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HOLLERIN' JALAPENOS—Barbara Short discovers just how "picante" chili can be at the Second Annual HSC Chili Cookoff. Her surprised look returned later when she heard that her team from the Office of Public Affairs won first

prize in showmanship for "The Best Little Chili House in Texas." See page 7 for a special chili cookoff section. (Photo by Gary Parker)



Volume 2, Number 1 November 1980

Trauma of divorce often underestimated

By Ginger Brown

"Ah, when to the heart of man,
Was it ever less than a treason, To
go with the drift of things, To yield
with a grace to reason, And bow
and accept the end, Of a love or a
season?"

Robert Frost probably wasn't talking about divorce when he wrote this somber ending to his poem "Reluctance," but his words probably ring true for more than a million people who will struggle through the "divorce experience" this year.

The divorce rate has jumped dramatically during the past decade, from 708,000 in 1970 to 1.2 million in 1979. Over one half of all marriages in the United States will end in divorce, social scientists predict. In 1974 one of seven children had divorced parents; today the figure is one in five.

"There's only one thing more stressful than divorce, and that's the death of a spouse," Sylvia Roberts told a group at a special seminar on divorce held at the School of Public Health recently. The conference was sponsored by the Houston Area Women's Center, which is housed in the school and actively involved in community health projects with SPH students and faculty.

The purpose of the seminar was to explain the emotional and legal aspects of divorce. The morning session was a visual and verbal presentation on divorce by Roberts, a Louisiana attorney and general counsel for the National Organization of Women's Legal Defense and Education Fund. The afternoon session gave participants an oppor-

tunity to ask specific questions in small groups monitored by marriage counselors and Houston area divorce lawyers.

Divorce is an emotional crisis triggered by a sudden and unexpected loss, Roberts explained, but society tends to downplay the emotional trauma involved.

Anxiety, tension, insomnia, sadness, feelings of worthlessness, depression, self-pity, anger, resent-

ment, guilt, bitterness, humiliation and rejection are just a few of the common emotions during and immediately following a divorce.

"You may feel defeated, but you must seek emotional and legal help," she said. The first step is to prepare emotionally for what may turn into a legal struggle. "You must overcome the social stigma that you're crazy if you go to a marriage counselor. Then to pro-

tect your interests, you must find a good lawyer."

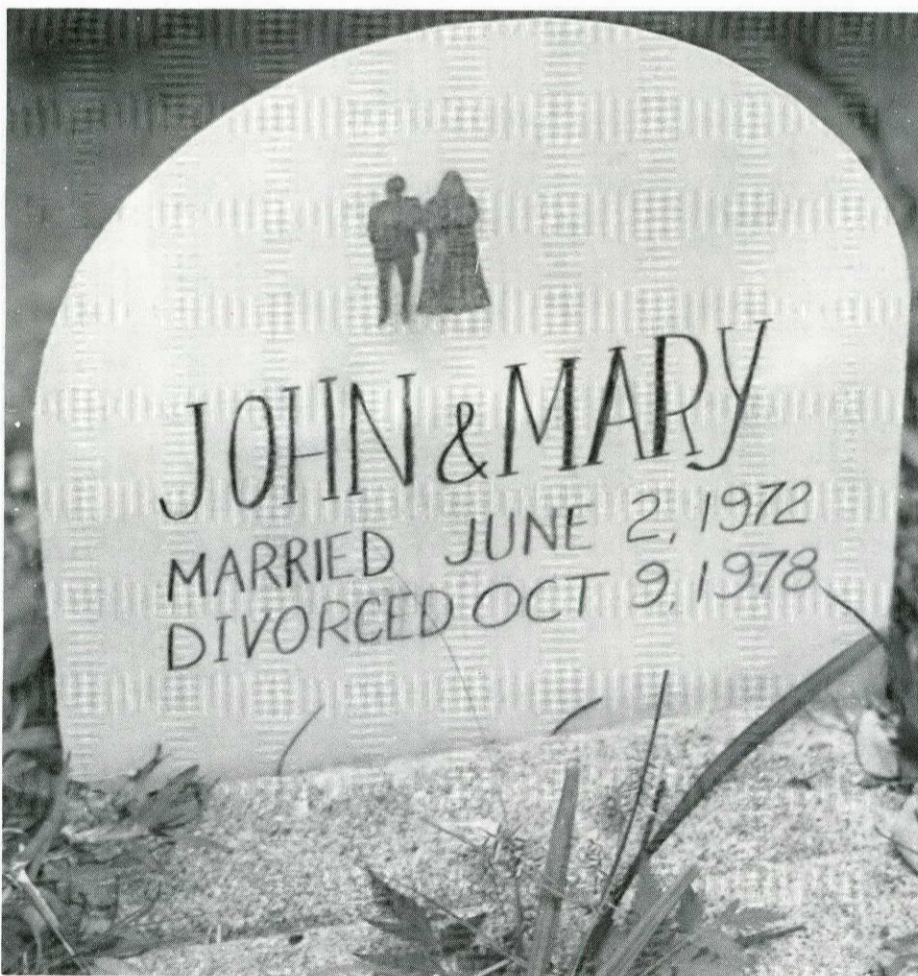
Divorce can be dealt with more effectively if the individual realizes that it is normal to feel angry, depressed, resentful and fearful, said Dr. Camille Lloyd, assistant professor of psychology at the Medical School.

"Persons getting a divorce can benefit if they recognize that these are normal reactions to a loss," she explained. "It's extremely important to fight the tendency to withdraw from society. Social support—from friends, family, community groups and church—is an important mediating factor in divorce."

Counselors at the seminar gave these guidelines for coping with a divorce:

- Take small risks and give yourself permission to make mistakes.
- Set realistic goals for yourself and acknowledge your accomplishments, no matter how small they seem.
- Consider the present as a series of choices, not inevitabilities. Learn what you can from an unpleasant situation and make plans to move ahead.
- Be assertive to enhance your opinion of yourself as an independent single person.
- Seek help when you need it—from family, friends or professionals.

For a resource guide of groups that offer services such as legal, credit, employment, education and child care for persons getting a divorce, call the Houston Area Women's Center, 792-4403.



UT System backs Bulger on staff changes

By Joe Sigler

After comparing university presidencies with the uncertainties of trucking nitroglycerine, UT System Chancellor E. Don Walker made a strong statement of support here for the Health Science Center presidency of Dr. Roger J. Bulger.

Addressing the HSC Development Board at its Sept. 10 meeting, Walker talked about UT presidencies in general and Bulger's in specific, and then told the 50-member board that "Dr. Bulger has the support of the chancellor and the System administration...and he has the support of the Board of

Regents."

Part of Walker's talk was a detailed description of the selection process of presidents as outlined in the *Rules and Regulations* of the Board of Regents.

But then, he said, once a president is chosen, he or she must be given the authority and support to administer:

"You cannot place the full responsibility of the presidency on an individual without giving him or her the authority to carry out those responsibilities," the chancellor emphasized, adding that further, "The selection of administrators

below the president must be the choice of the president."

Walker's remarks were an obvious reference to Bulger's decisions earlier this year to seek new chairpersons for the UT Medical School's departments of pathology and surgery. Walker spoke more specifically to those matters in a separate statement he had prepared for the press:

"The *Rules and Regulations* of the Board of Regents provide that the president of a component institution of The University of Texas System has full and complete authority with regard to the ap-

pointment and removal of department chairmen.

"The Board of Regents and I," Walker's press statement continued, "have been fully informed concerning the recent action of President Bulger in removing the chairman of the Department of Pathology and the chairman of the Department of Surgery at The University of Texas Health Science Center at Houston.

"Neither the Board of Regents nor I have taken any action to change Dr. Bulger's decision with regard to the chairmanship of these
(Continued on page 11)

Freshman fears confronted at Med School

By Barbara Baker

There are close to 200 of them. Among them are an ex-college quarterback, a lawyer's wife, a lawyer and a former Life Flight nurse. They are dressed in casual clothes, boarding buses for a weekend at Camp Allen, an Episcopal retreat center about an hour's drive from Houston. Their common bond is that they are freshman medical students at the Medical School.

Today is Friday. Classes start on Monday. Along with their sleeping gear and tennis shoes, these campers have packed a lot of anxieties about how the next four years—and more immediately, the next few months—will change their lives.

They are headed to the annual freshman retreat, a three-day marathon with upperclassmen and faculty members where they can at least unpack their anxieties and give them a good airing before the avalanche of new experiences begins.

The medical education process should be a humanizing rather than a dehumanizing experience.

The retreat originated several years ago as the brainchild of some medical students who attended weekly discussion sessions on medical ethics at the home of Dr. Henry Strobel.

Strobel is a biochemistry professor and also an Episcopal priest, a unique pairing of disciplines which gives him a very philosophical outlook on the "professionalization" of medical students. In his discussion sessions, the students found themselves exploring their personal philosophies of what it means to be a physician, the role society has thrust upon the physician and the nature of the learning process.

The retreat became a way of

letting the sophomores share with the entering class some of the wisdom derived from this self-exploration. Although the weekend has its practical and social aspects, the underlying theme is to reinforce a conviction that the medical education process should be a humanizing rather than a dehumanizing experience.

Although Strobel and other faculty members provide support and the dean's office helps with finances, the retreat is controlled by a committee of sophomores. This year almost 50 students were involved in planning the weekend. They began early in the year evaluating questionnaires completed at the last retreat. They debated which aspects of the retreat they felt succeeded; which were not effective and why; and how they wanted to do it differently.

Many events during the retreat seem unplanned and totally unstructured, but very few actually are. Very little is left to chance.

"A measure of our success is that the 'message' doesn't always jump out at you," Strobel said.

The opening session on Friday night was dedicated mostly to what Strobel terms "rah rah"—a kind of welcome-to-the-medical-profession-we're-glad-to-have-you-at-our-school pep rally.

The highlight was a skit written and performed by the sophomores. Falling somewhere in the theatrical spectrum between a high school assembly and "Saturday Night Live," this year's effort was a satirical look at the competitive and often intimidating medical school admissions process. Judging from the groans of recognition and appreciative laughter coming from

the audience, it was right on target.

Behind the laughter there was a serious purpose for the skit, Strobel pointed out. It was a way of bonding the new class together by playing on an experience they had all shared in one way or another, their common history. It stopped short of lampooning anything the freshmen hadn't experienced yet, Strobel noted.

The remainder of the opening session was given over to a serio-comic lecture on the medical profession by Dr. Peter Ostrow of the pathology department; some audio-visual presentations on Hermann Hospital's Life Flight program; and a bit of homespun wisdom from the school's resident Aggie, Dr. James "Red" Duke of the surgery department.

On Saturday morning, Dean Robert Tuttle welcomed the new class. Then Dr. James Knight of Louisiana State University spoke on some of the personal issues faced by medical students. Knight is a professor of psychiatry, who also has had divinity school training. Not surprisingly, he is a cousin of Henry Strobel.

Knight stressed the need for the medical student to tend to his or her own personal growth during the next few years. He warned that in the struggle to get into medical school, many students have probably neglected some of the jobs they would otherwise have done as growing adolescents.

"There are tasks of development you have postponed. You may not have time to address them in medical school. You may not have time to address them in your residency program. And if you don't watch out, you may turn out on society the largest group of

adolescent physicians the world has ever known," Knight said.

The emphasis then switched to basic do's, don't's and how-to's of freshman classes as the students broke up into small discussion groups to get the low-down from sophomore advisors.

Meanwhile, a group of husbands, wives and "significant other people" were talking to their counterparts who had weathered a year as medical school spouses about how to maintain some semblance of family life during the next few years.

"Think of it as a magnificent opportunity. Never think of it in terms of a sacrifice."

There is an understandable concern among spouses because of statistically high divorce rates among medical students.

After an afternoon of swimming, tennis, volleyball and other athletic alternatives, the retreaters attended a reception hosted by deans Tuttle, Richard DeVaul and John Ribble.

In the evening, the students again broke up into groups to discuss a wide range of topics relevant to the medical school experience: "Dealing with the Process of Death," "Marriage and Medical School," "Residency Programs," "Humanities Resource Library," "Women in Medicine," "Effective Studying Techniques," "Thoughts on Medical-Legal Issues," and one that proved very popular, probably because of its tantalizing title, "Making Dinner, Making Love and Making Ends Meet."

