

Grants Will Train Adults who Work with Children in Houston

The Hogg Foundation and St. Luke’s Episcopal Health Charities together are funding four children’s mental health training programs for adults who work with children and youth in the Houston area but aren’t mental health professionals.

The Ima Hogg Community Education Grants will provide training for people who work with hundreds of children and youth of

all ages, including those who live in Houston’s neediest neighborhoods. The training will enable participants to recognize the signs of mental illness in children, respond appropriately, and help families locate services in the community.

The grants are in honor of Miss Ima Hogg, a beloved and influential Houston philanthropist who supported mental health,

music and the arts, education, and a plethora of other causes in Houston and across Texas. In 1963 she directed the foundation to periodically fund children’s mental health training for Houston area adults who aren’t mental health professionals. The vision of Miss Ima continues to benefit children’s mental health in Houston and Harris County today.

(See Children’s Mental Health on page 7)

Houston Conference on Trauma and Children’s Mental Health Draws Hundreds

Research shows that one in four children will experience a traumatic event or experience before age 16. With these alarming statistics, it’s no surprise that more than 400 people attended a free one-day conference in Houston in June on trauma and its impact on children and youth, their families and their communities. The conference was hosted by the Hogg Foundation.

The ability of children and youth to recover from traumatic experiences can vary widely, depending on their emotional strength, their ability to overcome the challenging situation or event, and the support they receive from family, friends and adults.

People who attended the conference learned about proven strategies for helping



Program Officer Vicky Coffee-Fletcher

children and youth develop resiliency, heal from the emotional impacts of traumatic life events, and increase opportunities for a healthy, productive adulthood.

(See Conference on page 3)

13 Academic Researchers in Texas Receive Hogg Foundation Grants to Study Mental Health

Thirteen academic researchers exploring different aspects of mental health in Texas have been awarded \$226,770 by the Hogg Foundation.

The one-year grants are capped at \$17,500 each. The 13 research projects were selected from a pool of 48 proposals submitted by tenure-track assistant professors at 17 Texas schools.

“These grant dollars will not only enhance the body of knowledge as it relates to mental health, but will also assist these young researchers in advancing their careers,” said Executive Director Dr. Octavio N. Martinez, Jr.

(See Grants on page 4)

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Five Students Named Ima Hogg Scholars

Five outstanding Texas graduate students of social work have been awarded the prestigious Ima Hogg Scholarship for Mental Health for the 2011–2012 academic year, at a time when Texas is facing critical shortages in the state’s mental health workforce.

Texas ranks far below the national average in the number of mental health professionals. In 2009, 173 counties in Texas were designated as mental health profession shortage areas, and 40 Texas counties did not have a single social worker.

“These scholarships enable the recipients to finish their advanced studies and begin

practicing their profession at a time when these skills are sorely needed,” said Executive Director Dr. Octavio N. Martinez, Jr.

The foundation awards up to five \$5,000 scholarships annually. The scholarship program was created in 1956 by Miss Ima Hogg to attract students to mental health careers.



Ana Luisa Laws

(See Five Students on page 2)

Five Students Named 2011 Ima Hogg Scholars

(Continued from page 1)

Ana Luisa Laws **University of Houston**

After graduation, Laws wants to work with families and individuals from diverse populations.

"When I was five years old, my family moved to the United States from Guatemala. I personally experienced the feeling of being an outsider and struggled with not understanding the predominant language or the customs," she said. "Texas is a great place to serve diverse populations, and given my experience, I can provide empathetic yet professional support."

Before entering graduate school, she was director of professional training at an international consulting and training company that improves quality of life for children with developmental disabilities. She also provided parent education, referrals and assessments to families. She has a bachelor's degree in psychology with a minor in sociology from Southwestern University.

Caroline Muster **Texas State University-San Marcos**

After graduating, Muster wants to run a support group for young adults with special needs. She also wants to advocate for eliminating use of the term "disabled."

She is diagnosed with Osteogenesis Imperfecta, better known as "brittle bone" disease, and initially majored in architecture but switched to social work after learning about it from an academic advisor.

"I always had a heart for social work, I just didn't even know what social work was," Muster said. "It's a huge compliment that faculty members who I look up to and who have been instrumental in my education and have seen my work efforts think I'm deserving of this \$5,000."

Muster has worked with Connections, a New Braunfels nonprofit that serves homeless, abused or at-risk youth, as an intern and residential support specialist for two years.



