner with a HEPA filter.
2. Start farthest from the door and vacuum towards the door.
3. Vacuum a small area at a time (2 feet x 5 feet).
4. Use a wet sponge or rag to remove stains.

### Area Rugs

1. Use a vacuum cleaner with a HEPA filter.
2. Vacuum the top of the rug then fold in half.
3. Vacuum the back of the rug and then the floor underneath.  
Do the same to the other half of the rug.
4. Use a wet sponge or rag to remove stains.

### Don't use:

- Dry sweeping of surface dust and debris.
- Shaking or beating of carpets and rugs.

## clean up after

### Disposal of cleaning supplies

1. Pour water into toilet; do not pour into sink or other areas where you prepare food.
2. Put used gloves, rags and paper towels in the plastic garbage bag. Tie the bag and throw it away.
3. If you are going to use sponges and rags again:
  - Do not rinse in sink or other areas where you prepare food,
  - Wash separate from regular laundry.

For more information on lead poisoning, please contact the Texas Childhood Lead Poisoning Prevention Program at 1-800-588-1248 or go to [www.dshs.state.tx.us/lead](http://www.dshs.state.tx.us/lead).

# Lead-Safe Cleaning Tips

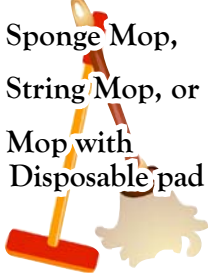
Keep your home clean by following these tips weekly.



## gather cleaning supplies

### Type of Mops:

- Sponge Mop,
- String Mop, or
- Mop with Disposable pad



### 3 Buckets:

1. All-purpose cleaner,
2. Clean water,
3. Empty



## prepare for cleaning

1. Put on rubber gloves.
2. If paint is peeling, mist the area with water using the spray bottle.
3. Use a rag or paper towel to pick up the paint chips.
4. Put the paint chips and paper towel or rag in the plastic garbage bag.
5. Prepare three buckets:
  - one with **all-purpose cleaner**,
  - one with **clean water**, and
  - one **empty**.



## begin cleaning

### Cleaning walls and surfaces

1. Clean from top of the wall and work your way towards the floor.
2. Wet rag or paper towel with all-purpose cleaner bucket then wring out.
3. Mist wall or surface as you clean.
4. Wipe in one direction.
5. Squeeze rag into empty bucket. Rinse rag in clean water bucket then squeeze into empty bucket.
6. Change clean water bucket often. Pour water into toilet.
7. Put used gloves, rags and paper towels in the plastic garbage bag. Tie the bag and throw it away.

### Don't use:

- Steel wool, scouring pads, and abrasive cleaners.
- Solvent cleaners that may dissolve paint.

### Cleaning uncarpeted floors

1. Soak mop in all-purpose cleaner bucket before beginning.
2. Start farthest from door and mop towards door.
3. Squeeze mop into empty bucket then rinse in clean water bucket. Rinse often.
4. Mop small areas at a time.
5. Change clean water bucket often. Pour water into toilet.

### Don't use:

- Mops with a scrubber or strip attached.
- Vacuums with beater bars that may wear away the painted surface.