That last session, a crash course in surviving the single life in

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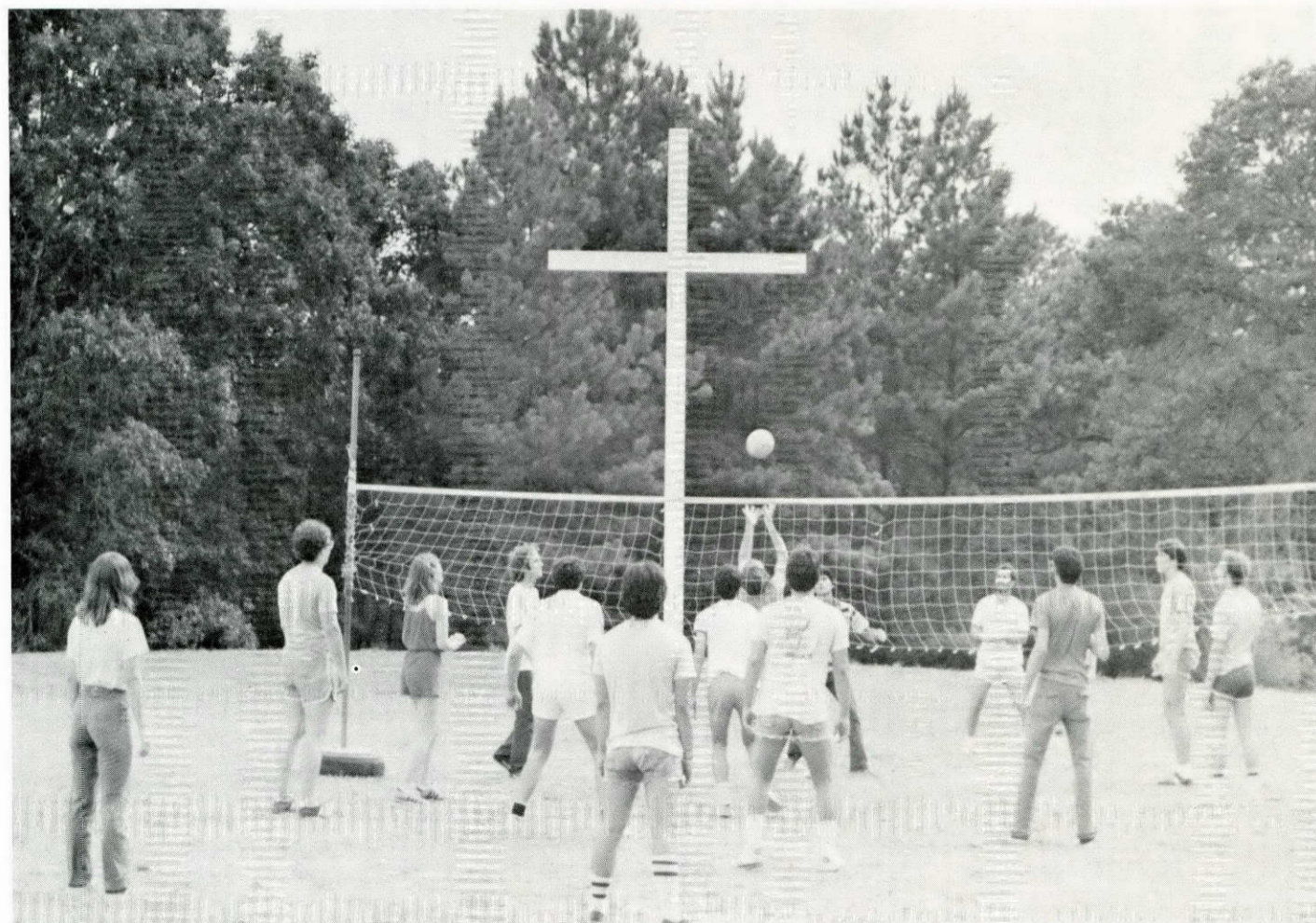
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TIME CUT—The weekend wasn't all work. Saturday afternoon was given over to a variety of athletic events. Looming up over the

volleyball court is a wooden cross, a reminder that Camp Allen is owned by the Episcopal Church. (Photo by Robert Benson)

retreat

Houston, included information on getting financial aid and bank loans; how to earn money on the outside (there's a research project that will pay you to get the flu over Christmas vacation if you're really hard up); how to eat something besides junk food (cream of mushroom soup has 1,001 uses); and how to balance personal involvements with academic priorities.

A number of faculty members who teach first-year students arrived at the camp on Sunday morning to conduct more small group sessions. They gave some tips on what the faculty expected from students and how a student might best communicate with a faculty member if he felt he was having problems in school.

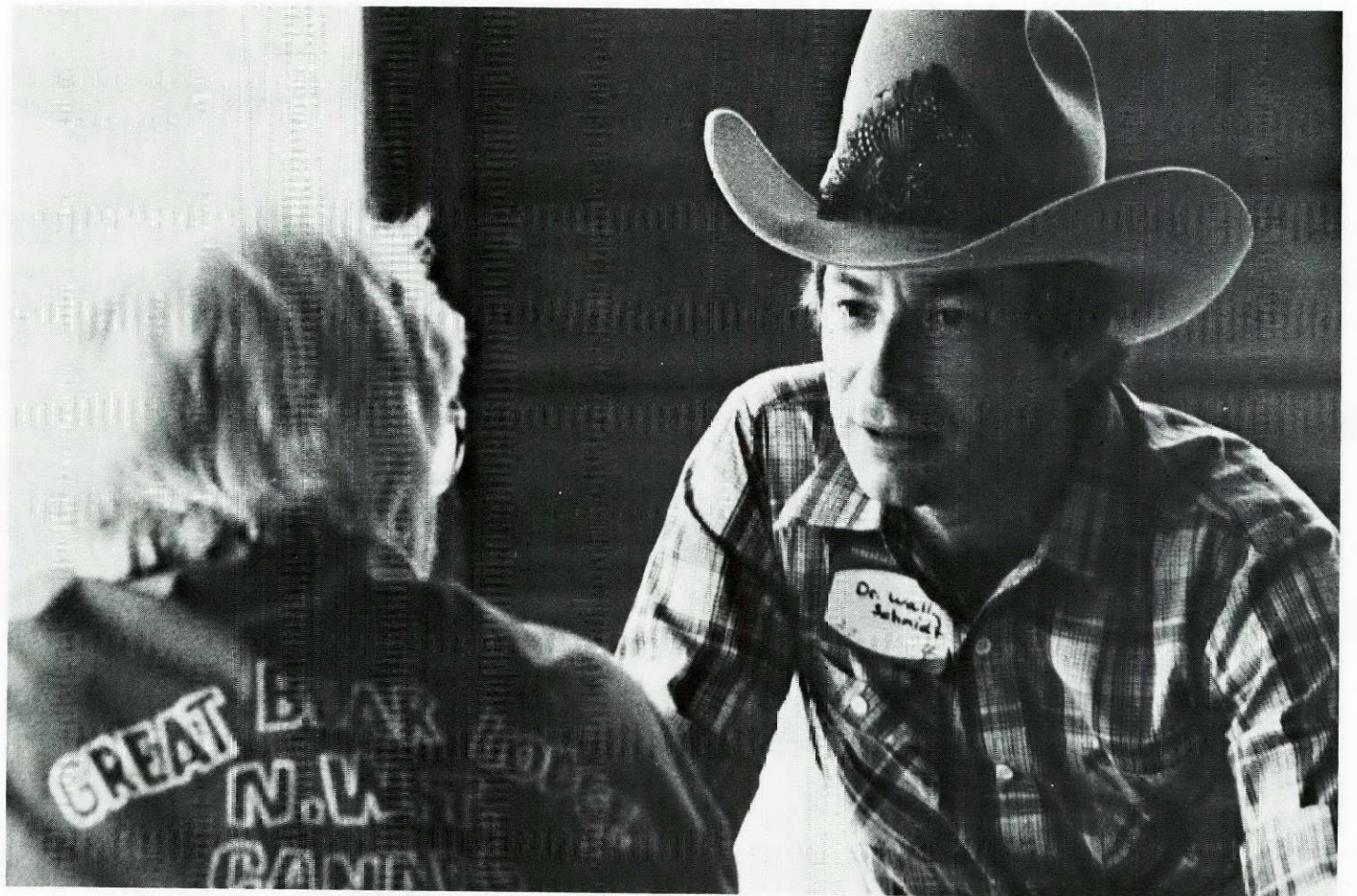
A freshman who had attended undergraduate school at a large university was impressed by the faculty participation in the retreat.

"It made me feel like the faculty really wants us to be here. At my school you could go for four years without a faculty member ever knowing your name," she said.

Boarding the buses for the drive back to Houston Sunday afternoon, the UT Medical School Class of 1984 faced their first classes the next morning. They no doubt still carried traces of the anxieties they had brought with them to the retreat, but many commented that the weekend had been a very positive and worthwhile prelude to their medical education.

As the year progresses, if they find themselves doubting whether they have made the right choice in coming to medical school, they perhaps will recall the advice of Peter Ostrow.

He told them that at last year's



SERIOUS SIDE—Although much of the Medical School's annual freshman retreat was for fun, there were moments of serious discussion about the meaning of entering the medical profession. Dr. Waldemar Schmidt of the pathology department and Dr. Benj

Brooks (back to camera) of pediatric surgery were among a number of faculty members who answered student questions about what to expect when classes started. (Photo by David Payne, Pathology Department)

retreat, he got the impression that the students considered it a last glimpse of happiness before they were plunged into the dark core of medical school. Their questions seemed to be primarily about what they would have to give up in order to get through medical school and become doctors.

"That's not really the way it's supposed to be," Ostrow admonished. "Think of it as a magnificent opportunity. Never think of it in terms of a sacrifice. You made the choice. The greater sacrifice on the part of all of you would be not to be here—not to be becoming doctors."

Throughout the retreat there was a lot of expounding about the positive and negative aspects of being a medical student. Some of it was humorous, some very profound. In any case, much of it was highly quotable. Here's a sampler:

—There's nothing more useless than a freshman medical student. (Dr. James Duke)

—Welcome to the first year of the best four years of your life. (Sophomore student at opening session. The response bordered on hysterical laughter.)

—Forget about competing against your classmates. Compete only against your own potential. (Dr. James Knight)

—Myths will run your lives for the first few weeks. (Sophomore spouse to freshman spouses)

—Statistics show that 90 percent of you will not be in the top 10 percent of your class. (Dr. Peter Ostrow)

—It is said that doctors and

clergymen are probably the only two professions that throughout their life examine and reexamine the motivation for choosing the vocation they have chosen. (Dr. James Knight)

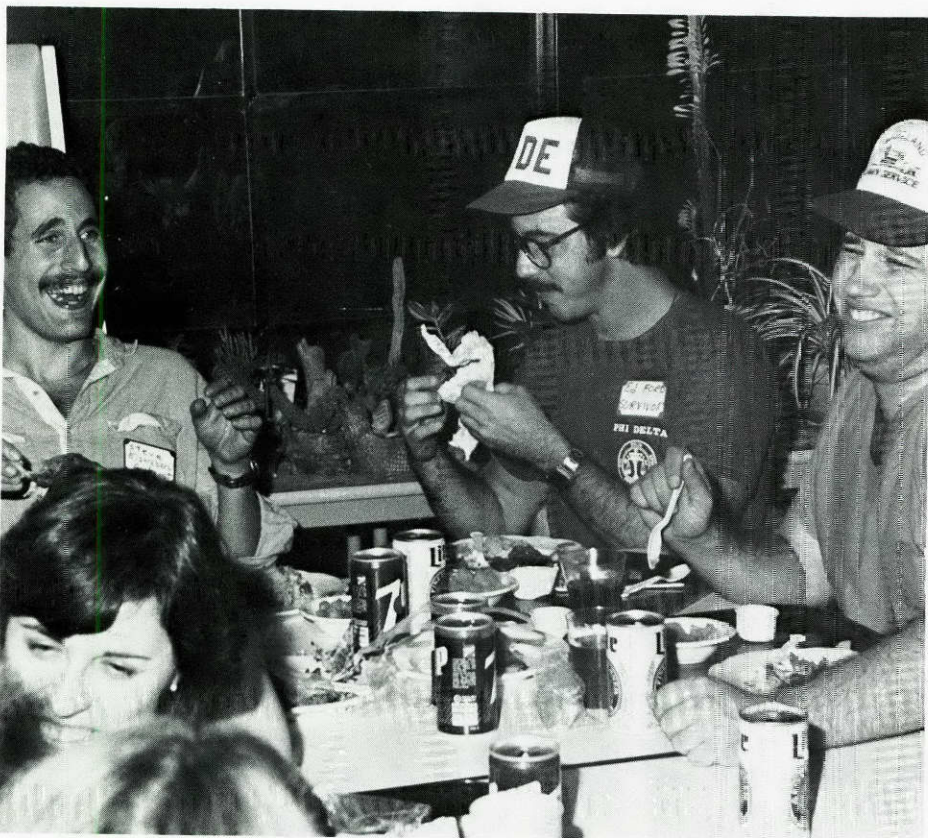
—The faculty is expected to care. If they don't, they leave. (Dr. Joe Wood)

—Medical students are selected out to be deniers of death because they want to defeat death and disease. But the fully mature physician says, "I'll take care of you even if I can't cure you." (Dr. Roger Bulger)

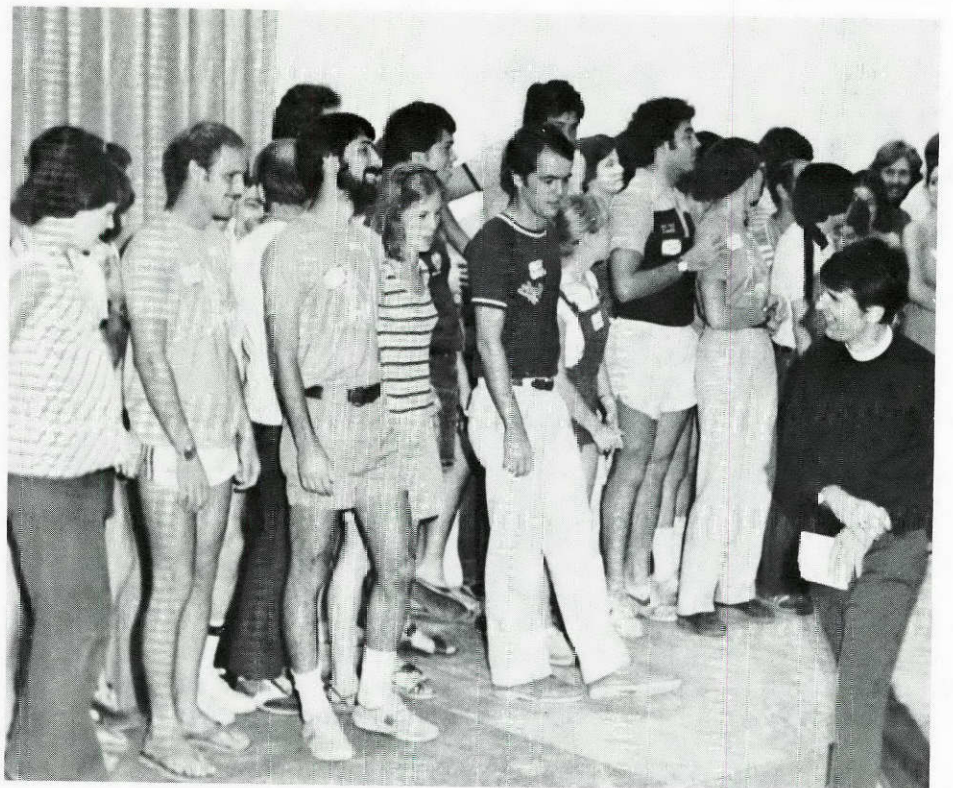
—We have already determined by this fantastic process called the admissions process that every one of you is quite capable of being a doctor. In fact, you're more capable than you need to be. You "exceed minimum basic requirements." (Dr. Peter Ostrow)

—Everything you do, think, say or learn, you do standing on the shoulders of those who went before you. But none of your forebears were as good a doctor as you can be. (Dr. James Knight)

UT



DISTINGUISHED ALUMNI?—The retreat is popular even among third-year students, who like to come back for a visit. Making this trip this year were (left to right) Steve Eisenberg, Ed Ford and Dave Ellis. Ed's nametag identified him as a "survivor." The nametag he wears on rounds at Hermann identifies him as a "Nice Guy." He is both, and the *MULTITEXAN* would like to correct an error in a story about Phi Delta Epsilon Fraternity which appeared in our October issue. In the story, Ralph Cox was identified as the president of the fraternity during its first very productive year. Actually, it was Ed who led them through the first year. Ralph is the president this year, and Frank Lowe, who was identified as president for this year is actually vice-president. Don't know how we got so mixed up, but we regret the error. (Photo by David Payne, Pathology Department)



THERE HE IS, DR. STRO-C-BEL—No, Dr. Henry Strobel (in clerical collar) has not just won a bizarre beauty contest. He is thanking the sophomores who helped plan this year's retreat "for worrying." They, in turn, sang a reprise of their immortal hit, "Hello Freshman," sung (and that term is used very loosely) to the tune of "Hello Dolly." (Photo by Dr. Robert Benson, Biochemistry Department)

It's not too late

It's not too late. You can still contribute to the 1980 United Way campaign. For details contact the United Way representative in your department or call Employee Relations, 792-4911.