Eric Smith **University of Texas at San Antonio**

Before entering graduate school, Smith served in the U.S. Army for nearly 30 years. After graduation, he wants to provide mental health services to active duty military members, veterans and their families, including those who have returned from Iraq with traumatic brain injury, severe depression and other mental health conditions.

"The mental health needs of these soldiers and their loved ones are formidable. My passion for working with them is what led me to enroll in the social work program," he said.

Smith has a bachelor's degree in occupational education from Wayland Baptist University in Plainview, Texas, and a master's degree in computer resources and information systems from Webster University in St. Louis, Missouri. He also is a member of the National Association for Social Workers.



Jaime H. Rosas Jr. **University of Texas – Pan American**

Rosas wants to help people with mental illness or brain disorders and their families, especially the elderly after helping his family find services for his grandmother who had Alzheimer's disease.

"Once I began learning about the services available, I was able to refer her to programs that helped her as her disease progressed. In dealing with this I have been inspired to help others who struggle with family members who have mental illness or brain disorders. I look forward to a rewarding career helping people," he said.

Rosas was the first in his family to receive a high school diploma and graduated *magna cum laude* from the university in fall 2010 with a 3.8 average and a bachelor's degree in social work. He also has associate degrees in social work and interdisciplinary studies from South Texas College in Weslaco.



Steven C. Smith **The University of Texas at Austin**

After graduation, Smith wants to work with at-risk children and youth. After earning a bachelor's degree in speech communications at Texas A&M University, he entered the Peace Corps and worked with at-risk youth in St. Lucia, West Indies, for two years.

His experience led him to earn a master's degree in international and intercultural management at the School of International Training in Vermont. He also is taking a Spanish immersion course for social workers in Costa Rica this summer.

"I want to develop a broad clinical skill set that can be applied in a variety of settings with children and families. For example, many children and adolescents who are resistant to therapy, especially boys, may respond well to outdoor/adventure therapy," Smith said.



**Hogg Foundation
for Mental Health**

SERVICES, RESEARCH, POLICY & EDUCATION

Hogg Foundation News is a free quarterly newsletter published by the Hogg Foundation for Mental Health to inform the public of the foundation's programs, services and activities.

The foundation was founded in 1940 to promote mental health in Texas and provides grants and operates programs to support mental health services, research, policy analysis and public education.

The foundation is part of the Division of Diversity and Community Engagement at The University of Texas at Austin. For more information, visit www.hogg.utexas.edu.

For subscription additions and changes, contact the Hogg Foundation News editor.

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Hogg Foundation Awards Moore Fellowships for Studies of Refugees in Austin and Impact of Katrina in New Orleans

By Brandon Curl

The Hogg Foundation has awarded two \$20,000 fellowships to Christopher Johnson and Christopher Ulack, both doctoral students at The University of Texas at Austin.

The Harry E. and Bernice M. Moore Fellowship was established in 1995 in memory of Dr. Harry E. Moore, a professor and sociologist who specialized in disaster studies, including tornadoes and hurricanes in Texas. The fellowship is awarded annually to doctoral students completing dissertations on the human experience in crises caused by natural or other major disasters or, in a broader sense, stress and adversity.

Johnson, a doctoral student in the department of anthropology, is examining STAND with Dignity, a grassroots housing organization in post-Katrina New Orleans. He hopes to understand how communities regroup in the wake of disaster and specifically, how the experience of this low-income black community relates to the larger African diaspora.

"This is a study about community, about the ways in which people work together to create both a physical and psychic environment to call home," said Johnson. "How do they cope with the stress and trauma of having lost everything except the memory of what was?"

Johnson began his research in July, including observations and interviews from a year and a half's work with STAND.

Ulack, a doctoral student in the department of geography and the environment, will focus on the experiences of Iraqi refugees resettling in Austin. Ulack hopes to raise awareness of refugee issues in the local



Christopher Johnson

community and develop a better understanding of how state and federal policies can be adjusted to mitigate inequalities and to ease the challenges of integration that are common during the resettlement process.

"Refugee populations are unfortunately forced to face stress and adversity for years after initially fleeing their homes," said Ulack. "Refugees are a prime example of the human experience in crisis."

Ulack plans to conduct interviews with Iraqi refugees and gather research through 15 months of work at a refugee resettlement agency in Austin.



Christopher Ulack

Conference Attendees Discuss Children's Mental Health

(Continued from page 1)



Four breakout sessions addressed trauma's impact on children, families and their communities.

Attendees included parents and foster parents, private and public mental health professionals, members of faith-based organizations, and staff from schools, nonprofits, and state and local agencies that work with children and adolescents.

"We all come into contact, some of us daily, with children and youth who have experienced trauma. It is not just the responsibility of mental health professionals to understand how to be more supportive," said Vicky Coffee-Fletcher, program officer and



Dr. Jeffrey N. Wherry spoke about the science of child trauma with a focus on child abuse.

conference organizer. "As a community we all need to be aware of the impact trauma has on the lives of our children and youth and to be able to prevent, recognize, respond to and assist individuals and families who have experienced trauma."

Conference speakers included local, state and national experts on trauma and its impact on children and adolescents, their families and their communities. View their presentations online at www.hogg.utexas.edu/initiatives/2011_conference_children.html.

Higher Education Research Grants: Assistant Professors

Dr. Pablo Mora **University of Texas at Arlington**



Dr. Pablo Mora, Department of Psychology, will examine how Latinos' cultural views affect their decision to seek mental health services and

contribute to mental health disparities for Latinos. According to Mora, disadvantaged minorities, especially Latinos, have poorer physical and mental health than their majority European-American counterparts. Cultural differences in how elderly Latinos express physical or mental health symptoms can affect diagnosis and treatment and may be an underlying factor in these health disparities. "My project will help increase our understanding about how Latinos view mental illness and how these beliefs influence their decisions to seek care," Mora said.

Dr. M. Danet Lapiz-Bluhm **The University of Texas Health Science Center San Antonio**



Dr. M. Danet Lapiz-Bluhm, School of Nursing, hopes to learn more about the cause and treatment of post-traumatic stress disorder (PTSD).

Estimates show that up to 20 percent of military service members returning from Afghanistan or Iraq will experience PTSD or depression. She will study the relationship between these conditions and the nervous system by analyzing specific enzyme levels in the saliva of people with PTSD symptoms. "PTSD is a debilitating, poorly understood anxiety disorder that develops after exposure to trauma and is associated with physical illness and mortality and high health care costs," said Lapiz-Bluhm.

Dr. Kathleen O'Connor **University of Texas at El Paso**



Dr. Kathleen O'Connor, School of Nursing, will examine levels of trauma, depression, anxiety and post-traumatic stress disorder among UTEP students in response to violence along the Texas-Mexico border between El Paso and Juárez. "It is not necessary to be personally injured by violent events to suffer traumatic mental health consequences, which can put sufferers at risk for potentially serious physical health problems," O'Connor said. "We need to understand the effects of violence among youth and discover their level of awareness of area mental health resources."

Dr. Tam Dao **University of Houston**



Dr. Tam Dao, Department of Educational Psychology, will study how people of different Asian American ethnic groups in Houston seek and respond to

mental health treatment. "Researchers often study Asian subpopulations as one group, despite the fact that they are very different, with some subgroups experiencing higher rates of social, health, and mental problems than others," said Dao. "This grant will allow me to continue to research the relationship between mental illness and physical health conditions such as coronary artery disease and chronic pain in Caucasian and Asian patients."

Dr. Allison Dempsey **University of Houston**



Dr. Allison Dempsey, Department of Educational Psychology, will develop a screening tool to identify behavioral health issues in children

born prematurely and their caregivers, and will assess the effectiveness of follow-up services. "Many mental health problems common in children born preterm are not detected until school-age because screening for these conditions is not routinely done in pediatric settings," said Dempsey. "This is a critical first step in developing a feasible, acceptable and effective way to identify and address the mental health needs of children born preterm."

Dr. Ezequiel Peña **Our Lady of the Lake University**



Dr. Ezequiel Peña, Department of Psychology, will examine how additional Spanish language training and feedback for bilingual counselor trainees improves their ability to provide mental health services to Spanish speakers. "I believe heritage speakers of Spanish are this state's greatest workforce resource for meeting the mental health needs of underserved Spanish-speaking communities in Texas. This grant will support my research on the educational needs of bilingual therapist trainees," Peña said. According to Peña, many bilingual counselors, even native speakers, cannot effectively serve Spanish-speaking consumers because the counselors are trained solely in English. Also, no evidence-based standards exist for training Spanish-language mental health professionals and few programs are available to provide that support. "We must move beyond the assumption that just because a mental health professional is bilingual, she or he will be fluent in providing mental health services," said Peña. With the grant, he will measure the effectiveness of specific components of a comprehensive program at OLLU that trains bilingual counselors to conduct therapy in Spanish.