Carlin to open hearing center

"People will gladly wear glasses to correct poor eyesight, but when it comes to hearing, many people feel that as long as they can hear well enough to get by, why worry," Dr. T. Walter Carlin said in a recent interview.

But an uncorrected hearing problem can lead to very real communication problems with family, friends and fellow workers, he explained. Helping the hearing impaired person's family deal with a hearing loss and the accompanying communication problems will be one of the services offered by Carlin's new hearing maintenance organization.

Carlin resigned as director of the Speech and Hearing Institute effective September 1981 and is now working on the philosophy and plans for a hearing consultation service. He plans to open centers in Houston, Ithaca, N.Y., and Winter Park, Fla., during 1981.

Meanwhile, he is serving as director of the institute's Outreach Program which provides testing and therapy for speech, language and hearing problems at three City of Houston Health Department neighborhood health clinics. He is also supervising operation of the institute's new mobile hearing clinic. The unit provides hearing tests for the general public and industry employees.



THE MOBILE HEARING CLINIC, a new idea in community service, is part of the Outreach Program of the Speech and Hearing Institute. This unit makes it possible to provide hearing tests for those who are not able to go to a clinic or see a physician. The mobile clinic, an

18-wheel truck, contains four rooms equipped for hearing tests. One certified audiologist can conduct complete hearing assessments for about 15-20 people an hour.



THE TESTING PROCEDURE used with the mobile hearing clinic starts with a medical history. During the United Way Showcase at Memorial City Mall in September, Dr. T. Walter Carlin (standing, right) of the Speech and Hearing Institute confers with a prospective

patient. Charles Baskett (sitting, left) is the driver-engineer for the mobile clinic. Ruth Milledge is a speech pathologist. The Speech and Hearing Institute receives support from the United Way. (Photos by Gary Parker)

Starting gun sounds for Sportathon '81

Get out your track shoes and start doing those calisthenics because Sportathon 1981 is coming.

What is Sportathon 1981? It's the brainchild of some UT medical students which has blossomed into an undertaking encompassing several other TMC institutions.

Scheduled for April 4, 1981, the Sportathon is designed to be an inter-institutional Olympics-type event. It will include conventional competitions like running, swimming, tennis and cycling; team events like softball, volleyball and soccer; and fun events like tug-of-war for the less dedicated athletes in the crowd. Plans are to hold some of the events at Rice University's athletic field and some at the Medical Center.

Representatives from the par-

ticipating institutions—the component branches of the Health Science Center, Baylor College of Medicine, M.D. Anderson Hospital and Texas Women's University—are serving on a coordinating committee which is already at work organizing the event.

Dr. Roger Bulger, president of the Health Science Center, is an avid supporter of the Sportathon. In a letter to the deans he stated:

"This event is planned to encourage interaction among students, faculty and staff, and to demonstrate to ourselves and the broader community our commitment to healthful living and activities for health enhancement...Another of the students' objectives is to foster a greater sense of 'community' among the educa-

tional institutions in the Texas Medical Center...I hope you will join us in enhancing the role model of health professionals who are actively promoting healthful activities."

In addition to the sporting events, the Sportathon will include health promotion activities. Dr. Ruby Isom of the Department of Community Medicine is coordinating the health promotion events.

Marcia Willis, Bulger's special assistant for community health affairs, and Vernon Eschenfelder, staff assistant for health promotion, are working as liaisons with the student organizers and providing staff support for the project.

Jay Hessel and Jeff Morris, two of the UT medical students who

conceived the idea for the Sportathon, are co-chairmen of the planning committee. Other members of the committee are medical student Mark Payne; Dr. John McMahon of the Dental Branch; Nancy Hansel of the Department of Community Medicine; Ruby Isom and Marcia Willis.

Persons wanting to know more about the Sportathon should contact the representative from their institution. They are: Diane Martini, M.D. Anderson, 792-2385; Peggy Stulb or Kathy Carte, Texas Women's University, 792-7715; Vernon Eschenfelder, Health Science Center, 792-5255; and Jack O'Wesne, the Student Affairs Office at Baylor, 790-4603.

Findley spends vacation astride bicycle

By Barbara Short

Discover beautiful Iowa! Have an adventure-filled week touring the countryside from the (dis-)comfort of a bicycle seat(!)

This is just the type of travel ad Dr. William Findley might have answered to begin his latest vacation. Findley, assistant professor of obstetrics and gynecology at the Medical School, participated in the 8th Register's Annual Great Bicycle Ride Across Iowa (RAGBRAI).

The bike ride is a 500-mile adventure sponsored by the Des Moines Register from July 26-Aug. 2. Five thousand bicyclers began the journey in the southwestern corner of Iowa, pedaled along country roads through small towns, to the eastern border of Iowa, the Mississippi River.

Findley, and three friends from Houston, drove to Des Moines, which is the approximate center of Iowa, and then boarded a bus for Glenwood, the starting site. A bike shop in Des Moines sponsored the bus and a truck to carry the bicycles and gear to Glenwood, Findley said.

The cyclists camped at Glenwood Saturday night, July 26. "Sunday morning we arose between 4:30 and 5:00, as was usual throughout most of the tour, to begin the ride," Findley said. "Each morning we had to line up at

one of the 18-wheel trucks to load our duffel bags aboard." The trucks carried the one allowed duffel of each cyclist from campsite to campsite.

As the cyclists wheeled up and down hilly, country roads and through the rural towns, they encountered local residents selling everything from lemonade and cookies to hot dogs and watermelon.

"The townspeople were just fantastic," said Findley. "Usually a local organization would provide dinner and breakfast for the cyclists at a nominal cost."

After pedaling 65-75 miles the bicyclers reached the next camp between 3 and 5 p.m. "Most people immediately started hunting for a place to shower or at least a swimming pool in which to cool off," Findley said. "After settling down for the evening, we were entertained by a band provided by the townspeople."

"The tour was such a great experience, because I got to meet so many different people," Findley said. Though 65-70 percent of the participants were Iowans, other states seemed to be well represented. There were even some people from foreign countries who arranged to be in the states at the same time RAGBRAI occurred, just so they could participate," Findley

said.

Findley encountered a 79-year-old man riding a three-speed bicycle and he wore a tee-shirt which said, "I'm 79 and doing fine!"

Two young girls, about ages 10 and 12, rode a tandem. This was the fourth tour in which the older girl participated, Findley said.

One Iowa family formed a vir-

"Two Iowa department of public safety officers raced two sheriff's department officers--both on tandems."

tual caravan: the father rode a bike pulling a little trailer, called a bugger, while the mother pedaled a tandem. The two young sons took turns riding in one or the other

"With so many people involved there had to be police, of course, but they were quite cooperative," Findley said. They even got into the spirit of the ride. "Two Iowa department of public safety officers raced two sheriff's department officers--both on tandems," Findley said.

The towns really planned for the bike tour and had a great time doing so, said Findley. One town celebrated its centennial in conjunction with welcoming the

cyclists. Another, Cooper (population 51), set up a large circus tent full of food and sold buttons with "Cooper" printed on them.

"Probably the worst thing that happened was I stripped the threads holding my rear gear cluster to the wheel, and had to borrow a rear wheel and gears," he said. There were a few accidents, over-exertion, heat exhaustion and blisters. But, mostly just minor irritants like a bumpy road here and there and pork for dinner three nights straight.

"The most enjoyable aspect of the event was the feeling of freedom I experienced--freedom from deadlines and from responsibilities associated with housing and transportation. It was quite satisfying to progress on my journey under my own power, at my own pace. I enjoyed the scenery and the people whenever I chose. The bicycle tour proved to be exhilarating, yet very relaxing," Findley said.

Findley found out about RAGBRAI from a friend who read about it in *Time* magazine and also in *Bicycling*. Findley, a native Texan, has lived in Houston for the past five years. He has been a bicycling enthusiast for the last four years. He is a member of the Houston Bicycling Club and participates in many of their activities.

Fall Fun Run a winning time

The first biannual Fun Run sponsored by the HSC Recreation Center featured a winning time of 18:50, run by James Darcy on the 3.5 mile course. The second and third place finishers in the men's division were Pete Watson (19:50) and Jim Steward (19:52).

Jenifer Palmer placed first in the women's division with a time of 23:25. Tisa Nalty (26:01) and Jeanne Bunnell (29:08) finished second and third, respectively.

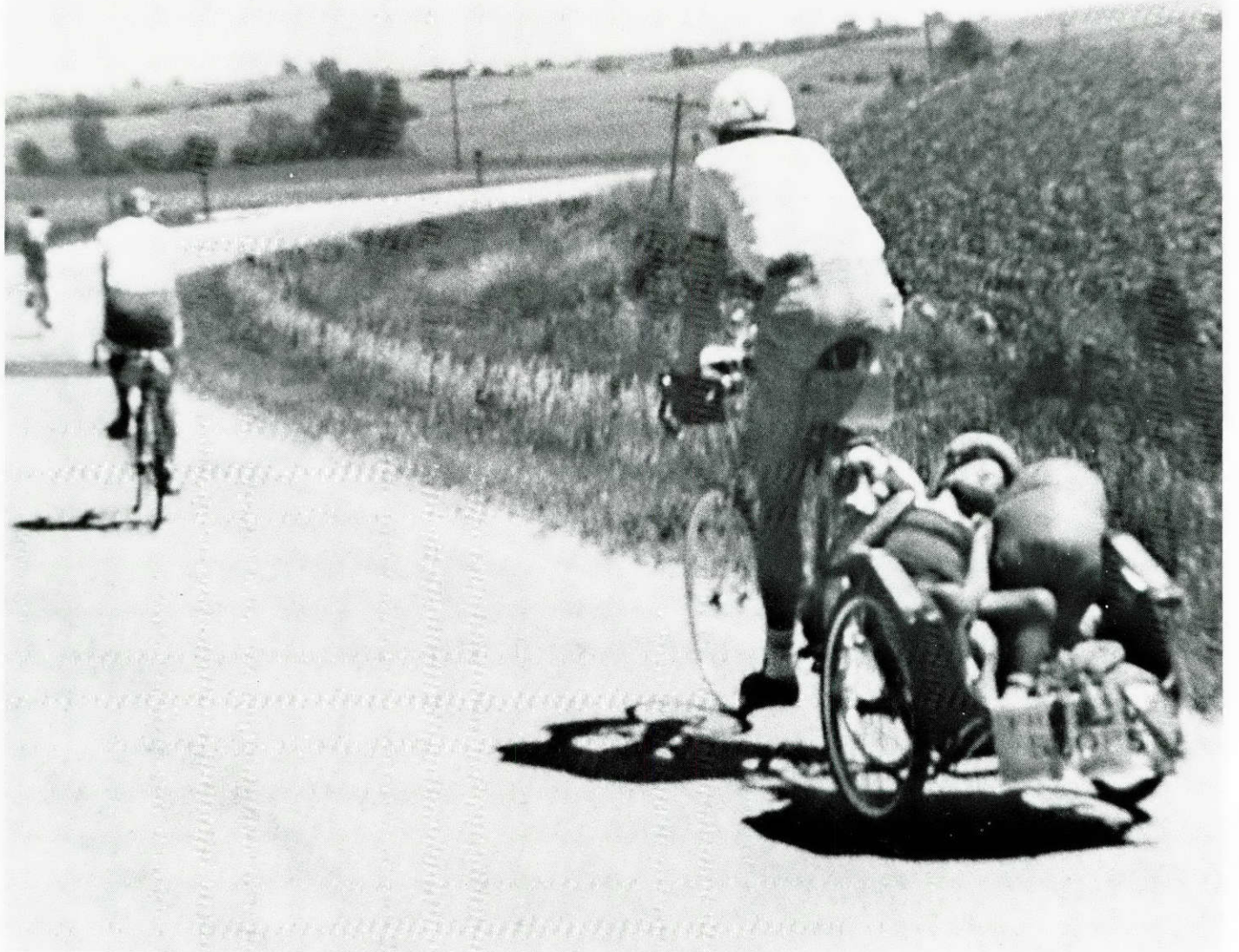
The Fun Run, which was held on Saturday, Sept. 27, coursed the Hermann Park Jogging Trail. There were 28 participants, 21 men and seven women.