Dr. Sarah Sass
University of Texas at Tyler

Dr. Sarah Sass, Department of Psychology and Counseling, is developing a computer program to determine if anxiety can be treated by diverting people's attention away from emotionally arousing stimuli. She hopes to show that attention training is capable of reducing symptoms of anxiety. "This project has far-reaching implications for refining theories about the cause and treatment of anxiety. If proven effective, computer-based interventions can be used to treat people with less access to mental health resources," Sass said.



Dr. Daniel Lodge
The University of Texas Health Science Center San Antonio



Dr. Daniel Lodge, Department of Pharmacology, will investigate a new method for treating schizophrenia. According to Lodge, all current antipsychotics

target symptoms, not the cause, of the disease and have adverse side effects that lead to a majority of consumers discontinuing treatment. Lodge aims instead to specifically treat conditions in the brain that he believes to be the primary cause of schizophrenia. "Schizophrenia is a devastating psychiatric condition that affects up to one percent of the U.S. population. This grant will permit us to examine a novel and exciting line of research that could lead to a new generation of treatments for schizophrenia," Lodge said.

Dr. Germine Awad
The University of Texas at Austin



Dr. Germine Awad, Department of Educational Psychology, will examine how Arab Americans' mental health is affected by religious self-identification

and perceived discrimination by others. "Among the most understudied groups in mental health are Arab American populations," said Awad. "This study will aid in understanding how cultural dynamics influence depression, anxiety and psychological well-being for Arab-Americans, and may provide information to improve mental health among Arab Americans."

Dr. Janay Sander
The University of Texas at Austin



Dr. Janay Sander, Department of Educational Psychology, will analyze the impact of academic success and failure on the mental health of high school

students. She plans to work with a school in a largely Hispanic, high-poverty community. "My research is about juvenile delinquency, academic success and mental health," said Sander. "This project allows me to test a theory related to mental health, delinquency and disruptive behaviors. The study has great potential to improve adolescent outcomes."

Dr. Jason O'Connor
The University of Texas Health Science Center San Antonio



Dr. Jason O'Connor, Department of Pharmacology, will research the link between brain inflammation and depression and anxiety in people

with Alzheimer's disease. According to O'Connor, nearly 90 percent of people with Alzheimer's disease also experience symptoms of depression. This statistic is especially of interest in Texas, the state with the third-largest population of people diagnosed with Alzheimer's disease. "From early in my graduate training, I have been driven to understand why mental illness is dramatically higher in people with another seemingly unrelated infection or disease," said O'Connor.

Dr. Su Yeong Kim
The University of Texas at Austin



Dr. Su Yeong Kim, Department of Human Development and Family Sciences, will study how children serving as interpreters in immigrant

families affects the mental health of both parents and children. "It is important to focus on Mexican adolescents because they often are at a higher risk for mental health conditions," said Kim. "This project is one of the first to provide data on language brokering and will inform future work to reduce mental health concerns in Mexican American families."

Dr. Dnika Travis
The University of Texas at Austin



Dr. Dnika Travis, School of Social Work, will investigate the mental health of child care providers and barriers they encounter in seeking mental health treat-

ment. "There are almost 25,000 childcare providers in Texas serving over one million children a year," said Travis. "By examining these factors, we aim to inform public discourse and research on mental health needs and strategies that foster a thriving child care workforce and ultimately help to ensure quality of care for children."

HF Staff in the News

Hogg Foundation Hosts First Webinar

Program Officer Rick Ybarra, Mental Health Fellow Meagan Longley and national expert Kathleen Reynolds hosted the foundation's first webinar, "Financing Integrated Health Care Nationally and in Texas." View the archived presentation and sample worksheet online at hogg.utexas.edu/resources/webinars.html.

Bryan and Coffee-Fletcher Lead Mental Health Recovery Workshop

Program officers Stephany Bryan and Vicky Coffee-Fletcher facilitated a recovery workshop at the South Texas Family Support Conference where attendees participated in dialogue and activities to learn strategies for self-care on the road to recovery. The link between physical and mental health and the importance of maintaining both were discussed.

Martinez Participates in NIMH Meeting

Dr. Martinez participated in a one-day meeting to translate the results from the Men's Health and Aging Study funded by the National Institute of Mental Health (NIMH). Martinez was one of a select few brought together to discuss strategies for developing interventions and opportunities to improve depression care in primary care settings for older Latinos.

Horton and Kidder Present on 82nd Legislative Session

The 82nd legislative session produced significant alterations to services for children and adults with mental health conditions and with intellectual and developmental disabilities. Program Officer Colleen Horton and Mental Health Policy Fellow Sarah Kidder presented an overview of these changes and information on how to get and stay involved at the South Texas Family Support Conference and Texas Parent to Parent Conference.

Public Affairs Specialist Joins Foundation's Communications Department

Carrie Dyer joined the Hogg Foundation in July as a public affairs specialist II. She will lead the foundation's social media and web-based communications and assist with communications, marketing and public education strategy, planning and programming. Before joining the foundation, Dyer was a marketing specialist at the McCombs School of Business at The University of Texas at Austin. Prior to McCombs, she was a public relations practitioner with the PR arm of The Richards Group in Dallas, the largest independent advertising agency in the nation. Dyer has a bachelor of science degree in communication studies from the university.



Carrie Dyer

Bables, Horton Receive University Service Awards

Stacie Bables, assistant director of finance and operations, and Colleen Horton, program officer, were recognized for their years of service to The University of Texas at Austin at the 2011 Staff Service Awards Program in May.

Bables manages the foundation's finances, annual budget, grants management, technology, human resources, purchasing and accounts payable. Before joining the foundation in 2006, she held several positions at the university, including official bursar and inventory manager of tangible goods.

Horton joined the foundation in 2010 to lead the policy unit, manage policy-related grants and activities, and serve as liaison to the Texas Legislature. Previously, she was public policy director and a children's policy specialist at the university's Texas Center for Disability Studies since 2001.

Hogg Foundation Honored by ChildBuilders

Executive Director Dr. Octavio N. Martinez, Jr. accepted the Muriel Folloder Phillips Award on behalf of the Hogg Foundation at the 2011 ChildBuilders Annual Awards Luncheon in Houston on April 14. The foundation received the award in honor of its support of mental health services for children, youth and families in the Houston area. Harris County Judge and Mrs. Ed Emmett were keynote speakers. ChildBuilders was founded in 1974 and provides programs and training to ensure that children are respected, nurtured, and protected.



From left, Harris County Judge Ed Emmett, Gwen Emmett, ChildBuilders Executive Director Trish King, and Hogg Foundation Executive Director Octavio N. Martinez, Jr.

Recent Graduate Joins Hogg Foundation for Mental Health as Mental Health Fellow



Meagan Longley

Meagan Longley, a recent graduate of The University of Texas at Austin's School of Social Work master's program, has joined the Hogg Foundation as a mental health fellow.

Longley will assist program officers with activities related to the foundation's integrated health care and cultural and linguistic competency initiatives. Her appointment is for one year.

Previously, Longley served as a social work intern at the UT Counseling and Mental Health Center, where she provided individual and group counseling to the University's diverse student population. Before returning

to graduate school, she spent four years as a program officer at the Austin Community Foundation and one year as a bill analyst for the Senate Research Center during the 79th legislative session.

In addition to her master's degree in social work, Longley earned a bachelor's degree in psychology and women's studies at Furman University in Greenville, S.C.

Children's Mental Health Training Programs

(Continued from page 1)

Boys and Girls Country of Houston, Inc., a residential home for children ages 5 to 18, will use a nationally recognized model to train the home's 50 program managers and direct care staff. The home houses up to 88 children and adolescents, about half of whom are on medication for a diagnosed mental illness.



With a \$12,671 grant from the Hogg Foundation, the home's staff will learn about different kinds of mental illness and how to recognize them, psychotropic medications and how they affect children, and tools and strategies to help children achieve wellness and success. The home will conduct sessions for its young residents on mental health and wellness.

Catholic Charities of the Archdiocese of Galveston

-Houston will provide positive youth development training to 68 staff at St. Michael's Home for Children, which houses undocumented children who have been detained by federal immigration officials in Harris County. Many of the 347 children who lived at the center in 2010 reported being abused, neglected or victims of human trafficking.



Thirty-five percent had a diagnosed mental illness, such as depression, anxiety or post-traumatic stress disorder. Training funded by a \$5,000 grant from the Hogg Foundation will help staff recognize the signs and understand the causes of mental illness in children from diverse cultures.

NAMI Metropolitan Houston and NAMI West

Houston will train more than 300 school professionals and parents on how to work together to identify the warning signs of mental illness in children and adolescents, and where to seek treatment in the community. The "Parents & Teachers as Allies" children's mental health training program has never before been offered in the Houston area. The program is taught by teams of volunteers who have experienced mental illness themselves or have worked with children with mental illness or emotional disturbance. The program is being funded with a \$5,000 grant from St. Luke's and will serve as a national demonstration project in Houston.