The first place finishers, Darcy and Palmer, were awarded trophies. All of the participants were given tee-shirts commemorating the event.

"We had a little bad weather," said Doug Franklin, recreation center director, "but everything went smoothly and all of the runners enjoyed the competition. We had tremendous cooperation from the Houston Police, the UT Police, and Phi Delta Epsilon, who provided first aid."

Phi Delta Epsilon, the medical school fraternity, also helped with the registration and timing of the runners.

The recreation center plans to sponsor another Fun Run in the spring. For more information about recreation center programs call Doug Franklin at 792-5885.



AND YOU'D BE TIRED TOO! This youngster takes a rest from the grueling road in what is called a "bugger" in bicycle terminology. He is being pulled by his father on the bike. His mother and brother, not pictured, were riding tandem at the time. The two young boys took turns riding the tandem with their mother and resting in the bugger

being pulled by their father. The four were part of the 8th Register Annual Great Bicycle Ride Across Iowa (RAGBRAI), in which Dr. William Findley, assistant professor of obstetrics and gynecology, also participated. (Photo by William Findley)

'Something exciting' attracts Filipino nurses

By Ina Fried

Rozzano Locsin had been awarded a scholarship to work toward his Ph.D. degree at the University of the Philippines. But a chance to work at M.D. Anderson Hospital was too good to pass up.

"This opportunity was something more exciting," he said.

Teamwork involving Anderson, the Health Science Center, Rep. Mickey Leland, the U.S. State Department and nursing schools in the Philippines made that opportunity possible.

Locsin is one of 31 nurses from the Philippines who began orientation at Anderson in September. Their arrival will help to alleviate the nursing shortage at Anderson and will give the Filipino nurses an

opportunity to learn about cancer nursing. It also will help them economically, since nurses outnumber jobs in the Philippines.

Preparations for their arrival began last spring. "I came here in 1979, and I quickly realized that we are so short of nurses," said Hyster Quiamco, clinical instructor in nursing staff development at Anderson. "I discussed the idea of hiring foreign nurses with my boss Betty Cody, who quickly presented the matter to Ms. Joyce Alt (the director of nursing at Anderson). She approved the idea and immediately called for a conference with all concerned."

Faced with a May 16 deadline for the imposition of more restrictive visa requirements, Quiamco and Mary Helen Barajas, director of international affairs for the Health Science Center and Anderson, put their plans into high gear.

The Philippines was the logical place for Quiamco's recruiting trip since she had been dean of the College of Nursing and director of nursing services at Riverside Medical Center in Bacolod City in the Philippines for six years. Taking with her all the applications and forms for Anderson and the immigration service, she flew to the Philippines for a two-week recruiting trip.

"My credibility there is better than that of some employment agencies because people there know me as an educator," Quiamco said. She has been a nurse educator not only in the Philippines but also in this country at various nursing schools, such as the University of Illinois, City College of Chicago and the Blackhawk Institute in Wisconsin.

"I am aware of the kinds of educational offerings back home and in this country," she said. "Back home we use the same books used in schools of nursing here. If

we select nurses from schools with good programs, we should have no problems. We're quite happy with the 31 nurses. They're very fluent in English; they're hard workers; and they know they have to maintain standards."

Once the nurses were selected, a lawyer and secretaries helped to prepare all the documents necessary to bring them to this country. From Bacolod, Quiamco flew to Manila and gave the papers to a friend, who handcarried them to San Francisco. There another friend mailed them express to Houston. The papers were in Alt's hands on May 12.

"We think it's really a privilege to be here."

"Much credit should go to Ms. Alt," Quiamco said. "She has given us a lot of support and encouragement."

Not only did the applications beat the May 16 deadline with the immigration service, but it took only three months to process them instead of the usual six months.

"All the applications were immaculate," Barajas said.

Bill Lyons, special assistant to President Bulger and director of special projects, contacted Rep. Mickey Leland and sent wires to the ambassador to ask for their help in expediting the process.

"We got cooperation from everybody," Barajas said.

Now that they are in Houston, the nurses still are not finished with regulations. In February they will take the state nursing board exam. They will have two chances

to pass the exam in order to remain in this country.

Their first assignment at Anderson is a six-week orientation program, which includes the usual orientation for new nurses and additional material tailored to their needs.

"The orientation is precisely enough to help us to get to know the equipment, staff and routines," Locsin said. "We have some drawbacks at home equipment-wise and in our knowledge of the specialty of cancer nursing."

"We're all very eager to learn," said Medalina Cato, formerly a clinical instructor at the Riverside Medical Center in the Philippines.

Like Cato, several of the nurses are married and have children at home. Moving to Houston was a good economic and educational opportunity, but the personal adjustment is a big one.

"We think it's really a privilege to be here," Cato said. "We feel that we're being taken care of, and we're very happy about that."

Quiamco has enlisted the aid of the Philippine Nurses Association, of which she is president, to help the newcomers. The newcomers are living with Filipino families for a nominal fee until they are financially able to get apartments and buy cars. The families even provide transportation to the medical center each day.

In appreciation for her efforts, Alt was invited to be guest speaker at the Philippine Nurses Association's installation ball in October. The organization has about 200 active members, Quiamco said. **UT**



TEAMWORK was the key that made it possible for 31 nurses from the Philippines to join the staff at M.D. Anderson Hospital this fall. Mary Helen Barajas (left), director of international affairs for the Health Science Center, introduces Hyster Quiamco, clinical instructor in nursing staff development at Anderson, at an international reception in the Prudential Lounge in October. (Photos by Ina Fried)



GLAD TO BE HERE—A group of Filipino nurses sings for guests at the international reception. Other entertainment included a Mariachi

band, a band playing South American music and two bagpipers. About 9,000 international visitors are expected in Houston this year.



NOT FORGOTTEN—A Snoopy pinata full of candy is an attraction for this little boy and the other children at the international reception.



EXOTIC LADIES, Diana Parsons (left) and Lisa Brousseau, serve "Arabian Chili." Their team from Allied Health Histotechnology Education won third place in showmanship.

HSC features Hot Spicy Chili

The diehard chiliheads of the HSC didn't let the threatening skies dampen their enthusiasm as they prepared their entries for the Second Annual HSC Chili Cookoff, Oct. 17.

The rains held off, and a throng of people milled around the Prudential grounds taking in the sights, sounds, smells and tastes of the event.

Thanks to some careful planning on the part of Judi Booker of Employee Relations and Gene Weatherall of the School of Allied Health Sciences, who volunteered a lot of time to help organize the cookoff, the judging went smoothly, and winners were announced by 7:30. Thanks also go to David Kusnerik of Contracts and Grants for organizing the beer dispensing and to Linda Morales of HSC-TV for organizing the games.

First place winner in the **chili competition** was a team from the Medical School's Department of Neurobiology and Anatomy. Their head cook was John Haycock, and other team members were Bob George, Linda Hankins, Faith Jervej, James Douglas Morrison and Raoul Garcia Vega.

Coming in second was the GSBS team headed by Joe Phillips. Team members were Andrew Amoscato, George and Connie Babcock, Heidi Phillips, Janice Rockwell and Randy Strong.

Third place went to the Medical School's Phi Delta Epsilon Fraternity headed by Bob Dowling. Team members were Phil Bell, Carrie Burns, Ralph Cox, Dave Ellis, Ed Ford, Jamie Gardner, Cissy Kraft, Johnnie Leikem, Frank Lowe, Ann McCrady and Brian Parsley.

The top three teams received plaques which will be engraved for them. Teams and head cooks placing in the top ten were (in order from fourth to tenth places): Program in Emergency Medical Services, Bill Crouch; HSC Office of the Vice President for Administration and Finance, Bill Koch; Physical Plant Special Equipment Repair, Micheale Parrish; Medical School Students, team number 2, George Miller; Medical School Division of Neurosurgery, Kathleen Turner; Medical School Division of Toxicology, Vince Fabiano; and Medical School Department of Pharmacology, Ken Creamer.

(Continued on page 8)



COUNTING CALORIES IN A BOWL OF RED—Clearing their plates seems to have led to weighty problems for Brian Parsley (left) and

Johnette Leikem, members of Phi Delta Epsilon's Fat Drag Team. Their chili won third place.



VETERAN OF CHILI WARS—Those medals on Dr. John Watson's jacket represent his qualifications as coordinator of chili judging at the cookoff. He is the only person ever to win the state chili championship two years in a row.



YOU BETTER TASTE OUR CHILI, Derrick Dollé Arnette Prather (left) and Sandy Caskey seem to say during a cheer for "Super Bowl Chili." Mary Brown made the costumes for the HSC Accounting Department team.



FREE MONEY—Play money, that is, was available for chili luck at "Casino Chili." The HSC Payroll Office won second place with their emphasis on audience participation. Left

Sweet (?) smell of success

(Continued from page 7)

In the **showmanship** category, the Office of Public Affairs won the first place plaque with its theme "The Best Little Chili House in Texas." Team members were Barbara Baker, Mary Buhlman, Tish Figures, Susan Fox, Ina Fried, Wendy Goodridge, Karen Krakower, Belinda Parker, Gary Parker, Barbara Short, Joe Sigler, Laurie Swalin and Debby Weiss.

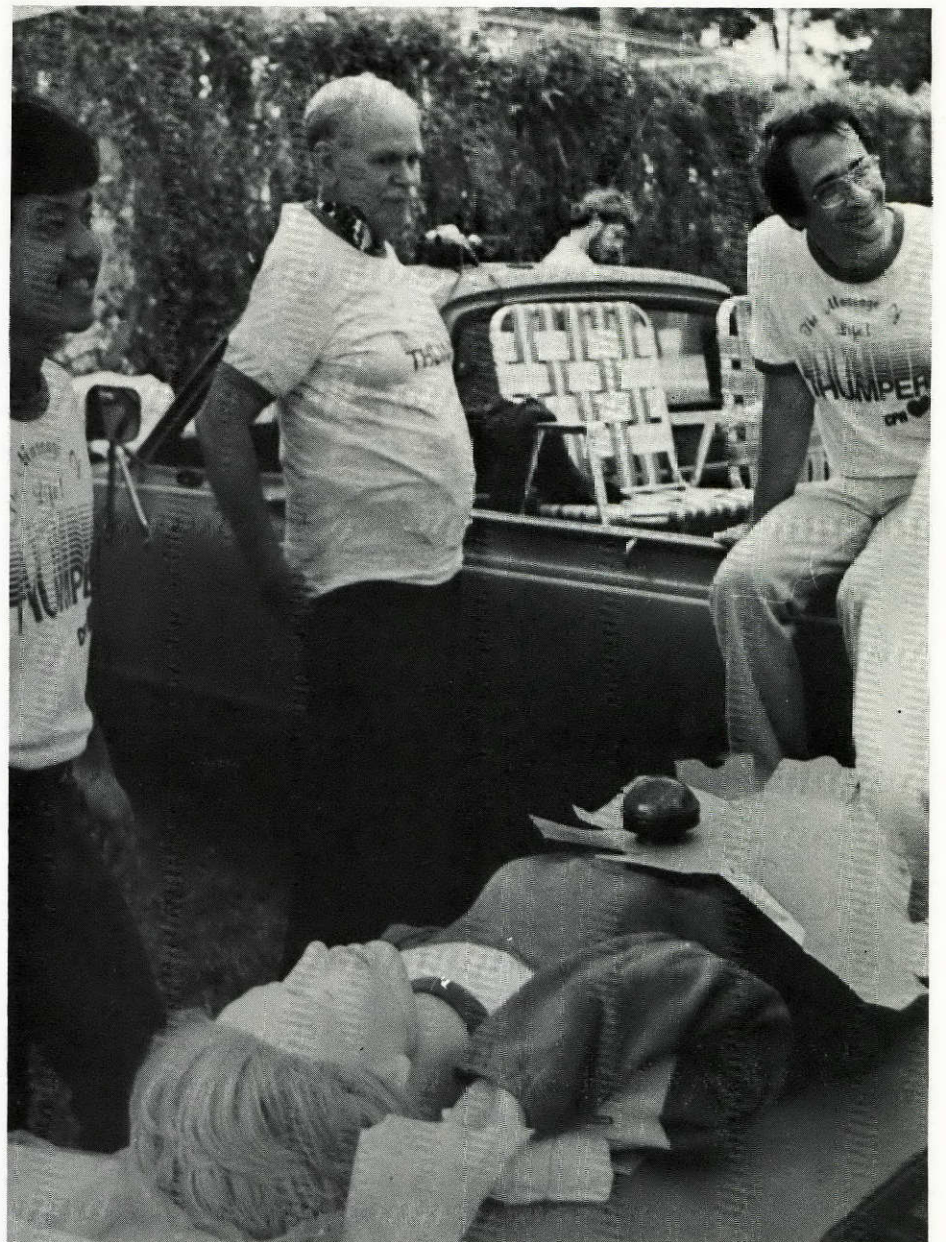
Second place went to HSC Payroll Offices' Casino Chili. Team members were Larry Clemens, Frances Halvorsen, Vickie Haynes, Sharon Hinkle, Charles Pattin, Betty Robinson, Diane Williams and Jerry Yocham.

The School of Allied Health's Histology Department won third place with their Sheik Chili. Team

members were Lisa Brousseau, Larry Kidd, Larry Neathery and Diana Parsons.

Winners of the **games** were Beer Drinking Relay, David Ellis, medical student; Ladies Cigar Smoking, Micheale Parrish, Special Equipment Repair; Cowchip Throwing, Jeff Siegal, nursing student; Jalapeno Eating, Kevin Tansey, Medical School, and Wanda Thomas, Dental Branch.

In the middle of all the activity was the "Live at 5" remote truck from Channel 13. Bob Boudreaux hosted the program from the cookoff and interviewed a number of HSC people during the course of the 30-minute program. Channel 2 also had a crew on the grounds, as did the HSC-TV network.



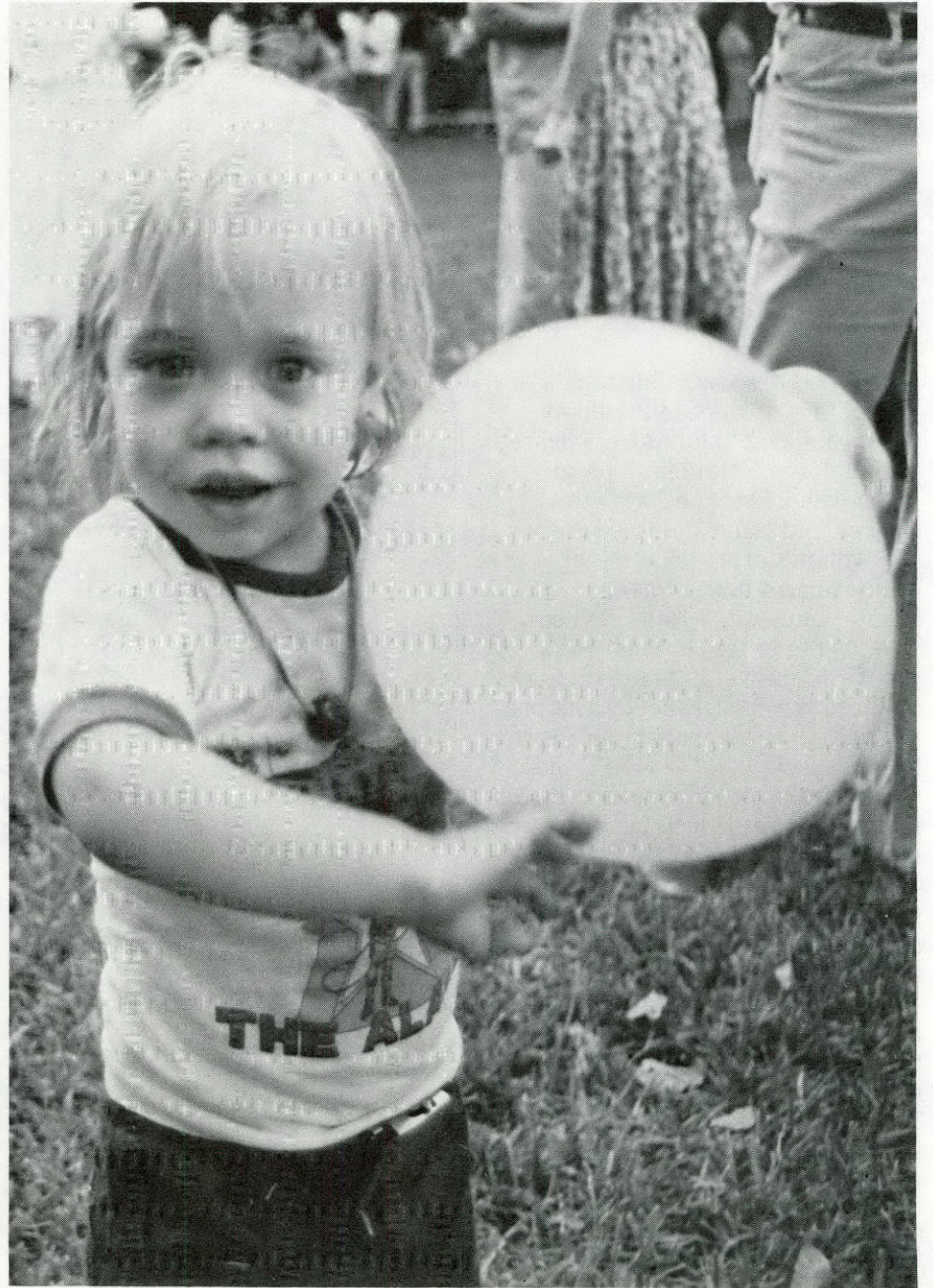
STRONG STUFF—From left to right, Ted Wong, technician; Dr. E.L. Smith, retired chairman of physiology; and Dr. Stewart Turner, try their chili on a Resuscitane mannequin. Their team from the Dental Branch Physiology Department called their chili "Pre-cardial Thump, the Chili that Stops Your Heart."

Chili photos by Gary Parker



masters to try their place in showman- right, back row.

are Eiane Williams, Jo Carroll Yocham, Sharon A. Hinkle, Betty J. Robinson, Vickie R. Haynes, Kenneth L. Robinson and Terrance L. Robinson; front row, Jerry Yocham and Danny R. Woode.



WHO CARES what the chili tastes like? Children like this one had fun just watching those funny grownups.



WHEN NEWS HAPPENS...Channel 13 demonstrates its keen news sense by broadcasting "Live at Five" from the cookoff. Bob Boudreaux (right) interviews Gere Weatherall and a

number of HSC people, who expect offers soon from "Wide World of Sports" or "That's Incredible."

Chili was there--from Cortez to LBJ

Chili was established as the main evening meal in Mexico as long ago as 1519 when Montezuma offered a bowl of the spicy mixture to Hernando Cortez, according to Dr. Joe Wood's unabridged History of Chili.

Wood discussed highlights of the history at the Chili Cookoff Grand Rounds, Sept. 30, sponsored by Employee Relations. The program was introduced by Judi Booker and Gene Weatherall.

When Cortez tried to get Montezuma's chili recipe, Montezuma said, "Hell, no," so they began to fight, Wood said.

Gradually chili made its way north to the Rio Grande. "The people had no refrigeration, so the only fresh food was the meat," he said. "The main thing was the chili pepper. Recipes were passed down from family to family.

"What's so important about a good pot of chili," he said, "is the ratio of ingredients. Two things are important—Margaritas and chili."

In 1823 chili was first served at a street vendor's convention in San Antonio, he said. It came to be a tradition that lasted until 1945. The women who served the chili there became known as chili queens.

"My family used to send me to San Antonio and I walked up and down the streets," Wood recalled. "The well-endowed chili queens would bend over and give me a cup of chili."



PEPPER PEP RALLY—Judi Booker of Employee Relations introduced the program at the Chili Cookoff Grand Rounds. The Employee Relations Program sponsored the cookoff for the second year.

Unfortunately, the street vendors were closed down when too many northerners tried the chili and got gastritis. "They didn't understand that before you sample the chili, you need to premedicate with tequila or mescale," Wood said.

Chili has been important in Texas history, he noted. In 1836, at the San Jacinto battleground, most people think Santa Ana was having diplomatic discussions with the Yellow Rose of Texas. Actually they were having a chili tasting. That's when Sam Houston attacked.

The famous short story author O. Henry wrote about chili in San Antonio. He was sent to prison because he stole the chili recipe



from the mayor of Austin.

"The key thing about chili is its versatility," Wood said. "You can eat it alone or with some cornstarch thing like a casserole. It has a reputation as an aphrodisiac. Once you've had a good bowl of red, you're just about ready for anything.

"Will Rogers was probably one of the most famous chili heads," he said. "He introduced chili to Oklahoma. The terrible thing he did was that he got hooked on canned chili. He was trying to land in Alaska to get mountain oysters to go in his bowl of red, when the plane crashed and killed him.

"Probably the fellow who did the worst for chili was LBJ," Wood claimed. "He took the suet out, put the tomatoes in and served it at the White House."

Open up sinuses

How do you judge chili? Dr. John Watson, the only person ever to win the state chili championship two years in a row, was in charge of judging for the HSC Chili Cookoff. He explained the guidelines for judging chili at the Chili Cookoff Grand Rounds in September.

1. Color—somewhere between the orangey red of paprika and the dark red of good chili powder.
2. Aroma—that of what I've come to know and love as chili.
3. Consistency—not that of spaghetti sauce or of a serous fluid with lumps in it.
4. Picante—it should open up your sinuses at the first bite.
5. Taste—like the aroma.
6. Foreign bodies—things like macaroni and beans can get you disqualified.

He advised that chili cooks drain the fat off since those

samples with a layer of grease at the top probably won't be tasted.

"If it smells so terrible and looks so terrible we know it can't be chili, it won't be tasted," Watson said.

Judging was done in two rounds, with head cooks helping in the elimination round. Judges for the final round included Watson, Dr. Joe Wood and Mrs. John Watson.

Audience participation

Showmanship is "so bystanders have something to do and to hold over your heads the rest of the year," explained Barbara Baker at the Chili Cookoff Brown Bag. Baker was dressed as one of the King sisters at Disneyland.

Judging for showmanship is based on theme, costumes, booth setup, originality and audience participation, she said.

Judges remained anonymous during the event. They were President Roger Bulger, Dr. Peter Ostrow and Betty Murphy from the Medical School, and Steve Stuyck and Diane Martini from M.D. Anderson.

Official state dish

"Be careful who you let near your pot at a chili cookoff," advised Dr. John Linner at the Chili Cookoff Grand Rounds. Sometimes sneaky competitors drop in a hand-

ful of salt while taking the top off your chili pot.

Linner was chief cook of the team that won first place in this year's Gilley's Chili Cookoff. He offered tips on cooking chili, which, he reminded the audience, is the official state dish of Texas.

The meat should be "tender but chunky enough to offer some resistance to the bite," he said. Other specifications include:

Color—purplish red but not brown or a telltale tomatoey color.

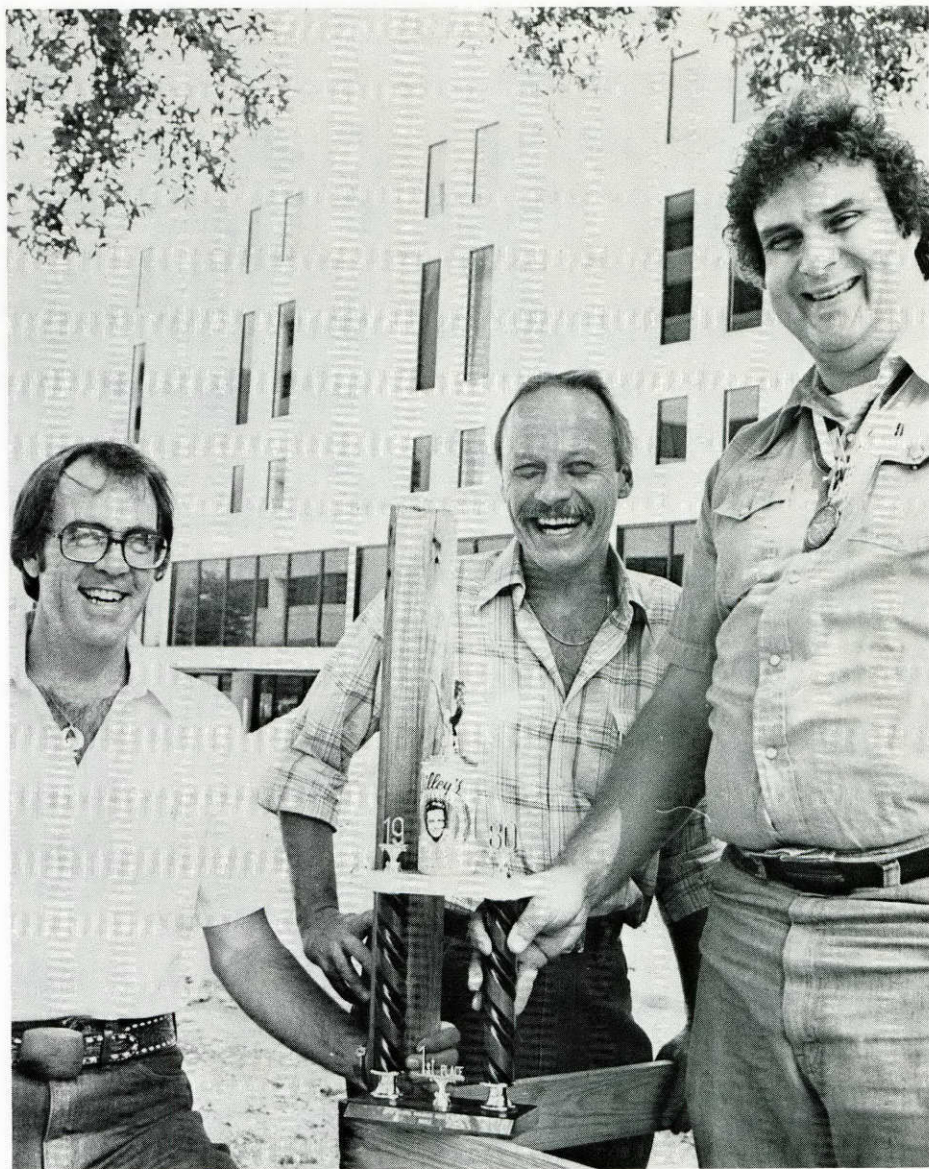
Sheen—best observed after lightly passing a spoon over the chili.

Pepper—not to overwhelm the other tastes.

Ingredients include beef, cut into one-inch cubes; onions, garlic and jalapeno peppers chopped very fine; cilantro powder or chili powder; cumino; paprika; white pepper; oregano; coriander; marjoram; cascabel and anabel peppers; sea salt; one can of Coors beer and 16 ounces of spring water.

If you want to tighten up your chili you can add masa jarena to thicken it, and you can use tomato paste.

"Always use a cast iron dutch oven and never touch the chili with anything but a wooden spoon," he said.