Texas Association for Infant Mental Health

(TAIMH) will provide 24 hours of training in infant and child development and behavior to 60 child care workers in centers that primarily serve children of low-income families. TAIMH will provide the training with a \$39,411 grant from the Hogg Foundation, while the Houston nonprofit Collaborative for Children will identify child care centers and make arrangements for the training classes. TAIMH also will train 30 employees and biological and foster parents in Harris County's Child Protective Services and Infant-Toddler Court.



New Mental Health Policy Fellow and Law School Grad Joins the Staff of the Hogg Foundation

Peter McGraw, a recent graduate of the University of Michigan Law School and a Southern California native, has joined the Hogg Foundation as a mental health policy fellow. The foundation will lean on McGraw's legal background to inform its policy initiatives.

Previously, while with the University of Michigan, Peter acted as a student-attorney with the school's Child Advocacy Law Clinic and studied civil rights and poverty law.

Prior to joining the Hogg Foundation, Peter worked as a Public Interest Law Initiative fellow for the Legal Assistance Foundation of Metropolitan Chicago where he assisted in the provision of civil legal services to low-income communities on the west side of Chicago.

More recently, Peter worked for the American Civil Liberties Union of Texas where he helped research and investigate impact litigation for the organization's Racial

HF Staff in the News

Martinez Accepts NHCOA Appointment

Dr. Martinez has been appointed to the board of directors of the National Hispanic Council on Aging (NHCOA), a constituency-based organization that works to improve the lives of older Hispanics. NHCOA works closely with other affiliates to encourage high-quality services and enhance resources for the aging Hispanic population.

Grantmakers in Health Publishes Article by Frost

Grantmakers in Health published an article in July authored by Director of Planning and Programs Dr. Lynda Frost. The Views from the Field article "Effective Behavioral Health Funding in an Era of Health Care Reform" discusses approaches and strategies for health funders to more effectively impact behavioral health.

Ybarra and Longley Present on Funding Initiatives

Ybarra and Longley presented information about the foundation's funding initiatives to the Texas Health and Human Services Commission's Office of Immigration and Refugee Affairs at a Central Texas quarterly refugee and immigrant meeting in June.

Frost and Ybarra Publish Article

Dr. Frost and Ybarra published an article in The Foundation Review titled, "Funding Cultural Adaptations to Promote Effective and Efficient Mental Health Service Provision." The article highlights a major initiative conducted by five grantees to implement cultural adaptations to evidence-based practices for culturally and linguistically diverse populations in Texas.

Justice project.

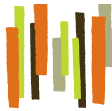
In addition to his law degree, Peter earned his bachelor's degree in political science from the University of California, San Diego.



Peter McGraw

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THE UNIVERSITY OF TEXAS AT AUSTIN
DIVISION OF DIVERSITY AND
COMMUNITY ENGAGEMENT

Hogg Foundation Vision

The Hogg Foundation for Mental Health will invest our knowledge and resources to move Texas forward in achieving mental wellness.

Hogg Foundation Newsletter Going Digital

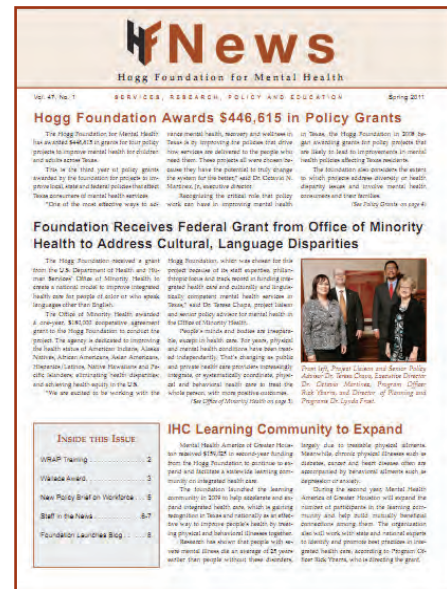
This is the final printing of the Hogg Foundation’s newsletter.

The foundation is going green and moving to a digital newsletter sent via email to subscribers. If you’ve enjoyed our printed newsletter and want to subscribe to the newsletter via email, sign up at www.hogg.utexas.edu/subscribe.php.

If you would still like to receive printed information from the foundation, please check the appropriate box and provide your mailing address in the online subscription form.

Don’t forget to visit the Hogg Blog at blogs.utexas.edu/hogg or find us on Facebook and Twitter.

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