PEPPERS IN A POD—This unlikely trio is a chili cookoff team with the inexplicable name "The Bluebonnet Cattle and Tick Company." Despite the unappetizing name, they must make good chili, because they placed first in the big cookoff at Mickey Gilley's in Pasadena. That's where the trophy came from. They also placed second at a cookoff at the Desperado Club a few weeks later. Fortunately for the HSC, the three graciously offered to help organize the chili judging for the Second Annual HSC Chili Cookoff Oct. 17. So, a tip of the stetson goes out to (left to right) Gene Weatherall from the School of Allied Health Sciences and Dr. Joe Wood and Dr. John Linner from the Department of Neurobiology and Anatomy in the Medical School. Linner is their chief cook, Wood is a chili historian, and Weatherall is a self-proclaimed Margarita connoisseur. From a report by Lynn Blum.

Businessmen named to Development Board

Four new members have been named to the Health Science Center Development Board, President Bulger has announced.

The new members—Murphy H. Baxter, Roy M. Huffington, Prentis B. Tomlinson Jr., and Clifford F. Tuttle—were introduced at the Development Board meeting held Sept. 10 at the Medical School.

The Development Board is the agency responsible to the Health Science Center President for all private-fund development for the institution. The Board recommends through the President and the Chancellor of the UT System to the Board of Regents the approval of current and long-range policies which govern activities and responsibilities in cultivating and securing private funds for the institution.

Chartered for 53 members, the Development Board presently numbers 50. Members serve for

three years, with each term beginning in September.

New members are recommended by the Health Science Center President and approved by the Development Board's Executive Committee and the Board of Regents of the UT System.

Baxter has been president of Mesa Pipe Line Company and president of Wing Corporation since 1960. He has been an independent oil operator for 30 years.

Huffington is president of Roy M. Huffington, Inc., an international petroleum operations company he founded in 1956.

Tomlinson is chairman, president and chief executive officer of Tomlinson Interests Inc. and chairman and chief executive officer of Tomlinson Petroleum Inc.

Tuttle is vice president of First City National Bank and has been with the bank for 52 years.



MIXING PLEASURE WITH BUSINESS, UT Chancellor E. Don Walker talks with Mrs. Catherine E. McNeese, a member of the Executive Committee of the Health Science Center Development Board, prior to the board's fall business meeting in the Medical School Sept. 10.

Bulger gets chancellor's, regents' support

(Continued from page 1) two departments," the chancellor's statement concluded.

The text of Walker's remarks to the Development Board follows:

My remarks today will be addressed to the subject administration and in particular to the presidency. Samuel Gould once remarked that there seems to be only four kinds of presidents left: those in transition, those in flight, those in desperation and those who are newly appointed.

A *New York Times* pundit wrote some years ago that "being offered a presidency is like being offered a chance to drive a truckload of nitroglycerine over the Andes."

There have been many volumes written about administration and administrators; their actions and reactions; their policies and the lack thereof; their strengths and their weaknesses. But no two people are alike. For example, professors are sometimes defined as "people who think otherwise." And no university crisis is the same as any other.

I think you have to develop a philosophical framework for decision making and use it to measure every crisis. If we develop a particular policy to solve a particular crisis, we will set a precedent, and the smart people we are dealing with use precedents as attorneys do.

We should develop policies from principles, from a theoretical base, and apply those to each crisis as they develop. This of itself will not provide solutions to all the vexing problems, but it will provide administrative consistency.

Today's president must deal with a multitude of constituencies. For example, he must deal with: (1) the governing board, (2) U.T. System Administration, (3) the faculty, (4) the deans, (5) the students, (6) the alumni, (7) other institutions in the System, (8) the state legislature, (9) the federal bureaucracy, and (10) the general public—to name the most prominent.

We recognized this multi-faceted problem of the presidency and changed our presidential selection in the U.T.

System.

The *Rules and Regulations* of the Board of Regents of The University of Texas System outline the composition of the advisory committee for the selection process. The Board selects the chief administrative officer of each component institution. When it is known that there is to be a vacancy in the office of a chief administrative officer of a component institution, having faculty and students, an Advisory Committee, with the chancellor as chairman, shall be established to recommend candidates to the Board.

The Advisory Committee is com-

"You cannot place the full responsibility of the presidency on an individual without giving him or her the authority to carry out those responsibilities."

posed of the following:

Chancellor (chairman).

Vice Chancellor for Health Affairs or Vice Chancellor for Academic Affairs (as determined by the Chancellor).

Three Chief Administrative Officers (to be appointed by the chairman of the Board from three of the component institutions).

Three Regents (to be appointed by the chairman of the Board).

Five faculty members of the institution involved, at least three of whom shall have the rank of associate professor or higher (method of selection to be determined by the general faculty of the campus).

One Dean (for academic institutions to be selected by the dean's council of the institution involved) (for health science centers to be the dean of medicine of the health science center involved).

Two students from the institution involved (method of selection to be

determined by the student government of the campus involved or, if there be no student government, by the chief administrative officer of the institution).

President of the Ex-Students' Association of the campus involved or his designee (if the institution does not have an active alumni organization, then a member of the development board or an interested layman to be appointed by the chief administrative officer of the institution involved).

The Advisory Committee shall determine the availability of each candidate selected. To evaluate a candidate, the Advisory Committee shall set up criteria that relate to the needs of the individual component and shall seek advice on the ability of each candidate interviewed including advice from competent sources as to the candidate's administrative and business ability.

Finally, the Advisory Committee shall submit through its chairman, the chancellor, its recommendations with no preference indicated. Candidates submitted shall have received a majority vote of the committee.

You cannot place the full responsibility of the presidency on an individual without giving him or her the authority to carry out those responsibilities. The selection of administrators below the president must be the choice of the president. The Board of Regents recognized this authority and responsibility when they adopted the following Regents' Rule:

Section 5.1 The Board delegates to the Chancellor and the Chancellor delegates to the chief administrative officer of each component institution the responsibility for the appointment and dismissal of all other administrative officers of each component institution, including vice presidents, deans, directors and their equivalents. However, prior approval of the Chancellor shall be necessary for each such permanent or acting appointment and for each such dismissal whether from a permanent or acting appointment. All such other administrative officers serve without fixed terms and subject to the pleasure of the chief administrative officer of the institution and the aforesaid approval of the Chancellor.

Section 5.2 The Board delegates to the Chancellor and the Chancellor delegates to the chief administrative officer of each component institution the responsibility for permanent or acting appointment of department chairmen, department heads, and their equivalents. Such department chairmen serve without fixed terms and subject to the pleasure of the chief administrative officer of the institution.

Section 5.3 The Board endorses the principle of reasonable faculty and student consultation in the selection of administrative officers of the component institutions, and the primary operating units, and expects the chief administrative officer, as he deems appropriate, to consult in the selection process with the representatives of the faculty and student body. However, the chief administrative officer of the component institution is responsible for executing the duties of his office and consequently shall not be bound by nomina-

"Dr. Bulger has the support of the chancellor and the System administration...and he has the support of the Board of Regents."

tions to administrative positions in his institution by campus selection committees, and the *Handbook of Operating Procedures* of each component institution shall so state.

Dr. Bulger has the support of the chancellor and the System administration. The changes in the administrative structure of the Health Science Center have been made in accordance with the Regents' *Rules and Regulations* and with the full knowledge and support of the chancellor and the System administration. Further, Dr. Bulger has reported in detail his actions to the Board of Regents, and he has the support of the Board of Regents.

Medical group elects Nixon president

Dr. Sam A. Nixon, professor of family practice and director of the Division of Continuing Education, has assumed the presidency of the American Academy of Family Physicians (AAFP).

Nixon became the 33rd president of the nation's largest medical specialty society at the 49,000-member organization's annual meeting in New Orleans Oct. 7. He had spent the previous year representing the AAFP as its president-elect, and he will travel and lecture more extensively in the coming year.

A family physician in Floresville for 23 years before joining the UT faculty and administration in 1977, Nixon has had a long

involvement in organized medicine both in Texas and nationally.

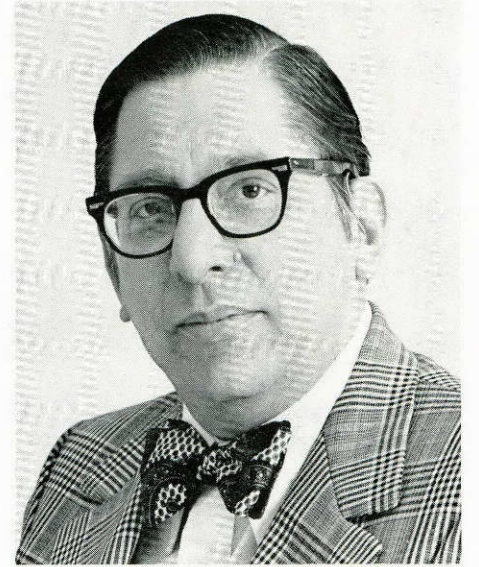
He has chaired the Texas State Rural Medical Education Board since it was established by the legislature in 1973, and he is a delegate from the Texas Medical Association to the American Medical Association, serving on its Council on Continuing Physician Education.

A native of Galveston, Nixon graduated from Texas A&M University in 1946 and earned his M.D. degree at the UT Medical Branch in Galveston in 1950.

At the Health Science Center, Nixon also serves as special assistant for professional affairs to President Bulger.

Bulger termed Nixon "an outstanding example of a person who has managed to balance his life between his family (Nixon and his wife Elizabeth have four daughters), and commitment to patients (he continues to practice two afternoons a week), while at the same time meeting a demanding schedule involving his work for The University of Texas and his service to numerous professional and civic organizations.

"Sam Nixon brings considerable credit to himself, and reflects credit on The University of Texas, by this selection of his peers to preside over the American Academy of Family Physicians," Bulger said.



LARGEST SPECIALTY SOCIETY—Dr. Sam Nixon, director of continuing education, was named president of the 49,000-member American Academy of Family Physicians at the society's convention in New Orleans Oct. 7.



CONTRIBUTIONS TO NURSING—Dr. Kathleen G. Andreoli, special assistant to the president for educational affairs and associate professor nursing, has been named a fellow of the American Academy of Nursing. During the current academic year, she also is serving as acting dean of the School of Allied Health Sciences.

Academy of Nursing names Andreoli fellow

Dr. Kathleen G. Andreoli, special assistant to the president for educational affairs and associate professor of nursing, has been named a fellow of the American Academy of Nursing.

Andreoli is one of 56 new fellows admitted to the academy, composed of registered nurses who have made significant contributions to the nursing profession.

Andreoli has been a major national leader in coronary care nursing. Her book, *Comprehensive Cardiac Care*, is now going into its fifth edition. She was the first nurse editor of the journal *Heart and Lung* and for seven years was a member of the graduate faculty in cardiovascular nursing at the University of Alabama School of Nursing.

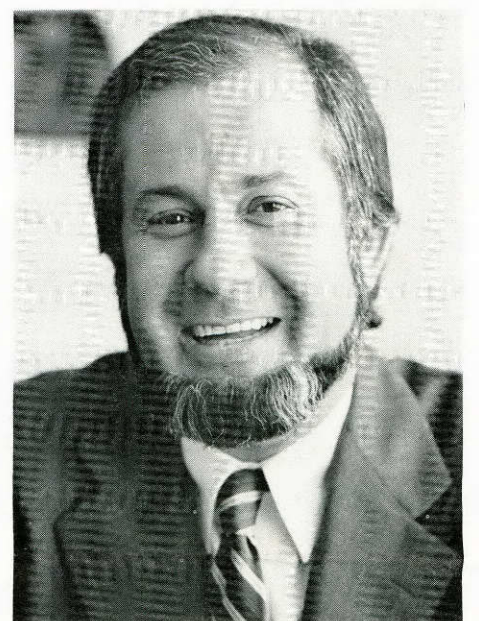
The nurse practitioner movement has been another major interest. Andreoli initiated the movement at the University of Alabama

School of Nursing to elevate the education of nurse practitioners from continuing education to the graduate program and served as senior author of a grant which supported the graduate program. She has made many professional addresses and has several publications on the role of the nurse practitioner.

At UT she serves as a voice and supporter of nursing programs and of the role of nursing in interdisciplinary health care and research programs.

During the current academic year, Andreoli also is serving as acting dean of the School of Allied Health Sciences.

She received a Bachelor of Science in Nursing at Georgetown University School of Nursing, a M.S.N. at Vanderbilt University School of Nursing and a D.S.N. at the University of Alabama School of Nursing in Birmingham.



NEW ANESTHESIOLOGY CHIEF—Dr. Joseph C. Gabel is the new chairman of the Department of Anesthesiology in the Medical School. He comes to us from Galveston, where he was professor and associate chairman of the anesthesiology department at the UT Medical Branch. He was also director of research for the department there. Gabel received his B.S. and M.D. degrees from Ohio State University. He served in the U.S. Air Force Medical Corps from 1964 until his discharge with the rank of Major in 1970. He is married and the father of three children.

Trotter gift can be shared by many

There's one birthday gift which Betty Wheless Trotter won't forget very easily.

Her daughters chose a special way to honor her and their gift is a lasting one which can be shared by many.

The Health Science Center has established the Betty Wheless Trotter Endowed Professorship in the Health Sciences. It was made possible through the generosity of Paige Trotter Holloway and Barbara Ann Trotter, daughters of Mrs. Trotter.

Their gift to UT and the establishment of the Professorship were announced by President Roger J. Bulger at a Development Board meeting Sept. 10. An endowed professorship entails a gift of \$100,000.

"We are very grateful to Mrs. Trotter's family for selecting our

institution as recipient of this distinguished honor for their mother," said Bulger. "We are proud to establish this professorship in recognition of Mrs. Trotter's dedication and support of this institution.

Bulger unveiled a plaque, commemorating establishment of the professorship, which will be permanently displayed in the administrative offices of the Health Science Center.

The professorship, which was approved by The UT System Board of Regents, will make possible the visit of a nationally prominent individual to the Health Science Center each year.

Plans include for the individual to stay on campus for at least one week and deliver a minimum of three public lectures.

The aim of the professorship is



HAPPY BIRTHDAY—An endowed professorship at the Health Science Center was established in honor of the birthday of Betty Wheless Trotter. A member of the HSC Development Board since its inception, Trotter is noted for her devotion to civic and educational interests.

to enlighten the community on health-related problems and their impact on society.

Selection of the individual will not be limited to scientists and physicians, but special consideration will be given to those individuals who are best able to address a wide audience of students from Houston-area universities.

Mrs. Trotter has been a member of the HSC Development Board since its inception.

She received a bachelor of science in education degree from the University of Houston and is a master's candidate in language and learning disabilities at Goddard Adult Extension Program.

She is noted for her devotion to civic and educational interests.

She is the wife of Jack T. Trotter.

Positron center receives Anderson Foundation gift

The Health Science Center has been awarded a \$500,000 gift from the M.D. Anderson Foundation to support development of a Positron Diagnostic and Research Center, which will be the largest and most complex facility of its kind in the nation.

This is the first donation for the center, which is expected to cost \$7.4 million by 1983 when the center becomes fully operational.

The Positron Diagnostic and Research Center is being developed in association with Hermann Hospital. Dr. K. Lance Gould, director of cardiology at the Medical School, will direct the center. Gould, also chief of cardiology at Hermann Hospital, has an extensive background in cardiovascular research, particularly with positron-imaging of the heart.

The diagnostic facility will use a technique called positron computed tomography or positron imaging, a non-invasive method of studying the body in minute detail.

This new technique can identify early coronary atherosclerosis before visible symptoms, heart attack or death occur. Functional mapping of parts of the brain also will be possible with positron computed tomography, Gould said. In cancer patients, positron tracers may enable diagnosticians to measure the rate of cell growth as well as the cellular metabolism of tumors.

Specialists from UTHSCH and administrators from Hermann are now in phase I of the development, which consists of the necessary construction at Hermann Hospital and the installation of the cyclotron, radiopharmacy and one positron camera, the three major components of the center.

The cyclotron is an "atom smasher," which creates radioactive elements. The radiopharmacy combines these radioactive

elements with compounds normally used by the body to form tracer compounds. The compounds are injected into the patient, who is placed in the positron camera to obtain tomographic cross-sectional images. A computer reconstructs the images using signals from the positron camera, and the cross-sectional images are used in diagnostic studies.

Phase II of the center's development, research, should begin in 1982. The third and final phase, clinical applications, is expected by 1983.

Employee Relations update

The Employee Relations Program is offering a special discount price for tickets to the Nov. 8 Rockets game against the Phoenix Suns. The tickets for \$3.50 each are available at the UT Bookstore and the Prudential Cashier.

Discount tickets and preferential seating are also available for the first Friday performance of each play in the Alley Theatre season. Regular \$7.75 tickets are on sale for \$5 at the UT Bookstore and the Prudential Cashier.

The schedule includes "The Threepenny Opera," Nov. 28; "Fathers and Sons," Jan. 23; "On Golden Pond," March 6; "Romeo and Juliet," April 17; and a mystery by Agatha Christie, May 29.

For information or for suggestions for other discount offerings call Employee Relations at 792-4911.



PONDERING A PLANT PURCHASE—The Medical School Employee Relations Committee sponsored a plant sale in conjunction with a TGIF in September. Selecting their purchases are (left to right) Ester Cruz of the Media Production Center, Faye Wallrich from the Medical School Dean's Office and Sheila Smith of Employee Relations. (Photo by Gary Parker)

New microprobe unit to aid biomedical research

A new electron-microprobe unit which has the "potential to benefit human medicine in ways we're only dreaming about now" will soon be installed at the Medical School.

Dr. Stanley G. Schultz, chairman of the Department of Physiology and Cell Biology announced that the new unit will arrive this fall. It will be only the second such unit with the same capabilities for biomedical research in this country and one of only four in the world.

The microprobe, valued at \$400,000, will undergo several

months of testing during which time personnel will be trained. Thereafter, it will be available to investigators at the Health Science Center and to scientists at other Texas Medical Center facilities.

Schultz explained that the microprobe has been used for many years in geological and metallurgical fields. It works by focusing a beam of electrons on a very small area.

When used in biological research, the electrons are beamed onto a small portion of a cell. When electrons hit the atomic elements of the subcellular area, the atoms become "excited" and give off X-rays. Each atom has a distinctive X-ray pattern. The electron-microprobe quickly detects, sorts and counts the X-rays characteristic of selected atoms and stores the results in a computer.

The new microprobe differs from others in that it permits samples to be quick-frozen in liquid nitrogen at temperatures as low as -190° and studied in the frozen state. This prevents diffusion or shifting of atoms in the tissue, Schultz explained.

Microprobe technology allows scientists to detect and analyze "vanishingly small amounts" of material. Initially, the UT facility will be used to study normal cell function, but eventually it should be possible to monitor extremely small changes in concentration or distribution of subcellular elements and, thereby, provide early clues to cell injury and disease processes.

Harvard University is the only other place in the country which possesses a similar microprobe facility at the moment.



AND THE WINNER IS—First-year medical students Norwood Knight-Richardson (left) and Raul Laurel (right) seem to have this debate locked in a tie as Dr. Gilbert Castro, professor of physiology, looks on. They were among about 40 people at a wine and cheese gathering Sept. 12, sponsored by the Student National Medical Association

for the benefit of minority students in the Medical School. Dr. Yvonne Clement-Cormier, assistant professor of pharmacology, hosted a barbecue the next evening at her home. (Photo by Gary Parker)

Special patient enjoys researcher's spicy meals

By Barbara Baker

When Dr. A.S. Gopalakrishnan, known to his co-workers in the Medical School's biochemistry department as Gopal, heard H.H. Swami Chinmayananda speak a few years ago, he was impressed with the message of the famous Indian spiritual leader and teacher.

Little did he suspect that fate would put him in a position to do a great service for the Swami a few years later.

In late August, Swami Chinmayananda was in Flint, Mich., when he was struck with a critical heart problem. Doctors in Flint recommended treatment at St. Luke's Hospital in the Texas Medical Center. He was rushed to Houston, where Dr. Denton Cooley performed heart surgery.

The Swami is a strict vegetarian and a connoisseur of spicy Indian foods. Because of his illness, he was placed on a low-salt diet. Needless to say, the bland hospital meals didn't do much for his appetite.

Fortunately, Gopal heard of his plight, and being an admirer of the Swami, wanted to help in any way he could. Because he is a native of the same southern region of India as the Swami and also happens to be a very good cook, he volunteered to prepare an authentic Indian dish for the Swami's lunch each day during his hospitalization. A friend offered to do the same at dinner-time.

Gopal did not mind the chore. In fact, he considered it something of an honor. He explained that in India the Swami is revered in a fashion somewhat akin to the popularity of the Pope in Catholic countries.

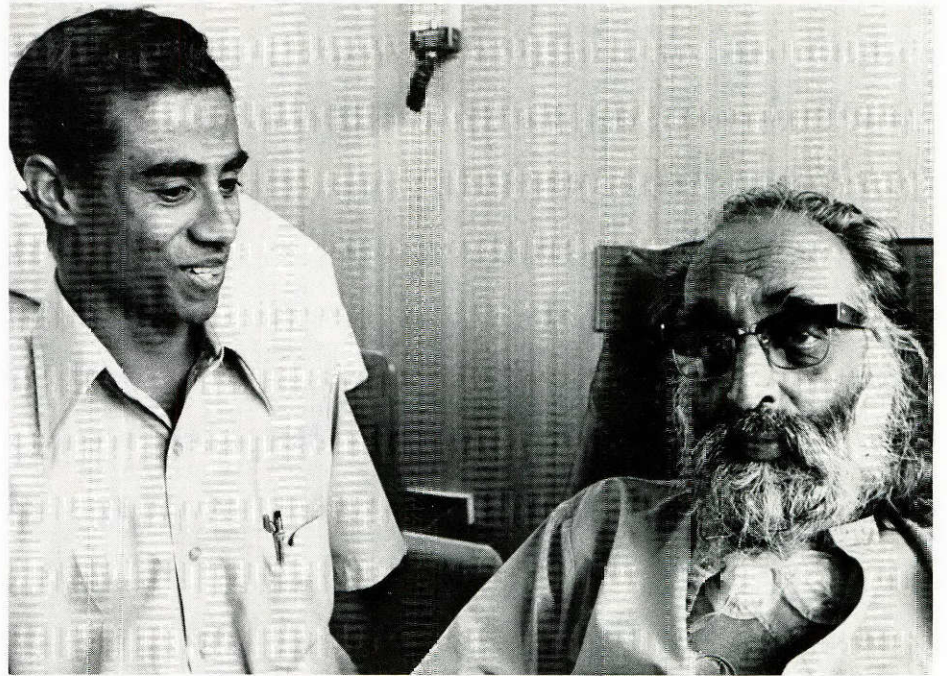
Swami Chinmayananda has millions of followers world-wide. In addition to a mission and numerous social service projects, like schools, hospitals and clinics under his sponsorship in India, he also has established a mission in the United States. He travels extensively in the Western Hemisphere.

Gopal was impressed by the

Swami's perseverance despite his grave physical condition. He spent his waking hours in the hospital working on his itinerary for next year's lecture tours and answering correspondence. He said that in India as many as 10,000 people turn out for his 10-day lecture series. Since 1951 he has held more than 275 lecture series throughout the world.

Life has returned to normal for Gopal now that the Swami has recovered enough to continue his travels. Gopal will continue his post-doctoral work in bacterial genetics for another few years before returning to his native country.

UT



SOMEONE FROM HOME—A.S. Gopalakrishnan of the medical school's Biochemistry Department came to the rescue last August when H.H. Swami Chinmayananda, a respected religious leader from India, was hospitalized at St. Luke's Hospital. He prepared the Swami a hot Indian meal for lunch each day because the ailing visitor found it hard to adjust to the bland hospital food. (Photo by Gary Parker)

Howe retires from Dental Branch

By Barbie Adams, Reporter
Dental Branch Technical Service

After 29 years as director of Technical Service and assistant professor of physiology at the Dental Branch, Jeanne Howe chose to take early retirement to enjoy traveling and working on some pet projects.

The Technical Service Department encompasses a large number of Dental Branch functions.

Over the years Howe adapted the Laboratory System to meet the changing needs of the self-directed dental curriculum. The laboratory system is responsible for preparing all clinical media, inventory and repair of all equipment used by students in their laboratories and the issue of all lab supplies according to usage.

Another facet of Technical Service, the Media Center, was established under Howe's direction. All self-directed students use this distribution and retrieval system to acquire all necessary printed materials and audio-visual aids for course study.

Equipment and Sales has the primary function of instrument and supply sales to all students, cover-

ing their needs in clinical and didactic studies. This includes an in-house supply for all department sales. Parking tokens are purchased by the students for their patients to park in a special patient lot.

Until 1975 the Dental Branch Mail Services were responsible for pickup and delivery for the entire Health Science Center complex. Since that time it has become primarily an in-house system to disseminate written communication between faculty, staff and students. Since regular classrooms attendance is not required, this operation is important to faculty and students.

Howe also directed the Laundry and Uniform Maintenance Service, supplying all Dental Branch faculty with sharply starched, monogrammed white coats.

Dental charts on all patients, current and past, are a Technical Service responsibility. This involves accurate record-keeping on more than 100,000 clients. An inventory is kept of those in use. Upon retrieval, they are filed under a color code identification system.

Over the 29 year period, the

departmental staff has grown from four to 20. Howe has worked closely with Dean John V. Olson to compile ideas from all Dental Branch people into ideals and goals for her department.

Mark Herrin has been appointed to fill her position.

Howe has served as a member of the Dental Branch Employee Relations Committee and the HSC Employee Relations Advisory Council and as a board member at the Faculty Club.

She was secretary/treasurer of the American Association for Multidiscipline Education for 10 years, serving later as president. She will continue to be active in the organization as program chairman.

She will continue as a member of the Texas Public Employees Association and will complete her last term as secretary for the UNITEK Federal Credit Union.

She and her husband Ralph have returned from an extensive tour of the western United States and Canada in their "Harvey" (motor home). Back home again, much of their recreation will involve sailing on "Mystique" and other outdoor activities.

Answers Solutions Knowledge

Compiled by Belinda Parker

Q: Why was the holiday schedule changed from last year, when we had a full week at Christmas? Please explain the reason the holidays are scheduled as they are.

A: Last year was the first time that the Health Science Center was given the full week at Christmas as holiday time. This created several problems such as staffing the clinics and employees wanting to be paid before they left for the holidays, for example.

This year it was decided to schedule the holidays so that employees would have a three-day weekend at least once a month during the fiscal year.

If you decided to take the full week at Christmas, you could do so by requesting three vacation days if your work schedule allows.

Q: Is the Texas Medical Center planning a bus shelter and benches for both sides of Holcombe Boulevard at the intersection of Bertner? Or has it tried to interest MTA/city in doing so? Throughout each day large numbers of people wait without any shelter or place to sit in all kinds of weather. On the south side of the street there is a little relief from the sun afforded by trees but both sides are relatively barren and devoid of shelter or shadow. Delores Lamb, GSBS

A: According to Richard Sommerville, Director of Transportation for TMC, the MTA was contacted and has agreed to provide 70 bus stop shelters and benches. He was uncertain as to specifically where each was to be placed throughout the Texas Medical Center. The MTA has specific criteria for determining where these should be placed.



AFTER 29 YEARS Jeanne Howe has retired as director of the Technical Service Department in the Dental Branch. Dean John V. Olson presents her with a plaque at a reception in her honor Aug. 21. (Photo by Tim Fulton, Dental Branch)

Gallery: HSC sketches

By Ginger Brown

He grits his teeth, sucks in a lungful of air and dripping sweat, heaves the weights over his head, once, twice, ten times to make a set and rests 30 seconds before tackling the next ten repetitions.

Most of us hasten to the medicine cabinet at the slightest ache, but living with pain is a six-day-a-week affair for Larry Flowers. He's a weightlifter.

He calls the great Austrian weightlifter, Arnold Schwarzenegger, his idol and holds fast to the famous athlete's tenet that "if it doesn't hurt, you're not doing your body any good." Larry claims, "If you want to have a pleasing body, you just have to learn to put up with the pain."

Larry has been with the Health Science Center for five years and is now animal resources supervisor at the Medical School's Animal Care Center. He and the six employees he supervises are responsible for supplying and caring for the animals used in the school's research projects.

He's always had a keen interest in sports. There were football, baseball and track in high school and college (he holds a bachelor's degree in history from Texas Southern University) and intramural basketball at the UT Recreation Center, but it was Medical School TGIFs and the availability of equipment in the rec center that launched him into the sport of weightlifting.

"To tell you the truth, I was beginning to develop a gut," he laughs. But that's hard to imagine today when Larry's muscular physique and strength is the envy of many UT weightlifting enthusiasts.

But why weightlifting rather than jogging or calisthenics?

Larry says he was attracted by weightlifting's ability to tone the body quickly while building cardiovascular strength. His typical workout is one and a half hours of lifting, six days a week. On Sundays, he keeps the momentum going by running a healthy three miles or so.

At five feet, five inches tall and 140 pounds, he can bench press 210 pounds on free weights and 275 on the gym's Universal equipment.

Larry spent four years in the Air Force as a communications specialist, and he says maybe that's where he learned the self-discipline and dedication that weightlifting requires. He spent three months just exercising in preparation for weightlifting—that meant hundreds of situps and leg lifts, jogging and swimming.

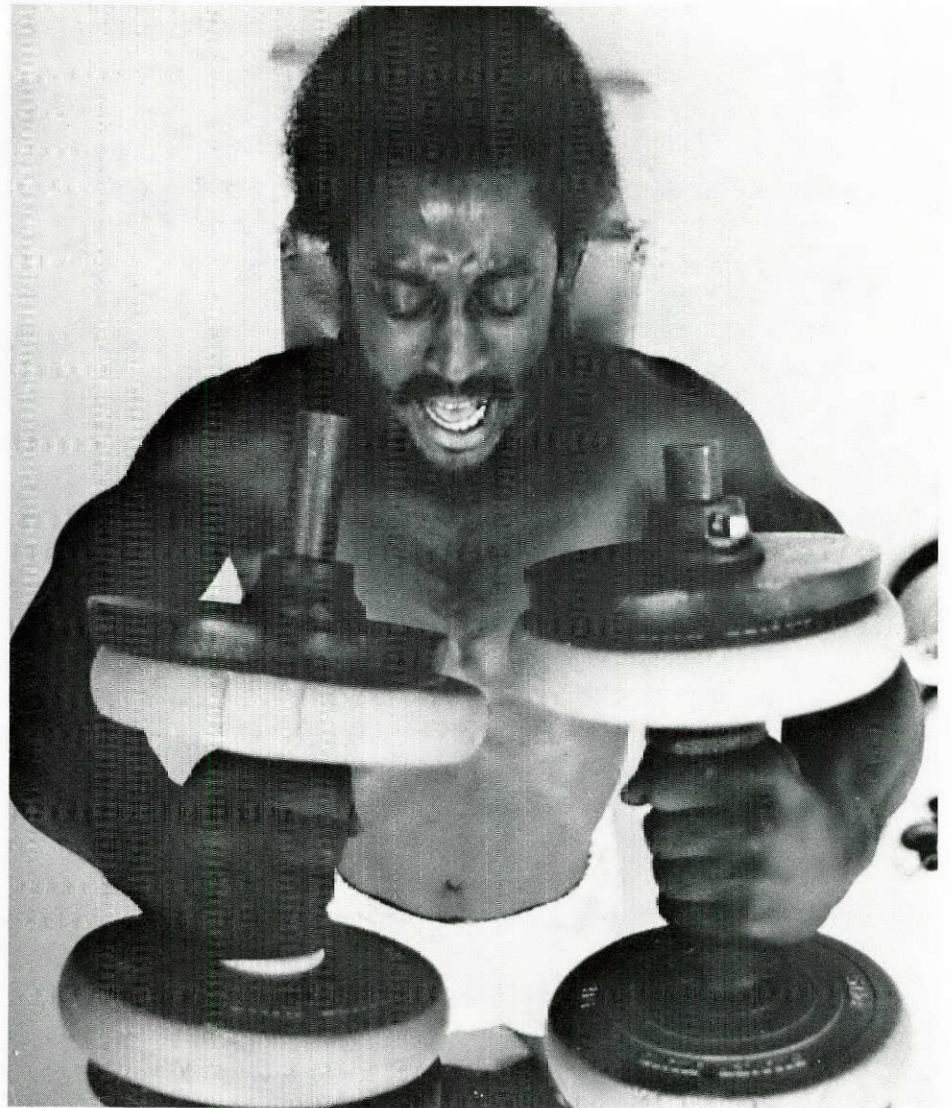
He has considered these recommendations for anyone considering taking up the sport.

The first step is getting your body ready for the strenuous work of weightlifting. Follow a program of general exercise—such as calisthenics or aerobics—for several months.

Read a book on lifting and work out a routine you can follow faithfully or ask a weightlifter to help you work out a program.

Ask gym personnel to explain the equipment and start slowly, he stressed. Slowly means lifting four times a week for a hour or so, plus situps and leg lifts.

On weekends Larry recommends jogging or fast games such as racquetball or tennis.



SHEER DETERMINATION—Lifting dumbbells while reclined on a slant board is some effort even for veteran weightlifter Larry Flowers. Larry's philosophy is based on the tenet, "If it doesn't hurt, you're not doing your body any good." (Photo by Gary Parker)

Etc.

Medical School-Neurobiology and Anatomy

Congratulations to Dr. and Mrs. Richard Wiggins on the arrival of their baby girl, Christine Elizabeth. She was born Sept. 26 and weighed 7½ lbs. Wiggins is an associate professor.

Joane and Bill Dalton are the proud parents of a baby boy, William John. He was born on Sept. 26 and weighed 8 lbs. 4 oz. Joane is a former research technician in the laboratory of Dr. John DeFrance, neurobiology and anatomy. Reporter: Lynn Blum

Medical School-Community Medicine

Beverly A. Wright has joined the community medicine department as senior secretary. She comes directly

from HISD where she had been a library clerk for three years. Reporter: Fran Houle

Medical School

Joel Dunnington, senior medical student, won a ski trip to Bogus Basin, Idaho, as a door prize at the Western States Conference reception during the AMA meeting. Dunnington also serves on the cost containment committee of the Harris County Medical Society.

Public Health

Congratulations to Dr. and Mrs. Gene Schroder on the birth of their baby boy, Stephen Jeffrey. He was born on Sept. 10 and weighed 7 lbs. 5 oz. Schroder is a professor of human ecology. Reporter: Gay Robertson

Med school alumni elect first slate of officers

Dr. Harold E. Dayton Jr. ('75) has been elected the first president of the Alumni Association of the Medical School. Though originally from Houston, Dayton is in family practice in Llano.

The first slate of officers began their terms of office Sept. 1. Dr. Marie Kuffner ('76), a Houston anesthesiologist, is president-elect and will become president on Sept. 1, 1981. Dr. Marylee Kott ('77), a pathologist in Houston, was elected secretary-treasurer.

The board of trustee members at large are Dr. Thomas Mueller ('77) and Dr. Josephine Sessions ('75), whose terms expire in August 1981, and Dr. Bertram Garrett ('73) and Dr. Hugh R. Poindexter ('74), whose terms expire in August 1982. Mueller and Garrett are in family practice in La Grange, while Poindexter is in family practice in Huntsville. Sessions is a neurologist in Houston.

The officers and the board of trustees held their first meeting on Sept. 20 in Austin. The annual meeting of all alumni association members will be on May 1, 1981, in conjunction with Alumni Day at the

Medical School. At that time new officers will be elected for terms beginning Sept. 1, 1981.

News notes

"Management of the Severely Injured Patient" is the subject of the third annual seminar in surgery to be held November 14-16. Sponsored by the Department of Surgery, the seminar will focus on recent improvements in the diagnosis and care of the severely injured patient.

Dr. Richard E. Ward and Dr. Stanley J. Dudrick are the seminar directors.

For information contact the Office of Continuing Education, 3234 MSMB or 792-5346.

The Education and Research Computer Center (ERCC) has installed a telephone answering machine on a special line to provide information to users when there is a problem with the Cyber. The new ERCC TROUBLE LINE number is 792-7423.

If you are using the system and you believe the computer is down, wait three to five minutes, then call the ERCC trouble line. There will be a recorded message describing the problem and an estimate on how long the system will be down, if in fact it has gone down. Do not be discouraged if you receive a busy signal when dialing 792-7423, because other users are probably calling the trouble line, also

ERCC urges you to call the general number, 792-6345, only as a last resort. They point out that answering the phone will lengthen the system's down time.

Christmas means cards at M.D. Anderson Hospital.

For the last eight years the hospital's pediatric patients have brought to life their own feelings about the holiday season through

drawings which are printed as cards. The money earned by card sales goes into a special fund which supports various Anderson pediatric projects.

The project started in 1973 when a volunteer thought the holiday drawings were "as pretty as a Christmas card." That year three designs were chosen and 9,000 cards were printed, bringing proceeds of \$555. Last year's sales netted \$67,500.

This year five new designs, plus three from last year, are available, and the volunteers hope to sell 500,000 cards. A box of 20 cards costs \$5.

The cards are available in the M.D. Anderson gift shops and at many locations around town. For a complete listing call 792-C-A-R-D.

Calendar

This calendar lists events open to Health Science Center faculty, staff and students. Notices of events for the December issue can be accepted at Public Affairs, 533 Prudential, or 792-4266, no later than Nov. 3.

Saturday, November 1

The Catholic Student Center, 1703 Bolsover, offers the Liturgy of The Eucharist every Saturday at 5 p.m. The Sacrament of Reconciliation is also offered each Saturday, from 3:30-4:30 p.m. or by appointment. For more information call 526-3809.

7:15 p.m. Miller Outdoor Theatre Fall Film Festival Free Movie: "Gone With the Wind." No tickets—first come, first seated. For more information, call 222-3576.

Last Saturday and Sunday for the 6th Annual Texas Renaissance Festival. Discount tickets available. Call Employee Relations, 792-4911, for more information

Sunday, November 2

The Catholic Student Center, 1703 Bolsover, offers the Liturgy of The Eucharist every Sunday at 9 and 11 a.m. For more information call 526-3809.

Monday, November 3

The Catholic Student Center, 1703 Bolsover, offers the Liturgy of the Eucharist each weekday at 5 p.m. The Liturgy of the Eucharist is also offered at The Institute of Religion (TMC) each weekday at 12:10 p.m. For more information call 526-3809.

8 p.m. Rice University Free Concert: Campanile Orchestra, Hamman Hall. For information, call 527-4933.

Tuesday, November 4

8 p.m. Rice University Free Concert: SYZYGY, Dudley Recital Hall, Fine Arts Bldg., University of Houston.

Wednesday, November 5

TRIMS Symposium: Biology of Anxiety, Medical Center Holiday Inn. Symposium continues through Friday, Nov. 7. For information call Dr. Roy J. Mathew, 797-1976.

Noon. Brown Bag Concert: Jazz Ensemble, Shepherd School. TWU courtyard. Sponsored by The South Main Center Association and Texas Commerce Medical Bank. For information call 795-4274.

8 p.m. Rice University Free Concert: Deller Consort, Hamman Hall. For ticket information call 526-4933.

Friday, November 7

Deadline for submitting research proposals to be reviewed by the Committee for the Protection of Human Subjects. For information call 792-5048.

2 p.m. School of Public Health Colloquium: "Anti-convulsant Drug Therapy: A Two-edged Sword," SPH Auditorium. Speaker: Dr. Kenneth F. Swaiman, professor of pediatric neurology, University of Minnesota School of Medicine.

8 p.m. Rice University Free Concert: Shepherd Sinfonia, All-Bach Program, Hamman Hall. For information call

527-4933.

Saturday, November 8

Employee Relations: Discount tickets for Rockets vs. Phoenix Suns. Call 792-4911 for information.

Friday, November 14

Pool singles entry due for Recreation Center intramural sports. For information call 792-5885.

Medical School Continuing Education: Management of the Severely Injured Patient, the 3rd Annual Seminar in Surgery. Continues through Sunday, Nov. 16. For information call 792-5346.

2 p.m. School of Public Health Colloquium: "A New Vaccine for Viral Hepatitis B," SPH Auditorium. Speaker: Dr. Joseph L. Melnick, distinguished service professor and chairman, department of virology and epidemiology, Baylor College of Medicine.

Thursday, November 20

8 p.m. Rice University Free Solo Recital: Wayne Brooks, viola, Milford Hall, 1101 Milford near Bell Park. For information call 527-4933.

Friday, November 21

Meeting of the Committee for the Protection of Human Subjects. For information call 792-5048.

2 p.m. School of Public Health Colloquium: "Typhoid Fever and Vaccines," SPH Auditorium. Speaker: Dr. William E. Woodward, associate professor of epidemiology, School of Public Health.

Sunday, November 23

8 p.m. Rice University Free Recital: Eudice Shapiro, violin, and Brooks Smith, piano, Hamman Hall. For information call 527-4933.

Tuesday, November 25

8 p.m. Rice University Free Concert: Shepherd Percussion Ensemble, Hamman Hall.

Thursday, November 27

Thanksgiving Holiday.

Friday, November 28

Thanksgiving Holiday

Employee Relations: Discount tickets available for Alley Theatre Production of "The Threepenny Opera." For information call 792-4911.

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